

Class 20 – SOLAECE Course

**ECG in channelopathies without structural heart disease:
LQTS, SQTs, J-wave syndromes Brugada syndrome,
malignant early repolarization/idiopathic VF, and
catecholaminergic polymorphic VT**

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Main cardiac channelopathy phenotypes

A) Without apparent structural heart disease

- Congenital long QT syndrome (LQTS)
- Short QT syndrome (SQTS)
- Brugada syndrome (BrS)
- Idiopathic ventricular fibrillation
- Early repolarization syndrome
- Catecholaminergic polymorphic ventricular tachycardia (CPVT)
- Familial progressive cardiac conduction defect (PCCD): Lenegre disease
- Familial atrial fibrillation
- Sudden infant death syndrome
- Overlapping clinical phenotypes or mixed forms: Brugada syndrome associated with LQT3, Brugada syndrome associated with Progressive Cardiac Conduction Defect, Brugada syndrome associated with sinus node dysfunction Brugada and sick sinus syndrome, Brugada syndrome associated with atrial standstill, SQTS with concomitant Brugada-like ECG pattern

B) With structural heart disease

- Conduction disease with abnormal heart: NKX2-5 mutations (transcription factors), PRKAG2 mutations (pretein kinase subunit), LMNA gene mutations (Lamin A/C), some muscular dystrophies (SCN5A sodium channel mutations).
- Arrhythmogenic Right Ventricular Cardiomyopathy/Dysplasia (ARVC/D)

QT interval

QTc interval is the value corrected according to HR, which represents the period between electric depolarization onset in the ventricles and the end of their repolarization.

The end of T wave is defined as T wave return to the baseline, here called T-P segment.

For a proper medication of the QT interval, we should be certain of not having included the U wave. To that end, it is advisable to perform the measurement in the aVL lead, because it is usually perpendicular to the U wave axis (SAU) (Shamroth 1971). In the cases where there is R-R irregularity, we will conduct the measurement in three consecutive cycles, and then, the mean value is estimated. The normal maximal value that is accepted for the QT interval in males is 446 ms and in females 447 ms \pm 15.

If it exceeds 440 ms in males and 460 ms in females, the QT interval should be considered as prolonged.

Values above 500 ms may cause a tendency to TdP.

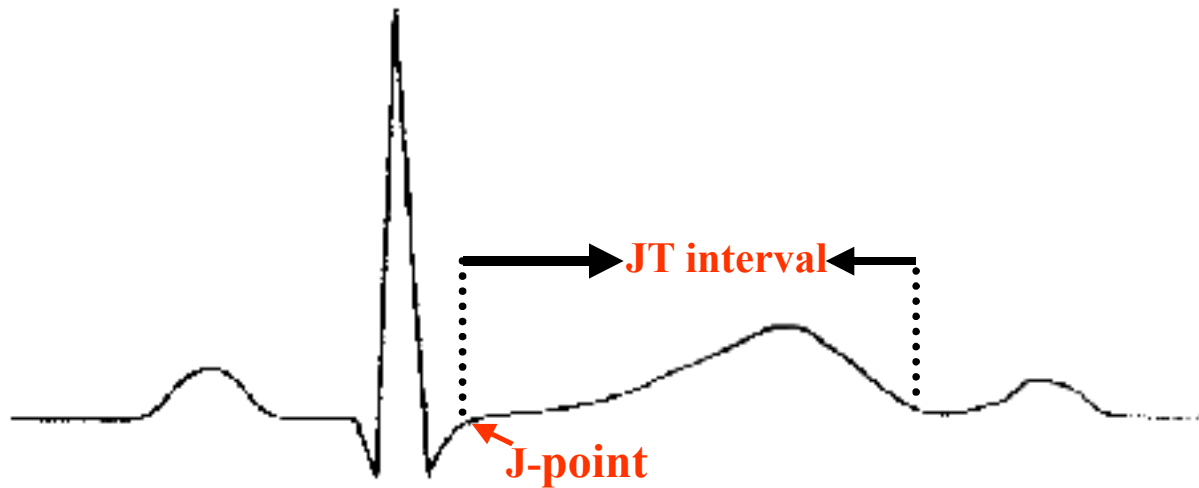
Patients with QTc intervals >600 ms are considered to be in high risk of arrhythmic SCD by TdP. In these cases, if the pharmacological treatment with beta blockers is insufficient to abolish TdP or in patients carriers of severe bronchial asthma or type 1 diabetes mellitus, where they are contraindicated, VATS (“Video-Assisted Thoracoscopic Sympathectomy”) should be considered; or pacemaker at higher HR, when inappropriate bradycardia is observed as the main cause for TdP; and in special cases, ICD (Garson 1993).

The QTc interval estimation is performed by applying the Bazett’s formula proposed in 1920:

$$QTc = \frac{\text{Measured QT}}{\sqrt{RR}}$$

Besides sex, the age also influences QT interval duration. In those affected with congenital LQTS, the QTc interval may be normal or in borderline values (\leq 450 ms).

The JT and JTc intervals concept



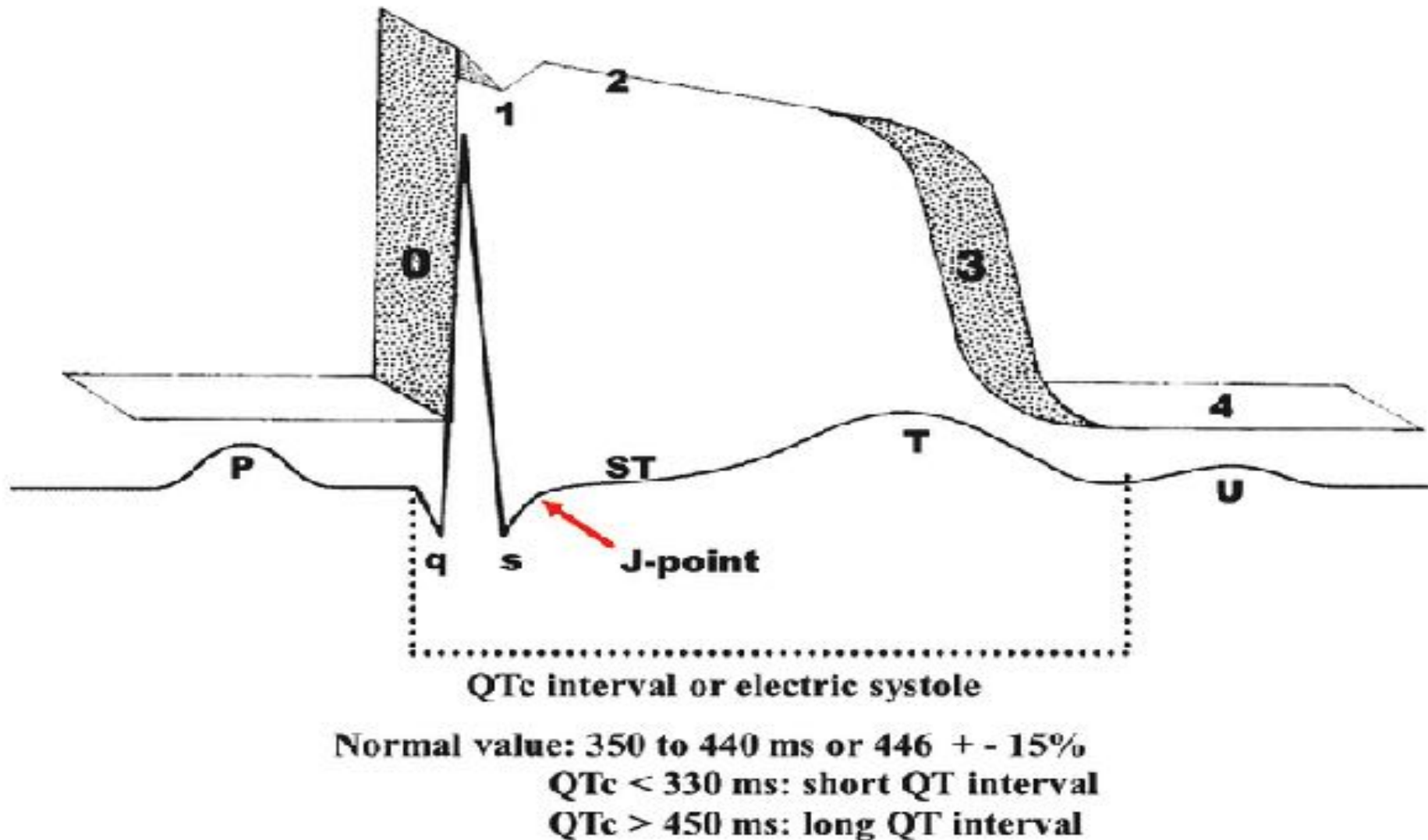
JT and JTc intervals: interval that extends from the J point to the end of the T wave.

The QTc interval constitutes the classical measurement of ventricular repolarization; however, the parameter includes ventricular depolarization. Thus, when there is branch block or WPW ventricular preexcitation, the measurement of ventricular repolarization by QTc may be incorrect. In such cases, the measurement of JTc is more accurate than the QTc interval, because it excludes depolarization.

The measurement of JTc may be useful to identify LQTS cases with borderline values, where QTc interval could be normal in rest ECG.

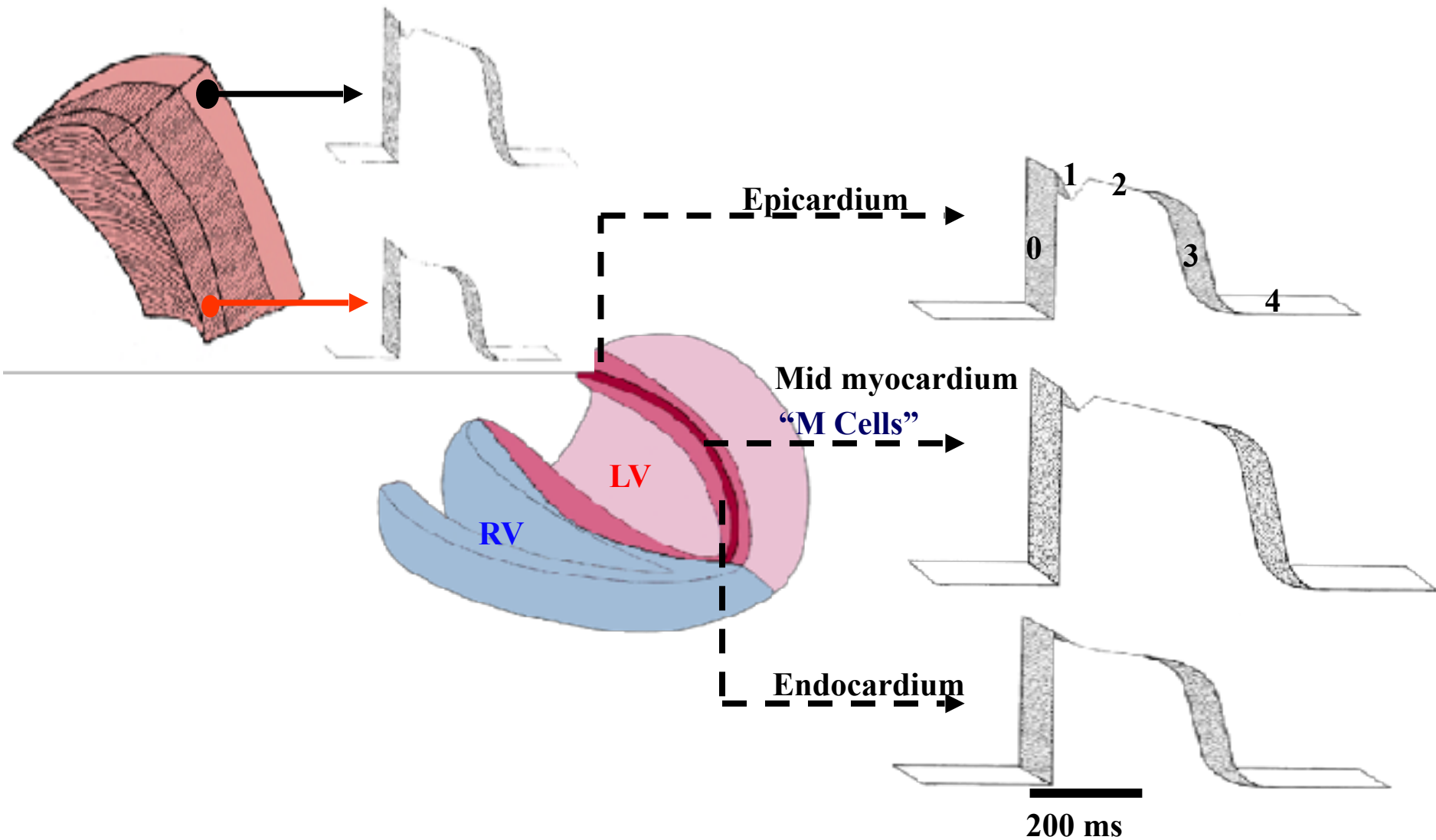
We find an example in patients carriers of tetralogy of Fallot who underwent surgery, and as a consequence of RV ventriculotomy, developed CRBBB. In these cases, JTc interval measurement is more sensitive than the QTc interval to detect prolonged repolarization.

Action potential and QT interval concept ECG correlation



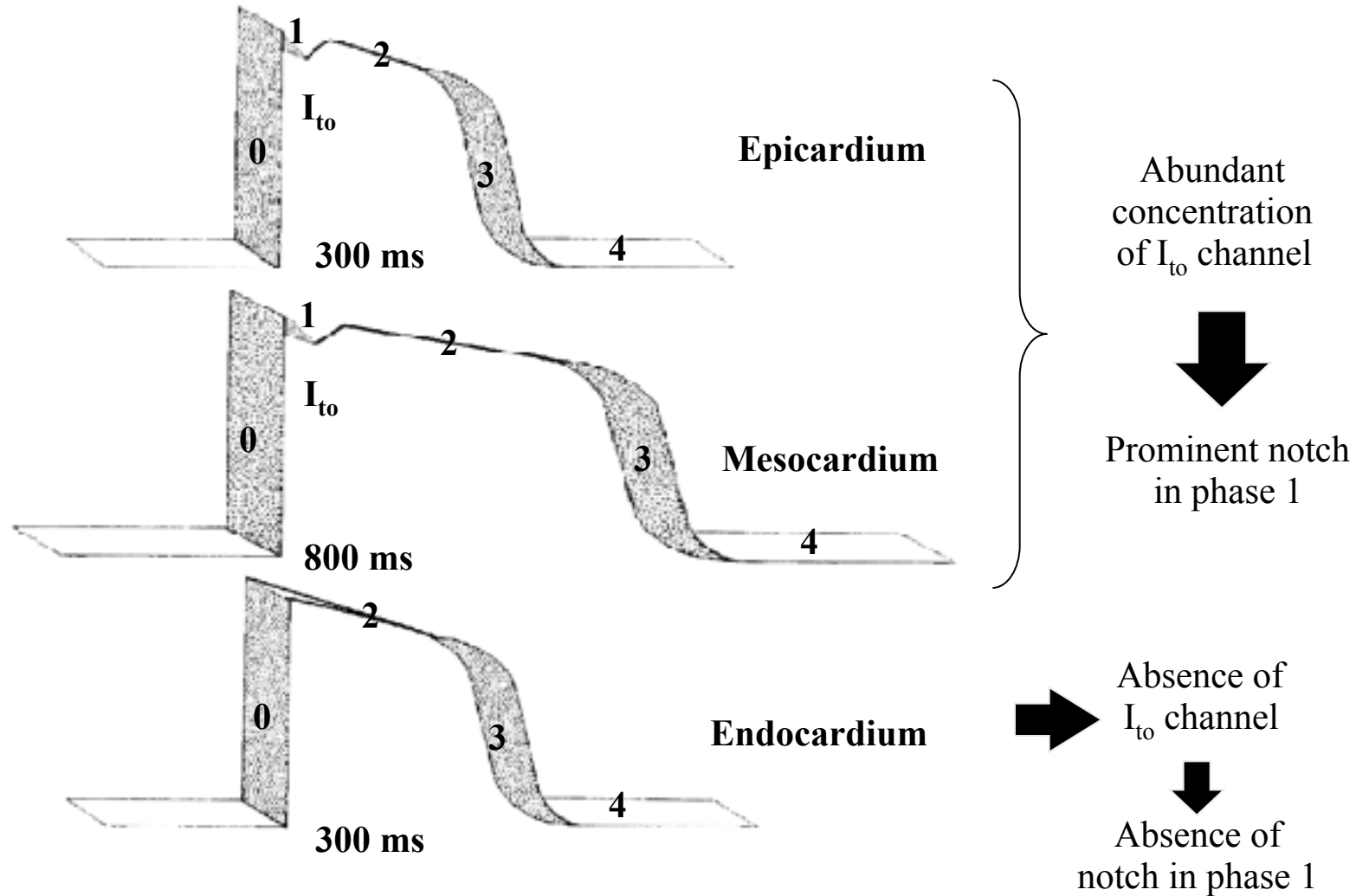
Representation of minimal and maximal normal values of QTc interval and its correlation with action potential. QTc values < 330 ms are considered short QT interval. Values of QTc > 450 ms are considered long QT intervals. Normal values of QTc are between 350 to 440 ms or $446 \pm 15\%$.

Action potential of ventricular contractile cells in wall thickness: epicardium, mesocardium and endocardium: heterogeneity

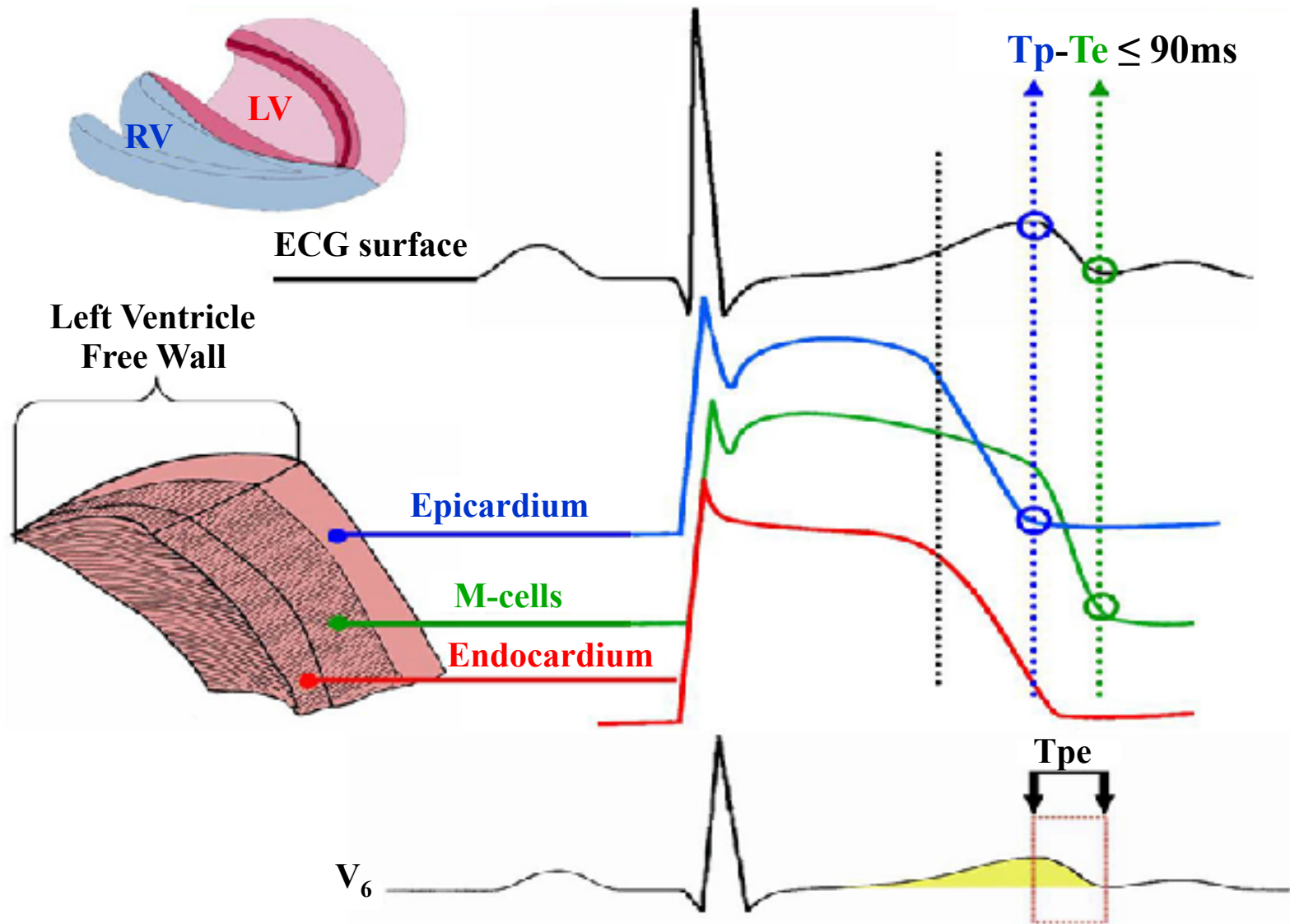


Outline of action potential in ventricular wall thickness. Differences in epi, meso and endocardium action potential profile and duration. The heterogeneous character of action potential is clearly observed in the 3 areas.

Epicardium, mesocardium and endocardium: heterogeneity in ventricular wall thickness



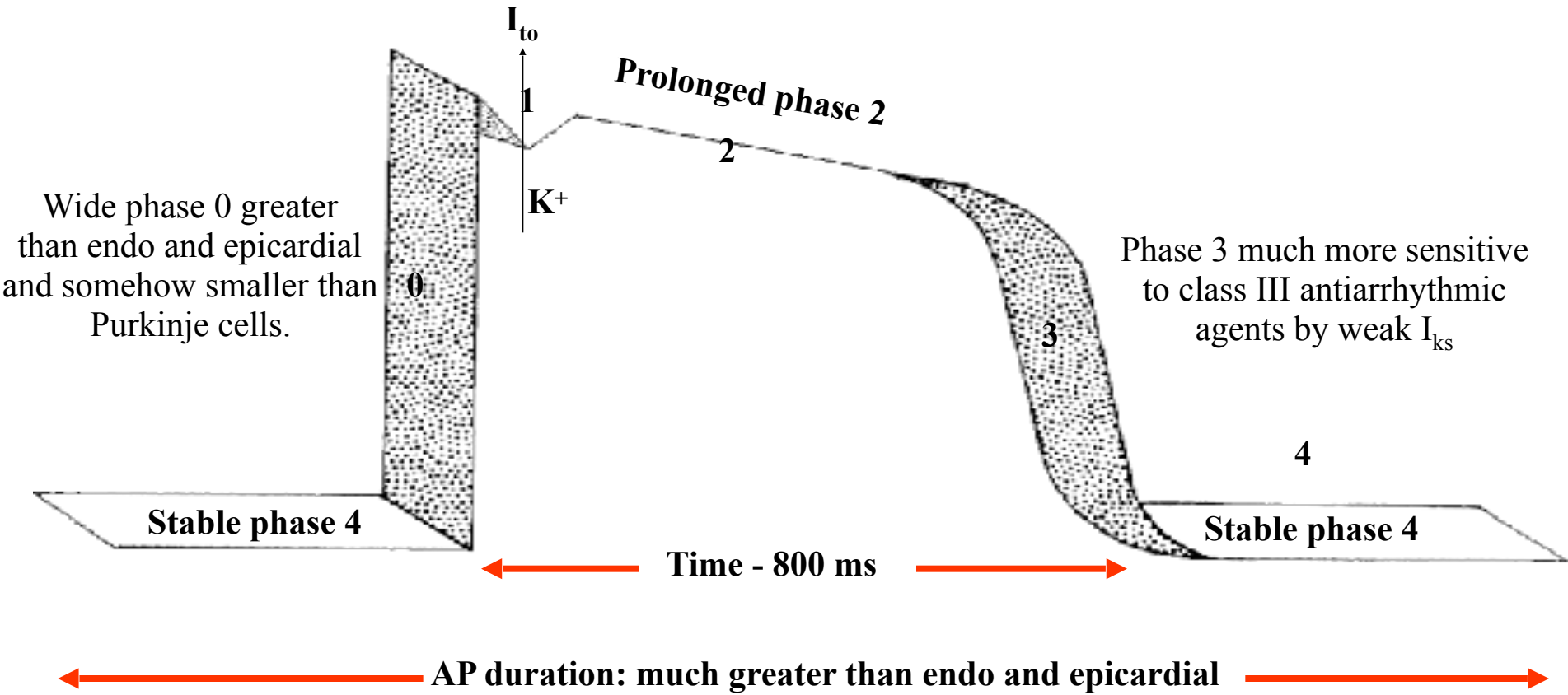
Outline of action potential in ventricular wall thickness. Differences in epi, meso and endocardium action potential profile and duration. The heterogeneous character of action potential is clearly observed in the 3 areas.



Representation of the Tpeak/Tend interval (Tpe). This is the interval elapsed from the apex to the end of T wave (Tpeak-Tend interval or Tpe). Tpe may correspond to transmural dispersion of repolarization and consequently, the amplification of this interval is associated to malignant ventricular arrhythmias. The normal value of Tpeak/Tend interval (Tpe) is 94 ms in men and 92 in women when measured in the V5 lead. In congenital SQTs this parameter is $> 92ms$ in women and $> 94ms$ in men (measurement in V5).

Characteristics of action potential of “M” cells of the ventricular mid-myocardium

Phase 1 with significant notch:
Significant I_{to} channel



Features of M cells action potential, essential in electrogenesis of long QT syndrome (LQTS).

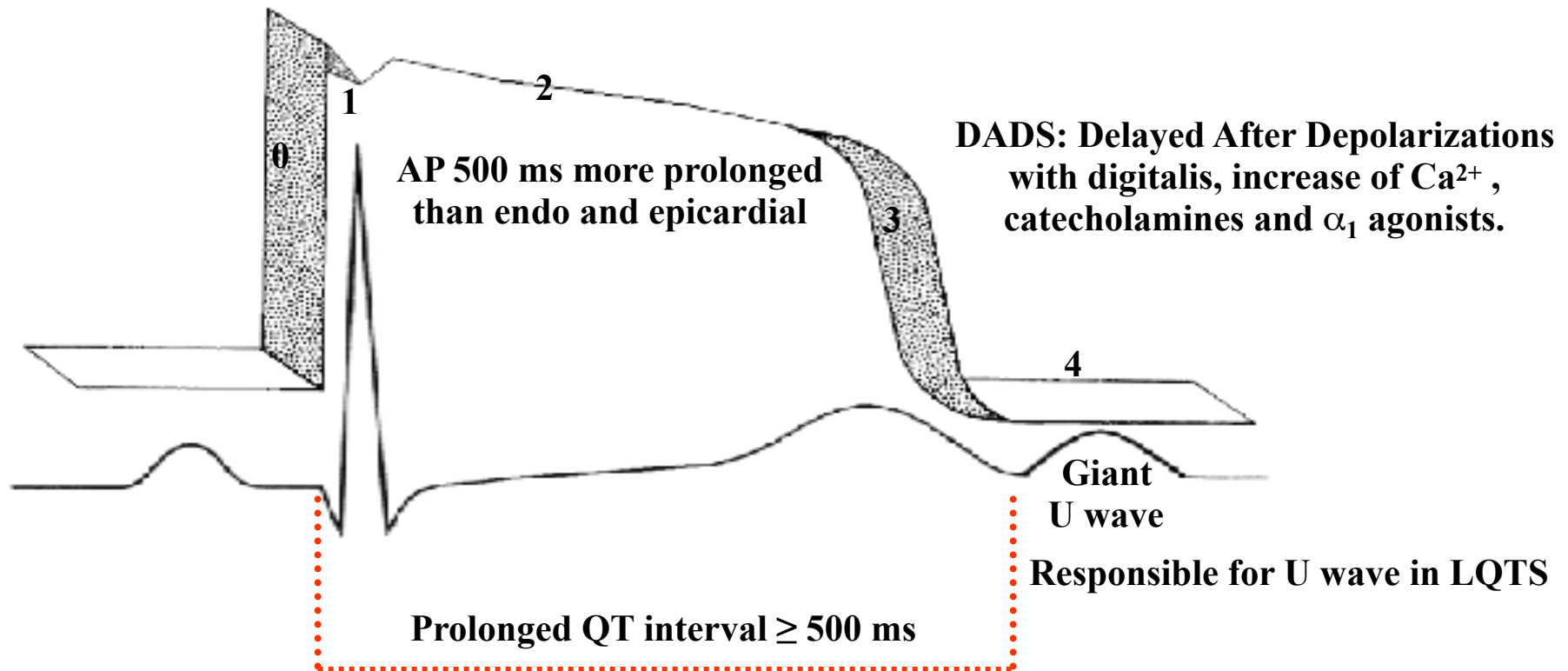
Characteristics of “M” cells

- 1) **Location:** central or mid-myocardium; deep epicardial portion of LV lateral and anterior wall, and throughout the RV outflow tract.
- 2) **Histology:** cannot be differentiated from endocardial and epicardial cells.
- 3) **Action Potential:** more prolonged: ≥ 800 ms, phase 0 wider than endocardial and epicardial cells, and smaller than Purkinje; phase 1 with significant notch by abundance of I_{to} channel; prolonged phase 2; phase 3 more sensitive to class III antiarrhythmic agents by having a weaker slow delayed outward rectifying potassium channel (I_{ks}) and phase 4 is stable (non-automatic cell).
- 4) Responsible for QTc interval prolongation in LQTS.
- 5) Responsible for numerous alterations in T waves, known as “enigmatic” T waves, observed in LQTS.
- 6) Responsible for prominent U waves of LQTS (QU), decisive in the genesis of Torsade de Pointes (TdP).
- 7) Greater increase in AP duration during low heart rates (bradyarrhythmia), before the use of class III antiarrhythmic agents (d-sotalol), quinidine, erythromycin, ATX-II, and anthopleurin A.
- 8) They are responsible for early after depolarizations (EADs) or in phase 3: bradycardia-dependent.
- 9) They are responsible for triggering TdP (subendocardial focus by “M” cells and Purkinje cells).
- 10) They are responsible for the Delayed After Depolarizations (DADs) with digitalis, increase of Ca^{2+} , catecholamines and $\alpha 1$ agonists. They induce changes in AP duration. In this aspect, they are different from epicardial and endocardial cells, and are similar to Purkinje. The ion substrate for these differences is caused by a weaker slow outward K^{+} channel at the end of AP phase 3 (“delayed rectifier current”): I_Ks that determines a more prolonged AP.

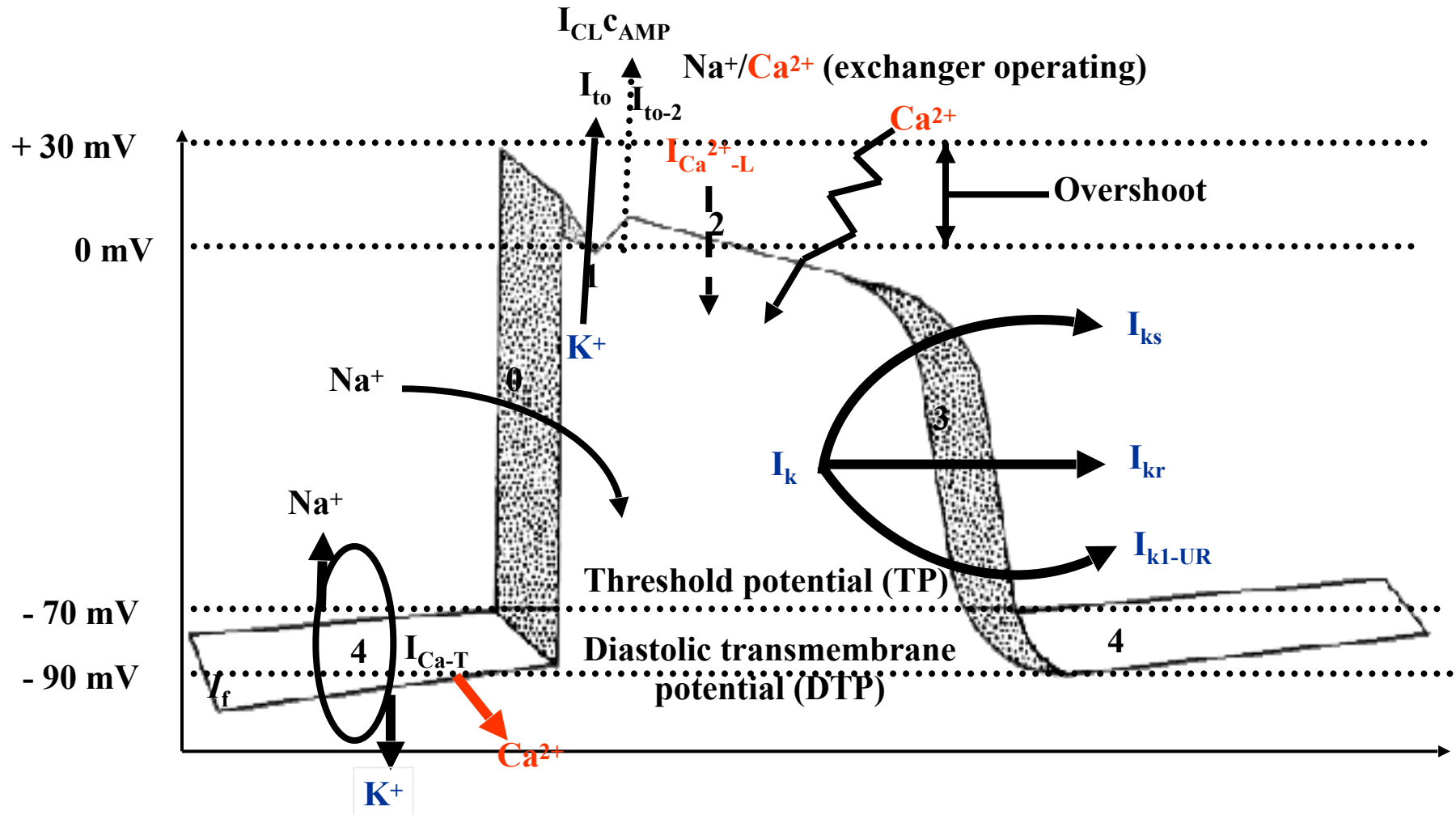
“M” cell action potential and ECG with long QT interval

EADs: Early After Depolarizations with class III antiarrhythmics agents.

Important AP prolongation with bradycardia and class III antiarrhythmic agents.



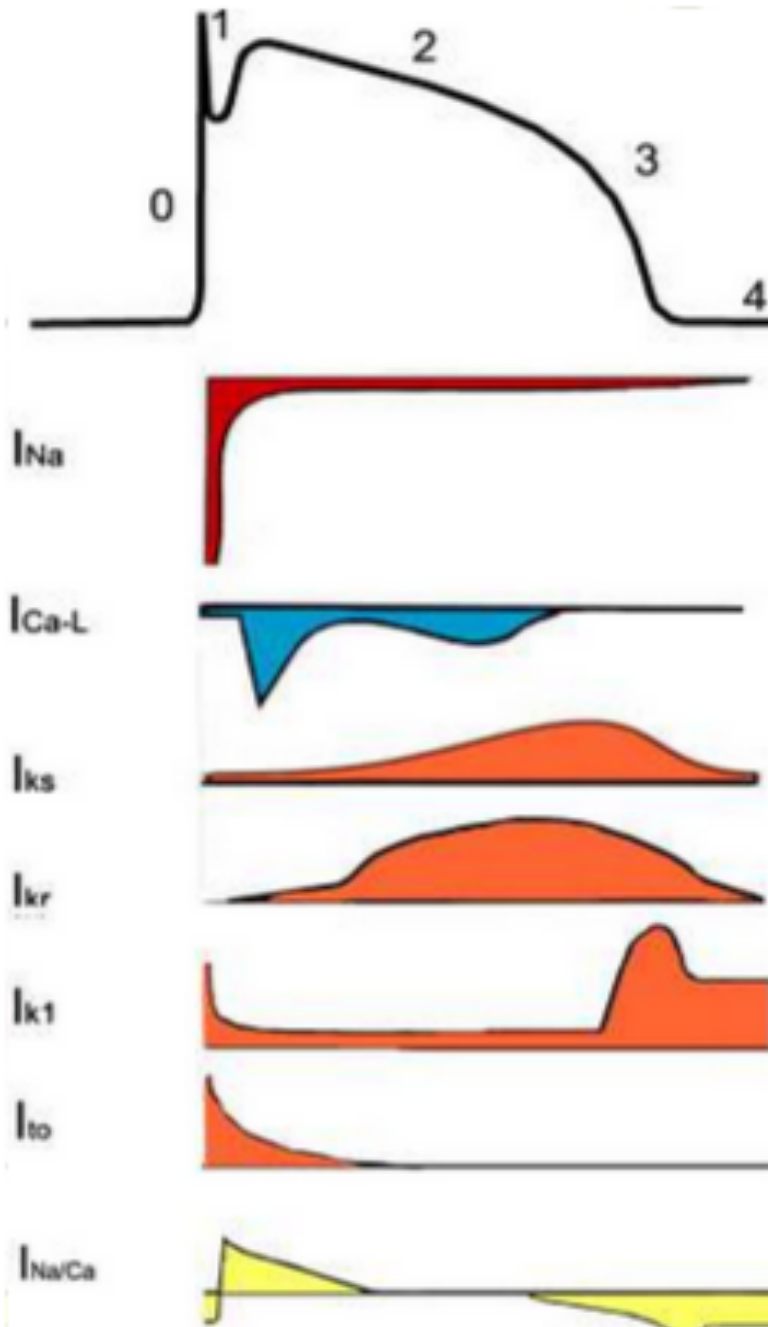
Outline of electrophysiological characteristics of rapid Purkinje cells and its main channels



- 1) Much Greater Dromotropism: 4000 mm/s.
- 2) Greater cell size and diameter.
- 3) Underdeveloped T system.
- 4) Very developed GAP junctions.
- 5) More negative DTP (close to -90 mV).

- 6) Phase 0: wider, faster and overshoot
- 7) Phase 1: with prominent notch.
- 8) Longer AP: greater refractory period.
- 9) Phase 4: slightly ascending: automatic cells.

The action potential (AP) and schematic of the currents involved in creating it



The duration of the AP (APD) increases with decreasing repolarization; e.g., by loss-of-function mutations in the repolarizing potassium channels or gain-of-function mutations in genes coding for depolarizing Na^+ and Ca^{2+} channels.

The red current represents the sodium current (I_{Na}), which is formed by the Na^+ -channel.

The blue current represents the long-lasting calcium current (I_{Ca-L}), which is formed by the long-lasting Ca^{2+} channel.

The orange currents represent the potassium currents (I_K), which are formed by the K1-channels: $Kv4.3$ conducts the I_{to} -current, $Kv11.1$ conducts the I_{Kr} -current, $Kv7.1$ conducts the I_{Ks} -current, and $Kir2.1$ conducts the I_{K1} -current.

The yellow current represents the Na^+/Ca^{2+} exchange current which is formed by the Na^+/Ca^{2+} -exchange channel.

Congenital Long QT Syndrome

Concept: Rare syndrome, heredofamilial and autosomal (there are isolated non-familial sporadic cases), genetically heterogeneous, caused by mutations in the genes encoding potassium or sodium sarcolemmal channels (channelopathies), causing their dysfunction and thus, prolonging ventricular repolarization, which in turn predisposes the appearance of a special modality of polymorphic or atypical malignant ventricular tachycardia, known as Torsade de Pointes (TdP) that may cause syncope and possibly, degenerate into VF and sudden cardiac death (SCD) (Ackerman 1998).

History: Unexplained syncope, syncope during exercise in pediatric patients should be considered malignant until the contrary is proved, dizziness, palpitations or chest pain, SCD in children or young adults.

1) Very fast VT or TdP with hypotension; 2) AF or atrial flutter with high rate of ventricular response in WPW; 3) AV block; 4) Sinus arrest.

Triggers:

1. Exercise, especially swimming in LQT1 variant
2. Emotion or stress and noises: LQT2
3. Events during sleep or at rest: LQT3.

Family background: early sudden death in first degree family members. Unexplained early sudden death.

ECG: Long QT interval and Torsade de Pointes (TdP), T wave with notches, low HR for the age, family history of dizziness or deafness.

How should we proceed to read the ECG in suspicion of LQTS?

1. Do not perform the measurement of intervals and waves by the computerized method.
2. Conduct an independent review of ECG.
3. The measurement of the QT interval should be made by an experienced cardiologist.
4. The general cardiologist, before the suspicion of LQTS, should refer the patient to a colleague familiar with this for cardiological evaluation.

Genetic basis of Romano-Ward syndrome: types, chromosomal locus, mutation, and ion channel affected (in red color the main variants)

Type of LQTS	Chromosomal Locus	Genetic Mutation	Ion Channel Affected
LQT1 (60%)	11p15.5	KVLQT1 (KCNQ1) (heterozygote)	Slow outward potassium rectifier channel (I _{Ks})
LQT2 (35%)	7q35-36	HERG	Rapid outward potassium rectifier channel (I _{Kr})
LQT3 (< 1%)	3p21-24	SCN5A	Rapid sodium channel (I _{Na} ⁺)
LQT4	4q25-27	?	?
LQT5	21q22.1-22.2	KCNE1 (heterozygote) Jervell and Lange-Nielsen syndrome.	Slow outward potassium rectifier channel (I _{Ks})
LQT6	21q22.1-22.2	MiRP1	Rapid outward potassium rectifier channel (I _{Kr})
LQT7	17	KCNJ2	Associated to Andersen-Tawil syndrome (ATS1) (I _{K1})
LQT8 Timothy's Syndrome	12p13.3	CACNA1C Cav1.2	LTCC: L-type Calcium Channel
LQT9	3p25	CAV3	Late inward Na ⁺ current in phase 2
LQT10	11q23	SCN4B	Prolonged Na ⁺ influx
LQT11	7q21-q22	AKAP9	I _{ks}
LQT12	22-11-2	SCN5A	I _{Na} ⁺

Jervell and Lange-Nielsen Syndrome Genetic Basis

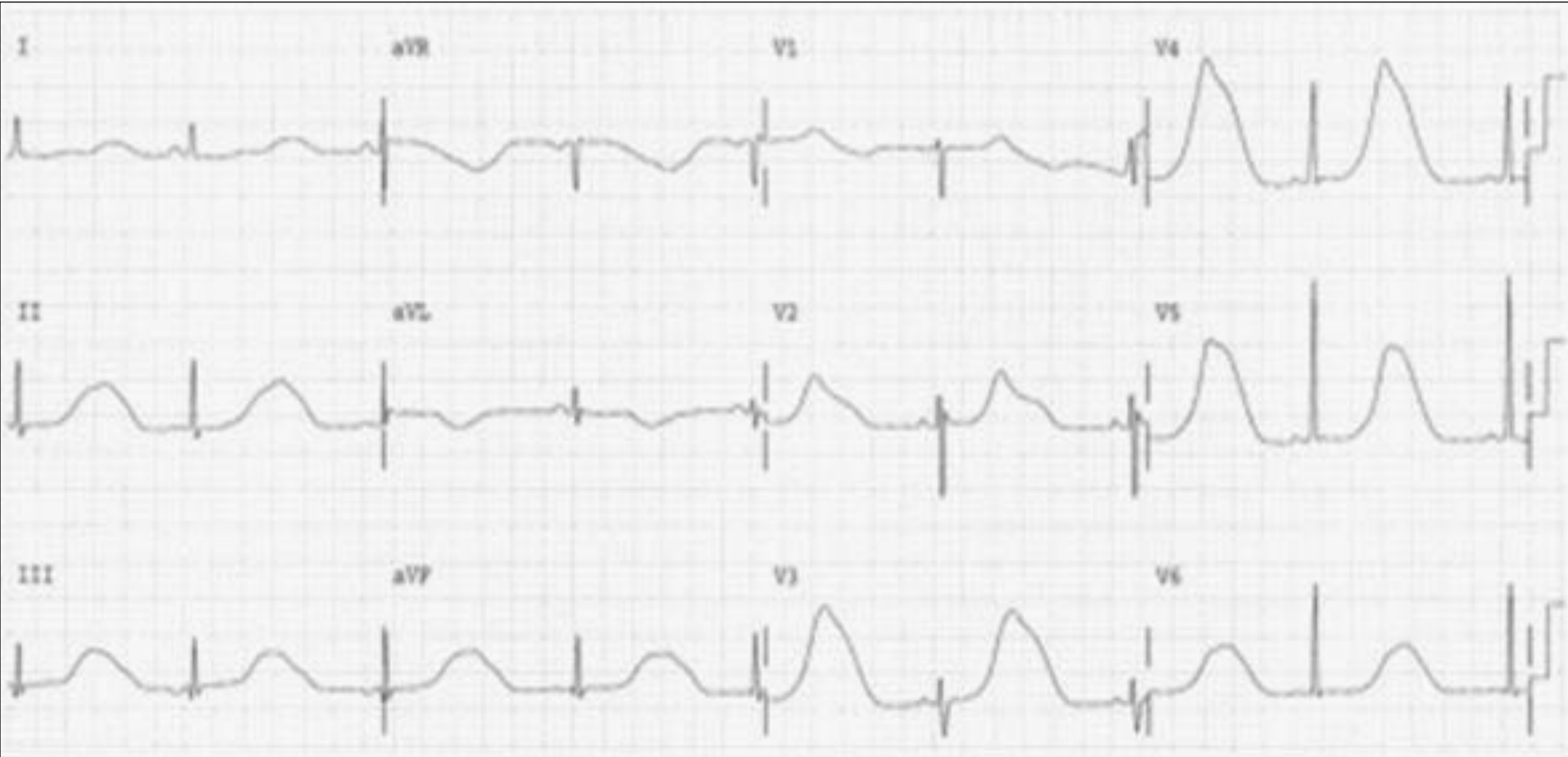
Type of LQTS	Chromosomal Locus	Genetic Mutation	Affected Ion Channel
JLN1 (LQT1) (90%)	11p15.5 (LQT1)	KVLQT1 (KCNQ1) (homozygote)	Slow outward potassium rectifier channel (I_{Ks})
JLN2 (LQT5) (10%)	21q22.1-22.2 (LQT5)	KCNE1 (homozygote)	Slow outward potassium rectifier channel (I_{Ks})

The diagnosis of Jervell and Lange-Nielsen syndrome (JLNS) is definitively established in individuals with all of the following:

- Congenital sensorineural deafness
- Long QT interval (> 500 ms, average 550 ms), often manifest as syncope, most often elicited by emotion or exercise.
- Presence of biallelic pathogenic variants in either *KCNQ1* or *KCNE1* (*LQT1* and *LQT5*).
- **Hearing loss:** Deafness is congenital, bilateral, profound, and sensorineural.
- QTc prolongation in JLNS, particularly when severe, appears to be associated with increased risk for death in infancy (SIDS)

Prevalence of Jervell and Lange-Nielsen syndrome in children aged 4 to 15 years in England, Wales, and Ireland is between 1.6 and 6 per million.

ECG example of Jervell and Lange-Nielsen syndrome with giant T waves ("Himalayan")



Marked QT interval prolongation and TU complexes with remarkable great width in patient with Jervell-Lange-Nielsen syndrome. The diagnosis of such syndrome, the recessive autosomal form of long QT syndrome, associated with congenital deafness, was confirmed by the identification of 2 different mutations in the KCNQ1 (KvLQT1) gene of potassium channel, which results in A341V and K362R; one was a de novo mutation and the other one inherited from his father. In the peripartum period, there is increased risk of arrhythmia in this syndrome. Marked QT prolongation is characteristic, but the T waves of remarkable great width that are shown here are unusual ([Darbar 2005](#)).

Diagnostic Criteria of Long QT Syndrome (Modified from Schwartz et al. [1993])

	Points
ECG findings	
QTc \geq 480 ms	3
QTc between 460-470 ms	2
QTc = 450 (males)	1
Torsade de Pointes	2
T-wave alternans	2
Notched T-wave in three leads	1
Low heart rate for age	0.5
Clinical history	
Syncope with stress	2
Syncope without stress	1
Congenital deafness	0.5
Family history	
Family members with definite LQTS	1
Unexplained SCD below 30 years old, among immediate family members	0.5

Low probability of LQTS is defined by an LQTS score \leq 1 point; an intermediate probability of LQTS is defined by an LQTS score of 2 to 3 points; \geq 4 points, high probability of LQTS.

Classification of long QT syndromes (LQTS)

A) Heredofamilial, congenital, “idiopathic” or adrenergico-dependent:

- ✓ Rare syndrome (sensorineural deafness) of recessive autosomal Jervell-Lange-Nielsen. 0.25% to 1% of deaf and mute individuals. One each 300,000 individuals.
- ✓ Common Romano-Ward syndrome, without deafness, dominant autosomal.
- ✓ Nonfamilial, acquired, sporadic.

B) Acquired, secondary or iatrogenic forms

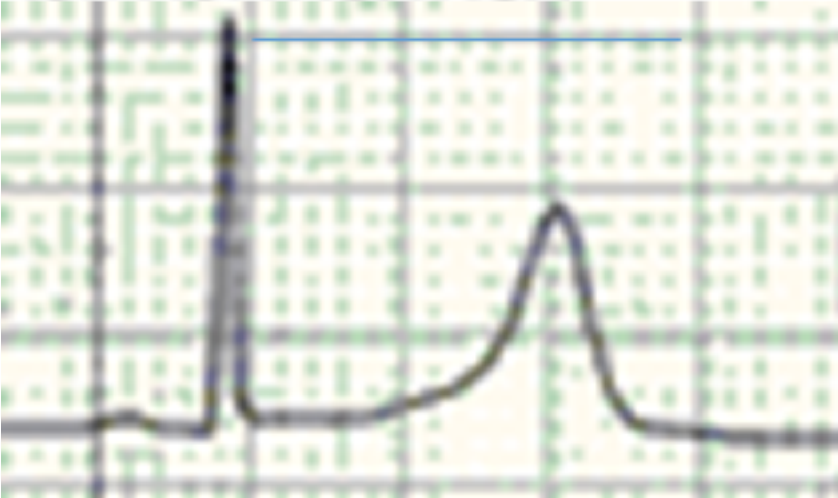
- ✓ By severe bradyarrhythmias;
- ✓ By electrolytic alterations;
- ✓ By effect of different drugs;
- ✓ By toxins e.g.: organophosphate compounds;
- ✓ By cocaine;
- ✓ By subarachnoid hemorrhage and effusions;
- ✓ By liquid protein diets;
- ✓ By myocardial ischemia;
- ✓ By autonomic neuropathy;
- ✓ By mitral valve prolapse;
- ✓ By hypothyroidism;
- ✓ By Beri-Beri;
- ✓ By HIV.

Characteristics of LQT1 variant or kvLQT1 defect



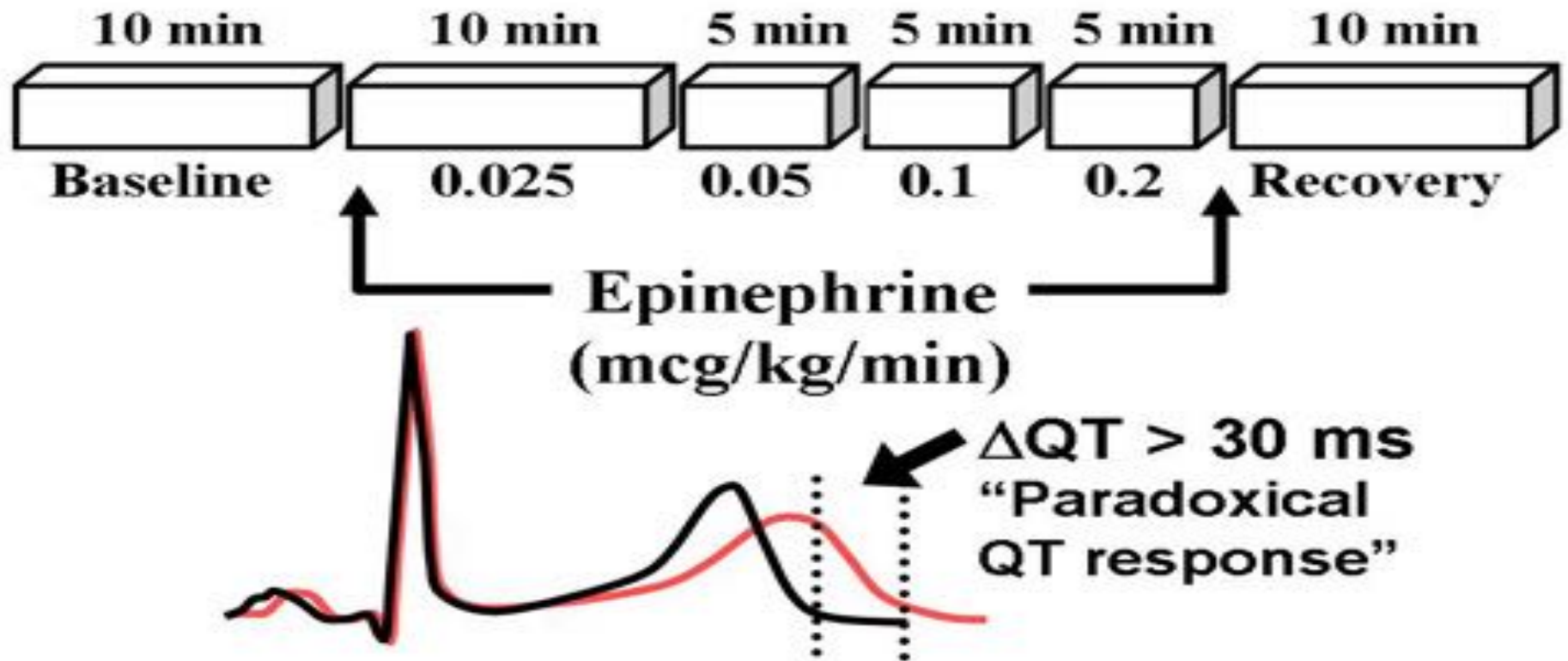
Normal (QT = 390 ms)

Events triggers: *Exercise, especially swimming*

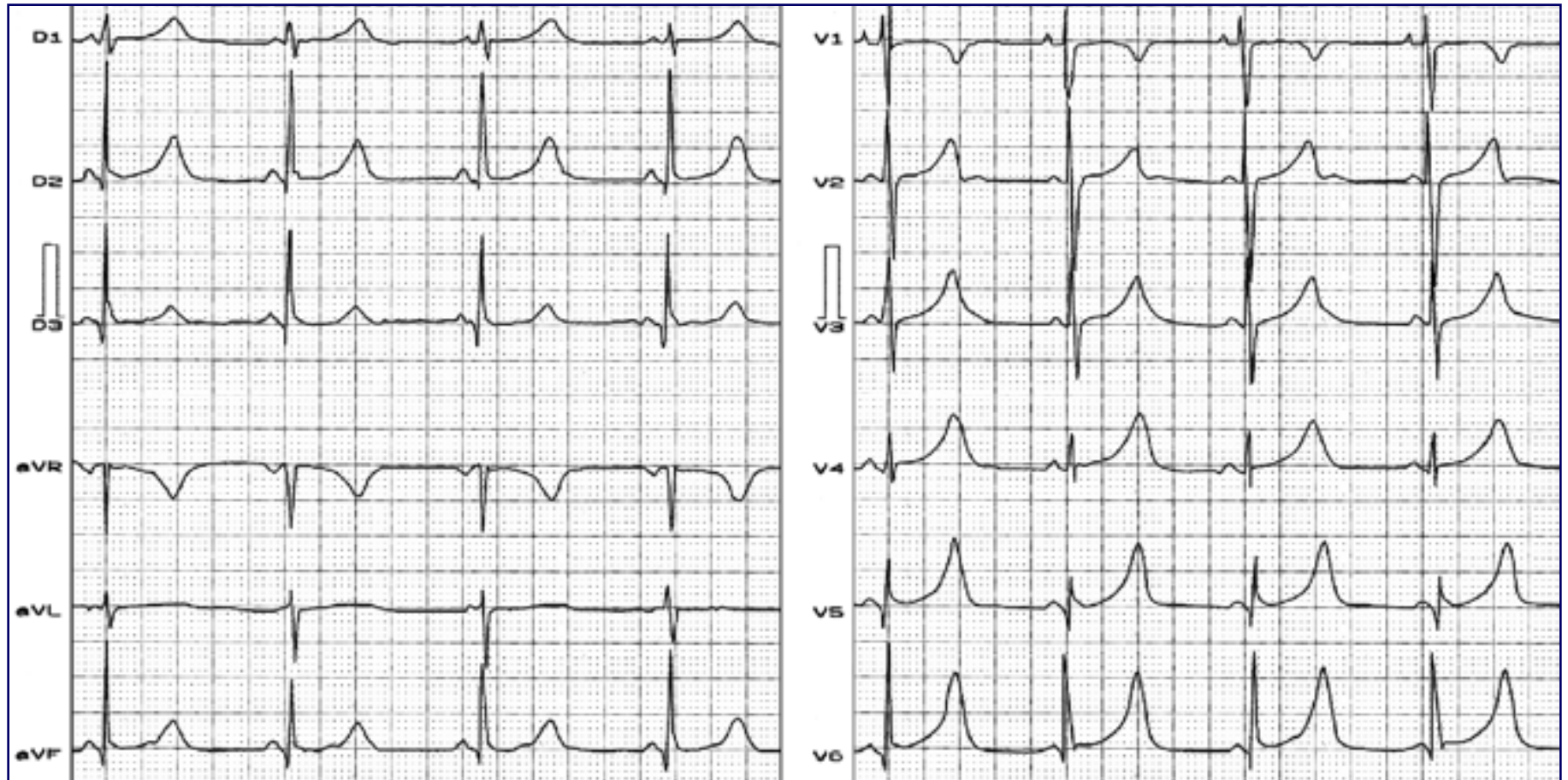


LQT1 60% of total

- Broad-based prolonged T waves (QT = 580 ms).
- Moderate HR dependence of QT interval.
- Short arm of chromosome 11.
- Mutation: 11p15.5.
- Affected channel in TAP: I_{ks} delayed rectifier potassium current.
- Single variant with high % of events during exercise or swimming.

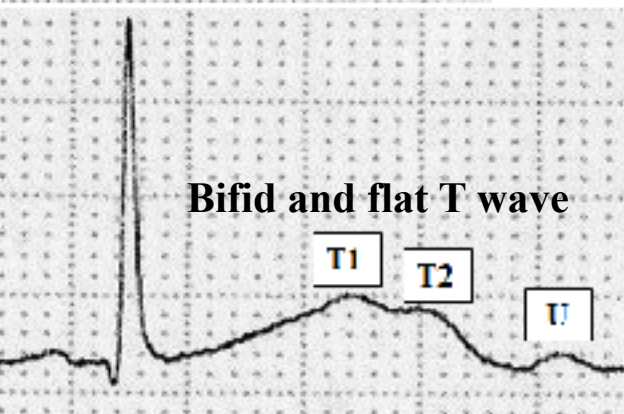
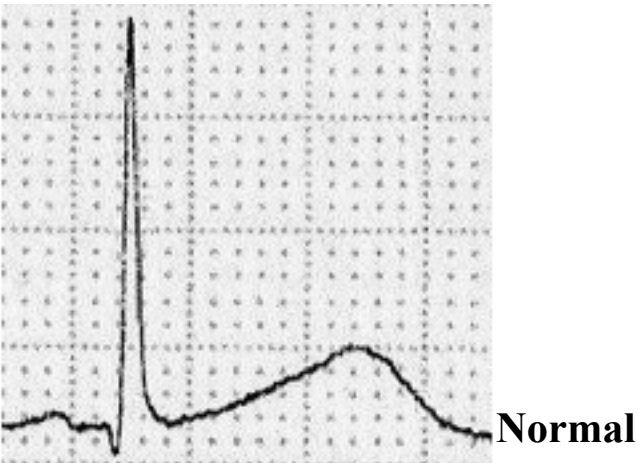


The Mayo Epinephrine QT Stress Test (Mayo Clinic Proceedings 2002) and demonstrated that paradoxical lengthening of the absolute QT interval during low-dose epinephrine infusion has 75% positive predictive value and 96% negative predictive value with respect to LQT1. This clinical diagnostic test is now used in heart rhythm centers throughout the world in an effort to unmask patients with concealed LQT1.



ECG from a patient with a LQT1. Typical wide-based T-waves with a large amplitude are observed.

Characteristics of HERG LQT2 variant



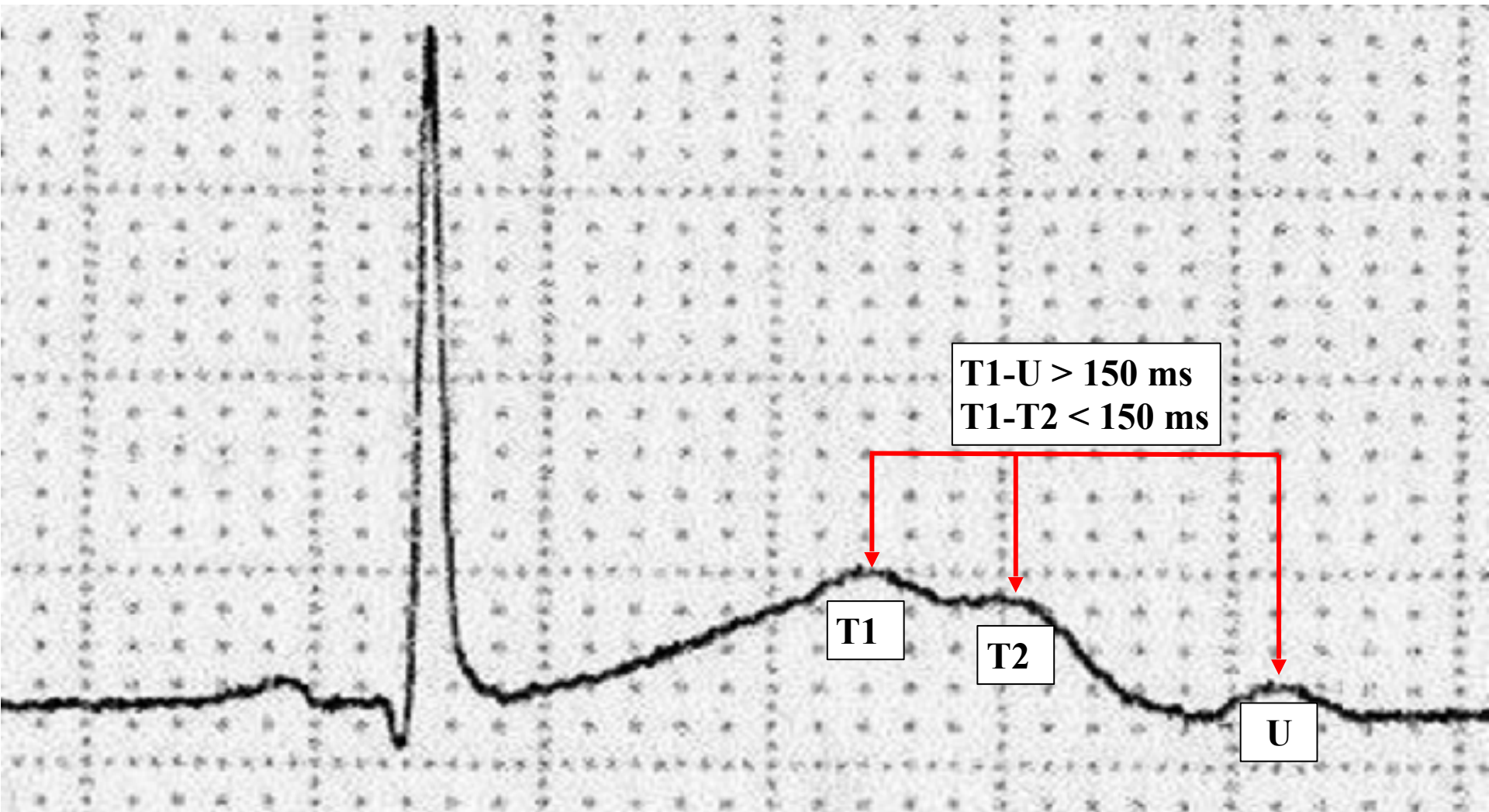
LQT2 \approx 35% of total



Events triggers: *Emotion or stress*
and noises: LQT2
Auditory arousal

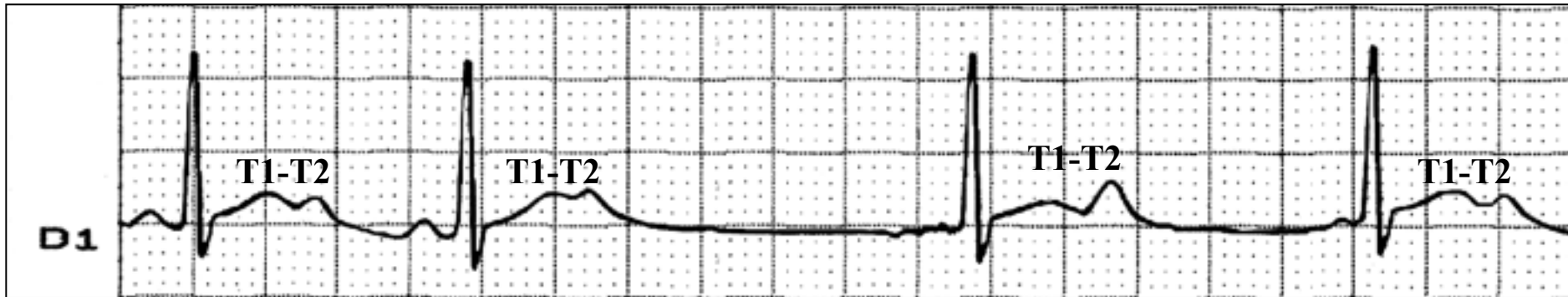
LQT2: OMIN 152437. Mutation: alpha subunit of the rapid delayed rectifier potassium channel (hERG = MiRP1) Current through this channel is known as I_{Kr} . This phenotype is also probably caused by a reduction in repolarizing current.

Differentiation between bimodal T waves of LQT2 from T-U interval



Characteristics of HERG LQT2 variant (**Lepeschkin 1969; 1972**)

Bimodal T wave (T1-T2 pseudo U-wave dependent on bradyarrhythmic pause)

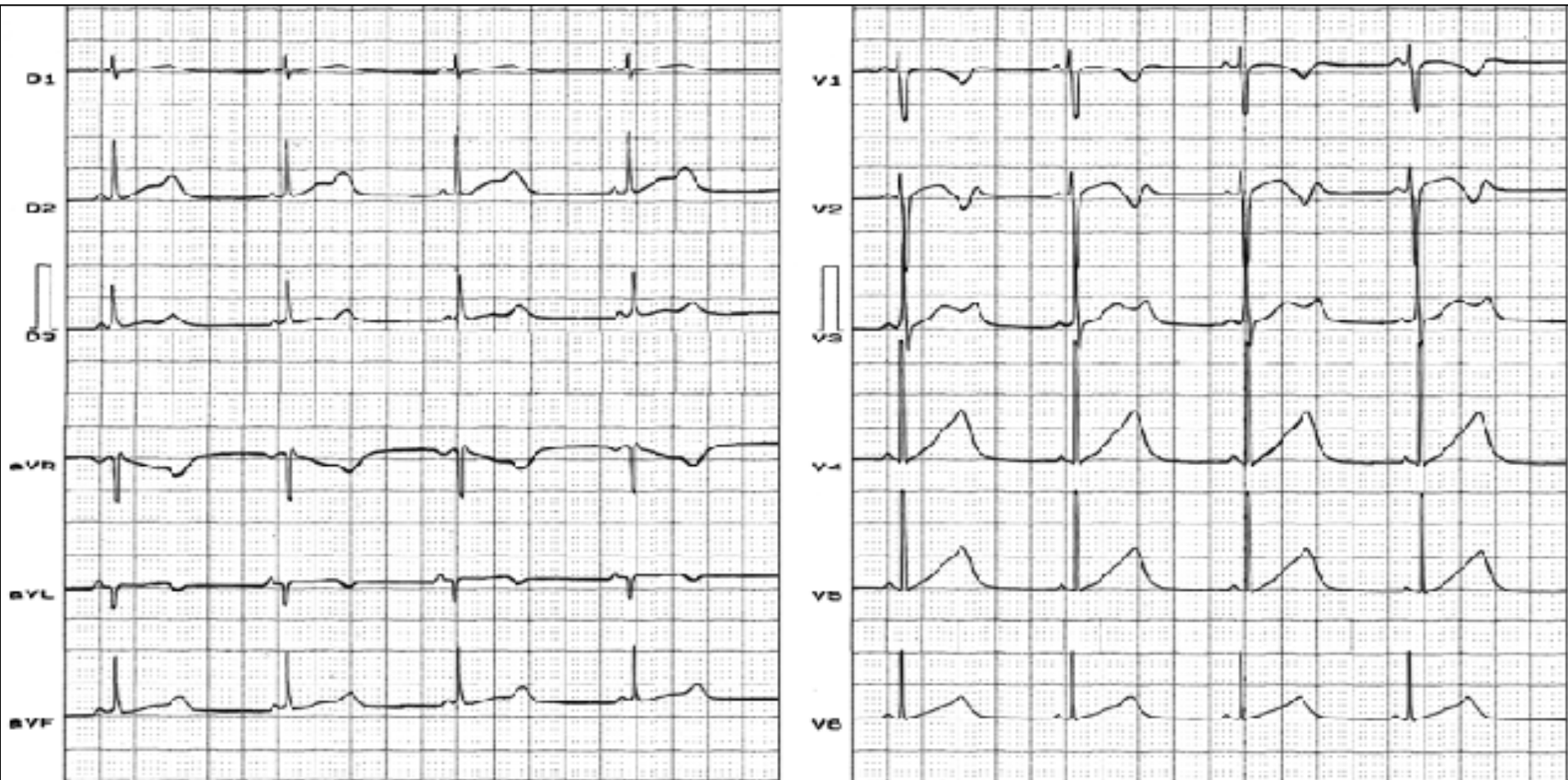


Prominent U wave that increases voltage in pauses (Roden 1999).

Congenital long QT syndrome with high-risk:

- Congenital deafness (Jervell-Lange-Nielsen syndrome).
- Recurrent syncope due to malignant ventricular tachyarrhythmia.
- Family history of sudden death.
- $QTc > 500$ ms.
- 2:1 atrioventricular block.
- T wave electric alternans.
- LQTS3 genotype.

Name: D.S.F **Age:** 11 years old **Sex:** Fem. **Weight:** 38 kg **Height:** 1.45 m **Race:** white **Date:** 09/18/2001
Medication in use: Propranol 240 mg.



Clinical diagnosis: heredofamilial long QT syndrome without deafness. Tracing performed moments after episode of syncope. Marked increase of T-U wave is observed.

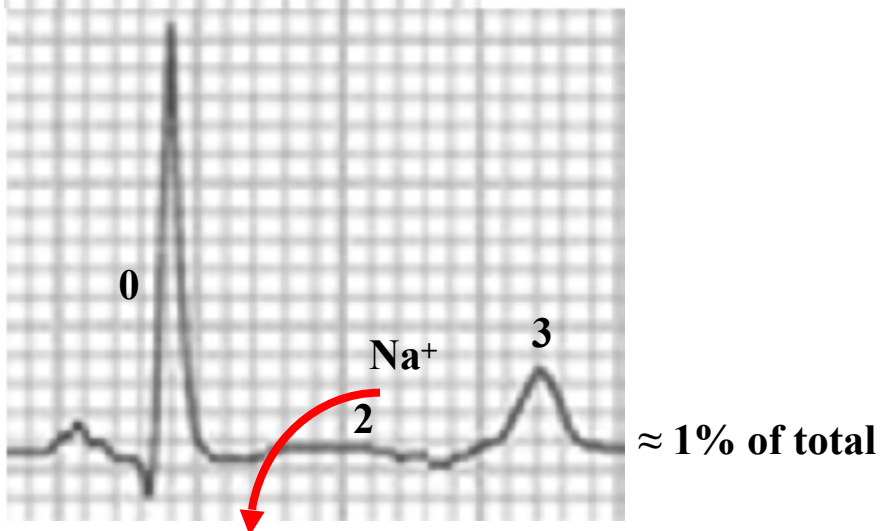
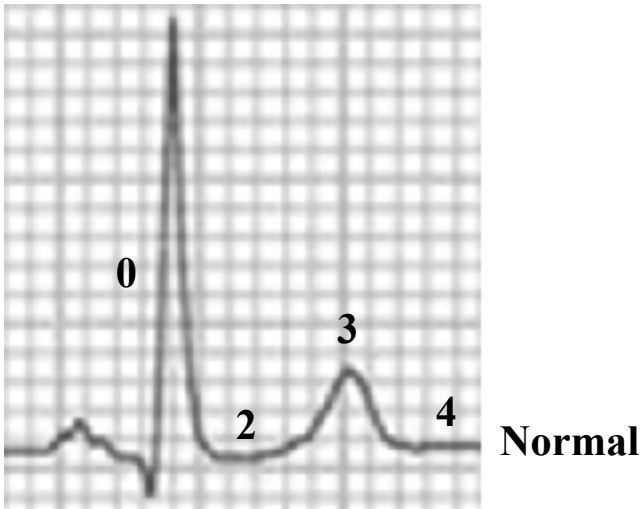
ECG diagnosis: sinus rhythm, HR: 63 bpm, long QT interval 500 ms (normal maximal value: 430 ms); very evident prominent U waves in DII and V3.

ECG of a heredo-familial long QT syndrome case without deafness. Tracing performed moments after syncope episode. Marked T-U wave increase observed.

Characteristics of LQT3 variant, SCN5A mutation

Long QT interval by ST segment prolongation.

Delayed appearance of T wave, significant dependence on heart rate of QT interval, affected gene: SCN5A, p21-24 mutation in chromosome 3, TAP phase: plateau, dome or phase 2 by persistent sodium inflow.



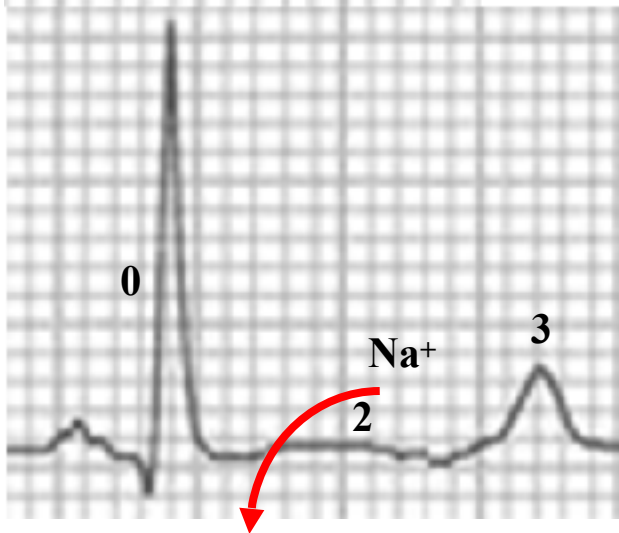
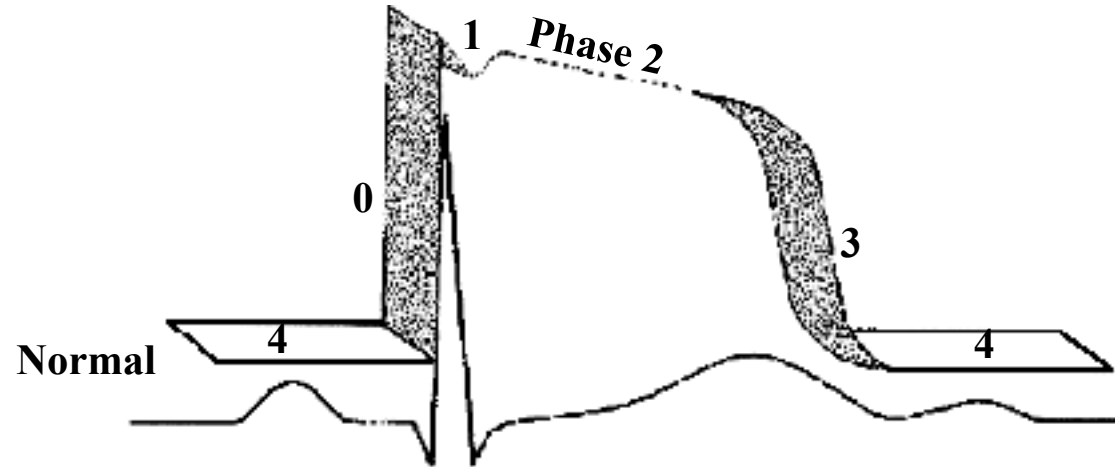
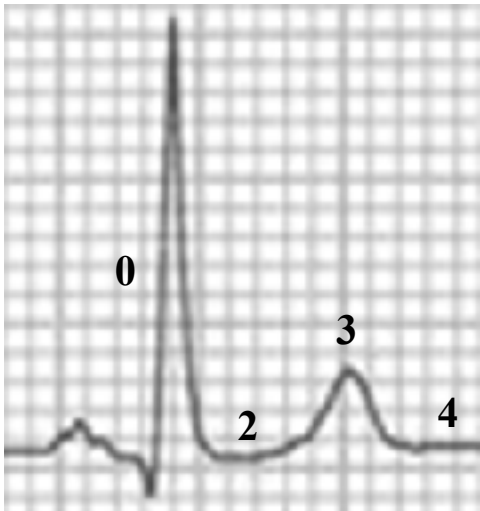
Delayed appearance of T wave

**≈ 80% of events during sleeping
or at rest**

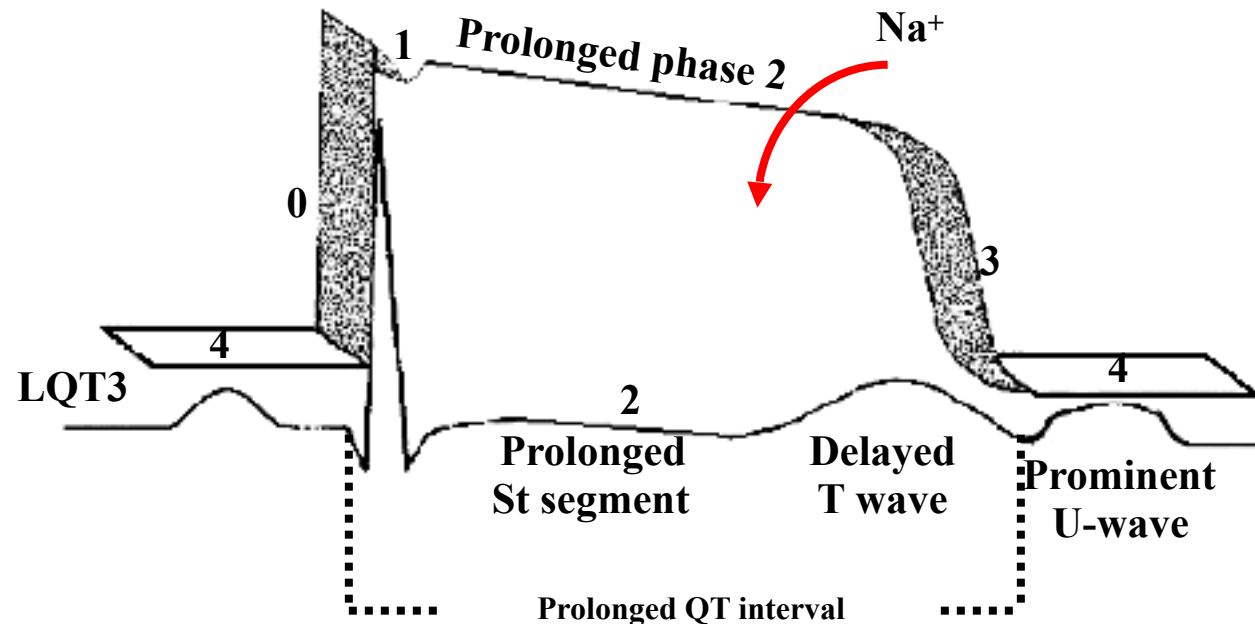


Male sex has higher risk This is the mirror image of Brugada syndrome

Normal ECG and action potential versus LQT3 ECG and action potential

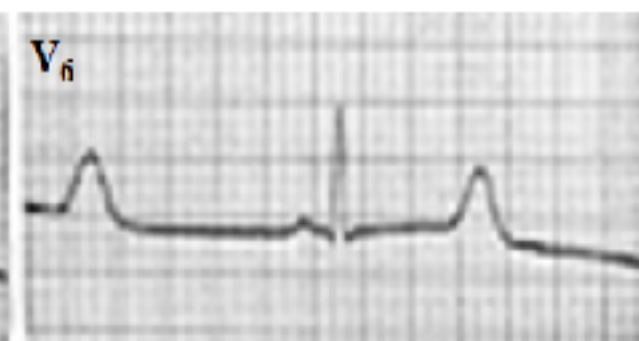
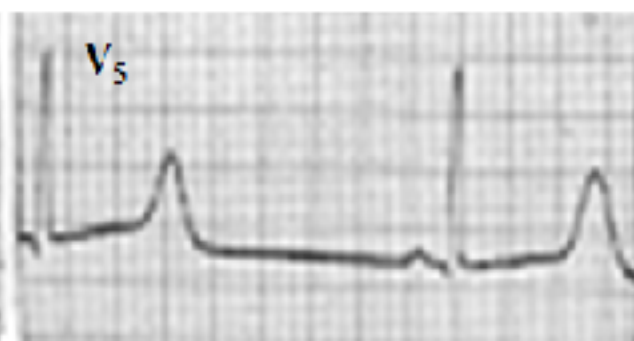
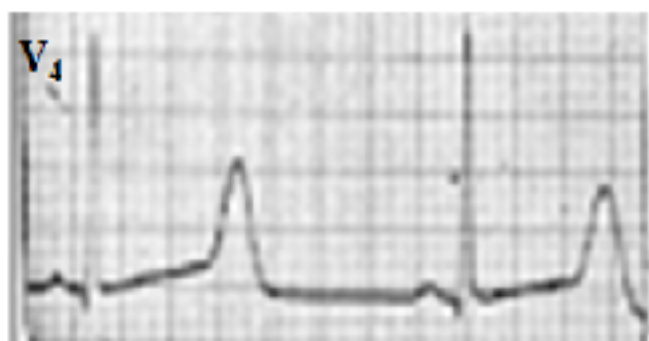
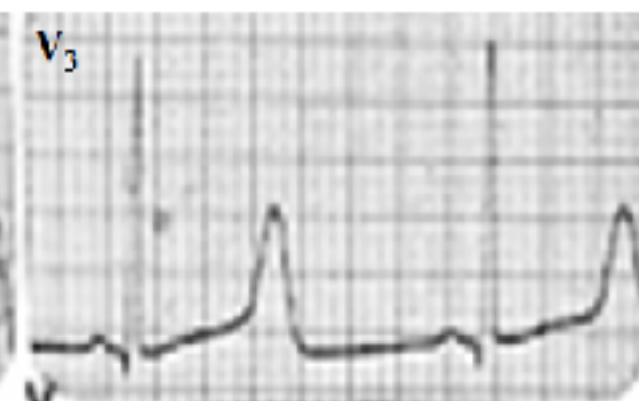
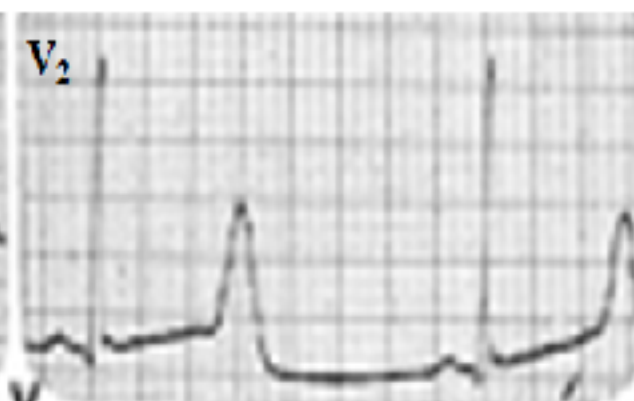
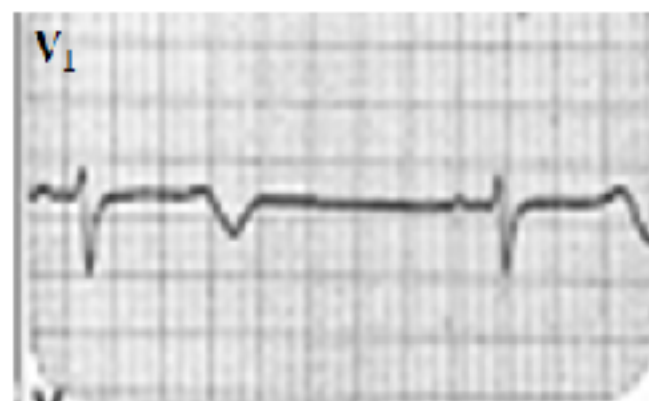
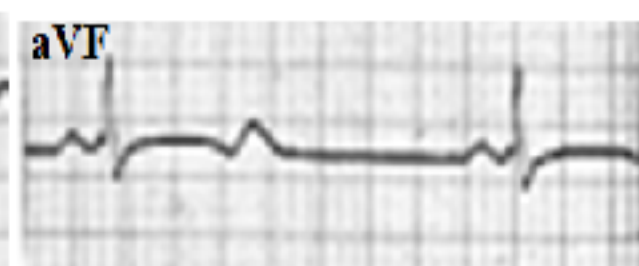
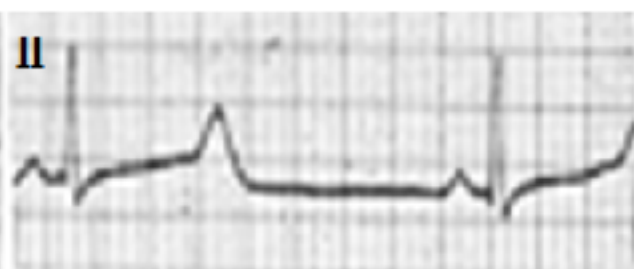
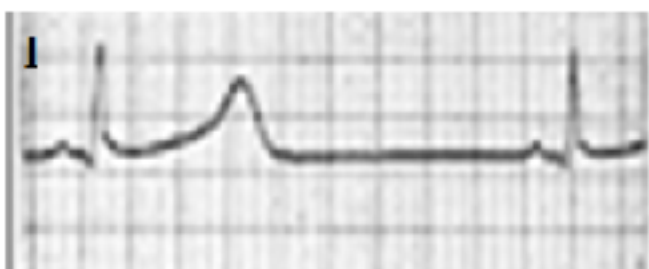


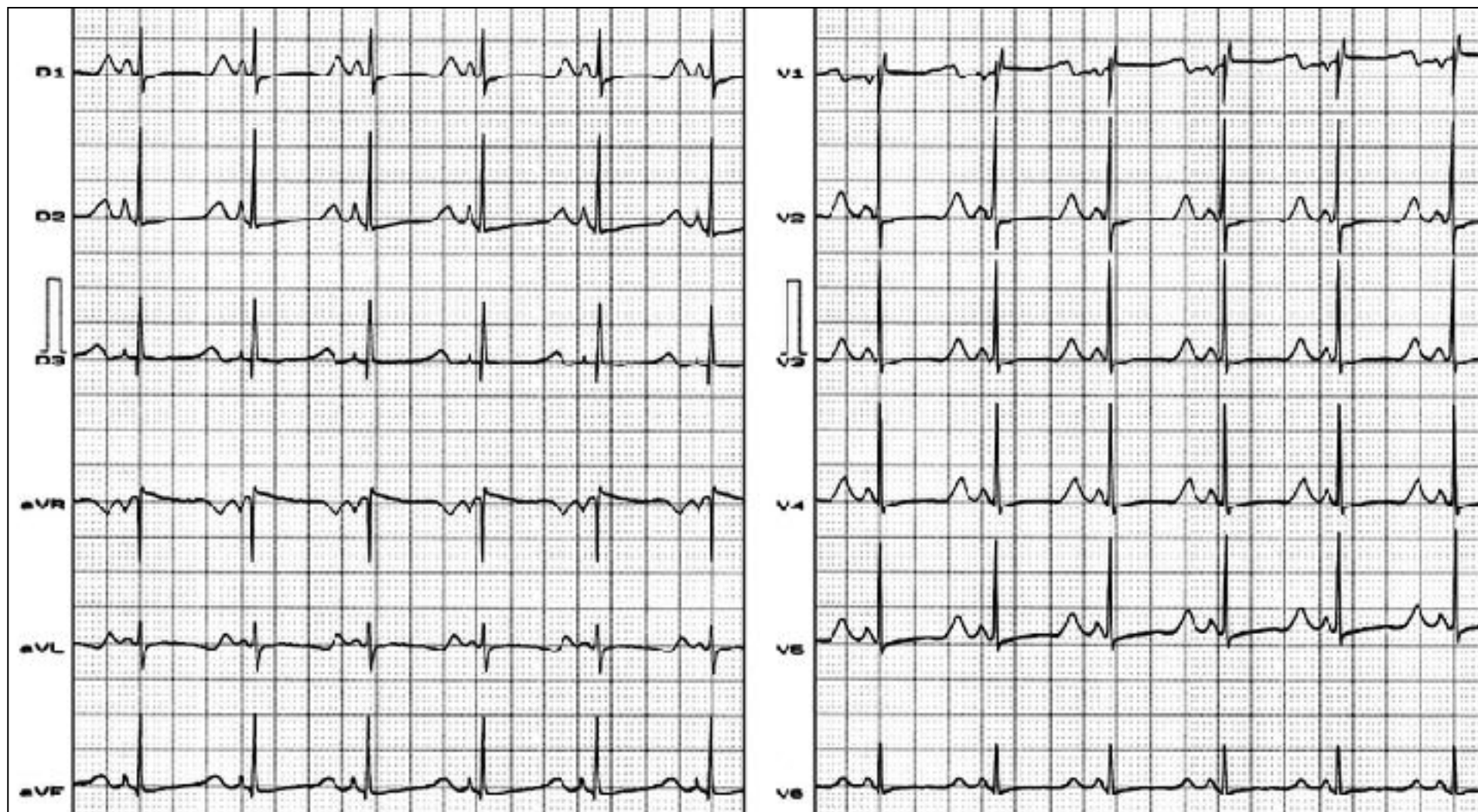
Delayed appearance of T wave



Characteristics of LQT3 variant, SCN5A mutation

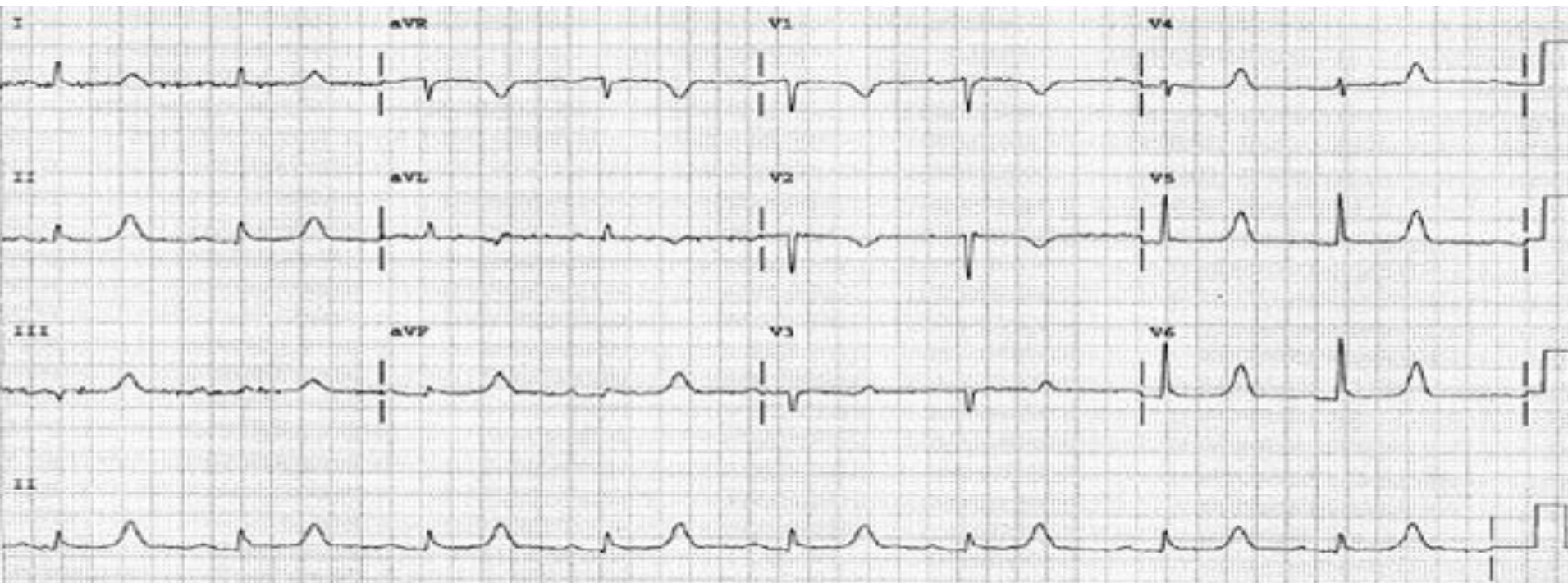
LQT3 ECG



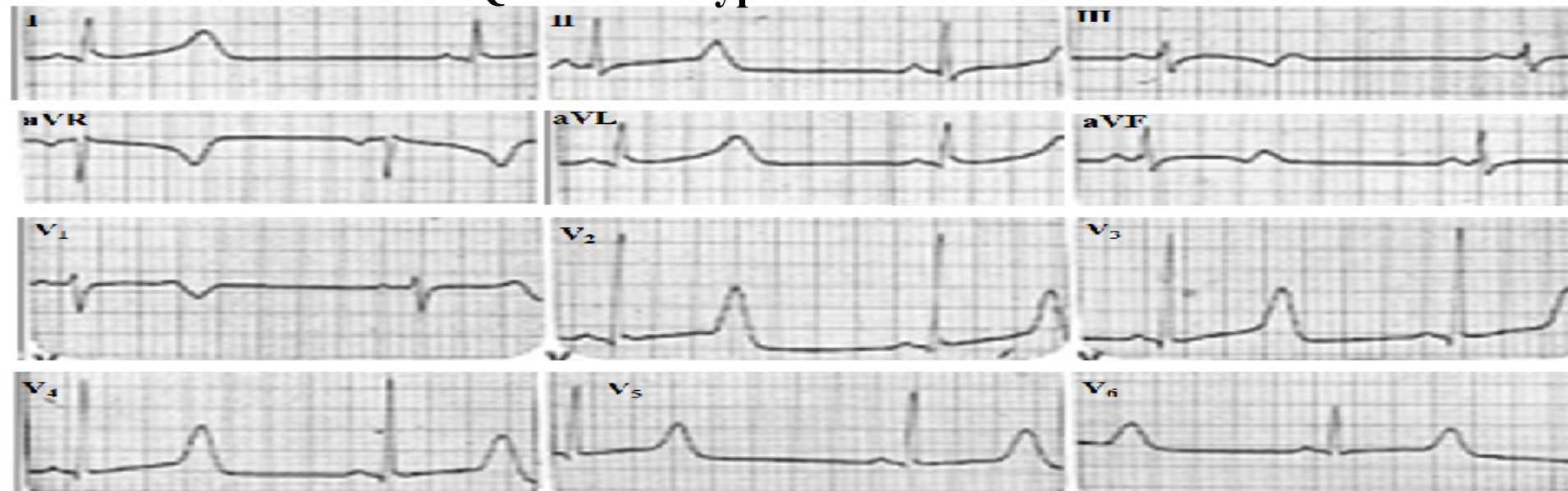


This ECG belongs to a new born with LQT3 variant. Clear ST segment prolongation and delayed appearance of T wave. Affected gene: SCN5A, p21-24 mutation in chromosome 3, AP phase: plateau, dome or phase 2 by persistent sodium inflow.

Hypocalcemia ECG



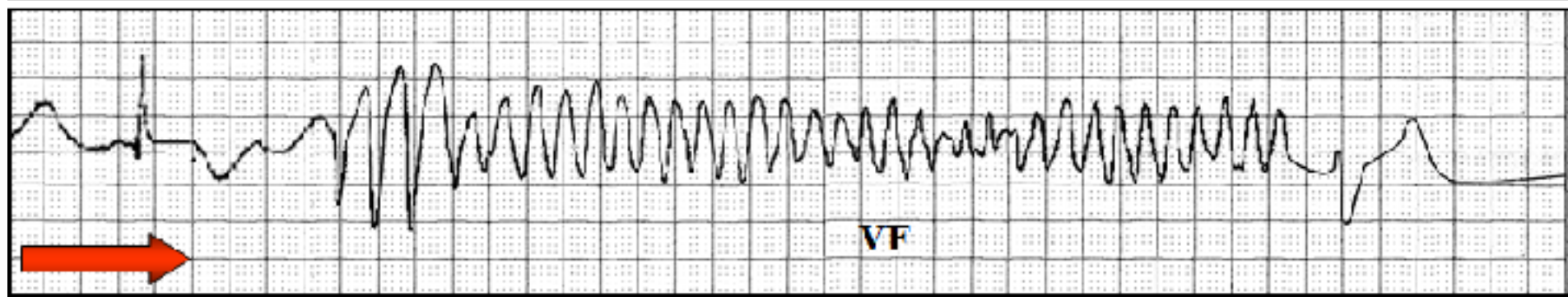
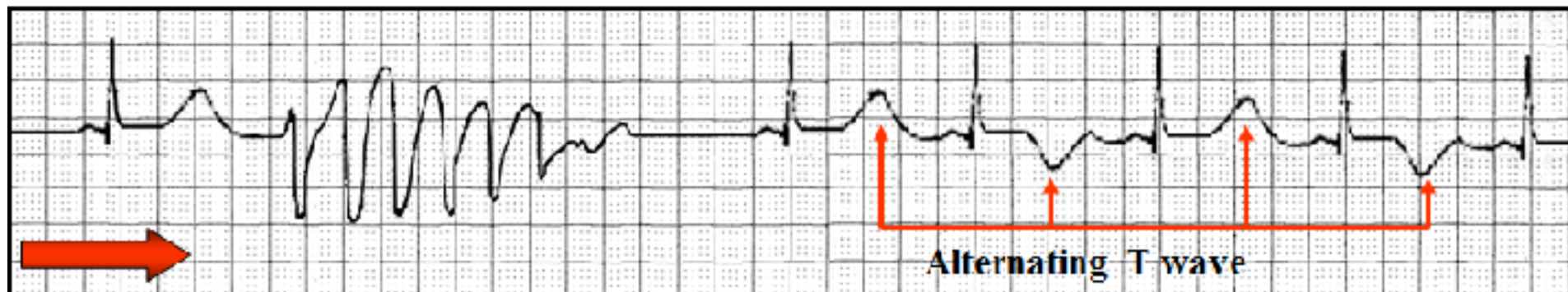
LQT3 ECG: hypocalcemic-like ECG



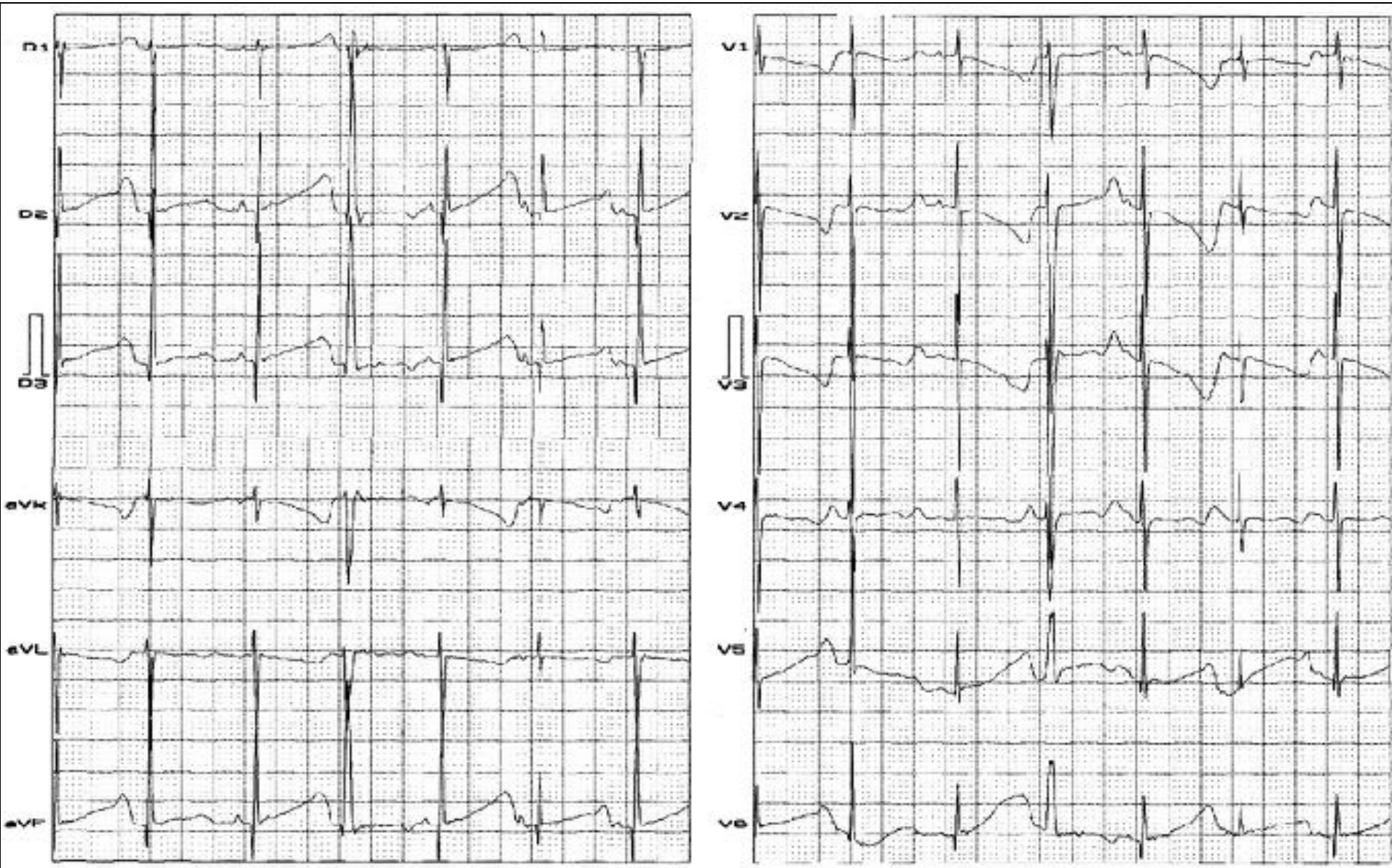
T-Wave Alternans

6 y/o Caucasian female

Diagnosis: Congenital LQTS - QT: 670 ms



Microvolt T wave alternans



Long QT syndrome, LQT3 variant. Long QT interval and microvolt T wave alternans, 1:1 sequence. QTc interval: >500 ms, very long ST segment.

Torsades de Pointes (TdP)

Concept: atypical or helicoidal PVT, associated to long QT interval (generally > 600 ms) or increase in U wave width, with possible typical 180° rotation of QRS axis around the baseline, with phasic variation of polarity and width of QRS complexes, and that may be suppressed by establishing a higher HR.

Electrophysiological mechanism: onset of EADs by triggered activity and maintained by reentry secondary to repolarization dispersion, where heterogeneous response of ventricular myocardium thickness cells stands out, especially the so-called M cells of the mid and deep myocardium.

Cardinal sign: polymorphic QRS. Rotation of QRS apices of up to 180° along the baseline: swinging pattern of Marriot.

Usual duration: from 5 to 20 complexes.

Heart rate: from 150 to 300 bpm (usually 200 to 250 bpm).

Characteristics of TdP

Clinical repercussions: asymptomatic, presyncope, syncope or degeneration into VF with cardiorespiratory arrest.

Onset: by extrasystole of long, delayed or telediastolic coupling; however, with R on T phenomenon. Frequent after pauses by “long-short” sequence or in bradyarrhythmias, complete atrioventricular (AV) block and sudden PR interval prolongation.

End: spontaneous or rarely, it degenerates into VF.

Most common causes: severe bradyarrhythmia, hypopotasemia, drugs.

Effective measures: β -blockers, bretylium tosylate, diphenylhydantoin, association of β -blockers and diphenylhydantoin or β -blockers associated to permanent pacemaker.

In refractory cases, left sympathectomy or implantable cardioverter defibrillators.

Classification of polymorphic or atypical ventricular tachycardias

- **Torsade de pointes (TdP): in patients with long QT interval**
 - Acquired or iatrogenic long QT syndrome;
 - Heredofamilial, congenital or idiopathic forms;
 - Sporadic or nonfamilial forms.
- **Non QT prolongation or true polymorphic ventricular tachycardias**
 - With structural heart disease
 - ✓ Associated to chronic coronary artery disease and prior myocardial damage;
 - ✓ Associated to Acute Myocardial Ischemia or infarction;
 - ✓ Associated to Prinzmetal variant angina;
 - ✓ Associated to severe ventricular dysfunction.
 - Without structural heart disease
 - ✓ Brugada disease;
 - ✓ Genuine idiopathic ventricular fibrillation (GIVF);
 - ✓ Variant of short coupling of TdP sensitive to Verapamil or “Leenhardt type”;
 - ✓ CPVT.
 - Others
 - ✓ Alternating or pleomorphic ventricular tachycardia.
 - ✓ Bidirectional ventricular tachycardia.
- **Pseudo polymorphic ventricular tachycardia**
 - MVT with frequent captures or fusions.

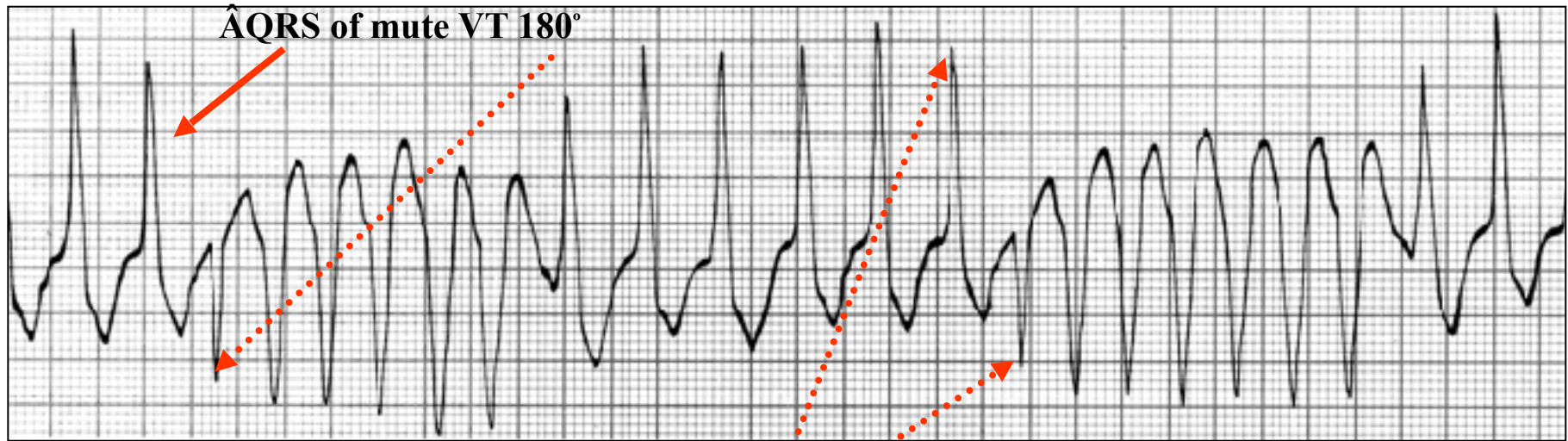
In general, all are triggered in association with what is called “long-short” sequence.

- ❑ **Acquired, secondary, pause-dependent or of bradycardia:** they occur after critical decrease of HR and are associated to significant increase of QT-U interval;
- ❑ **Congenital, heredofamilial or adrenergico-dependent:** they occur by physical and/or psychological stress;
- ❑ **Intermediary:** they mix characteristics of the abovementioned ones.

Differential diagnosis between Torsade de Pointes and true polymorphic VT

	TdP	True PVT
Related to sinus bradycardia	Yes	No
Events that precede pauses: “pause-dependent” onset of arrhythmia or “long-short” sequences	Yes	No
HR:	200-250/bpm.	Between 260 and 352 bpm in Brugada disease.
Associated electrolytic anomalies	Frequent	No
Coupling of initial PVC	Delayed or telediastolic: 600 ms	Short or protodiastolic: 240 ms
QTc	Long, in average 600 ms	Normal.
U wave:	Prominent	Normal voltage
Treatment	Correction of electrolytic disorders and suspension of drug with potential to prolong QTc interval. Magnesium, isoproterenol or pacemaker provide specific antiarrhythmic treatment. Pacemaker. Stellectomy. ICD.	ICD: Brugada disease, GIVF and Verapamil + ICD: in “Leenhardt type”. Beta blocker: CPVT or ICD.

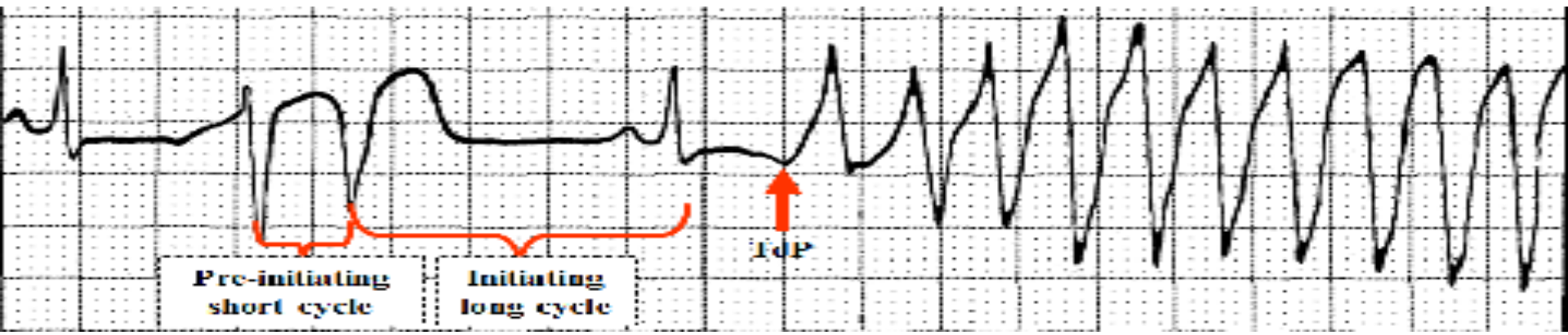
Typical example of Torsade de Pointes (TdP)



“Swinging pattern” of QRS ends of 180° sinusoid quality in the change of QRS form

TdP is characterized by:

- 1) Being associated to acquired or congenital long QT interval.
- 2) The possibility of suppression after higher HR.
- 3) Onset: by PVC of long, delayed or telediastolic coupling.
- 4) Frequent after pauses by “long-short” sequence or in bradyarrhythmias, complete AV block and sudden PR interval prolongation. TdP that started by intoxication with quinidine. The cycle interrupted by TdP is longer than the prior cycle.



Acquired LQTS

1) Hypopotasemia causing LQTS

$T/U \text{ ratio} \leq 1$ in II and/or V_3



U wave > 0.5 mm in II or > 1 mm in V_3

Characteristics of long QT syndrome in hypopotasemia

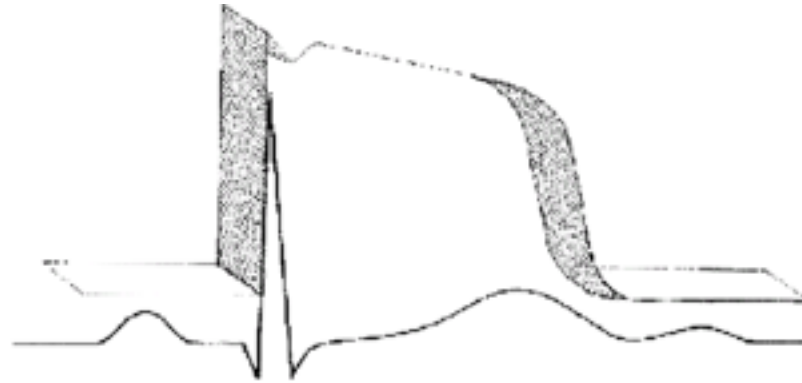
- ✓ Gradual ST segment depression:
 - Depression ≥ 0.5 mm in II or from V_1 through V_3
- ✓ Decrease T wave amplitude (flat T)
- ✓ Possible T wave inversion
- ✓ Prominent U wave
- ✓ QTc interval prolongation
- ✓ Digitalis action enhancement.

It must be distinguished from hypopotasemia and hypocalcemia, which extends QT interval, but affects flattened T wave and causes prominent U wave.

2) Hypocalcemia causing LQTS

Electrolytic alterations
Hypocalcemia $< \text{Ca}^{2+} < 8.5 \text{ mg/dL}$ or $< 1.0 \text{ mmol/L}$

Normal



**Hypocalcemia and
LQTS variant 3**



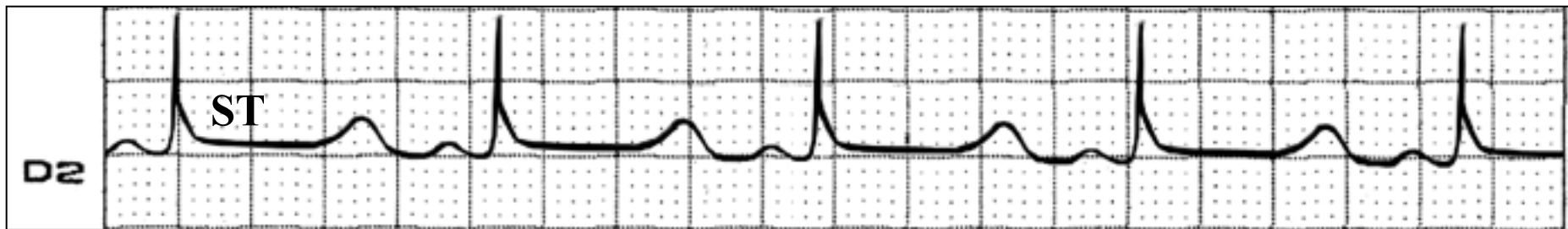
It causes ST segment prolongation but not affecting T wave duration. The phenomenon is more evident in precordial leads.

Characteristics of long QT syndrome in hypocalcemia and comparison with LQT3 genetic variant.

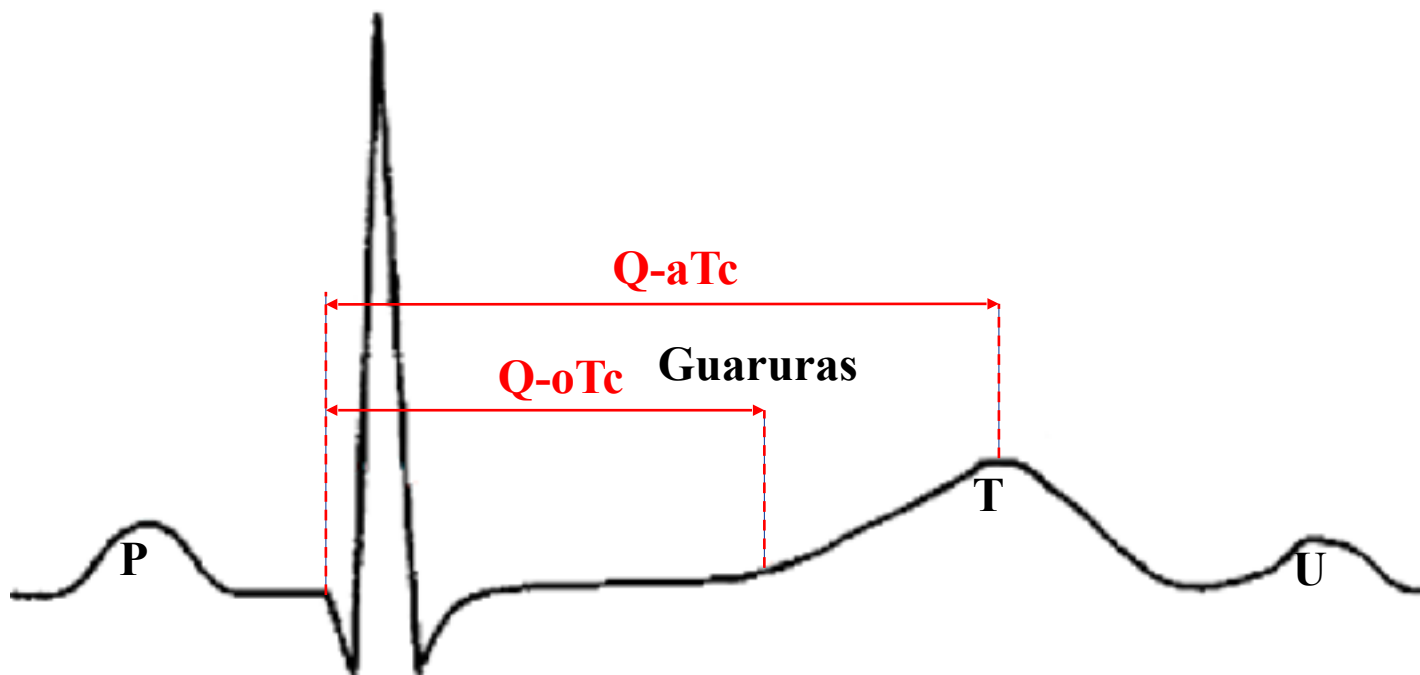
ECG of hypocalcemia < Ca^{2+}

Manifestations usually appear in ECG with levels below 7 mg/dL

1) Major manifestation: QT interval prolongation at the expense of ST segment, and normal T wave. This is observed only in hypocalcemia and in hypothermia.



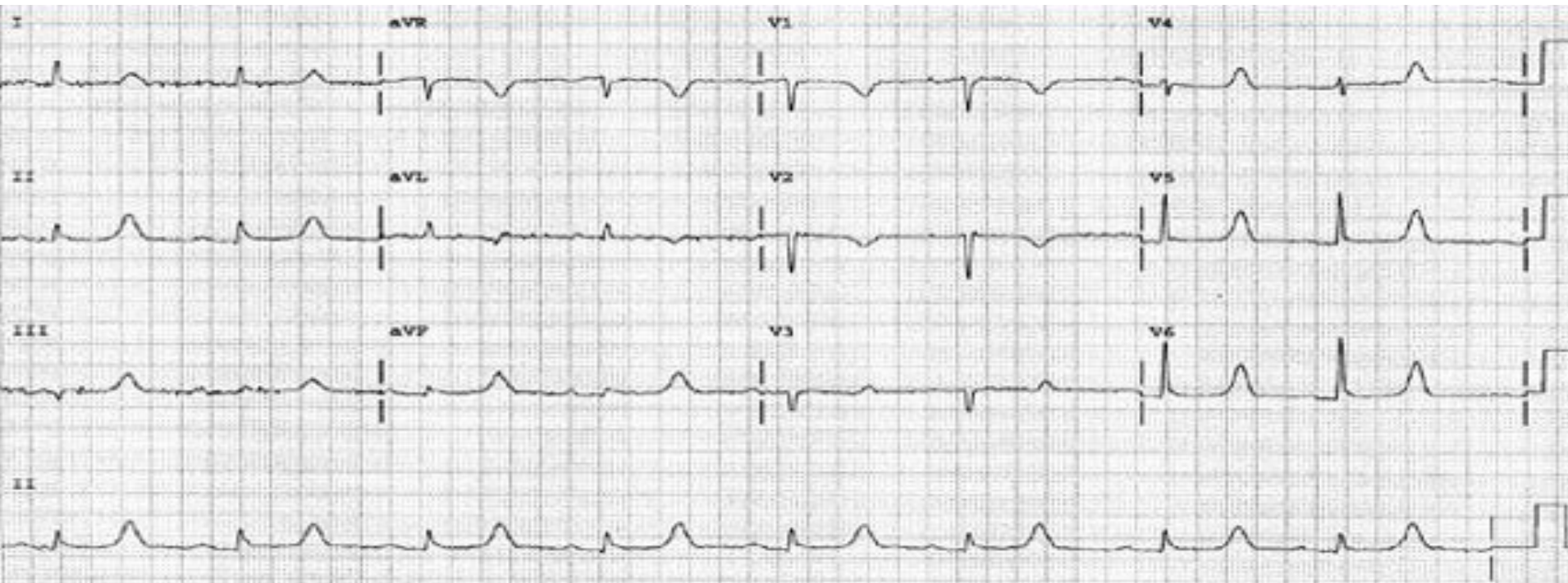
Q-oTc interval prolongation is observed; defined as the interval between QRS complex onset and T wave onset.



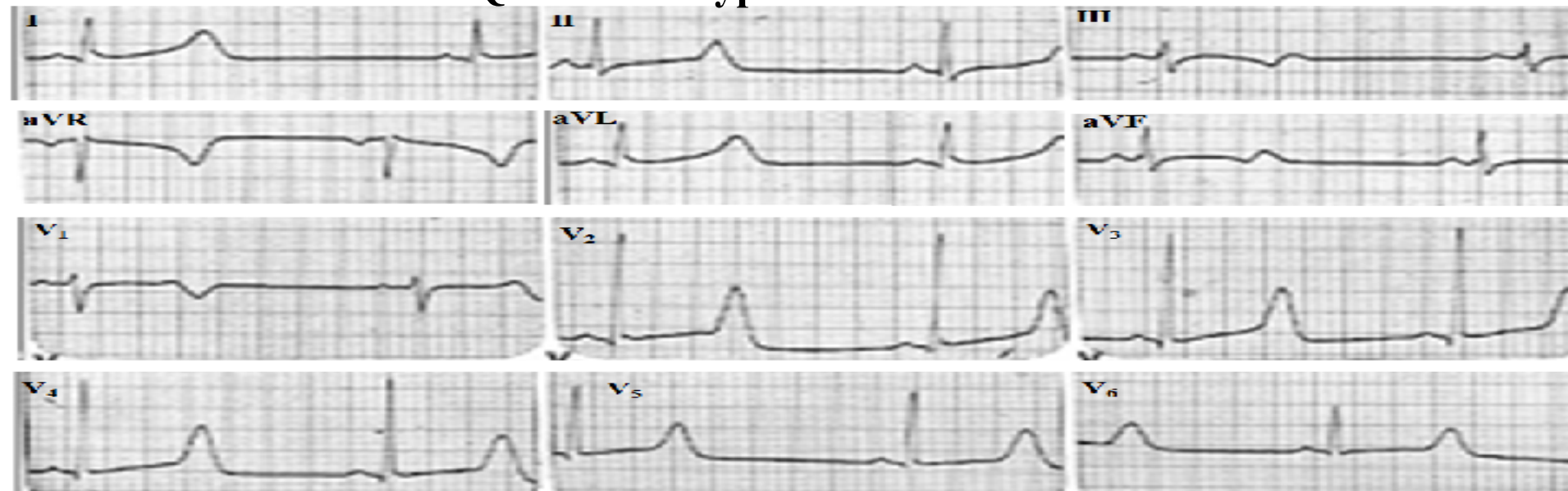
Q-oTc interval prolongation: interval that extends from QRS onset up to T wave onset, corrected by HR.

Q-aTc interval prolongation: interval that extends from QRS onset up to apex T wave corrected by HR.

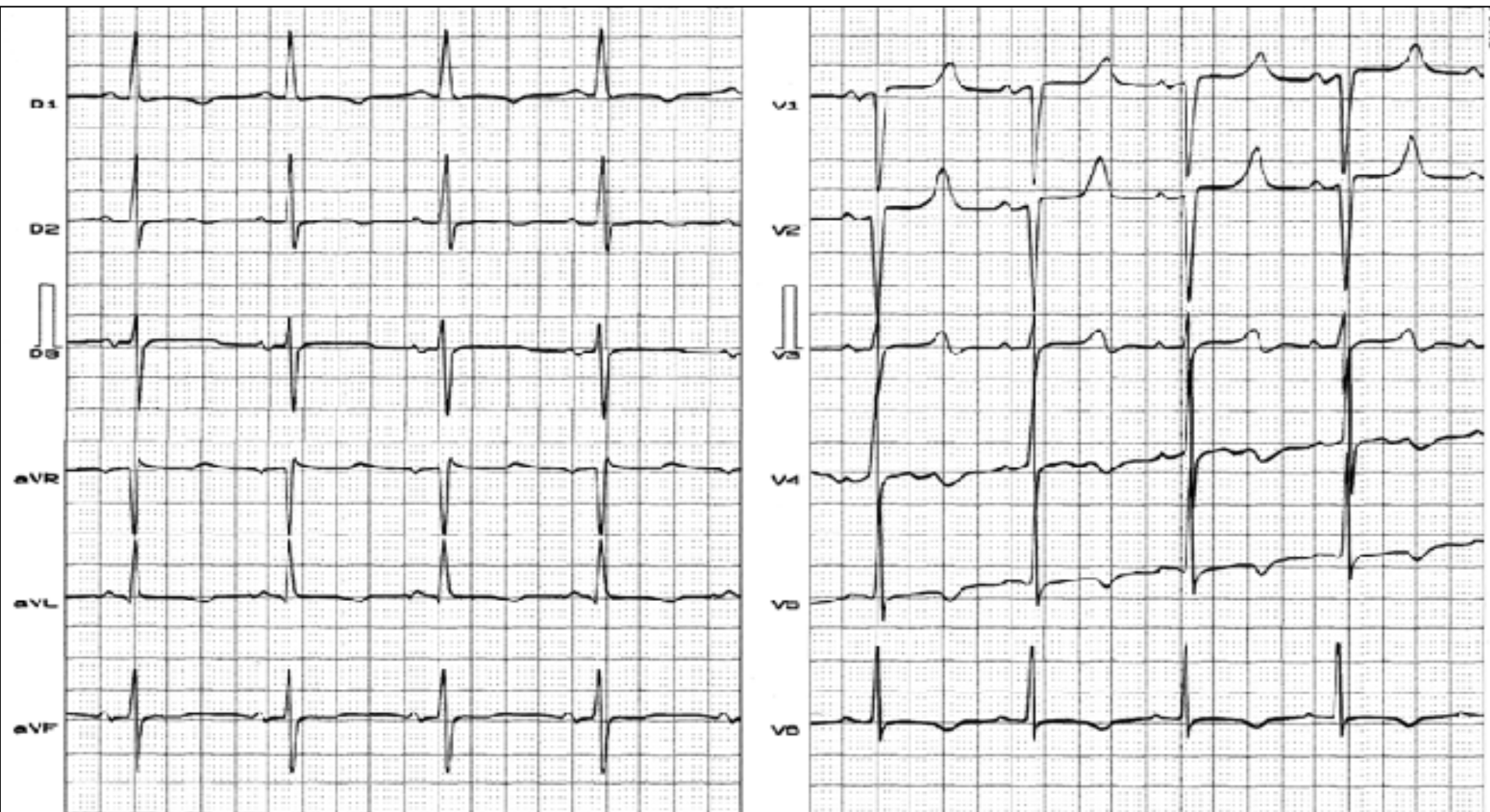
Hypocalcemia ECG



LQT3 ECG: hypocalcemic-like ECG



Name: AR; **Date:** 08/11/2001; **Sex:** F; **Age:** 53 y/o; **Ethnic group:** Caucasian; **Weight:** 88 Kg;
Height: 1.60 m; **Biotype:** Endomorph; Complete jejune; nasogastric probe, omeprazole



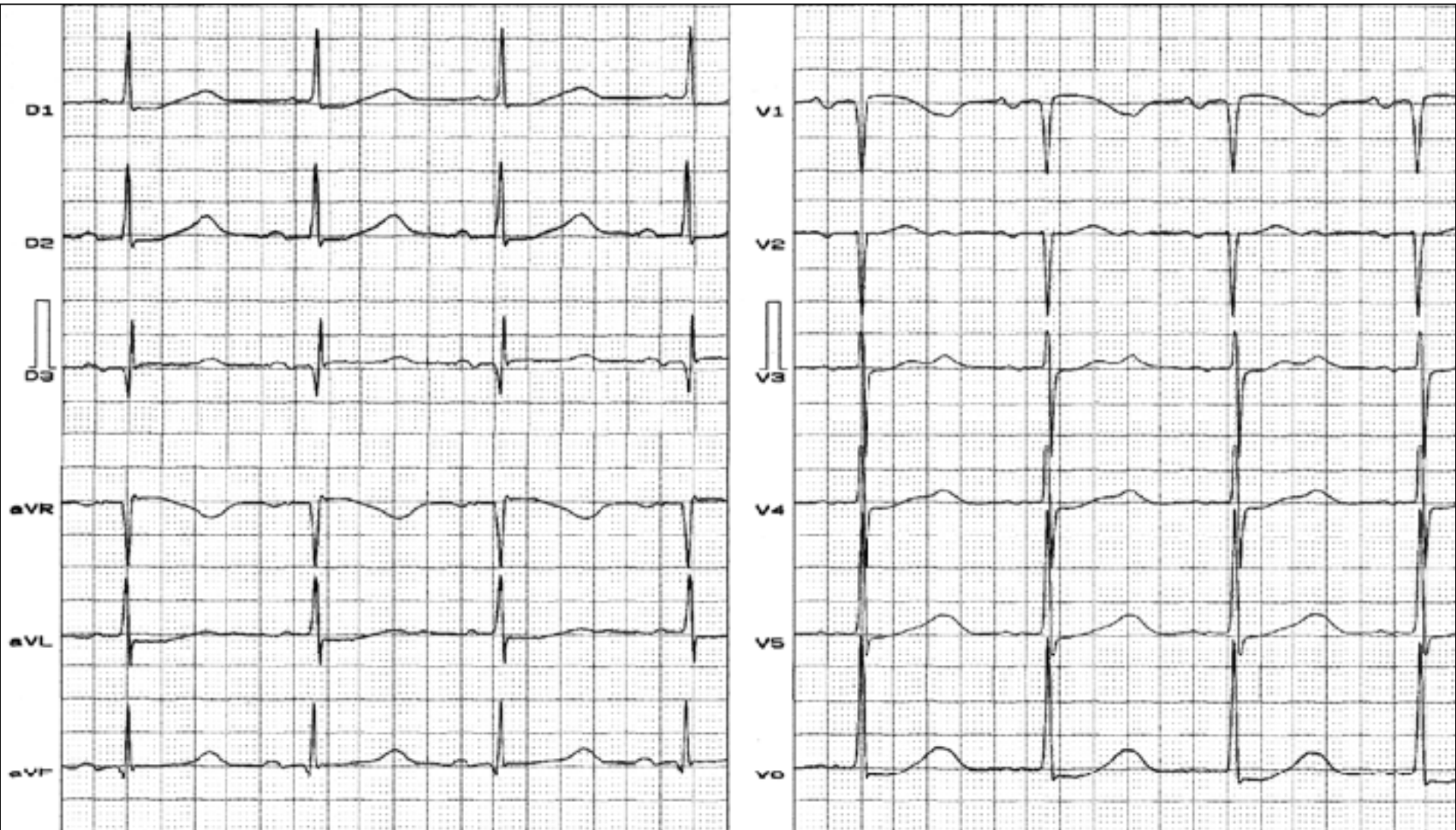
Clinical diagnosis: acute pancreatitis with secondary hypocalcemia. $\text{Ca}^{2+} < 8 \text{ mg/dL}$.

ECG diagnosis: sinus rhythm, HR: 70 bpm, PR interval: 160 ms, QRS duration: 90 ms, long QT interval (480 ms) at the expense of ST segment.

Note: the association of long QT interval with relatively narrow and inverted T wave (I, II, aVL, and V5-V6) is very suggestive of hypocalcemia.

3) LQTS secondary to drugs (antiarrhythmic agent: amiodarone)

ECG with long QT interval by chronic use of amiodarone

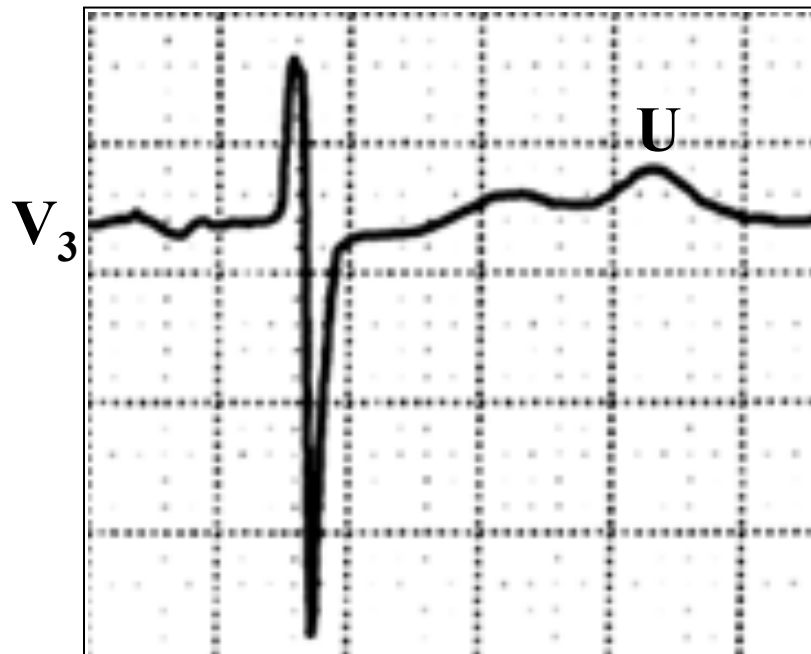


LAE; PR interval: 190 ms; QRS complex: 104 ms; long QT interval 520 ms; QT interval + U: 716 ms; T and U wave are difficult to differentiate; notch is observed between the end of T wave and the onset of the U wave.

Secondary or iatrogenic forms

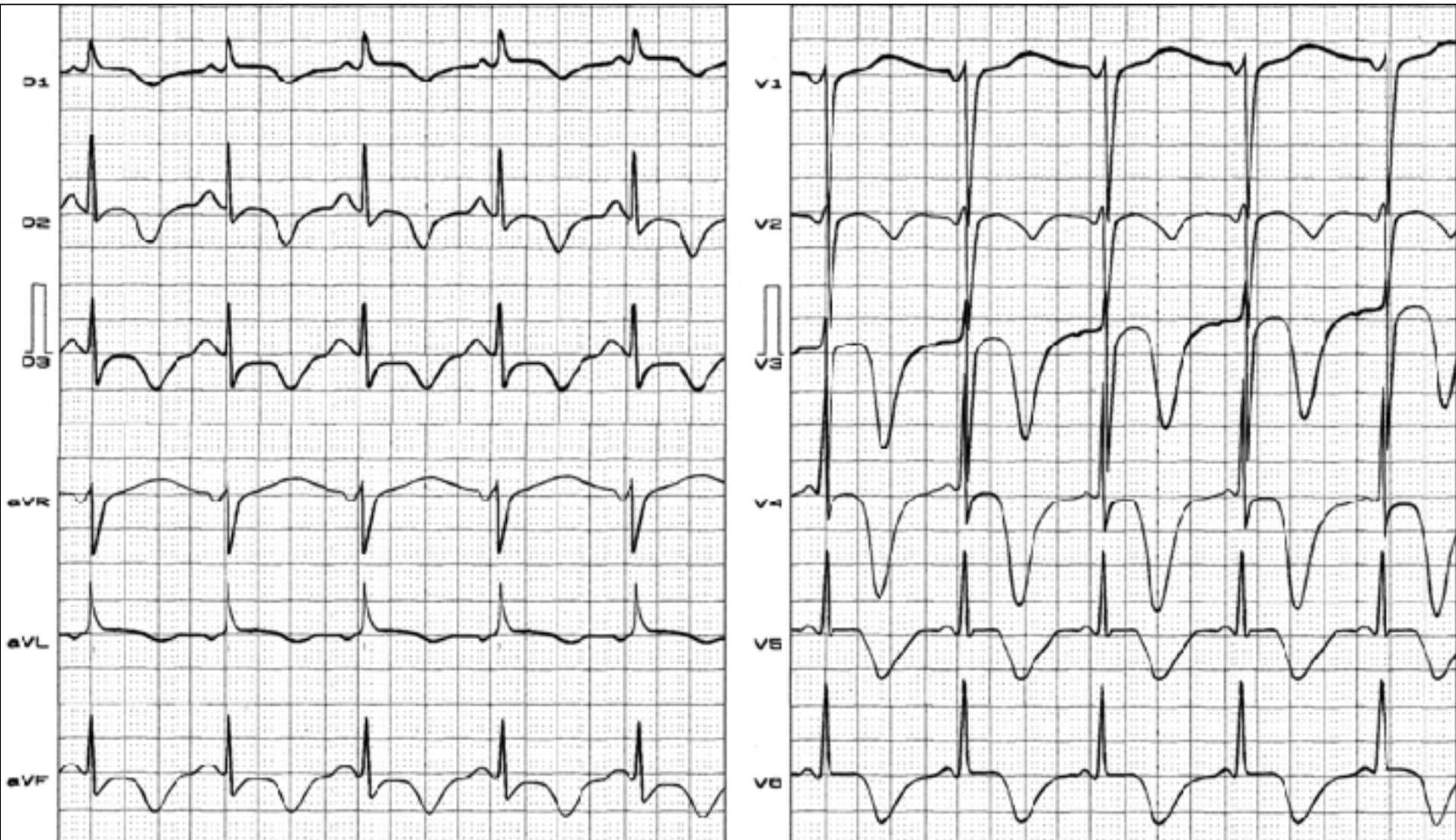
Antiarrhythmic agents: amiodarone

Typical ventricular repolarization with chronic use of amiodarone



4) LQTS secondary to central nervous system diseases

Name: EAD; **Age:** 68 y/o; **Sex:** F; **Ethnic group:** Caucasian; **Date:** 01/21/1999; **Weight:** 65 Kg;
Height: 1.65 m; **Medication in use:** Enalapril + Hydrochlorothiazide



Clinical diagnosis: subarachnoid hemorrhage.

ECG diagnosis: long QT interval, great-width and inverted T waves: giant T waves.

Electrovectrocardiographic aspect of congenital Short QT syndrome

Introduction

Congenital Short QT syndrome (SQTS) is an hereditary, congenital, familial or sporadic orphan entity which is part of the so-called ion channel defects or channelopathies with dominant autosomal or sporadic and genetically heterogeneous both from genotypic and phenotypic point of view, which affects the electric system of the heart, and where the hallmark of the disease is a very short QT/QTc interval on the electrocardiogram in potassium genetic forms and relatively short QT/QTc in calcium forms. A universally accepted diagnostic cut off value of a short QT interval has not been defined. (QTc interval $\leq 340\text{--}360$ ms?) (Giustetto 2011). Additionally, characteristically, the heart rate is not significantly modified with heart rate changes (Kobza 2009), and sometimes the T waves have great voltage, narrow base, which resemble T wave in “desert tent” of mild hyperkalemia. The entity is clinically characterized by a large set of signs and symptoms, such as syncope, sudden cardiac death and palpitations dizziness and high tendency to appearance of episodes of paroxysmal runs of atrial fibrillation.

From the structural point of view, the heart is normal and electrophysiologically, there is significant shortening of refractory periods of atria and ventricles, being inducible (sustained VF) by programmed stimulation.

A few families have been identified, with several types existing: To date mutations in seven genes has been reported to associate with SQTS: HERG or KCNH2 (SQT1), KCNQ1 (SQT2). KCNJ2 (SQT3), CACNA1C (SQT4), CACNB2b (SQT5) *CACNA2D1* (SQT6) and Caveolin-3 (SQT7), They have been labeled SQT1-SQT7 based on the chronology of their discovery. Table 1

SQT Variant	QTc duration	Gene symbol and effect	Author
SQT 1	260-280 ms	hERG (human ether-ã-go-go-related gene KCNH2 (I _{ks}))	Brugada R et al. Circulation. 2004 Jan 6;109(1):30-5
SQT 2	290 ms	(I _{kl})	Bellocq C, et al. Circulation. 2004;109:2394
SQT 3	315-320 ms	KCNJ12 (Kir2.2) i	Priori SG et al. Circ Res. 2005 Apr 15;96(7):800-7.
SQT 4	331-370 ms	CACNA1C(I _{Ca} ²⁺)	Antzelevitch C et al. Circulation 2007;115:442
SQT 5	346-360 ms	CACNB2b (ICa2+) loss-of-function	Antzelevitch C et al. Circulation 2007;115:442.
SQT 6	329 ms	(I _{Ca} ²⁺)	Templin C et al. Eur Heart J. 2011 May;32(9):1077-88.
SQT 7	320 ms	caveolin-3	Barajas-Martinez H. 2015.

SQT Variant	OMIM	Gene name	Locus
SQT 1	#609620	KCNH2	7q36.1
SQT 2	#609621	KCNQ1	11p15.5-p15.4
SQT 3	#609622	KCNJ2	17q23
SQT 4	#600919	CACNA1C	11q23-q24
SQT 5	#600003	CACNB2b	10p12.33-p12.31
SQT 6	# 114204	CACNA2D1	7q21.11
SQT 7	?	CAVE3	?

SQT Variant	OMIM	Gene name	Protein & subunit	Channel affected and functional abnormality
SQT 1	#609620	Potassium voltage-gated channel, subfamily H, member 2	Kv11.1 alpha	Alpha subunit of the rapid component of cardiac delayed rectifier potassium channel (IKr) Gain of function
SQT 2	#609621	Potassium voltage-gated channel, KQT-like subfamily, member 1.	Kv7.2 alpha	Slow delayed rectifier potassium channel. Gain of function
SQT3	#609622	Potassium inwardly-rectifying channel, subfamily J, member 2	Kir2.1 alpha	Inward rectifier current (I_{K1}) Potassium (I_{K1}) cardiac Kir channels. Gain of function.
SQT4	#600919			L-type calcium channel, α -subunit
SQT5	#600003			L-type calcium channel, β -subunit
SQT6	# 114204			L-type calcium channel subunit
SQT7	?			Late I_{to}

The four mutations on potassium channels called SQT1 (I_{ks}), SQT2 (I_{kr}) SQT3 (I_{k1}) and SQT7 are the opposite of long QT syndrome or genetic mirror image of long QT syndrome type 2, type 1, type 7 or (Andersen-Tawil syndrome) and LQT 9 respectively because they exert opposite gain-of-function effects on the delayed rectifier potassium current (I_{Kr} and I_{Ks}) and cardiac inwardly rectifying K^+ current(I_{K1}) in contrast to the loss-of-function of the potassium channels in the long QT syndromes.

Initial outward potassium channel in phase 1

Phase 1: This phase presents significant notch in epicardial and midmyocardial cells, and it is mediated by the I_{TO} channel. It is responsible for the Osborn wave of hypothermia & by J point elevation in Brugada syndrome and early repolarization syndromes.

This phase 1 coincides with the J point in surface ECG, and it occurs close to 0 mV.

The I_{to1} channel is voltage-dependent. Thus, its activation occurs in the range between -30 mV and $+10$ mV. In phase 1 a discrete and declining inflow of Na^+ is still observed, as well as slow “in crescendo” onset of K^+ outflow through the so-called I_{to1} channel or transient outward current, or 4-aminopyridine-sensitive outward current.

The I_{to1} channel is also found in atrial cells.

Ito channel subtypes

- I. I_{to1} , I_A , transient outward K^+ current activated during phase 1, or channel sensitive to 4 aminopyridine (4-AP): Activated by voltage, modulated by neurotransmitters & blocked by 4-aminopyridine (4AP), quinidine & flecainidide, known as I_{to1} . With the two varieties: $I_{to-fast}$ that activates and inactivates quickly, and the I_{to-s} (slow) or $I_{to-slow}$ that activates and inactivates slowly. During phase 1, even being polyionic, occurs mainly by the early transient outflow of the K^+ cation, or transient outward K^+ current, by a channel known as I_{to} , I_{to1} , $I_{to-fast}$, I_{to-f} , or I_{toA} . This channel is voltage-dependent (i.e. controlled by voltage), and its activation occurs in a range from -10 mV and $+30$ mV. It has a rapid activation and inactivation kinetics, and is blocked among others (sensitive to) 4-aminopyridine, and manifests at the end of ventricular depolarization, and the onset of ventricular repolarization, which corresponds in surface ECG to the J point (from the word Junction), located between the end of the QRS complex and the onset of the ST segment.

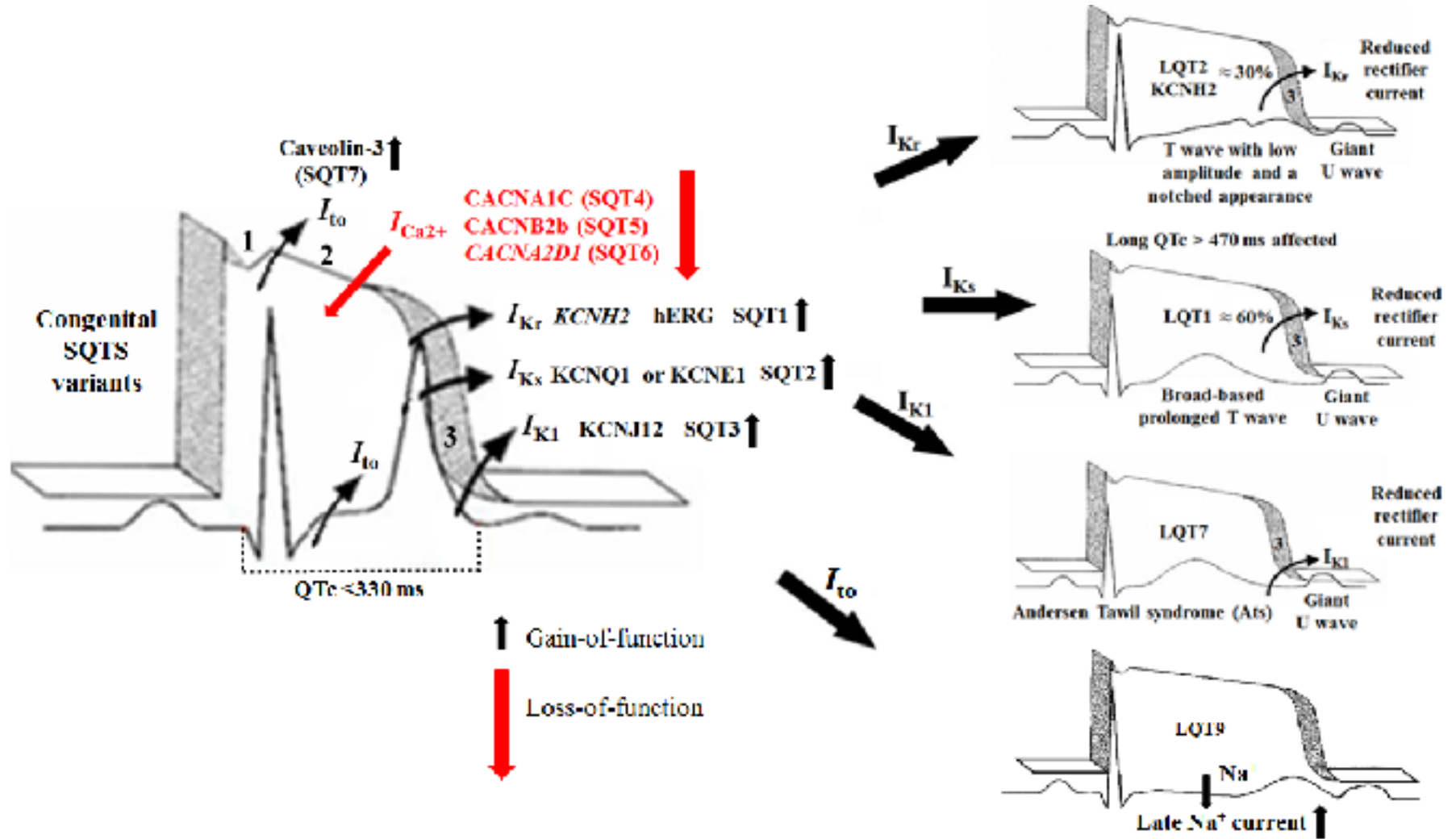
II. I_{to2} or $I_{Cl.Ca}$, channel of Cl^- activated by Ca^{2+} - slow transient outward K^+ current or 4-aminopyridine-resistant transient outward current – transported by Cl^- anions: Modulated by the percentage of intracellular Ca^{++} . Known as I_{to2} characterized by being smaller, activated more slowly & inactivated more quickly. Its ion base could be conditioned predominantly by Cl^- outflow by the so-called I_{Cl} - channel. This channel is magnified by adrenergic stimulation. A new class of antiarrhythmic agent was described classified as class V, which selectively blocks the Cl^- channel (I_{Cl}). Its representative is anilidine.

The table shows the characteristics of I_{to1} and I_{to2} currents

I_{to1} channel of AP of ventricular myocardium						
Cation		α subunit protein	Cation		α subunit protein	Cation
K^+	Transient rapid outflow I_{to1} current	pore-forming protein isoforms Kv4.3/4.2K _v 4.2 and Kv4.3 Probable clone.	K^+	Transient rapid outflow I_{to1} current	pore-forming protein isoforms Kv4.3/4.2K _v 4.2 and Kv4.3 Probable clone.	K^+
K^+	Transient slow outflow I_{to2} current	Pore-forming protein isoforms Kv1.4.	K^+	Transient slow outflow I_{to2} current	Pore-forming protein isoforms Kv1.4.	K^+

- III. ICLcAMP or time-independent Cl⁻ channel regulated by cAMP/adenylate cyclase. $I_{Cl\ AMPc}$ or time-independent chloride (Cl⁻) channel, cAMP-activated Cl⁻ current. The channel is activated by the increase of intracellular concentration of AMPc. It is involved in cell volume, blood volume regulation, and regulation of osmolarity and type 1 response to cell chemical stimuli (Carpenter 1997). The channel depolarizes slightly the resting potential, and significantly shortens AP duration, and antagonizes AP prolongation mediated by β -stimulation.
- IV. $I_{Cl\ edema}$ or $I_{Cl\ SWELL}$, swelling-activated chloride channel, swelling-activated, outward rectifying chloride channel. This channel belongs to the category of stretch-activated ion channels. It is inhibited by anthracene-9-carboxylic acid, tamoxifen, or natriuretic peptide precursor B (NPPB), and by diisothiocyanatostilbene-2.2'-disulphonic acid (DDSA) (Wang 2006). It shortens AP and causes depolarization.
- V. Na⁺ outflow through the Na⁺/Ca²⁺ exchanger channel operated reversely. Inward Na⁺ through Na⁺/Ca²⁺ exchanger channel, operating in a reverse way.

Schimpf et al reviewed the clinical, electrophysiologic, and molecular features of 15 reported cases and 2 unpublished cases of short QT syndrome type 1, 2, and 3 (609622) (Schimpf 2005).



The figure shows the representation of monophasic action potentials and ECGs of the four congenital SQTs potassium channels variants and their respective counterparts LQTS variants (mirror image):

- Congenital SQT1: I_{K_r} : LQT2
- Congenital SQT2: I_{K_s} : LQT1
- Congenital SQT3: I_{K_1} : LQT7 or Andersen-Tawil Syndrome
- Congenital SQT7: I_{to} : LQT9 Caviolin-3

And the three calcium channel variants: CACNA1C (SQT4), CACNB2b (SQT5), and CACNA2D1 (SQT6).

Short QT syndrome type-1 phenotype SQT1 (I_{Ks})

Gussak et al ([Gussak 2000](#)) reported a brother, sister and their mother who had idiopathic persistently short QT interval, which was associated in the 17-year-old sister with several episodes of paroxysmal atrial fibrillation requiring cardioversion. All 3 patients had QT intervals of less than 80% of predicted value (280 ms, 272 ms, and 260 ms in the sister, brother, and mother, respectively). Similar ECG changes (QT interval, 260 ms) in an unrelated 37-year-old female were associated with SCD. Hong et al ([Hong 2005](#)) reported that in the family originally studied by Gussak et al, the deceased maternal grandfather also had short QT interval and chronic AF. Programmed electrical stimulation in the mother and two sibs revealed a very short atrial and ventricular refractory period and inducibility of atrial and ventricular fibrillation. All three affected members of the family received implantable cardioverter defibrillators, and treatment with propafenone maintained them free of AF.

Gaita et al ([Gaita 2003](#)) described 2 unrelated 5-generation pedigrees with a strong family history of SCD and an idiopathic very short QT interval on ECG without structural heart disease. Manifestations included syncope, palpitations, and cardiac arrest. SCD occurred in both males and females over 4 generations with father-to-son transmission in both families, suggesting an autosomal dominant mode of inheritance. Six patients underwent extensive evaluation; all exhibited a QT interval ≤ 280 ms on ECG and had short atrial and ventricular refractory periods; increased ventricular vulnerability to atrial and ventricular fibrillation in 3 of 4 patients.

SQT1 is caused by a gain of function substitution in the HERG (human Ether-a-go-go Related Gene, in *italic* or KCNNH2 in the new nomenclature) is the gene that encodes the pore-forming alpha subunit of a voltage-gated potassium channel. (I_{Kr}) OMIM #609620, SQT1 was first described in January of 2004 by Brugada et al ([Brugada 2004](#)). The authors identified two different missense mutations in two families resulting in the same amino acid change (N588K) in the S5-P loop region of the cardiac IKr channel HERG (KCNH2). The mutations dramatically increase IKr, leading to heterogeneous abbreviation of action potential duration and refractoriness, and reduce the affinity of the channels to IKr blockers. The occurrence of sudden cardiac death in the first 12 months of life in two patients suggests the possibility of a link between KCNNH2 gain of function mutations and sudden infant death syndrome.

Short QT syndrome type-2 phenotype SQT2 (I_{Kr})

It was first reported in 2004 by Bellocq et al ([Bellocq 2004](#); [Hong 2005](#)), a 70-year-old man who was successfully resuscitated after an episode of ventricular fibrillation. A short QT interval on a subsequent ECG (290 ms) and on every ECG through 3 years of follow-up was noted. He had no prior symptoms and no other physical or physiologic abnormalities, and his family history was unremarkable. These authors presented an alternative molecular mechanism for a patient with short QT and ventricular fibrillation: a gain of function mutation in KCNQ1 that enhanced I_K s current. However, there are few and sporadic cases of this variant documented. caused by a gain of function substitution in the KvLQT1 (I_{Ks}) channel. OMIM: #609621. The authors identified a missense mutation in the KCNQ1 gene (607542.0037).

Short QT syndrome type-3 phenotype SQT3 (I_{K1})

Priori et al. identified a missense mutation in the KCNJ2 gene (600681.0010). The mutation was not present in the unaffected mother or in the paternal grandparents, indicating that it may have occurred de novo in the father ([Priori 2005](#)). The affected members of a single family had a G514A substitution in the *KCNJ2* gene that resulted in a change from aspartic acid to asparagine at position 172 (D172N). This is the third variant of the short QT syndrome (SQT3). These mutations were observed in two patients: an asymptomatic 5-year-old girl who was found to have an abnormal ECG on routine clinical evaluation, with a markedly short QT interval (315 ms) and narrow base and peaked T waves. Her 35-year-old father had a short QT interval (320 ms) and a history of nearsyncopal episodes and palpitations since adolescence. ECGs of the proband and her father were characterized by asymmetric T waves with a rather normal ascending ramp and a remarkably rapid descending terminal ramp, a pattern also observed in his father at age 15. The mother and the paternal grandparents had unremarkable ECGs and reported no family histories of sudden death. A genetic defect in the KCNJ2 gene caused a significant increase in the outward I_{K1} current leading to an acceleration of the final phase of the repolarization. A study describes a novel heterozygous gain-of-function mutation in the inward rectifier potassium channel gene, KCNJ2, mutation, M301K, associated with SQTs ([Hattori 2012](#)). Another mutation describe a mutation (E299V) in *KCNJ2*, the gene that encodes the strong inward rectifier K^+ channel protein (Kir2.1) ([Deo 2013](#)).

Proarrhythmic action potential changes were observed with both loss-of-function and gain-of-function I_{K1} ($K_{ir2.2}$), as associated with Andersen-Tawil syndrome type 1 (ATS OMIM #170390) (LQT7) and short QT syndrome type 3 respectively (Pérez Riera 2013).

L-type calcium channel (LTCC) mutations

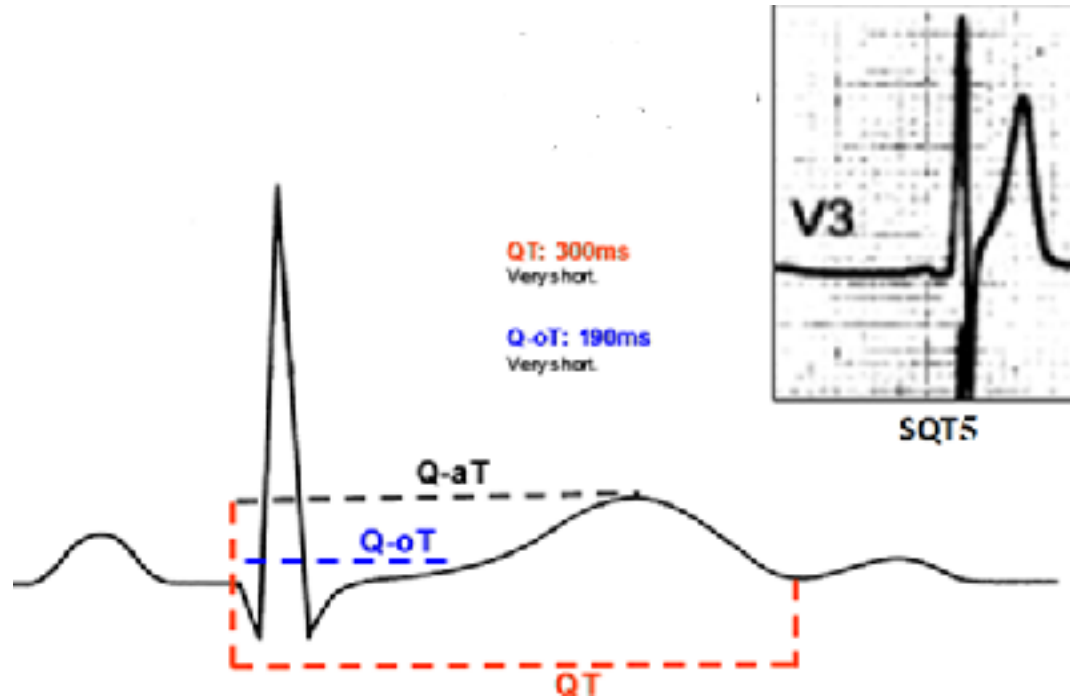
It have been associated with Brugada syndrome (BrS), short QT syndrome, and Timothy syndrome (LQT8). The mutations in the LTCCs are detected in a high percentage of probands with J-wave syndromes associated with inherited cardiac arrhythmias, suggesting that genetic screening of Ca(v) genes may be a valuable diagnostic tool in identifying individuals at risk. CACNA2D1 is a novel BrS susceptibility gene and CACNA1C, CACNB2, and CACNA2D1 are possible novel ERS susceptibility genes (Burashnikov 2010). Mutations with loss-of-function in the cardiac L-type calcium channel gene I_{Ca} by a genetic mutation in CACNB2b or *CACNA1C* can result in Brugada Syndrome (BrS) and a shorter than normal QT interval or in an in fant BrS phenotype without QT interval because it is accompanied by another genetic mutation leading to a loss of function in I_{Ks} . Calcium channel mutations are SQT4; SQT5 and SQT6 often produce a combined phenotype of SQTs/Brugada syndrome. The Brugada Syndrome phenotype and a family history for sudden cardiac death was associated with $QTc \leq 360$ ms (Antzelevitch 2007). In these three cases a mutation in genes encoding the $\alpha 1$ - or $\beta 2b$ - subunits of the cardiac L-type calcium channel were identified and specifically a mutation on CACNB2b (S481L) and two mutations on CACNA1C (A39V and G490R). In order to determine the contribution of each mutation to the clinical phenotype, each of the WT and mutated CACNA1C and CACNB2b mutations were expressed in CHO cells. The results of patch-clamp experiments indicate that all the mutations cause a major loss of function in calcium channel activity. The QTc observed in these three cases and in affected family members ranged from 330 to 370 ms, a QTc longer than what was observed in other SQTs families. Accordingly, it seems premature to consider CACNB2b and CACNA1C as SQTs genes, but it is probably more appropriate to define what Antzelevitch et al observed as a new clinical entity, characterized by overlapping phenotypes.

Mutation on CACNA1C pathogenic variants have been associated with Timothy syndrome (LQT8), a novel disorder characterized by multiorgan dysfunction including lethal arrhythmias, webbing of fingers and toes, congenital heart disease, immune deficiency, intermittent hypoglycemia, cognitive abnormalities, and autism. In every case, Timothy syndrome results from the identical, de novo Ca(V)1.2 missense mutation G406R. Ca(V)1.2 is expressed in all affected tissues ([Splawski 2004](#)).

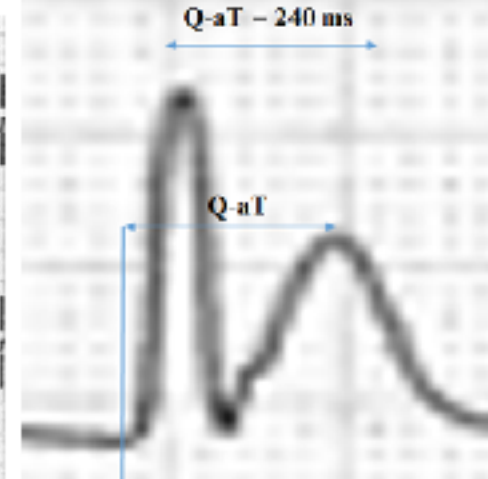
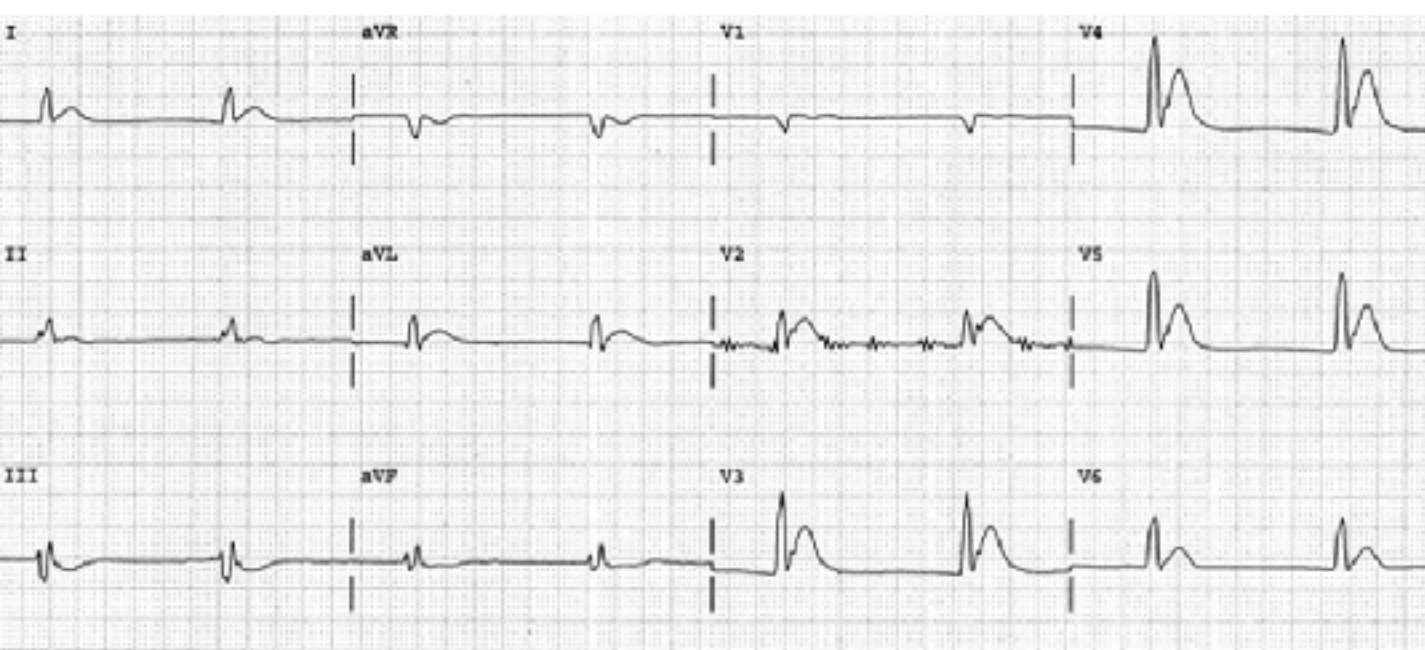
SQT4: Gene symbol: *CACNB2b* (I_{Ca}) Gene name: Calcium channel voltage-dependent, beta 2 subunit/ ([Antzelevitch 2007](#)).

SQT Variant	QTc duration	Gene symbol and effect	Author
SQT 4	331-370ms	CACNA1C	Antzelevitch C et al. Circulation 2007;115:442
SQT 5	346-360 ms	CACNB2b (I_{Ca}) loss-of-function	Antzelevitch C et al. Circulation 2007;115:442.

Genetic and heterologous expression studies revealed loss-of-function missense mutations in CACNA1C (A39V and G490R) and CACNB2 (S481L) encoding the alpha1- and beta2b-subunits of the L-type calcium channel. The first report of loss-of-function mutations in genes encoding the cardiac L-type calcium channel associated with a familial sudden cardiac death syndrome in which a Brugada syndrome phenotype is combined with shorter-than-normal QT intervals (331-370).



Missense mutations in CACNA1C (A39V and G490R) and CACNB2 (S481L) encoding the $\alpha 1$ - and $\beta 2b$ -subunits of the L-type calcium channel. We observe that these mutations have a Q-aT interval extremely short(240ms) and ST segment absent, consequently the genotype has an hypercalcemic like” phenotype because Q-aT values < 270 ms are typical of severe hypercalcemia.



12-lead ECG of a patient with severe hypercalcemia showing marked shortening of the QT interval ($QT_c = 260\text{ms}$) and Q-aT values $< 270\text{ ms}$ (Pfeiffer 2007).

SQT5: Gene symbol: *CACNA1C* (I_{Ca}) **Gene name:** Calcium channel. voltage-dependent, L type, alpha 1C subunit Antzelevitch et al. *Circulation* 115: 442, 2007.

SQT 6: Gene symbol: *CACNA2D1* (I_{Ca}): **Gene name** Calcium channel voltage-dependent alpha 2/delta subunit 1 (Templin 2011). Additionally, mutation in *CACNA2D1* have been associated with malignant hyperthermia susceptibility (Robinson 2000), and early repolarization syndrome (Burashnikov 2010).

For the diagnosis of SQTs, especially with border- line shortened QT intervals, acquired causes of short QT interval should be excluded. Table

Acquired and other genetic causes of short QT/QTc interval

Hyperkalemia (mild elevations of serum potassium < 6.5 mEq/L,) Consequence of narrow-based, peaked T waves. T waves with short duration, approximately 150 to 250 msec,

Hypercalcemia

Hyperthermia

Acidosis

Effect of catecholamine

Toxicity and digitalis effect. PR prolongation is commonly present. Additionally, characteristic sagging, “coved,” or “scooped” appearance of the asymmetric and downsloping ST depression, which resembles a reversed check mark (Cheng 2004; Garberoglio 2007).

Autonomic tone alterations

in response to atropine

Dysautonomia of Chronic Fatigue Syndrome with QTc mean values of 371 a 384 ms (Naschitz 2006).

Selective K^{+}_{ATP} channel activation* ATP-dependent potassium channel openers such as pinacidil and levromakalim have long been known to shorten action potential duration and to be profibrillatory in non-clinical models

Activation of K_{ACh} caused by strong parasympathetic stimuli to the heart

Klinefelter syndrome (KS) It is a sex chromosomal aneuploidy (47,XXY) affecting 1/660 males.

QTc was shortest among testosterone treated males with KS, while untreated and thus hypogonadal KS had QTc interval comparable to controls (Jørgensen 2015).

Rufinamide, a recently approved anticonvulsant, illustrates the current regulatory approach to drugs that shorten QT interval (Schimpf 2012).

Short QT interval in other channelopathies:

- **Idiopathic Ventricular Fibrillation:** "Short" QTc values are commonly seen in male patients with idiopathic VF. However, "short" QTc values are not rare among healthy adults, especially at slow heart rates. Viskin et al ([Viskin 2004](#)) demonstrated that male patients with idiopathic ventricular fibrillation had shorter QT intervals (371 ± 22 ms) and suggested gender-specific cutoff values (QTc interval < 360 ms for men; QTc interval < 370 ms for women) for a short QT interval.
- **Brugada Syndrome 3:** It is caused by heterozygous mutation in the gene encoding the alpha-1C subunit of the L-type voltage-dependent calcium channel (CACNA1C; 114205) on chromosome 12p13. Antzelevitch et al ([Antzelevitch 2007](#)) reported two probands with Brugada syndrome who also had shortened QT intervals. One was a 41-year-old man of Turkish descent who presented with AF and a QTc of 346 ms. Ajmaline administration led to further elevation of the ST segments on right precordial leads, and monomorphic VT. The patient had a brother who died of cardiac arrest at 45 years of age, and two daughters with short QTc intervals (360 and 373 ms, respectively). The other proband was a 44-year-old man of European descent who had ST segment elevation in V1, saddleback ST segment elevation in V2, a prominent J wave in III, and a short QTc of 360 ms. He was also diagnosed with facioscapulohumeral muscular dystrophy. His mother had 2 syncopal episodes at age 48 that resulted in SCD; his father, 2 sibs, and 3 children declined examination but reportedly did not exhibit the Brugada phenotype.
- **Early Repolarization Syndrome:** Classically, early repolarization (ER), defined as an elevation of the QRS-ST junction (J-point) of at least 1.0 mm (0.1 mV) from baseline in the inferior or lateral lead, manifest as QRS slurring or notching, is a common ECG finding that is generally considered to be benign but may be associated with VF in some patients. Careful attention be paid to patients with ER and J-point elevations > 2.0 mm, particularly in patients with otherwise unexplained arrhythmias or a family history of unexplained SCD. Patients with ER were more likely to be male, to have experienced symptoms during sleep, and to have a shorter QTc interval than those without ER. Nowadays it is not necessary the presence of ST segment elevation for the diagnosis of ER ([Pérez 2012](#)).

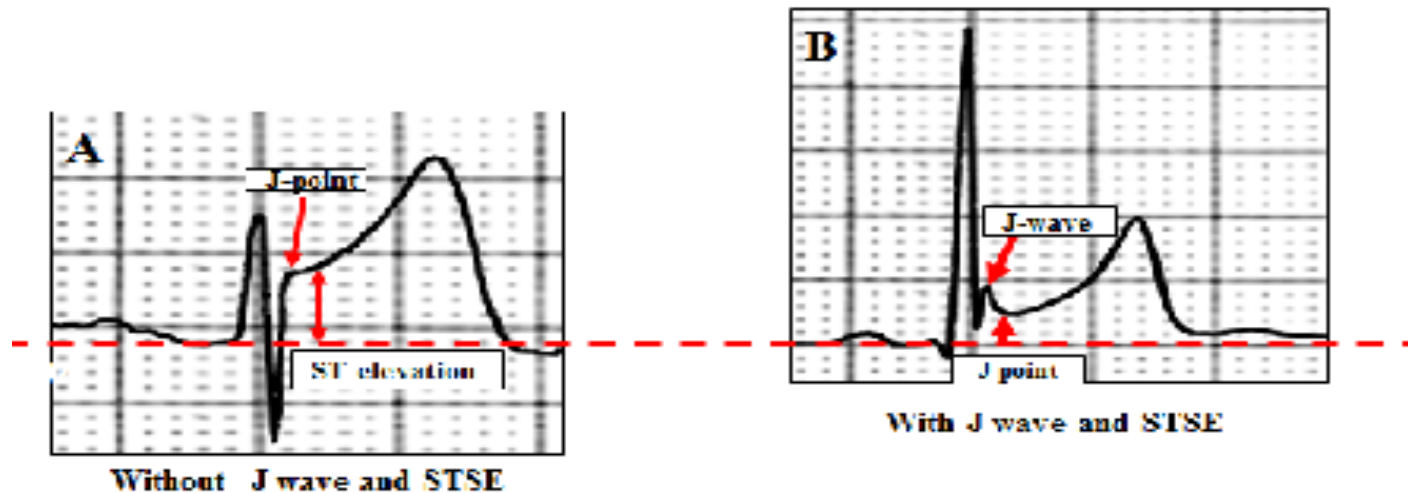
A and B classic definition of ER always with ST segment elevation

- A) ER with only ST segment elevation.
- B) ER with ST segment elevation and J-point at the end of J wave.

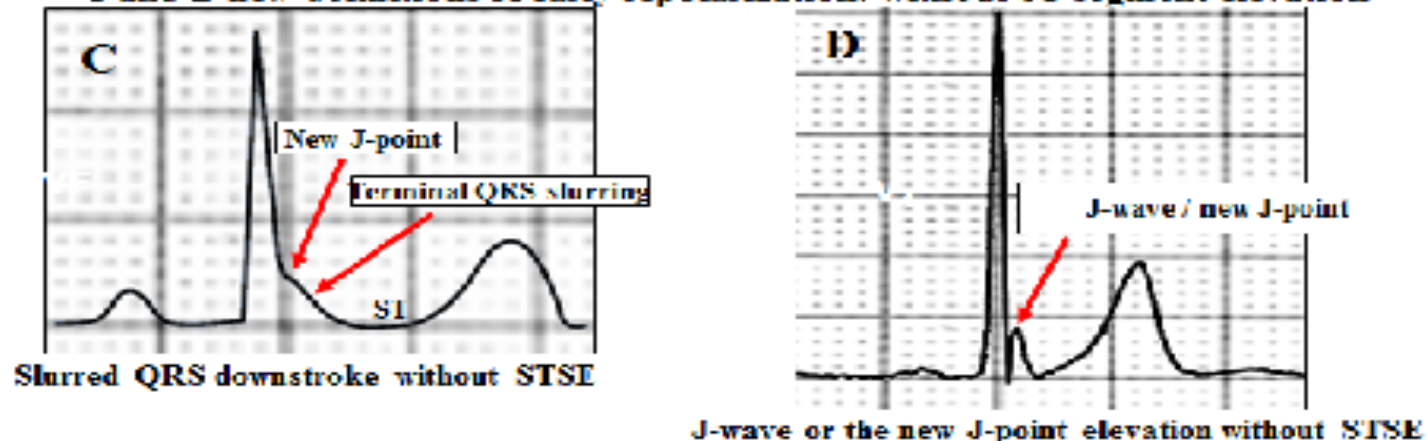
C and D New concept of ER without ST segment elevation

- C) J-point elevation and terminal QRS slurring without ST segment elevation.
- D) J-wave without ST segment elevation.

A and B classic definition of early repolarization: with ST segment elevation



C and D new definitions of early repolarization: without ST segment elevation



*SarcK_{ATP} are composed of eight protein subunits (octamer). Four of these are members of the inward-rectifier potassium ion channel family K_{ir}6.x (either K_{ir}6.1 or K_{ir}6.2), while the other four are sulfonylurea receptors (SUR1, SUR2A, and SUR2B Inagaki N, Gono T, Clement JP, Namba N, Inazawa J, Gonzalez G, Aguilar-Bryan L, Seino S, Bryan J (November 1995). "Reconstitution of IKATP: an inward rectifier subunit plus the sulfonylurea receptor". Science. 1995 Nov 17;270(5239):1166-70.

The main features of congenital SQTs are:

- Absence of structural heart disease
- Familial clinical-electrocardiographic entity
- Autosomal dominant inheritance or sporadic, and genetically heterogeneous
- Constant and uniform very short QT and QTc intervals (QTc interval ≤ 330 ms)
- Positive family history for sudden cardiac death (SCD)
- Manifested by syncope, sudden death, dizziness and high tendency to appearance of episodes of paroxysmal runs of atrial fibrillation (AF)
- The response to exercise testing is a slight reduction of the QT interval during the increase in heart rate.
- Short refractory periods and tendency for inducible AF and VF were seen in electric physiological studies (EPSs).
- Autopsy did not reveal any structural heart disease

Electrocardiographic and electrophysiological features

The study of ECG abnormalities in channelopathies showed characteristic phenotypic traits, which in combination with information derived from molecular genetics, have allowed using the ECG as a prognostic tool as well as a diagnostic test. The assessment of genotype-phenotype correlations in inherited arrhythmogenic diseases has allowed to advance the idea of the ECG as an inheritable trait. Such heritable quantitative traits are potentially related to the risk of sudden death in the general population, which is known to have a familial predisposition (Napolitano 2014).

I) Very Short QTc/QT interval

The QT interval or electric systole: interval that extends between the first recognizable part of QRS complex onset up to the final recognizable portion of the T wave (the latter may be hard to determine accurately). The QT interval represents the time between ventricular electric depolarization onset and electric repolarization end. The QTc interval constitutes the classical measurement of ventricular repolarization; however, the parameter includes ventricular depolarization. Thus, when there is bundle branch block or Wolff-Parkinson-White ventricular preexcitation, the measurement of ventricular repolarization by QTc may be incorrect. In such cases, the measurement of JTc is more accurate than the QTc interval, because it excludes depolarization. The JT and JTc interval extends from the J point to the end of the T wave. Figure

The measurement of JTc may be useful to identify LQTS cases with borderline values, where QTc interval could be normal in rest ECG.

How to measure appropriately the QT interval?

The QT interval should be measured in II or V5. Traditionally, lead II has been used for QT interval measurement because in this lead, the vectors of repolarization usually result in a long single wave rather than discrete T and U waves (**Garson 1993**).

Several successive beats should be measured, with the maximum interval taken. U waves $\geq 1\text{mm}$ that are fused to the precedent T wave should include in the measurement. U waves $< 1\text{mm}$ and those that are separate from the precedent T wave should be excluded.

Case report

Caucasian 44 asymptomatic man.

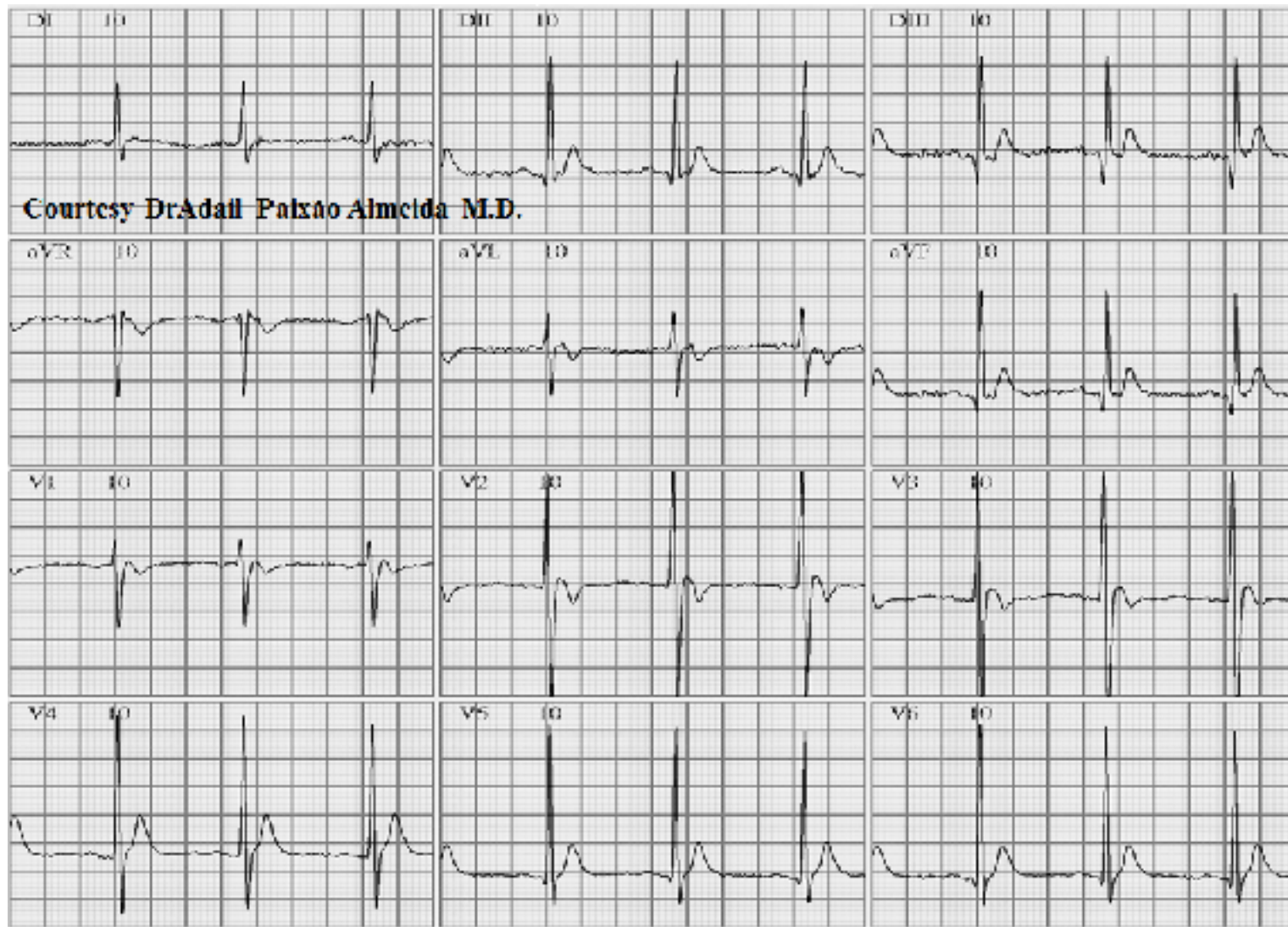
Reason for consultation: patient referred to a cardiologist for risk assessment of prostate biopsy under sedation. Asymptomatic.

Personal history: Minimal increase of serum prostate specific antigen (PSA test) in recent lab. Checkup. Digital rectal exam performed by urologist.

Family history: strong history of sudden death in first-degree relatives: Mother died suddenly aged 62, a sister aged 6 years and a brother 13 years. He has also two asymptomatic sisters with 36 and 41 years old.

Physical examination: Normal. Nothing to be noted.

Name: VTC; **Gender:** M; **Ethnic group:** Caucasian; **Age:** 44 y/o (from Bahia/ Brazil in February 12/1968); **Weight:** 84Kg; **Height:** 1.79 m; **Date:** April 19/2012; **Drugs in use:** None. This is the ECG of the proband, index case or propositus.



ECG diagnosis: sinus rhythm, heart rate (HR) = 83 bpm; $\hat{S}\hat{A}\hat{P} + 60^\circ$, PR interval duration: 120ms, QRS duration: 60ms. $\hat{S}\hat{A}\hat{Q}\hat{R}\hat{S}$: $+ 65^\circ$ and to left, ST segment with minimal duration, $\hat{S}\hat{A}\hat{T} + 63^\circ$ and to back. QT = 220 ms; QTc = 353 ms (proband)

Name: MTC; **Sex:** F; **Age:** 54 y/o; **Date:** March 20, 2014; **Ethnic group:** Caucasian. ECG of one sister of the proband.



Clinical diagnosis: Congenital short QT syndrome with mutation in Caveolin-3 (SQT7).

ECG diagnosis: Sinus rhythm, HR = 68 bpm; P wave: ; SÂP + 32°, PR interval duration: 120ms, PR segment depression (> 0,5 mm) in II and V5, absence of ST segment, positive-negative T-wave or “minus-plus T wave sign” in aVF, and QT = 280 ms; QTc = 295 ms;

I

J-point

TP

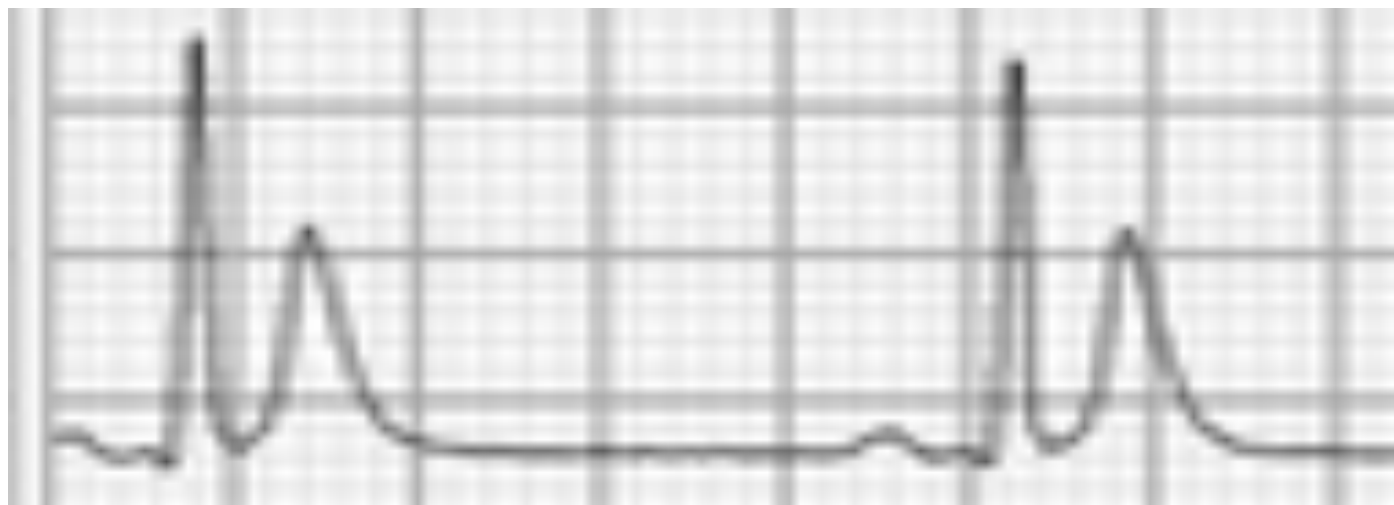
PR segment depression

aVF

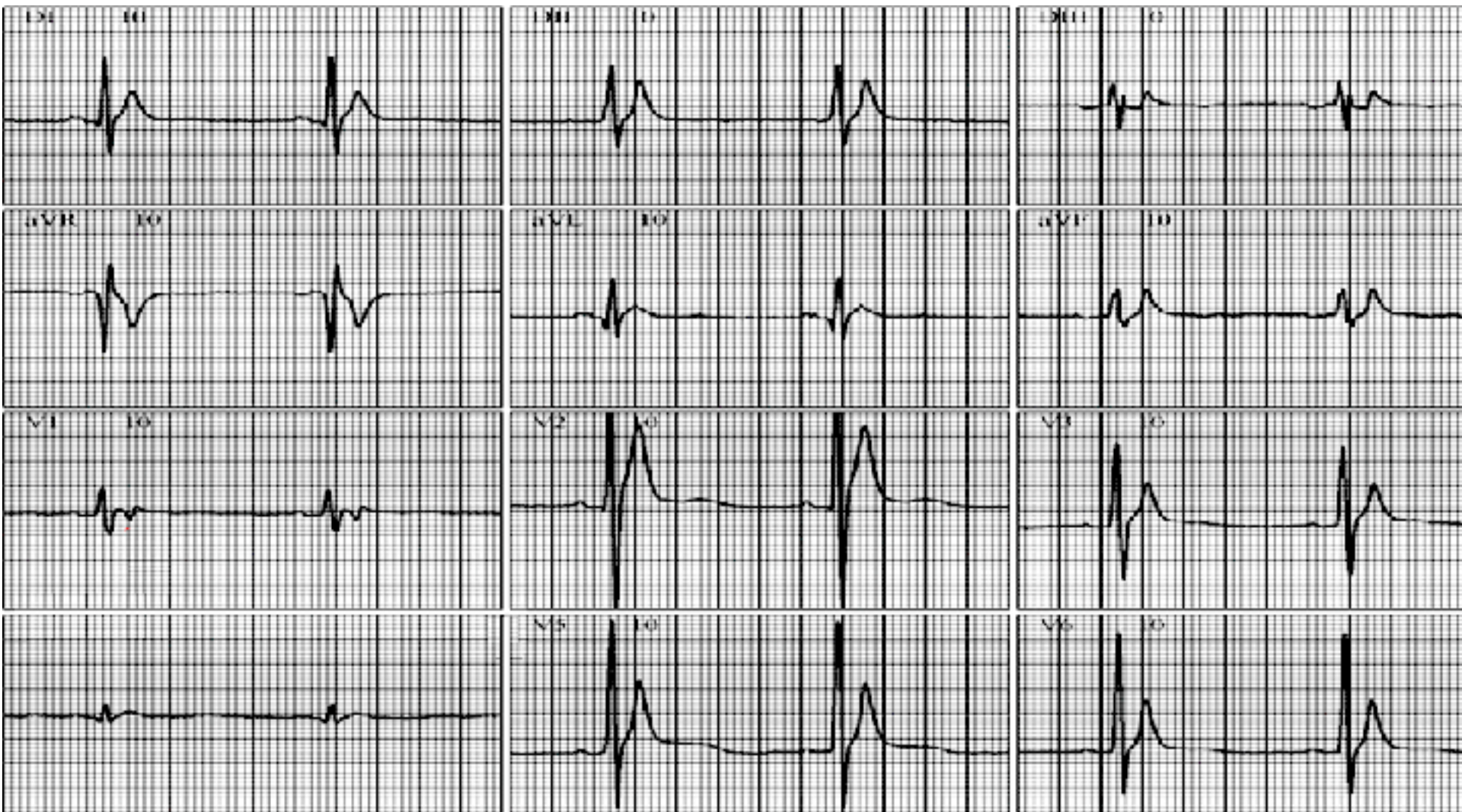
(+)

(-)

Minus-plus T wave sign



Name: WTC; **Gender:** Masculine.; **Ethnic group:** Caucasian.; **Age:** 23 y/o (from Bahia, Brazil in March 21, 1989); **Weight:** 68 Kg.; **Height:** 172m.; **Date:** April 24/2012; **Drugs in use:** None. It belongs to 23 yo son of the proband.



ECG diagnosis: HR = 60 bpm; QT = 280 ms; QTc = 280 ms. We observe a very short QT interval and different the father (proband) additionally tall with narrow base T wave.

The Latin America family tree with congenital short QT syndrome

Black color human body means that he or she had suffered sudden death Black color with X mean another cause of death.



Red color human body means that he(or she) has the typical phenotype in his(her) electrocardiogram.



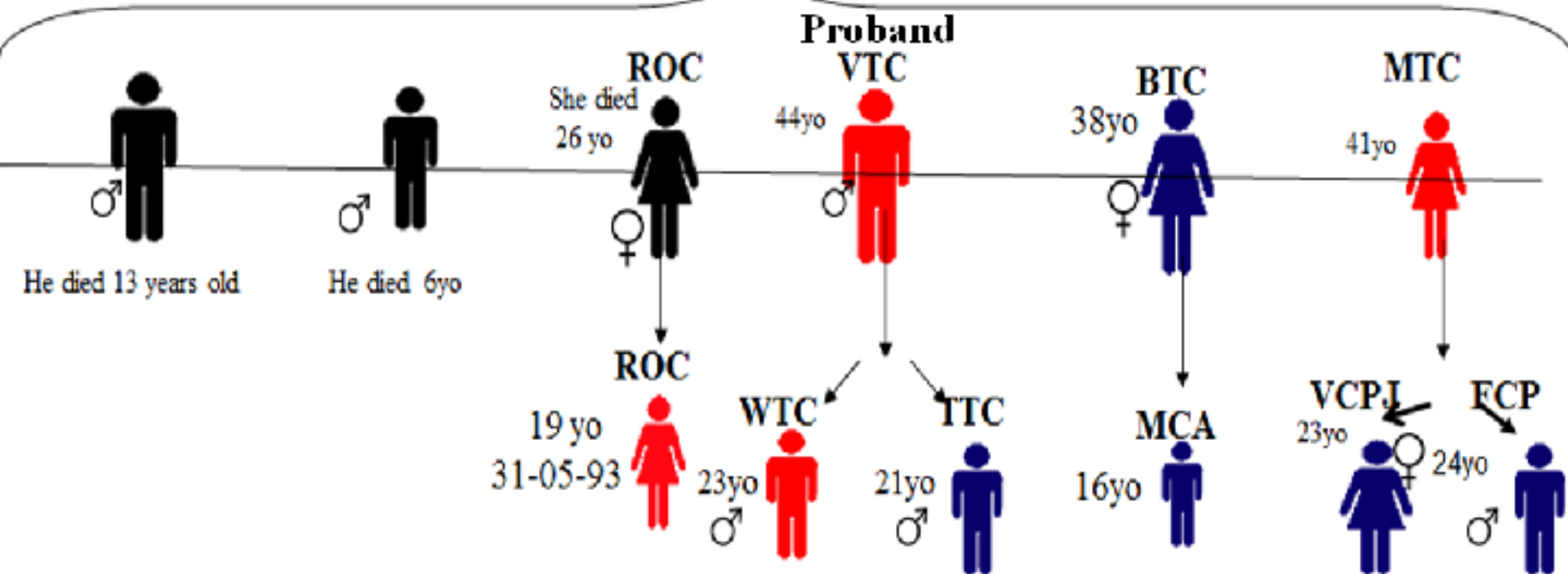
Blue color human body means that she or he does not have the typical phenotype in his electrocardiogram.



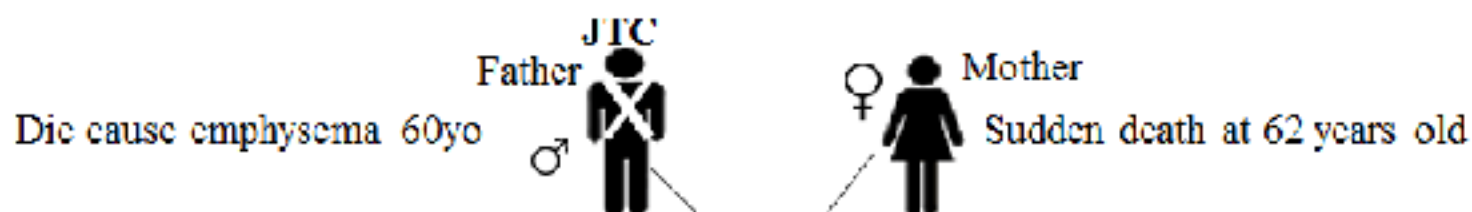
An individual or member of a family being studied in a genetic investigation. Also called *index case*, *propositus*.



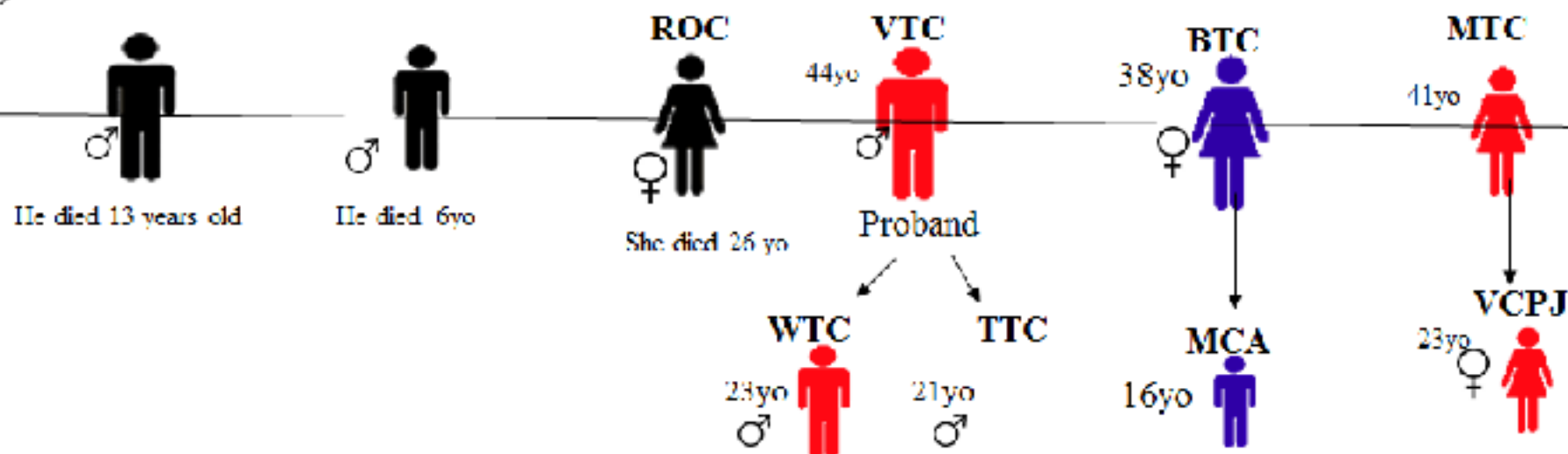
Six sibling individuals having both parents in common; a brother or sister.



- **VTC:** He is the proband. Masculine, Caucasian, Weight: 84Kg.; Height: 1.79 m.; 44 years of age (he was born in Vitória da Conquista - Bahia. Brazil in February 12/1968.), He is asymptomatic and has the typical ECG phenotype. He has two sons **TTC** and **WTC**.
- **BTC:** She is daughter of the proband. She live in São Paulo City. She is asymptomatic. She has a normal ECG, QTc 465 VCG and ECG-AR She has high blood pressure.
- **MTC:** feminine, Caucasian, 41 yo, She was born in December 15/1970 in Vitória da Conquista - Bahia. Brazil; Weight: 60 Kg.; Height: 1,63m; Drugs in use: oral quinidine since 03/05/2012. Asymptomatic.
- **TTC:** He does not have the ECG phenotype; however, the U waves are visible in all leads. He was born in Vitória da Conquista - Bahia.Brazil in October 29/1991(he has 21 y/o).
- **WTC:** He has a typical ECG phenotype (very short QT interval) and different from the father (proband). Additionally, tall with narrow base T waves.
- **ROC:** Father: **JTC** - brother of **MTC** and **VTC** - Sudden death with 26 years old of age.
- **VCPJ:** She is daughter of **MTC**- She has the ECG phenotype, Caucasian, height = 1,61m, weight = 55 kg, femenine, asymptomatic, without medication, she was born in Vitória da Conquista – Bahia- Brazil. In : 06/02/1989.
- **MCA** He has not ECG phenotype He is son of **BTC**; QTc = 435ms; Weight: 60 Kg.; Height: 1,69m;
- **FCP:** He Born in Vitória da Conquista - Bahia.Brazil in July 10/1987 24yo. Normal ECG.
- **VCPJ:** She Born in Vitória da Conquista - Bahia.Brazil in February 6/1989. 23 yo. Normal ECG. Normal QT.



Six sibling individuals having both parents in common; a brother or sister.



VTC: He is the proband. Masculine, Caucasian, Weight: 84Kg.; Height: 1.79 m.; 44 years of age. (He born in Vitória da Conquista - Bahia. Brazil in February 12/1968.), He is asymptomatic. He has the typical ECG phenotype He has two sons **TTC** and **WTC**.

BTC: She is daughter of proband. She live in SP City. She is asymptomatic. She has a normal ECG, QTc 465 VCG and ECG-AR She has high blood pressure.

MTC: feminine, Caucasian, 41 yo, She born in December/15/12/1970 Vitória da Conquista - Bahia. Brazil; Weight: 60 Kg.; Height: 1,63m; Drugs in use: oral quinidine since 03/05/2012. Asymptomatic.

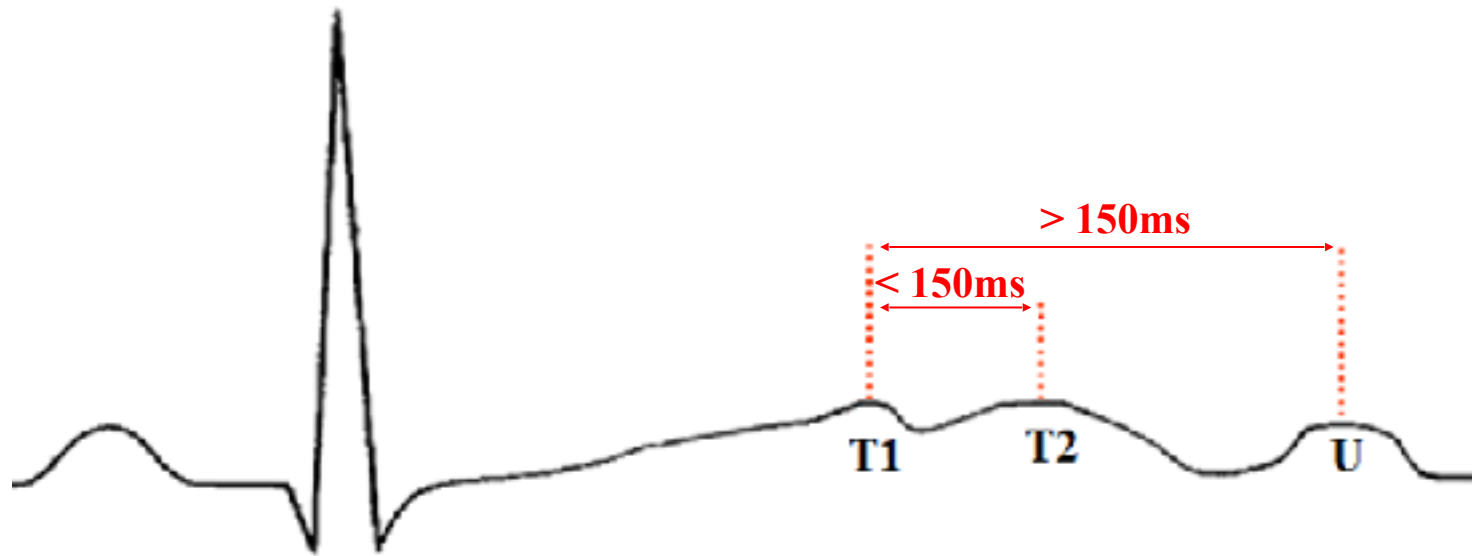
TTC: He has not the ECG phenotype, however the U waves are visibles in all leads. He Born in Vitória da Conquista - Bahia.Brazil in October 29/1991(He has 21 yo).

WTC: He has a typical ECG phenotype.(very short QT interval) and different of the father (proband) additionally tall with narrow base T waves.

ROC: Father: **JTC** - brother of **MTC** and **VTC** - Sudden death with 26 years old of age. **VCPJ:** She is daughter of. **MTC**- She has the ECG phenotype Caucasian Height = 1,61m - Weight = 55 - Femenine – asymptomatic Without medication – She Born in Vitória da Conquista – Bahia- Brazil. In : 06/02/1989 –

MCA He has not ECG phenotype He is son of **BTC** **QTc 435ms** Weight: 60 Kg.; Height: 1,69m;

Differentiation between bimodal T wave from T-U interval

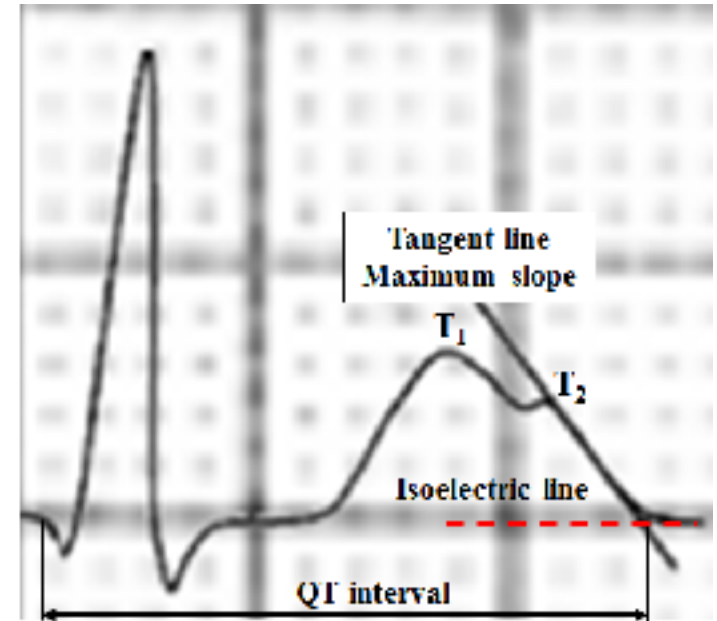
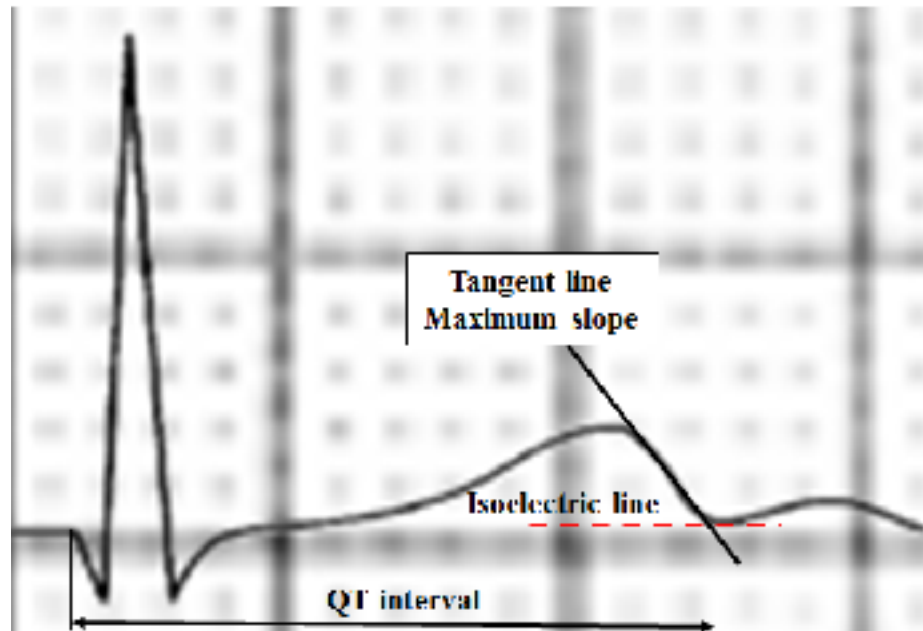


The second apex of bimodal T wave (T2) is at a distance < 150 ms of the first module (T1). The T1-U interval is always > 150 ms (**Lepeschkin 1956**).

The end of T wave is determinate by maximum *slope intercept method*

The end of T is defined as the return of the T wave to the T-P baseline. The intercept between the tangent line and the isoelectric line is defined as the end of the T wave, \. The QT interval is measured from the beginning of the QRS complex to the end of the T wave on a standard ECG. There are no available data on which lead or leads to use for QT interval measurement. This method defines the final of the T waves as the intercept between the isoelectric lines with the tangent drawn through the maximum down slope of the T wave. When the T wave is notched, the QT interval is measured form the beginning of the QRS complex extending to the intersection point between the isoelectric line and the tangent drawn from the maximum down slope of the second notch, T2. The second apex of bimodal T wave (T2) is at a distance < 150 ms of the first module (T1). The T1-U interval is always > 150 ms.

The second apex of bimodal T wave (T2) is at a distance < 150 ms of the first module (T1).
 The T1-U interval is always > 150 ms.



Therefore, we have to correct QT duration (QTc) according to the rate using the formula proposed by Bazett in the 1920s, (Bazett 1920) where the corrected QT is calculated using the Bazzet's formula.

$$QT_c = \frac{\text{Measured QT}}{\sqrt{RR}}$$

Bazett's formula has been criticized because it tends to provide an inappropriately short QTc at slow rates and not suitable long QTc at higher rates. Several competing methods have been developed:

Fridericia: $QT_c F = QT / \sqrt[3]{RR}$ published an alternative correction using the cube root of RR (Fridericia 1920)

Framingham: $QT_c = QT + 0.154 (1 - RR)$

Hodges: $QT_c = QT + 105(1 + RR - 1)$

None of the formulas has been shown to be clearly superior, so despite its obvious shortcomings.

Bazett's formula correction for the QT interval is used for automated analysis and large clinical trials. QT duration is inversely proportional to heart rate. The range of normality of QT interval in adults varies between 350 ms, 440 ms. both short, and long QT intervals can be susceptible to life-threatening ventricular arrhythmias.

It is important to remember that for every individual there is a different relation between the QT interval and the heart rate. Although the rate-correction formulae are useful clinically, they may not be accurate enough, especially when assessing the minor changes of the QT interval induced by drugs. The suggested QTc values using the Bazett's formula for diagnosis QT prolongation was determinate by Moss & Robinson (Moss 1992).

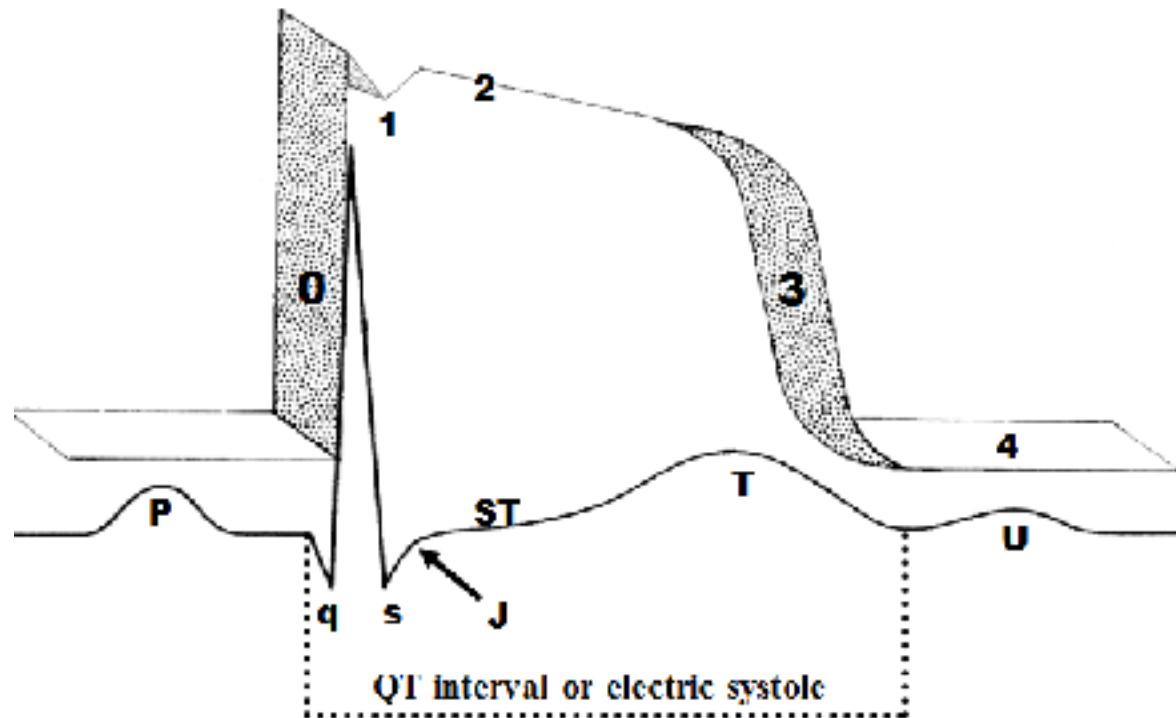
In 1993, it was first proposed that shorter than normal QT intervals (< 400 ms) are associated with a 2.4-fold increased risk for SCD. A prolonged and a shortened mean QTc interval over 24 hours is associated with a more than twofold risk of sudden death compared with intermediate mean QTc values (400-440 ms). Neither short nor long-term variability in QTc had a distinct relation with the risk of sudden death. (Algra 1993). Recently from a database of 6.4 million ECGs obtained among 1.7 million persons was used. An internal, population-based method for heart rate correction (QTc_{reg}) was used and all ECGs with QTc_{reg} ≤ 300 ms were manually validated. Linked health plan databases were used for covariate and survival ascertainment. QTc_{reg} ≤ 300 ms was extraordinarily rare and was associated with significant ECG abnormalities and reduced survival. with a 2.6-fold increased risk of death (Iribarren 2014).

The major point of difference was the short duration of the red kangaroo ventricular action potential (AP) compared to those of the placental mammals, and compared to atrial cells from the kangaroos. It is suggested that this explains the short QT interval reported by others for kangaroo ECGs, and that it may be implicated in the high frequency of sudden death previously noted in these marsupials (Campbell 1989).

Following Viskin (Viskin 2009), males with QTc < 330 ms and females with QTc < 340 ms should be diagnosed with SQTs even if they are asymptomatic since this values are very rare in healthy population. In addition, QTc intervals shorter than 360 and 370 ms (males and females respectively) should only be considered diagnostic of SQTs when supported by symptoms or positive family history because they overlap with healthy population.

The European SQTs registry considers SQTs if patients had a QTc interval of ≤ 360 (in lead II or V5) with history of sudden death or aborted sudden death or syncope of arrhythmic origin; if patients had a very short QT interval (QTc interval < 340 ms) (even if they were asymptomatic); or if patients had a short QT interval (QTc interval > 360 ms, in lead II or V5) with a family history of SQTs.

Giusstetto et al ([Giustetto 2006](#)) refer that SQTs patients exhibited a $QT < 320$ ms and a $QTc < 340$ ms.



Representation of minimal and maximal normal values of QTc interval and its correlation with monophasic action potential. QTc values < 330 ms are considered short QT interval. Values of QTc > 450 ms are considered long QT intervals. Normal values of QTc are between 350 to 440 ms or $446 \pm 15\%$. QTc intervals are considered very long with values of QTc ≥ 470 ms for men and ≥ 480 ms for females. LQTS even if asymptomatic.

Long QTc intervals are considered values between 450 to 470ms for men and 460 to 480 ms for women. Long QT syndrome is possible with QTc values between 390 to 450 ms for men and 400 to 460ms for women. These case when indicated additional tests are indicated: repeated ECG, Holter, T-wave morphology, exercise, epinephrine challenge, adenosine-challenge. Normal QTc interval is considered with values between 360 to 390 ms for men and 370 to 400ms for women.

With these values, congenital SQTs is supported in the presence of syncope, atrial fibrillation, positive familial background, T wave morphology and characteristic electrophysiological study. Values of QTc < 330 ms in men and 340ms in women are considered diagnosis for congenital SQTs even if asymptomatic (Viskin 2009). The occurrence of sudden cardiac death in the first 12 months of life in 2 patients suggests the possibility of a link between KCNH2 gain of function mutations and sudden infant death syndrome. Values of the QTc in the six genetic variants of congenital SQTs are SQT1 286 \pm 6ms, SQT2 302 ms, SQT3 315-330 ms, SQT4 331-370 ms, SQT5 346-360ms, and SQT6 329ms. Table xx

Table xx

	Men	Women
Very long QTc	≥ 470 ms	≥ 480 ms
Long QT interval	450 ms to 470ms	460 to 480 ms
Normal QT interval	360ms to 390 ms	370ms to 400ms
Congenital SQTs	< 330 ms	< 340ms

Observation: in patients with severe hypercalcemia values of QTc < 270ms. Hypercalcemia results in either shortening of phase2 of the action potential and concomitant shortens the ST segment.

In severe hypercalcemia the PR interval and the QRS complex are frequently prolonged and second degree or third degree AV block is possible. The J wave has been occasionally reported (Sridharan 1984).

Lower boundaries of the QT interval in the normal population, and successive cutoffs used to define a short QT

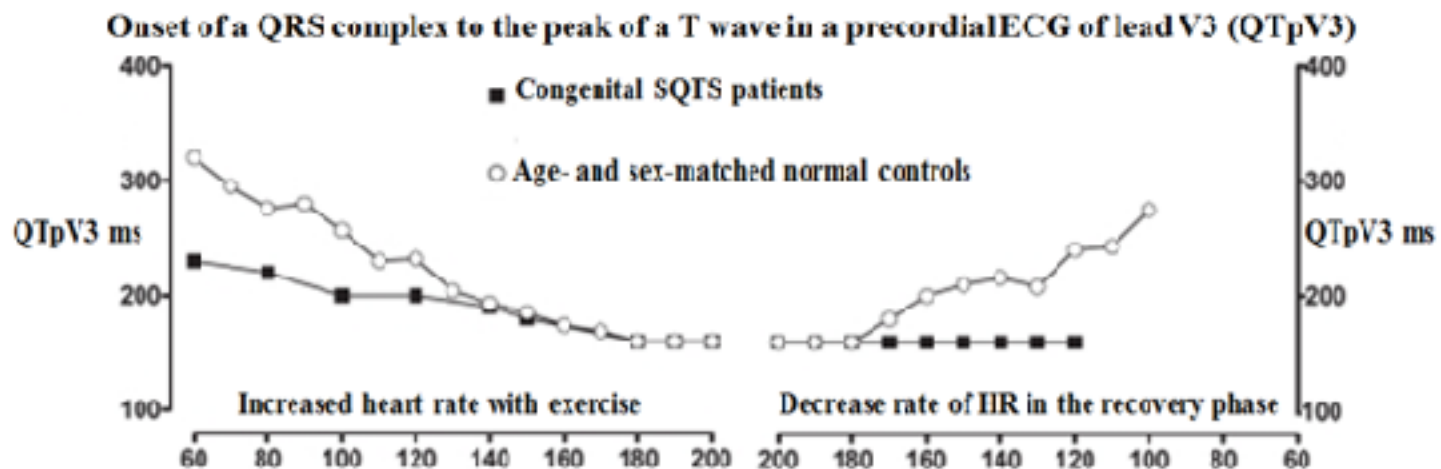
Author	QT interval	QT _C interval
Lower normal limit of the QT interval		
Moss 1993, Luo S 1994	330 ms (children 310 ms)	360-380 ms
Vincent 1992		360 ms (M) – 370 ms (F)
Definition of “short QT”		
Gussak 2000, Gaita 2003	< 300 ms	< 300 ms
Schimpf 2005	< 320 ms	< 320 ms
Giustetto 2006		< 340 ms

II) Reduced heart rate-adaptation of QT interval during increasing and decelerated heart rates

The QT interval, an index of ventricular repolarization, is heart rate (HR) dependent, in other words the QT interval shortens with exercise. Some of this shortening is due to an increase in HR, and some is due to other effects of exercise, probably mostly neuroendocrine effects. In normal hearts, two-thirds of exercise-induced QT interval shortening are due to an increase in HR, and one-third to other effects. Changes in plasma catecholamine levels on exercise are not closely related to changes in the QT interval on exercise (Davey 1999).

Both exaggerated or lower rate dependence of repolarization is arrhythmogenic. Adaptation of the QT-interval to changes in HR reflects on the body-surface ECG the adaptation of action potential duration (APD) at the cellular level. The initial fast phase of APD adaptation has been shown to modulate the arrhythmia substrate. Whether the slow phase is potentially, proarrhythmic remains unclear.

Patients with congenital SQTS have less variation of the QT interval in relation to the change in HR. Treadmill testing show a lack of adaptation of the QT interval, in congenital SQTS. Relative lack of adaptation of the QT interval (onset of a QRS complex to the peak of a T wave in a precordial ECG of lead V3 (QTpV3) to accelerated HR during exercise and lack of adaptation of the QT interval during decelerated HR in the recovery phase when compared with age- and sex-matched normal controls. Figure



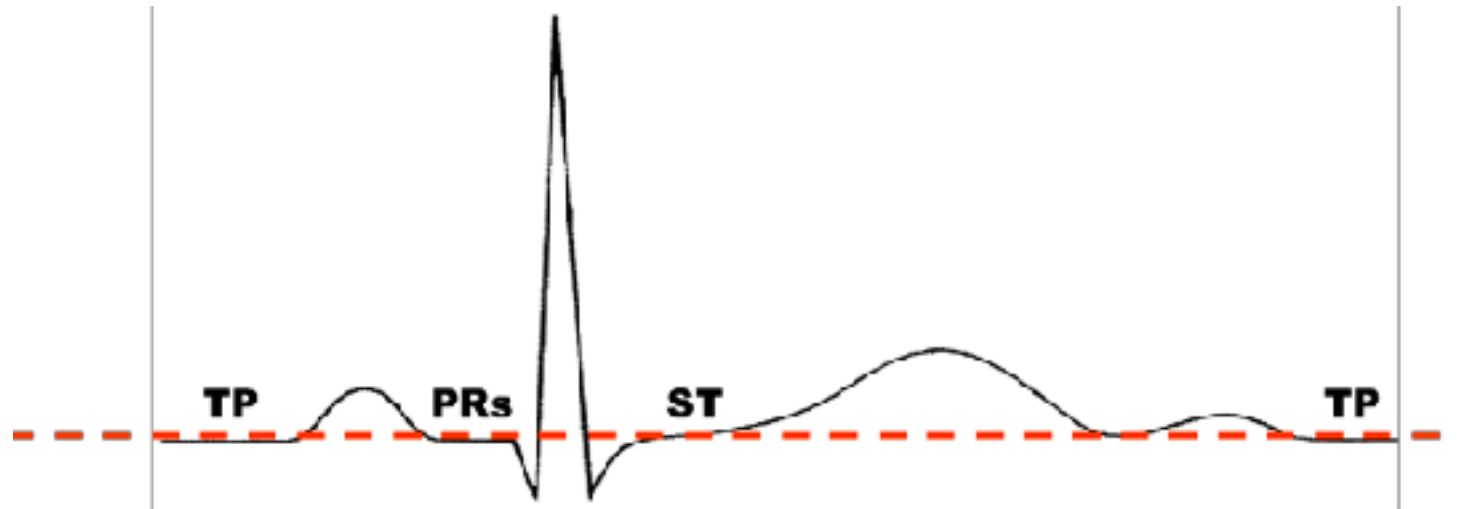
This will result in misinterpretation of the QTc interval with a faster HR and subsequently false-negative diagnosis of this possibly fatal syndrome. Holter monitoring can be helpful in this situation because it allows measurement of the QTc during a period of slower heart rate, such as sleep. Reduced rate-adaptation of QT interval. The QT-RR relationship is less linear and its slope is less steep in the SQTs patient as compared with control subjects.

Quinidine restores the relationship toward control values. QRpV3 denotes the interval from the beginning of QRS complex to the peak of T wave, measured in lead V3. The QT-RR relationship lack of rate dependence. Therefore, QTc corrected by any formula will fail to reflect the true QTc. At rapid rates, QTc will falsely approximate normal values leading to a false-negative diagnosis. This is particularly important for the diagnosis of SQTs in pediatric populations, where resting HR is >100 bpm. Sometimes, Holter monitoring shows impaired adjustment of QT interval with change in HR. Long-term ECG monitoring becomes necessary in such cases to make the correct diagnosis. The range of HRs is increased at baseline by using ambulatory electrocardiogram recordings in addition to those collected under semisupine, resting conditions (Garnett 2012).

Quinidine is a Class IA antiarrhythmic drug –isomer of quinine found in the bark of the cinchona tree. The drug affects depolarization and repolarization by blocking Na^+ and K^+ channels respectively. Quinidine blocks the fast Na^+ current; I_{to1} channel or transient outward current, inward rectifier I_{K1} , delayed rectifier: I_{Ks} , I_{Kr} and I_{Kur} , $\text{I}_{\text{K}_{\text{ATP}}}$ or adenosine triphosphate ATP sensitive potassium channel, $\text{IK}_{\text{-Ach}}$, alpha 1 and alpha 2 adrenergic receptors: can cause orthostatic hypotension and reflex sinus tachycardia; M_2 muscarinic receptor. In short QT syndrome oral quinidine is effective in suppressing the gain of function in I_{Kr} responsible for SQT1 variant with a mutation in HERG and thus restoring normal HR dependence of the QT interval and rendering VT/VF noninducible. Additionally, quinidine prolongs the QT interval into the normal range, restored the HR dependence of the QT interval toward a range of adaptation reported for normal subjects (Wolpert 2005).

III) PR or PQ segment depression (PQD)

Regarding the level of PRs, in normal conditions is at the same level as ST segment (isoelectric) and TP segment of precedent beat.



Usually, PR segment (end of P wave up to QRS complex onset), ST segment (from J point or the end of QRS up to the beginning of the T wave) and TP segment (from the end of the T wave up to the P wave of the following cycle) are at the same level. The figure shows a normal ECG and a line of dots pointing out the level of the three segments: PR, ST and TP.

PR (PRs) or PQ segment: it stretches from the end of P wave to the onset of QRS complex. The PR segment is leveled when it is at the same level of the PR segment of the beat being studied. If the PR segment falls below the baseline (TP segment of precedent beat), then it is said to be depressed.

ST segment: it stretches from the from the J point (union of ST with the end of QRS complex) up to the onset of the T wave.

TP segment: it stretches from the end of T wave to the onset of the P wave of the next cycle. TP segment is between the end of the T wave and the beginning of the next P wave. It is the true isoelectric interval in the electrocardiogram. In other words the PR segment changes are relative to the baseline formed by the precedent TP segment of anterior beat.

Clinical causes of PR segment depression

- Atrial fibrillation
- Acute inferior myocardial infarction (poor prognosis when present). PR segment depression or elevation in-patient with acute myocardial infarction scenario indicates concomitant atrial ischaemia or infarction. The ST segment indicates an infarct in the ventricle, the PR segment indicates an infarct in the atria. Diagnostic criteria for an atrial infarct are: PR segment elevation $> 0.5\text{mm}$ in V5 and V6 with reciprocal depression in V1 and V2, PR segment elevation $> 0.5\text{mm}$ in I and depression in II and III, $> 1.5\text{mm}$ PR segment depression in precordial leads and $> 1.2\text{mm}$ PR segment depression in I, II or III in combination with atrial arrhythmias (Liu 1961). PR-segment depression $\geq 1.2\text{ mm}$ in inferior leads was found in 1.9% of patients with acute inferior MI. This ECG sign represents a subgroup of patients with extensive atrial ischemia. This sign is associated with a high frequency of atrioventricular block, supraventricular arrhythmias and cardiac rupture, with high in-hospital mortality (Jim 2006).
- PR segment depression in III and concomitant PR segment elevation in I and aVL is indicative of infarction on the posterior wall of the right atrium (Radojevic 2012).
- Acute pericarditis: In these cases, there is also some concave to the top ST segment elevation
- **Acute myopericarditis:** occurs in the presence of diffuse inflammation of the pericardial sac and superficial epicardium from a multitude of infectious and inflammatory processes. This inflammation results in a current of myocardial injury resulting from the epicardial irritation manifested by a number of ECG findings: ST segment elevation with PR segment depression, normalization of the ST segment abnormality with T wave inversion, and eventual normalization of the ECG over a period of days to several weeks. In myopericarditis, the most common location for PR depression was lead II (55.9%), while this ECG finding least likely appeared in lead aVL (2.9%). PR depression in any lead had a high sensitivity (88.2%), but low specificity (78.3%) for myopericarditis. The combination of PR depressions in both precordial and limb leads had the most favorable predictive power to differentiate myopericarditis from STEMI (positive 96.7% and negative power 90%) (Porela 2012).
- Extensive atrial damage.
- During ablation of the left upper pulmonary vein in patient with atrial tumors.

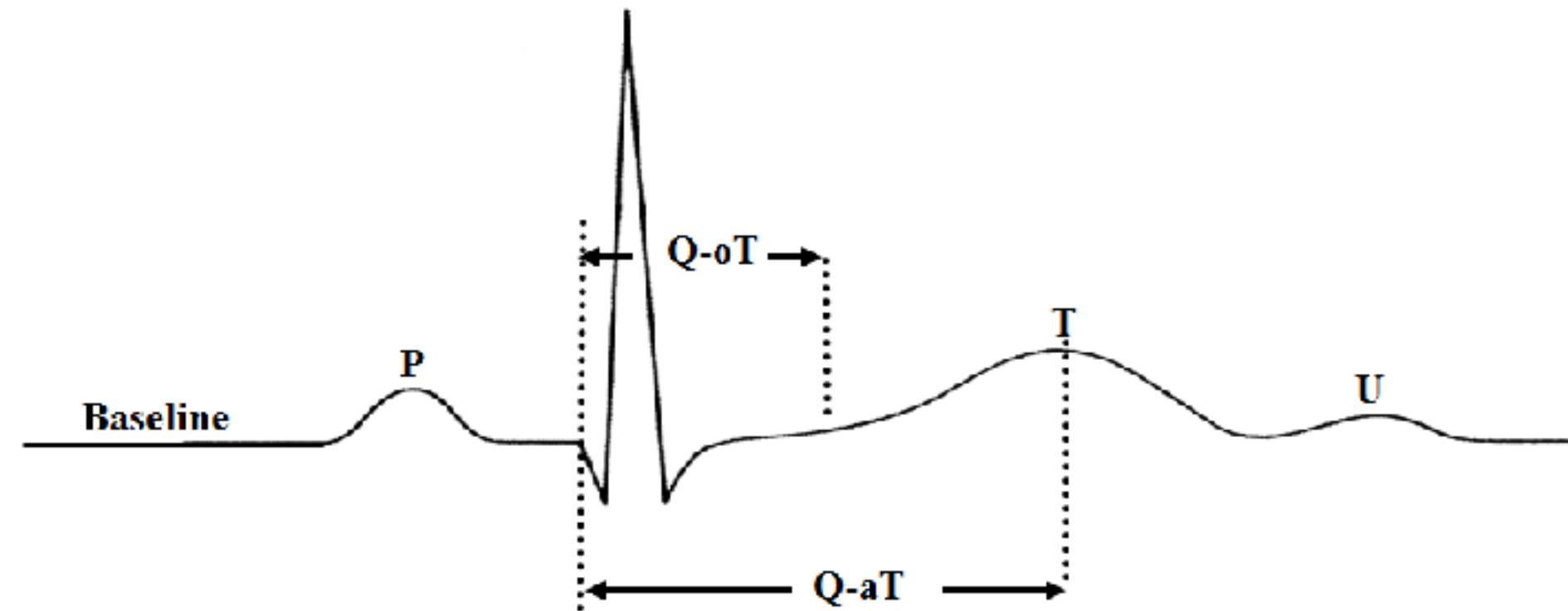
- Cardiac tamponade, fluid collects in the pericardium. Because the pericardium is stiff, the heart is compressed, resulting in filling difficulties. Tamponade can be the result of pericarditis or myocarditis. After a myocardial infarction a tamponade can also develop; this is called Dressler's syndrome. In case of cancer, increased pericardial fluid may develop. This is usually caused by pericarditis carcinomatosa, meaning that the cancer has spread to the pericardium. The ECG shows: sinus tachycardia, low QRS voltage, electrical alternans and PR segment depression.
- Congenital Short QT syndrome: Digitalized 12-lead ECGs of SQTs patients were evaluated for PR depression in all leads and for QT intervals in leads II and V5. PR depression was defined as 0.05 mV (0.5 mm) depression from the isoelectric line (TP segment of precedent beat). The study shows that 81% patients with SQTs reveal PQD. As PQD is rarely observed in healthy individuals, this ECG feature may constitute a novel marker for SQTs in addition to a very short QT interval (Tülümen 2014).

IV) Absent or minimal ST segment “hypercalcemic like phenotype”



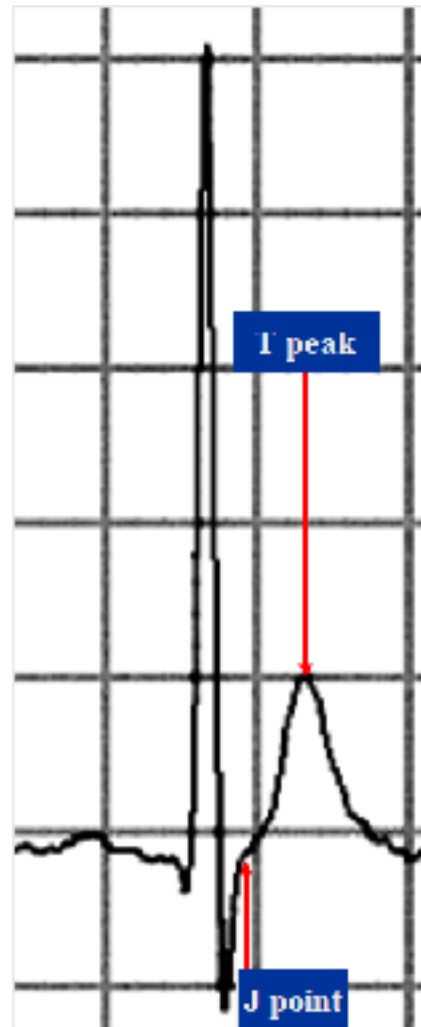
T-wave originates directly from QRS without identifiable ST segment. Additionally the distance between T-apex/T-end = 100 ms: transmural dispersion of repolarization.

- Short Q-oTc interval: interval that extends from QRS onset up to T wave onset, corrected by heart rate.
- Short Q-aTc interval: interval that extends from QRS onset up to apex T wave corrected by heart rate.



V) Short J point-T peak interval <120 ms

The J point-T peak interval is the distance from J point to T peak. Values <120 ms have value for the diagnosis of the congenital SQTS (Gollob 2011).



J point-T peak interval <120 ms. It is considered a criteria for the diagnosis in Gollob score value = 1 point. Table (Gollob 2011)

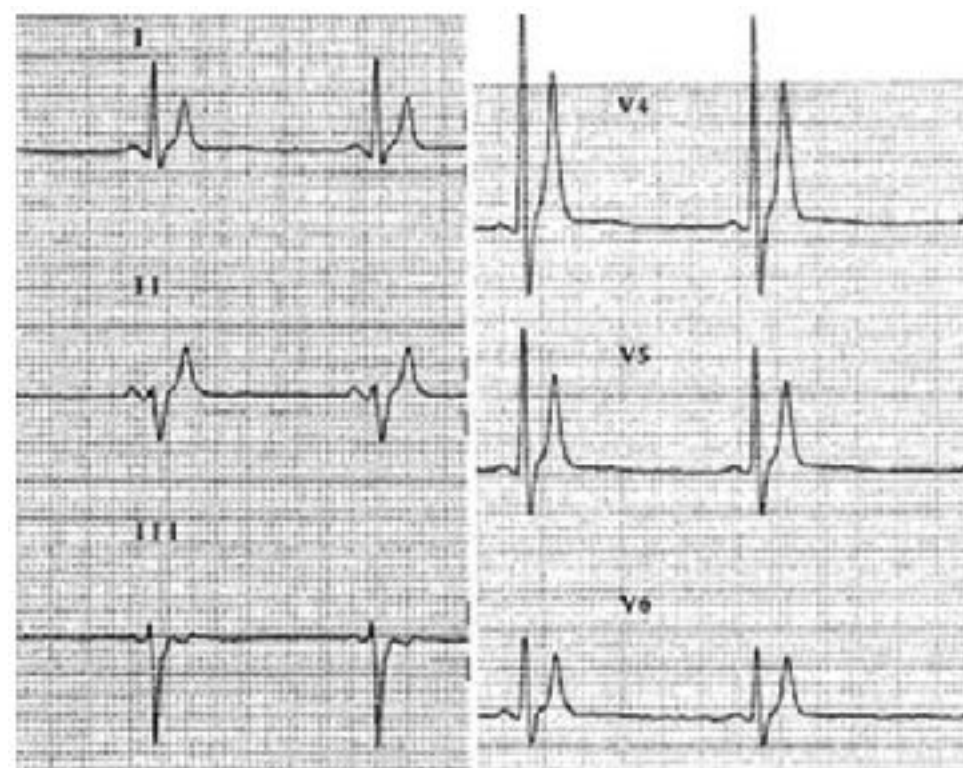
The Short QT Syndrome diagnostic criteria is based on a point score system as follows:

QTc in miliseconds	Pontuation
< 370	1
< 350	2
< 330	3
J point – T peak interval	
< 120	1
Clinical history	
Sudden cardiac arrest	2
Polymorphic VT or VF	2
Unexplained syncope	1
Atrial fibrillation	1
Family history	
1 st or 2 nd degree relative with SQTS	2
1 st or 2 nd degree relative with sudden death	1
Sudden infant death syndrome	1
Genotype	
Genotype positive	2
Mutation of undetermined significance in a culprit gene	1

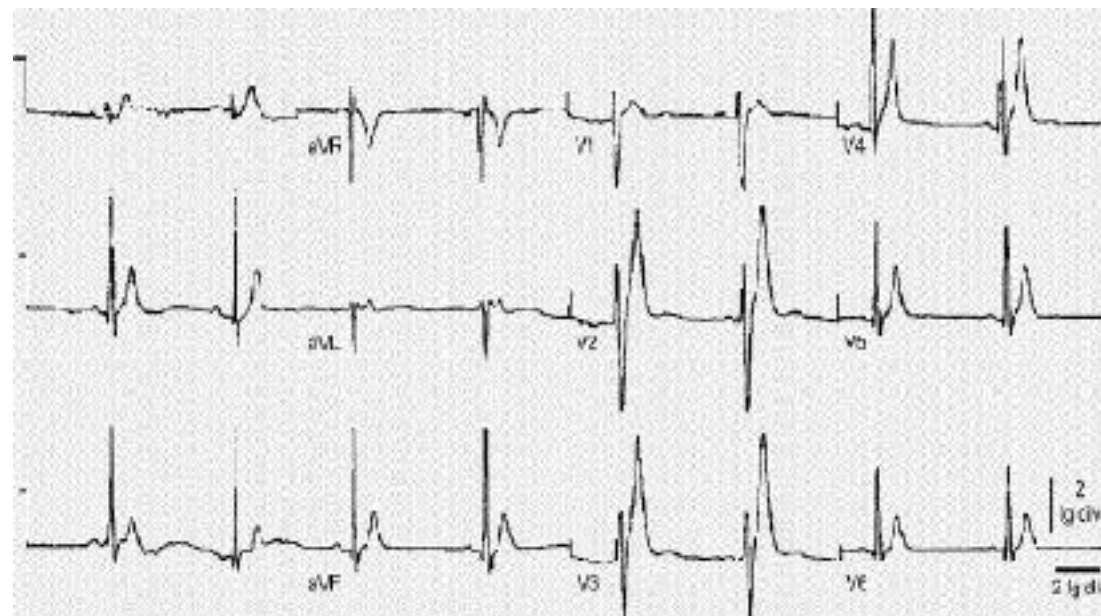
Interpretation: High-probability: ≥ 4 points; Intermediate probability: 3 points; Low probability: ≤ 2 points.

VI) Difference of T waves morphologies in the potassium congenital SQTS variants

SQT1: The T waves in the precordial leads, appear often tall, narrow and symmetrical, with a relatively prolonged Tpeak-Tend interval (Gaita 2003).



Twelve lead ECG showing typical SQT1 features: tall, narrow and peaked T waves, QT 280 ms. Reproduced with permission from Gaita ([Gaita 2003](#)).



Electrocardiogram of a patient with short QT syndrome. Observe the tall peaked T waves. Reprinted, with permission, from Brugada ([Brugada 2004](#)).

SQT2: the T waves appear to be symmetrical, but not as tall and narrow (Bellocq 2004; Hong 2005).

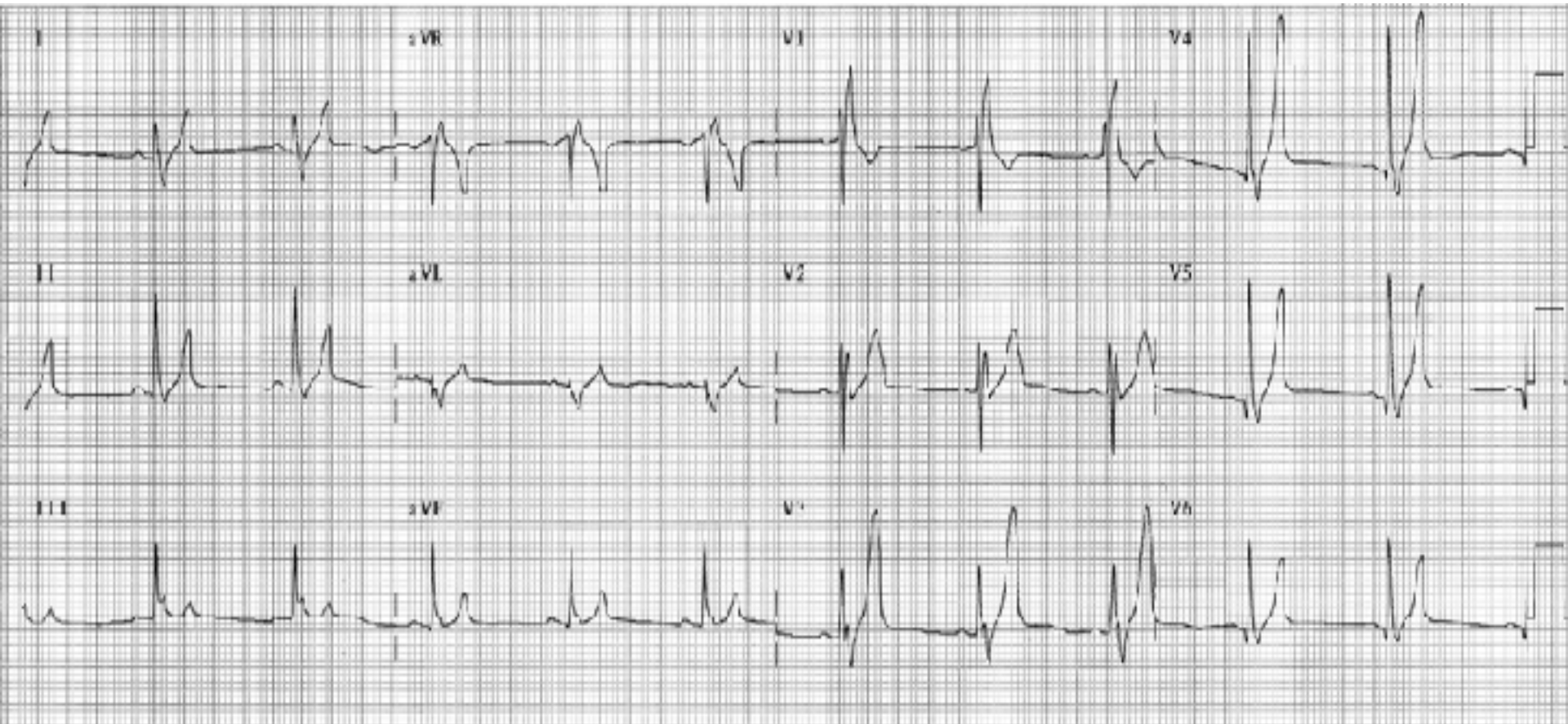
SQT3: asymmetrical T waves with a rather normal ascending ramp and a remarkable rapid descending terminal ramp (Priori 2005).

Peaked and symmetrical with a narrow base T waves ("tent-shaped") are characteristic of mild hyperpotassemia. Usually, this is the earliest sign of hyperkalaemia. This morphological T waves are observed with slightly increased serum potassium levels (potassium level > 5.5 mEq/L and < 6.0 mEq/L). It is present only in 22% of the cases of hyperkalemia. Not too sensitive but quite specific. Similar T waves are registered eventually in congenital short QT syndrome. Additionally, peaked and symmetrical with a narrow base T waves ("tent-shaped") are observed also in metabolic acidosis and without hyperkalemia. (Dreyfuss 1989). Peaked, symmetrical T waves, with broad base is an early sign of hyperacute phase of myocardial infarction (Primeau 1969).

Name: JSVB;
Height: 1.72 m.

Age: 27; **Sex:** Male;
Date: 06/24/2004;

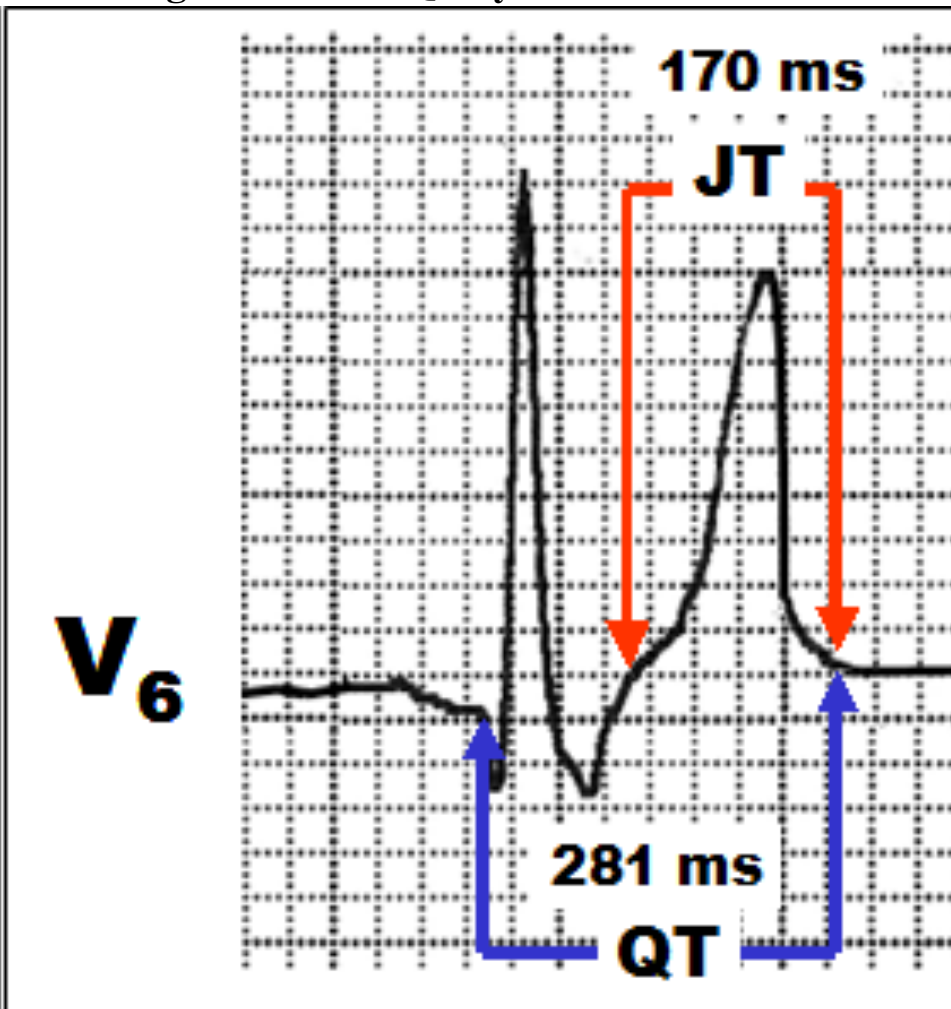
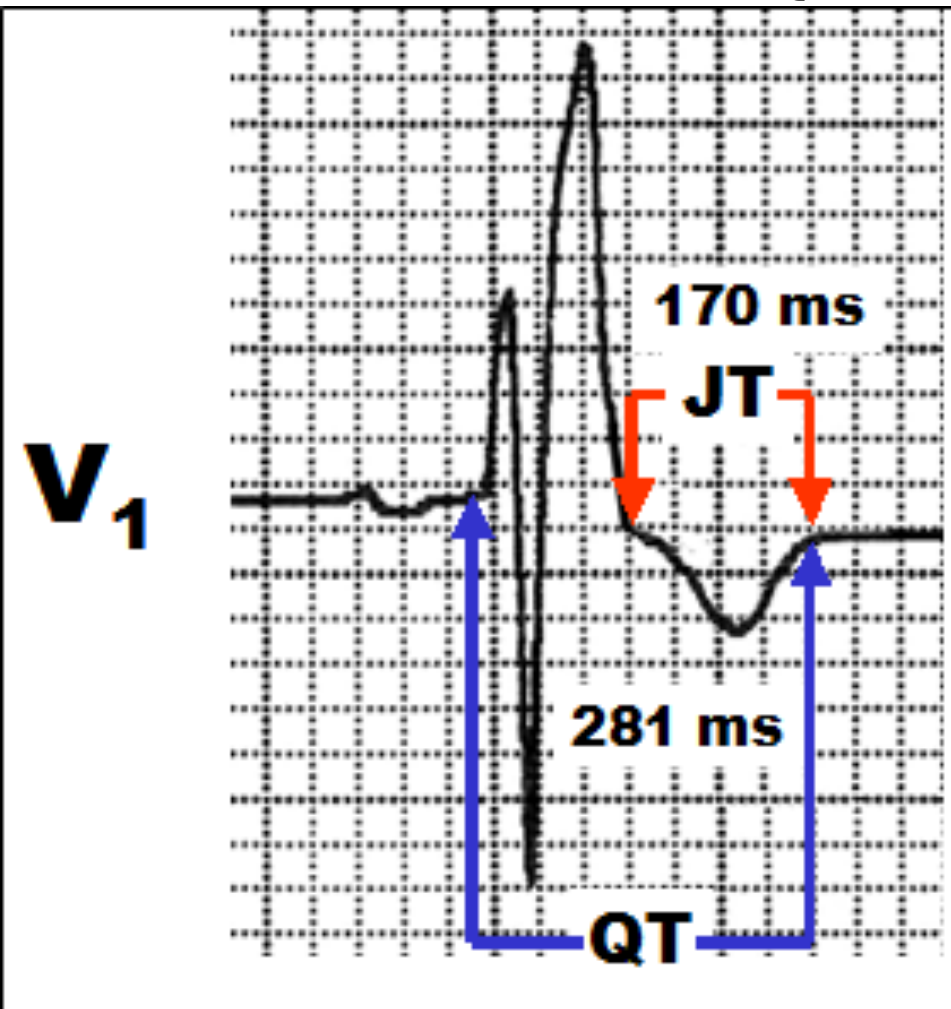
Race: White; **Weight:** 67 Kg.
Medication in use: none.



Rhythm: sinus; HR: 65 bpm; P wave: SAP axis: $+54^\circ$ in the FP and to the front in the HP; duration: 80 ms; voltage: 1 mm; PR interval: 134 ms; QRS: $\hat{S}\hat{A}QRS$: $+106^\circ$ in the FP and to the front in the HP; QRS duration (QRSD): 120 ms; QRS morphology: triphasic rSR' pattern in V1 and broad S wave in left leads I, aVL V5 and V6 (right terminal forces); intrinsic deflection in V1 > 50 ms.

T wave morphology: tall T wave from V3 through V5 with narrow base and a tendency to be symmetrical (the patient does not have serum potassium increase); SAT: $+42^\circ$ in the FP and discretely heading to the front and below in the HP; QT/QTc interval: 302/315: short for this rate (the inferior limit for a 67 bpm heart rate in men is 324ms ([Sagie 1992](#));

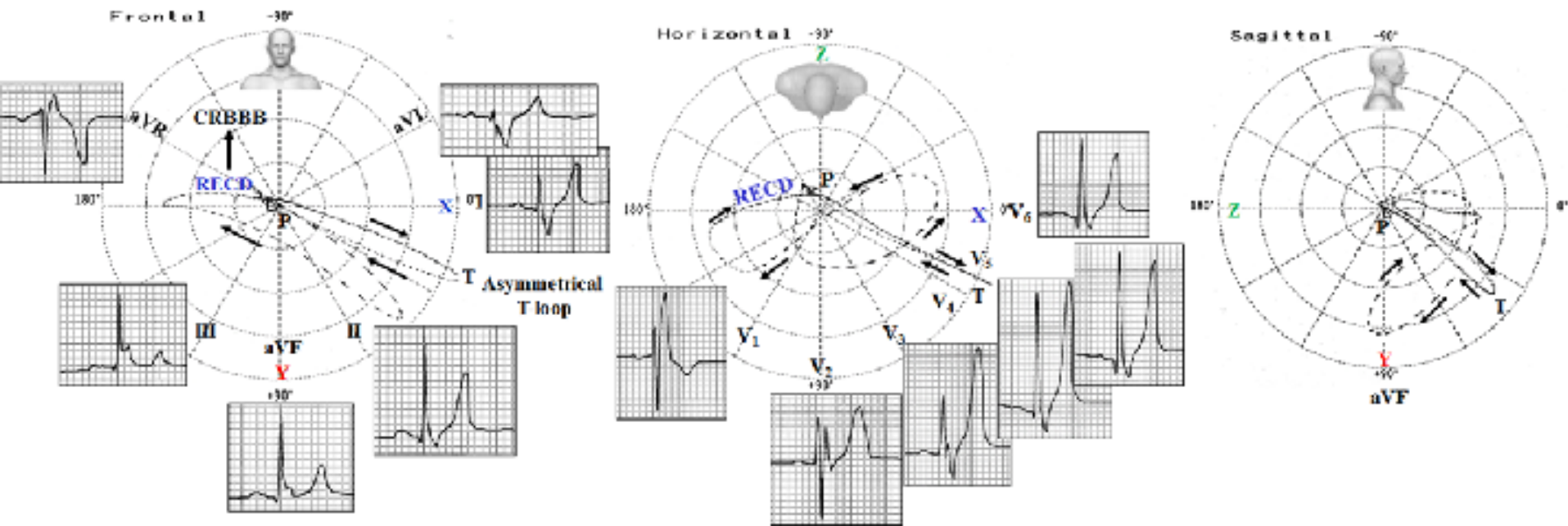
Characteristics of JT and QT intervals in congenital short QT syndrome



JT/JTc interval: 182/199 ms: extremely short (QT-QRSD = JT. $302-120 = 182$ ms). (The inferior limit for a 67 bpm heart rate in men is 224 ms).

Conclusion: 1) CRBBB; 2) Increase of QRS duration; 3) Short QT interval with no use of drugs, electrolytic disorders or any associated pathophysiological state; 4) Very short JT interval; 5) Probable early repolarization pattern.

ECG/VCG correlation



FP - QRS loop duration 120 ms. Right End Conduction Delay (**RECD**) located on top right quadrant near aVR lead. Asymmetrical T-loop $\hat{S}AT +20^\circ$.

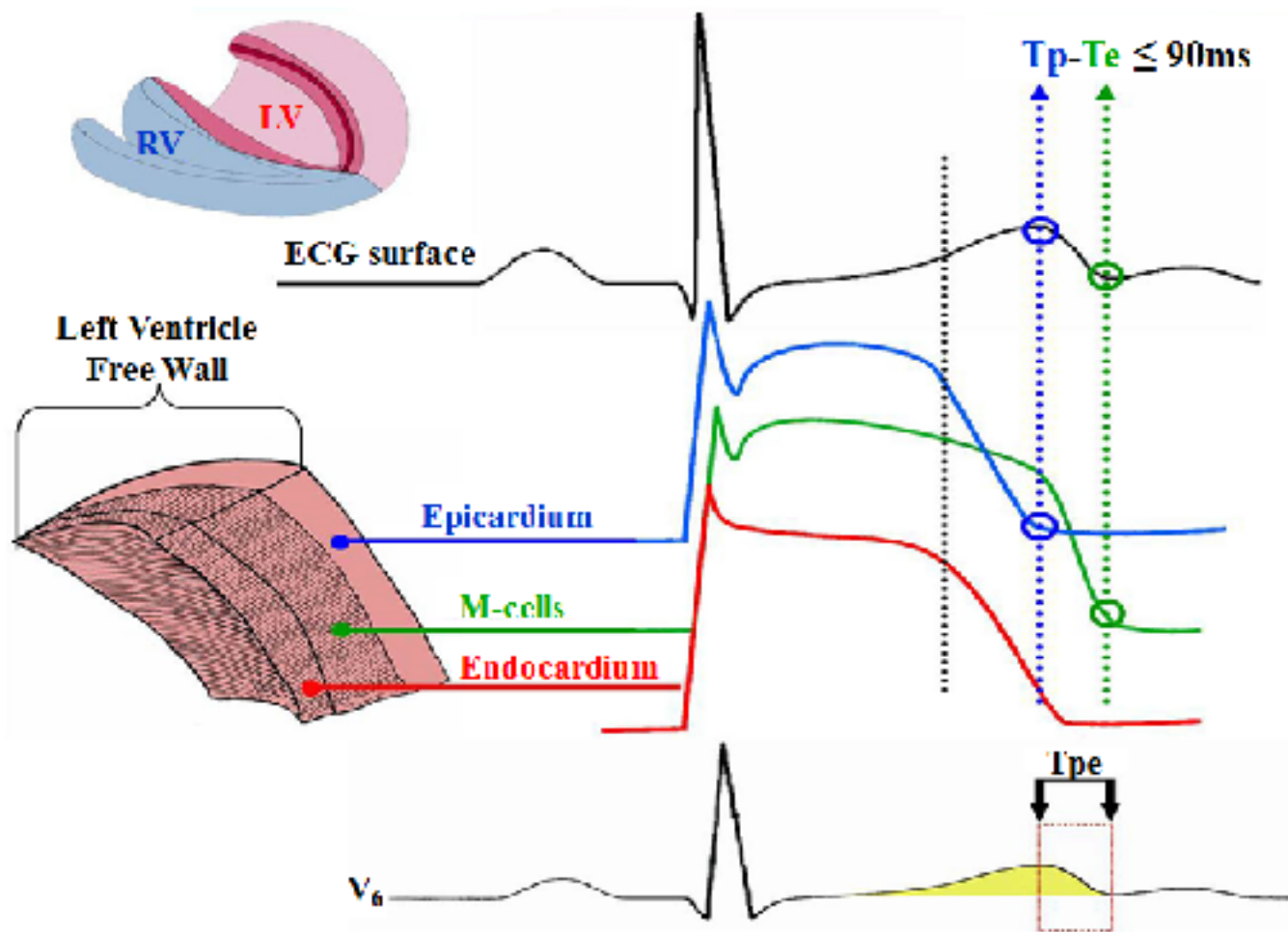
HP – Triphasic QRS pattern in V1-V2 and broad final S-wave in V5-V6: CRBBB. VCG Grishman-type of CRBBB: afferent loop behind the X line; triphasic rSR' pattern; short QT interval; tall T waves with narrow base from V₃ through V₅.

RSP – Asymmetrical T loop heading down and to the front.

Observation: The VCG is conclusive that T-wave is not symmetrical because efferent limb has tears very close one another, on the other hand, the afferent limb has tears more separated from each other.

VII) Prolongation of T peak/Tend interval (Tpe)

The possible substrate for the development of ventricular tachyarrhythmias may be a significant transmural dispersion of the repolarization due to a heterogeneous abbreviation of the action potential duration. Normally T peak/Tend interval is 94 ms in men and 92 in women when measured in the V5 lead. In SQTS this parameter is prolonged $> 92\text{ms}$ in women and $> 94\text{ms}$ in men with the measurement in V5. In SQT1 patients the T waves in the precordial leads, appear often tall, narrow and symmetrical, with a relatively prolonged Tpeak-Tend interval (Gaita 2003).



Representation of the Tpeak/Tend interval (Tpe or TpTe). This is the interval elapsed from the apex to the end of T wave (Tpeak-Tend interval or Tpe). Tpe may correspond to transmural dispersion of repolarization and consequently, the amplification of this interval is associated to malignant ventricular arrhythmias. The normal value of Tpeak/Tend interval (Tpe) is 94 ms in men and 92 in women when measured in the V5 lead. In congenital SQTS this parameter is > 92 ms in women and > 94 ms in men (measurement in V5).

In healthy children and adolescents, TpTe intervals vary between individual leads of ECG, with the longest in lead V3. The TpTe interval is longer in boys and in older children and prolongs as heart rate decelerates. TpTe dispersion varied from 6 to 80 ms (mean $38.6 \text{ ms} \pm 14.6 \text{ ms}$, median 40 ms) with no gender differences and greater values in older subjects. TpTe/QT and TpTe/JT ratios are higher in boys. TpTe interval should be measured in precordial leads (Bieganowska 2013). In adults, the normal value of Tpeak/Tend interval (Tpe) is 94 ms in men and 92 in women when measured in the V₅ lead. Tpe prolongation to values ≥ 120 ms is associated to a greater number of events in patients carriers channelopathies. Interval elapsed from the apex to the end of T wave (Tpeak-Tend interval or Tpe). Tpe may correspond to transmural dispersion of repolarization and consequently, the amplification of this interval is associated to malignant ventricular arrhythmias.

Amplification of TDR often is secondary to preferential prolongation of the action potential duration (APD) of M cells, whereas in Brugada syndrome, it is thought to be due to selective abbreviation of the APD of right ventricular epicardium.

These parameters are indicative of augmented transmural dispersion of repolarization (Anttonen 2008). However, asymmetrical T waves with a less steep ascending limb followed by a rapid descending limb have been reported as well.

In the short QT syndrome, preferential abbreviation of APD of either endocardium or epicardium appears to be responsible for amplification of TDR.

In catecholaminergic polymorphic ventricular tachycardia, reversal of the direction of activation of the ventricular wall is responsible for the increase in TDR.

Thus, the long QT, short QT, Brugada, and catecholaminergic ventricular tachycardia syndromes are pathologies with different phenotypes and etiologies, however, these syndromes share a common final pathway in their predisposition to sudden cardiac death.

Intravenous administration of nifekalant prolonged effective refractory period at multiple ventricular sites as well as the QT/QTc interval (from 260/300 to 364/419 ms) on the surface ECG in congenital SQTs. Nifekalant also enlarged the transmural ARI dispersion of the ventricular repolarization, which was measured by the difference between the longest endocardial activation-recovery intervals and the shortest epicardial activation-recovery intervals during atrial pacing at 90 bpm, from 73 to 103-105 ms. These values corresponded to the intervals between the peak and end of the T wave on the surface ECG. Nifekalant-induced QT interval prolongation on the surface ECG may not indicate attenuation of the arrhythmogenic potential in the heart of SQTs patients (Chinushi 2012).

VIII) **The T(p-e)/QT ratio**

It is an electrocardiographic index of arrhythmogenesis for both congenital and acquired ion channel disease leading to ventricular arrhythmias. In healthy individuals, the T(p-e)/QT ratio has a mean value of approximately 0.21 in the precordial leads and it remains relatively constant between the heart rates from 60 to 100bpm.

The T(p-e)/QT ratio is significantly greater in the patients at risk for arrhythmic event such as those with LQTS, Brugada syndrome, SQTs, and also in patients with organic heart disease such as acute myocardial infarction (Gupta 2008) and left ventricular hypertrophy (Zhao 2010) and obstructive sleep apnea (OSA) (Kilicaslan 2012).

A Tp-e/QT ratio ≥ 0.29 in patients undergoing primary percutaneous coronary intervention for ST-segment elevation myocardial infarction may serve as a prognostic predictor of adverse outcomes after successful pPCI treatment in STEMI patients (Zhao 2012).

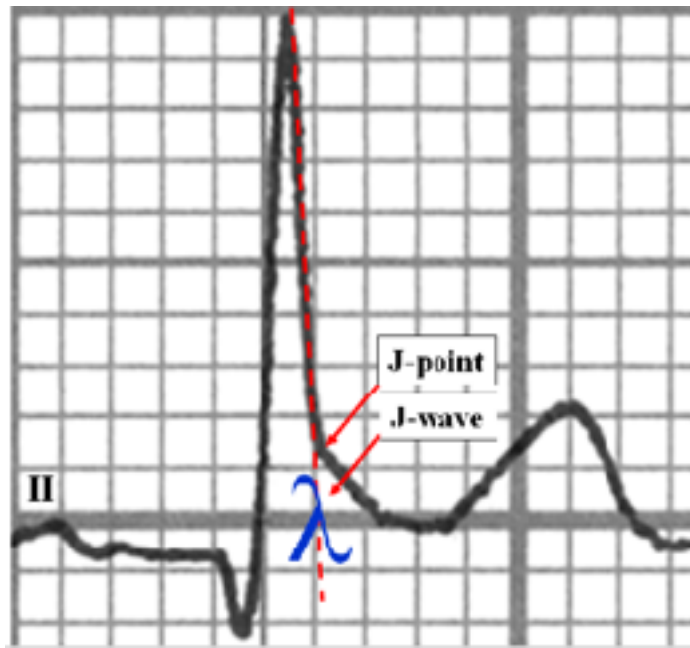
Functional reentry is the underlying mechanism for arrhythmogenesis associated with an increased T(p-e)/QT ratio

IX) High prevalence of early repolarization. It associated with arrhythmic events
There is a high prevalence of early repolarization in patients with SQTS. Additionally, early repolarization may be useful in identifying risk of cardiac events in SQTS (**Watanabe 2010**).

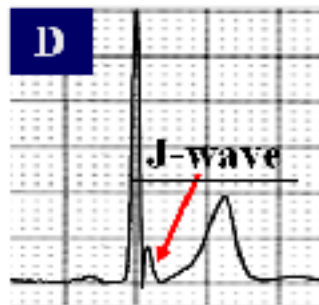
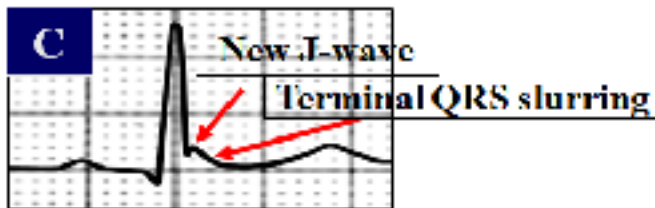
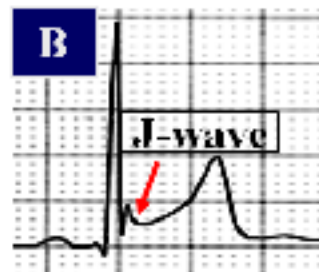
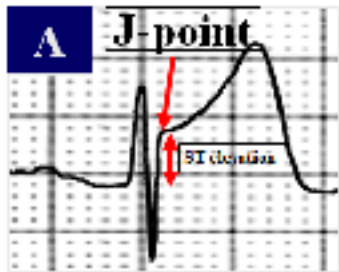
Example of SQTS associated with early repolarization



HR = 68bpm; QT = 340ms; RR = 880ms; QTc = 362ms



The first point of inflection of R wave descendent ramp is considered the real J-point. In these cases “The tangent line” method is ideal. ST-segment elevation = 0.8mm. We considered an atypical C type variant of early repolarization pattern. The lambda aspect is a marker of fatal arrhythmias.



Classic definition of ERP always with ST segment elevation

A)ERP with only ST segment elevation

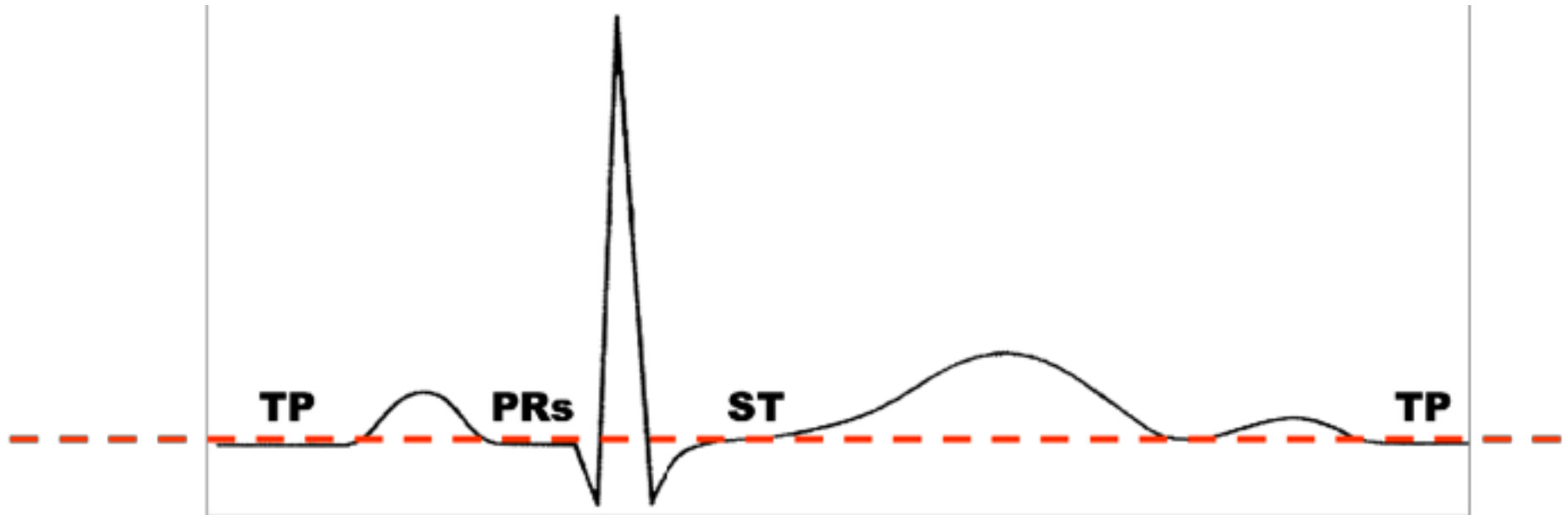
B)ERP with ST segment elevation and J-point at the end of J wave.

New definition of ERP without ST segment elevation

○J-point elevation and terminal QRS slurring without ST segment elevation. The first point of inflection of R wave descendent ramp is considered the real J-point. In these cases “The tangent line” method is ideal.

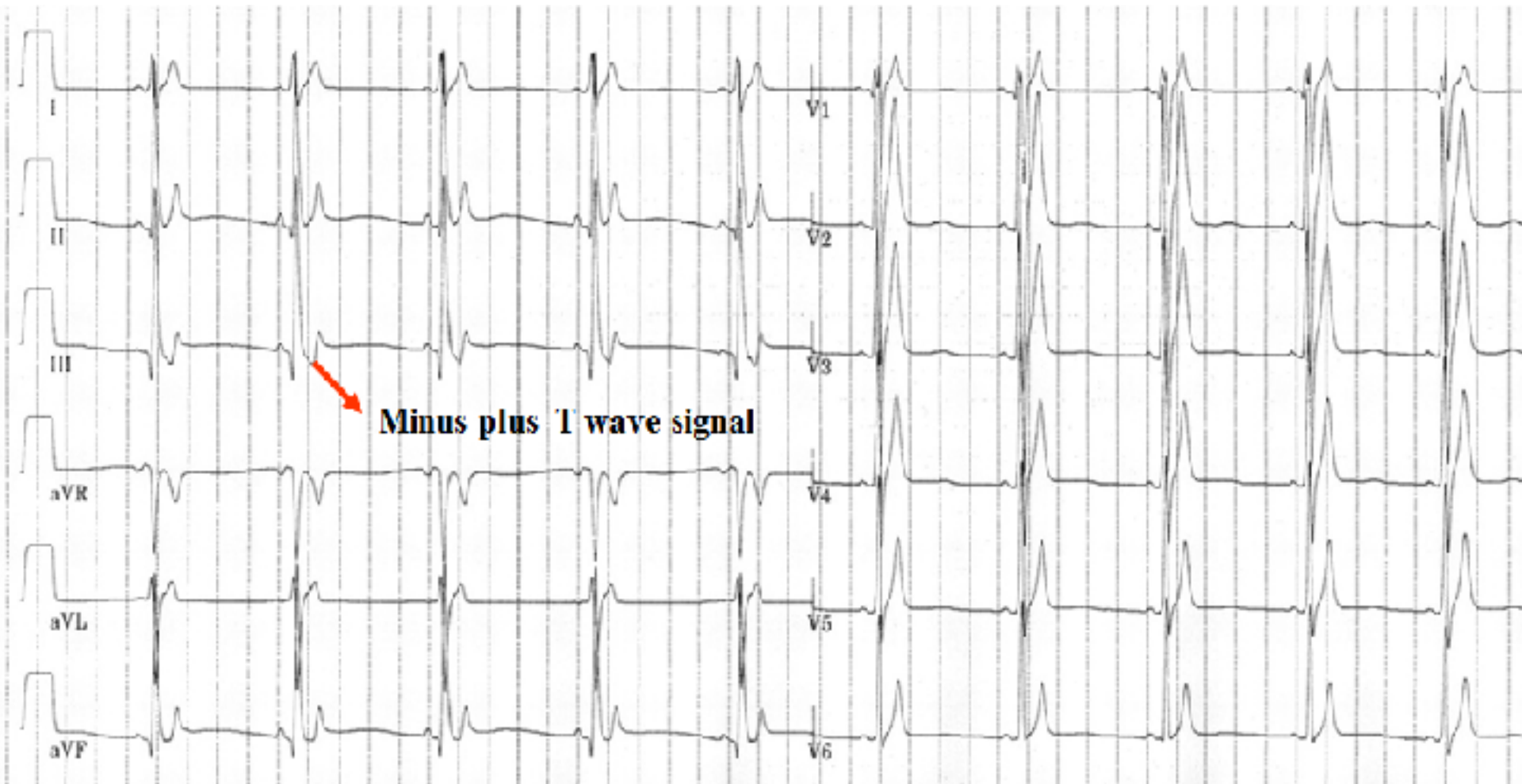
○J-wave without ST segment elevation (Pérez 2012).

Usually, PRs (end of P wave up to QRS complex onset), STs (from J point or the end of QRS up to the beginning of the T wave) and TP (from the end of the T wave up to the P wave of the following cycle) segments are at the same level. The figure shows a normal ECG and a line of dots pointing out the level of the three segments: PR, ST and TP.



X)

Minus-plus T-wave signal (see next ECG and Holter)



The minus-plus T-wave signal or negative-positive-T wave without ST segment observed in III in a patient with SQT1 variant ([Schimpf 2005](#)).

Nº do Exame 1984		Paciente: MTC - NMRL 1261		
		Data do Exame: 12/06/2012 09:02:00		
Horário	Dur.	Atividade	Sintomas	Diagnóstico
12:06:17	7,0	Amoço.		
16:51:17	7,0			SV isolada
18:37:59	28,0			Exemplo Aleatório
20:55:42	7,0			SV isolada
23:25:59	28,0			Exemplo Aleatório
02:10:05	7,0			FC Mínima
06:33:45	7,0			Taquicardia sinusal
08:35:08	7,0			Supraventricular isolada
08:35:23	7,0			Supraventricular isolada



The “minus-plus T-wave sign” observed in a Holter recording in a patient from Latin America (Brazil).
 “Minus-plus T-wave signal”: The initial part of the T wave is recorded immediately after the QRS complex (absence or minimal ST segment) shows a negative initial polarity in some leads (red arrow) that we denominated "minus-plus" T-wave signal (negative-positive). Coincidentally, the CAV3 mutation that causes gain-of-function of late I_{to} without affecting other cardiac ion channels corresponds to J point and the initial negative portion of the T wave on the surface ECG. There would be a genotypic/phenotypic relationship?

XI)

Eventual prominent U wave

The U wave is the last, inconstant and smallest deflection of ECG that is recorded immediately after T wave and before the P of the following cycle, of equal polarity to the preceding T, i.e. positive where T also is. Voltage of U is always lower than 50% of the width of the preceding T and generally between 5% and 25% of it. Usually it does not exceed 1 mm, being in average of 0.33 mm. If it reaches 1.5 mm or more, it is considered high, however, there may be normal U waves of up to 2 mm (0.2 mV) in II and from V₂ to V₄. The U wave is Located immediately after the T wave during the protodiastolic phase of the cardiac cycle (diastolic isovolumetric phase and of fast filling) concomitant to the second noise and with phase 4 of action potential (AP); frequently absent; occasionally hard to distinguish from the preceding T wave; better observed during bradycardia and sometimes related to torsades de pointes (TdP). Additionally, the inscription of the U wave in SQTs patients coincided with aortic valve closure and isovolumetric relaxation, supporting the hypothesis that the U wave is related to mechanical stretch. The interval from aortic valve closure to the beginning of the U wave was 8 +/- 4 ms in patients with SQTs and 15 +/- 11 ms in control subjects.

- When HR is = or < 65bpm the U wave is visible in 90% of cases;
- When HR is between 80 bpm and 95 bpm the U wave is visible in 65% of cases;
- When HR is > 96bpm the U wave is visible in 25 % of cases;
- SAU points towards the left. Thus, U wave is better observed in V3 (between V2 and V4);
- The U wave is better observed in precordial leads when compared to FP leads.

Causes of prominent U waves

- Hypokalemia (remember the triad of ST segment depression, low amplitude T waves, and prominent U waves) Abnormally prominent U waves are characteristically seen in severe hypokalaemia.
- Hypercalcemia
- Hypomagnesaemia
- Hypothermia
- Sinus bradycardia accentuates the U wave The most common cause of prominent U waves is bradycardia
- Forced inspiration

- Post-exercise
- Class 1A(quinidine, procainamide) and Class 3 antiarrhythmics(sotalol amiodarone)
- Phenothiazines (thioridazine)
- Raised intracraial pressure: In the setting of intracranial hemorrhage.CNS disease with long QT intervals (often the T and U fuse to form a giant "T-U fusion wave")
- LVH (right precordial leads with deep S waves)
- Mitral valve prolapse (some cases)
- Hyperthyroidism thyrotoxicosis
- Exposure to digitalis
- Epinephrine
- Congenital long QT syndrome
- Acquired long QT syndrome (**Antzelevitch 1995**)
- Congenital Short QT syndrome (**Schimpf 2008**)
- Complete AV block
- Left ventricular hypetrophy
- Hypertrophic cardiomyopathy and others cardimyopathies

Brazilian family with congenital short QT syndrome

- XII) The response to exercise testing is a slight reduction of the QT interval during the increase in heart rate.
- XIII)Frequent R-on-T premature ventricular contractions triggering sustained polymorphic VT (Portugal 2014).
- XIV)Short refractory periods and tendency for inducible AF and VF were seen in EPSs. Diseases that abbreviate the cardiac action potential (AP) by increasing the strength of repolarizing transmembrane currents are highly arrhythmogenic. It has been proposed that optogenetic tools could be used to restore normal AP duration (APD) in the heart under such disease conditions.

Presence of arrhythmias

I) Supraventricular arrhythmias

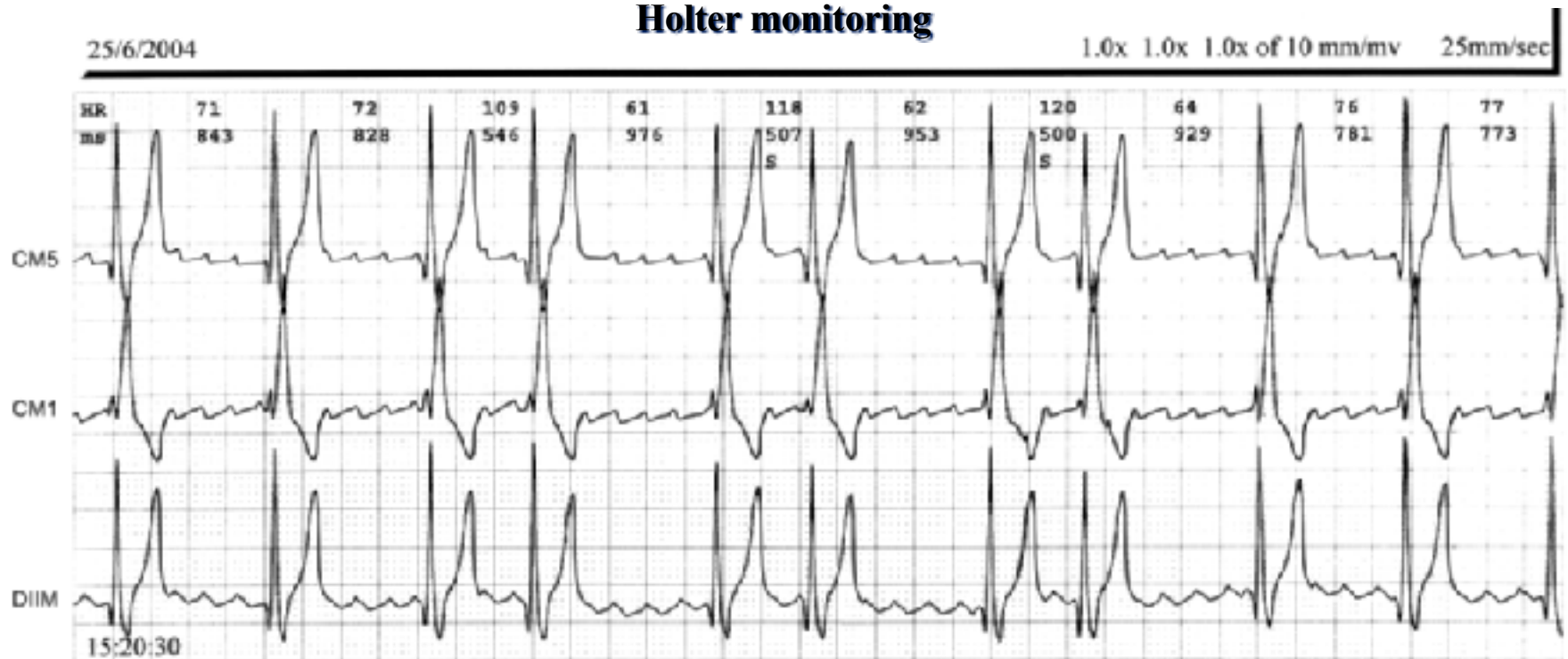
- Paroxysmal atrial fibrillation episodes
- Supraventricular arrhythmias

High tendency to Paroxysmal Atrial fibrillation episodes

Atrial fibrillation and slow ventricular response

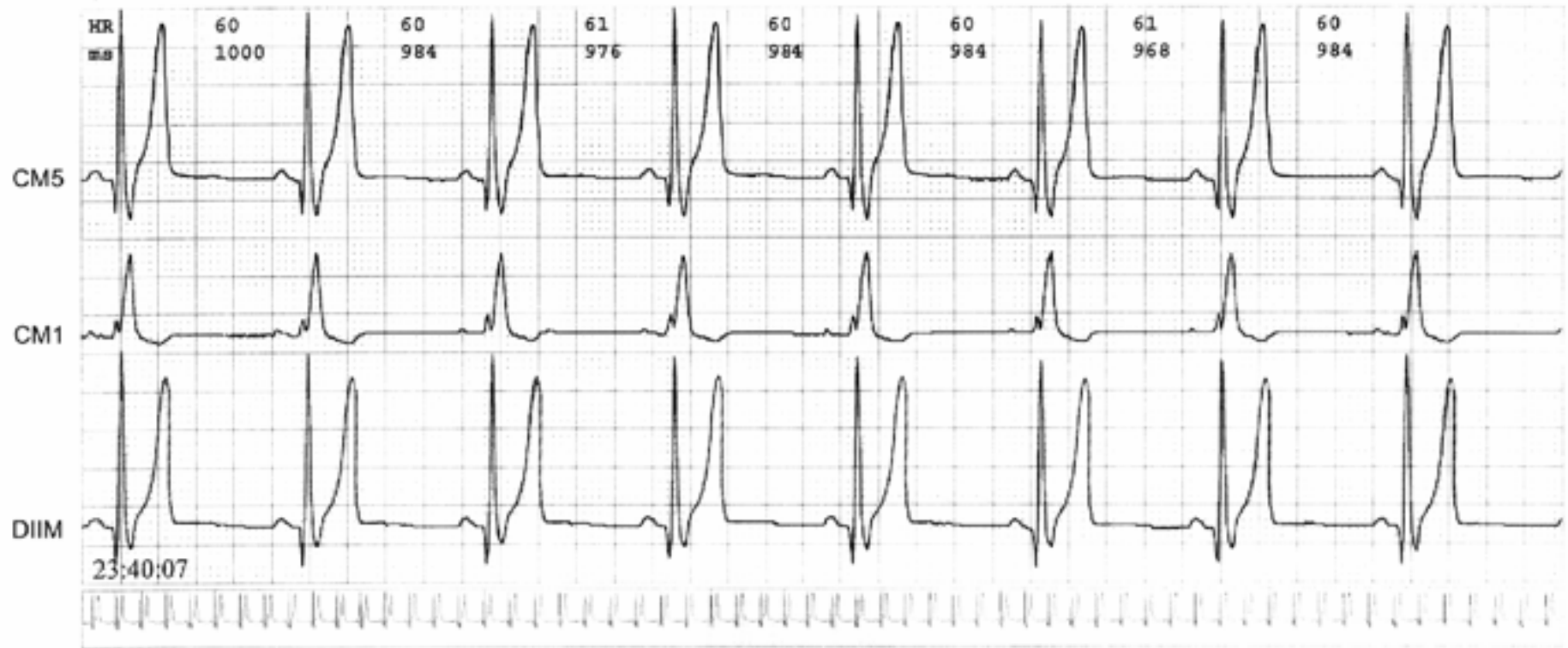
Patients with hereditary short-QT or long-QT syndromes, representing the very extremes of the QT interval, both seem to have a high prevalence of AF.

Holter monitoring



In this tracing we can see a short period of gross atrial fibrillation. The patient described palpitations. Congenital short QT syndrome is associated to high incidence of paroxysmal atrial fibrillation, the electrophysiological mechanism of which would be caused by very short action potential with heterogeneous shortening of the cardiac potential and refractory period of atrial cardiomyocytes.

1.0x 1.0x 1.0x of 10 mm/mv 25mm/sec



Sinus rhythm, tall/ peaked, narrow-based T waves or pseudo symmetrical T-wave in a patient with SQTS. Approximately 8 hours later during the same test, the patient spontaneously reversed into sinus rhythm.

Villafañe et al present a patient with congenital SQTs with AF and a slow ventricular response. Medical therapy has not been effective in maintaining sinus rhythm. The long-term outcome remains unknown for these children. This condition may present in utero as persistent bradycardia with postnatal ECG showing a very short QT interval (Villafañe 2014).

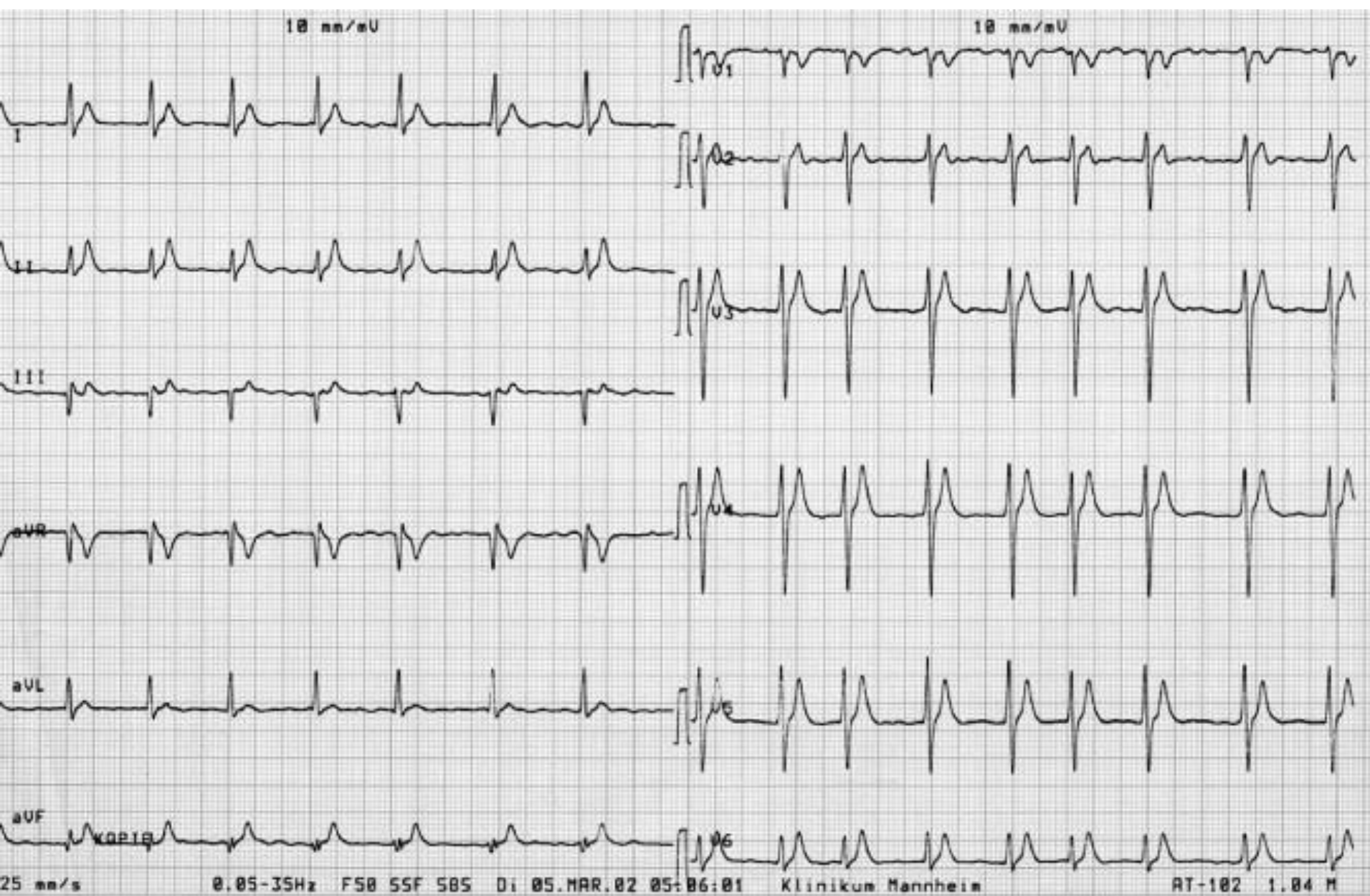
A KCNQ1 mutation (SQT2) causes age-dependant bradycardia and persistent atrial fibrillation.([Ki 2014](#)). The description of a novel, de novo gain of function mutation in KCNQ1, responsible for atrial fibrillation and SQTs in utero indicates that some of these cases may have a genetic basis and confirms a previous hypothesis that gain of function mutations in KCNQ1 channels can shorten the duration of ventricular and atrial action potentials ([Hong 2005](#)). Mutations of KCNQ1 have been identified in patients and a vast majority of the described mutations are linked to the LQTS. Only a few mutations are linked to other pathologies such as AF and the SQTs.



Twelve-lead ECG Holter recording showing atrial fibrillation (heart rate,120 bpm) with markedly shortened QT interval (QT 200 ms, paper speed 25 mm/s). (B) Twelve-lead ECG Holter recording showing atrial fibrillation (heart rate, 60 bpm) with short QT interval (QT 200 ms). (C) The flat relationship between heart rate and QT interval indicates lack of adaptation of QT interval to changes in cycle length.

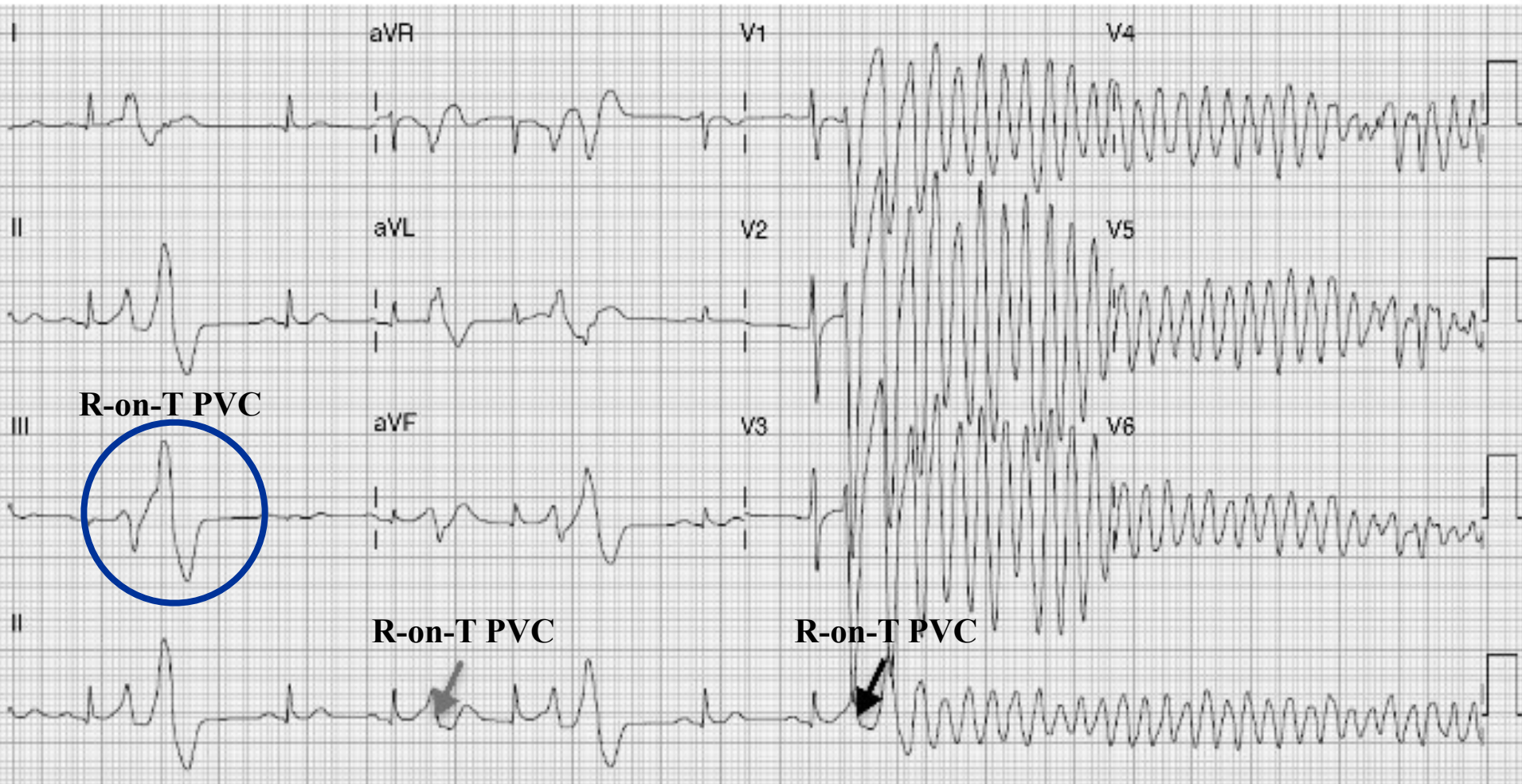


* Presentation named Supraventricular tachycardias and Brugada Syndrome from Brugada Syndrome Consensus Conference held in Lake Placid – NY – September 11-14 2003 by Prof. Martin Borggrefe MD, Ph.D.



Ventricular arrhythmias

- Polymorphic VT with first PVC with very short coupling
- Electrical storm: successive episodes of VF



ECG recorded during a syncopal episode shows sinus rhythm. The tracing shows a shortened QT interval (320 ms) with frequent PVCs causing R-on-T PVCs (grey arrow). One PVC (black arrow) triggers polymorphic VT which caused syncope ([Portugal 2014](#)).

Genetic cardiac diseases easily detectable by ECG

Main cardiac channelopathy phenotypes and genetic cardiomyopathies

A) Without apparent structural heart disease

- Brugada syndrome (BrS)
- Congenital long QT syndrome (LQTS)
- Short QT syndrome (SQTS)
- Idiopathic Ventricular Fibrillation (IVF)
- Early Repolarization Syndrome (ERS)
- Catecholaminergic Polymorphic Ventricular Tachycardia (CPVT)
- Familial Progressive Cardiac Conduction Defect (PCCD): Lenegre disease
- Familial atrial fibrillation: polymorphisms on KCNE1, KCNQ1, and KCNH2
- Sudden Infant Death Syndrome (SIDS)
- Overlapping clinical phenotypes or mixed forms: Brugada syndrome associated with LQT3, Brugada syndrome associated with Progressive Cardiac Conduction Defect, Brugada syndrome associated with sinus node dysfunction Brugada and sick sinus syndrome, Brugada syndrome associated with atrial standstill, SQTS with concomitant Brugada-like ECG pattern

B) With structural heart disease

- Hypertrophic Cardiomyopathy (HCM)
- Arrhythmogenic Right Ventricular Cardiomyopathy/Dysplasia (ARVC/D)
- Familial Dilated Cardiomyopathy (FDCM)
- Conduction disease with abnormal heart: NKX2-5 mutations (transcription factors), PRKAG2 mutations (protein kinase subunit), LMNA gene mutations (Lamin A/C), some muscular dystrophies (SCN5A sodium channel mutations).

J wave syndromes

J wave syndromes are a spectrum of variable phenotypes characterized by the appearance of prominent electrocardiographic J waves (or Osborn waves) with a risk of ventricular fibrillation (VF), including the inherited Brugada syndrome (BrS), traditional early repolarization syndrome (ERS), idiopathic ventricular fibrillation (IVF) with J wave in inferior leads as well as acquired arrhythmias linked to the acute ST-segment elevation myocardial infarction (MI) and hypothermia. Although they may bear differences with regard to the ECG lead location, amplitude, and underlying causes of J wave, these disease entities share a similar ionic and cellular basis, risk factors, and similar clinical outcomes.

J wave syndromes were first defined by Yan et al. in a Chinese journal in 2004 (Yan 2004) and has gained worldwide recognition in the past decade.[2–4] J wave syndromes.

J wave is a positive deflection immediately following the QRS complex of the surface ECG or be in part buried inside of the QRS as notching or slurring.[3,5] J wave may be accompanied by an ST segment elevation, traditionally referred to as an early repolarization (ER) pattern (Antzelevitch 2011).

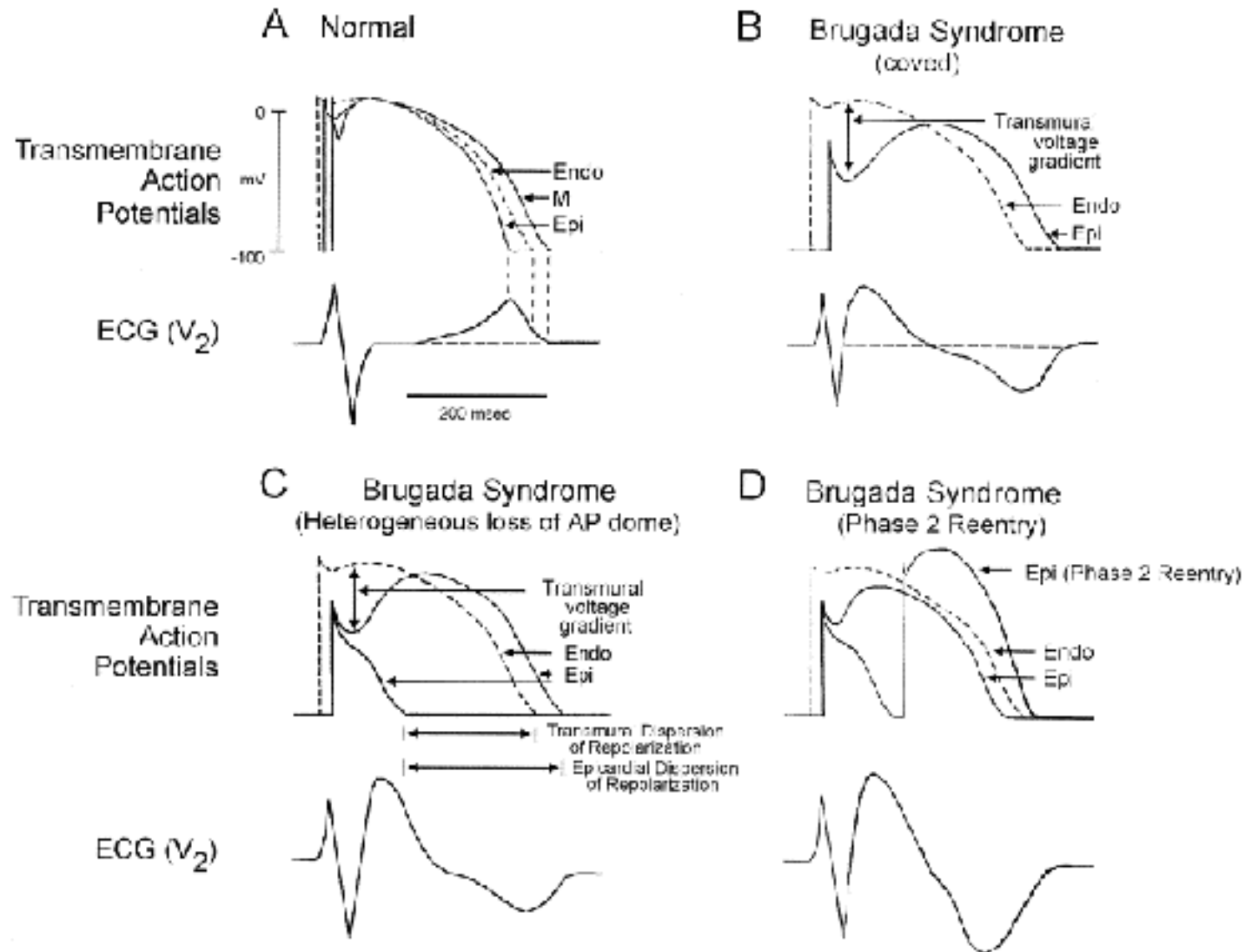
J wave was demonstrated as early as in the last century. J wave (QRS slurring or notching) was first reported in an experimental model of hypercalcemia (Kraus 1920), followed by hypothermia-induced J waves in an accidentally frozen man by Tomaszewski, who described the wave as a very slowly inscribed deflection between the QRS complex and the ST segment of the ECG (Tomaszewski 1938). Shipley and Hallaran described J wave in healthy young individuals shortly afterward (Shipley 1936). J wave was later named as Osborn wave after being highlighted by a landmark study in which Osborn described hypothermia-induced J wave in hypothermic dogs and its accentuation prior to VF (Osborn 1953). Over the past decades, J waves have been increasingly recognized in subjects with central nervous system disorders (Hersch 1961), clinical hypercalcemia (Sridharan 1984), BrS (Brugada 1992; Yan 1996), IVF (Kalla 2000; Haïssaguerre 2008), and myocardial ischemia (Yan 2004; Jastrzebski 2009). Especially, J wave has gained a great deal of attention after determining it as a sign of a substrate capable of generating fatal VT/VF. Underlying ionic and cellular basis of Ito-mediated J wave was elucidated in the days when the arterially perfused ventricular wedge preparation was first developed in 1996 (Yan 1996) Ito is the main current contributing to the repolarizing phase 1 of the AP.

It is a result of the movement of K^+ from the intracellular to the extracellular (Niwa 2010). I_{to} is rapidly activated and deactivated (Wettwer 1993). It is activated after the fast increase of the membrane potential following the phase 0 of the AP (Niwa 2010). Once activated, the outward flow of (K^+) ions from inside the cells constitutes I_{to} and causes the transmembrane potential to decrease. This decrease of the transmembrane potential is known as repolarization. I_{to} is then quickly deactivated, stopping the repolarization and ending the phase 1 of the AP (Niwa 2010; Wettwer 1993). A distinct AP notch mediated by I_{to} in epicardium, rather than endocardium, produces a transmural voltage gradient during early ventricular repolarization that is, contributory to registration of J waves on the ECG. Several lines of evidence determined the higher density of I_{to} in the epicardium compared to the midmyocardial (M) region and significantly greater than the endocardial region of canine ventricle. Similar results were obtained in subepicardial and subendocardial myocytes from human ventricles (Wettwer 1994; Näbauer 1996). Factors that affect the gating properties of I_{to} or ventricular activation sequence can modify the appearance of the J wave. For example, because of its slow recovery from inactivation, I_{to} is reduced following faster heart rate, resulting in a decrease in the amplitude of the J waves.

Phase 2 Reentry, An Initiator for Ventricular Fibrillation

If the I_{to} -mediated epicardial AP notch is deep enough, complete loss of epicardial AP dome may occur. During transition to complete loss of epicardial AP dome, a few electrical alterations occur (Yan 2004): The dome is markedly delayed immediately prior to its complete loss, resulting in paradoxical AP prolongation “downslope ST segment elevation,” which in fact is a giant J wave, followed by a negative T wave (Shu 2005); once the epicardial AP dome is completely lost, AP duration shortens $\approx 40\%$, (Yan GX 1999) causing a marked increase in TDR (Antzelevitch 2010); complete loss of the dome is often heterogeneous across the epicardium: That is, complete loss of the dome with significantly AP shortening occurs in some areas, but the delayed AP dome remains in others (Yan 1999; Yan 2003). Due to a marked difference in AP duration and the property of the delayed dome similar to ER (Guo 2007), the dome may produce a new AP in the areas where complete loss of epicardial AP is present, leading to formation of short-coupled PVCs, which can be capable of originating PVT/VF.

Because it is the propagation of the dome at AP phase 2, it is termed as phase 2 reentry, also demonstrated in humans.[62] Phase 2 reentry is the initiator for VF in all of the J wave syndromes regardless of the locations of J wave on the ECG (D) ([Antzelevitch 2001](#)).



Schematic representation of RV epicardial action potential (AP) changes thought to underlie the ECG manifestation of Brugada syndrome.

Acquired J Wave Syndromes

J wave syndromes can be acquired, which share the similar properties with those of inherited J wave syndromes, including ECG features and the underlying mechanism for VF (Antzelevitch 2010; Cui 2010). Hypothermia-induce J wave is well-known, and the study that showed J wave accentuation prior to VF can be dated back to 1953 (Osborn 1953). Hypothermia can produce distinct J waves, resulting in phase 2 reentry and VF (Gurabi 2014). Note, hypothermia-induced J waves can be confined to some selected leads or manifest globally in all leads. Under normal conditions, much of the J wave is buried inside the QRS complex. With hypothermia, the epicardial AP notch is evidently accentuated, and transmural conduction is slowed bringing about to a prominent J wave (Antzelevitch 2011). It seems that there is no prominent gender-related discrepancy in manifestation of hypothermia-induced VF. This may be due to the powerful potential of hypothermia to significantly amplify the magnitude of J waves, which can then abate the basically gender-related diversity of J wave. Another more common type of acquired J wave syndromes is ischemia-induced J wave syndrome (Yan 2004; Cui 2010; Wang 2008; Li 2009). During early phase of acute MI in canine experiments, phase 2 reentry causes R-on-T ectopic beats capable of initiating VF (Yan 2004). Intrinsically, much higher density of Ito in right compared to left ventricular epicardium may be responsible for an increased incidence of ischemia-induced VF. This is further supported by clinical observation of higher incidence of primary VF in individuals with acute inferior MI who have right ventricular involvement (8.4%) than those without (2.7%), or with an anterior MI (5.0%) (Mehta 2001).

J wave syndromes

	Inherited				Acquired	
Characteristics	ERS type 1	ERS type 2	ERS type 3	BrS	Ischemia mediated VT/VF	Hypothermia mediated VT/VF
Average age of first event	35 years				30-40 years	
Anatomic location	Anterolateral left ventricle	Inferior left ventricle	Left and right ventricles	RVOT	Left and right ventricles	Left and right ventricles
Leads displaying J point/J wave	I, V4-V6	II, III, aVF	Global	V1-V3	Any of 12 leads	Any of 12 leads
Response of J wave/ST elevation to Bradycardia or pause	↑	↑	↑	↑	NA	NA
Response of J wave/ST elevation to Na-channel blockers	↓→	↓→	↓→	↑	NA	NA
Male predominance	75%			80%		
VT/VF	Rare common in healthy athletes	Yes	Yes, electrical storm	Yes	Yes	Yes
Sex dominance	Male	Male	Male	Male	Male	Male
Response to quinidine					Limited data	
J wave/ST elevation	↓	↓	↓	↓		

	Inherited				Acquired	
Characteristics	ERS type 1	ERS type 2	ERS type 3	BrS	Ischemia mediated VT/VF	Hypothermia mediated VT/VF
VT/VF	↓	↓	↓	↓		↓
Response to isoproterenol			Limited data		NA	NA
J wave/ST elevation	↓	↓		↓		
VT/VF	↓	↓		↓		
Gene mutations	CACNA1C, CACNB2B	KCNJ8, CACNA1,CACNB2B KCNJ8, CACNA1, CACNB2B	CACNA1C	SCN5A, CACNA1C, CACNB2B, GPD1L, SCN1B, KCNE3, SCN3B, KCNJ8, CACNA2D1, KCND3, MOG1, ABCC9, HCN4, KCNH2, KCNE5	SCN5A	Not available.

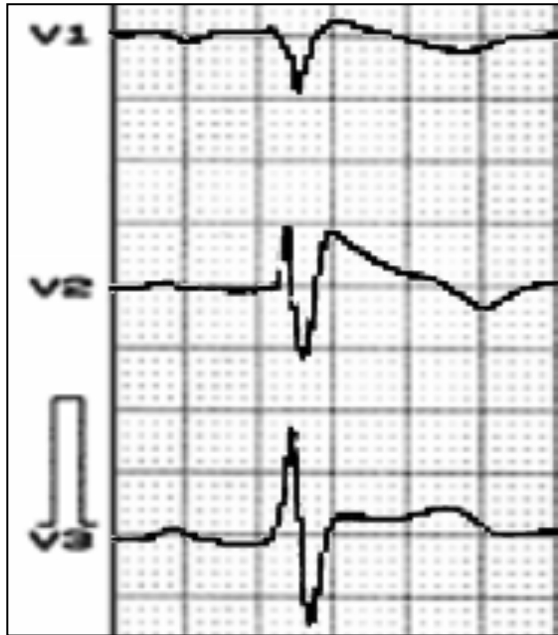
ERS: Early repolarization syndrome; BrS: Brugada syndrome; VT: Ventricular tachycardia; VF: Ventricular fibrillation; NA: Not available

Brugada syndrome: Brugada syndrome diagnosis criteria (Antzelevitch 2005)

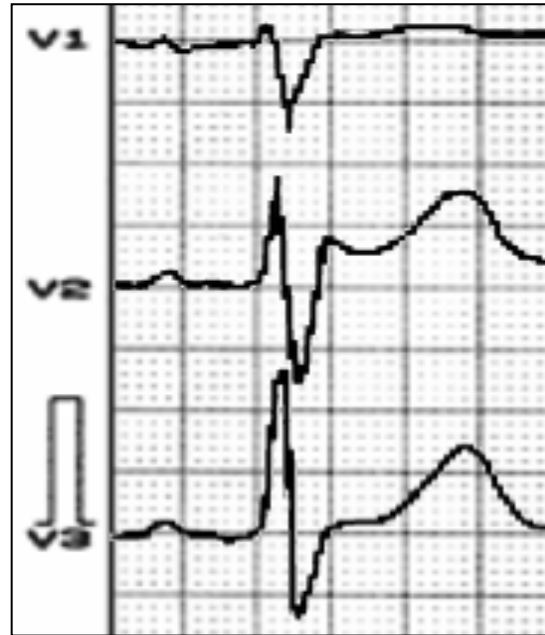
1. Absence of apparent structural heart disease
2. Absence of drugs effects, electrolyte disturbance and CHD
3. Documented PVT/VF
4. Family history of SCD at <45 years old in first-degree relatives
5. Type 1 ECG Brugada pattern (Coved-type) in proband and family members
6. Induction of VT/VF with Programmed Electrical Stimulation
7. Syncope, cardiac arrest or nocturnal agonal respiration.

ECG types from first consensus report (**Wilde 2002**)

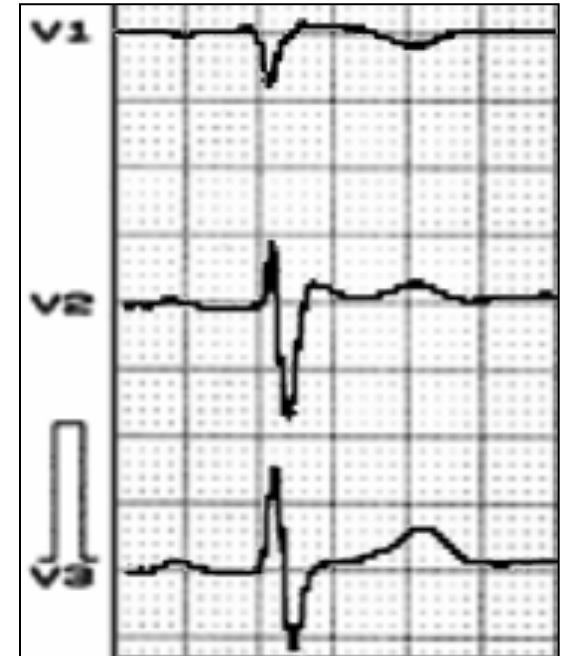
Type 1



Type 2



Type 3



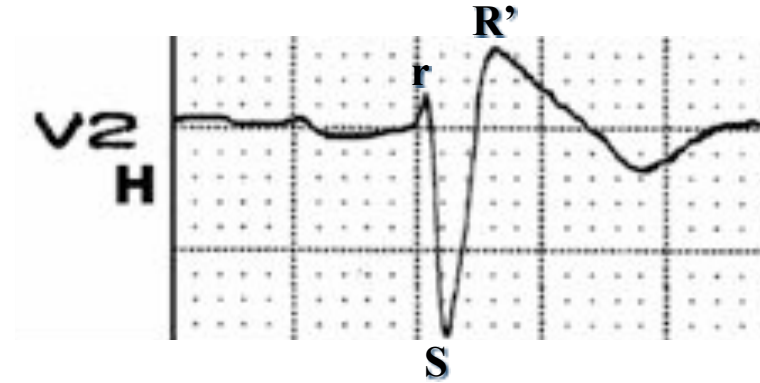
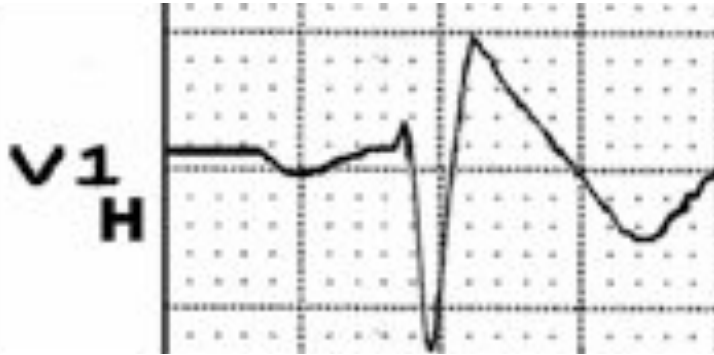
Type 1: ST-segment elevation is triangular or coved to the top (“coved type”) $\geq 2\text{mm}$ (0.2mV) elevation in >1 right precordial lead V_1 - V_3 in the presence or absence of a sodium-channel blocker and followed by negative symmetrical T wave. Type 0 as coved-type ST elevation without a negative T wave (**Take 2011**).

Type 2: J point and ST segment elevation $\geq 2\text{mm}$ (0.2mV) with saddleback appearance, and remains at least 1 mm above the isoelectric line, followed by positive or biphasic T wave.

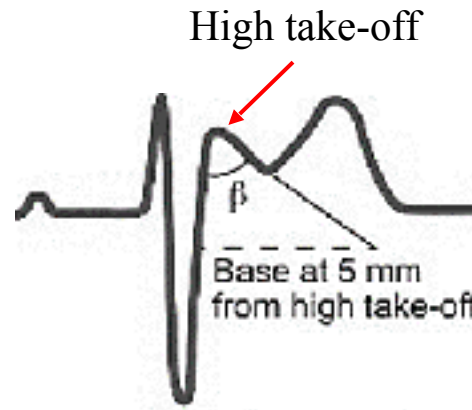
Type 3: J point and ST segment elevation $< 1\text{mm}$ and with variable shape: whether coved type or saddleback appearance. In Type 3, the terminal section of the ST segment never exceeds 1 mm above the isoelectric line. Note that Type 2 and 3 patterns are characterized by the same general shape of the J-ST-T wave, but the ST segment elevation in type 3 pattern is slightly less than 0.1 mV.

New ECG classification

Type 1 Brugada pattern: J point and ST segment elevation ≥ 2 mm, with upper convexity or descending oblique rectilinear followed by negative T wave on right precordial leads (V_1 - V_2 or from V_1 through V_3) and/or high right precordial leads V_{1H} , V_{2H} and V_{3H} .



Type 2 Brugada pattern: it has ST segment elevation with saddleback shaped, high take-off angle broad, β angle always $> 36^\circ$ and base of the triangle from high take-off of 5 mm.



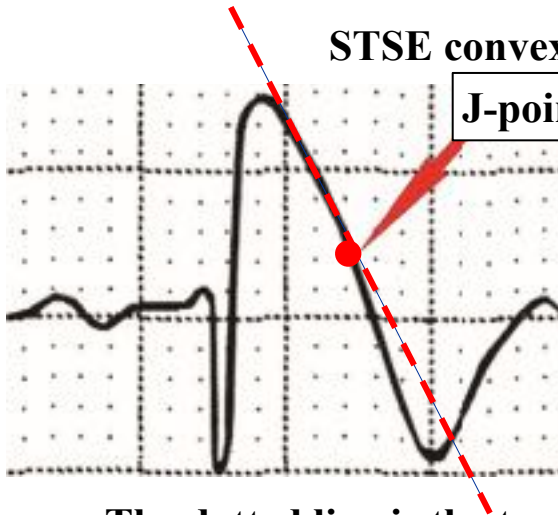
Proposal of classification of type 1 Brugada pattern

Right precordial leads

Subtype 1A

STSE convex upward

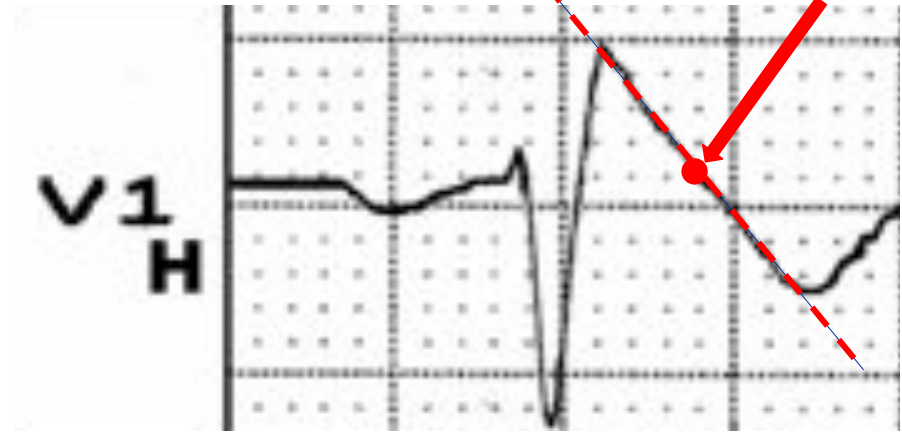
J-point



The dotted line is the tangent line

Subtype 1B

STSE rectilinear oblique descendent

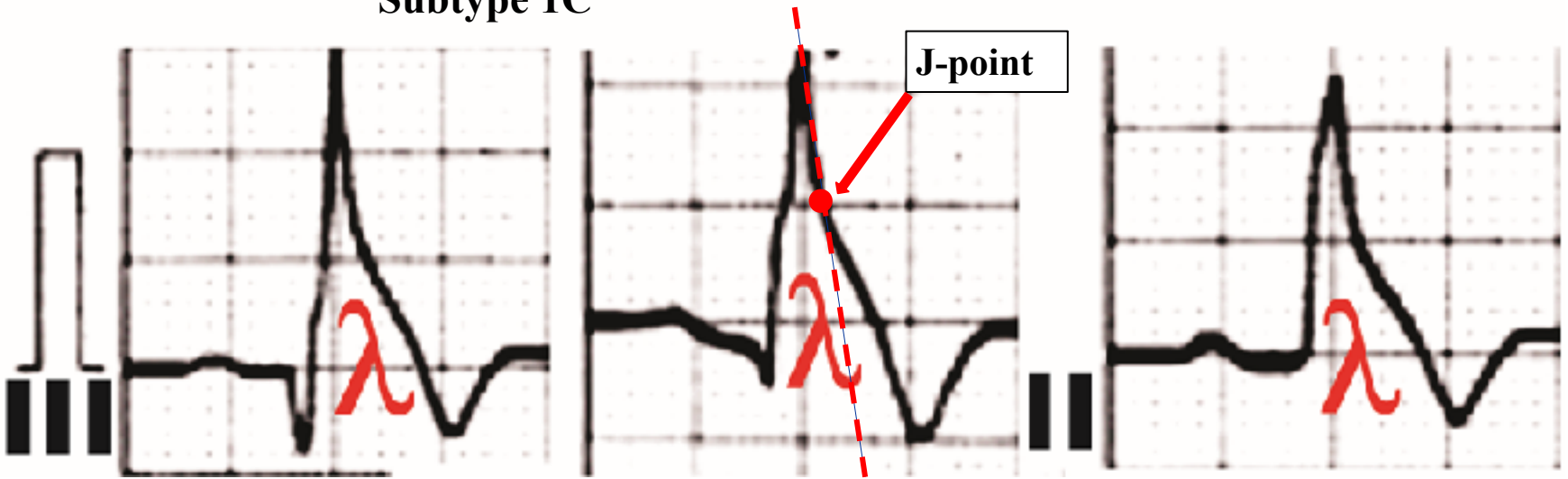


The dotted line is the tangent line

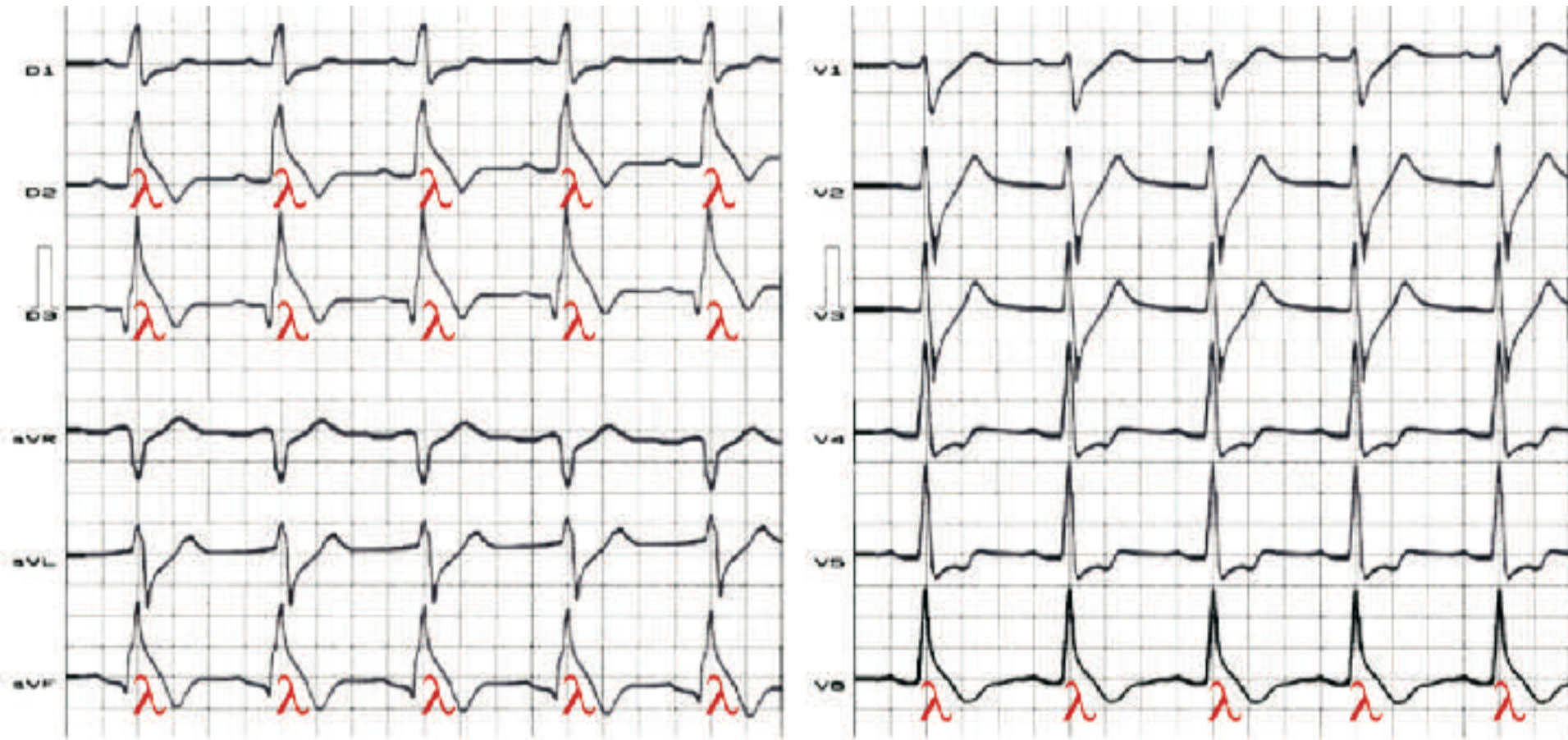
Inferior leads

Subtype 1C

J-point

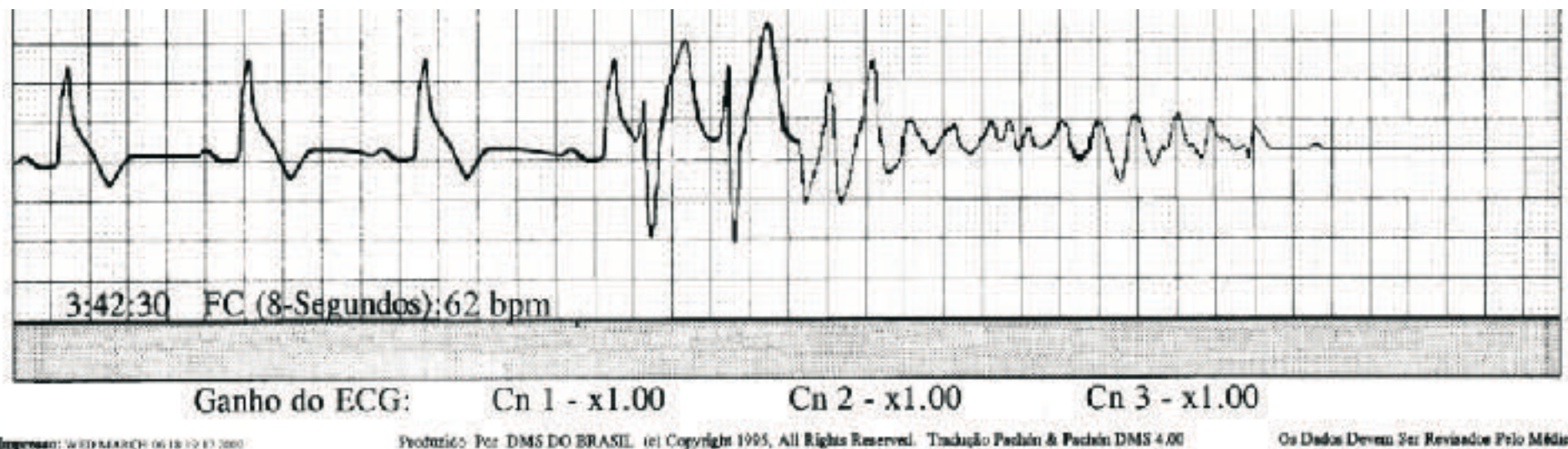


Example of subtype 1C ECG Brugada pattern



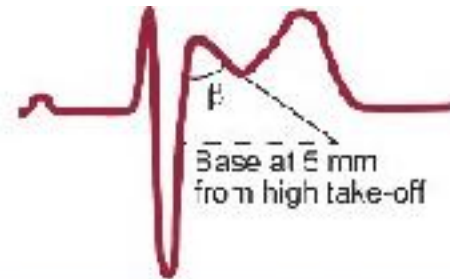
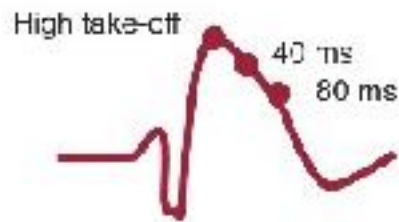
The ECG shows persistent ST segment elevation in the inferior and apical leads, associated to concomitant reciprocal or mirror image in the anterior wall that was not modified with the use of sublingual nitrate in absence of hypothermia, electrolyte imbalance or ischemia.

Riera AR, Ferreira C, Schapachnik E, et al. Brugada syndrome with atypical ECG: downsloping ST-segment elevation in inferior leads. J Electrocardiol. 2004 Apr; 37: 101-104.



Holter monitoring recorded the final event by Holter, manifested by PVT episode with initial short-coupling ventricular premature contractions (R on T) that ended quickly in VF and asystole. Pattern 1C of repolarization has been observed in acute myocardial infarction by Kukla et al ([Kukla 2007](#)). These authors raised the hypothesis that the “Lambda-like ST” could be a new marker of risk of acute infarction with ST segment elevation.

In the new ECG criteria, only 2 ECG patterns are considered: pattern 1 identical to classic type 1 of other consensus (coved pattern) and pattern 2 that joins patterns 2 and 3 of first consensus (saddle-back pattern) (Bayés de Luna 2012).



Type 1 Brugada pattern in V1-V2:

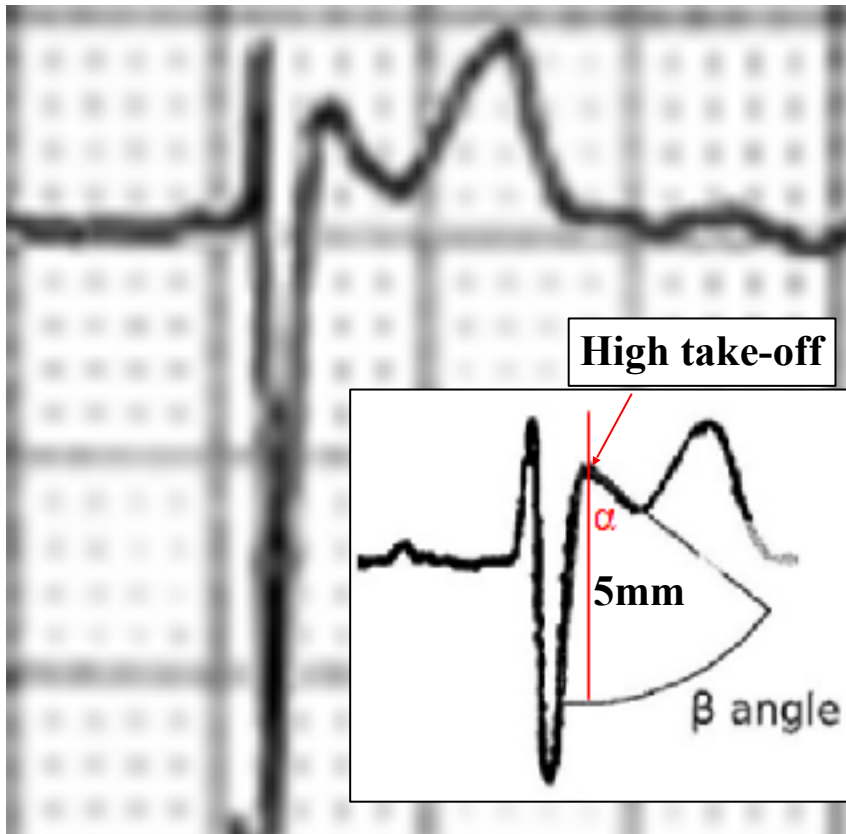
- At the end of the QRS, no ascending ST segment with a high take-off of at least 2 mm followed by a convex to the top or rectilinear downsloping ST segment. There are a few cases where high take-off is between 1 and 2 mm.
- There is no clear r' wave.
- The high take-off does not correspond to the J-point.
- At 40 ms of take-off, the decrease in amplitude of ST segment is 4 mm (it is much higher in RBBB and athletes).
- ST segment at high take-off > ST segment at 40 ms > ST segment at 80 ms
- ST segment is followed by negative and symmetric T-wave.
- The duration of QRS in V1 is longer than in RBBB and longer than in V6 (mismatch).

Type 2 Brugada pattern in V1-V2:

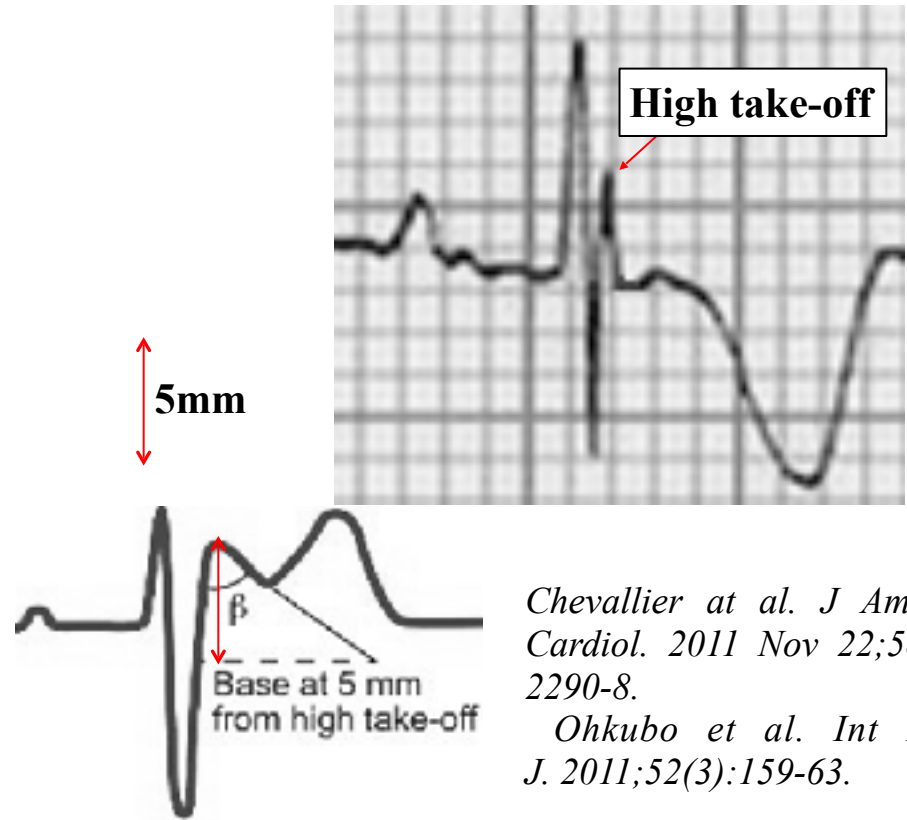
- High take-off that does not coincide with the J-point ≥ 2 mm.
- The descending arm of r' coincides with the beginning of ST segment.
- ST segment upslope is at least 0.5 mm.
- ST segment is followed by positive T wave in V2.
- The characteristics of the triangle formed by r' enables the different criteria to be defined that are useful for diagnosis: a) the duration of the base of the triangle formed by r' at 5 mm from the high take-off is greater than 3.5 mm, and b) the duration of the QRS in Brugada type 2 syndrome is longer than in other cases with r' in V1, and there is a mismatch between V1 and V6.

Type 2 Brugada pattern versus ordinary “innocent” incomplete RBBB

Type 2 Brugada pattern



Ordinary “innocent” incomplete RBBB



Chevallier et al. J Am Coll Cardiol. 2011 Nov 22;58(22):2290-8.

Ohkubo et al. Int Heart J. 2011;52(3):159-63.

β angle	$> 36^\circ$	Acute
α angle	Mayor	Minor
T-wave	Positive or plane	Negative
Duration of triagle base from the high take-off at 5mm	Greater than 3.5 mm	Minimal
High take-off	Wide	Acute

Typical Brugada type 1 pattern after ajmaline injection (80 mg)

Name: BAAS;

Age: 53 years old

Race: Caucasian;

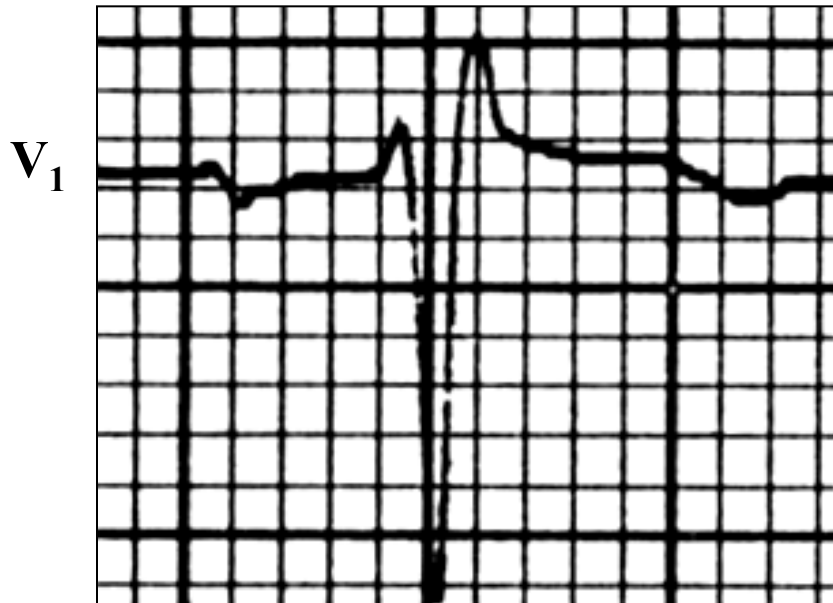
Weight: 95 Kg

Height: 1,85m;

Sex: Male;

Date: 06/17/2005.

ECG before ajmaline injection



**ECG after ajmaline injection
80 mg**



Type 1

Typical Brugada type 1 pattern after ajmaline injection (80 mg)

Name: BAAS;

Age: 53 years old;

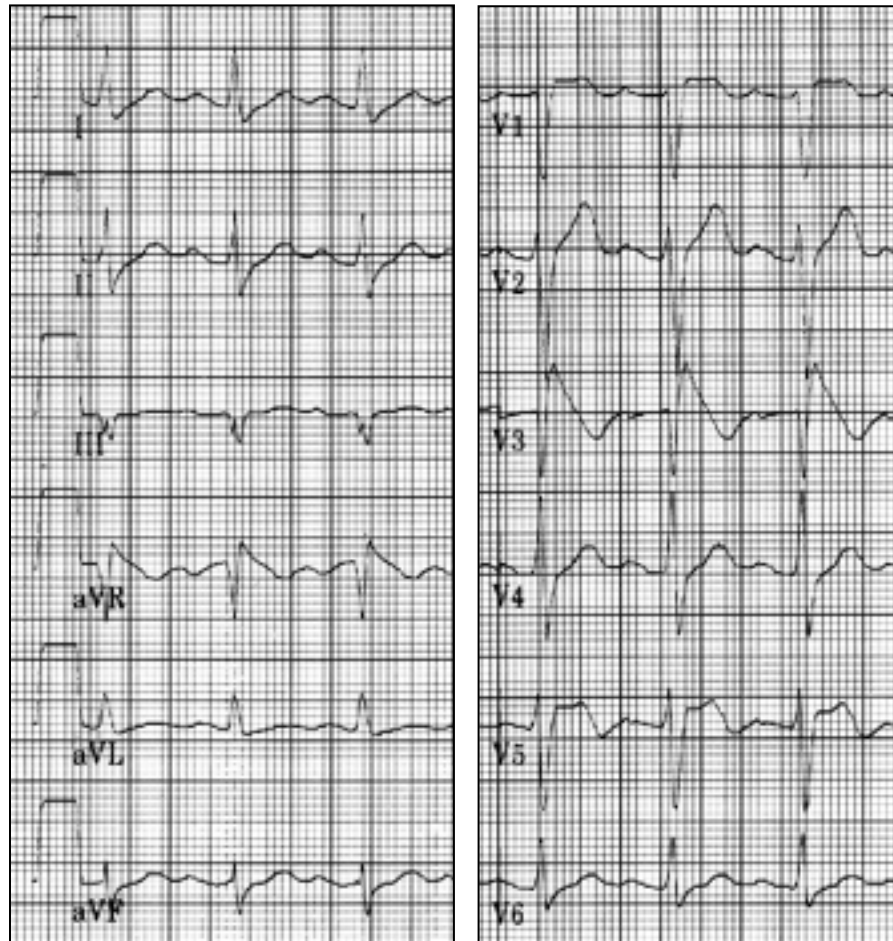
Race: Caucasian;

Weight: 95 Kg;

Weight: 1.85m;

Sex: Male;

Date: 06/17/2005.

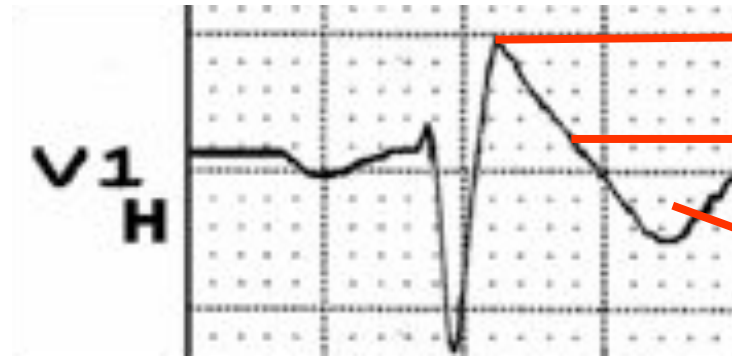


V3=V1

V5=V2

Value of ECG and VCG in the diagnosis and prognosis of the Brugada syndrome

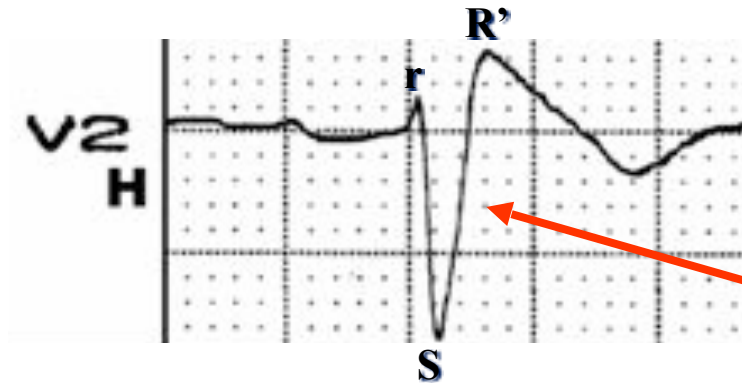
Signature ECG-change



High take-off: it is not the end of QRS complex

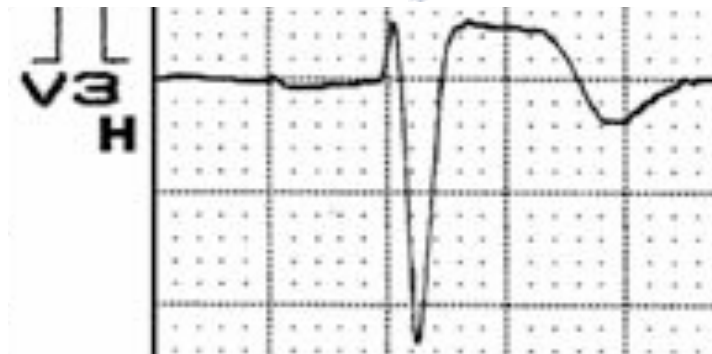
**STSE rectilinear oblique descendent.
Impossible to determinate J-point location**

Negative symmetrical T-wave



**Type 1 ECG
Brugada patten**

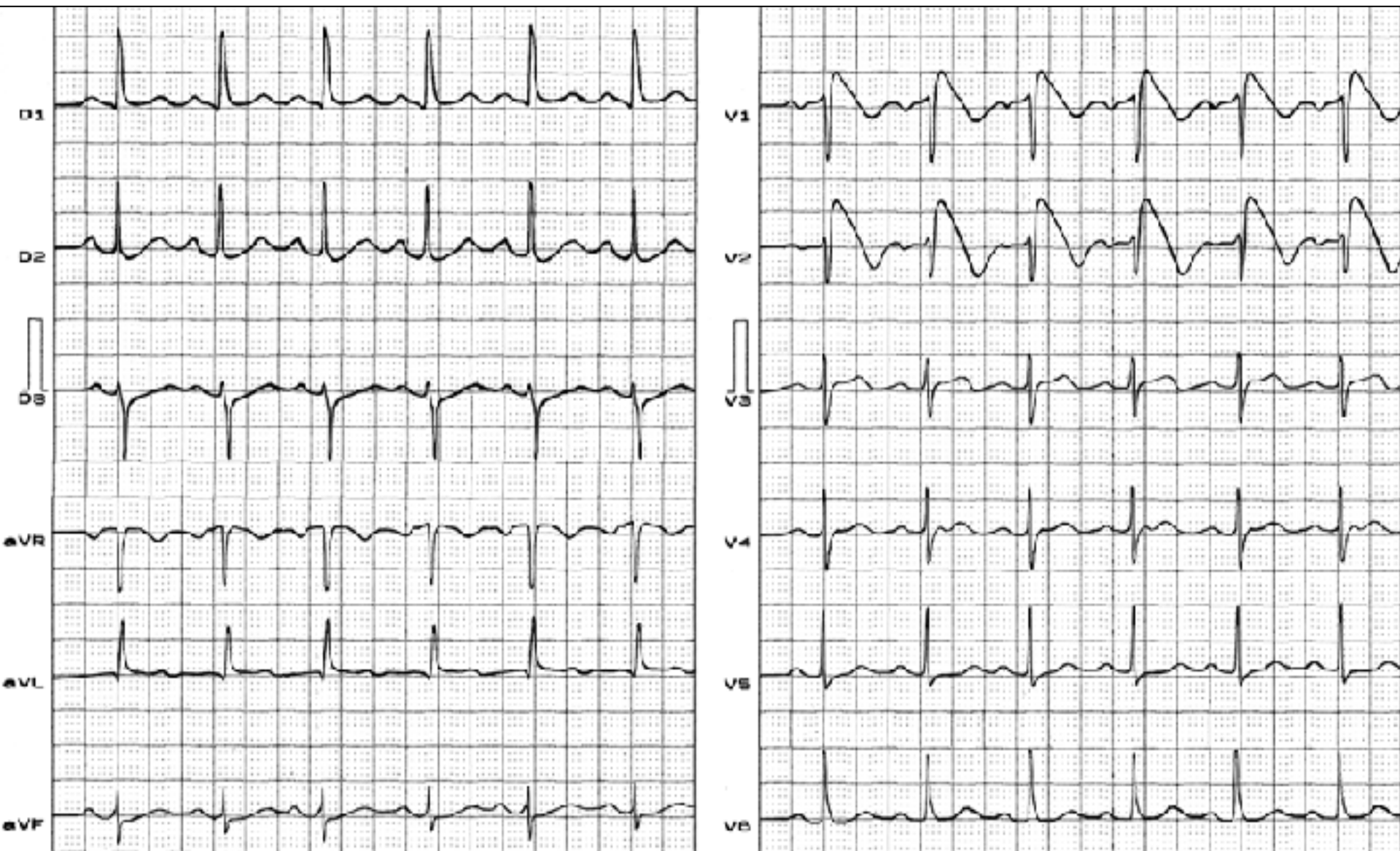
**Triphasic QRS complex with broad
final R' wave rSR'**



Truly Right Bundle Branch Block?

Type 1 Brugada pattern: J point and ST segment elevation ≥ 2 mm, with upper convexity or descending oblique rectilinear followed by negative T wave on right precordial leads (V_1 - V_2 or from V_1 through V_3) and/or high right precordial leads V_{1H} , V_{2H} and V_{3H} .

Name: SJC; **Sex:** M; **Age:** 32 y/o; **Ethnic group:** Caucasian; **Weight:** 82 Kg; **Height:** 1,76 m;
Date: 09/01/2001

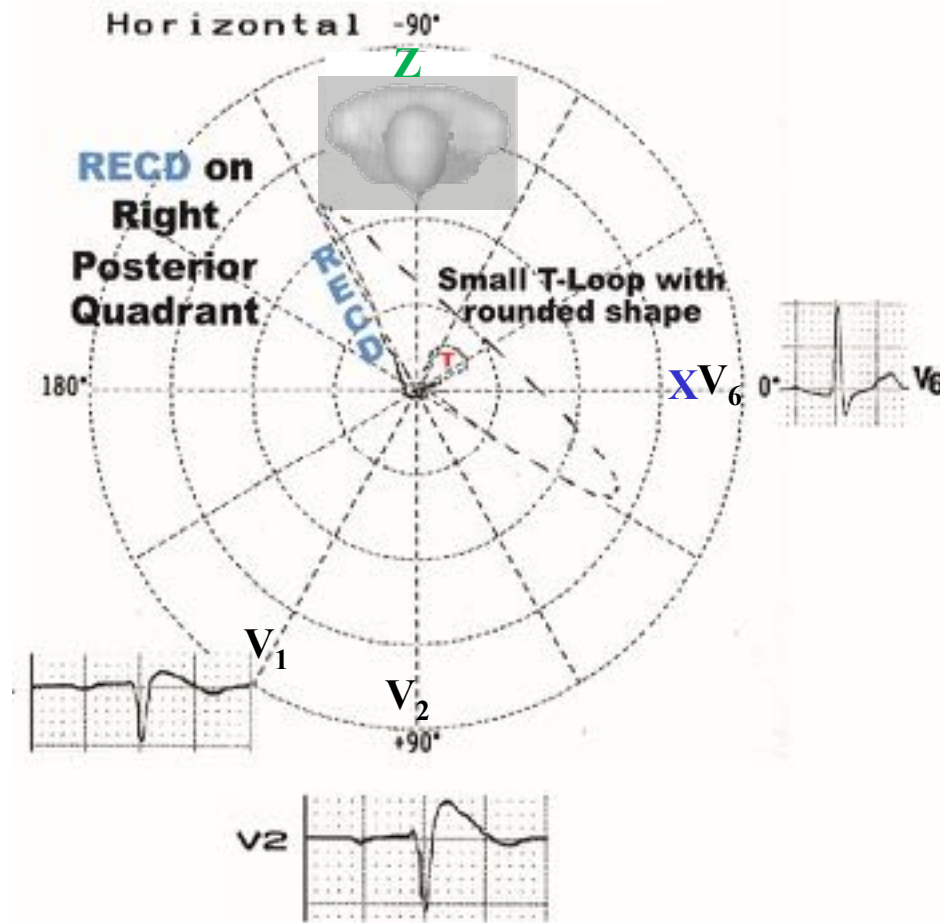


Clinical diagnosis: Symptomatic Young man with Brugada syndrome.

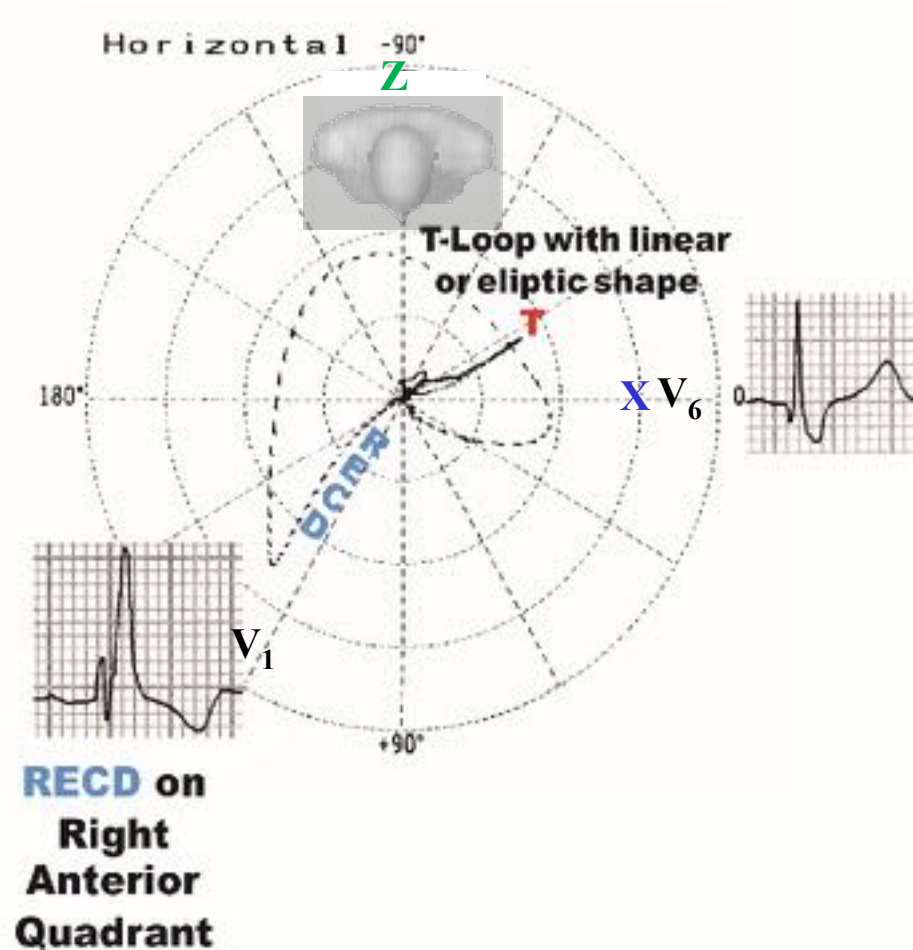
ECG diagnosis: Type 1 Brugada pattern without RBBB.

ECG/VCG correlation in the horizontal plane

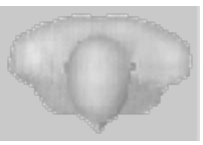
Type 1 Brugada pattern



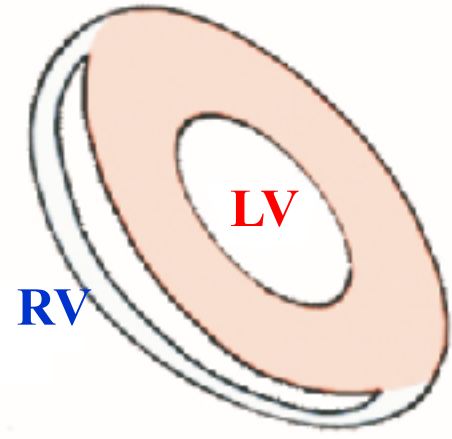
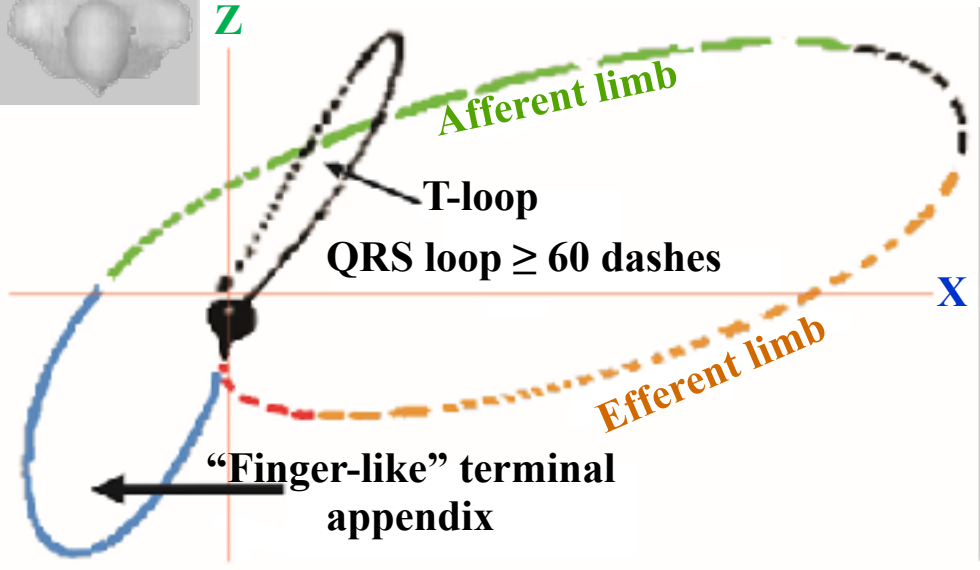
Truly RBBB pattern



RECD on right posterior quadrant



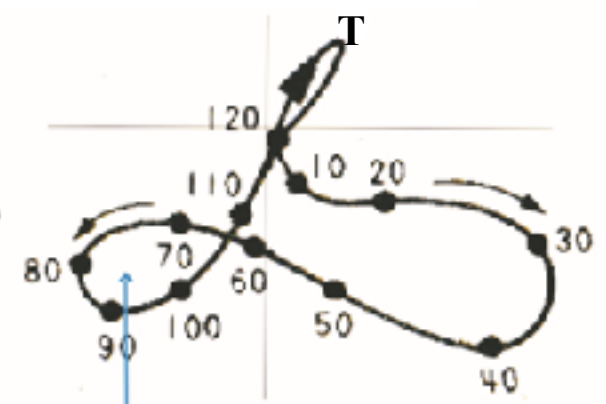
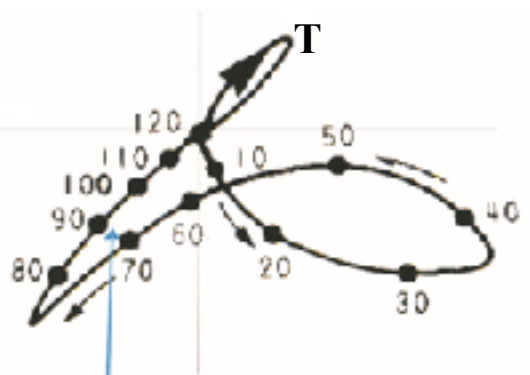
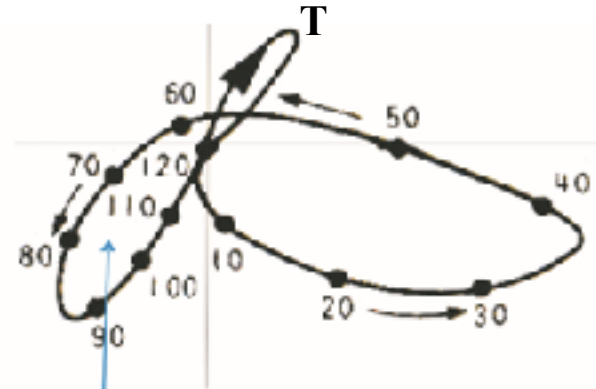
Z



Grishman type
or type I

Cabrera type or
type II

Type III or C

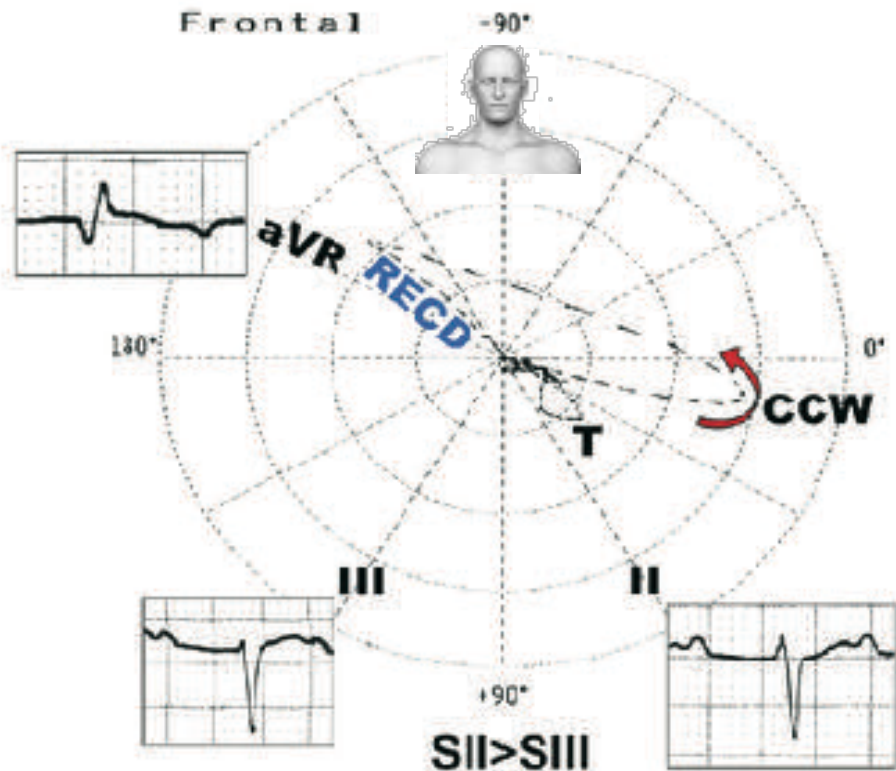


“Finger-like” terminal appendix

FRONTAL PLANE

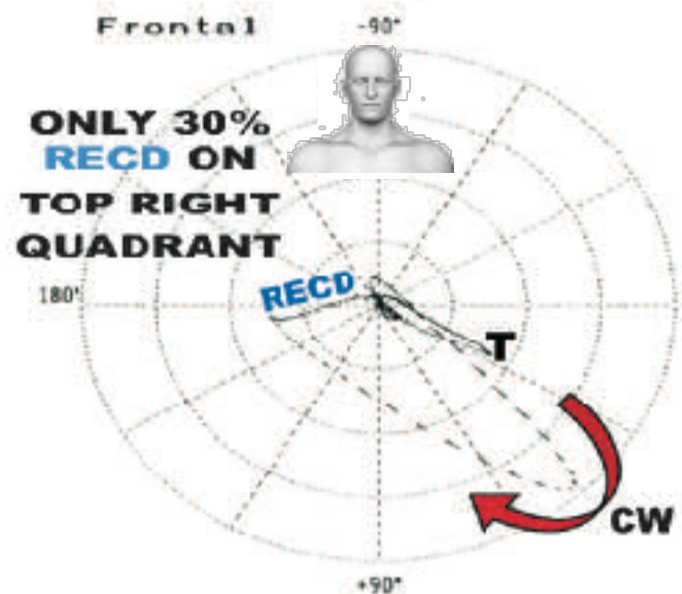
ECG/VCG Group I

**RECD ON TOP
RIGHT QUADRANT 10 (90.9%)**

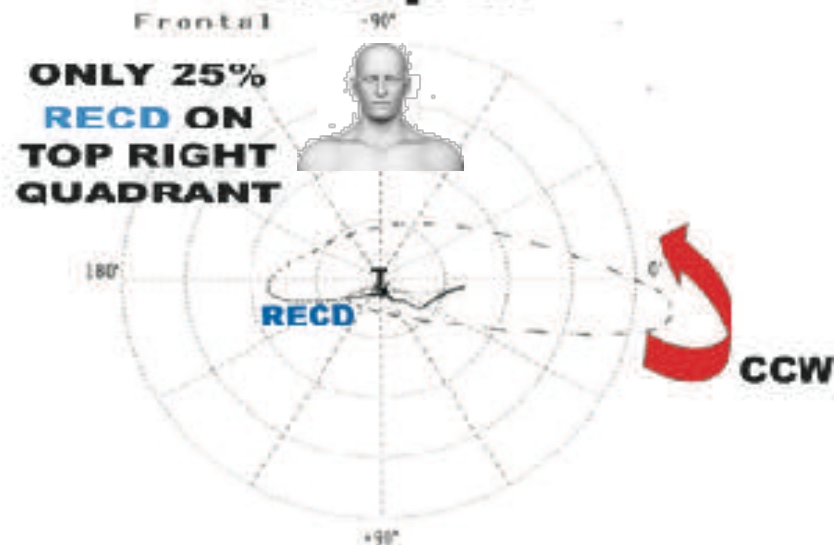


RECD= Right End Conduction Delay
CW= Clock Wise Rotation
CCW= Counter Clock Wise Rotation

VCG Group II

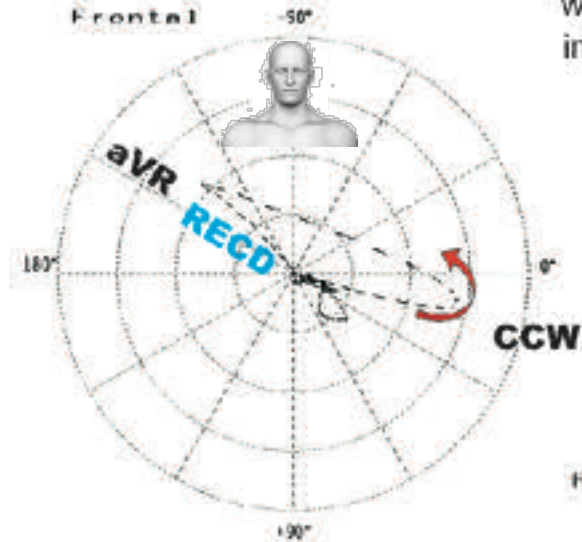


VCG Group III



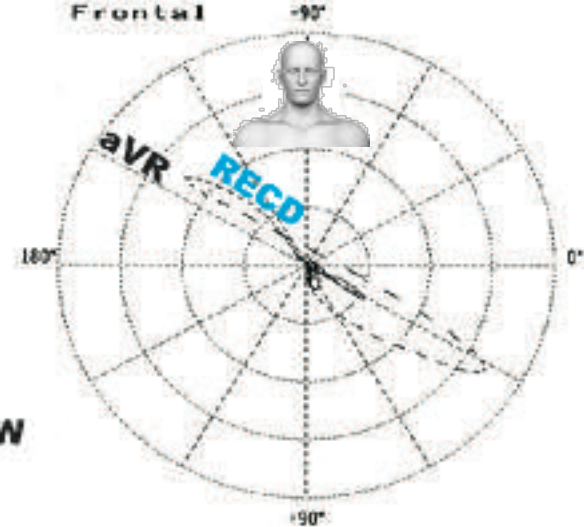
QRS loop types in the frontal plane

RECD Type IA: CCW

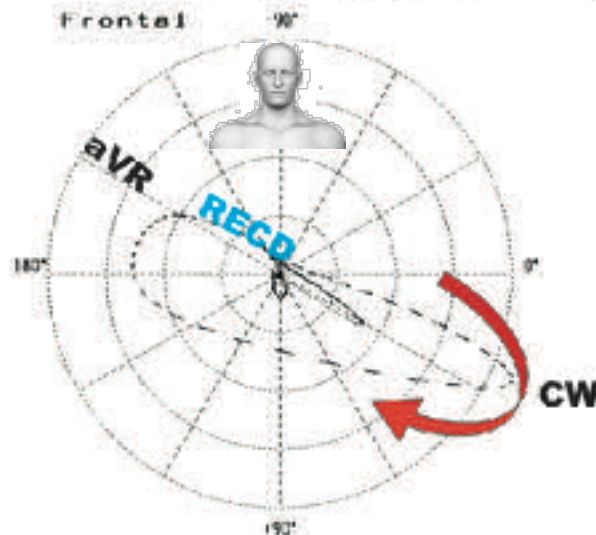


In the three types with **RECD** located in the right superior quadrant, near RVOT the area affected in BrS.

RECD Type IC: In eight



RECD Type IB: CW

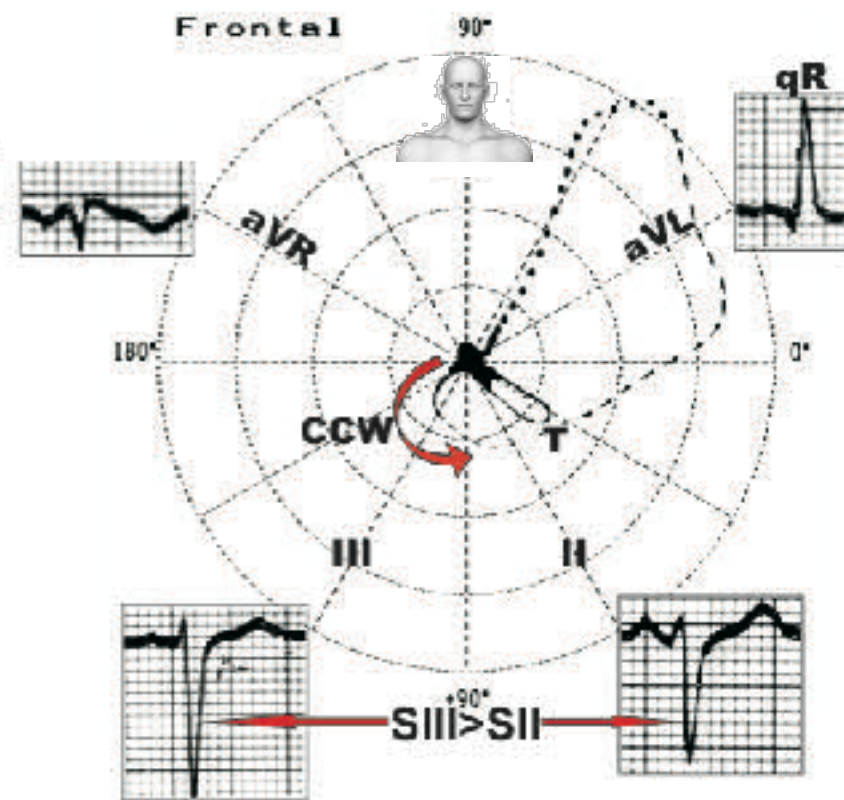


RECD: Right End Conduction Delay

CCW: Counter Clock Wise Rotation

CW: Clock Wise Rotation

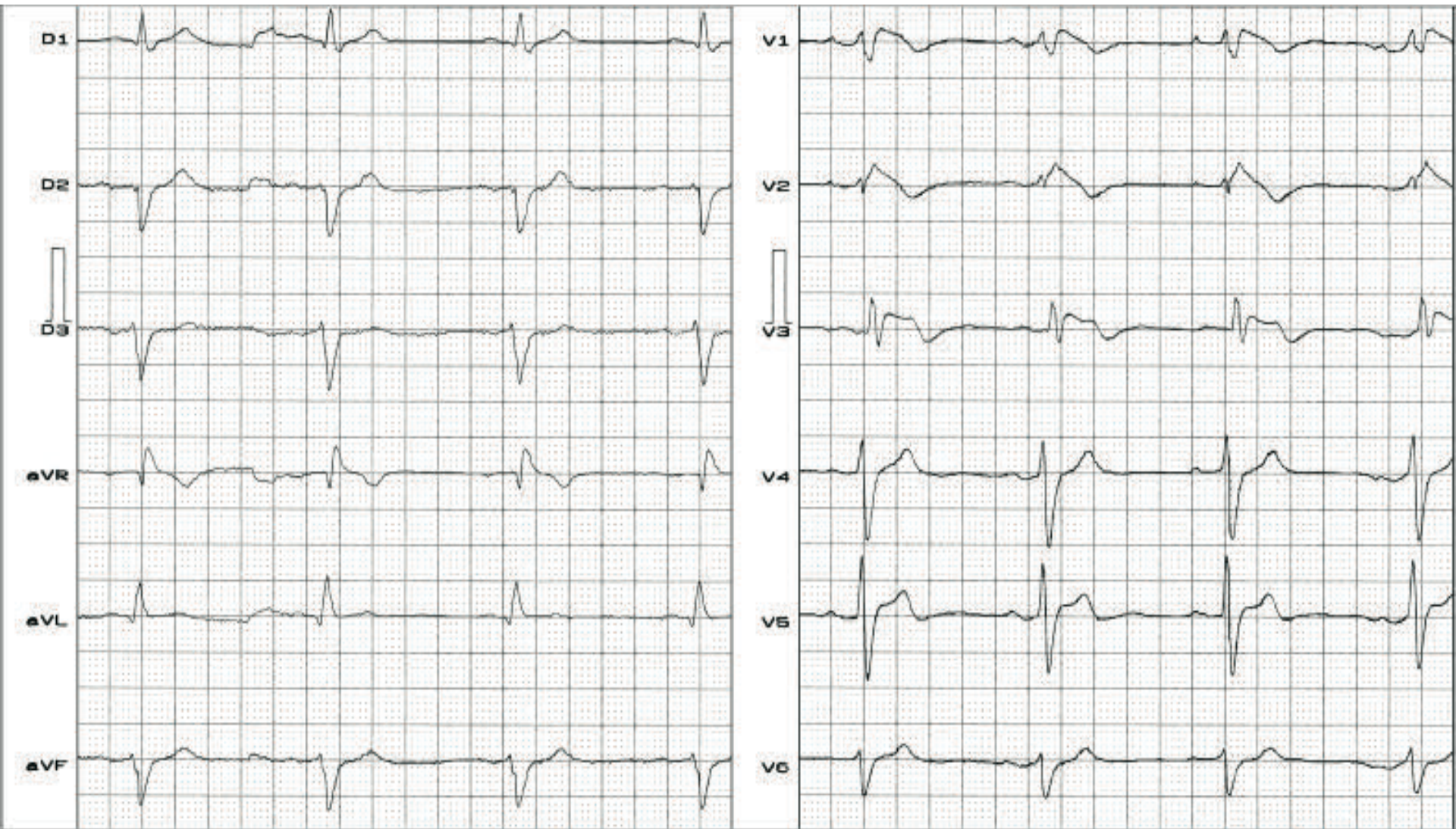
The figure shows the three possible types of QRS loop rotations in BrS in the frontal plane. The type IA with counter clock wise rotation (CCW) of QRS loop and extreme superior QRS axis deviation: Right Superior Fascicular Block.

LAFB

- Right Superior Fascicular Block (**RSFB**)
- Left Anterior Fascicular Block (**LAFB**).

	LAFB	RSFB
Initial 10 ms vector of QRS loop	Heading downward and to the right	Heading downward and to the left
QRS morphology in I & aVL	qR pattern	Rs
SII/SIII ratio	SIII>SII	SII>SIII
Location of end conduction delay (ECD)	In the left superior quadrant when present	In the right superior quadrant (Pastore 1983)
Prominent R wave in aVR (R-wave ≥ 0.3 mV)	Absent	It could be present and it is called aVR sign (Babai Bigi 2007).
Morphology of QRS loop of vectorcardiogram in the horizontal plane	Similar to normal	Similar to type-C right enlargement pattern: initial vector to the front and leftward, counter clockwise rotation and 20% or more of the area of the loop located in the right posterior quadrant in the horizontal plane (Luna Filho 1989)

Name: MK **Age:** 38 y.o; **Gender:** Male; **Ethnic Group:** Asian; **Weight:** 68kg; **Height:** 1,70m



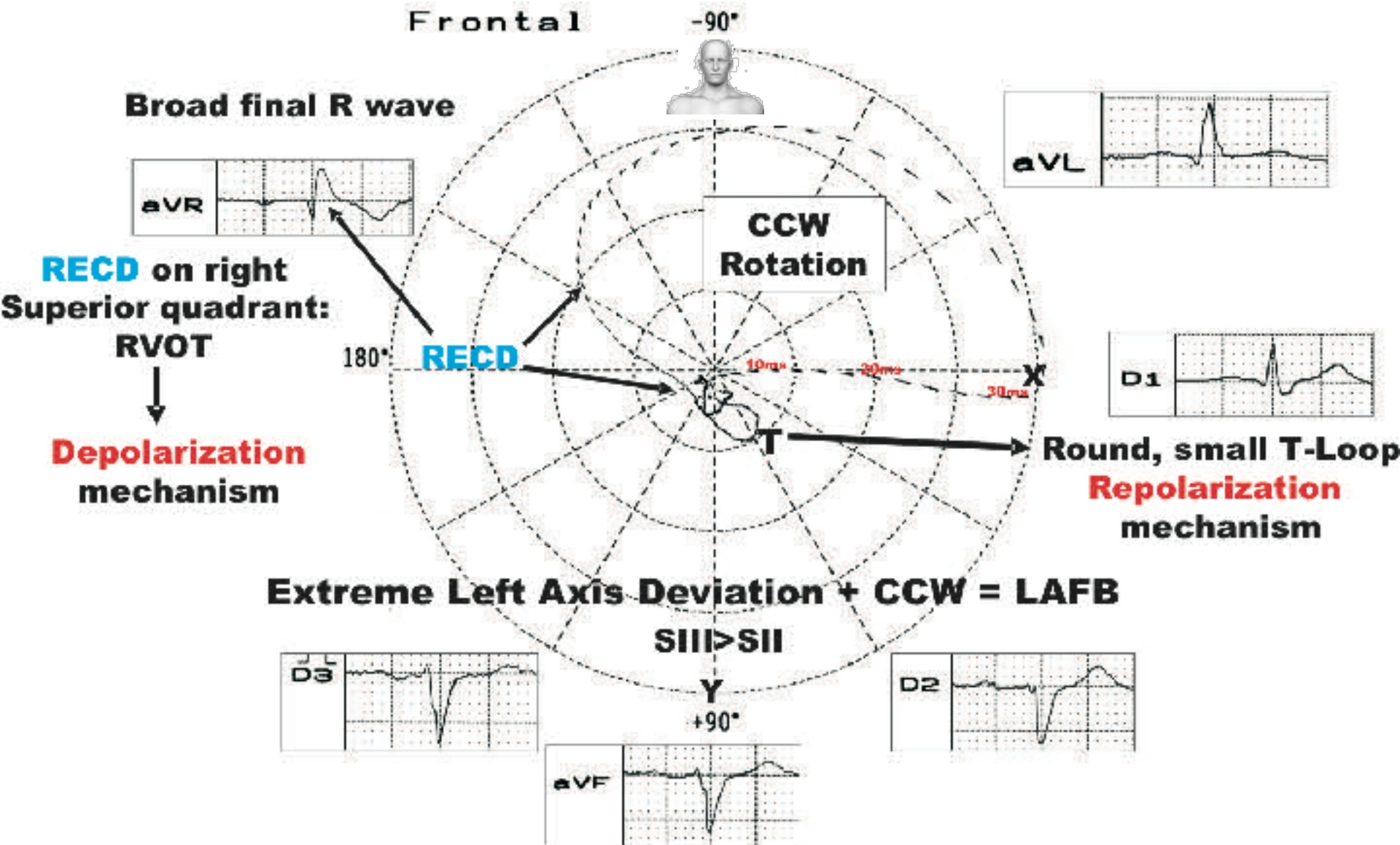
Clinical diagnosis: Syncope. Positive familial background of sudden death in young (≤ 35 yo) first-degree relative. Genetic research performed: negative.

ECG diagnosis: Sinus bradycardia (HR < 60 bpm), Brugada type 1 ECG pattern, prolonged QRS duration, aVR signal : final R wave of aVR lead >3mm, fQRS in V1-V2.

Extreme left axis deviation: Left anterior fascicular block? or Right superior fascicular block?

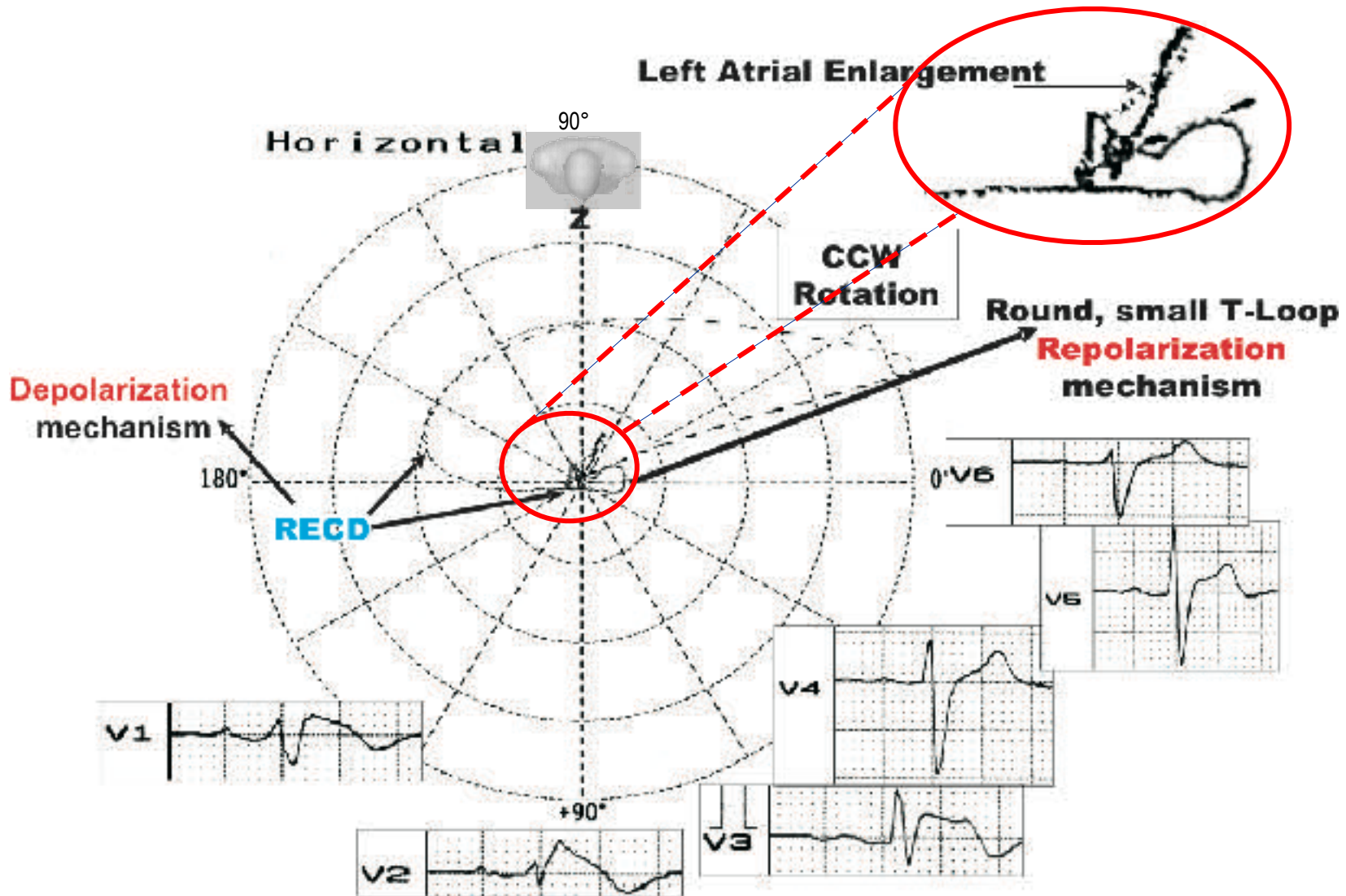
ECG/VCG correlation in the frontal plane

Name: MK; Age: 38yo; Gender: Male; Ethnic Group: Asian; Weight: 68kg; Height: 1,70m



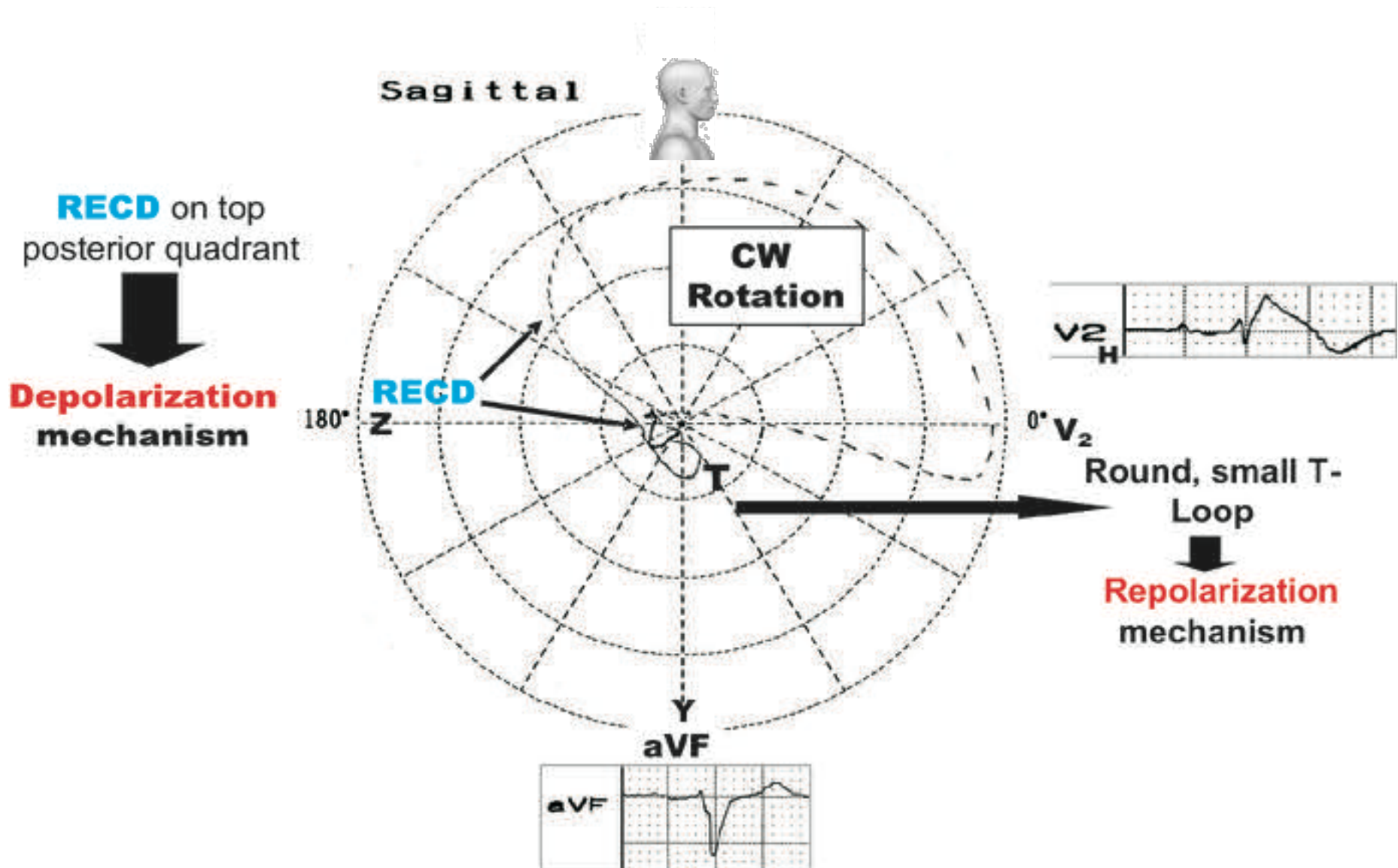
ECG/VCG correlation horizontal plane

Name: MK; **Age:** 38yo; **Gender:** Male; **Ethnic Group:** Asian; **Weight:** 68kg; **Height:** 1,70m.



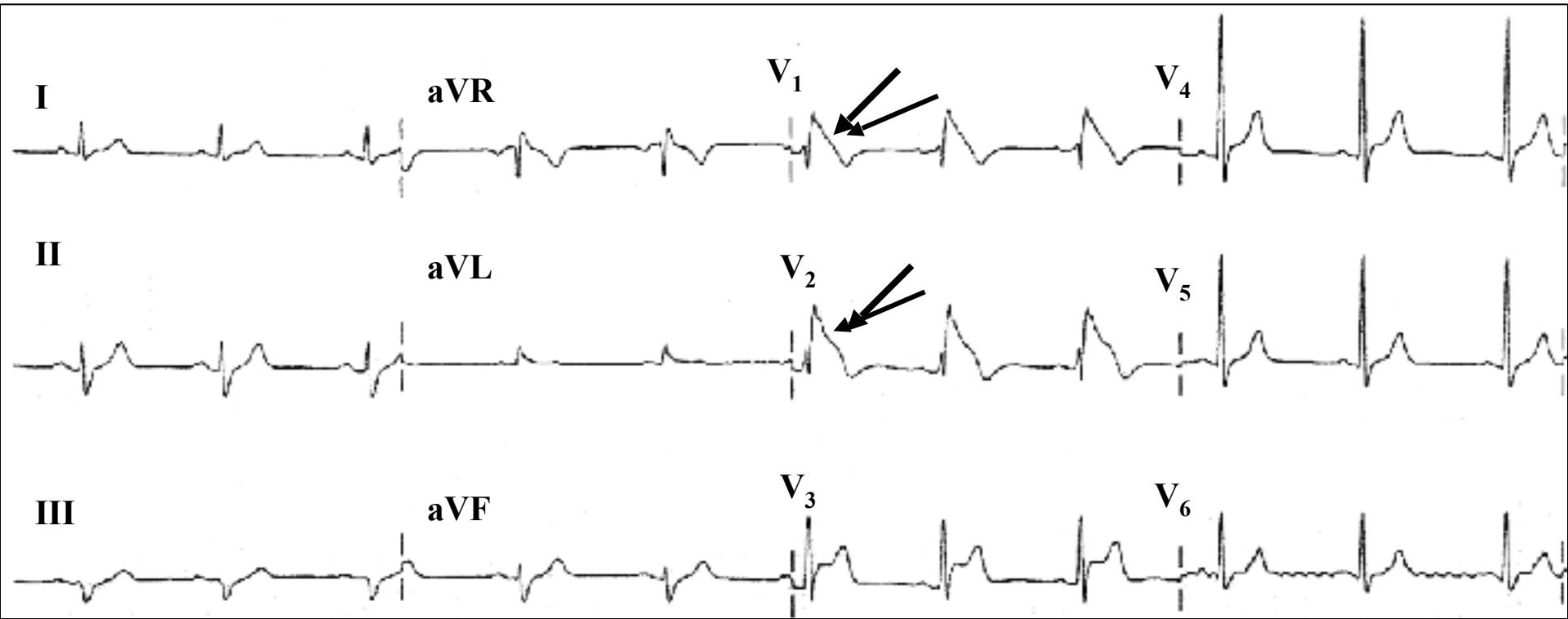
ECG/VCG correlation in the right sagittal plane

Name: MK; Age: 38yo; Gender: Male; Ethnic Group: Asian; Weight: 68kg; Height: 1,70m



ECG with typical type 1 Brugada pattern and final part broadening by superior fascicle block of RBBB

Male, 56-year-old patient (03/16/2002). He complained of atypical precordial pain.

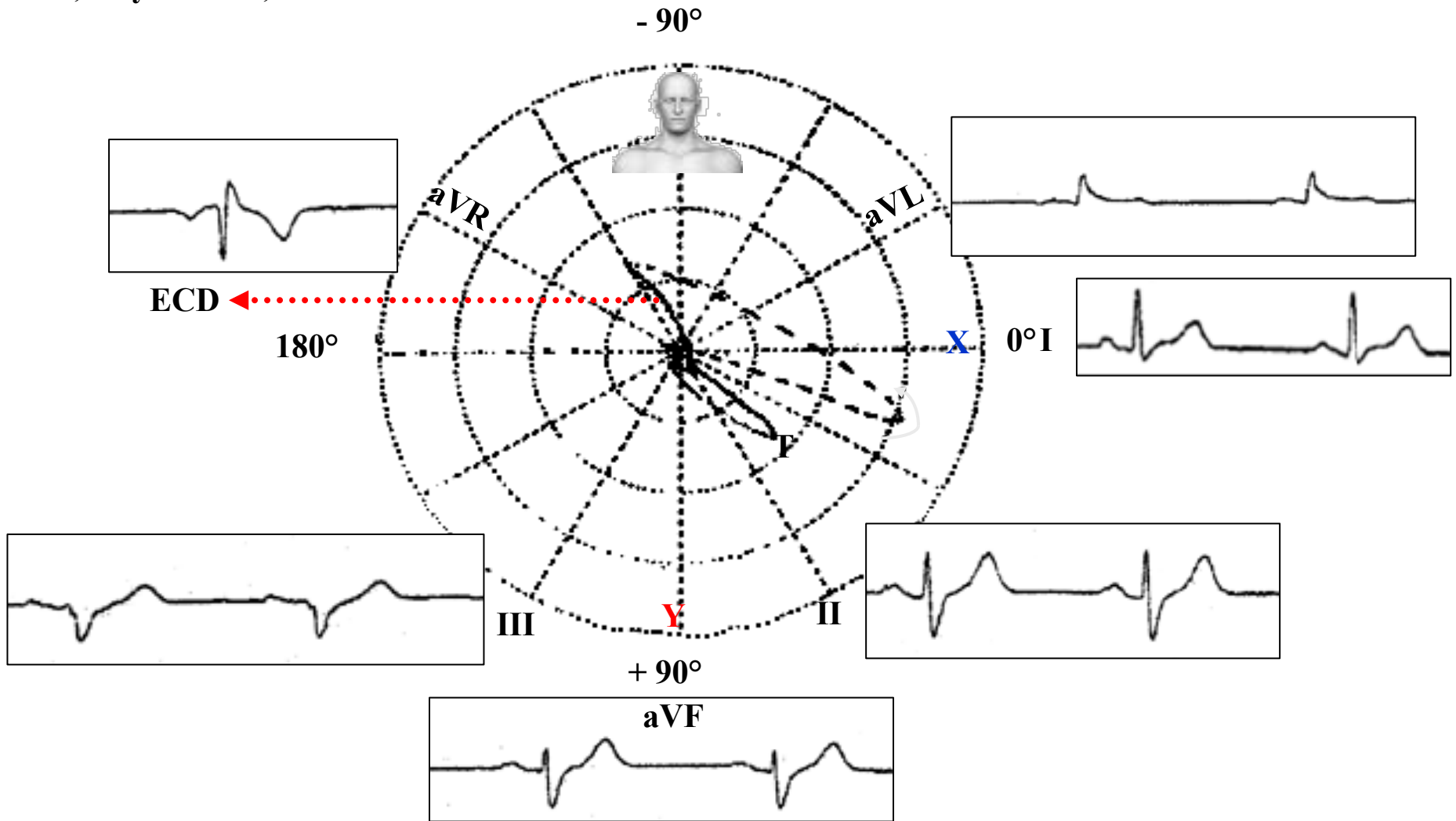


Final part widening by the superior, anterosuperior or subpulmonary fascicle of the RBBB, type I according to our classification. Extreme shift of SAQRS to the left in the left superior quadrant -45° . ST segment and J point elevation with convex to the top morphology in V_1 and V_2 and saddle type in V_3 . aVR with D wave broadening: "crista delay" or RV outflow tract widening. S waves in left precordial leads V_5 - V_6 . $S_{II} > S_{III}$. This information is very important for a differential diagnosis with left anterior fascicular block. Structural heart disease was not detected with noninvasive and invasive methods.

Conclusion: ECG with typical Brugada type 1 pattern, and final part widening by superior fascicle block of RBBB.

ECG/VCG correlation of Brugada syndrome in the frontal plane

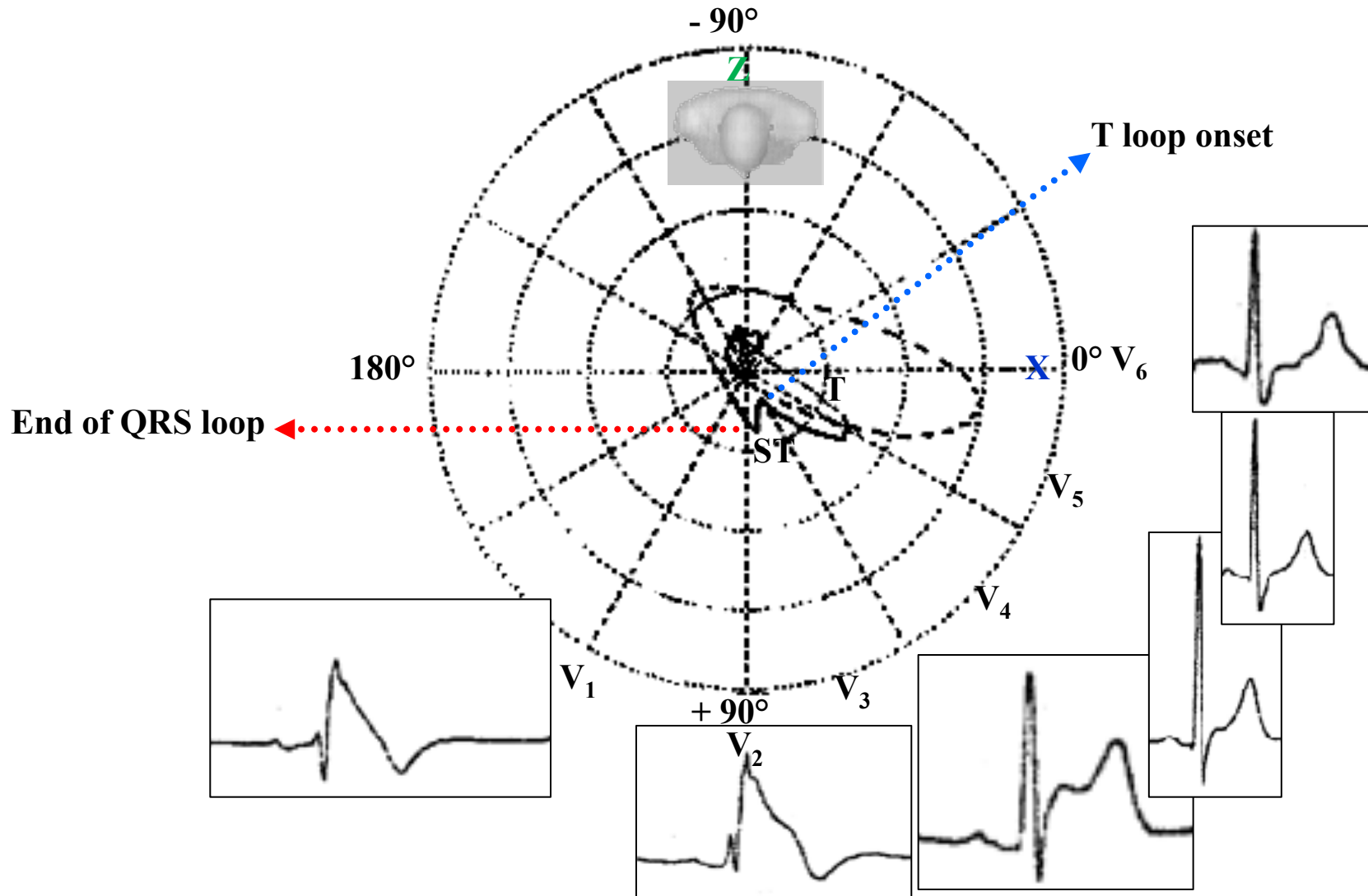
Male, 56 years old; Date: 03/16/2002.



Conclusion: it is the first VCG of Brugada syndrome shown in world literature. End conduction delay (ECD) by superior fascicle of RBBB. Type IA of our classification.

ECG/VCG correlation of Brugada syndrome in the horizontal plane

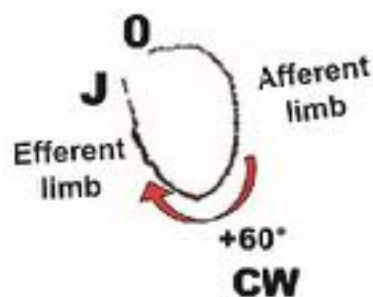
Male, 56 years old; Date: 03/16/2002.



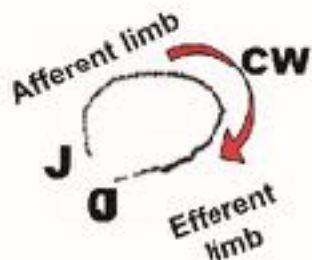
The end of QRS loop does not coincide with T loop onset (as it occurs in normal conditions) since there is elevation both in the J point and the ST segment.

T LOOPS CHARACTERISTICS IN ALL THREE GROUPS

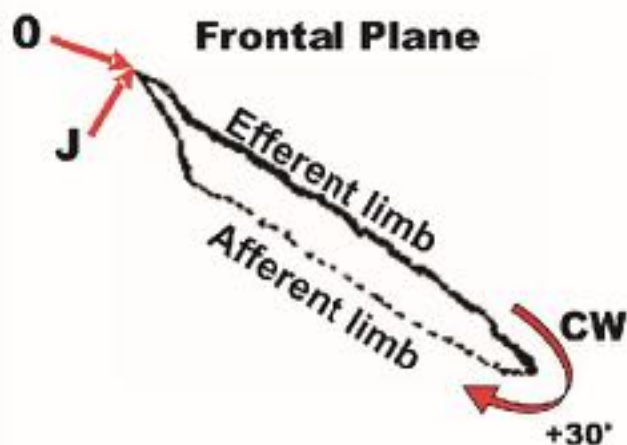
GROUP I Type-1 Brugada ECG Pattern Frontal Plane



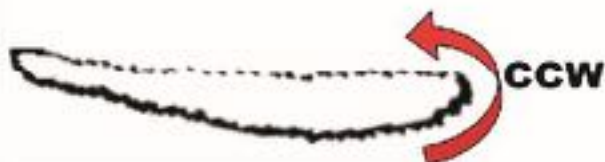
Horizontal Plane



GROUP II IRBBB

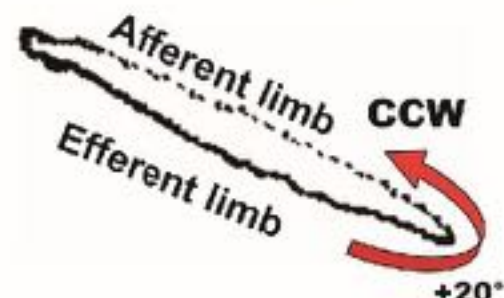


Horizontal Plane

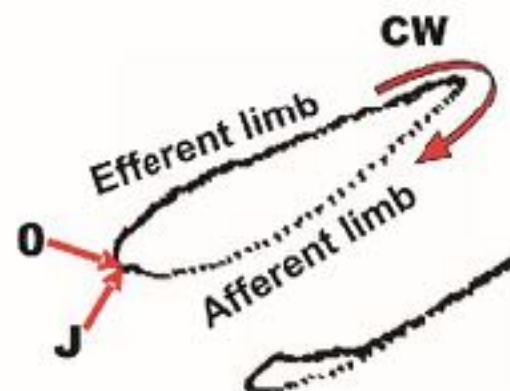


GROUP III CRBBB

Frontal Plane

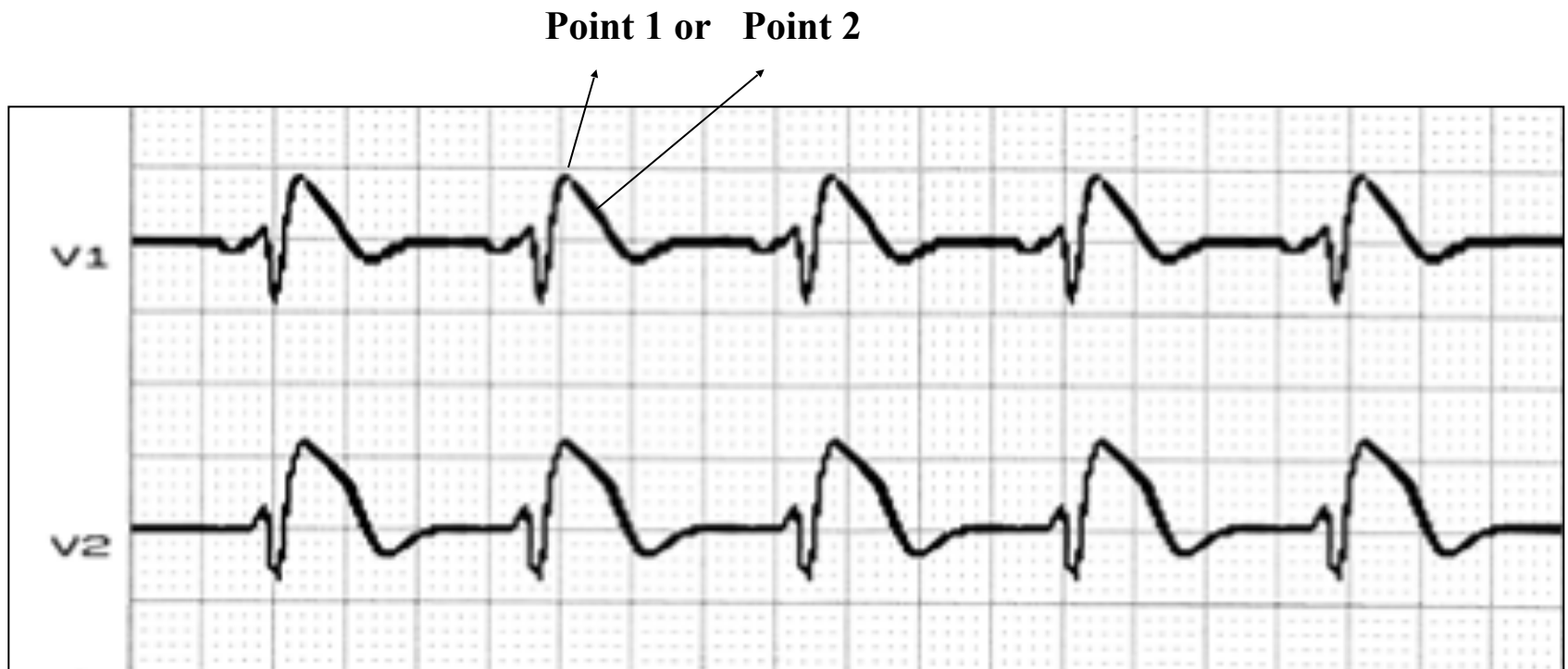


Horizontal Plane



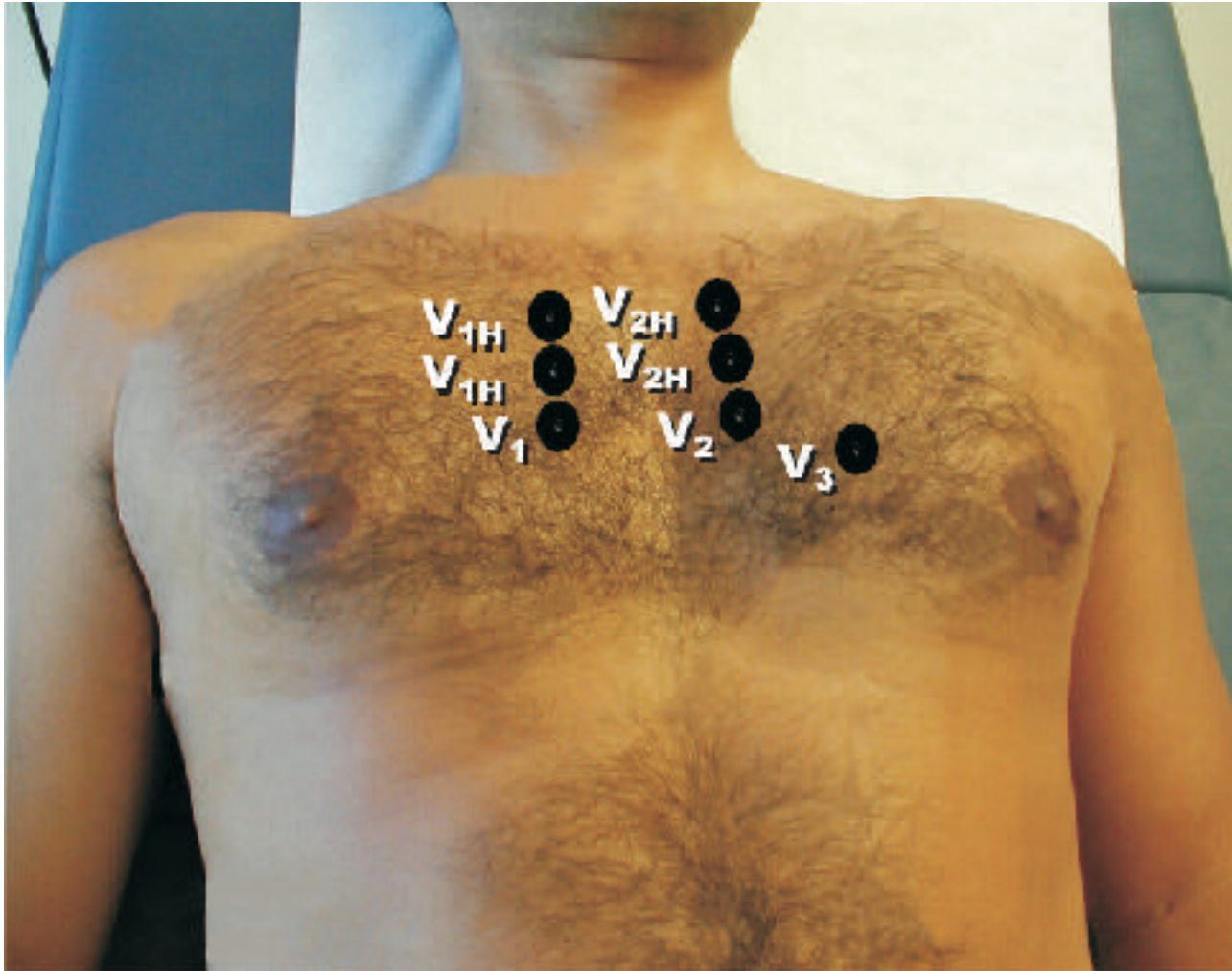
CW: Clockwise Rotation, **CCW** Counterclockwise Rotation

Where is the end of QRS complex?



Answer: point 2

Localization of right precordial leads and accessory high parasternal leads (**Butz 2010**)



V₁ – over the 4th intercostal space, just to the right of the sternum.

V₂ – over the 4th intercostal space, just to the left of the sternum

V₃ – midway between V2 and V4.

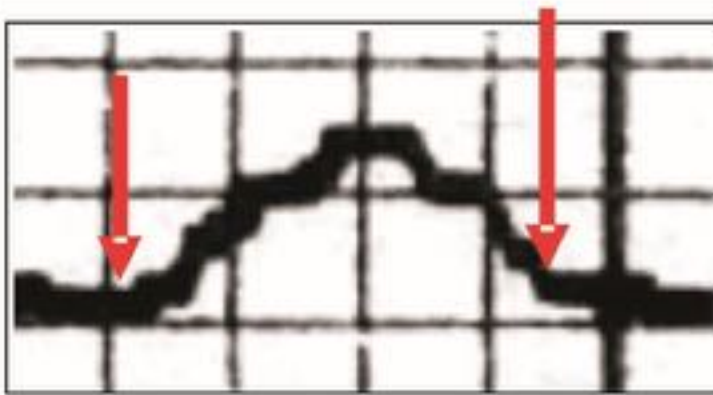
V_{1H} – over the 3rd or 2nd intercostal space, just to the right of the sternum.

V_{2H} – over the 3rd or 2nd intercostal space, just to the left of the sternum.

ECG markers in identifying patients at risk in the Brugada syndrome

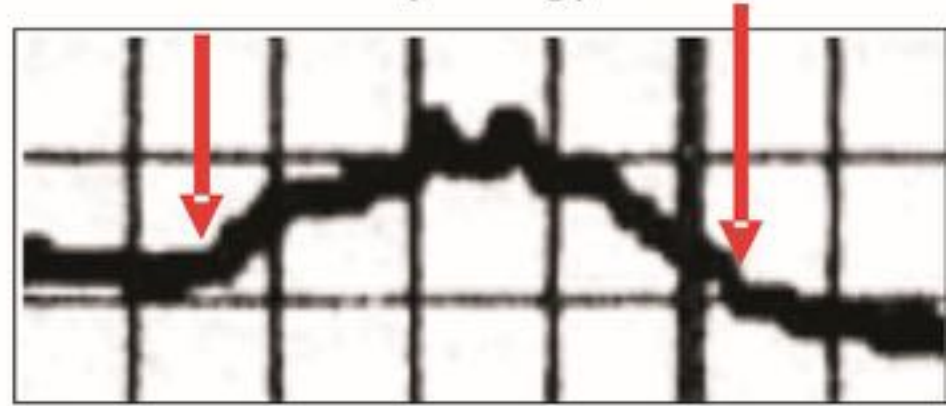
1. Augmented P-wave duration in lead II, P-wave dispersion ([Letsas 2009](#)).
2. PR prolongation consequence of HV split or HV prolongation ([Miyamoto 2011](#)).
3. Presence of prominent final R wave on aVR lead R wave ≥ 3 mm or R/q ≥ 0.75 in lead aVR (aVR sign).
Slow conduction at the RVOT may contribute to the induction of VF by PVS ([Babai Bigi 2007](#)).
4. The presence of a spontaneous type I ECG, history of syncope, ventricular effective refractory period < 200 ms, and QRS fragmentation seem useful to identify candidates for prophylactic ICD ([Priori 2012](#)).
5. Inferolateral early repolarization ([Kamakura 2009](#)).
6. Prolonged QRS duration measured from lead II or lead V2 ≥ 120 ms ([Junttila 2008](#)).
7. QTc interval more than 460 ms in lead V2 ([Take 2011](#)) and QT-interval prolongation in right precordial leads ([Pitzalis 2003](#)). Increase in QRS complex duration ($>110^\circ$) in right precordial leads, in absence of CRBBB: parietal block.
8. $T_{\text{peak}} - T_{\text{end}}$ prolongation and $T_{\text{peak}} - T_{\text{end}}$ dispersion ([Castro Hevia 2006](#)).
9. Dynamic alterations in the amplitude of the ST elevation ([Take 2011](#)).
10. Loss of rate-dependent QT dynamics ([Sangawa 2009](#)).
11. The presence of horizontal (as opposed to rapidly ascending) ST segment after the J point ([Takagi 2013](#)).
12. Augmentation of the ST segment elevation during the early recovery phase of exercise test ([Makimoto 2010](#)).
13. Deep negative T wave in lead V1 ([Miyamoto 2011](#)).
14. The presence of atrial fibrillation ([Kusano 2008](#)).
15. The presence of Late potentials (LPs) ([Ikeda 2001](#)).

BEFORE ECG AJMALINE INJECTION



P DURATION: 135ms
P VOLTAGE: 1.2mm
P AXIS: +53°

AFTER ECG AJMALINE (50mg) INJECTION

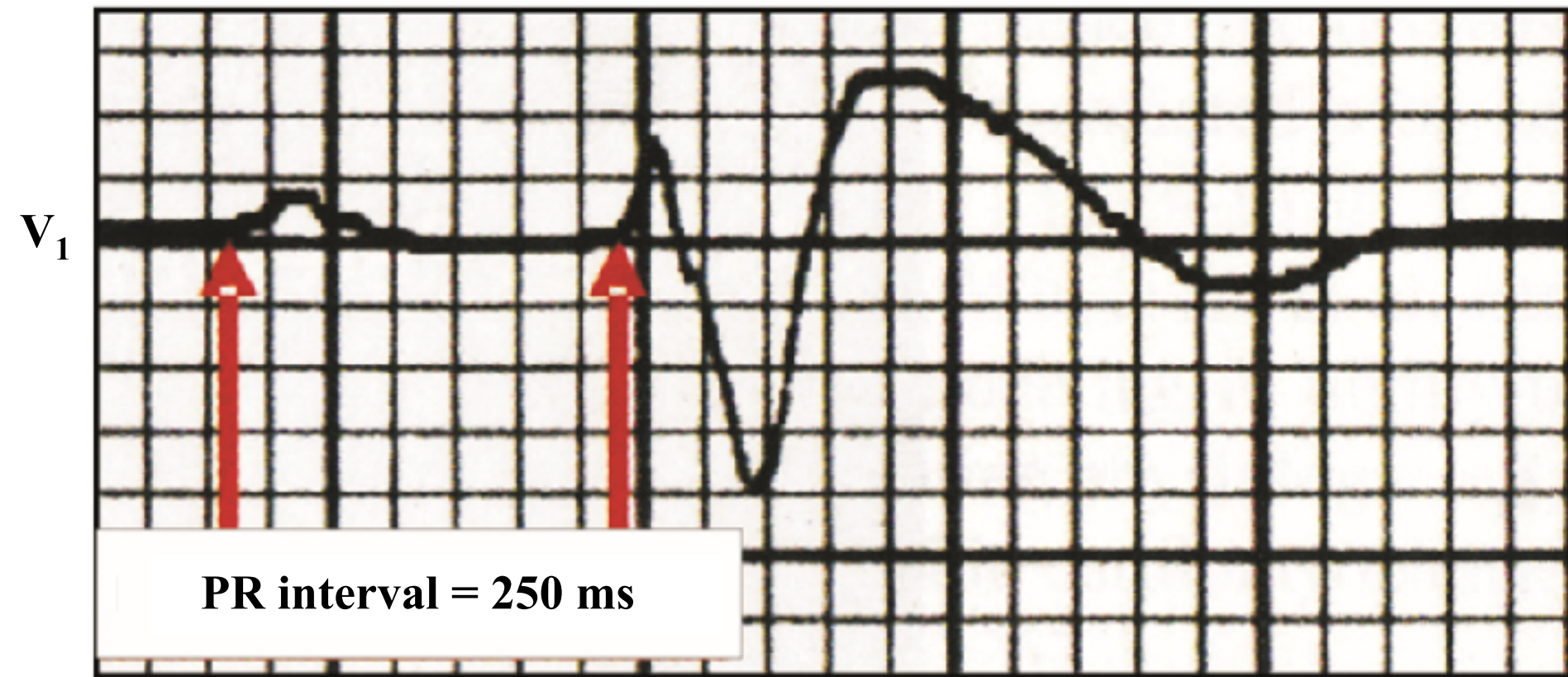


P DURATION: 160ms
P VOLTAGE: 1mm
P AXIS: +65°

The tracing shows the P wave in a patient with BrS and positive SNC5A mutation performed before and immediately after ajmaline test (1mg/kg).

P wave duration (Pd) before the injection is prolonged (Pd=135ms). After drug administration Pd wave increase more (Pd=162ms).

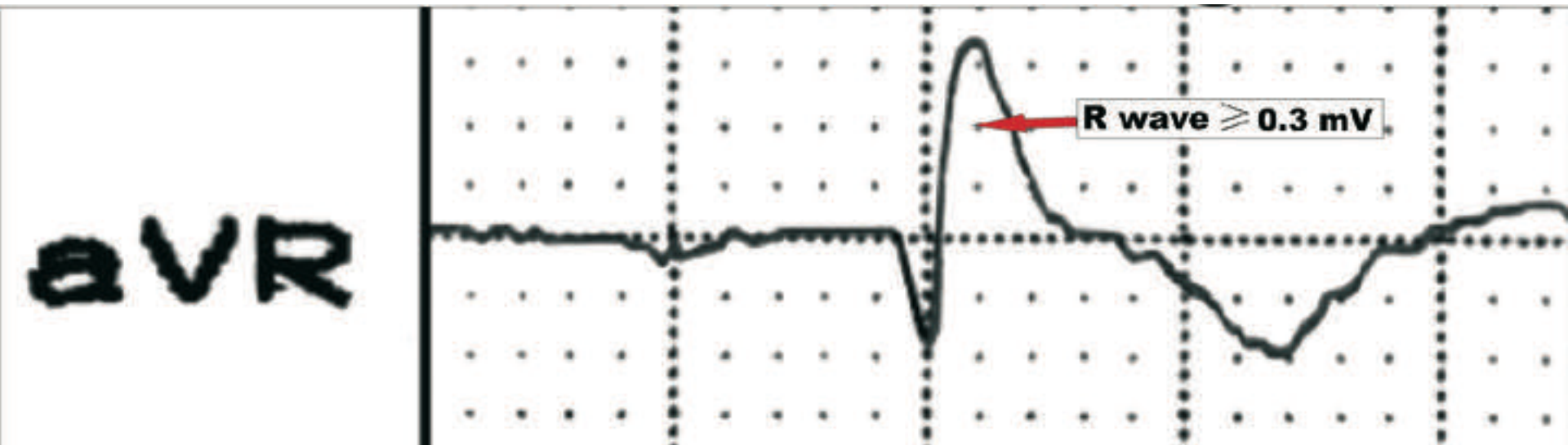
These atrial dromotropic disorders could be the substrate for reentrant atrial tachycardias such as AF.



The figure shows a tracing of a symptomatic patient with Brugada syndrome after intravenous ajmaline injection. First-degree atrioventricular block (PR interval = 216 ms) and Brugada type-1 ECG pattern in V₁ lead (positive test).

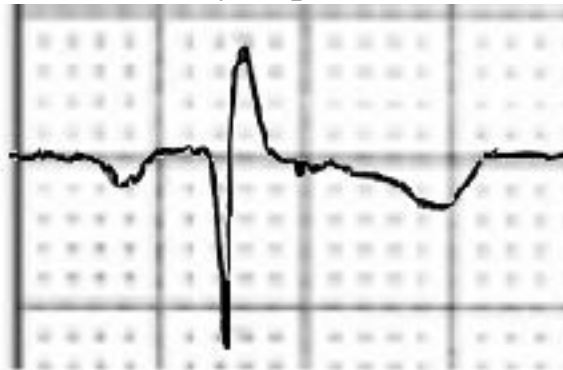
In BrS the PR interval of ECG and the His bundle electrogram in approximately 50% of the cases are prolonged, even reaching sometimes figures of 100msec (**Yokokawa 2007**). This prolongation of the PR interval is observed predominantly in cases where the SCN5A gene mutation can be proven (carriers). The presence of a prolonged HV interval is possible in HBE by the existence of intra-His or infra-His block. PR prolongation consequence of HV split or HV prolongation is considered another ECG risk marker (**Miyamoto 2011**).

The aVR sign

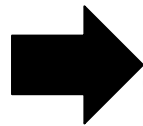
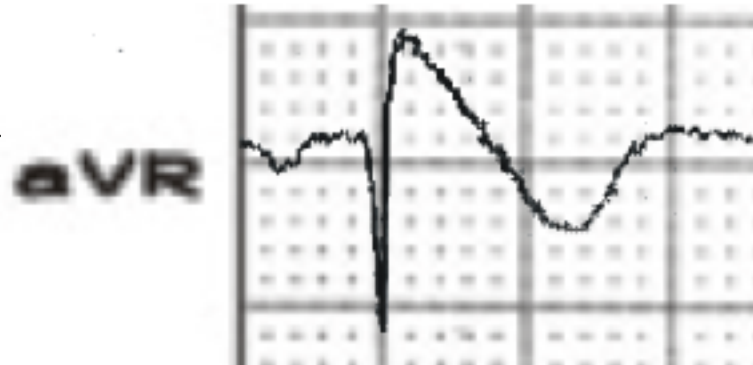


aVR sign: final R wave of aVR lead $>3\text{mm}$

A Date: Friday September 30, 2011.

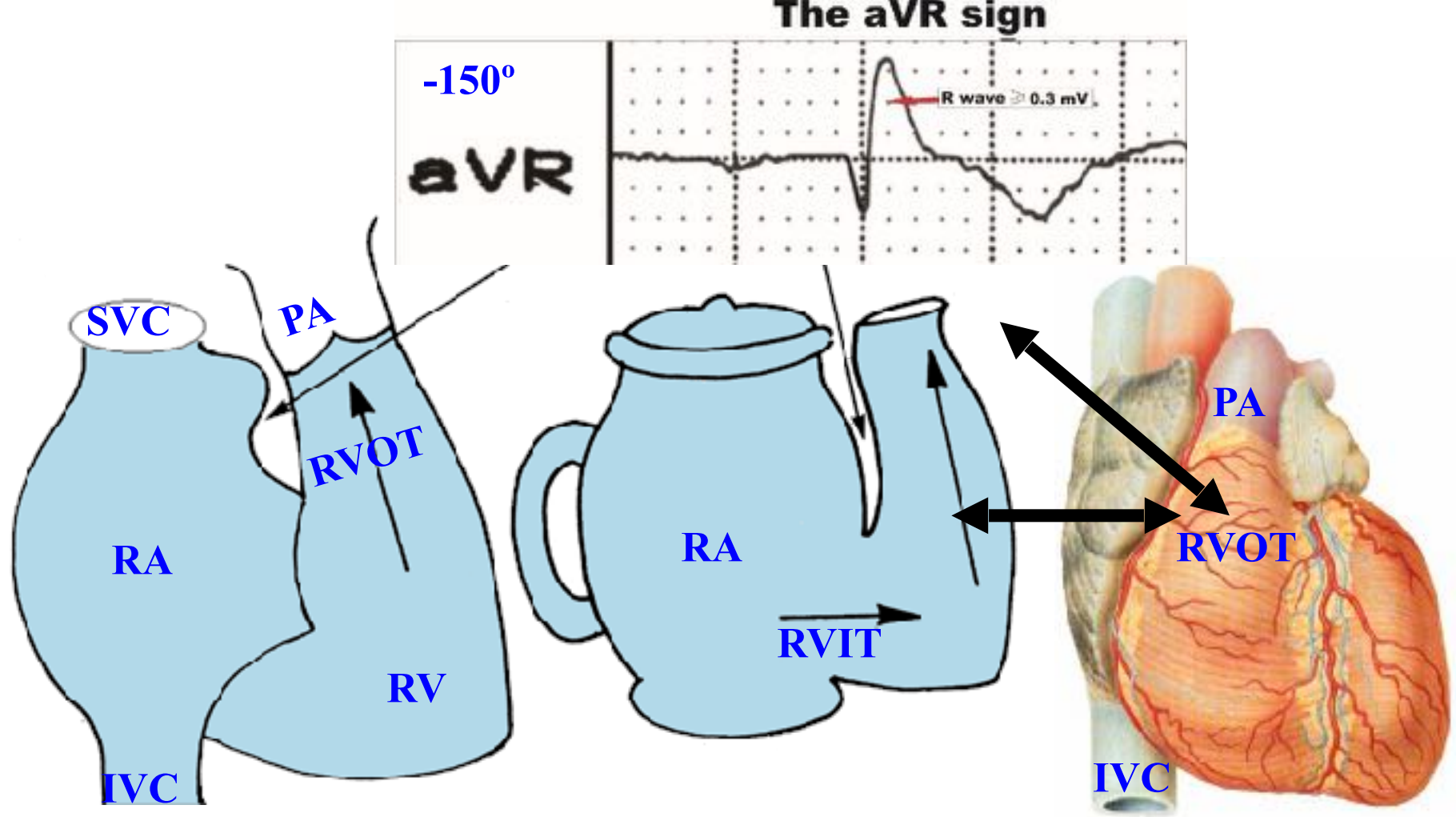


B Date: Tuesday October 4, 2011.



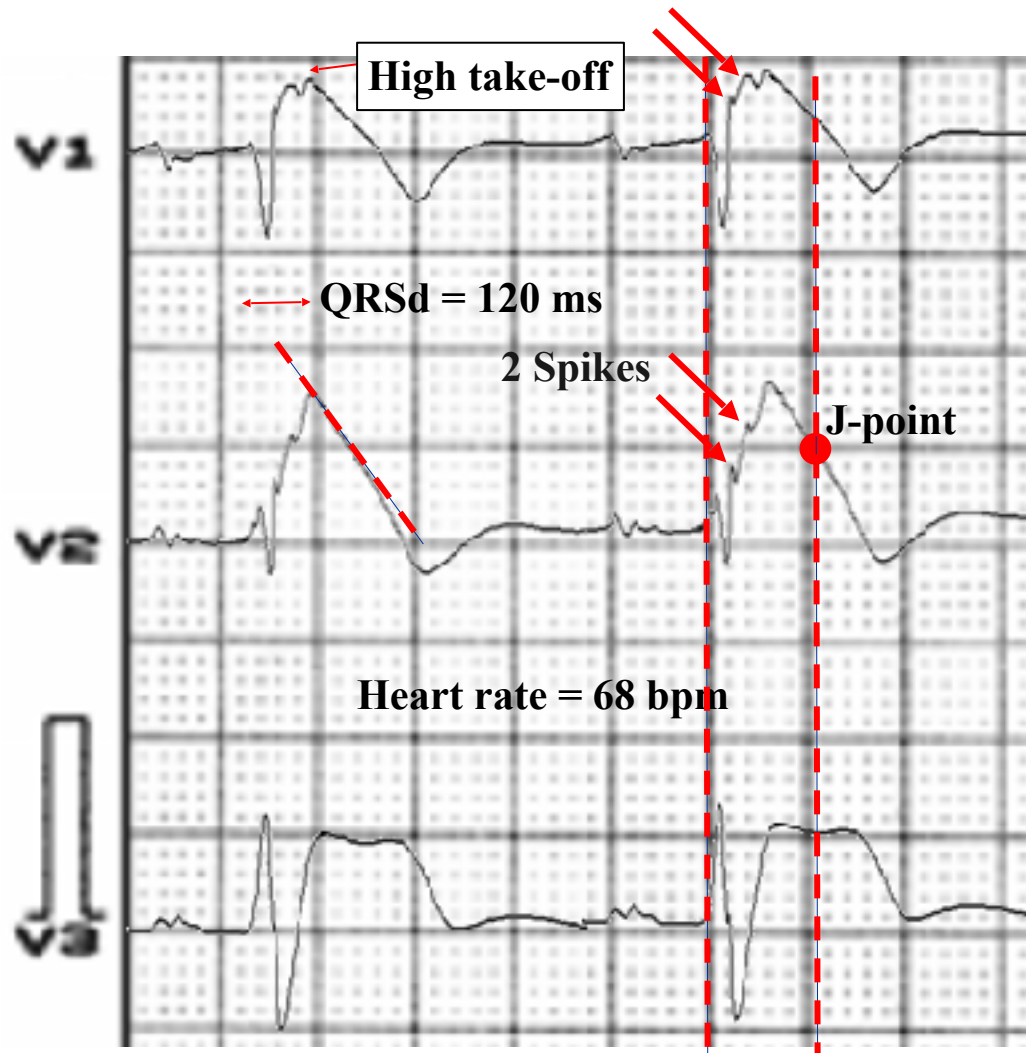
Terminal broad R-wave of the QRS complex in lead aVR (Babai Bigi 2007)

The aVR sign: Presence of prominent final R wave on aVR lead $R \text{ wave} \geq 3 \text{ mm}$ or $R/q \geq 0.75$ in lead aVR (aVR sign). Slow conduction at the RVOT may contribute to the induction of VF by PVS.



The BrS affects predominantly the right ventricle in the right ventricle outflow tract (RVOT) epicardium (Doi 2010). The larger part of clinical evidence supports the presence of right end conduction delay (RECD) as part of the process of BrS pathophysiology in the RVOT, as a consequence of structural abnormalities in the heart as part of BrS (Coronel 2005). On the other hand, in the concealed forms of arrhythmogenic right ventricular cardiomyopathy/ dysplasia (ARVC/D), the RECD pattern can also be observed showing type-1 ECG pattern. This pattern was shown many years ago by Guy Fontaine et al (Hayashi 2010).

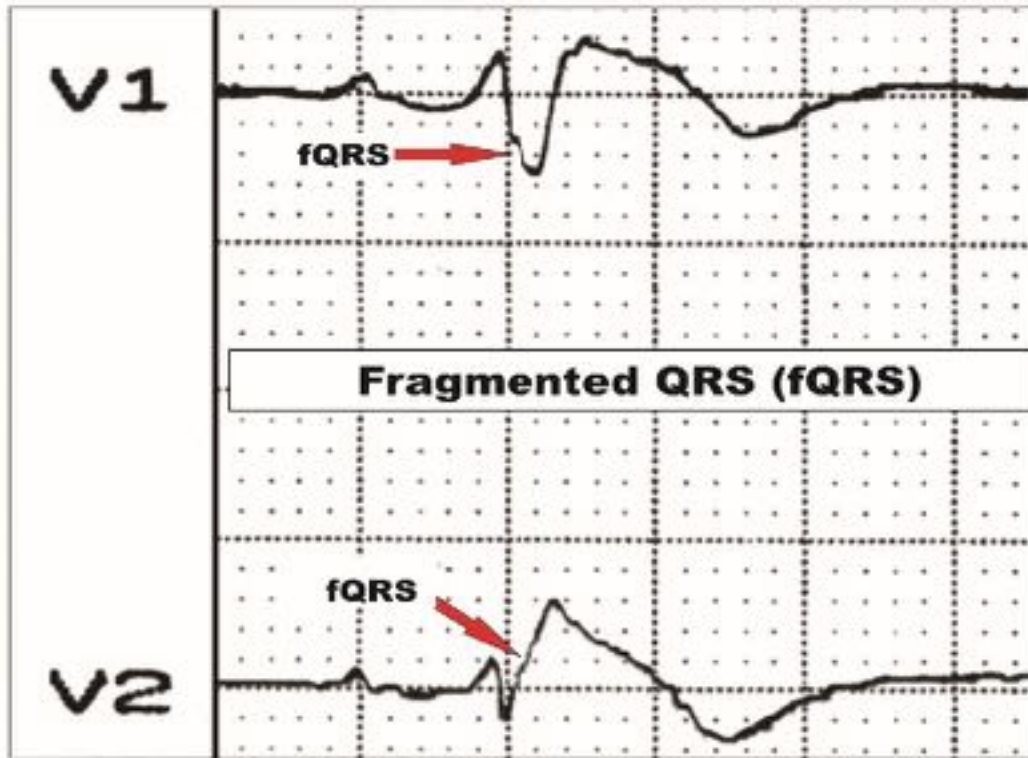
Fragmented QRS in Brugada Syndrome



Two spikes are observed at the upstroke of the S wave in leads V₁ and V₂.

Dotted lines show onset and termination of the QRS complex

Fragmented wide QRS complex in a 35-year-old Asian male patient with BrS. f-QRS appears to be a marker for the substrate for spontaneous VF in BrS and predicts patients at high risk of syncope. It is a conduction abnormality within the QRS complex (**Morita 2008**).



Presence of a “notch” within a non-wide QRS complex in two adjacent leads (V_1 - V_2): f-QRS. It is a non-invasive marker of events (Das 2009).

Entities where fQRS is used as non-invasive marker of events (Das 2009)

- Coronary artery disease (Das 2010) where it represents a conduction delay of the stimulus and is associated to an increase in mortality and arrhythmic events in these patients.
- Non-ischemic cardiomyopathies (Das 2010). In non-ischemic dilated cardiomyopathy with narrow QRS to predict dyssynchrony (Tigen 2009)
- Arrhythmogenic right ventricular cardiomyopathy/dysplasia (ARVC/D) (Peters 2008)
- Cardiac sarcoidosis (Homsí 2009)
- Congenital heart diseases (Moss 2010)
- Brugada syndrome (Haraoka 2010)
- Acquired long QT syndrome (Yuce 2010)

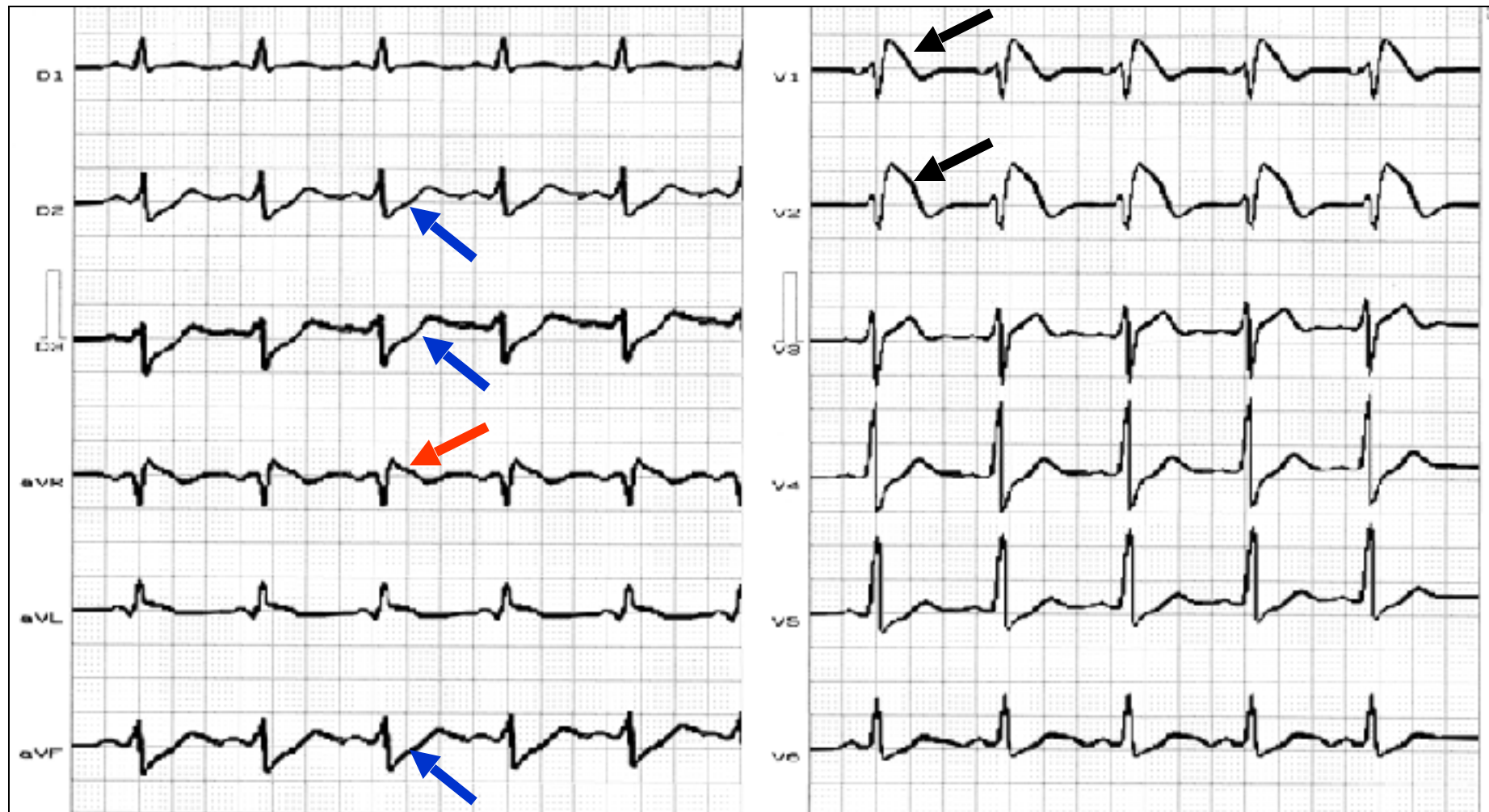
The existence of fQRS plays an important role in the appearance of Torsades de Pointes (TdP) in patients with acquired long QT interval.

Coexisting early repolarization pattern and Brugada syndrome: recognition of potentially overlapping entities



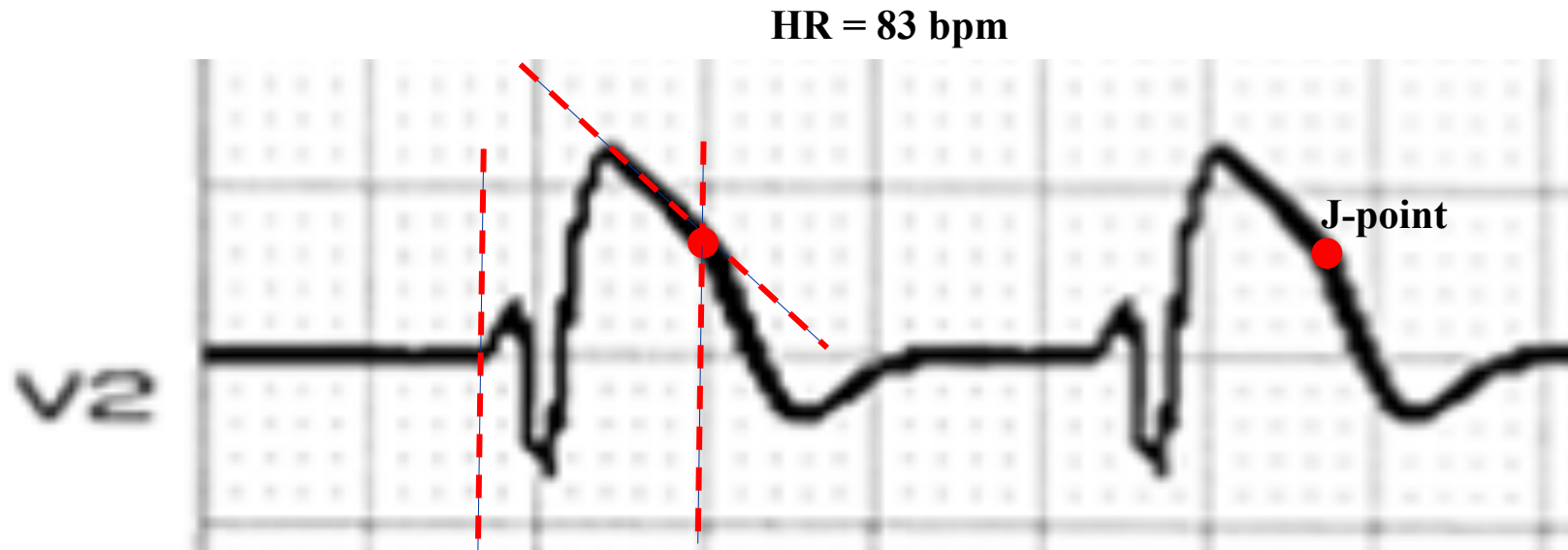
Coexistence ECG that shows concomitant early repolarization pattern in inferior lateral leads associated with type 1 Brugada pattern in Young soccer player Caucasian man (**McIntyre 2012**).

Typical ECG of Brugada Syndrome



J point and ST segment elevation, convex to the top, ST segment in right precordial leads from V_1 through V_2 (black arrows): Brugada sign or idiopathic J wave. Unipolar aVR lead that heads toward the RV epicardium above the outflow tract, which shows subtle ST segment and J point elevation (red arrows). Inferior leads show reciprocal or mirror images (blue arrows).

Prolonged QRS duration measured from lead II or lead V2 $\geq 120\text{ms}$ (Junttila 2008)



**Vertical dotted lines show onset and termination of the QRS complex in V2.
In this case QRSd = 165 ms. It is an ECG marker of events.**

I II III



Increase in QRS complex duration ($>110^\circ$) in right precordial leads, in absence of CRBBB: parietal block

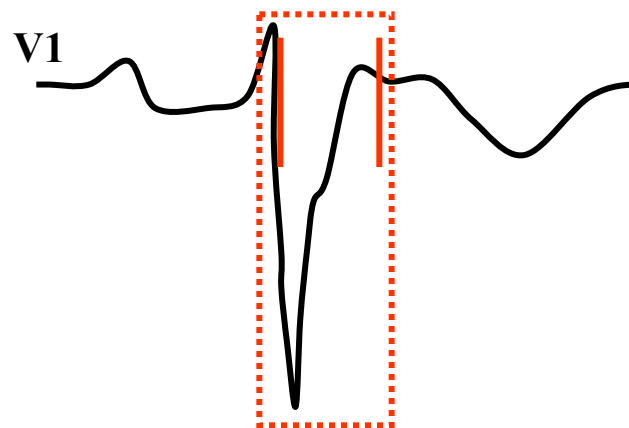
I: Onset of the QRS complex

II: Termination of the QRS complex from V4-V6

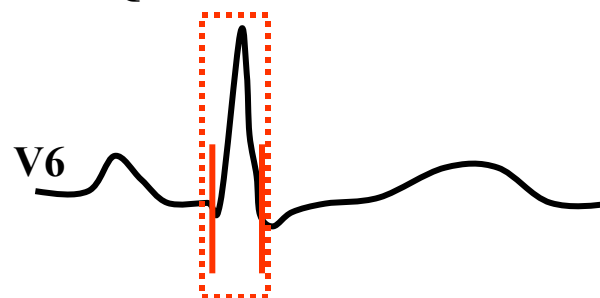
III: Termination of the QRS complex from V1-V3

QRSD of $V1+V2+V3 / V4, V5, V6 \geq 1.2$. This feature is considered typical of ARVC/D, but it is also observed in BrS ([Pitzalis 2003](#)).

QRSD: >110 ms

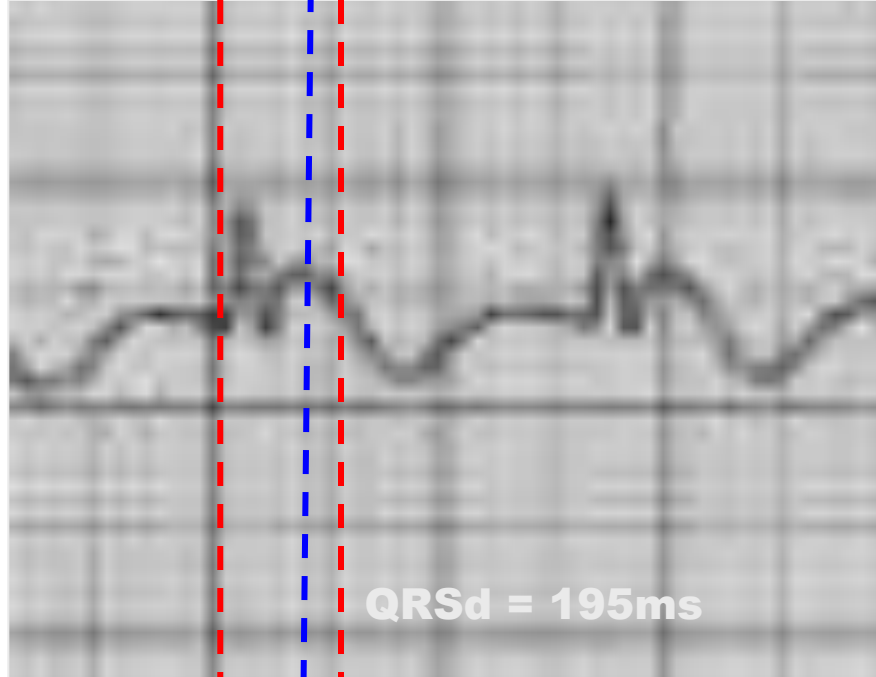


QRSD: 90 ms

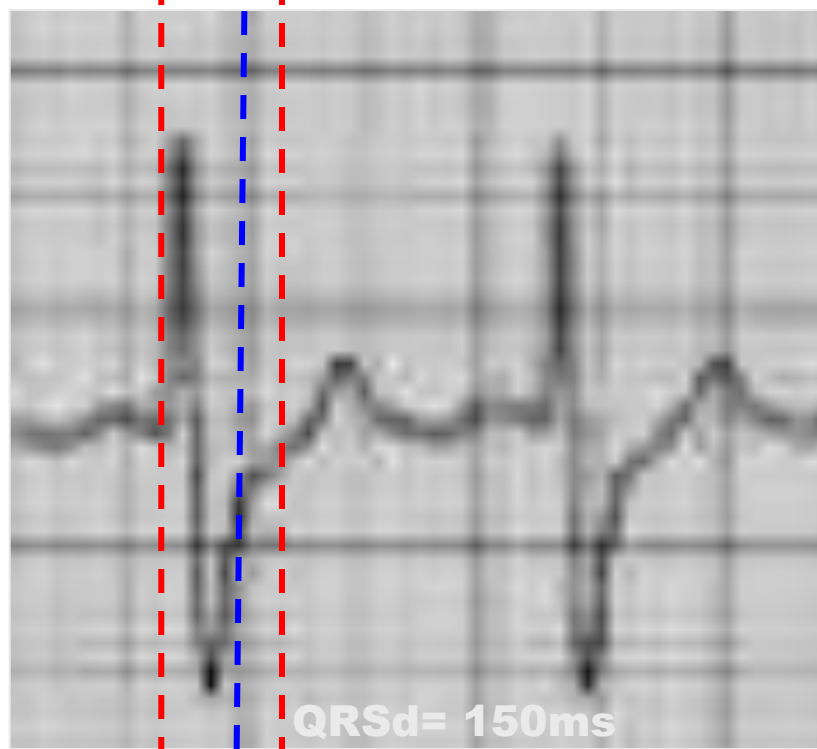


50 mm/s 20 mm/mV

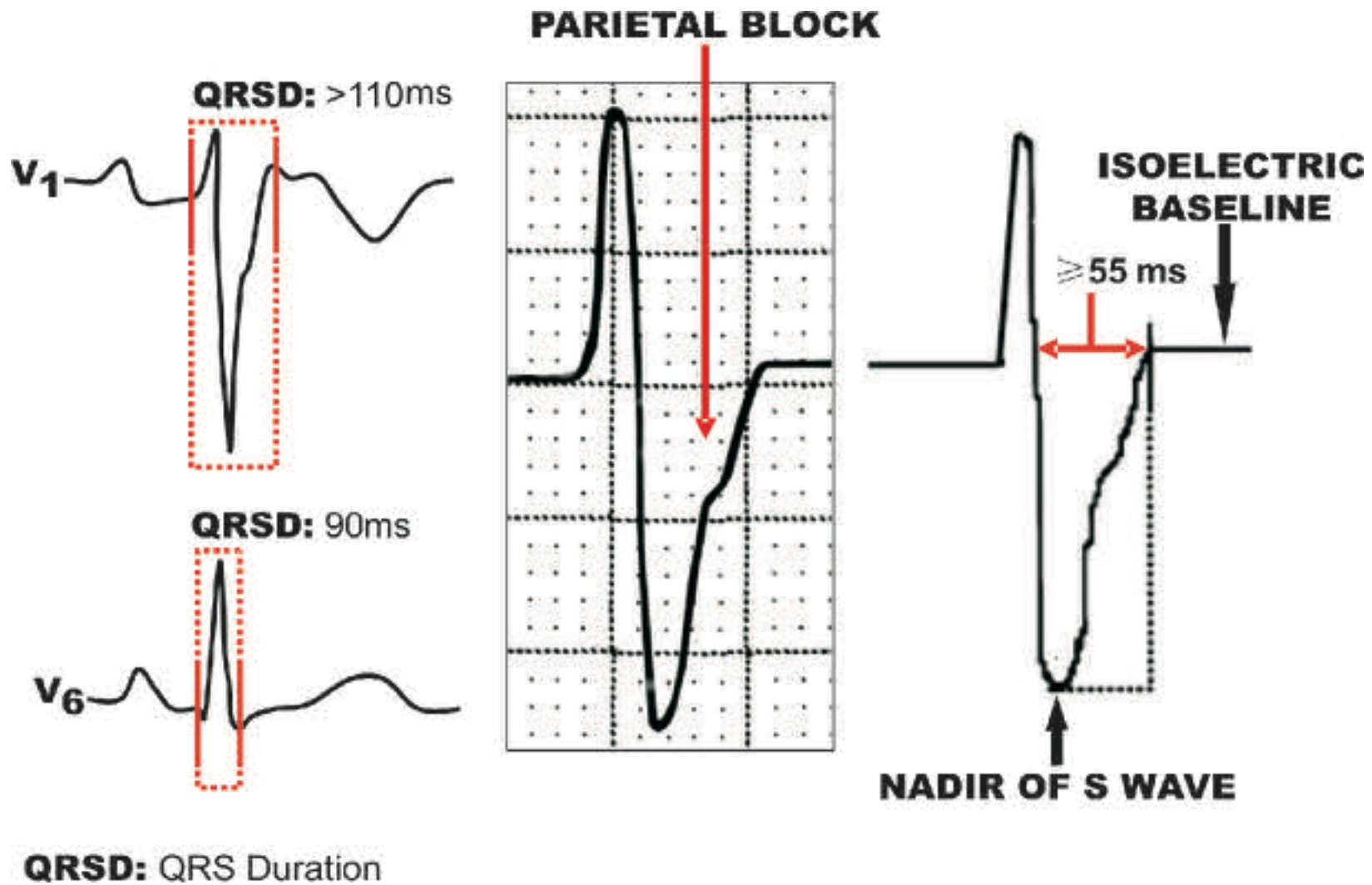
V₂



V₅



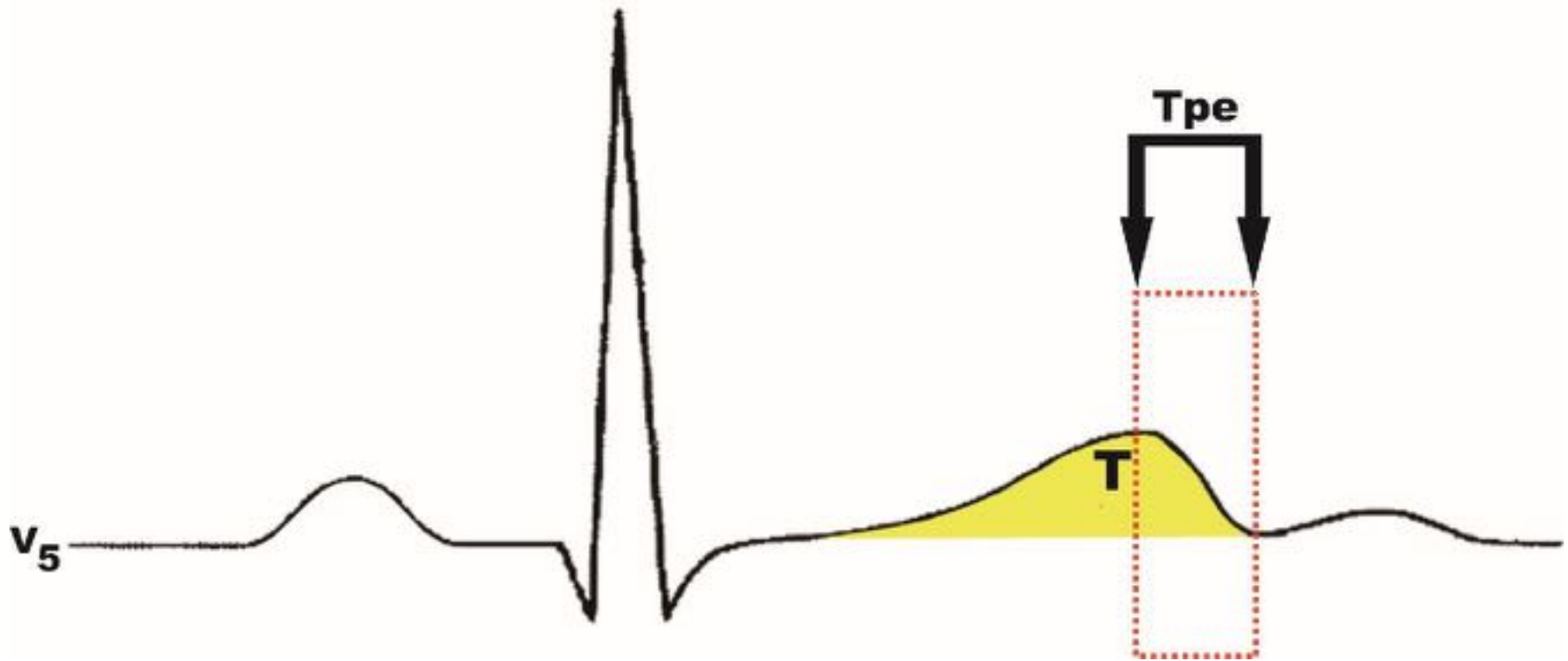
Pitzalis et al (Pitzalis 2003) identified selective prolongation of QT interval duration in the right precordial leads (V₁ to V₃) in comparison to the left ones (V₄ to V₆). As the QT interval is made up by ventricular depolarization (QRS) plus ventricular repolarization (ST/T) we think that this selective prolongation represents a certain degree of parietal block in the RVOT, as the one observed in ARVC/D. If the QT interval is prolonged only from V₁ to V₃, being normal or lesser from V₄ to V₆, it is clear that this increase may be due to prolongation of ventricular depolarization (QRS complex) and/or by ST/T prolongation (repolarization). If we admit that in BrS there is some degree of branch block, clearly the QT interval prolongation is due partly to this. The QTc interval constitutes the classical measurement for ventricular repolarization; however, this parameter includes ventricular depolarization (QRS), and therefore represents the so-called electric systole, which includes depolarization (QRS) and ventricular repolarization (ST/T = JT interval).



Pitzalis et al (Pitzalis 2003) identified selective prolongation of QT interval duration in the right precordial leads (V₁ to V₃) in comparison to the left ones (V₄ to V₆). As the QT interval is made up by ventricular depolarization (QRS) plus ventricular repolarization (ST/T) we think that this selective prolongation represents a certain degree of parietal block in the RVOT, as the one observed in ARVC/D.

$T_{\text{peak}} - T_{\text{end}}$ prolongation and $T_{\text{peak}} - T_{\text{end}}$ dispersion

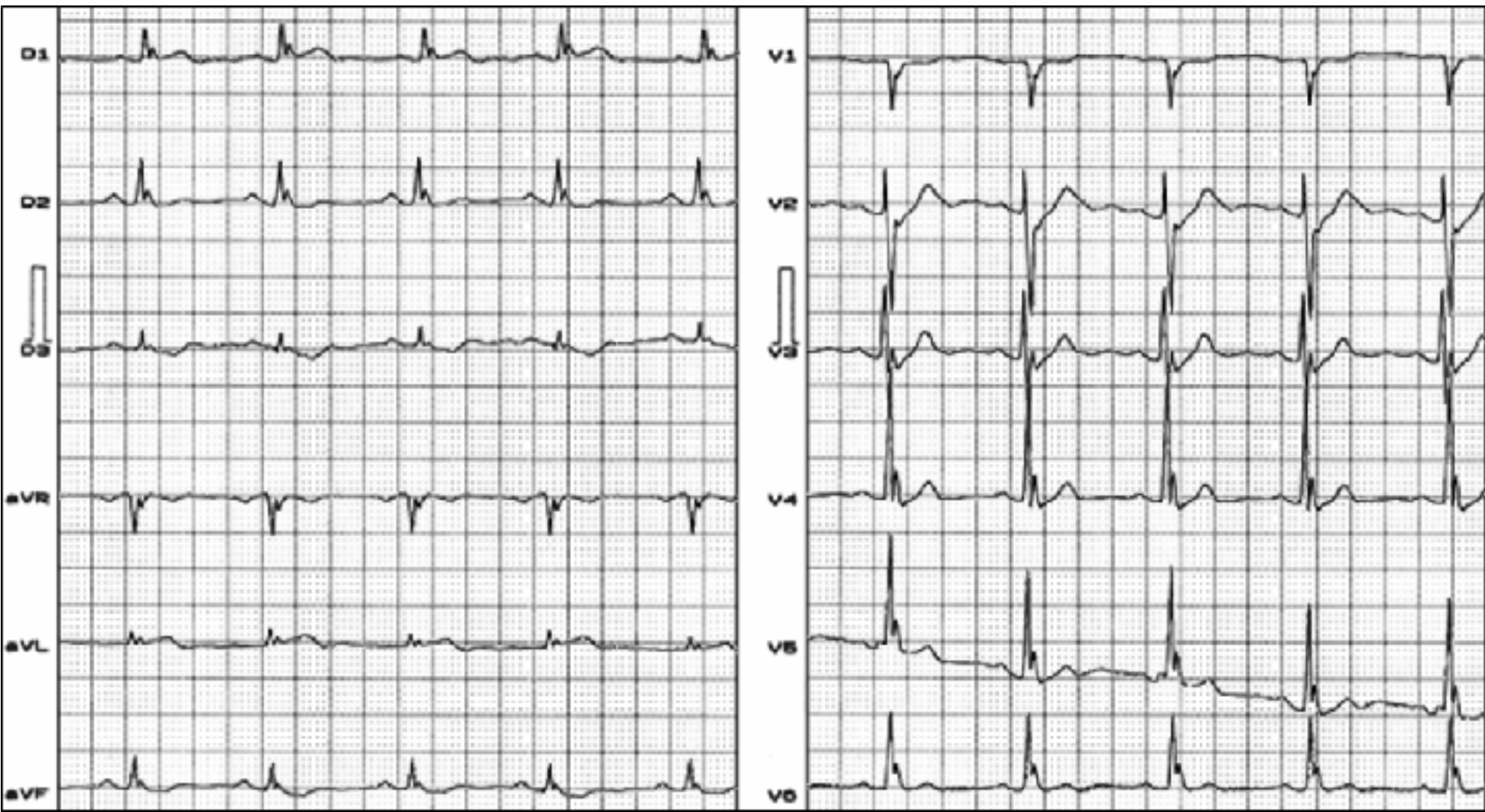
The normal value of Tpeak/Tend interval (Tpe) is 94 ms in men and 92 in women when measured in the V₅ lead. Tpe prolongation to values ≥ 120 ms is associated to a greater number of events in patients carriers of BrS



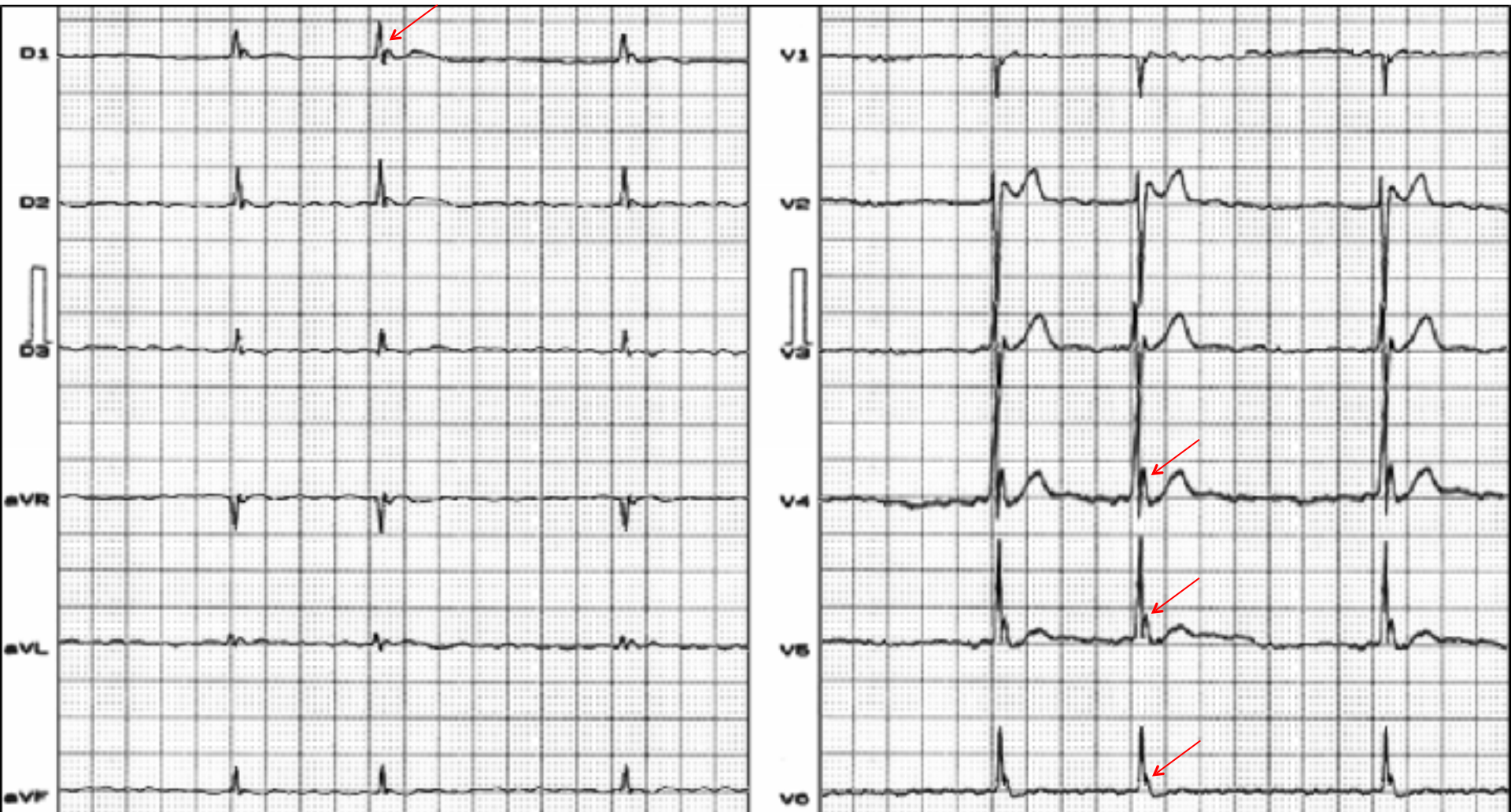
Interval elapsed from the apex to the end of T wave (Tpeak-Tend interval or Tpe). Tpe may correspond to transmural dispersion of repolarization and consequently, the amplification of this interval is associated to malignant ventricular arrhythmias.

Bigi et al. (Bigi 2007) studied the clinical predictors of AF in BrS. Of the 28 patients with Type 1 ST-segment elevation ECG pattern, 15 had paroxysmal AF. All of them had previous life-threatening cardiac events (8 had syncope, 2 had VF, 4 had polymorphic VT, and 1 had aborted SCD). Multiple regression analysis did not show any correlation between various parameters such as left atrial size, age, and P-wave dispersion. The authors concluded that the history of previous life threatening cardiac events is the strongest predictor of AF in Brugada syndrome.

Sinus rhythm J-wave in anterolateral and inferior leads without ST segment elevation



The patient during atrial fibrillation J-wave in anterolateral leads without ST segment elevation and type 2 Brugada pattern in V2



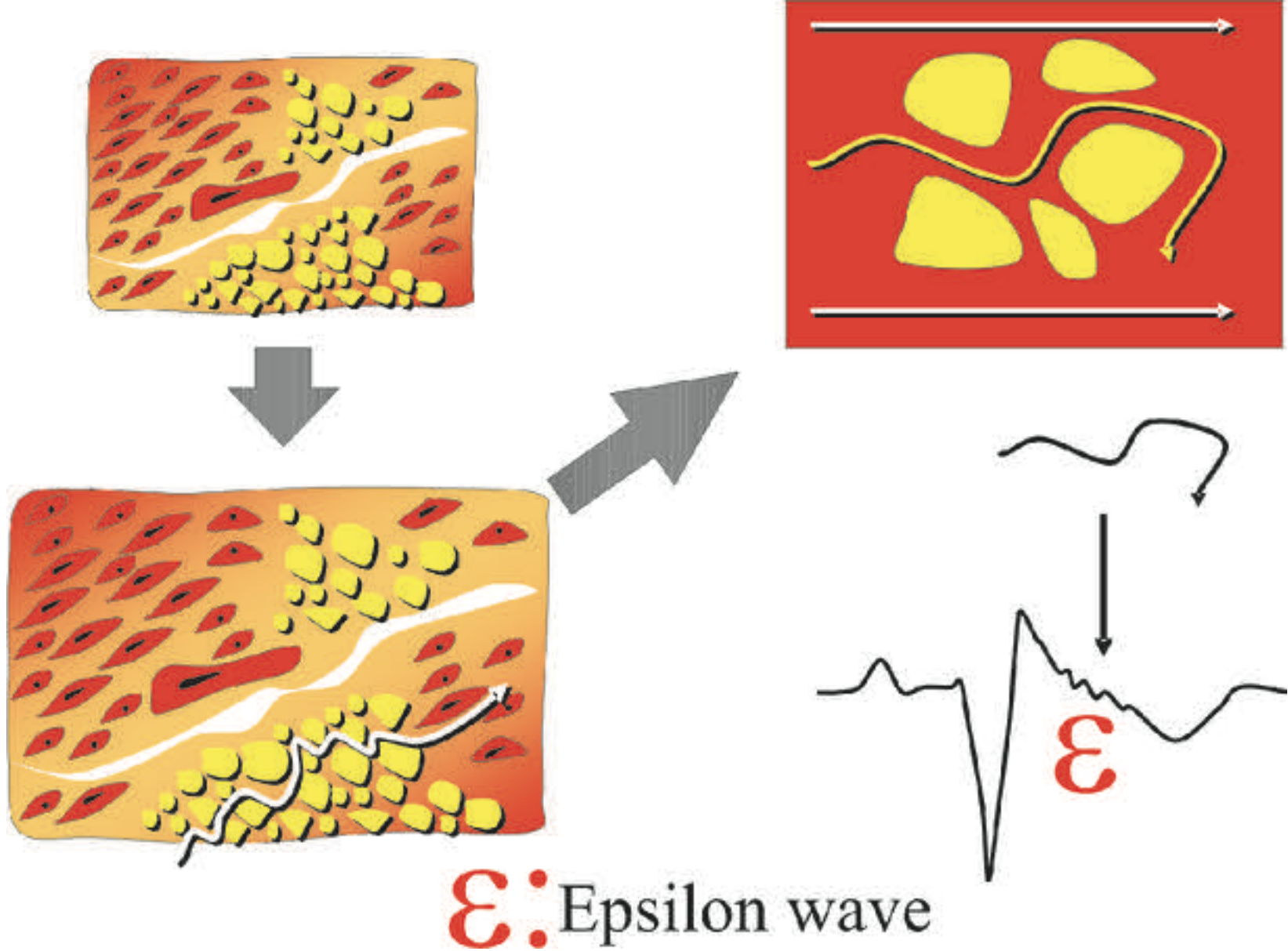
We performed intravenous ajmaline test. See next slide.

Before ajmaline

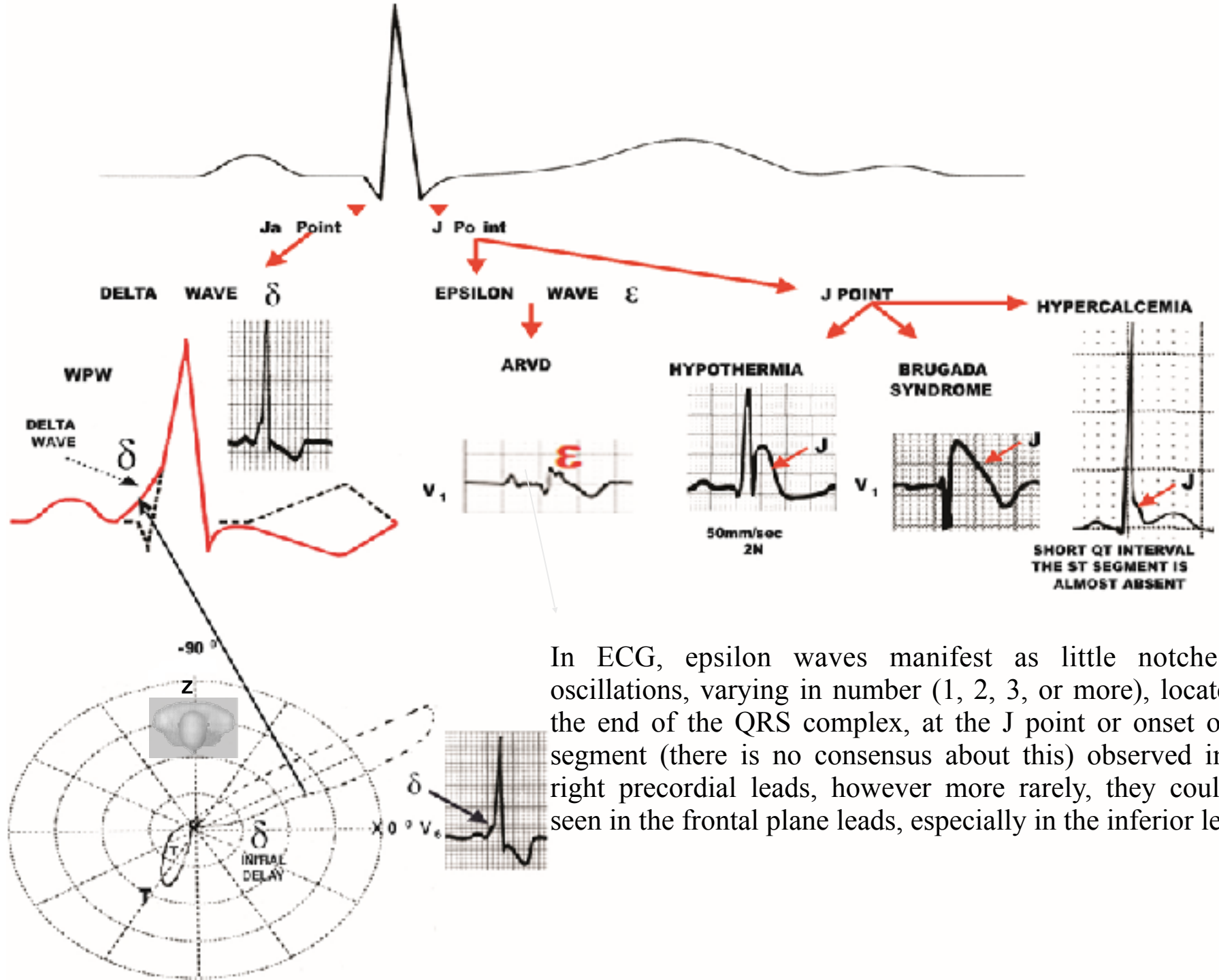


After ajmaline

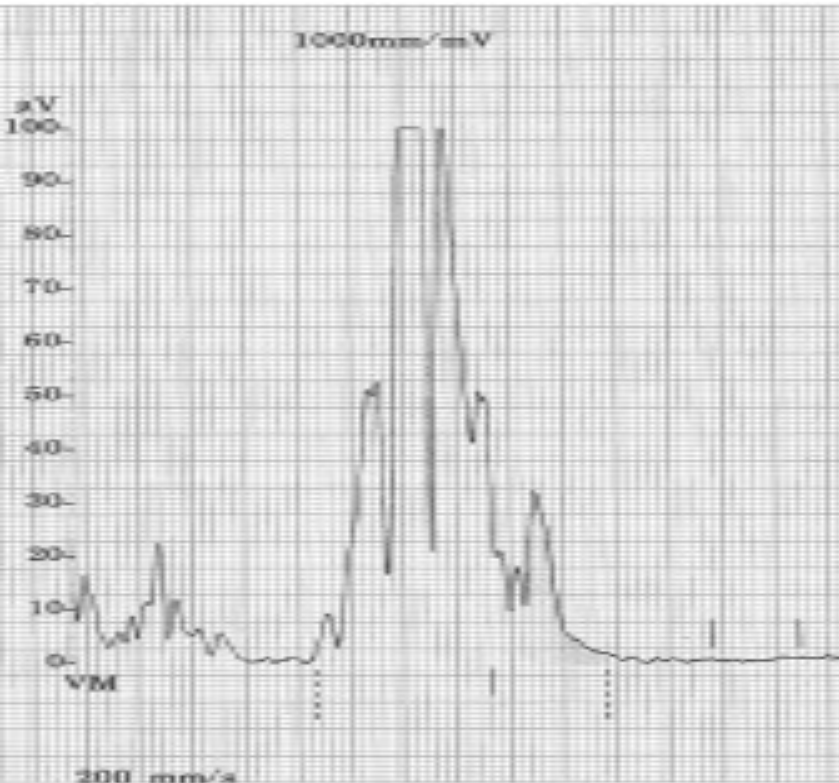




Epsilon waves (ε) correspond to late potentials or low amplitude and short duration oscillations at the right ventricle free wall (dysplastic triangle) in patients with ARVC/D, and rarely in other entities, such as Brugada syndrome.



In ECG, epsilon waves manifest as little notches or oscillations, varying in number (1, 2, 3, or more), located at the end of the QRS complex, at the J point or onset of ST segment (there is no consensus about this) observed in the right precordial leads, however more rarely, they could be seen in the frontal plane leads, especially in the inferior leads.



A signal-averaged ECG (SAECG) with abnormal LPs in a 60-year-old asymptomatic man and spontaneous type 1 Brugada ECG pattern. The total filtered QRSd = 137 ms

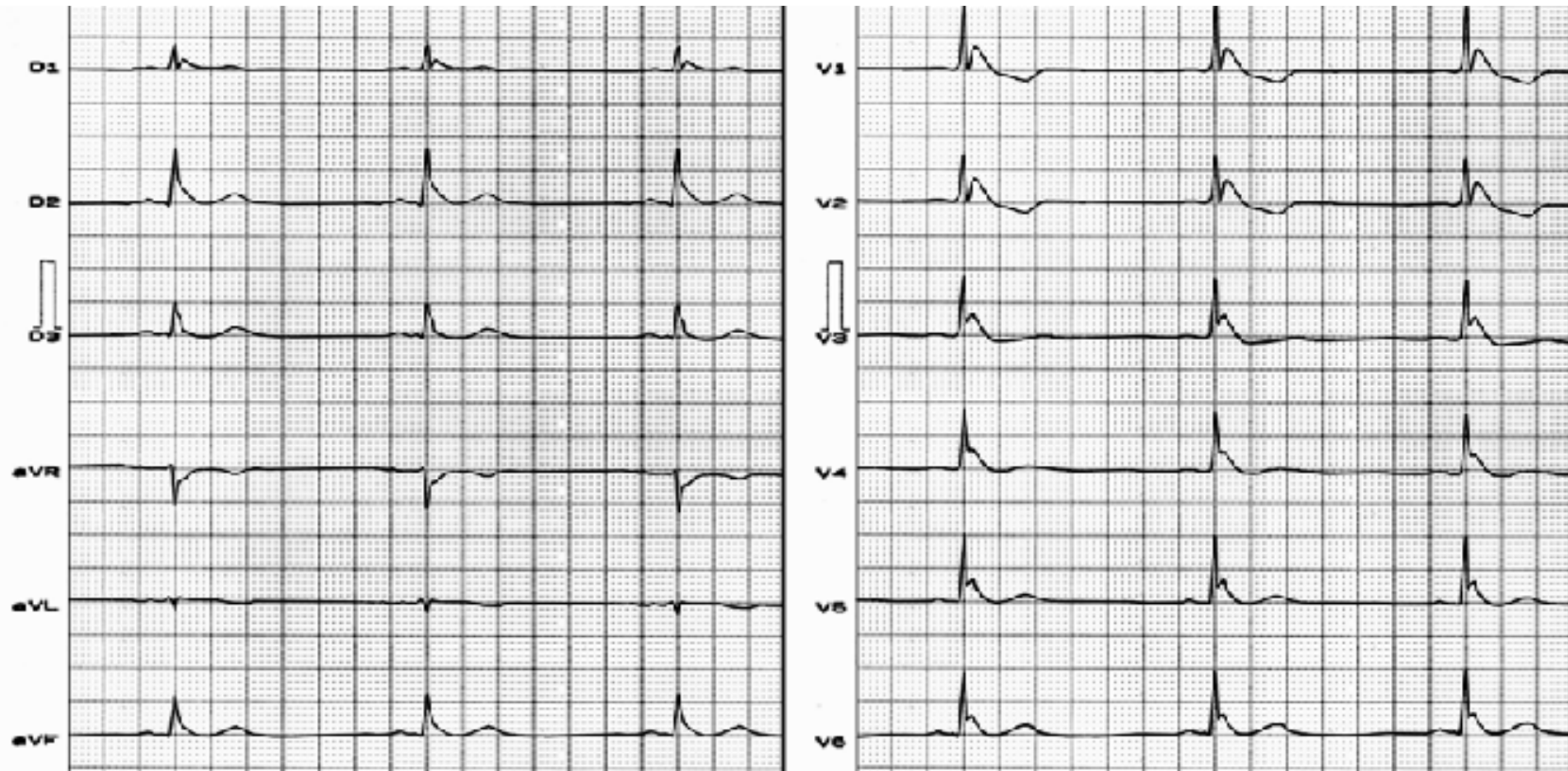
The duration of the high frequency low amplitude (HFLA) < 40 μ V

The root-mean-square voltage (RMS) in the terminal 40 ms of the QRS are 137 ms, 55 ms and 15 μ V, respectively (all three parameters are abnormal). Δ

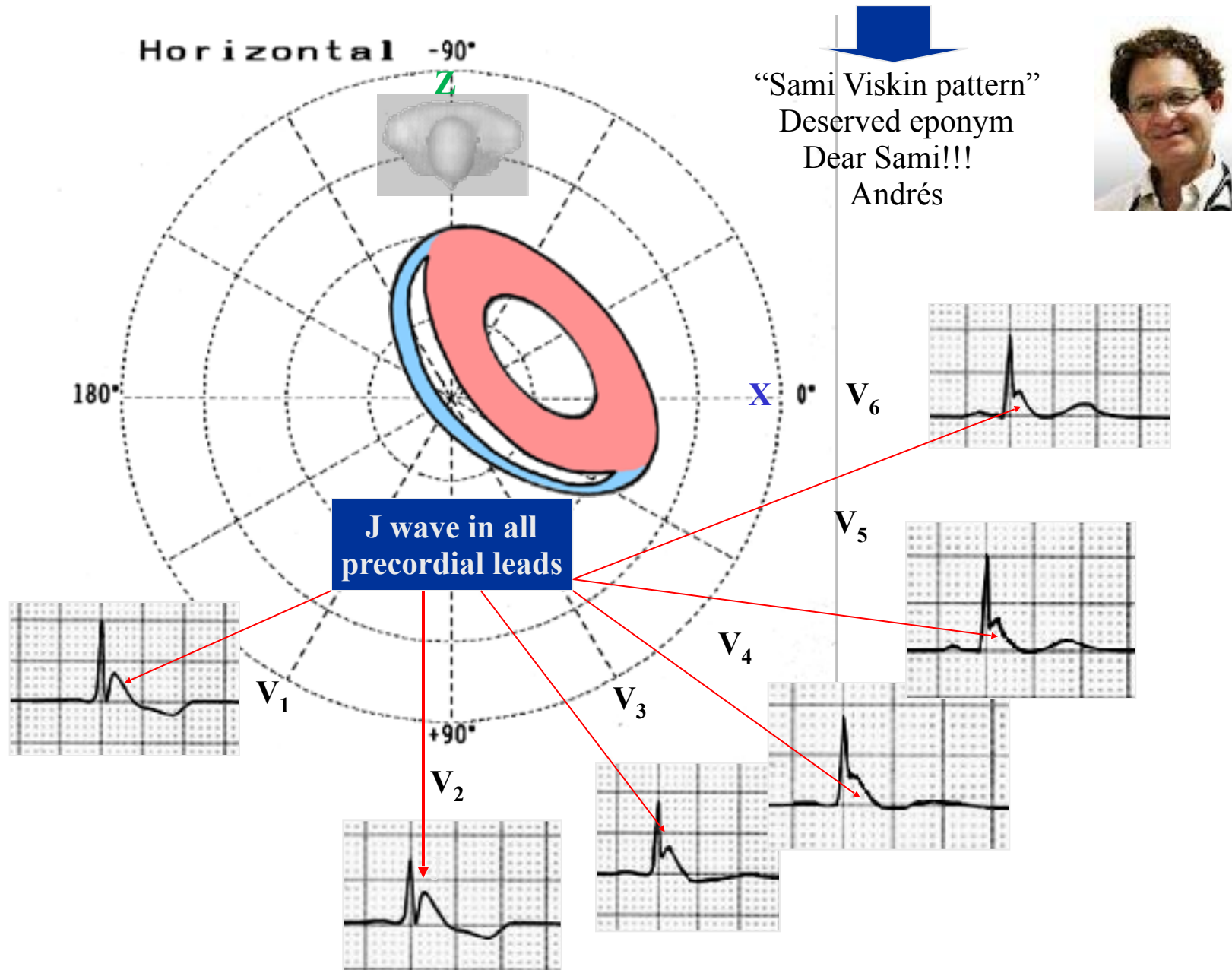
The role of the standard time-domain SAECG in BrS is limited by

- Inability to detect conduction abnormalities *within* the QRS complex
- Uncertain value in patients with BBB, and \
- The use of a single-lead ECG complex, which is derived from the XYZ orthogonal leads and does not contain any regional information.

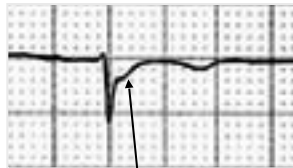
Malignant Early Repolarization Pathological J or malignant waves Idiopathic ventricular fibrillation associated with early repolarization pattern (*ERP*): the “*Haïssaguerre pattern*”



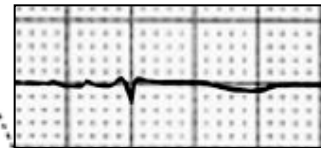
Subtype 3 shows an ER pattern registered globally in the inferior, lateral and right precordial leads> This variant is associated with the highest level of risk for the development of VF storms. (**Nam 2008**). In subtype 3, the Brugada waves may be seen together with giant J waves in other ECG leads. Although the Brugada waves are not called ER, their underlying mechanism is identical to that of the ER patterns



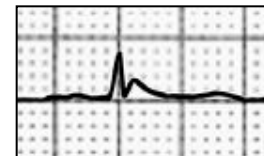
Frontal -90°



aVR

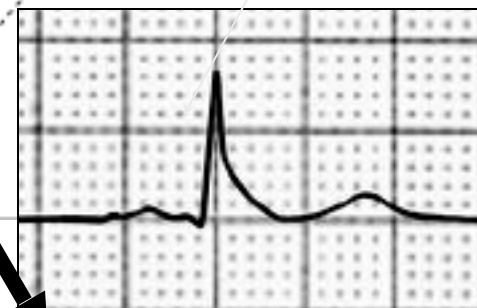


aVL



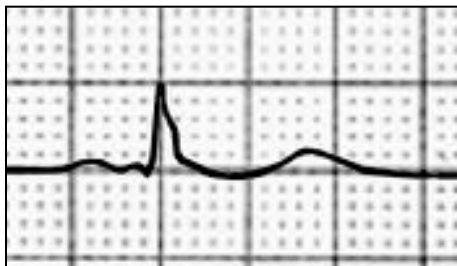
0° I

J wave insinuation

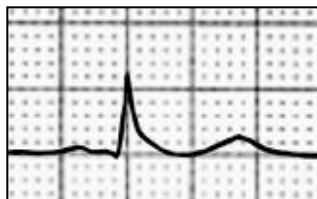


II

III



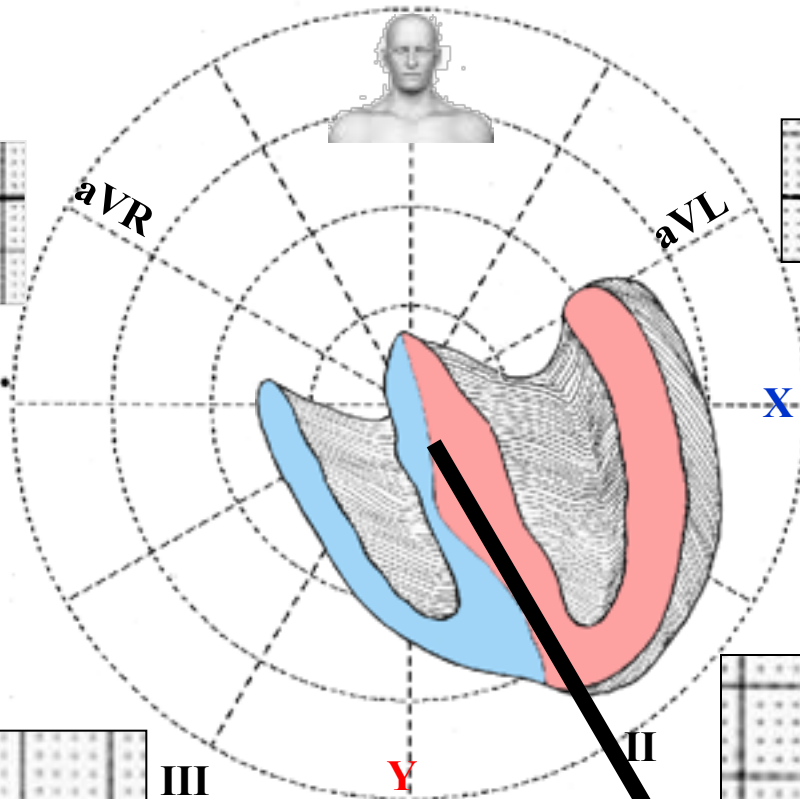
+90°
aVF

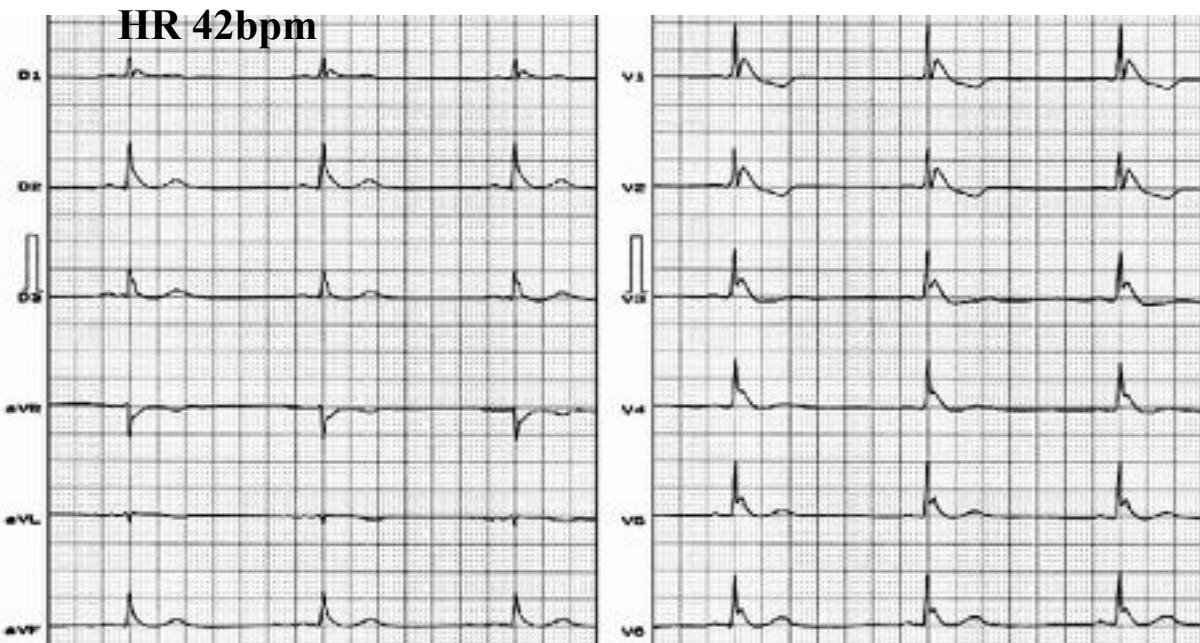


180°

Reciprocal change or
Mirror image

Normal QRS axis +60°

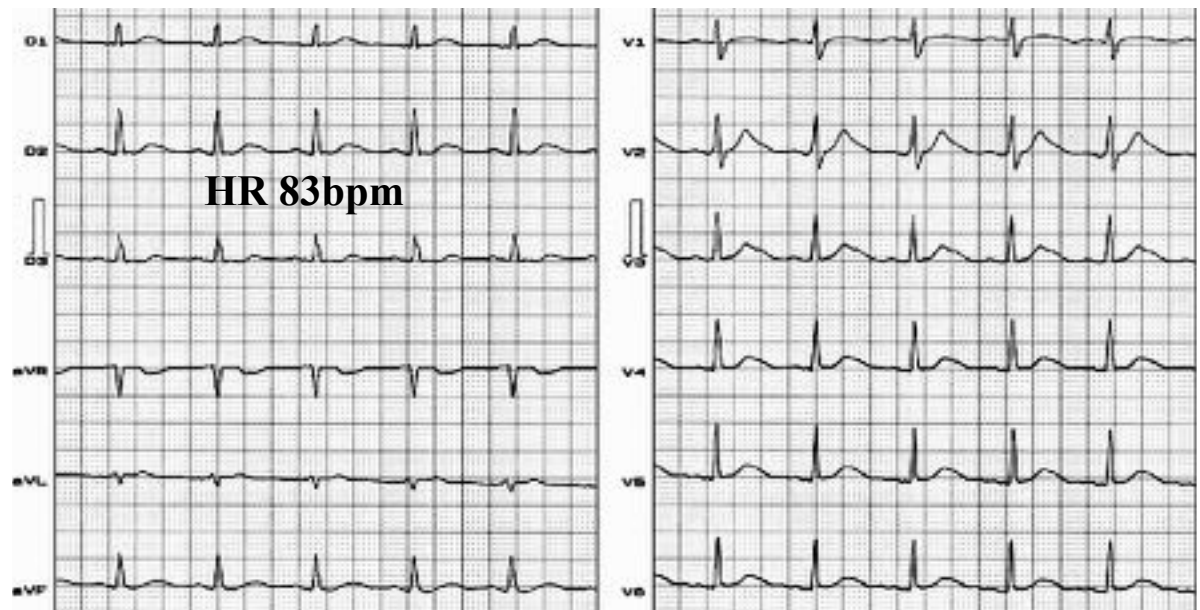




A: Basal tracing. We observe J-wave across all precordial and inferior leads.

B: ECG after two days after oral quinidine 1500 mg/day

Comments: The drug reduces the magnitude of the Ito channel – mediator of phase 1 and consequently normalize the elevation of the ST segment. Additionally, it could improve repolarization due to its vagolytic effect (M2 muscarinic receptor block) and to the exacerbation of reflex sympathetic tone.



Early repolarization pattern

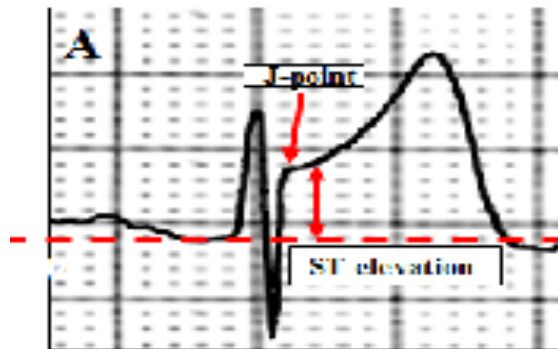
A and B classic definition of ER always with ST segment elevation

- A) ER with only ST segment elevation.
- B) ER with ST segment elevation and J-point at the end of J wave.

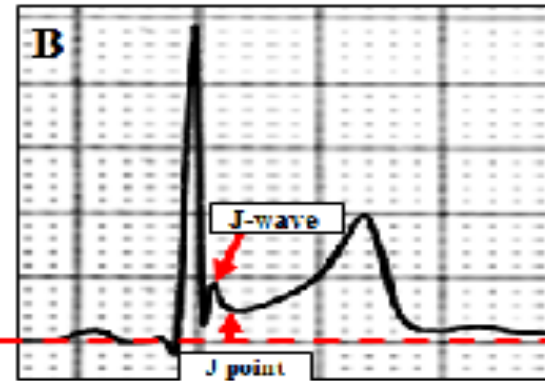
C and D New concept of ER without ST segment elevation

- C) J-point elevation and terminal QRS slurring without ST segment elevation.
- D) J-wave without ST segment elevation.

A and B classic definition of early repolarization: with ST segment elevation

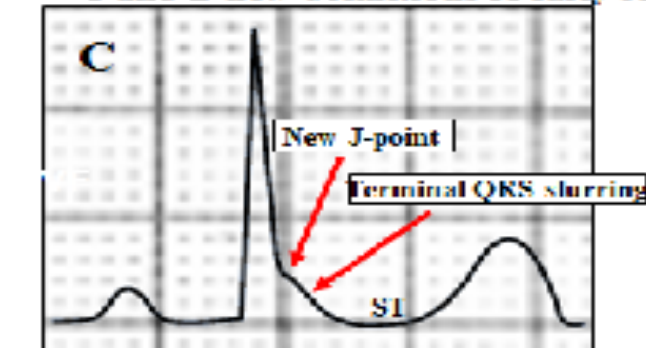


Without J wave and STSE

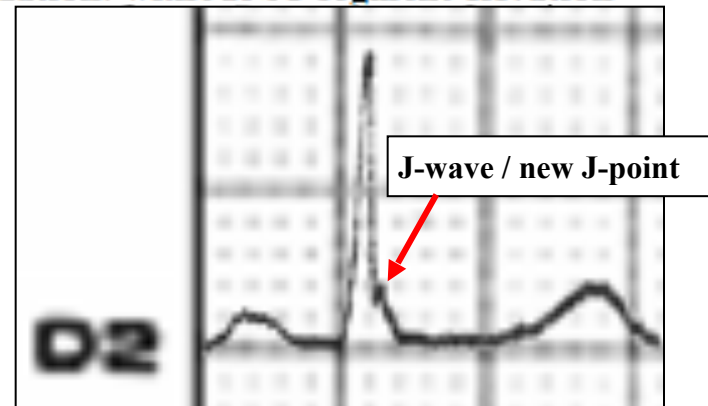


With J wave and STSE

C and D new definitions of early repolarization: without ST segment elevation



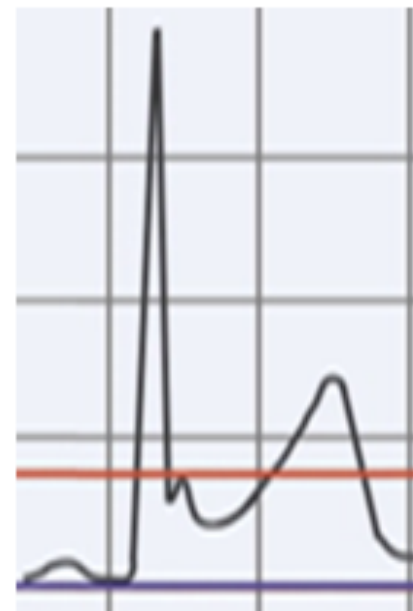
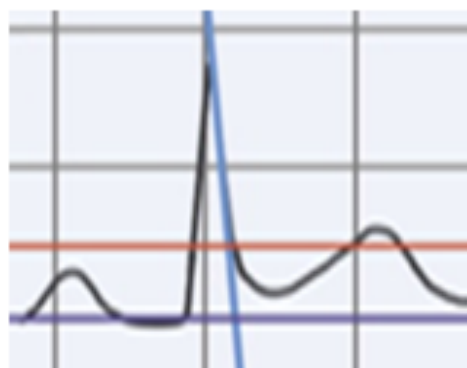
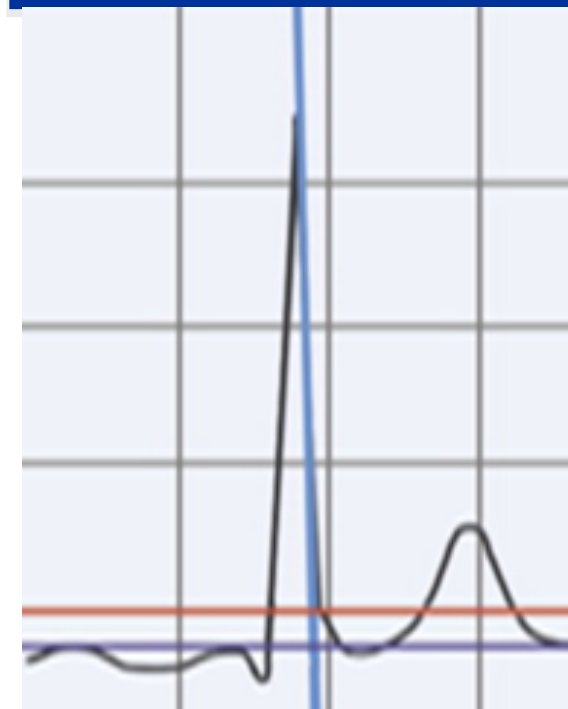
Slurred QRS downstroke without STSE



J-wave or the new J-point elevation without STSE

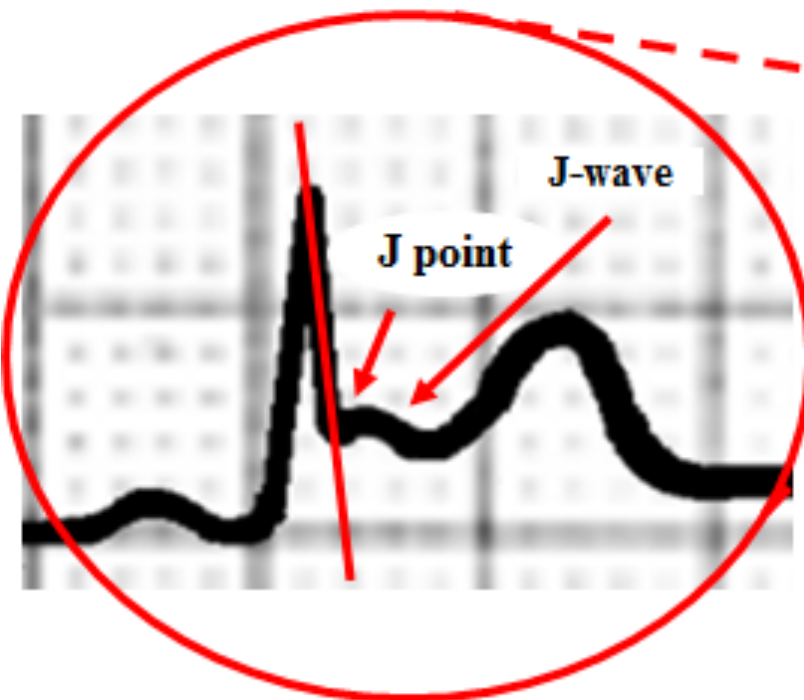
The new definition of ERP requires the peak of an end-QRS notch and/or the onset of an end-QRS slur as a measure, denoted J_p , to be determined when an interpretation of early repolarization is being considered. One condition for early repolarization to be present is $J_p \geq 0.1$ mV, while ST-segment elevation is not a required criterion.

QRS slurring without STSE	QRS slurring with STSE	QRS notching without STSE	QRS notching with STSE
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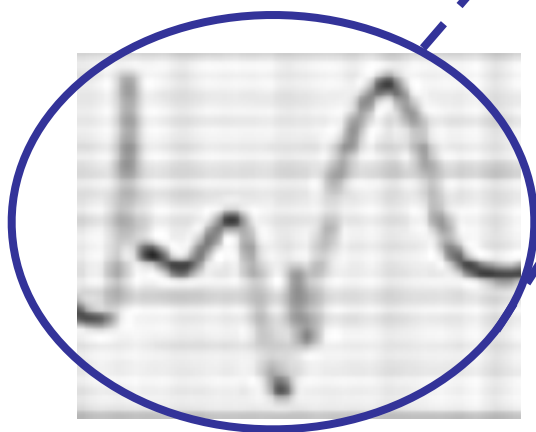


— J_p Amplitude — QRS Onset (Reference Level)

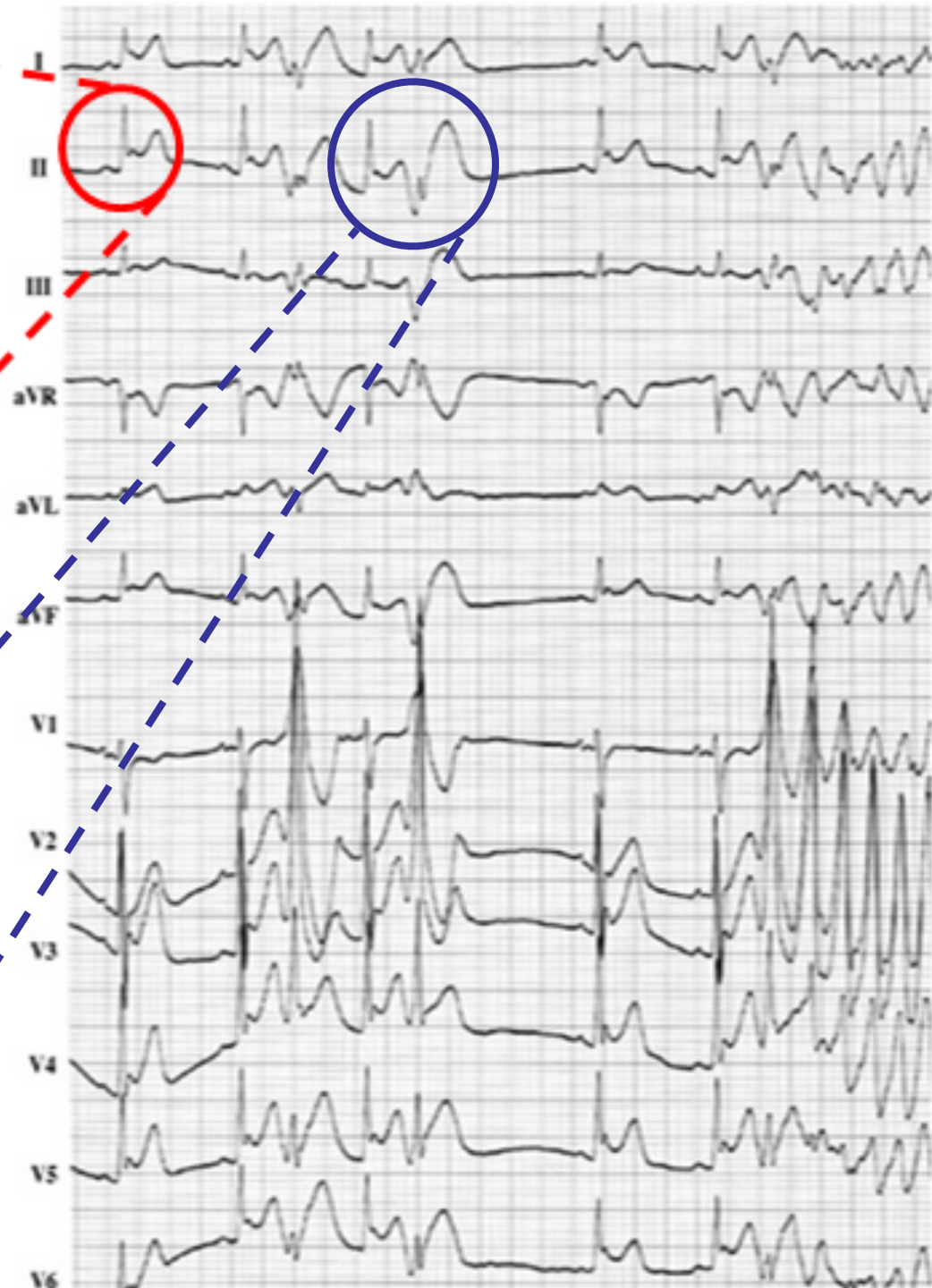
The upper salmon line indicates the notch or slur amplitude, J peak (J_p), while the lower purple line indicates the baseline used as a reference with respect to which amplitudes should be measured. The blue lines indicate tangents to the initial component of the R-wave downslope. All of these waveforms are illustrations of the early repolarization pattern. (Macfarlane 2015)



Characteristic transient augmentation of J waves immediatly before the events



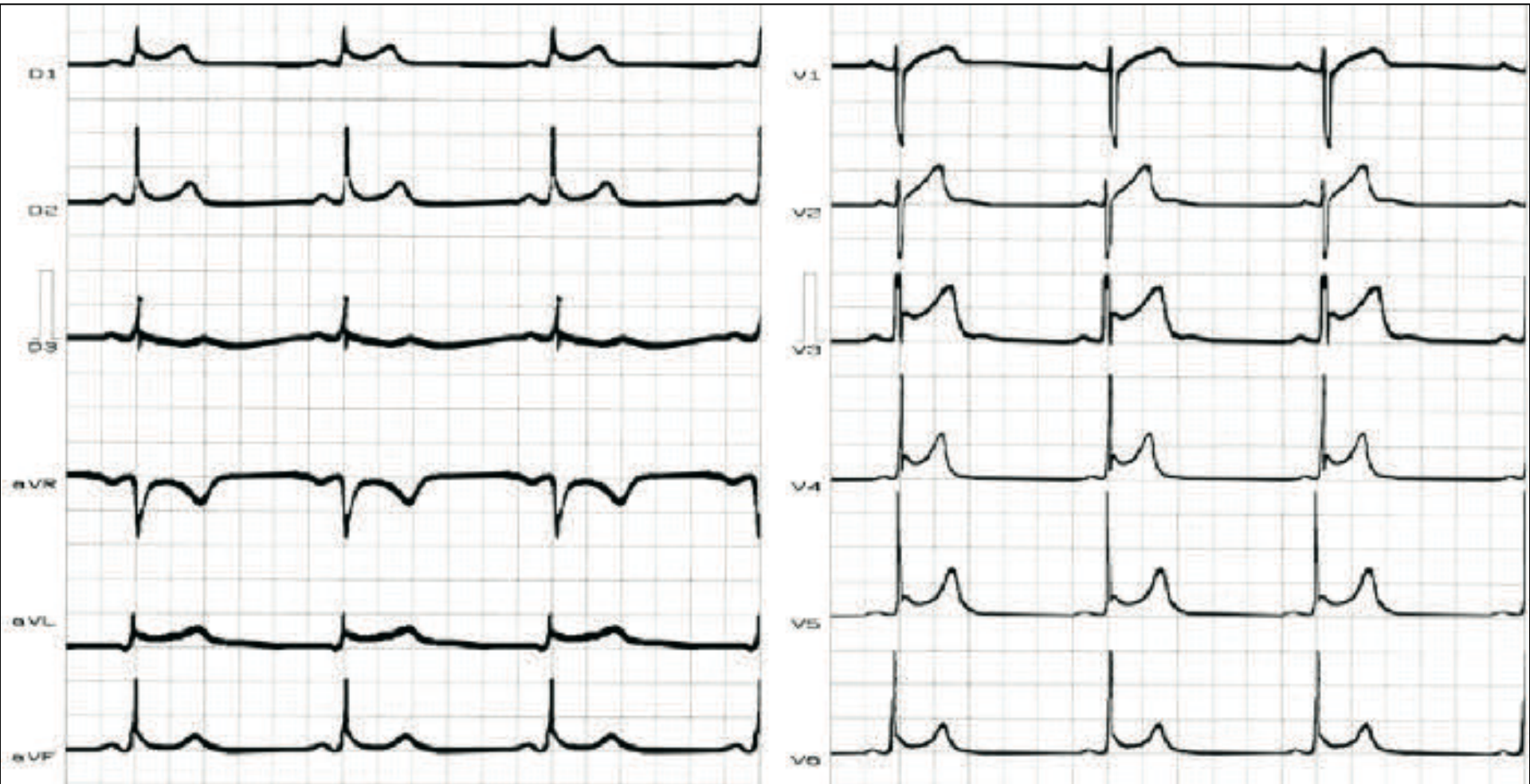
Short coupled PVCs



Malignant versus benign early repolarization pattern

	Malignant ERP	Benign ERP
Resuscitation from cardiac arrest or documented VF	Yes, very suggestive	Asymptomatic
Positive Family history for SCD in Young relative	Possible	Absent
Sinus bradycardia	No	It is the rule
Axes of QRS, ST segment and T wave	Frequently discordant	Oriented to the same direction
Mirror or reciprocal image	Frequently in several leads	Only aVR
Transient augmentation of J waves	Characteristic	Absent
Short coupled PVCs	Frequently	Absent
Co-existing channelopathies such as BsS, SQTS, idiopathic VF	Frequently	No
ST segment elevation	Frequently > 2 mm	Usually < 2 mm
Widespread J waves in inferior and lateral leads and/or globally across leads	Strong signal	No
J waves convex upward or lambda wave pattern	It is the rule	ST concave upward followed by T waves of great voltage and polarity matching QRS
J waves in the inferior leads	Also present	Possible
J waves in lateral leads, tall R waves, rapidly ascending ST segments	No	Characteristic

Name: DAS; **Age:** 24yo; **Gender:** Male; **Ethnic Group:** Afro-descendent; **Weight:** 82 kg; **Height:** 1.91 m; **Biotype:** Mesomorphic; **Profession:** professional basketball player.



ECG diagnosis: sinus bradycardia, (HR 50 bpm). Notch or slurring of terminal portion of the QRS complex (J point). J point and ST segment elevation concave upward > 4 mm from V3 to V5. **Observation:** Unfortunately, concave ST morphology cannot be used to rule out ST elevation from AMI with left anterior descending coronary artery occlusion because it is common in these circumstances. The ST elevation is most frequently evident in lead V₄. Reciprocal ST segment depression only in aVR.

Conclusion: sinus bradycardia, ERP.

Similarities between early repolarization pattern and Brugada syndrome

- Both are much more frequent in the male gender.
- Both are predominantly observed in young adults.
- Both do not present apparent structural heart disease.
- Both frequently present conduction disorder patterns in the right His system.
- Both may present discrete QRS interval widening. In the ERP of athletes' hearts, a mild increase in QRS duration is observed (100 ms to 110 ms) in 15% of the cases caused by physiologic hypertrophy of the RVOT, which is translated in the ECG into the appearance of final r' wave that does not exceed 5 mm and that is lower than the preceding S in the same lead: rSr'(196). In BrS, as we have already mentioned, there may be a selective increase of QRS duration in the right precordial leads (Pitzalis 2003).
- Both may display saddleback pattern quite frequently.
- Both may reverse ventricular repolarization pattern during stress test.
- Both improve ventricular repolarization with endovenous isoproterenol, probably because the drug reduces repolarization dispersion which triggers VF events (Hiss 1962).
- Both have a shortening of phase 2 action potential due to electrophysiologic substrate, in the ventricular epicardium thickness by intensification of the notch in phase 1, mediated by the I_{to} channel (Yan 1996).
- Both may have modification in the I_{to} and $I_{Ca^{++-L}}$ channels by electrophysiologic substrate, which explains the J point and ST segment elevation causing intensification of the notch in phase 1 and decrease in phase 2 duration in the ventricular epicardium thickness (Antzelevitch 2000).
- Both may affect in different degrees, ventricular repolarization in the right precordial leads (Bianco 2001) as well as in the lateral wall (V4-V6) and inferior leads I, II, and III (atypical forms of BrS).

Brugada Phenocopies

“ An environmental condition that imitates or copies one produced by a gene”

In order to learn about the morphological classification of Brugada Phenocopies, please visit the website www.brugadaphenocopy.com.

Brugada phenocopies are clinical entities that present with an ECG pattern identical to either the type 1 or type 2 Brugada patterns yet differ etiologically from true Brugada syndrome. The pattern presents in association with an identifiable condition and, upon resolution of that condition, the ECG pattern normalizes.

Brugada phenocopy is not due to a congenital sodium channel abnormality. Indeed, the defining feature of Brugada phenocopy is the absence of true congenital Brugada syndrome. Therefore a provocative test with a sodium channel blocking agent such as ajmaline, flecainide, or procainamide will not reproduce the ECG pattern (Baranchuk 2012).

The Brugada ECG Pattern

True congenital Brugada syndrome is characterized by two ECG patterns in the right precordial leads (V1-V3). These patterns involve ST elevations that produce either the type 1 “*coved*” or type 2 “*saddleback*” patterns (Bayés de Luna 2012).

The typical type 1 pattern has a high take-off ST-segment elevation that is ≥ 2 mm followed by a downsloping concave or rectilinear ST-segment. The ST-segment in type 1 patterns is followed by a negative and symmetric T wave.

Causes of Brugada Phenocopy

Brugada phenocopies may be induced by a multitude of clinical circumstances that have been characterized into six distinct etiological categories ([Baranchuk 2012](#); [Anselm 2014](#)): metabolic conditions, mechanical compression, ischemia, myocardial and pericardial disease, ECG modulation, miscellaneous.

The number of reported cases of Brugada Phenocopy has steadily increased since proposal of the term and concordantly, the number of conditions known to cause Brugada Phenocopy has also increased. To date, there have been 66 reported cases of Brugada phenocopy,⁴⁻⁶² 16 of which are confirmed, meeting all of the mandatory criteria for diagnosis.

Confirmed Type 1 Brugada phenocopies have been reported in the context of an acute inferior ST-segment elevation myocardial infarction with right ventricular involvement ([Anselm 2013](#)); hyperkalemia ([Recasens 2013](#)); adrenal crisis ([Dogan 2013](#)); concurrent hypokalemia and hyponatremia ([Mok 2008](#)); acute myocarditis due to hyperesinophilic syndrome ([Nayyar 2009](#)); concurrent hyponatremia, hypokalemia, and acidosis ([Kovacic 2004](#)); hypokalemia in the context of congenital hypokalemic periodic paralysis ([Gazzoni 2013](#)); writhing of a reconstructed esophagus resulting in mechanical compression on the heart ([Kaneko 2013](#)); ketamine intoxication with concurrent acidosis ([Rollin 2011](#)); and acute cannabis intoxication ([Daccarett 2007](#)). The remaining five confirmed Brugada Phenocopies were type 2 and reported in the context of pectus excavatum resulting in mechanical mediastinal compression ([Awad 2013](#)); hyperkalemia ([Ortega-Carnicer 2002](#)); acute pericarditis ([Ozeke 2006](#)); and electrocution ([Wang 2012](#)).

Recurrent Brugada Phenocopy

In each of the previous 13 cases, Brugada phenocopy was observed in a single clinical event. However, there are currently two known cases of confirmed recurrent Brugada phenocopy, both in the context of hypokalemia. In 2010, Tsai et al ([Tsai 2010](#)) reported a case of Brugada phenocopy in the context of hypokalemia due to thyrotoxicosis. In a brief summary, the patient presented in 2005 with sudden onset bilateral leg weakness following a large meal. The ECG demonstrated a type 2 Brugada ECG pattern and laboratory tests were significant for hypokalemia, hyperglycemia, low TRH and high free thyroxine.

With treatment and normalization of the potassium and glucose levels, the ECG resolved to a normal pattern. In 2008, this patient experienced a recurrent episode of flaccid paralysis following a heavy meal. The ECG demonstrated a type 1 Brugada ECG pattern and laboratory tests revealed hypokalemia, hyperglycemia, low TSH and normal thyroxine. Correction of the hyperglycemia and hypokalemia yet again resulted in resolution of the Brugada ECG pattern.

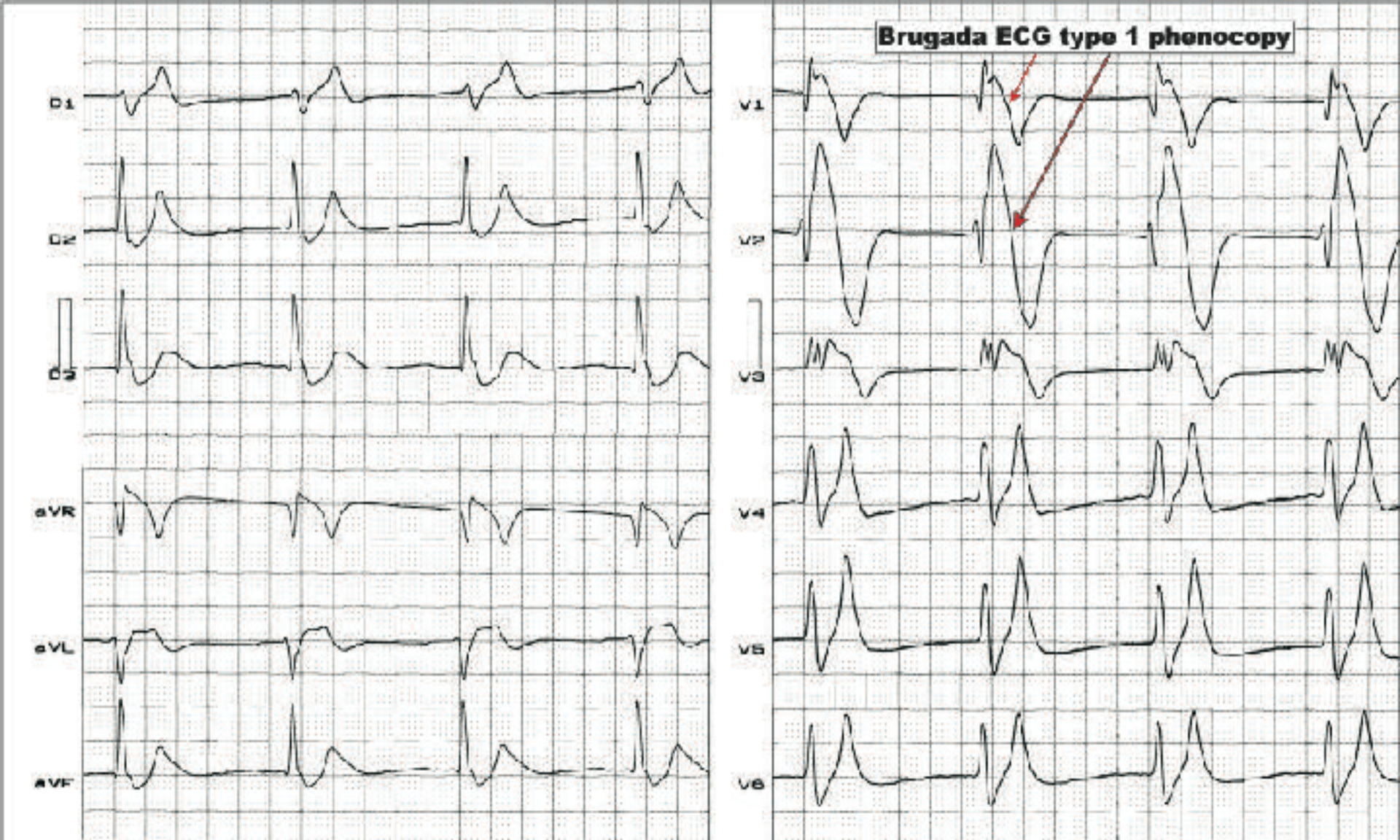
In 2013, a second case report demonstrated the clinical reproducibility of Brugada phenocopy. Genaro et al ([Genaro 2013](#)) reported the case of a man who presented to the Emergency Department with a 15-day history of diarrhea. An ECG demonstrated a type 1 Brugada ECG pattern in the setting of severe hypokalemia and acidosis. Upon correction of the metabolic abnormalities, the ECG pattern resolved. While in hospital, recurrent episodes of diarrhea resulted in hypokalemia without acidosis and an ECG demonstrated the return of the Type 1 Brugada ECG pattern. The ECG pattern resolved once again after IV.

Diagnosis of Brugada Phenocopy

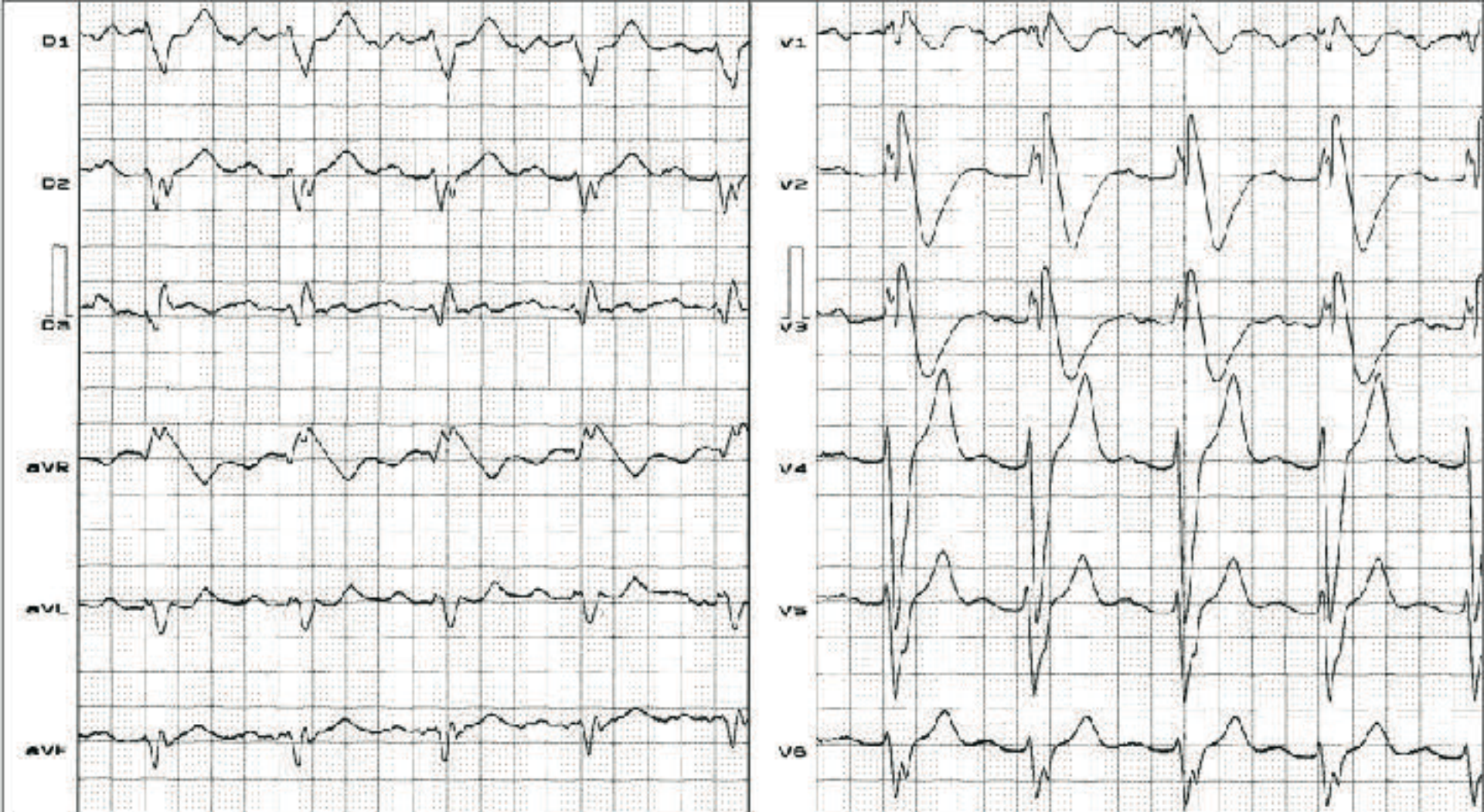
The diagnostic criteria for Brugada Phenocopy are (I-V are mandatory) ([Baranchuk 2012](#); [Anselm 2013-2014](#)):

An ECG pattern that has a type-1 or type-2 Brugada morphology

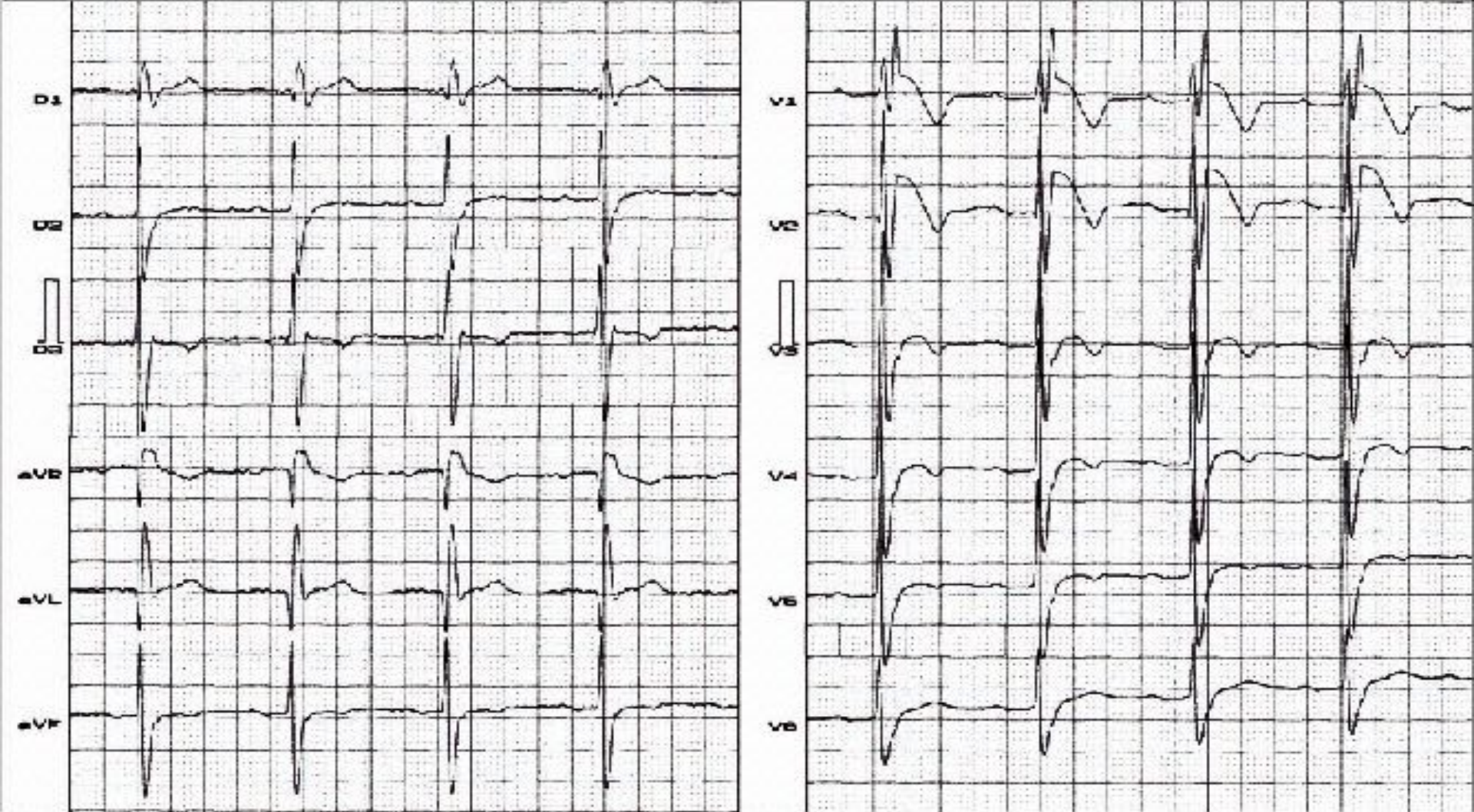
- I. The patient has an underlying condition that is identifiable
- II. The ECG pattern resolves upon resolution of the underlying condition
- III. There is a low clinical pretest probability of true Brugada syndrome determined by a lack of symptoms, medical history, and family history
- IV. The results of provocative testing with a sodium channel blocker such as ajmaline, flecainide, or procainamide are negative
- V. Provocative testing is not mandatory if surgical RVOT manipulation has occurred within the last 96 hours).
- VI. The results of genetic testing are negative (desirable but not mandatory because the SCN5A mutation is identifiable in only 20% to 30% of probands affected by true BrS63).
- VII. Correction of the hypokalemia.



Clinical diagnosis: terminal renal insufficiency. Severe hyperkalemia: K^+ 8.7 mEq/L. This sign is known as dialyzable injury current. ECG diagnosis: very likely, junctional with P waves near J point, HR: 54 bpm, QRSd: 160 ms, ST segment elevation from V_1 to V_3 and I, aVL and aVR. V_1 to V_3 display ST segment upwardly convex pattern, similar to Brugada syndrome or Brugada phenocopy (Riera 2010), typical T waves in "tent", pointed, and with a narrow base.



ECG diagnosis: Left atrial enlargement, PR interval prolongation or first-degree AV block secondary to augmentation of effective refractory periods of atrioventricular node ($>$ AH interval), His-Purkinje system ($>$ HV interval), nonspecific intraventricular conduction disturbance, (marked abnormal ventricular activation pattern (bizarre): does not satisfy the criteria of either LBBB or RBBB), long QT interval with normal JT interval and Brugada type 1 ECG phenocopy: ST segment elevation convex to the top followed by negative T waves from V_1 to V_3 Induced Brugada-type 1 ECG pattern, is a sign for imminent malignant arrhythmias. Brugada phenocopy secondary to accidental plasma concentrations of propafenone in the toxic range.

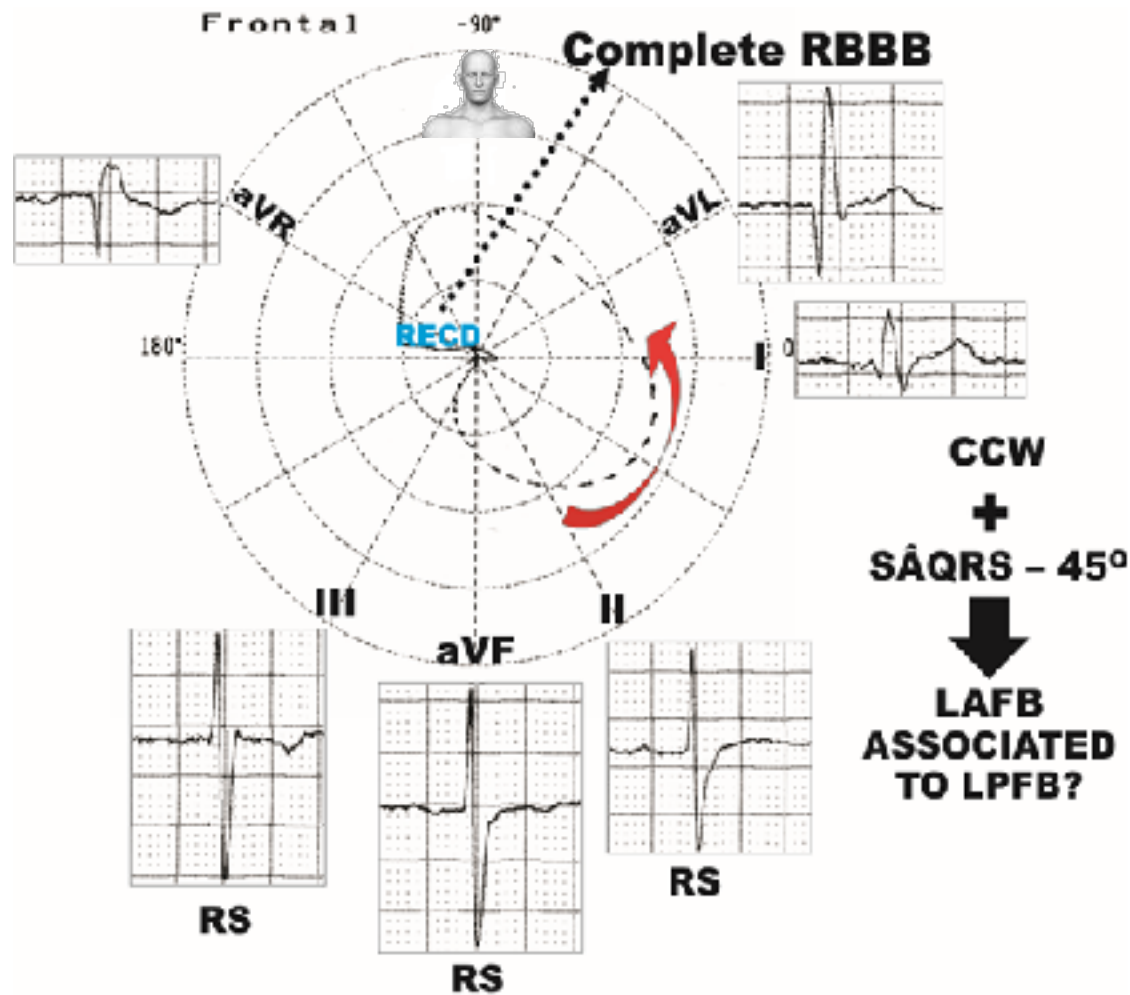


Clinical diagnosis: myotonic muscular dystrophy (Steinert's disease) / type 2 diabetes mellitus / high blood pressure. Brugada syndrome? Brugada phenocopy?

ECG diagnosis: sinus rhythm, HR: 55 bpm, PR interval: 250 ms (first-degree AV block), QRS duration: 165 ms, $\hat{S}QRS$: near -40° : Complete RBBB + left anterior fascicular block (LAFB), probable trifascicular block.

J point and ST segment elevation $\geq 2\text{mm}$ in V_1 and V_2 followed by a negative T wave: Brugada ECG type 1 phenocopy.

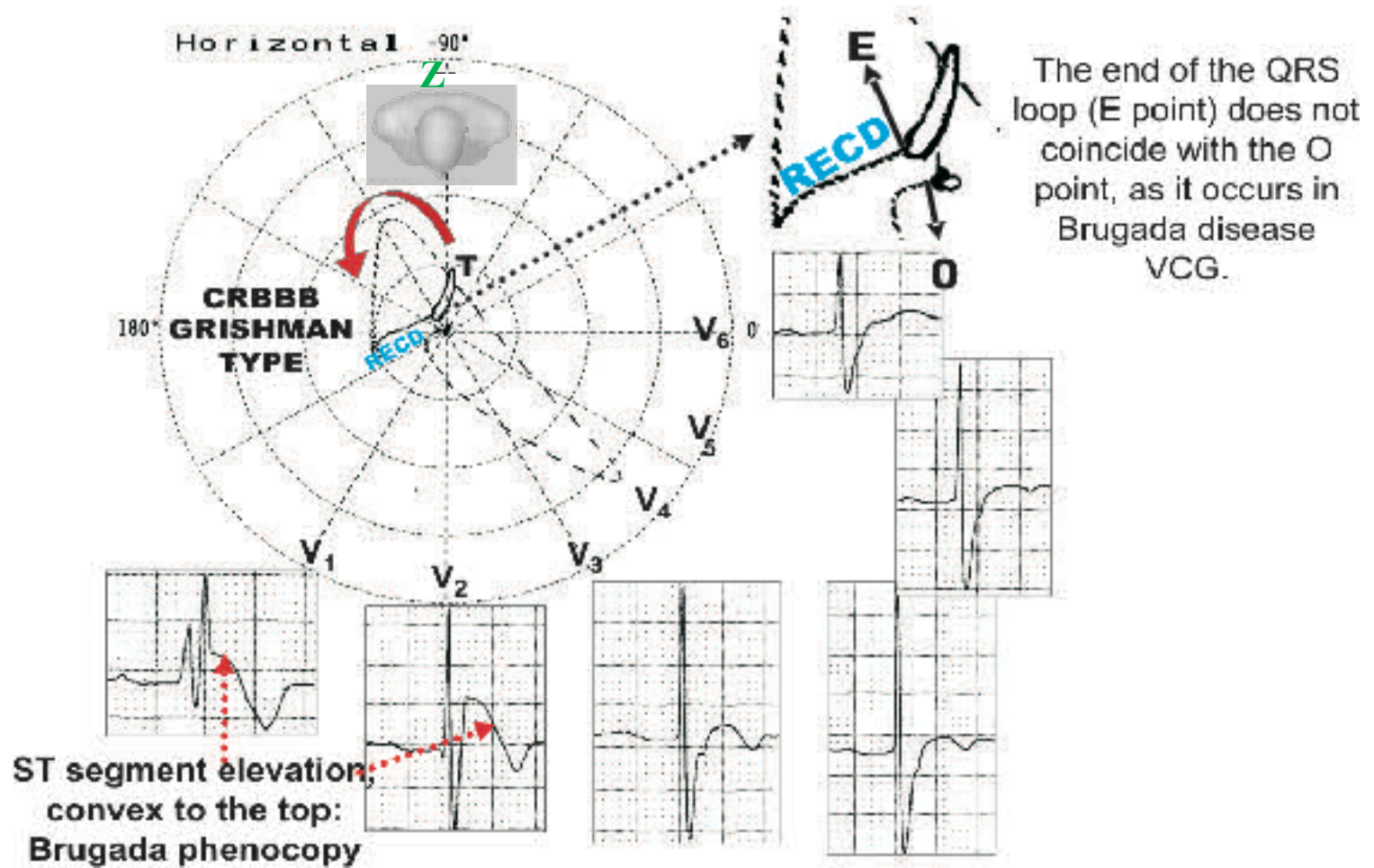
ECG/VCG correlation in the frontal plane



CCW: COUNTER CLOCK WISE ROTATION

In classical LAFB, the inferior leads II, III and aVF, show rS pattern. In this case, the voltage of R waves in inferior leads are greater, originating RS pattern in these leads. Additionally, QRS loop morphology is rounded and not elliptical as in typical LPFB. Both facts (RS pattern and rounded shape) suggest some degree of associated LPFB. This suspicion is reinforced by the presence of first degree AV block, which may be pointing dromotropic difficulty in the left posterior fascicle.

ECG/VCG correlation in the horizontal plane

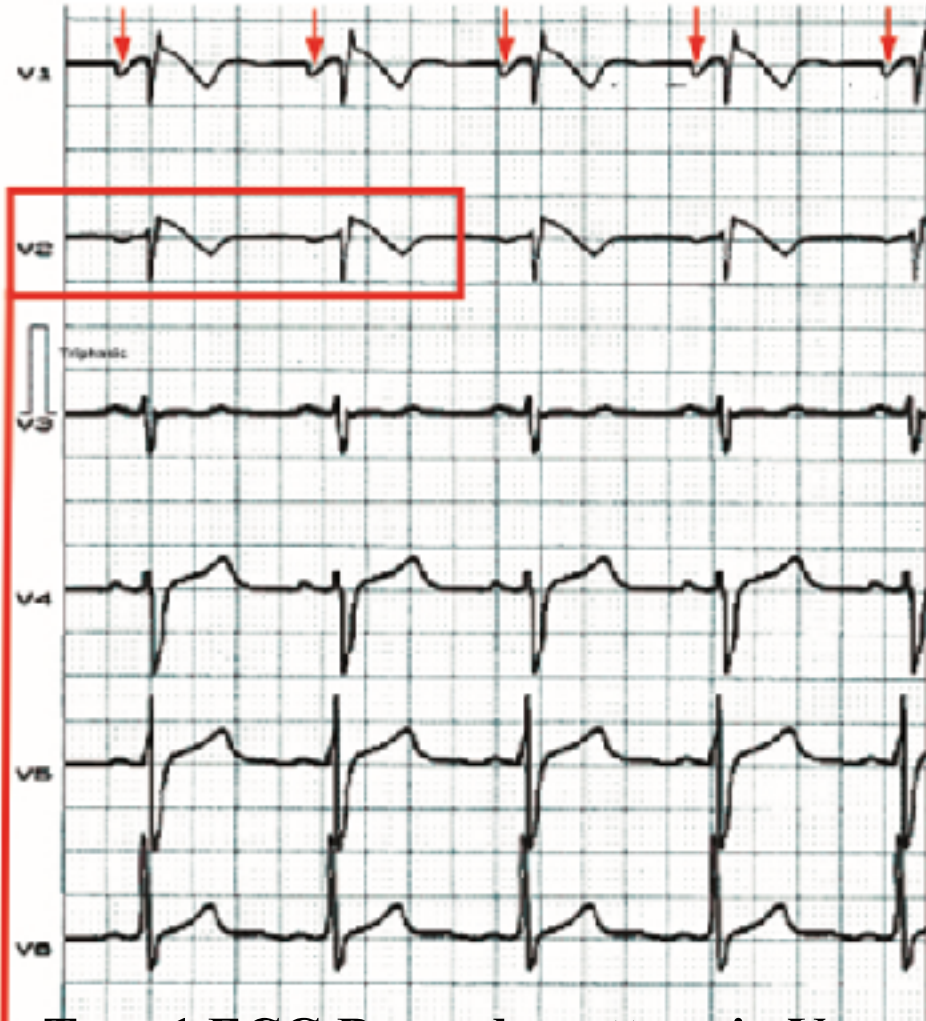


Clinical diagnosis: Myotonic Muscular Dystrophy (Steinert's Disease).

ECG/VCG diagnosis: Complete RBBB Grishman type or Kennedy type I (afferent limb of QRS loop behind X orthogonal line).

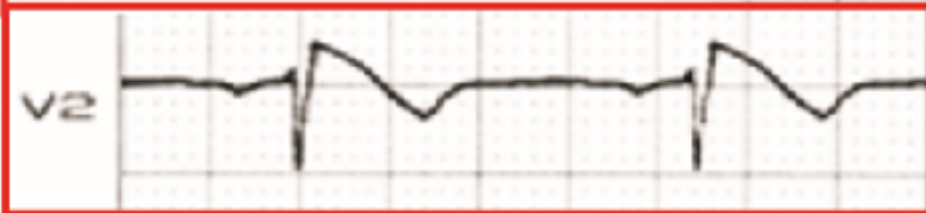
J point and ST segment elevation $\geq 2\text{mm}$ convex to the top followed by a negative T wave on right precordial leads: Brugada phenocopy (Nguyen 2011; Arce 2010).

Negative P wave in V₁



Type 1 ECG Brugada pattern in V₂

ECG of a 18yo male patient with pectus excavatum (Kataoka 2002) and Brugada type 1 ECG pattern: Brugada phenocopy.



Catecholaminergic polymorphic ventricular tachycardia

Catecholaminergic polymorphic ventricular tachycardia (CPVT) is a rare clinically and genetically heterogeneous disease characterized by exercise, adrenergic stress induced or adrenergically mediated ventricular tachyarrhythmia, with recurrent syncope of uncertain etiology after physical and emotional stress or sudden cardiac death (SCD), usually in the pediatric or juvenile age group. Sudden infant death syndrome and juvenile sudden death exert a deep social impact, due to the young age of the victims and the unexpected occurrence of death (Carturan 2007). Despite its rare occurrence, CPVT is an important cause of stress and emotion induced syncope and SCD in children (Massin 2003).

Familial occurrence has been noted in about 30% of cases.

Inheritance may be autosomal dominant (Mutations of the cardiac Ryanodine receptor gene (RyR2) or recessive associated with homozygous mutations in the gene encoding the cardiac isoform of calsequestrin (CASQ2). (calsequestrin gene CASQ2 mutations) usually with high penetrance (Laitinen 2004).

The causative genes have been mapped on chromosome 1.

Due to its potential lethal outcome, exclusion or confirmation of CPVT in children with physical and emotional syncope is mandatory.

•The entity, together with Brugada syndrome (BrS), congenital long QT syndrome (LQTS), congenital short QT syndrome (SQTS) and familial atrial fibrillation (Roberts 2003) are integrants of a group entitled electrical heart disease, purely electrical heart diseases (Farwell 2007), primary electrical heart diseases (Makita 2007), primary electrical disorders (Schulze-Bahr 2000) ion channel diseases, channelopathies or sine material sudden death disease, because apparent structurally intact or normal hearts is observed.

➤ Genetic analysis identifies two groups of patients:

1. Sporadic or nongenotyped: Patients with nongenotyped CPVT are predominantly women and become symptomatic later in life;
2. With mutation:
 - (2-A) Cardiac RyR: Autonomic Dominant (AD)
 - (2-B) Calsequestrin CASQ2 Autonomic Recessive (AR) (Eldar 2003). CASQ2 mutations are more common than previously thought and produce a severe form of CPVT (Postma 2002).

Catecholaminergic polymorphic ventricular tachycardia (CPVT)

Mutation in four genes – RYR2, CASQ2, TRDN, and CALM1 – is known to cause CPVT or related phenotypes of adrenergically induced life-threatening arrhythmias. The presence of other as-yet unidentified loci is postulated.

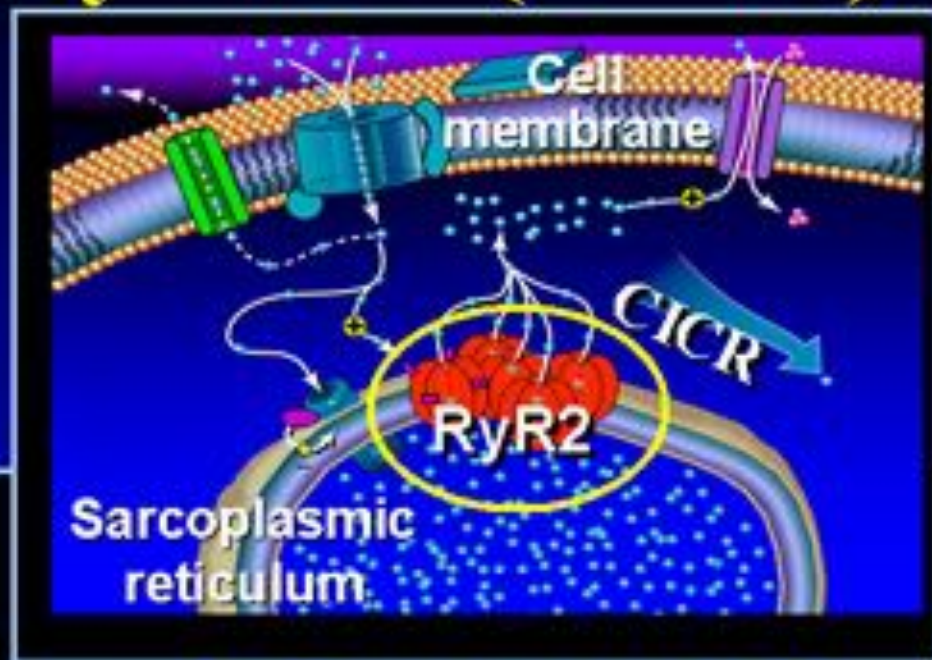
Catecholamine- Dependent Polymorphic VT (CPVT) Catecholaminergic Polymorphic Ventricular Tachycardia				
Arrhythmia	Chromosome	Gene	Protein	Inheritance pattern
CPVT1	1q42-43	RYR2	Cardiac RyR	AD
CPVT2	1p11.13.3	CASQ2	Calsequestrin	AR
CPVT3	7p22-p14 (Bhuiyan 2007)	TRDN	?	AD
CPVT4	14q32.11 (Nyegaard 2012)	CALM1		AD

Ryanodine receptor (RyR) is the Ca^{2+} -induced Ca^{2+} release channel in cells. RyR1 and RyR2 are its isoforms expressed in the skeletal and cardiac muscles, respectively. Their missense mutations, which are clustered in three regions that correspond to each other, cause hereditary disorders such as malignant hyperthermia and central core disease in skeletal muscle and CPVT, a form of arrhythmogenic right ventricular dysplasia (ARVD2), dilated cardiomyopathy, sinoatrial node and atrioventricular node dysfunction, atrial fibrillation, and atrial standstill in cardiac muscle ([Bhuiyan 2007](#); [Ogawa 2007](#)). Usually with high penetrance.

The R176Q mutation in RyR2 predisposes the heart to catecholamine-induced oscillatory calcium-release events that trigger a calcium-dependent VT ([Kannankeril 2006](#)). Research points out that patients carriers of familial CPVT with dominant inheritance pattern present a missense mutation of the SR in the CRC channel in type 2 ryanodine receptor (RyR2) where three mutations were verified: (P2328S, Q4201R, V4653F). This entity of early clinical onset and mean mortality rate of 30% up to 30 years old, is characterized by bursts of bidirectional VT and/or PVT related to exercise, (catecholamine-dependent) with no evidence of structural heart disease.

Catecholaminergic idiopathic ventricular fibrillation (IVF) is eventually observed.

Catecholaminergic Polymorphic Ventricular Tachycardia (CPVT)



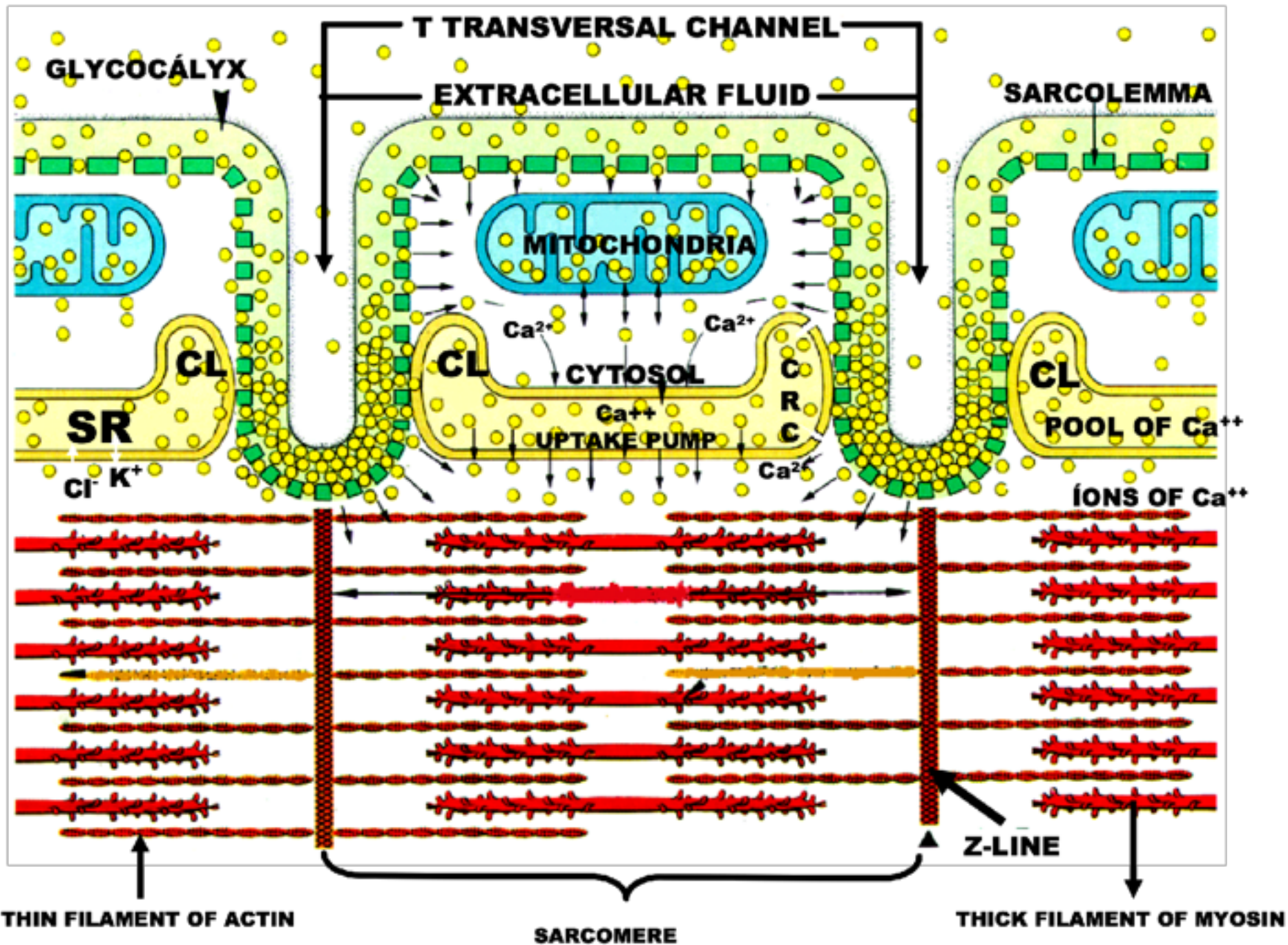
Molecular



RyR2 (CPVT1, Ch 1q42.1-q43)

Mutations in *RyR2* cause 2/3 of CPVT

Priori et al. *Circulation* 2002;106(1):1479-1487



Intracellular calcium channels of the Sarcoplasmic Reticulum (SR)

I) Ca^{2+} release channel, Ryanodine receptor, hyperphosphorylated by protein kinase A (PKA) from the intracellular sarcoplasmic reticulum or CRC “Calcium Release Channel”.

II) Ca^{2+} -ATPase uptake pump or Ca^{2+} Mg^{2+} ATPase (Sarcoplasmic Ca^{2+} (ATPase reticulum SERCA).

III) IP3 receptor, Inositol triphosphate or IP3: inositol 1,4,5-trisphosphate (IP3) receptor channel.

The SR is an intracellular structure that holds a key role in muscular contraction and relaxation by its capacity of fast release and uptake of myoplasm from the Ca^{2+} ion, by having only in the junctions with the T system of the plasmatic membrane, the so-called Ca^{2+} release channel, CRC (Calcium Release Channel) or Ryanodine receptor. This channel, intracytoplasmatically located in the SR membrane, is very close to the sarcolemmal channels $\text{I}_{\text{Ca-L}}$ type and like this is voltage and time-dependent. Each $\text{I}_{\text{Ca-L}}$ type channel controls a group between 4 and 10 ryanodine receptor channels.

Each channel is a large and complex protein of 30 S, formed by four polypeptidic subunits in firm association of $\text{Mr} \sim 560.000$ with quatrefoil or tetrameric morphology that contours a single hydrophilic, cation-selective pore, with conductance for divalent cations from 100 to 150 pS with 50 mM Ca^{2+} and for monovalent cations of ~ 750 pS with 250 mM K^+ that is found in the SR membrane and plays its role by releasing the cation of the SR lumen into the cytosol (efflux). It may be blocked by Ryanodine, a toxin derived from an alkaloid plant with nanomolar affinity, and for this reason it is known as ryanodine receptor.

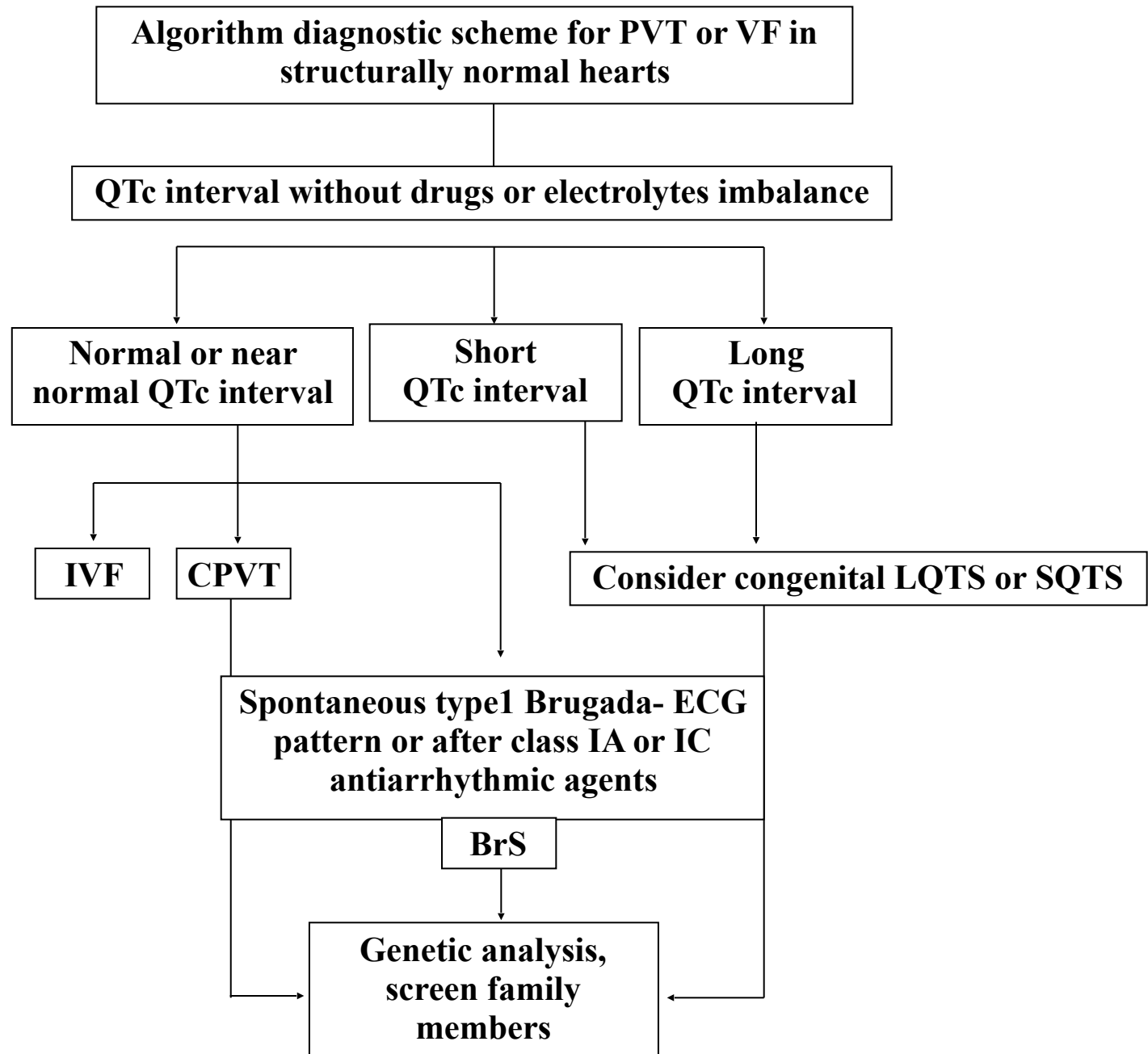
The substances that stimulate this channel improve contractility, and those that block, worsen it. It seems to be the most important channel in heart failure, since a dramatic increase has been observed in its phosphorylation (hyperphosphorylation) in patients with terminal heart failure, what would provide another basis for using β -blockers in this condition.

Electrocardiographic features

- I. Heart Rate (HR):** baseline bradycardia tendency off drugs is observed in all carriers. (slow HR);
- II. Rhythm:** Sinus rhythm is the rule. Abnormalities in sinoatrial node function, as well as atrioventricular nodal function, could produce atrial fibrillation, atrial flutter and atrial standstill (sick sinus syndrome).
- III. QTc interval:** normal at resting ECG (**Postma 2005**).

See proposed algorithm diagnostic scheme for PVT or VF in structurally normal hearts based initially in QT interval duration.

Algorithm diagnostic scheme for PVT or VF in structurally normal hearts. Modify from Srivathsan (Srivathsan 2005).



I. U-wave alternans: U-wave alternans was observed in following clinical circumstances:

- After ventricular pacing at 160 bpm
- During the recovery phase after the exercise stress test
- Following a pause from sinus arrest and a change in T-wave was also noted.

Precordial V_3 - V_5 are the leads showing alternans more clearly ([Aizawa 2006](#)).

II. Arrhythmias

A. Supraventricular arrhythmias

The atrium could be affected by the channelopathies and arrhythmia in these chambers may cause syncope. Atrial fibrillation, atrial flutter, atrial standstill, and sick sinus syndrome are eventually present ([Fazelifar 2007](#)).

Ventricular arrhythmias

- Ventricular arrhythmias elicited exclusively under by exercise or adrenergic stress. Typically are induced by isoproterenol infusion.
- Premature Ventricular Complex (PVCs) Calcium channel antagonist, verapamil, can suppress PVCs and nonsustained VT salvos in CPVT caused by RyR2 mutations. Modifying the abnormal calcium handling by calcium antagonists might have therapeutic value ([Swan 2005](#)). Calcium antagonists partially suppressed CPVT in autosomal dominant cases.
- Polymorphic ventricular tachycardia (PVT) occurs during physical exercise or emotional stress. Mean heart rate during CPVT was 192 (30) beats/min. Most cases are non-sustained (72%), but 21% are sustained and 7% are associated with ventricular fibrillation.
- PVT and bidirectional in association is observed in 21% of cases in pediatric group.
- There are 100% inducement of CPVT by exercise, 75% by catecholamine infusion, and none by programmed stimulation. No late potential is recorded. Onset is in the right ventricular outflow tract in more than 50% the cases ([Sumitomo 2003](#)). His-Purkinje system is an important source of focal arrhythmias in CPVT ([Cerrone 2007](#)).
- Bidirectional ventricular tachycardia is a more typical feature.

Concept: Bidirectional ventricular tachycardia is regular VT with pattern of CRBBB, alternating QRS axis, determining the presence of two morphologies of QRS, secondary to change in axis (SÂQRS) in the frontal plane, from beat to beat, with differences of approximately 180°. One beat presents SÂQRS between -60° and -90° and the following, approximately +120° to +130°. The event may be both ventricular and supraventricular. The help of the His bundle electrogram is necessary to determine this.

Possible Etiologies: low prevalence (rare). Acquired forms are mainly observed in elderly patients. The clinical setting may be:

- Digitalis toxicity or digitalis poisoning: it is the main clinical cause (Kummer 2006);
- Digoxin and amiodarone treatment for rapid atrial fibrillation (Lien 2004);
- Herbal aconite poisoning (Smith 2005). Aconitine and its related alkaloids are known cardiotoxins with no therapeutic role in modern western medicine. The rootstocks of Aconitum plants, which contain aconite alkaloids, have been common components of Chinese herbal recipes. All patients developed symptoms of aconite toxicity within 2 h of herb ingestion. Most developed tachyarrhythmias, including VT and VF. It is necessary strict surveillance of herbal substances with low safety margins.
- Severe myocardial disease (advanced cardiomyopathy)
- Cardiac metastasis (Dorfman 2006).
- Without structural heart diseases:
 - ✓ CPVT
 - ✓ Andersen-Tawil Syndrome (ATS) mutations in KCNJ2, which encodes the alpha subunit of the potassium channel Kir2.1. The mutation is present in ≈ 60% of cases.

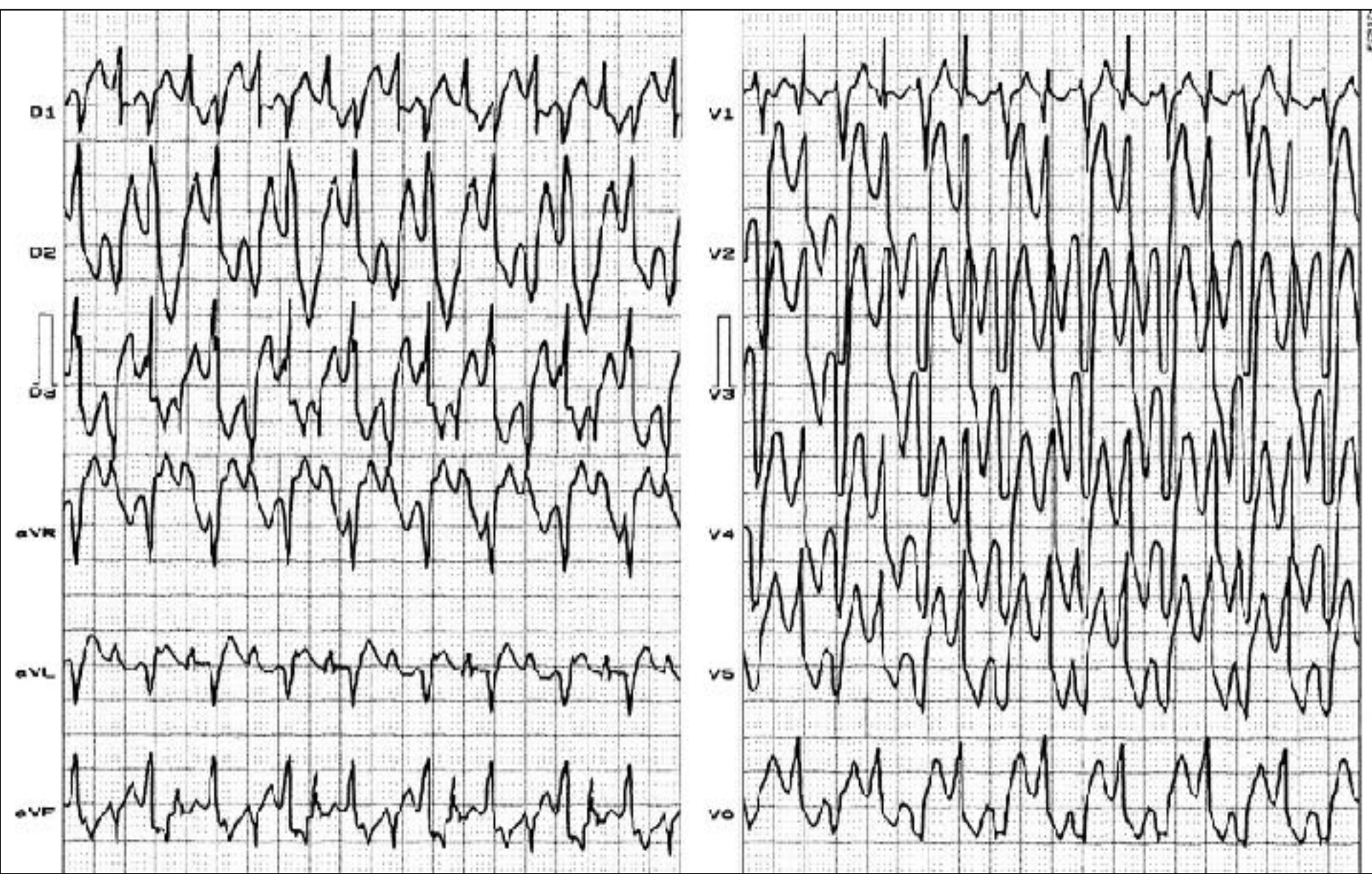
Electrophysiological mechanism in cases of CPVT: they are initiated by delayed afterdepolarizations and triggered activity (Mohamed 2007), with focus the origin of which is in the proximal region of the right bundle, triggering activity and alternating activation of the LV by the left anterior fascicle and posteroinferior left fascicle of the left branch. The events are caused by derangements of the control of intracellular calcium. A gain-of-function mutations of cardiac ryanodine receptor RyR2 gene is the cause of familial or CPVT. In a animal model of mutant RyR2 that is characterized by reduced FKBP12.6 binding to the RyR2 on beta stimulation, the impaired coupled gating characteristic of these mutations was modeled by reducing cooperativity of RyR2 activation. In current-clamp mode, the mutant RyR2 model exhibited increased diastolic RyR2 open probability that resulted in formation of delayed afterdepolarizations (Iyer 2007). Calsequestrin is a high-capacity Ca^{2+} -binding protein expressed inside the SR, an intracellular Ca^{++} release and storage organelle in muscle. Patients with a missense mutation of the calsequestrin 2 gene (CASQ2) are at risk for CPVT. This mutation (CASQ2(D307H)) results in decreased ability of CASQ2 to bind Ca^{2+} in the sarcoplasmic reticulum (SR). The CASQ2(D307H) mutation manifests its pro-arrhythmic consequences due to store-overload-induced Ca^{2+} release and delayed afterdepolarization formation due to excess free SR Ca^{2+} following rapid pacing and beta-adrenergic stimulation (Faber 2007).

The arrhythmogenic CASQ2 (D307H) mutation impairs SR Ca^{++} storing and release functions and destabilizes the Ca^{++} -induced Ca^{2+} release mechanism by reducing the effective Ca^{++} buffering inside the SR and/or by altering the responsiveness of the Ca^{++} release channel complex to luminal Ca^{2+} . These results establish at the cellular level the pathological link between CASQ2 mutations and the predisposition to adrenergically mediated arrhythmias observed in patients carrying CASQ2 mutation (Viatchenko-Karpinski 2004).

CSQ2 not only determines the Ca^{2+} storage capacity of the SR but also positively controls the amount of Ca^{2+} released from this organelle during excitation-contraction coupling. CSQ2 controls Ca^{2+} release by prolonging the duration of Ca^{2+} fluxes through the SR Ca^{2+} -release sites. In addition, the dynamics of functional restitution of Ca^{++} -release sites after Ca^{2+} discharge is prolonged when CSQ2 levels is elevated and accelerated in the presence of lowered CSQ2 protein levels. Furthermore, profound disturbances in rhythmic Ca^{2+} transients in myocytes undergoing periodic electrical stimulation are observed when CSQ2 levels are reduced. CSQ2 is a key determinant of the functional size and stability of SR Ca^{++} stores in cardiac muscle. CSQ2 appears to exert its effects by influencing the local luminal Ca^{2+} concentration-dependent gating of the Ca^{2+} -release channels and by acting as both a reservoir and a sink for Ca^{2+} in SR. The abnormal restitution of Ca^{++} -release channels in the presence of reduced CSQ2 levels provides a plausible explanation for VT associated with mutations of CSQ2 (Terentyev 2003).

Electrocardiographic characterization

- Regular VT
- Heart Rate between 140 bpm and 200 bpm
- CRBBB Pattern
- Sudden change of QRS morphology by change of SÂQRS, successively from beat to beat
- SÂQRS in the frontal plane with differences close to 180° : one beat presents ÂQRS between -60° and -90° (CRBBB + LAFB) and the following between $+120^\circ$ to $+130^\circ$ (CRBBB + LPFB).
- Eventually alternating right and left bundle branch block morphology. The origin of the tachycardia is located near the His bundle bifurcation. This suggested a single focus at the interventricular septum with two exit sites, depolarizing the right and left ventricle in an alternate fashion (Dorfman 2006). Two sets of fairly constant and alternating VA intervals are recorded. This fact is consistent with two ventricular circuits used alternatively. It is postulated that the tachycardia is due to macroreentry involving the two fascicles of the left branch. Reentry may be a possible mechanism in some cases of bidirectional tachycardia.



Female, white, 20-year-old, recurrent syncope of uncertain etiology after physical and emotional stress carrier of familial catecholaminergic cardiomyopathy. Alternans QRS complexes are observed with alternating right and left bundle branch block morphology. The QRS axis shifts from -60° to $+120^{\circ}$.



ECG monitoring during a stress test (continuous strips) After an acceleration of the sinus rhythm, monomorphic ventricular premature beats appear with a bigeminy. Supraventricular tachycardia (atrial fibrillation and junctional tachycardia) with narrow QRS complexes are then recorded interfering with multiform ventricular premature beats and bidirectional ventricular tachycardia. At the end of the exercise, the arrhythmia disappears in the reverse order.

Clue for electrocardiographic diagnosis of CPVT: association on ECG sinus bradycardia + normal QTC interval + stress-related, bidirectional VT or PVT in the absence of apparent structural heart disease (Sumitomo 2003; Priori 2002; Liu 2007)

Prognosis: The mortality rate in untreated individuals is 30-50% by age 40.

Postmortem genetic testing: Postmortem genetic testing of RyR2 should be considered as a part of the comprehensive medicolegal autopsy investigation of a sudden unexplained death case and that this potentially heritable and often elusive arrhythmia syndrome be scrutinized carefully in family members of those who experience sudden unexplained death (Tester 2004).

Treatment:

Beta adrenergic blockers are the most effective pharmacological approach, unfortunately 30% of patients have recurrences. Beta-Blockers reduce arrhythmias, but in 30% of patients an implantable defibrillator may be required (Priori 2002). Implantable cardioverter defibrillator (ICD) is necessary for prophylaxis of SCD because $\approx 30\%$ of patients still experience VTs (Liu 2007). may arise in certain distinct areas but the prognosis is poor. The onset of CPVT may be an indication for an ICD.

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