# ECG & VCG in Left Bundle Branch Block



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#### **Outline of the Hexafascicular Nature of the Human Intraventricular His System**



The intraventricular His system has three left fascicles: LAF, LPF and LSF and the **RBB** has three right branches or false tendons located on right ventricle free wall (A, B, C).

# Left Bundle Branch Block (LBBB)

**Concept:** LBBB, left His system global block or left ventricular global block, is any delay in left ventricular (LV) activation as a consequence of a dromotropic disorder located in one or more of the following sites:

#### I) Proximal, predivisional or membranous

- 1. Left His bundle
- 2. Stem (truncus) of Left Bundle Branch of His bundle (LBB): 1 and 2 are known as predivisional, troncular or membranous LBBB.
- **II**) **Dj.visional.or fascifular** of LBB of the His bundle concomitantly: left anterior fascicle (LAF), left posterior fascicle (LPF), and left septal or middle-septal fascicle (LSF); this type is known as fascicular or divisional LBBB.

III ) Intramyorarking groburk injereacisede This is known as parietal, Purkinje, or intramural

# Outline of the three portions in the LBBB and nomenclature of the intraventricular His System

- 1. Troncular or predivisional LBBB: V-VI
- 2. Divisional or fascicular LBBB: VIII, IX, X
- 3. Purkinje-muscle LBBB: XI



- I. A-V N: Atrio-Ventricular Node
- II. A-N: Atrio-Nodal region of the A-V node
- **III.** N: Nodal region of A-V Node
- **IV.** N-H: Node-His region of the A-V Node
- V. Left His contingent
- **VI.** LBB: Left Bundle Branch Blocks in this portion are called predivisional or membranous LBBB
- VII. RBB: Right Bundle Branch-of the His Bundle
- VIII.LAF: Left Anterior Fascicle
- IX. LSF: Left Septal Fascicle
- X. LPF: Left Posterior Fascicle XI. Parietal \_\_\_\_\_ Pl \_ L \_ \_ \_ P
- Blocks in this portion are called fascicular or divisional LBBB
- Blocks in Purkinje-muscle or intramyocardial are called parietal LBBB

# **Outline that shows the CLBBB according to topography**



- I. Penetrating portion of left His bundle
- II. Stem or truncus of LBB
- **III. Right Bundle Branch (RBB)**
- IV. Left Anterior Fascicle (LAF)-
- V. Left Posterior Fascicle (LPF)
- VI. Left Septal Fascicle (LSF)

Blocks in I and II are called predivisional, troncular or membranous LBBBs

-Blocks in IV+V+VI are called divisional or fascicular LBBB

# Characteristics of the structural components of predivisional CLBBB

#### I. Penetrating portion of left His bundle

- Systematization: longitudinal
- Length: 75 mm (50 to 100 mm)
- Neighboring structures: fibrous trigone, mitral-aortic rings and membranous septum.

#### II. Truncus of Left Bundle Branch (LBB)

- Length: 10 mm (five times shorter than the **RBB**).
- **Diameter:** in its onset 5 mm and at the end 9 mm (four to eight times longer than the **RBB**).
- Color: white.
- Cell type: Purkinje. These are large cells of 15 to 30 mm of diameter and 20 to 100 mm of length.
- Conduction velocity: 5 m/sec (fast fibers)
- Characteristics of Action Potential (AP): fast fiber type, Na<sup>+</sup> dependent, phase 4 with automatism (diastolic depolarization) and with a refractory period shorter than the right bundle branch (RBB): faster depolarization and repolarization.
- **Neighboring structures:** very close to the following structures: Noncoronary and right coronary aortic valves, aortic ring (the reason why is frequent in aortic valve disease), membranous septum, subaortic septal endocardium, apex of muscular septum, right bundle branch.
- Irrigation: assured by two arterial systems:
  - 1) Branches of the posterior descending artery (90% of the right coronary branch):
    - ✓ AV node artery: ramus septi fibrosi.
    - ✓ Ramus septi ventriculorum superior.
    - ✓ Ramus cristae.

#### 2) Branches of left anterior descending artery:

✓ Ramus limbi sinistri (equivalent to ramus limbi dextri of the left anterior descending coronary artery).

# **Possible etiologies of complete LBBB**

- 1. Systemic hypertension (SH) (Rodríguez-Padial L 2012);
- 2. Coronary Heart Disease (CHD) (Liakopoulos 2013);
- 3. Association of SH and CHD;
- 4. Cardiomyopathies (Chan 2014) /diffuse myocardial disease;
- Idiopathic Dilated Cardiomyopathy (IDCM): LBBB is observed in ~25% of cases. (Brembilla-Perrot 2008)
- 6. Aortic valve disease (Poels 2014);
- 7. Mitral valve disease (Silva 1996);
- 8. Myocarditis
- 9. Sclerosis of the left side of the cardiac skeleton: Lev disease (Bharati 1975);
- "Idiopathic" sclerosis of the His conduction system: Lenègre disease. This is a genetic disease that affects the SCN5A gene (Kyndt 2001);
- 11. Cardiomyopathies of collagenopathies(Mavrogeni 2014);
- 12. Miscellaneous:
  - ✓ Congenital heart diseases. E.g.: late phase of aortic stenosis;
  - ✓ Blood or crystalloid cardioplegia;
  - ✓ Use of taxol, cytotoxic antineoplastic drugs (Rowinsky 1991);
  - ✓ Primary amyloidosis (**Bellavia 2009**);
  - ✓ Sarcoidosis (Strauss 2011);
  - ✓ Hyperpotassemia (Manohar 2003);
  - ✓ Post-operative segmentectomy in hypertrophic obstructive cardiomyopathy (**Riera 2002**);
  - ✓ After coronary angiography (Al-Hadi H).
- 13. Without apparent cause (idiopathic, cryptogenetic, primary or essential).

# Outline that shows the ECG/VCG correlation in the HP of the initial 10 ms to 20 ms vector (phase 1) in CLBBB



**First phase**: vector 1 or  $I_{AM}$  of initial 10 ms, oriented almost always to the front and leftward (80% of cases). More rarely, the vector of the initial 10 ms is pointing backward. In this case, it may be parietal CLBBB; however, in most cases it indicates CLBBB complicated with septal inactive area.

# Outline that shows the ECG/VCG correlation in the HP in CLBBB, in the cases where the vectors of the initial 10 ms are pointing backward and to the left

The QRS loop has a clockwise rotation (CWR) and clear middle-final conduction delay.

QS pattern is recorded from V1 to V3, which may be confused with anterior or anteroseptal <sup>180•</sup> MI.

Only V6 shows the typical pattern in tower of monophasic R wave with middle-final conduction delay.



# Ventricular activation sequence in CLBBB on HP: Phase II – 10 to 60 ms vector (duration 50 ms). It is responsible in the HP for the fast centrifugal efferent limb of the QRS loop



Outline that shows the second phase or phase 2 of depolarization in CLBBB (blue color).

In the VCG QRS-loop, phase 2 corresponds to the efferent limb of fast recording and it is located to the right in relation to the afferent limb.

Vector II corresponds to the ascending ramp of R wave of left leads ( $V_5 \& V_6$ ) and the descending ramp of S wave of right precordial leads ( $V_1 \& V_2$ )

# Ventricular activation sequence in CLBBB in the HP: Phase III – 60 to 105 ms vector (duration of 45 ms)



Outline that shows the third phase or phase 3 of depolarization in CLBBB. In the VCG loop, phase 3 corresponds to high septal and posterobasal activation of the LV free wall, responsible for the initial apex of R wave of left leads and nadir of S wave in V1. Vector III is processed slowly (dashes very close to each other). It represents high septal and posterobasal activation of the LV free wall. It is responsible for initial apex of R wave of left leads and by the nadir of S wave of right precordial leads.

# Ventricular activation sequence in CLBBB in the HP: Phase IV −105 to ≥ 120 ms vector (duration from 15 to 70 ms)



Outline that shows the fourth phase or phase 4 of depolarization in CLBBB. In the VCG QRS-loop, phase 4 corresponds to the afferent limb (IV) of slow recording and located to the left of the efferent limb (II). Vector IV is also responsible for the second apex of R wave in left leads and by the second apex in the nadir of S wave of V1 and V2.

Outline that shows the four depolarization-activation vectors in CLBBB in the HP. There is an ECG/VCG correlation of the QRS loop and the leads V1 and V6



- ✓ The QRS loop duration is  $\geq$ 120 ms
- $\checkmark$  The QRS loop shape is elongated and narrow
- ✓ The main body of the QRS loop is inscribed posteriorly and to the left within the range 90 to  $40^{\circ}$ .
- $\checkmark$  Conduction delay noted in the mid and terminal portion
- ✓ The main body of QRS loop is inscribed clockwise (CW)
- $\checkmark$  The magnitude of the max QRS vector is increased above normal exceeding 2 mV.
- ✓ ST segment and T wave vector are directed rightward and anteriorly (opposite to QRS-loop)

#### A) Uncomplicated Left Bundle Branch Block

- 1) The initial 10 to 20 ms vector is directed to the left and anteriorly;
- 2) The main body of the QRS loop is inscribed clockwise (CW)
- 3) The magnitude of the max QRS vector is increased above normal exceeding 2 mV.

#### **B)** Complicated Left Bundle Branch Block

- (B-1) Anteroseptal myocardial infarction (Medrano 1963)
  - 1) The initial forces (20 ms) are directed to the left and posteriorly.
  - 2) The 20 ms vector is displaced posteriorly and usually inferiorly in the LSP
  - 3) The main body of the QRS loop is inscribed clockwise (CW).

#### (B-2) Localized anterior myocardial infarction

- 1) The 10 ms vector is directed rightward and anteriorly, which indicates that initial forces are present
- 2) In the LSP the 10 ms vector is directed anteriorly and superiorly, but the 20 ms vector is displaced posteriorly and inferiorly.

#### (B-3) Anterolateral, lateral or free wall myocardial infarction (Doucet 1966)

- 1) The main body of the QRS loop has a counterclockwise inscription with the afferent limb to the right of the efferent limb in the HP.
- (B-4) Massive septal myocardial infarction
  - 1) The HP shows a large initial deflection in a CCW direction with the rest of the QRS loop displaying the usual features of the LBBB.

#### (B-5) Inferior myocardial infarction associated with left bundle-branch block

The diagnosis of inferior myocardial infarction with LBBB was made by VCG

- 1) An upwards displacement of the QRS loop with preservation of the superior orientation of the initial forces.
- 2) Atypical appearances of LBBB with a posterior and right-sided shift of the efferent loop following the anterior and left-sided orientations of the initial forces.

The sensitivity of the VCG is low in inferior myocardial infarction with LBBB because the block may mask the electrical signs of inferior infarction (**Bruntz 1985**).

#### Value of VCG for the diagnosis of acute myocardial infarction in the presence of LBBB (Eriksson 1997)

Eriksson et al studied 65 patients admitted to the coronary care unit with bundle-branch block and suspected acute MI monitored by dynamic VCG. In 28 patients, a clinical diagnosis of acute MI was made. In patients with LBBB and acute MI, the pattern of QRS vector-difference evolution was similar to that in patients with the narrow QRS complex, while ST vector-magnitude changes increased over time. Using a cut-off value for QRS vector-difference at 12 h of more than 20 microVs and a specific trend curve pattern, acute MI in the presence of LBBB could be diagnosed with an accuracy of 71%. Dynamic VCG is a valuable tool in diagnosing and monitoring acute MI in patients with bundle branch block.

### Morphologies from V1 to V2 in non-complicated CLBBB



The three possible morphologies in V1 in non-complicated CLBBB: rS (70%), QS (>29%) and qrS (<1%).

# Sequence of ventricular activation in CLBBB in the FP Frontal -90\* N CLBBB 18**0**\*: 0\* X-**CLBBB: Complete Left Bundle Branch Block** 1st phase: from 0 to 10 ms 2nd phase: from 10 to 50 ms 3rd Phase: from 50 to 90 ms 4th phase: from 90 to $\geq$ 120 ms **RBB: Right Bundle Branch** Π +90" Outline that shows the direction and magnitude of aVF the four vectors that represent ventricular

depolarization in the FP and the QRS morphologies.

#### ECG/VCG correlation in the FP in normal conduction and CLBBB



#### ECG/VCG correlation in the RSP in normal conduction and CLBBB

Normal QRS and T loops

**QRS and T loops in the LBBB** 



ECG criteria in non-complicated Complete LBBB and correlation with VCG in the HP

- 1. Supraventricular command: If the rhythm is sinus, the PR interval is  $\geq$  than 120 ms.
- **QRS duration:**  $\geq 120$  ms in adults,  $\geq 100$  ms between 4 to 16 years of age and  $\geq 90$  ms in children less 2. than 4 years of age. If New York Heart Association Class II-IV heart failure is present, and LVEF <35%, ECG QRS width  $\geq 120$  ms in the presence of LBBB, cardiac resynchronization therapy is indicated. Reevaluation of the data of cardiac resynchronization trials and electrophysiological findings in LBBB provided evidence that "true" LBBB requires a QRS width of  $\geq 130$  ms (in woman) and  $\geq 140$  ms (in man). In "true" LBBB, after the 40th ms of QRS, notched/slurred R waves are characteristic in at least two of I, aVL, V1, V2, V5 and V6 leads, in addition to a  $\geq 40$  ms increase of the QRS complex, as compared to the original QRS complex. In contrast, slowly and continuously widened "LBBB like" QRS patterns mostly occur in LVH or in a metabolic/infiltrative disease (Préda 2013). Cardiac resynchronization therapy (CRT) has emerged as an attractive intervention to improve left ventricular mechanical function by changing the sequence of electrical activation. Unfortunately,  $\approx 30\%$  of patients receiving CRT do not benefit (non-responders) but are subjected to device complications and costs. Thus, there is a clear need for better selection criteria. Three key studies have suggested that 1/3 of patients diagnosed with LBBB by conventional ECG criteria may not have true complete LBBB, but likely have a combination of LVH and LAFB. Note: Current criteria for CRT eligibility include a QRS duration  $\geq 120$ ms. However, studies have suggested that only patients with LBBB benefit from CRT, and not patients with RBBB or nonspecific intraventricular conduction delay. Strauss et al (Strauss 2011) reviewed the pathophysiologic and clinical evidence supporting why only patients with complete LBBB benefit from Cardiac Resynchronization Therapy (CRT). Additionally, they review how the threshold of 120 ms to define LBBB was derived subjectively at a time when criteria for LBBB and RBBB were mistakenly reversed. These authors propose stricter criteria for complete LBBB that include a QRS duration  $\geq 140$  ms for men and  $\geq 130$  ms for women, along with mid-QRS notching or slurring in  $\geq 2$  contiguous leads. Further studies are needed to reinvestigate the electrocardiographic criteria for complete LBBB and the implications of these criteria for selecting patients for CRT

For this entity, the term latent cardiomyopathy had been suggested previously (Breithardt G 2012). New strict LBBB criteria increase the specificity of complete LBBB diagnosis in the presence of LV hypertrophy/dilatation and incomplete LBBB, which is critical for selecting CRT patients (Galiotti 2013). In patients with guideline-defined LBBB, the absence of ECG markers of residual left bundle conduction was predictive of a greater improvement in LV function with CRT. An r wave  $\geq 1$  mm in lead V1 (r-V1) and/or a q wave  $\geq 1$  mm in lead aVL (q-aVL) is used to identify patients with residual LB conduction (Perrin 2012). In patients with conventional wider LBBB morphology, the presence of mid-QRS notching or slurring is a strong predictor of better response to CRT (Tian 2013). The typical surface ECG feature of LBBB is a prolongation of QRS above 110 ms in combination with a delay of the ventricular activation time, intrinsicoid deflection or "R peak time" in left leads V5 and V6 of more than 60 ms and no septal q waves in leads I, V5, and V6 due to the abnormal septal activation from right to left. LBBB may induce abnormalities in left ventricular performance due to abnormal asynchronous contraction patterns which can be compensated by biventricular pacing (resynchronization therapy). Asynchronous electrical activation of the ventricles causes regional differences in workload which may lead to asymmetric hypertrophy and left ventricular dilatation, especially due to increased wall mass in lateactivated regions, which may aggravate preexisting left ventricular pumping performance or even induce it. Of special interest are patients with LBBB and normal left ventricular dimensions and normal LVEF at rest but who may present with an abnormal increase in pulmonary artery pressure during exercise, production of lactate during high-rate pacing, signs of ischemia on myocardial scintigrams (but no coronary artery narrowing), and abnormal ultrastructural findings on myocardial biopsy.

3. QRS complexes in the right precordial leads (V1 and V2) total or predominantly negative: rS, QS or qrS.



4. Monophasic, broad notched or slurred R wave, recorded slowly in the left leads: I, aVL, V5 and V6.



There may be initial narrow q in aVL and exceptionally in I, however, never in  $V_5$  and  $V_6$ . Occasional Rs or RS pattern in  $V_5$  and  $V_6$ . In this case , it may indicate:

- 1) Displaced transition of QRS complex to left;
- 2) Associated right ventricular hypertrophy or RVE;
- 3) Associated left anterior fascicular block (LAFB);
- 4) Electrically inactive area (MI) of free wall associated to complete LBBB;



Monophasic R wave of slow recording in left leads I, aVL, V5 and V6 and electrophysiological explanation



Septal depolarization from right to left makes a wide A-B wave front; however, when the stimulus reaches the central portion of the LV (cavity), it suffers a marked decrease in wavefront width (A'-B') responsible for the notch in the apex of R wave. Next, the wavefront reaches the LV free wall increasing again the width of the wavefront (A"-B"), responsible for the second apex of the R wave. In the severe hypertrophies of the free wall, this second apex presents a higher voltage related to the first one.

# Initial q wave left leads



In Complete LBBB the absence of initial q waves in leads I, V5 and V6 is characteristic, but in the lead aVL a narrow q wave may be present in the absence of myocardial pathology.

The pure monophasic R wave is characteristic in the left leads (I, aVL, V5 and V6). Since the aVL lead is higher, it can rarely show qR pattern in absence of complicated LBBB. When the left septal division emerges before the block area, it preserves the septal vector I as normal, heading to the right and the front: qR in left leads (atypical CLBBB). See next slide.

### **Divisional CLBBB with initial q wave in left leads**

aVL

Ι

V<sub>6</sub>

 $V_5$ 





According to Medrano (Medrano 1970), if the fibers of the septal fascicle (SF) originate proximally to the block of the LAF and LPF, the middle-septal activation is preserved  $(1_{AM})$ , causing atypical CLBBB with q waves in left leads.

Outline of CLBBB with q wave in left leads. The left septal division emerges before the block area, preserving septal vector I as normal, heading to the right and the front: qR in left leads (atypical CLBBB).



The left leads may show Rs pattern in absence of another associated problem. The presence of Rs pattern in the left precordial leads may indicate:

- 1. Transitional recording due to LVH: Displaced transitional zone of QRS complex to the left;
- 2. Association with Left Anterior Fascicular Block;
- 3. Association with Right Ventricular Hypertrophy;
- 4. Association with myocardial infarction on LV free wall.

#### **QRS** pattern in aVR



QRS complex of the QS type almost constant in aVR.

### Prolonged Ventricular Activation Time (VAT) in left leads



VAT, intrinsicoid deflection or R-peak time ≤60 ms in I and V5-V6 but normal in V1-V2 and V3, when small initial r waves can be discerned in the above leads.

# Repolarization in $V_1$ and $V_6$ in uncomplicated complete LBBB in secondary repolarization abnormalities

ST and T waves usually opposite in direction to QRS

V6







Abnormalities in the ST segment and T wave that occur as the direct result of changes in the sequence and/or duration of ventricular depolarization, manifested electrocardiographically as changes in QRS shape and/or duration, are referred to as secondary repolarization abnormalities. Recognition of secondary repolarization abnormalities is usually not difficult. In left bundle-branch block, the ST- segment and T-wave vectors are generally directed opposite to the mean QRS vector.

### Ventricular repolarization in complete LBBB



ST/T

Outline representing ventricular repolarization in non-complicated CLBBB. Secondary alteration of ventricular repolarization is observed with QRS/ST-T angle near 180°. The ST-segment and T-wave vectors are generally directed opposite to the mean QRS vector. The distinction between primary and secondary repolarization abnormalities is clinically relevant because primary abnormalities indicate changes in the repolarization characteristics of ventricular myocytes, whereas secondary changes do not. The designation of the ST- and Twave abnormalities as primary or secondary is appropriate, and it is recommended that automated interpretative algorithms be programmed to identify them.

#### Ventricular repolarization in Uncomplicated Complete LBBB

The ST- segment and T-wave vectors opposite to a greater deflection of QRS: positive from  $V_1$  to  $V_3$  and negative in left leads I, aVL,  $V_5$  and  $V_6$ . These are Secondary Repolarization Abnormalities with wide QRS-ST-T angle and normal ventricular gradient. The classic ventricular gradient concept introduced by Wilson et al(1) in 1931 is of some theoretical interest concerning primary versus secondary repolarization abnormalities. Ventricular gradient in a single ECG lead is the net time integral of the ECG voltage from the beginning of the P wave to the end of the U wave. Its spatial counterpart is the ventricular gradient vector determined from the orthogonal XYZ leads. The practical usefulness of the ventricular gradient in differentiating primary from secondary repolarization abnormalities has not been demonstrated(2). When the direction of the QRS axis is normal, an abnormal direction of the T-wave axis is generally an indication of primary repolarization abnormalities.



- 1. Wilson FN, Macleod AG., Barker PS. The T deflection of the electrocardiogramTrans Assoc Am Physicians, 46 (1931), pp. 29–38.
- 2. Surawicz, B. ST-T abnormalitiesMacFarlane PW, Lawrie TDV. (Eds.), Comprehensive Electrocardiology, Pergamon Books, Ltd, New York, NY (1988), pp. 511–563

#### VCG and ECG criteria to distinguish new from old LBBB

There are no established criteria to differentiate new from old CLBBB. Differentiating these LBBB patterns is very important for the management of patients with LBBB in acute coronary syndrome scenarios (Shvilkin 2010). In a significant proportion of patients with LBBB in acute MI scenario with a culprit lesion and positive biomarkers, immediate catheterization with the intent of primary percutaneous coronary intervention is indicated when presenting with suspected ST-segment elevation myocardial infarction, ischemic symptoms, and presumed new LBBB, particularly if concordant ST-segment elevation is present. The table below shows the main ECG differences between new and old LBBB:

	New LBBB	Old LBBB
T-vector magnitude	Larger: 1.20 +/- 0.07 mV	Smaller: 0.71 +/- 0.01 mV
QRS/T vector magnitude ratio	Smaller: 1.79 +/- 0.03	Larger: 3.92 +/- 0.04
The ratio of deepest S to largest T wave in precordial leads (Max S/T)	Smaller: 1.66 +/- 0.05	Larger: 3.54 +/- 0.08

A rule using QRS/T <2.25 and max S/T <2.5 had 100% sensitivity and 96%-68% specificity in diagnosing new LBBB, including subsets of patients with tachycardia and ischemia.

# **Electrocardiographic classification criteria for Left Bundle Branch Block**

#### I- According to the degree:

### 1. Criteria (most used in literature):

- *a) Incomplete LBBB:* Incomplete Left Bundle Branch Block (QRS duration from 90 to 110 ms)
- b) Complete LBBB: Complete Left Bundle Branch Block (QRS  $\geq 120$  ms) in adults.
- c) Stricter criteria for complete LBBB: QRS duration ≥140 ms for men and ≥130 ms for women, along with mid-QRS notching or slurring in ≥ 2 contiguous leads. This new values are used for Cardiac Resynchronization Therapy (CRT) (Strauss 2011)

#### 2. Criteria from the Mexican School (Sodi 1964):

- a) 1<sup>st</sup> degree left bundle branch block;
- b) 2<sup>nd</sup> degree left bundle branch block: a & b correspond to incomplete LBBB;
- c) 3<sup>rd</sup> degree left bundle branch block or complete LBBB.
  - Complete LBBB by classical criteria: QRS duration  $\geq 120$  ms
  - Stricter criteria: QRS duration  $\geq$ 140 ms (men) or 130 ms (women), QR or rS in leads V1 and V2, and mid-QRS notching or slurring in  $\geq$ 2 of leads V1, V2, V5, V6, I and aVL.

#### 3. Criteria from the Spanish School (Bayés de Luna 2007). Global left ventricular blocks:

- a) Advanced left bundle branch block (ALBBB) or third degree (equivalent to CLBBB; QRS duration ≥120 ms),
- b) Non-advanced global left ventricular blocks:
  - First degree LBBB (partial) corresponds to types I and II of Mexican school: isolated R in V6 with more or fewer slurring but QRS duration <120 ms.
  - Intermittent or second degree LBBB: corresponds to the special type of ventricular aberrancy.

# **Electrocardiographic classification criteria for Left Bundle Branch Block** II- According to topography:

#### a) Predivisional (90%) QRSD = 120 to 160 ms

- Of the left His bundle;
- Of the truncus of the left bundle branch;

Note: The intermittent forms are nearly always pre-divisional.

**b) Fascicular or divisional:** by unequal dromotropic involvement of divisions or fascicles of the left bundle branch: LAF, LPF and LSF.

c) Parietal, global Purkinjian, diffuse intraventricular, intramyocardial or intramural (in the Purkinje-muscle union). Characterized by: wider QRS, clockwise rotation of the QRS loop in the HP. In general, they point out greater myocardial involvement.

#### **III- According to steadiness:**

- a) Permanent or definite: most of them.
- b) Intermittent or of second degree that could be:
  - Rate-dependent intermittent LBBB (Arias 2006):
  - Tachycardia-dependent or in "phase 3";
  - Bradycardia-dependent or in "phase 4".
  - Independent from heart rate:
    - Mobitz type I;
    - Mobitz type II by Wenckebach phenomenon;
    - By significant hypopolarization.

# **Electrocardiographic classification criteria for Left Bundle Branch Block**

#### IV- According to electrical axis of QRS complex in the Frontal Plane. See figure next slide.

- a) With QRS axis not deviated: between -29° and +60° ( $\approx 65\%$  to 70% of cases)
- b) With QRS axis with extreme deviation to the left: beyond −30°: between -30° and -90° (Parharidis 1997) (≈25% of cases). The presence of left axis deviation had a 41.9% sensitivity and a 91.6% specificity for the presence of organic heart disease. Aortic valve disease in LBBB pts seems to be frequently accompanied by left axis deviation. In LBBB patients, those without left axis deviation seem to benefit more from cardiac resynchronization therapy with defibrillator (CRT-D) than those with left axis deviation (Brenyo 2013).
- c) With QRS axis deviated to the right: between  $+60^{\circ}$  and  $+90^{\circ}$  ( $\approx 3.5$  to 5% of cases)
- d) With QRS axis with extreme deviation to the right: beyond +90° (< than 1% of cases). It is named "paradoxical type of Lepeschkin" (Lepeschkin 1951). The majority of subjects had dilated cardiomyopathy with biventricular enlargement (Childers 2000). The uncommon combination of LBBB and right axis deviation is a marker of severe myocardial disease, specially primary congestive cardiomyopathy. The mechanism of production of this ECG pattern appears to be diffuse conduction system involvement in advanced myocardial disease (Nikolic 1985). Causes that determine paradoxical complete LBBB:
  - Complete LBBB associated to right ventricular hypertrophy/enlargement or severe cardiomyopathy with biventricular enlargement or diffuse advanced myocardial disease.(3) >98% of cases.
  - Fascicular Complete LBBB (LAFB + LPFB) with a higher degree of block in the posteroinferior division. In the presence of AF, LBBB with intermittent right axis deviation is explained by an additional LPFB accompanying predivisional LBBB (Patenè 2008; 2012)
  - LBBB in Wegener granulomatosis (Khurana 2000)
  - Complete LBBB associated to lateral infarction (free wall of left ventricle)
  - Complete LBBB with accidental exchange of limb electrodes
  - Complete LBBB associated with true dextrocardia (Salazar 1978)

Types of CLBBB according to electrical axis of QRS complex in the FP



With QRS axis not deviated: between -30° and +60° (≈ 65% to 70% of cases)
With QRS axis with extreme deviation to the left: beyond -30° (≈25% of cases)
With QRS axis deviated to the right: between +60° and +90° (≈ 3.5 to 5% of cases)
With QRS axis with extreme deviation to the right: beyond +90° (< than 1% of cases). It is named "paradoxical type of Lepeschkin" (Lepeschkin 1951).</li>

# ECG/VCG correlation of CLBBB in the HP


# Vectorcardiographic criteria of non-complicated CLBBB in the HP

- Narrow, long QRS loop, and with morphology usually in 8.
- The QRS loop duration is  $\geq 120$  ms
- The QRS loop shape is elongated and narrow
- The main body of the QRS loop is inscribed posteriorly and to the left within the range -90 to -40°.
- Maximal vector of QRS located in the left posterior quadrant (between -40° to -80°) and of increased magnitude (>2 mV).
- Main portions of QRS loop of clockwise rotation. CCW rotation may indicate parietal CLBBB or complicated with lateral infarction or severe LVH.
- The efferent limb (II) located to right related afferent limb (III and IV).
- Conduction delay observed in the mid and terminal portion
- The main body of QRS loop is inscribed clockwise (CW)
- The magnitude of the max QRS vector is increased above normal exceeding 2 mV.
- ST segment and T wave vector are directed rightward and anteriorly.
- T loop of counterclockwise recording. The clockwise rotation of T wave in this plane suggests CLBBB complicated with infarction or LVH.

# Vectorcardiographic criteria of non-complicated CLBBB in the FP

QRS and T loops in the LBBB



- Vector of initial 10 ms, to the left and inferior; rarely to the left and superior;
- QRS loop of counterclockwise rotation or in eight;
- QRS loop with characteristic middle final delay;
- Direction of maximal vector usually between  $+30^{\circ}$  and  $-30^{\circ}$ ;
- Vectors of ST and T opposite to QRS (angle around 180°) and of counterclockwise rotation.

# Vectorcardiographic criteria of non-complicated CLBBB in the RSP

QRS and T loops in the LBBB



- Vector of initial 10 ms to the front and below (or to the back);
- QRS loop of clockwise rotation (RSP) or counterclockwise (LSP) rarely in 8;
- QRS loop with characteristic middle final delay;

•

- Direction of maximal vector of posterior orientation (between +150° and -175°);
  - T loop of location opposite to the QRS loop (anterior) and of clockwise (RSP) or counterclockwise (LSP) rotation.

# LBBB ECG / VCG examples

Name: MBP; Age: 78 y.o.; Sex: F; Ethnic group: White; Weight: 46 Kg; Height: 1.50 m; Biotype: Athletic Med. in use: Enalapril 20 mg 2X, Atenol 50 mg 1X, Hydrochlorothiazide



Clinical diagnosis: Hypertensive cardiomyopathy.

**ECG diagnosis:** Sinus rhythm; HR 59 bpm; PR interval: 120 ms; SÂQRS: -10°; QRS duration: 165 ms; R wave in tower in I, aVL and V6, CLBBB.



# Name: MMNO; Age: 72 y.o.; Race: Black; Sex: F.; Date: 14/03/1997; Height: 1.58 m.; Weight: 78 Kg.; Medication in use: Adalat Oros 30 mg, Hygroton 12.5 mg



**Clinical diagnosis:** Hypertensive heart disease + tricuspid insufficiency.

**ECG diagnosis:** SR; HR: 87 bpm; P wave: SÂP:  $+70^{\circ}$ ; P wave voltage: 2.7 mm: RAE; duration of 110 ms; PR interval: 180 ms; SÂQRS:  $+70^{\circ}$ ; QRSD: 130 ms; QRS of V1 and V2 totally or predominantly negative: rS; monophasic R wave of slow registration in left leads V5 and V6. ST-T opposite to greater deflection of QRS: CLBBB.





Clinical diagnosis: man, 60 years, afro-descendent, with hypertension and coronary heart disease.

**ECG diagnosis**: Classical CLBBB, wider QRSD (QRSD = 170 ms) in the presence of supraventricular command; SAQRS –10°. Monophasic R wave in left leads DI, aVL,  $V_5$  and  $V_6$ . QRS complexes predominantly negative in  $V_1$  and  $V_2$  type rS, ST/T opposite to QRS.



Clinical diagnosis: 45 y.o. woman with systemic hypertension a long time ago.

**ECG diagnosis**: Classical CLBBB, wider QRS (QRSD = 160 ms) in the presence of supraventricular command, SÂQRS +40°, pure R wave in left leads I, aVL,  $V_5$  and  $V_6$ , QRS complexes predominantly negative in  $V_1$  and  $V_2$  type rS, ST/T opposite to QRS.

# **Examples of LBBB with right axis deviation**



Atypical LBBB because rs in I and rS in aVL and rS from lead V1 through V6. Typical LBBB; upward QRS is observed only in inferior and posterior leads (V7-V8)

### **ECG/VCG correlation in the FP**



**Right axis deviation.** SÂQRS at +110°. QRS loop with predominant CCW rotation with maximal QRS vector +74°.



## **ECG/VCG correlation in the RSP**



aVF: right QRS axis and right P axis

# Divisional CLBBB type IV (LAFB + LPFB) by degree of block in LPF greater than the block in LAF



- I. Penetrating portion of left His bundle
- II. Stem or truncus of LBB
- **III. Right Bundle Branch (RBB)**
- IV. Left Anterior Fascicle (LAF)-
- V. Left Posterior Fascicle (LPF)
- VI. Left Septal Fascicle (LSF)

Blocks in I and II are called predivisional, troncular or membranous LBBBs

Blocks in IV+V+VI are called divisional or fascicular Left Bundle Branch Block

Name: ASC; Sex: Male; Age: 54 yo.; Race: White; Weight: 86Kg; Height: 1.68 m; Biotype: Endomorph; Date: 04/03/2003; Medication in use: Enalapril 10 mg 2X + Atenolol 50 mg + Chlortalidone 12.5 mg.



Clinical diagnosis: Hypertensive heart disease + aortic insufficiency by aortic cause.

**Echo diagnosis:** Moderate concentric hypertrophy: septum 13 mm and posterior wall 14 mm. Moderate aortic insufficiency.

**ECG diagnosis:** SR; HR: 72 bpm; SAP:  $+60^{\circ}$ ; SAQRS:  $+110^{\circ}$ ; QRSD: 165 ms; I and aVL = rS; DIII = qR; RIII > RII. Which is the electrocardiographic foundation for LPFB diagnosis? SÂQRS deviated to the right in clinical absence of RVH, vertical heart or lateral infarction; QRS complexes of the rS type in I and aVL; complexes of the qR type in inferior leads with R wave of III > than R wave of II. There are references in literature to aortic insufficiency by regurgitant jet, which thrown on the posteroinferior wall may cause LPFB. On the other hand, the CLBBB has as its most frequent cause hypertension. An accurate diagnosis of LPFB must obligatorily be clinical and electrocardiographic, as in this case, in which in an obese, endomorph, hypertensive patient, the SAQRS is in +115°.

Conclusion: 1) CLBBB; 2) LPFB (Left Posterior Fascicular Block).

#### LBBB **CWR** Middle and final Frontal -90\* Horizontal/ conduction -90 delay r\$ AVR. Middle and final X °I **X** oV 180 conduction delay rS $N_5$ CWR Ш $V_1$ Π +90\* V aVF qR qR qR

#### **ECG/VCG correlation in the Frontal and Horizontal Planes**

 $\hat{SAQRS} + 110^{\circ} + RIII > RII + rS I and aVL = LPFB$ 

## ECG / VCG difference between LBBB and LBBB associated to RVH in the HP



# VCG characterization of right ventricular hypertrophy in the presence of LBBB

The VCG characteristics are:

- 1. QRS loop duration with prolongation;
- 2. Slow inscription of the mid and late portion of the QRS loop;
- 3. Leftward and inferior orientation of the initial QRS vectors;
- 4. Posterior and rightward displacement of the maximum QRS vector;
- 5. Clockwise inscription of the major portion of the QRS loop in the HP;
- 6. Anterior and leftward orientation of the ST vector and T-loop.

Final comments:

The changes in the HP VCG differed from the typical LBBB pattern only in the rightward displacement of the QRS loop and leftward orientation of the ST vector and T-loop.

	Isolated LBBB	LBBB + RVH
HP QRS loop	Leftward displacement	Rightward displacement
ST vector and T-loop	Righward orientation	Leftward orientation
ECG lead I	Monophasic R wave	Presence of S wave
QRS axis	From $-30^{\circ}$ to $+60^{\circ}$ ( $\approx 65\%$ to 70% of cases) From $-30^{\circ}$ to $-90^{\circ}$ ( $\approx 25\%$ of cases)	Beyond +90° (< than 1% of cases)

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# ECG & VCG in Right Bundle Branch Block

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# Dromotropic disorders of the Right His System or Right Bundle Branch Block (RBBB)

Other denominations: Right His System Block (RHSB); Global Right Ventricular Blocks (GRVB).

**Concept:** RBBB, RHSB or RGVB is any delay in activation of the Right Ventricle (RV) as a consequence of a dromotropic disorder located in any point of the Right His System (RHS), which causes the biventricular chamber to depolarize sequentially and no longer simultaneously; a fact that necessarily extends ventricular depolarization time (QRS duration prolongation). The anomalous sequence in depolarization is responsible for the alteration secondary to the ventricular repolarization that conditions ST/T to be opposite to the last slow deflection of ventricular depolarization.

- C) Right branch fascicles on free wall of RV: 6
  - a) Superior, anterosuperior or subpulmonary division
  - b) Middle, septal or anteroinferior
  - c) Inferior, posterior or posteroinferior

The Right His System (RHS) is constituted by three portions:





Image from An Atlas and Practical Guide to Histology, by Dr. Kenneth Chan with technical assistance from Dr. Simon Cool & Mr. Duncan McCardle. The University of Queensland, Department of Anatomical Sciences © 1998



### 1) Right penetrating portion

This portion is part of the so-called AV junction and is made up by three successive parts:

- A) Area of transition cells: this area is the site where the RA gets in touch with the compact portion of the AV node through slow and fast bundles;
- B) Compact portion of AV node proper: This is found in an anterior and superior position regarding the coronary sinus, above the insertion of the septal fascicle of the tricuspid valve. This area is located in the apex of the so-called triangle of Koch, formed by the tricuspid ring, Todaro's tendon and the ostium of the coronary sinus. Blood supply of the compact portion of the AV node is ensured in 85% of the cases, by branches of the right coronary artery, and in the remaining 15% by the circumflex artery branches.
- C) Right initial penetrating portion of the His bundle: The name of the penetrating portion is due to the fact of its going through the fibrous trigone. It stretches from the inferior limit of the AV node, up to the origin of the first fibers that make up the Posterior Fascicle of the Left Branch (LPF). Its extension is from 50 mm to 100 mm. Histological studies have revealed that the right half carries the group of fibers to the homolateral ventricle (right).

#### 2) Right branching portion of the His bundle

It stretches from the origin of the LPF of the LBB until the origin of the right branch (RBB) and the left anterior fascicle (LAF) of the LBB. This portion is closely related with the interventricular membranous septum and with the non-coronary and right coronary cuspids of the aortic valve. Its lesion causes Complete Right Bundle Branch Block (CRBBB) almost constantly, in association with Left Anterior Fascicular Block (LAFB) by the close neighboring relationship between the right branch and the Left Anterior Fascicle (LAF).

#### 3) Right Bundle Branch

- Anatomical characteristics: Length: 45 to 60 mm; Diameter: 1.5 to 2 mm; Color: whitish. L
- II. Cellular type: Purkinje cells;
- III. Conduction velocity: 5m/sec (fast fibers);
- IV. Characteristics of Action Potential (AP): Fast response type, Na<sup>+</sup> dependent, phase 4 with automatism (diastolic depolarization) and refractory period longer than the left branch: slower depolarization and repolarization.



- V. Portions of the Right Bundle Branch:
  - 1) **Proximal or membranous**: It is 15 to 20 mm long and it is related to the following structures: septal fascicle of the tricuspid valve, right coronary valve and non-coronary valve of the aortic valve, anterior fascicle of the left branch, fibrous trigone and membranous septum.
  - 2) Middle, intramyocardial or mimetic;
  - 3) Inferior, distal or intra-moderator band: From 30 mm to 40 mm long, with an initial portion of 20 mm to 25 mm called, middle, intramyocardial or mimetic, which begins in the apex of the muscular septum and ends where the moderator band begins, and it continues with the distal or subendocardial portion from 10 to 15 mm, which runs inside the moderator band, ending in the base of the papillary muscle of the tricuspid valve, where it splits in three into its superior, middle and inferior divisions.
- VI. Irrigation of the Right His System (RHS): The proximal portion of the right bundle branch and the His bundle is irrigated by the AV node artery of the right coronary artery (RCA) and the first septal perforator artery of the left anterior descending artery (LAD). Possibly, the right branch in its middle portion is irrigated by: septal branches of the posterior descending artery (PDA), of the second septal perforator artery of the LAD, and Kugel's artery, branch of the left circumflex artery (LCA). The middle and distal portions of the right branch are irrigated by the "ramus limbi dextri," branch of the second septal perforator of the LAD.

VI. Irrigation of the Right His System (RHS)

#### **Right coronary artery**



### Left coronary artery



# **Right Branch Fascicles on free wall of RV: Divisional portion of the Right His** System



The blocks at this level (level 6), occur in the free wall and the three divisions are involved at the same time, and thus they are called Right Global Fascicular Blocks (RGFB). When they are in isolation, they are called focal, Purkinje, zonal or divisional blocks.

- a) Superior, anterosuperior or subpulmonary division of Right Bundle Branch
- b) Middle, septal or anteroinferior division of Right Bundle Branch
- c) Inferior, posterior or posteroinferior division of Right Bundle Branch

Distribution of the three divisions of the right branch in the RV free wall



Divisions of the Right Bundle Branch:

- a) Territory of the superior, anterosuperior or subpulmonary division;
- b) Territory of the middle, septal or anteroinferior division;
- c) Territory of the inferior or posteroinferior division.



Note: vector 1 or vector  $1_{AM}$  depends on the left system, does not present the opposition to vector 1d of blocked right branch. This fact does not modify the initial 10 to 20 ms, because left forces are stronger.



Vector II of 20 to 40 ms. Over this time, the activation of the left side of the septum and the apical and anterior region of the left ventricle occurs. The low septum is facing the intermediary leads  $V_3$  and  $V_4$  while the apical region by the leads  $V_5$  and  $V_6$ .

- A) Descending ramp of r wave of  $V_1$ ;
- B) End of ascent of initial r wave of  $V_2$ ;
- C) Onset of ascent of R wave of left leads  $V_5$ ,  $V_6$ , I and aVL.

#### Representation of activation of vector III from 40 to 80 ms in CRBBB



In this phase the LV activation is completed, initially in the apical region of the free wall  $(V_5, V_6)$  and finally in the high lateral one (I and aVL) from the endocardium to the epicardium (vector III). Concomitantly the stimulus goes through the septal barrier from left to right, where it suffers a noticeable dromotropic delay, activating a left part of the right septum.

Vector III is responsible for the nadir of S wave from  $V_1$  and  $V_2$  and the apex of R wave of left leads  $V_5$ ,  $V_6$ , DI and aVL.

#### **Representation and explanation of activation of vector IV** from 80 to 120 ms or more in CRBBB



In phase IV the septal and RV free wall activation is completed in a tangential way, as in the atria, and the wall is reached first by two wavefronts (anterior and posterior) emerging from the apex, and constituting a front of activation with a V shape in the direction of the RVOT, heading to the front and the right. The activation of this last structure is then processed by two fronts: one coming from the free wall and the other from the high septal portion through the crista supraventricularis. This explains the QRS loop of VCG, which in its final part is located to the front and the right, forming an appendage that resembles a finger pointing to the direction of the RVOT: to the front and right. Phase IV is responsible for wide R' wave of right precordial leads  $V_3R$ ,  $V_1$  and  $V_2$  and the wide S wave in left leads  $V_5$ ,  $V_6$ , I and aVL.
## The four activation vectors of the biventricular chamber in CRBBB



I: Middle third of left septal surface;

**II**: LV free wall from endo to epicardium;

**III**: Slow trans-septal vectors;

**IV**: RV outflow tract (RVOT).

## Comparison between normal QRS and T and RBBB loops in the FP

Normal QRS and T loops

**QRS and T loops in RBBB** 



## **Representation of ventricular repolarization in CRBBB**



QRS-T angle near 180°. Secondary alteration of ventricular repolarization: asymmetrical T wave with initial branch of slow and finally fast recording. Only intra RV cavitary morphology has the 4 depolarization vectors. T loop of VCG with efferent limb that shows dashes closer than the dashes of the afferent limb.

# **Possible etiologies of Complete RBBB**

Normal variant: rare: the incidence is 1.8 per 1,000. Below age 30 the incidence is 1.3 per 1,000 and between ages 30 and 44 is ranged from 2.0 to 2.9 per 1,000 (Hiss 1962). r' wave <0.6 mV than the initial R wave that comes last < 0.8 mV. RBBB and IRBBB were two to three times more common among men than women. RBBB was associated with increased cardiovascular risk and all-cause mortality, whereas IRBBB was not. Contrary to common perception, RBBB in asymptomatic individuals should alert clinicians to cardiovascular risk (Bussink 2013).</li>

## 2) Congenital Heart Diseases:

- Atrial Septal Defects (ASD): present in more than 90% of the cases, whether in the ostium secundum or in the ostium primum (de Micheli 1978).
- Partial or total anomalous pulmonary vein drainage in the right atrium;
- Ebstein's anomaly: bizarre RBBB, of low voltage and with initial q wave (Tabatabaei 2009);
- Uhl's anomaly (parchment RV) (Hébert 2010);
- Ventricular Septal Defects (VSD) in the presence of Biventricular Hypertrophy (BVH);
- Pulmonary Stenosis (PS), especially in the moderate form and particularly for PS, TOF or larged VSD (Gelband 1971);
- Tetralogy of Fallot (TOF) (pre & post-surgery) (Krongrad 1974);
- Aortic Stenosis (Ao.S.): congenital, bivalvular, calcification (Koos 2011);
- After injection of absolute alcohol in the first septal perforator artery of the Left Anterior Descending artery (LAD), in the treatment of non responsive severe forms to pharmacological treatment in hypertrophic obstructive cardiomyopathy (HCM-O) (**Riera 2002**).

## 3) Genetic-familial causes:

• Brugada syndrome: atypical CRBBB, frequent absence of wide S wave in left leads and ST segment elevation from  $V_1$  to  $V_3$  (SCN5A gene). Additionally, Brugada syndrome can be masked by CRBBB (Tomita 2012).



The 12-lead ECG showed CRBBB pattern: QRSD 140 ms, late R in  $V_1$ , final broad R wave in aVR, and wide terminal S in left leads. QRS duration = 140 ms.



The first and second beats show CRBBB. The third beat without CRBBB (spontaneous transient or intermittent RBBB) shows type 1 Brugada pattern, a loss of CRBBB, and the normalized QRS complex. Spontaneous resolution of the CRBBB unmasks type 1 Brugada pattern.



- Sclerosis, degeneration and idiopathic fibrosis of the specific His conduction system or Lenègre disease (SCN5A gene).
- Arrhythmogenic Right Ventricular Dysplasia/Cardiomyopathy (ARVD/C)

## 4) Associated to acquired heart diseases:

- Chronic Chagasic Cardiomyopathy (Elizari 1999): classical extreme shift of SÂQRS to the left by association with LAFB.
- Complications of Acute Myocardial Infarction (AMI): high risk of evolving into complete AV block (Melgarejo-Moreno 1997).
- Mitral Stenosis (MS): RBBB existence correlates with the severity of the disease and the grade of valve calcification in moderate and severe pure mitral stenosis (Ocal 2006);
- Chronic Obstructive Pulmonary Disease (COPD): Right Atrial Enlargement (RAE), RVH, RBBB, marked clockwise rotation of the heart, a QS pattern in leads III and aVF, LAD, PACs, and SVTs were significantly more prevalent in patients with severe COPD than in patients with mild or moderate COPD (Holtzman 2011; Miguel 1958; Caird 1962);
- Acute Pulmonary Embolism (APE): it appears suddenly and briefly (Zhong-Qun 2014);
- Hypertension: It was significantly more common; observed in 60% of cases from the Framingham study during follow-up period of 18 years. Although the initial appearance of RBBB was usually unaccompanied by overt clinical events, the subsequent incidence of CHD and CHF was two and one-half and four times greater, respectively, than that in matched control subjects without RBBB. The incidence of cardiovascular disease mortality was almost three times greater in people who developed RBBB than in an age-matched sample of the population-at-large. This excess of cardiovascular disease mortality was related primarily to the high prevalence of associated cardiovascular abnormalities. (Schneider 1980);
- Sclerosis of the left side of the cardiac skeleton or Lèv disease (Lev 1975; Lev 1964) (do not mistake with Lenègre);
- Sclerosis of the fibrous trigon, membranous septum, aortic valve ring, and apex of the muscular septum.

- Acute congestive heart failure (ACHF): RBBB is a powerful predictor of mortality in patients with ACHF. Early identification of this high-risk group may help to offer tailored treatment in order to improve outcome (Mueller 2006).
- Systemic sclerosis: ECG abnormalities are common in patients with early systemic sclerosis and are associated with the severity of lung and heart involvement. RBBB is an independent predictor of mortality, and should be considered a marker of disease severity in systemic sclerosis.(Draeger 2013)
- Acquired complete right bundle branch block without overt cardiac disease (Lancaster 1972).
- Following non-penetrating chest trauma without evidence of cardiac contusion (Kumpuris 1979).

# **Criteria for RBBB classification**

## A) According to QRS duration (Surawicz 2009; Willems 1985)

**Incomplete RBBB (IRBBB):** QRS duration between 100 and 120 ms in adults, between 90 and 100 ms in children between 4 and 16 years of age, and between 86 and 90 ms in children less than 8 years of age. The evidence presented by Moore and his colleagues that the incomplete RBBB pattern may be due to a heritable focal hypertrophy of the RV, and not because of delayed conduction within the right bundle branch, should stimulate us to reappraise the validity of our electrocardiographic vocabulary. Continued anatomic and electrophysiologic research is vital to verify or disprove our current electrocardiographic concepts, so that the words accurately reflect the best known facts about electrical activity of the heart (Massing 1972; Barker

**1949**).

In patients with suspected Brugada syndrome, simple ECG criteria can enable discrimination between incomplete RBBB and types 2 and 3 Brugada patterns. The angle between a vertical line and the downslope of the r' wave, and  $\beta$ , the angle between the upslope of the S-wave and the downslope of the r - wave in benign or "innocent" IRBBB is narrower related to type 2 Brugada ECG pattern (Chevallier2011). Truly Type 2: The r' wave is rounded, wide and usually of relatively low voltage. Angle between the upslope of the S-wave and the downslope of the r' wave ( $\beta$  angle) > 58°.

The descending arm of r' coincides with the beginning of the ST segment (J point). The duration of the base of the triangle of r' at 5 mm from high take-off >3.5 mm. QRS duration is longer in Brugada pattern type 2 than in other cases with r' in V1 and there is a mismatch between V1 and V6. In Brugada pattern the QRS complex end is earlier in V6 than in V1-V2.(Bayés de Luna 2012).



**Complete RBBB (CRBBB): advanced or of 3° degree:** QKS duration greater than of equal to 120 ms; greater than 100 ms in children ages 4 to 16 years; and greater than 90 ms in children with less than 4 years of age. It is considered complete RBBB when the QRS duration is  $\geq 120$  ms or  $\geq 60$  dashes. The figure in the next slide shows the correlation between the QRS pattern in V1 and the QRS loop in progressive increase degree of RBBB.(Peñaloza 1961).



#### **Criteria for Right Bundle Branch Block classification**

#### B) According to the Mexican school criteria (Sodi 1964; Rodriguez 1952)

- 1) First degree RBBB
- 2) Second degree RBBB
- 3) Third degree or complete RBBB

## C) According to the Spanish school criteria (Bayés de Luna 1999):

- 1) Global Right Ventricular Block (GRVB)
  - According to topography: Proximal
  - Peripheral.
  - According to the degree:
    - ✓ Advanced, complete or of the third degree;
    - $\checkmark$  Not advanced (it corresponds to the first and second degree or incomplete);
- 2) Partial blocks: it corresponds to divisional, terminal, focal, divisional, or Purkinje blocks (**Tobias 1986; Pastore 1983; Luna Filho 1989**):
  - Superoanterior;
  - Inferoposterior;
  - Middle.

## D) According to Van Dam, RTh. and Janse, MJ (Janse 1971).

- Complete or Proximal Right Bundle Branch Block (CRBBB);
- Incomplete Right Bundle Branch Block (IRBBB):
  - $\checkmark$  Distal or in the moderator band (predivisional).
  - ✓ Terminal, focal, divisional or Purkinje.

# Our proposal of classification for RBBB: Classification of CRBBB by topography: pre and post-divisional

## 1) By topography:

1a) Predivisional

- a) Proximal: Of right His or of the trunks of the right bundle branch;
- b) Peripheral: intramyocardial or middle and of the moderator band or inferior;
- 1b) Post divisional
  - Parietal or Divisional: Global end conduction delays (ECD): divisional, terminal, focal.
  - Purkinje or partial.

## 2) By duration of QRS:

- Complete or Advanced Right Bundle Branch Block (CRBBB or ARBBB): QRS duration ≥ 120 ms in adults, greater than 100 ms in children from 4 to 16 years of age, and greater than 90 ms in children less than 4 years of age. Always in the truncus!!!!
- Incomplete Right Bundle Branch Block (morphology of IRBBB): with QRS duration between 100 ms and 110 ms in adults, between 90 and 100 ms in children between 4 and 16 years of age, and between 80 and 90 ms in children less than 8 years, which, by the morphology in V1 may be: 2a) Typical: rsr' rSr' in V1 or V2.

2b) Atypical: rS in V1 with S presenting notch in ascending slope.(Schamroth 1985) Incomplete RBBB may be present in the absence of heart disease, particularly when the V1 lead is recorded higher than or to the right of normal position and r' is less than 20 ms. In children, incomplete RBBB may be diagnosed when the terminal rightward deflection is less than 40 ms but greater than or equal to 20 ms.

3) By steadiness:

(3a) Permanent;

(3b) Temporary, transient or transitory (see next slide);

(3c) Intermittent (Okajima 1980):

(3c1) Dependent on heart rate:

- Tachycardia-dependent or in phase 3 (Izumi 1996);
- Bradycardia-dependent (Kinoshita 2003) or in phase 4: by mild or
- Moderate hypopolarization.

#### (3c2) Independent from hear rate:

By severe hypopolarization.

4) By form of onset:

(4a) Sudden: after acute pulmonary embolism Mobitz type II (Nielsen 1989).

(4b) Progressive: Mobitz type I (rare).

The figure below shows the effect on the configuration of the horizontal QRS loop produced by development of RBBB during cardiac catheterization. With onset of the block, a rightward anterior final appendage was produced, which gradually went away as the transient BBB cleared. A slight increase in the leftward forces, which were partially uncancelled because of the delay in activation of the RV, occurred with the block and gradually cleared.



5) By vectorcardiographic criteria: (it takes into account only the QRS loop in the horizontal plane)

- (5a) "Grishman" or Kennedy type I. In turn it may be a or b;
- (5b) "Cabrera" or Kennedy type II. In turn it may be a or b;
- (5c) Kennedy type III or C.

#### HP



Classification criteria by vectorcardiographic criteria in the horizontal plane: type I; Grishman or Kennedy type II; Cabrera or Kennedy II and type III or C. In patients with RBBB, the position of the afferent limb in the horizontal plane can be used to predict cardiac failure or severe pulmonary disease (Fedor 1976).

The QRS loop in CRBBB rotates in CCW or figure-eight pattern in most patients with benign RBBB, but in patients with RBBB associated with RVH, the QRS loop is more likely to be clockwise and completely anterior (**Baydar 1965**). The terminal dots are close together, reflecting end conduction delay. Since the RV is depolarized later than normal, the LV depolarizes without some of the normal cancelation from RV forces, and thus the maximum spatial voltage to the left (LMSV) may be increased slightly, simply from the conduction abnormality.



## VCG classification of Complete Right Bundle Branch Block in the HP

**Right Anterior Quadrant** 

# In three patterns the terminal vector of 60 ≥120 ms in "glove finger" (finger-like terminal appendix) located in the right anterior quadrant



Note: The numbers are expressed in miliseconds

# Electrocardiographic criteria of isolated Complete Right Bundle Branch Block (Surawicz 2009)

- 1) Supraventricular cardiac command
- QRS duration ≥120 ms (or 0.12 s) in adults, greater than 100 ms in children 4 to 16 years of age, and greater than 90 ms in children younger than 4 years of age.
- 3) If the rhythm is sinus,  $PR \ge 120 \text{ ms} (0.12 \text{ s})$ ;
- 4) SAQRS in the frontal plane is variable; however, frequently shifted to the right and below;
- 5) Right precordial leads (V3R, V1 or V1 and V2) with rsr', rSR' or rsR' pattern. The R'or r' deflection is usually wider than the initial R wave. The final R' wave wide and sometimes notched: triphasic QRS complex called "M complex". In a minority of cases, a wide an often notched pure R wave pattern may be seen in lead V1 and/or V2. When a pure dominant R wave with or without a notch is present in V1, R-peak time ≥50 ms in lead V1 is present.
- 6) QR or Qr pattern in aVR lead with wide final R wave followed by negative T wave.
- 7) S wave of greater duration than R wave or grater than 40 ms in leads I and V6 in adults.
- A delay in the appearance of the ventricular activation time or "R-peak time intrinsicoid deflection >50 to 80 ms (Lerecouvreux 2005) may also be observed in the right precordial leads and normal in V5-V6.
- 9) Ventricular repolarization (ST/T) with opposite direction to the terminal deflection of the QRS complex:
  T wave polarity opposite to the polarity of the last deflection of QRS complex.

Vectorcardiographic criteria of uncomplicated Complete Right Bundle Branch Block in the Horizontal Plane

- 1. QRS loop of duration  $\geq$ 120 ms. This corresponds to 60 or more dashes, in the cases in which 1 dash = 2 ms;
- 2. Maximal vector discretely decreased, pointing to the left and with a variable degree of anterior dislocation;
- 3. QRS loop in the HP formed by four components of depolarization: initial 10 to 20 ms vector, efferent limb, afferent limb, main body and terminal appendage after 60 ms with delay (slow recording) always located in the anterior right quadrant. These 4 components are followed by a repolarization component: the T wave heading to the back and the left (Baydar 1965; Massing 1972; Rodriguez 1952).



	Grishman VCG pattern or I	Cabrera or II	Kennedy III or C
Initial vector	To front and rightward or to the left	To front and rightward or to the left	To front and rightward or to the left
QRS duration	$\geq$ 120 ms ( $\geq$ 60 dashes)	$\geq$ 120 ms ( $\geq$ 60 dashes)	$\geq$ 120 ms ( $\geq$ 60 dashes)
QRS-loop rotation	CCW	In 8	CW
Efferent limb	To front orthogonal X lead	To front orthogonal X lead	To front orthogonal X lead
Afferent limb	Behind orthogonal X	To front orthogonal X lead	To front orthogonal X lead
Terminal appendix	Right Anterior Quadrant and slow inscription	Right Anterior Quadrant and slow inscription	Right Anterior Quadrant and slow inscription
Maximal vector	Decreased and with mild anterior displacement	Decreased and with moderate anterior displacement	Decreased and with significant anterior displacement
Clinical significance	Absence of RVH: normal, hypertension, AoS or PS	Eventually RVH: ASD, OS, cor pulmonale, BVH (VSD, cardiomyopathy, rheumatic heart disease)	Severe RVH
T loop in the HP	CW rotation and directed to back and leftward	CW rotation and directed to back and leftward	CW rotation and directed to back and leftward

### The four components of the QRS loop in right bundle branch block



Right precordial leads  $(V_3R,V_1 \text{ or } V_1 \text{ and } V_2) \text{ rSR'}$  type or rsR' or with broad R' wave and eventually with notch: triphasic QRS complex called "M" complex. Left precordial leads with final wide S wave.

# ECG/VCG correlation in the HP with ECG in CRBBB



QRS/T loops in the horizontal plane showing the 4 components of depolarization: initial vector, efferent limb, afferent limb and terminal appendage and T wave heading to the back and the left, and its correlation with the QRS/ST-T complex in V1 and V6.

# **Prognosis of RBBB**

The experience with bundle branch block at the USAF School of Aerospace Medicine was reviewed by Rotman et al (Rotman 1975). The clinical and follow-up status was evaluated in 394 subjects with RBBB and 125 subjects with LBBB. The majority of subjects were asymptomatic at the time of bundle branch block diagnosis. The subjects were divided into subgroups based on ECG findings to determine if any one subgroup was at higher risk for initial or follow-up morbidity of cardiovascular disease or follow-up mortality. At initial diagnosis and clinical evaluation, 94% of RBBB and 89% of LBBB subjects had no evidence of cardiovascular disease. In the RBBB group, 3 and 2% had CHD and hypertension, respectively; in LBBB subjects, 9 and 7% had CHD and hypertension, respectively. No one ECG subgroup in either the RBBB or LBBB group had a higher incidence of cardiovascular disease. Complete follow-up information was available in 94% of the RBBB subjects and 91% of the LBBB subjects. The mean follow-up period was  $10.8 \pm 4.7$  years in the RBBB group and 8.8 4.8 in the LBBB group. In the follow-up period, new cases of CHD and hypertension occurred in 6% of the RBBB group and 5 and 8%, respectively, in the LBBB group. Fourteen (4%) RBBB and nine (8%) LBBB subjects died during the follow-up period. No differences for follow-up morbidity of cardiovascular disease or mortality were observed in contrasting the individual ECG subgroups. Progressive electrical dysfunction in the form of complete heart block occurred in one subject each in the RBBB and LBBB groups. Thus the prognosis of bundle branch block is determined by the presence or absence, and degree of associated cardiovascular disease.

Kusomoto et al (Kusomoto 2014) investigated the clinical course of complete RBBB or RBBB with axis deviation in terms of subsequent pacemaker implantation for high-degree AV block or sick sinus syndrome. Among the 16,170 atomic-bomb survivors in biennial health examination between July 1967 and December 2010, the authors detected 520 newly-acquired RBBB subjects with no organic heart disease, and selected 1038 age-and sex-matched subjects without RBBB to serve as comparison subjects. Multivariate Cox regression analysis was used to estimate the hazard ratios (HRs) for the risk of pacemaker implantation due to all causes, AV block or sick sinus syndrome between RBBB and comparison subjects and between RBBB subjects with and without axis deviation.

The risk of pacemaker implantation for RBBB was 4.79 (95% confidence interval [CI] 1.89-12.58; P=0.001), 3.77 (95% CI, 1.09-13.07; P=0.036), and 6.28 (95% CI, 1.24-31.73, P=0.026) when implantation was for all causes, AV block and sick sinus syndrome, respectively. RBBB subjects with axis deviation had a higher risk for all-cause pacemaker implantation than subjects without axis deviation. RBBB subjects with axis deviation were younger than subjects without axis deviation at the time of RBBB diagnosis, and their progression from diagnosis to pacemaker implantation took longer. RBBB, especially with axis deviation, progresses to AV block and sick sinus syndrome that requires pacemaker implantation; the mechanisms by which the conduction defect progresses differ among patients with and without axis deviation.

Bussink et al (**Bussink 2013**) followed 18,441 participants included in the Copenhagen City Heart Study examined in 1976-2003, free from previous myocardial infarction, chronic heart failure, and LBBB through registry linkage until 2009 for all-cause mortality and cardiovascular outcomes. In this cohort study, RBBB and IRBBB were two to three times more common among men than women and CRBBB was associated with increased cardiovascular risk and all-cause mortality, whereas IRBBB was not. Contrary to common perception, RBBB in asymptomatic individuals should alert clinicians to cardiovascular risk.

Patients with AMI complicated with bundle branch block (BBB) have a poor prognosis, but distinction between LBBB and RBBB is seldom made in epidemiological studies. Lewinter et al (Lewinter 2011) studied long-term mortality associated with RBBB and LBBB in the Trandolapril Cardiac Evaluation (TRACE) trial. The authors studied consecutive patients presenting with MI and recorded clinical, electro- and echo-cardiographic variables. Subsequently, deaths were recorded during a minimum follow-up of 15 years. In total, 6,676 consecutive patients with MI were hospitalized at 27 centres in Denmark. Of these 4% had RBBB and 4% had LBBB. Overall, 5,196 (78%) patients died, 256 (94%) with LBBB and 235 (90%) with RBBB compared with 4,705 (77%) of those without BBB. In multivariable analyses, hazard ratios of RBBB and LBBB were 1.23 and 1.05 respectively. There was interaction between each type of BBB and LV systolic function. RBBB was associated with a worse prognosis in patients with reduced LV systolic function. RBBB was a predictor of increased mortality only in patients with reduced LV systolic function, whereas LBBB was a marker of increased mortality in patients with preserved LV systolic function.

Kleemann et al (Klemannn 2008) evaluated the incidence and clinical impact of RBBB in patients with NSTEMI compared to patients with STEMI. Both LBBB and RBBB have been associated with increased inhospital and long-term mortality in patients with STEMI. However, the prognostic role of RBBB in NSTEMI is not well known. From the German prospective multicenter registry "Maximal Individual Therapy of Acute Myocardial Infarction" (MITRA PLUS), 6,403 consecutive patients with NSTEMI and 20,233 patients with STEMI were analyzed. Patients with LBBB were excluded. The median follow-up time for NSTEMI was 378 days and for STEMI 479 days. A total of 455 (7.1%) patients with NSTEMI and 894 (4.4%) patients with STEMI presented with RBBB on admission. In general, RBBB patients were older, more often had comorbidities, and less often received short-term inhospital treatment according to guidelines. In STEMI, RBBB patients had higher peak enzyme levels and lower LVEF than patients without BBB. RBBB in STEMI was associated with an increased inhospital and long-term mortality. In NSTEMI, however, peak enzyme levels and LVEF were similar in both groups with and without RBBB. RBBB in NSTEMI was not independently associated with a worse outcome. Unlike RBBB in STEMI, RBBB in NSTEMI is not an independent predictor of inhospital and long-term mortality.

# **Examples of RBBB**



Clinical diagnosis: 36 years, female, high blood pressure.

**ECG diagnosis**: Sinus rhythm SAP + 60° and to the front; PR interval 160 ms; SÂQRS + 100°, QRS duration: 160 ms, wide S and with notch in I, aVL,  $V_5$  and  $V_6$ , Complex in "M" with wide R' in  $V_1$  and  $V_2$ . Ventricular repolarization (ST/T) with direction opposite to the terminal deflection of the QRS complex. **Conclusion:** CRBBB



**ECG diagnosis**: Sinus rhythm; SÂP + 60° and to the front, PR 160 ms, SÂQRS + 80° QRS duration: 160 ms, wide S in I, aVL,  $V_5$  and  $V_6$  Complex in "M" with wide R' in  $V_1$  and  $V_2$ . Ventricular repolarization (ST/T) with a direction opposite to the terminal deflection of the QRS complex. **Conclusion:** CRBBB

Name: RFC; Date: 14/05/1996; Age: 32 y.o.; Gender: F.; Race: W.; Weight: 56 Kg; Height: 1.65 m; Biotype: Athletic



Clinical diagnosis: Steinert's Myotonic Dystrophy.

**ECG diagnosis:** First degree AV block (PR 28 ms) + CRBBB. This situation does not enable to make the diagnosis for trifascicular block. Only the electrophysiology study revealed CRBBB and dromotropic disorder equivalent in the two divisions of the LB (trifascicular). There were normal PA and AH intervals (40 and 70 ms respectively) with prolonged HV (75 ms), indicating that the dromotropic disorder was infra-His. The CRBBB morphology associated to long PR, indicates the dromotropic difficulty in the left divisions (infra-His long PR).

## **ECG/VCG** correlation



Name: CFS; Gender: male.; Age: 45 y.o.; Race: white; Weight: 72 Kg; Height: 1.70 m; Biotype: athletic; Date: 12/11/2003; Medication in use: Digoxin 0.25 mg, Furosemide 40 mg, Spironolactone 25 mg, Enalapril 20 mg.



Clinical diagnosis: Chronic Chagas cardiomyopathy, mixed form, dilated and dromotropic.

**Echocardiogram:** Dilated Cardiomyopathy of moderate repercussion. Diffuse hypokinesis with inferolaterobasal predominance (ancient dorsal). Normal RV.

**ECG diagnosis:** Sinus rhythm; HR: 65 bpm; P wave duration: 110 ms; SÂP +70° bimodal notched aspect in I; slow final negative component in V1: LAE. The presence of LAE criteria of 1st degree AV block; QRS–SÂQRS with extreme deviation in the right superior quadrant; QRS duration: 160 ms; wide S wave in left leads; morphology in "M" from V1 to V4: CRBBB; PAF; R wave of low voltage in V5 and V6. **Conclusion:** LAE or BAE? 1st degree AV block? CRBBB, PAF, infero-latero-dorsal electrically inactive area?

RVE?

## ECG/VCG correlation in the FP showing inferolateral MI and RECD of CRBBB



## ECG/VCG correlation in the HP showing laterobasal MI and RECD of CRBBB



Black: Infarction area 4: Basal inferior (ancient dorsal)

**LAE:** Left Atrial Enlargement

PAF: Prominent Anterior Forces: CRBBB + laterobasal MI (ancient dorsal MI nomenclature)

## **ECG/VCG correlation in the RSP**



Name: JC; Gender: male; Age: 68 y.o.; Race: White; Weight: 66 Kg; Height: 1.70 m; Biotype: Athletic; Date: 14/09/2004; Medication in use: Isocord 40 mg 3X; ASA 2X; Enalapril 20 mg 2X; Chlortalidone 2.5 mg 1X; Atenolol 50 mg 1X;



Clinical diagnosis: Systemic hypertension. ECG diagnosis: SR; HR: 53 bpm. Sinus bradycardia. CRBBB. QRSD: 121 ms.

## **ECG/VCG correlation**


Name: MLPA; Age: 40 y.o.; Gender: F.; Race: White; Weight: 87 Kg; Height: 1.63 m; Biotype: Normal; Med. in use: Lisinopril 20 mg; Hydrochlorothiazide 25 mg; Amlodipine 5 mg



Clinical diagnosis: obesity and significant systemic hypertension.

**ECG diagnosis:** CRBBB and prominent anterior forces (PAF). R of great voltage in V2 and V3; it suggests counterclockwise rotation of the heart on its longitudinal axis. The fact may be observed in LV enlargement. ECHO: septum and posterior wall of 16 mm: LV hypertrophy

CG of CRBBB in a hypertensive patient. Prominent anterior forces that suggest counterclockwise rotation in the longitudinal axis.





**Name:** ARH; **Date:** 8/07/2003; **Age:** 73 yo.; **Number:** 507; **Gender:** M.; **Race:** W.; **Weight:** 68 Kg; **Height:** 1.65 m.; **Biotype:** Athletic

**Clinical diagnosis:** healthy patient. ECG performed in check up. Normal echocardiogram. **ECG diagnosis:** sinus rhythm, HR: 63 bpm, P wave: SÂP +50° to the front, PR: 186 ms, SÂQRS between +91° to 269° and to the front (near +170°). QRS duration: 138 ms, morphology: broad S wave in I, aVL, V5 & V6, pure R wave with notch in ascending slope in V1, R wave with notch in V2 and Rsr's' in V3. **Conclusion:** Complete Right Bundle Branch Block + Prominent Anterior Forces.

#### ECG/VCG correlation in the HP of CRBBB of VCG Kennedy type III or C



#### **PAF: Prominent Anterior Forces**

**RECD:** Right End Conduction Delay: CRBBB

ECG/VCG correlation in the frontal plane Kennedy type III. QRS loop totally dislocated in anterior quadrants and of clockwise rotation. In general, this type of loop usually means significant RVH, but it may correspond to normal cases like this one. Initial vector to the front, QRS loop of clockwise rotation, except for a minimal part (\*) of end delay or VCG Kennedy type III or C, is more frequent in the presence of associated RVH; however it may be normal. Main body of the QRS loop located in anterior quadrants (in front of the x line)

#### **ECG/VCG correlation in the FP and RSP**



**RECD:** Right End Conduction Delay: CRBBB

## **Complete Right Bundle Branch Block**

## associated to

**Right Ventricular Hypertrophy** 

### The diagnosis of RVH in the presence of CRBBB by ECG criteria

In the Frontal Plane

	Isolated CRBBB	<b>CRBBB</b> associated to RVH
I and aVL	qRS	rS
II- III- aVF	Variable.	QR; R or qR

#### In the precordial leads

- Voltage of R' wave of  $V_1$  (rsR') of 15 mm of height or greater in the presence of CRBBB;
- Voltage of R' wave of  $V_1$  (rSR') of 10 mm of height or greater in the presence of IRBBB;
- R' wave of great voltage is more likely to correspond to RVH in children than in adults;
- Persistence of triphasic morphology (rSR') in intermediary precordial leads ( $V_3$  and  $V_4$ ). This sign suggests hypertrophy of RV free wall;
- qR pattern in  $V_1$  may be an indirect sign of RAE and this of RVH;
- Tetraphasic pattern (rsr's') in  $V_2$ ,  $V_3$  and up to  $V_4$  suggests hypertrophy of trabecular region of the RV;
- Complex of the R/S type with negative T waves, beyond  $V_4$ , suggests hypertrophy of the low right paraseptal region of the RV;
- Initial q wave disappears, decrease of R voltage and increase of S depth in  $V_5$  and  $V_6$  are observed in Complete RBBB associated to great RVH;
- Pattern of Incomplete RBBB or Complete RBBB of sudden onset, suggests acute RVH by pulmonary embolism;
- Presence of P wave criteria of RAE associated to Complete RBBB suggests RVH, except for Ebstein's anomaly and tricuspid atresia.

#### Elements that suggest RVH in V<sub>1</sub> in the presence of IRBBB and CRBBB



Voltage criteria of R' in V1 > 10 mm for IRBBB and > 15 mm for CRBBB that indicates associated RVH.

#### VCG criteria of CRBBB associated to RVH on HP (Miquel 1958)



(1) a CW rotation of the QRS loop in the HP, (2) a ratio of the magnitude of the R wave to that of the S wave (R/S ratio) in lead X at less than 2.0, (3) a mean QRS vector in lead X more negative than--10 mv.msec, or (4) a maximal QRS vector located between 90° and -90° in the HP. In contrast, an R/S ratio in lead X that was  $\geq$  2.0 or an azimuth angle of the mean spatial QRS vector that was not between 90° and  $\pm$  180° would indicate that the right ventricular conduction defect is probably uncomplicated (**Brohet 1978**).

Name: PAG; Gender: male; Age: 75 y.o.; Race: white; Weight: 80 Kg; Height: 1.70 m; Date: 16/12/2003 Medication in use: Enalapril 20 mg; Prednisteroids 20 mg per day; Salbutamol 2 per day.



Clinical diagnosis: Emphysema and systemic hypertension

Echocardiogram: mild concentric hypertrophy. Mitral ring calcification. Mild RV dilatation.

ECG diagnosis: SR, HR: 78 bpm; P wave: SÂP: +63°; duration: 80 ms; Voltage: 1 mm. PR: 172 ms.

QRS: SÂQRS: with extreme deviation in the right superior quadrant; -120°; QRSD: 140 ms; SAT: +50° and to the back; QT: 430 ms; QTc: 490 ms.

**Conclusion:** Complete Right Bundle Branch Block + PAF (Prominent Anterior Forces). Cause? RVH? SFB? Extreme deviation of SÂQRS in the right superior quadrant: LAFB? Electrically inactive inferior area? Association of both?



rS. Small initial r wave: pseudo inferior electrically inactive area

**Note**: The diagnosis of LAFB and/or inferior electrically inactive area is not configured. The initial forces are directed to the left and upward. The greatest part of the QRS loop located in the right superior quadrant rules out LAFB (in spite of its CCW rotation). The fast recording of QRS loop onset in the FP and the corrected aspect of the efferent limb rule out the diagnosis of inferior Myocardial Infarction. In spite of the extreme deviation of the QRS axis in the superior quadrants, associated LAFB is not configured, even with a CCW rotation. RECD is indicative of CRBBB.

#### **ECG/VCG correlation in the HP**



Monophasic R waves with notch from V1 to V3: CRBBB + PAF (Prominent Anterior Forces).

#### **ECG/VCG correlation in the RSP**





## **Diagnostic conclusion: ECG/VCG**

- 1) CRBBB VCG Kennedy type III;
- 2) RVH;
- 3) Prominent Anterior Forces (PAF).

**Comment**: by VCG in the HP, CRBBB may be:

- 1) Kennedy type I or Grishman (afferent limb behind the X line);
- 2) Kennedy type II or Cabrera (afferent limb in front of the X line with loop in 8);
- 3) Kennedy type III (QRS loop of clockwise rotation and completely located in the anterior quadrants in the HP).

# Right Bundle Branch Block associated to Left Ventricular Hypertrophy

#### ECG criteria of CRBBB associated to LVH

- Presence of Morris criteria for left atrial enlargement in absence of mitral valve stenosis. Specificity: 90%, sensitivity: 32%. The correlation of LA abnormality by ECG and LVH by echocardiography conclude that LA abnormality by ECG is significantly diagnostic of LVH in the presence of RBBB (Metha 1998);
- 2) SÂQRS deviation to the left beyond -30° to -90° (sensitivity 59%, specificity 71%) (Vandenberg 1989).
- 3) Voltage of R wave of I > than 10 mm. Specificity: 90%, sensitivity: 39%;
- 4) Voltage of R wave of aVL > than 7 mm. Specificity: 74%, sensitivity: 50%;
- 5) In I and aVL, qRs pattern, with q and R wave of greater voltage and s wave of reduced voltage;
- 6) In the leads of the inferior wall: II, III and aVF; rSr' pattern;
- 7) R unipolar morphology of right precordial leads observed in intermediary precordial leads  $V_3$  and  $V_4$ ;
- 8) Increase in S wave depth in  $V_1$ : rSr'. The S corresponds to vector III of the hypertrophic LV free wall that gets away from  $V_1$ ;
- 9) Voltage of R wave of  $V_5 \ge$  than 20 mm. Specificity: 90%, sensitivity: 20%;
- 10) S wave of  $V_1 + R$  of  $V_5$  or  $V_6 > 35$  mm. Specificity: 100%, sensitivity: 4%;

11) S wave in lead III + the maximal R+S in a precordial lead > or = 35 mm. (sensitivity 68%) (Vandenberg 1989).(Oreto 2007) 12) Combination of left axis deviation and SIII + (R + S) maximal precordial lead greater than or equal to 30 mm (sensitivity 52%, specificity 84%). (Vandenberg 1989). Prolonged ventricular activation time (VAT) "R peak time", or intrinsicoid deflection of V<sub>5</sub> and  $V_6 \ge$  than 50 ms;

13) In patients with RBBB none of the criteria have an acceptable performance (sensitivities ranged from 17% to 41% and specificities ranged from 54% to 85%). (Fragola 1992).

14) The electrocardiographic criteria with the highest sensitivity and specificity greater than 90% were left axis deviation of -30 degrees to -90 degrees and SV1 greater than 2 mm (sensitivity 34%), point-score system

15) RaVL greater than 12 mm and RI + SIII greater than 25 mm (each with a sensitivity of 27%). In general, limb lead voltage criteria such as RaVL greater than 11 mm (sensitivity 29%, specificity 86%) had higher sensitivities than using right precordial lead S-wave voltage criteria such as SV1 + RV5, V6 greater than 35 mm (sensitivity 2%, specificity 100%)

BBB is associated with an increase in initial QRS forces (RV1, RV2, and QV6) but significant decreases in mean mid-QRS amplitudes that reflect left ventricular depolarization (RaVL, SV1, SV3, RV5, and RV6).

All late QRS forces are increased (R<sup>+</sup> V1, SV5, SI). As a result, voltages criteria classically used for LVH are significantly reduced such as Sokolow-Lyon voltage (SV1+RV5 or RV6), and Cornell voltage (SV3+RaVL). RBBB is associated with significant reduction in "left ventricular" QRS amplitudes of the standard ECG, consistent with cancellation, rather than unmasking, of left ventricular mid-QRS forces by altered septal and delayed right ventricular depolarization. Because QRS voltages that are routinely combined for the detection of LVH are reduced in RBBB, standard LVH criteria will perform with lower sensitivity in patients with RBBB. (Chan 2006)

#### **CRBBB** associated to LAFB



#### **CRBBB** associated to LAFB

It constitutes the most frequent type of bifascicular block. In the first world it was estimated in 1.4% of all ECGs. In patients that developed complete AV block and had to have a pacemaker implanted, this association was found previously in 35% of the cases.

#### **Etiologies**

1. Chronic chagasic myocarditis: it constitutes the most frequent association in Latin America, where chronic chagasic myocarditis exists from the Argentinean Patagonia up to the frontier with USA. In the CRBBB of chronic chagasic myocarditis, the high association with LAFB stands out: 70% of the cases. In patients younger than 40 years old, from the endemic area, with ECG that shows association of CRBBB and LAFB, there is a high suspicion of chronic chagasic myocarditis, and even more with the additional presence of polymorphic ventricular extrasystole and primary alterations of ventricular repolarization. The association considered typical and most frequent, is complete right bundle branch block (CRBBB) of the His bundle and left anterior fascicular block (LAFB). A longitudinal study of 5,710 infected patients, showed that the presence of CRBBB associated to primary alterations of repolarization and electrically inactive areas, indicates high risk of death. Autopsy studies conducted by Andrade, revealed that most of the patients with chronic chagasic heart disease present a significant involvement of the excito-conductor system at the level of the N-H portion of the AV node, right penetrating and branching portion of the His bundle, proximal portion of the right branch and the anterosuperior division of the left branch. We conclude that CRBBB of chronic chagasic heart disease is of the proximal type. (Shabelman 1961) (Rosembaum 1964) (Dubner 2008). The most common ECG changes are the following: complete RBBB (35%) and LAFB (35%). (Marques 2006). CRBBB with LAFB is strongly related to Chagas disease in older patients. (Ribeiro 2014) (Garzon 1995)

Characteristics and frequency of CRBBB associated to LAFB (bifascicular block)

- 2. Coronary artery disease: it constitutes the main cause in the first world, where Chagas disease does not exist. It is estimated in 1% of the hospital population. It constitutes a complication of acute myocardial infarction of approximately 6%, almost always by obstruction of the LAD artery, since the RBB and the left anterior fascicle are irrigated by the perforator branches of this artery.
- **3.** Hypertensive heart disease: 20 to 25% of the cases;
- 4. Sclerodegenerative disease of the His system, genetic Lenègre disease with or without high blood pressure.
- 5. Lev disease or sclerosis of the left side of the cardiac skeleton;
- 6. Chest trauma. The closed trauma of the chest without a cut is frequently accompanied by CRBBB. In this case, the CRBBB frequently disappears after some hours.
- 7. Familial with syncope or sudden death;
- 8. Other myocarditis;
- 9. Sarcoidosis;
- 10. Granulomatosis;
- 11. Aortic valve disease;
- 12. Hyperkalemia or hyperpotassemia
- 13. Congenital isolated;
- 14. Associated to progressive external ophthalmoplegia;
- 15. Post-surgical trauma: 1) After corrective surgery of Fallot, we may find CRBBB associated to LAFB (7 to 25% of the cases). It is of the truncus and it indicates that the LAF has been injured concomitantly when the surgeon sutured the "patch", placed to increase the RVOT. The patients that remained with bifascicular block after corrective surgery do not present a greater index of late mortality. 2) In 4% of the cases after corrective surgery of VSD. 3) After surgery of substitution of tricuspid valve: it has been described as a complication in the exchange of tricuspid valve. 4) After surgery of bypass of internal thoracic and/or saphenous artery, it has been observed in 4% of the cases. The CRBBB in isolation was observed in 6% and LAFB in 6%;

- **16. Post-orthotopic heart transplantation:** The most frequent case is ARBBB or IRBBB in isolation (present in 45% to 80%), which may be associated to LAFB in approximately 20%, presenting in most of the cases a permanent nature.
- Atrial septal defect of the ostium primum type or endocardial cushion defects: In the horizontal 17. plane we frequently find incomplete RBBB or complete RBBB pattern with signs that suggest RVE and/ or BVE. Thus, in the right precordial leads V3R and V1 we can see triphasic patterns of the rsR' or rSR' type with opposite ST and T indicating not very high pressure in the pulmonary artery. In endocardial cushion defects, the right branch is congenitally longer; a fact responsible for the incomplete RBBB or advanced RBBB pattern. In fact, it is a false branch block, since the pattern is due to a delay in RV activation, because the stimulus must go through a longer trajectory. In more than 98% of the cases, extreme deviation of SAQRS is verified concomitantly in the left or right superior quadrants. The latter is more frequent in the total form and showing a pattern of counterclockwise rotation of QRS loop in the frontal plane of the LAFB type. Indeed, there is no true LAFB, but there is early activation of the LV postero-inferior wall by early onset too, of the postero-inferior fascicle of the His bundle, associated to a hypoplasia and extension greater than the antero-superior fascicle, which delays even more the activation of the antero-superior wall of the LV.

### **CRBBB** associated to LAFB: Etiology



It explains RBBB and early postero-inferior activation of the AFB. Delayed antero-superior region activation

Etiology of CRBBB associated to LAFB by endocardial cushion defects.

#### **CRBBB** associated to LAFB: Electrocardiographic criteria

The criteria for CRBBB are observed in the horizontal plane, while those of LAFB in the frontal plane; on the other hand, LAFB modifies the middle portions of ventricular activation while CRBBB modifies the final ones.

- 1) QRS complex of duration  $\geq$  than 120 ms in the presence of supraventricular command.
- 2) QRS of duration >130 ms and SAQRS from -30° to −90°, which individualize the patients with a greater probability of cardiovascular disease;
- 3) Extreme deviation of SAQRS in the superior quadrants: beyond -30<sup>o</sup>, which may go beyond -90<sup>o</sup>. The axis between -30<sup>o</sup> and -45<sup>o</sup> suggests minor degree of LAFB. If SAQRS is located in the right superior quadrant, it indicates important participation of CRBBB and/or association with RVE;
- 4) qR pattern in aVL. qRS or RS morphology may be found. The small initial q wave indicates the first vector heading downward and to the right, produced by the non blocked septal and posterior fascicles. The R wave indicates superior shift of the loop by the LAFB when activating the blocked antero-superior region;
- 5) Right precordial leads V3R, V1 and V2: triphasic pattern of the rSR' or rsR' type, with R' greater than r. There may be R with notch, ("M shaped"), rR' or qR;
- 6) Broad S wave with a duration ≥40 ms in adults in left leads V5, V6 and I by end delay to the right and the front of CRBBB.
- 7) J point, ST and T opposite to the final deflection of QRS: in the left leads with the J point and the ST segment discretely elevated with positive T and asymmetrical limbs (slow ascending and fast descending).

In an 11-year period 209 cases of bilateral BBB (RBBB + LAFB or LPFB). The majority of patients had evidence of CAD or hypertension. A significant number had no clinical evidence of heart disease. The majority of patients had follow-up for about 2 years. The incidence of complete heart block was 14.4% (30 of 209). Complete heart block developed more than 10 years after the discovery of bilateral BBB in several patients. It is anticipated that with more complete and longer follow-up the incidence of complete heart block will be even higher.(Scanlon 1970)

## **CRBBB** associated to LAFB: Vectorcardiographic criteria (Benchimol A 1971)

The initial portion of the loop behaves as a LAFB and the final part as a Complete RBBB. The duration of QRS loop  $\geq$  than 120 ms.

#### Frontal plane:

Very similar to isolated LAFB loop:

- 1) Initial vectors from 10 to 20 ms heading downward and to the right (type I) or downward and to the left (type II);
- 2) QRS loop of counterclockwise rotation;
- 3) SAQRS with extreme deviation to the left beyond  $-30^{\circ}$ ;
- 4) Efferent limb of QRS loop heading to the left and finally to the left and upward;
- 5) Afferent limb that begins above and slightly to the left, to finally end in a final appendage of slow recording and located to the right and above.

#### Horizontal plane:

Typical of QRS loop of isolated Complete RBBB.(Zamfirescu 1978)

- 1. Vectors from initial 10 to 20 ms heading to the front and the right or left (**Retamal 1972**)
- 2. Efferent limb of QRS loop from right to left and with variable degrees of anteriorization;
- 3. Main body of QRS loop with counterclockwise (type I), eight or clockwise rotation (type II). The type of rotation seems to lack clinical significance; however, type II appears in a greater number of patients in CHF;
- 4. Afferent limb of QRS loop in front of the X line from left to right;
- 5. Efferent limb of QRS loop behind or in front of the X line;
- 6. End delay located in the right anterior quadrant.(Medrano 1969)(Cergueira-Gomes 1972)
- 7. Ventricular repolarization with T loop opposite to the final portion of the QRS loop to the left, behind and below. (Kukbertus 1970)(Lichstein 1973)



- Clinical diagnosis: Chronic chagasic myocarditis.
- ECG diagnosis: P wave of difficult visualization, indicating intense fibrosis of atrial tissue.
- LAFB: extreme deviation of AQRS in the left superior quadrant, around -75°, qR in I and aVL, rS in inferior leads with S in  $V_5$  and  $V_6$
- CRBBB: triphasic complex of the rsr' type from  $V_1$  to  $V_3$ , wide r of aVR and S in  $V_5$  and  $V_6$
- Coupled polymorphic premature ventricular contractions.
- Classical triad: CRBBB + LAFB + Polymorphic ventricular contractions



VCG in the three planes of the same patient and its correlation with ECG. See the diagnosis of LAFB in the frontal plane and CRBBB in the horizontal plane.

- The classical electrocardiographic hallmark of chronic chagasic myocarditis includes the association of complete right bundle branch block with left anterior fascicular block.
- We know today that the ECG complex called since Richman "masquerading bundle-branch block", is essentially a complete right bundle branch block and left anterior fascicular block, with further modifications of the initial and final QRS vectors, so that standard leads, and at times the left precordial leads, resemble left bundle branch block.
- We present a case of standard masquerading bundle branch block associated with concomitant hidden right bundle branch block on right precordial leads consequence of low anteroseptal and lateral extensive electrically inactive area.
- We think that this is a new type of masquerading bundle branch block.

Chronic Chagasic Myocarditis (CCM) is an important cause of heart failure in Latin America, but is rare in the United States. Also, due to migratory currents between countries and far-distant regions, CCM is likely to become ubiquitous 7. A reflection of this tendency is exemplified by the recent growing awareness regarding the occurrence of CCM in the United States. Based on a prevalence of 4.5% of *T. cruzi* serologically detected infection in 205 Latin American immigrants to the USA, and on estimates of the number of such immigrants, approximately half a million infected people are believed to exist now in that country 8. Conditions for vectorial transmission range between latitudes 42°N and 40°S of the American Continent, from Mexico to Argentina. It is estimated that as many as 8 to 11 million people in Mexico, Central America, and South America have Chagas disease, most of whom do not know they are infected. On the basis of limited serological surveys, 4% to 7% of more than 200 million Latin Americans are estimated to be chagasic in extensive areas of 21 countries, and 65-90 million are at risk of becoming infected (Schmunis 1996).

Cross-sectional epidemiological studies in Brazil and Venezuela assessed the prevalence of clinical manifestations and mortality due to CCM. However, no clear-cut epidemiological picture of CCM is yet available, due to the lack of appropriately designed large-scale studies to address this serious public health problem in extensive areas of Latin America. In addition, case reporting is not reliable even in areas of high endemicity. Probably because of marked variations in the genetic background, parasite strain, climate, socio-economic and related hygienic-alimentary conditions, and health care policies, the morbidity and mortality rates ascribed to Chagas' disease are extremely variable even among endemic areas of each country (Wanderley 1995). Although the true prevalence of CCM is unknown, these rough estimates clearly indicate that CCM is undoubtedly the most common form of cardiomyopathy in Latin-American countries (Marin-Neto 1998). Moreover, rural-urban migration from endemic areas in Brazil is believed to have brought to large cities half a million infected people in the last three decades (Wanderley 1995).

#### Transmission

In Chagas-endemic areas, the main mode of transmission is through an insect vector called a triatomine bug (1). A triatomine becomes infected with *T. cruzi* by feeding on the blood of an infected person or animal. During the day, triatomines hide in crevices in the walls and roofs. The bugs emerge at night, when the inhabitants are sleeping. Because they tend to feed on people's faces, triatomine bugs are also known as "kissing bugs". After they bite and ingest blood, they defecate on the person. Triatomines pass *T. cruzi* parasites (called trypomastigotes) in feces left near the site of the bite wound. Scratching the site of the bite causes the trypomastigotes to enter the host through the wound, or through intact mucous membranes, such as the conjunctiva. Once inside the host, the trypomastigotes invade cells, where they differentiate into intracellular amastigotes. The amastigotes multiply by binary fission and differentiate into trypomastigotes, which are then released into the bloodstream. This cycle is repeated in each newly infected cell. Replication resumes only when the parasites enter another cell or are ingested by another vector. The tropical rainforests and urban habitats are not ideal for the establishment of the human transmission cycle.

In regions where the sylvatic habitat and its fauna are thinned by economic exploitation and human habitation, such as in newly deforested areas, piassava palm culture areas, and some parts of the Amazon region, a human transmission cycle may develop as the insects search for new food sources. *T. cruzi* can also be transmitted through **blood transfusions**. With the exception of blood derivatives (such as fractionated antibodies), all blood components are infective. The parasite remains viable at 4°C for at least 18 days or up to 250 days when kept at room temperature. It is unclear whether *T. cruzi* can be transmitted through blood components. Other modes of transmission include organ transplantation, through breast milk, and by accidental laboratory exposure. Chagas disease can also be spread congenitally (from a pregnant woman to her baby) through the placenta, and accounts for approximately 13% of stillborn deaths in parts of Brazil

- 1. "DPDx Trypanosomiasis, American. Fact Sheet". Centers for Disease Control (CDC). <u>http://www.dpd.cdc.gov/dpdx/HTML/</u> <u>TrypanosomiasisAmerican.htm</u>. Retrieved 12 May 2010
- 2. Teixeira AR, Monteiro PS, Rebelo JM (2001). "Emerging Chagas disease: trophic network and cycle of transmission of Trypanosoma cruzi from palm trees in the Amazon". *Emerging Infect Dis* 7: 100–112.

**Oral transmission** is an unusual route of infection, but has been described. In 1991, farm workers in the state of Paraíba, Brazil, were infected by eating contaminated food; transmission has also occurred via contaminated açaí palm fruit juice and sugar cane juice. A 2007 outbreak in 103 Venezuelan school children was attributed to contaminated guava juice. Chagas Disease is a growing problem in Europe, because the majority of cases with chronic infection are asymptomatic and because of migration from Latin America. [6]

The juice of the "açaí" fruit, when handmade, could be one of the main culprits for outbreaks of Chagas disease in Brazil. Between June 2006 and June 2007, 116 people were contaminated after ingesting the drink in the states of Amapá, Amazonas and Pará. The contamination of the juice happens when the insect carrier of the protozoan parasite that causes the disease, is grinded jointly with the fruit. According to the parasitologist Aldo Valente, from the Evandro Chagas Institute, an institution linked to the Department of Surveillance in Health of the Ministry of Health, outbreaks of Chagas disease transmitted orally have been occurring since 1968, but it was under-reported, mostly because of the lack of information. Now, as health care agencies have paid more attention to this issue, the number of recorded cases has increased. Besides, Valente reminds us that the ecological imbalance caused by deforestation pushes insects away from their natural habitat and sources of food, contributing in a decisive manner to the occurrence of outbreaks. The main problem brought about by the oral transmission of Chagas disease is that the ingestion implies a large amount of the protozoan parasite that causes the disease, the Trypanosoma cruzi, released in to the blood flow. This fact entails the reduction of the incubation period of the disease: as to conventional transmission, the first symptoms appear between the fourth and eighth week after contagion; in oral transmission, this period reduces to nearly 10 days and the disease can quickly evolve into its more severe forms. So, the violent evolution of this patient could be due to the mentioned mechanism.



Açai fruit ——

#### The ECG

The classical electrocardiographic (ECG) hallmark of chronic chagasic cardiomyopathy includes the association of complete right bundle branch block (CRBBB) and left anterior fascicular block (LAFB). Today we know that the ECG complex coined by the first time in 1954 by Richman et al (**Richman 1954**) as "masquerading bundle-branch block", is essentially CRBBB with LAFB, with further modifications of the initial and final QRS vectors, so that standard leads, and at times the left precordial leads, resemble left bundle branch block (LBBB).(**Schamroth 1975; Unger 1958**)

Since the pioneer Rosenbaum's et al studies (Rosenbaum 1968; Rosenbaum 1973) we know two ECG types: The "standard type" (*"standard masquerading right bundle-branch block"*) and the "precordial type". (*"precordial masquerading right bundle-branch block"*)

In the "standard type" the LAFB obscured totally or partially the diagnosis of CRBBB only in the frontal plane leads by abolishing (or it becomes very small) the final broad S wave in the left leads I and aVL (**Ortega-Carnicer**) and the precordial leads remain with the typical CRBBB pattern.

In the standard type, in the frontal plane, there are four main developmental phases that do not necessarily occur in a chronological sequence. Table 1 shows the four main developmental ECG patterns of standard type.

The precordial type shows the pattern of CRBBB in the right precordial leads and complete left branch block pattern (CLBBB) in the left-side precordial leads. This results from CRBBB associated with severe left ventricular hypertrophy (LVH), a localized block in the anterolateral wall of the left ventricle often due to myocardial infarction, and usually LAFB. Presumably, the intramural left ventricular block, together with LVH or LAFB, or both, produce predominant leftward forces which tend to cancel out the late rightward forces of the RBBB in the left precordial leads. Finally, masquerading bundle branch block can be associated with severe and diffuse conduction system disease, and patients with this finding may require permanent pacemaker implantation, especially if they are symptomatic (Kowey 1989).

In the present case we report a possible new masquerading variant in a young woman with severe *chronic* fibrotic form *of chagasic cardiomyopathy* where there is *concomitant standard and precordial masquerade CRBBB* present. The standard left limbs I and aVL show qR pattern with low r voltage and wide QRS duration (pseudo-atypical complicated LBBB pattern) and in the anterior wall from V1 to V4, QS or Qr pattern consequence of severe anterior fibrosis that masks the existent CRBBB. Only the left leads V5-V6 show RBBB. Progression to high degree atrioventricular block is quite common in the presence of masquerading bundle branch block. It is frequently associated to advanced heart failure, so the prognosis is usually poor (Bayés de Luna 1988; Gómez Barrado 1997).

Name OO; Sex: Male; Age: 51 y; Race: Asian; Weight: 71 Kg; Height: 1.69 m; Date: 19/04/2000



- **Clinical diagnosis:** Mitral valve prolapse with CRBBB + LAFB and PAF.
- Echocardiographic diagnosis: telesystolic prolapse with mild escape. EF: 73%.
- **ECG diagnosis:** HR: 77 bpm, P wave of difficult visualization in the frontal plane; PR: 200 ms; SÂQRS  $-70^{\circ}$ ; QRSD: 150 ms; Rs from V<sub>2</sub> to V<sub>6</sub>.
- **Conclusion:** CRBBB + LAFB + prominent anterior forces (PAF). The difficult visualization of P wave in the FP may point out a certain degree of fibrosis in the atrial wall (sinoventricular conduction).



### **Complete Right Bundle Branch Block associated to Left Posterior Fascicular Block: CRBBB + LPFB**


# **RBBB** associated to LPFB - Etiologies

This association is very unusual and its diagnosis can only be clinico-electrocardiographic. Absence of vertical heart of asthenic biotype, and clinical situations that condition RVE, such as pulmonary hypertension either primary or secondary, and lateral wall myocardial infarction.

**A)** Lenègre disease: in elderly patients, without apparent heart disease, maybe it should be attributed to this entity (only if possible later diagnosis shows it). The patients older than 60 years, present more frequent association with complete RBBB.

**B)** Aortic Valve Sclerosis: it is interesting to point out as etiologic factor, the aortic insufficiency attributed to the mechanical effect of regurgitation in jet, on the posterior portion of the left septum in the LV inflow tract; a site where the large-sized fascicle of the left branch occurs (LPF);

**C)** Coronary Insufficiency: frequently complicating inferior infarction. In the first world, this is the most frequent cause.

Acute post-infarction is found in 0.8% of the cases, and always involving a great extension of the septum, RB and LPF injury, and three-artery or RCA involvement;

**D)** Cardiomyopathy: it is found with relative frequency in our area, in chronic chagasic heart disease, particularly in patients younger than 40 years.

Etiological considerations of CRBBB associated to LPFB. Its rareness is highlighted, and the need for a clinico-electrocardiographic diagnosis.

# **RBBB** associated to LPFB: Etiologies – ECG criteria

It is characterized by the typical pattern of RBBB in precordial leads and SÂQRS deviation around +120° in the frontal plane (between +90° and  $\pm$  180°).

- PRi interval: frequently prolonged (>200 ms). If PRi is associated to RBBB (60 to 70% of the cases) and LAFB, it indicates trifascicular block: ARBBB + LAFB + incomplete LPFB;
- 2) QRS duration of 120 ms or more;
- Pattern of RBBB with SÂQRS shifted to the right near +120° in absence of vertical heart, any clinical condition that may cause RVE and lateral infarction;
- 4) I and aVL, rS and inferior leads of the qR type; q is obligatory in III and aVF;
- 5) R wave of III greater than R wave of II;
- 6) Notch in descending ramp of R wave in inferior leads;
- 7) Right precordial leads with rsr', rsR pattern; R with notch similar to M;
- 8) Broad S wave in left leads with a duration greater than 40 ms;
- 9) S wave of broad left leads with a duration in adults greater than 40 ms;
- 10) Intrinsicoid deflection in  $V_1$  ("R peak time") when there is complex in M equal or greater than 50 ms and normal in  $V_5$  and  $V_6$  (**Rusconi 1980**);
- Initial forces heading to the left, above and the front, and final forces with the maximal vector heading to the back and below with a middle angle of 152° between both, are considered the most characteristic ones;

# **RBBB** associated to LPFB: Etiologies – VCG criteria

#### **Frontal Plane:**

- 1) Initial vectors with delay, pointing upward and to the left;
- 2) Clockwise rotation;
- 3) More than 40% of the QRS loop, to the right of the Y line (Varriale 1972);
- 4) SÂQRS to the right of  $+90^{\circ}$ ;
- 5) Final vectors with delay, always to the right.

#### **Horizontal Plane:**

- 1) Initial vectors to the front and the left; clockwise rotation;
- 2) Rotation in eight (Cabrera type or Kennedy type II) or clockwise rotation (type III of Kennedy);
- 3) Maximal vector heading to the right;
- 4) Terminal appendage with delay to the right and to the front.

Name: VFD; Date: 08/02/1995; Age: 45 y.o.; Number: 538; Gender: F; Race: W.; Weight: 65 Kg; Height: 1.65 m.; Biotype: athletic; Medication in use: digoxin 0.25 mg, furosemide 40 mg, aldactone 25 mg, enalapril 10 mg 2x D1 **V1** v2 DE Ďэ จี่สั AVR V-4 AVL **V5** AVE V8

Clinical diagnosis: severe aortic failure. ECG diagnosis: first degree AV block + CRBBB + LPFB. Name: VFD; Date: 08/02/1995; Age: 45 y.o.; Number: 538; Sex: F.; Race: W.; Weight: 65 Kg; Height: 1.65 m; Biotype: athletic; Medication in use: Digoxin 0.25 mg, Furosemide 40 mg, Aldactone 25 mg, Enalapril 10 mg 2X



ECG/VCG correlation in the frontal plane of the same case, which shows the characteristics of LPFB associated to CRBBB. The initial vectors heading upward and to the left are highlighted, as well as shift of the axis to the right, RIII > RII and ECD of CRBBB.

### **ECG/VCG correlation in the Horizontal Plane**



ECG/VCG correlation in the horizontal plane, where we see dislocation backward and to the right of the loop, ECD proper of CRBBB, and long PR interval. The loop dislocated to the right and backward is characteristic of CRBBB and LPFB.





Autopsy diagnosis: Lèv disease, sclerosis of the left side of the "cardiac skeleton". This entity along with Lenègre disease is called progressive cardiac conduction defect (Lev-Lènegre).

**ECG diagnosis:** first degree AV block (PR 35 ms) + LPFB + CRBBB: possible trifascicular block. Digitalis effect. Surface ECG cannot provide accuracy for the topography of the block. To consider it trifascicular, the block should be found below the His bundle. An electrophysiology study is necessary for this.

ECG of an elderly lady, 85 years old, carrier of Lèv disease with 1st degree AV block, LPFB and CRBBB. Repolarization is observed with the shape of a "spoon" suggesting digitalis effect.

# **Masquerading Right Bundle Branch Block concept**

- We know today that the ECG complex coined since Richman as "masquerading bundle-branch block"(**Richman 1954**) is essentially a complete RBBB and high degree LAFB, with further modifications of the initial and final QRS vectors, so that standard leads, and at times the left precordial leads, resemble left bundle branch block (**Schamroth 1975**).
- Masquerading BBB is not a specific entity but is an electrocardiographic complex; the result of RBBB with varying combinations of LAFB, intramural left ventricular block, left ventricular enlargement/hypertrophy and anterior myocardial infarction or fibrosis.
- Since the pioneer Rosenbaum's et al studies (**Rosenbaum 1968; Rosenbaum 1973**) we know two ECG types of "Masquerading" Bundle-Branch Block. There is a third type that is the association of both:

- *I. The "Standard Type" or Standard Masquerading Bundle-Branch Block:* consisting of the pattern of left bundle-branch block (LBBB) in the limb leads and right bundle-branch block (RBBB) in the unipolar precordial leads.
- II. The "Precordial Type" or Precordial Masquerading Bundle-Branch Block
- III. The Standard and Precordial Masquerading Bundle-Branch Block in Association.

### I. The "standard type" (standard masquerading right bundle-branch block)

In *standard masquerading right bundle-branch block* the presence of a high degree left anterior fascicular block (LAFB) obscured totally or partially the diagnosis of right bundle branch block (RBBB) only in the frontal plane by abolishing (or it becomes very small) the final broad S wave in the leads I and aVL (Ortega-Carnicer 1986). Consequently, the limb leads may resemble left bundle branch-block (LBBB) although the precordial ECG remains typical for CRBBB. The precordial leads reflect the feature of RBBB. Figure 2

### Conditions necessary for the presence of standard masquerading right bundle branch block

- 1. High degree of left anterior fascicular block
- 2. Right Bundle-Branch Block
- 3. Bilateral bundle-branch lesions of considerable intensity, which do not completely disrupt the continuity of the branches (**Unger 1958**)
- 4. Left Ventricular Enlargement or Hypertrophy (LVE/LVH) and marked biventricular hypertrophy
- 5. Localized block in the left ventricle.
- 6. Frequent severe fibrosis, or truly massive myocardial infarction mainly in anterior wall.

#### Etiologies

- 1) Coronary heart disease
- 2) Long standing systemic hypertension
- 3) Cardiomyopathy. E.g. Chronic Chagasic myocarditis
- 4) Lev's disease
- 5) Association of the previous ones.

#### **Prognosis:** always poor.

### **Example of** Standard Masquerading Right Bundle-branch Block



Extreme QRS left axis deviation (SÂQRS -50°), SIII>SII: LAFB. The limb leads show LBBB-like pattern, but the precordial leads show RBBB. SIII >15 mm: Type IV Rosenbaum LAFB: association of LAFB + LVE or LVH.

# Symptomatic elderly man (syncope) with critical coronary obstruction on LAD treated 6 months ago with stent implantation and current dynamic dromotropic disorder on his successive ECGs

- Patient of 67 years carrying Coronary Artery Disease (CAD), with the antecedent of stent implantation on the
- LAD artery 6 months ago.
- The first ECG was performed on admission at 02,10.14, 08:21' AM.
- The second one was recorded shortly after the syncopal episode occurred approximately two hours after admission (02.10.14, 10:38').
- The 24 h Holter monitoring revealed intermittent LBBB pattern.
- The electrophysiology study (EPS) revealed HV interval prolongation = 84 ms (normal 55 ms). Concomitantly, the AH interval also was prolonged.

Raimundo & Andrés

### ECG1=02-10-14 08:21' Admission



**ECG diagnosis**: Standard Masquerading Right Bundle-Branch Block + LAFB + LSFB + prolonged PR interval: probable claudication of posteroinferior fascicle suggesting tretrafascicular block. Why? See next slide.



In *standard masquerading right bundle-branch block* the presence of a high degree LAFB obscured totally or partially the diagnosis of RBBB only in the FP by abolishing (or it becomes very small) the final broad S wave in the leads I and aVL. Consequently, these limb leads may resemble LBBB although the precordial ECG remains typical for CRBBB.





### ECG2= 02-10-14 10:38'





V1: qR pattern. RBBB with septal myocardial infarction.

**V1-V2:** qR pattern. Increased intrinsicoid deflection of V<sub>1</sub> and V<sub>2</sub>, R wave "in crescendo", R wave voltage of V<sub>1</sub>  $\ge$  5 mm, small q wave in V2 or V1 and V2, R wave of V2 > 15 mm, absence of q wave in V5, V6 and I (by absence of the first septal vector 1<sub>AM</sub>): Left Septal Fascicular Block.

ECG 2: Long II suggests type I AV block (Wenkebach): progressive PR prolongation



# **Conclusions:**

- 1. First degree AV block;
- 2. Second degree AV block Mobitz type I (Wenkebach) in the second ECG and pseudo 2:1 2nd degree AV block?
- 3. LAFB: extreme left axis deviation SIII > SII;
- 4. LSFB: qR pattern. Increased intrinsicoid deflection of V<sub>1</sub> and V<sub>2</sub>, R wave "in crescendo", R wave voltage of V<sub>1</sub>  $\geq$  5 mm, small q wave in V2 or V1 and V2, R wave of V2 > 15 mm, absence of q wave in V5, V6 and I (by absence of the first septal vector 1<sub>AM</sub>).
- 5. Standard masquerading RBBB
- 6. RBBB with septal MI: qR pattern in V1
- 7. First degree AV block + bifascicular left fascicular block + RBBB = tetrafascicular block (this is a new nomenclature used by us.)
- 8. LBBB on Holter monitoring is indicative of alternanting BBB, such as the following next three slides.
- EPS study shows HV and AH prolongation and transient LBBB pattern in Holter monitoring.

# The four main developmental ECG patterns of standard masqueranding type

	aVL	Ι	II	III
1. Uncomplicated LAFB: QRS duration <120 ms	qR	qR	rS	Rs (SIII>SII)
2. LAFB with CRBBB: QRS duration $\geq 120 \text{ ms}$	qRS	qRS	rS with notch on ascending ramp of S	Rs with notch on ascending ramp of S
3. LAFB with CRBBB and diminution of the final QRS vector. QRS duration≥120 ms	qR	qR	rS	rS
4. LAFB with CRBBB and diminution of the final QRS vector and diminution of the initial QRS vector.	R	R	QS	QS



Acute extensive anterior myocardial infarction associated with standard masquerading bundle branch block: LAFB associated with RBBB. Extreme QRS left axis deviation (SÂQRS -70°), SIII>SII: LAFB. The limb leads show an atypical LBBB-like pattern (isolated r wave in I and aVL), but the right precordial leads show a RBBB.

#### II. The precordial type (precordial masquerading right bundle-branch block)

This type shows the pattern of CRBBB in the right precordial leads and complete left branch block pattern (CLBBB) in the left-side precordial leads. This results from CRBBB associated with severe left ventricular hypertrophy/enlargement (LVH/LVE), a localized block in the anterolateral wall of the left ventricle often due to myocardial infarction, and usually LAFB. Presumably, the intramural left ventricular block, together with the LVH or the LAFB, or both, produce predominant leftward forces which tend to cancel out the late rightward forces of the RBBB in the left precordial leads. Finally, masquerading bundle-branch block can be associated with severe and diffuse conduction system disease, and patients with this finding may require permanent pacemaker implantation, especially if they are symptomatic (Kowey 1989).



#### III. The Standard and Precordial masquerading bundle-branch block in association

In this case the limb leads show an apparent Left bundle-branch block pattern with extreme left axis deviation (LAFB) and the precordial leads exhibit the pattern of CRBBB in the right precordial leads and LBBB pattern in left precordial leads V5-V6. Additionally, an abnormal Q waves are frequently present in the right precordial leads



# Case report

RMC female patient, 36 years old, Caucasian, married, housewife, basic education, born and raised in Cametá, Pará (PA) Brazil.

Main complaint: tiredness on mild exertion and leg swelling for four months.

For the past four months she began displaying symptoms of chest discomfort not related to exertion, epigastric pain and fatigue with great efforts initially, progressing rapidly to moderate and slight, followed by the appearance of swelling in the legs and abdomen. One day before the consultation she had been notified by the municipality sanitary authorities as a carrier of Chagas disease and due to complaints was referred to the local tertiary referral Hospital for cardiological evaluation.

At the time when seeking medical attention she was diagnosed with congestive heart failure and treated with association of furosemide 80mg/daily, spironolactone 25 mg, enalapril maleate 20 mg 2 x daily, and carvedilol 25 mg 2 x day. Enalapril maleate was suspended in a few days due to presenting very low blood pressure. At the time of consultation the patient was in New York Heart Association (NYHA) functional class III even on optimized medication. (Marked limitation in activity due to symptoms, even during less-than-ordinary activity, e.g. walking short distances (20–100 m). Comfortable only at rest.)

Personal history: denied hypertension, diabetes mellitus, dylipidemia, smoking, or any other addiction.

Family history: Nothing of note.

**Epidemiological background:** In spite of residing in an urban area, her house was made of wood and mud roofed and with no backyard. Food habits: red meat, poultry and fish. She frequently ate the "açai" fruit (*Euterpe oleracea*) bought in street booths.

# **Physical Examination**

**Vital signs:** blood pressure 84/56 mmHg, heart rate 96 bpm, dyspnea at rest +++/4, no fever, pale skin and mucous membranes ++/4, acyanotic.

Neck: Distended neck veins, JVD to 12 cm. Carotid arteries without bruits.

Lungs: pulmonary auscultation: bilateral vesicular murmur. Absence of adventitial sounds.

**Heart:** visible and palpable ictus cordis in the sixth intercostal space on anterior axillary line, not covered with two fingertips. Arrhythmic heart sounds, holosystolic murmur Grade 3/6 in mitral focus, radiated to the armpit; protodiastolic murmur audible in the aortic and accessory aortic focus. Systolic murmur of tricuspid regurgitation and third heart sound with gallop cadence.

**Abdomen:** Liver palpable five centimeters below right costal margin and slightly tender. HJR+. Non-tender to palpation, +Bowel sounds 4 quadrants.

**Limbs:** 4+ pitting edema of lower limbs up to the knees. Nail beds minimally cyanotic, no clubbing. Pulses present, arrhythmic and filiform.

### Positive Chagas antibody tests

ECG

### Figure 1

**Echo:** significant increase in diameter of the left ventricle and left atrium, severe diffuse hypokinesis, significant degree of mitral regurgitation, mild aortic reflux, minimal pericardial effusion and pulmonary artery systolic pressure estimated at 56 mmHg

**Holter Monitoring:** 676 polymorphic PVCs, short non-sustained VT, 359 supraventricular premature contractions and wide permanent QRS complexes duration.

**Management:** Optimization of medication and repetition of Doppler echocardiogram, which revealed a thrombus in the apex of the left ventricle without change in other parameters. The anticoagulant warfarin 5mg/ day was added.

**Evolution:** Refractory Cardiac heart failure with anasarca, jaundice, low output and death from ventricular arrhythmias within a few days.

Figure 1. Which is the ECG diagnosis?





# Hypothetical ventricular activation in FP



#### P wave, PR interval and QRS complex duration





*R-peak time, ventricular activation time (VAT) or Intrinsicoid deflection in aVL*  $\geq$  45 ms



Impossible CRBBB diagnosis in the right precordial leads.

Preserved first vector. Low septal fibrosis and in free lateral wall

- 1. Association of P axis in  $0^{\circ}$  in the FP with P axis to the front (left anterior quadrant) in HP = biatrial enlargement.
- 2. Significant negative final P wave component in V1+ positive 1 mm; P wave in V3 is suggestive of biatrial enlargement







LA2/: final deep and slow component: LAE ≥ the area of one small square; the final minus portion indicates left atrial enlargement, abnormality, or advanced interatrial block

# **Complete RBBB complicated with low septum and free wall extensive fibrosis**





# ECG analysis. Figure 1

**Rhythm:** Sinus rhythm

Heart rate: 82 bpm.

**P wave:** P axis near 0° (LAE), P duration = 100 ms, notched P wave in II and peaked P wave in V3 (RAE) = Suggestive of biatrial enlargement?

PR interval: 170 ms. Normal.

**QRS axis:** axis -60° Extreme left axis deviation. QRS duration (QRSd) = 240 ms very broad.

**QRS voltage:** Low QRS voltage complexes in the frontal plane (FP); no wave exceeds 5 mm (one large square or 5 small squares, vertically). In the FP it is considered low voltage. In the horizontal plane no wave exceeds 10 mm: QRS low voltage in both planes. Why? Consequence of severe universal fibrosis.

Left Anterior Fascicular Block (LAFB): QRS axis -60°, isodiphasic QRS complexes in aVR (QRS perpendicular to aVR), negative QRS complexes in inferior leads with rS pattern, r III > r II, SIII > SII, and qR pattern in I and aVL, prolonged R peak time.

Electrically inactive low and inferior septum with lateral wall extension (Low R voltage waves V5-V6).

*Standard Masquerading Right Bundle Branch Block.* This is an atypical form of RBBB with LAFB where S wave in I and aVL becomes very small or disappears, the limb leads may resemble LBBB.

In other words, LAFB obscured totally the diagnosis of CRBBB only in the FP by abolishing the broad S final wave in left standard leads I and aVL.

In the unipolar anterior precordial wall leads from V1 to V4, as a consequence of low septum anterior electrically inactive area, the Complete RBBB is almost totally hidden and is reflected by a Rs, QS or Qr pattern in these leads. The presence of Complete RBBB could be recorded with the high right-sided chest leads (Sclarovsky 1979). The final wide S waves in left precordial leads show the presence of Complete RBBB.

# **CRBBB** associated to SFB





Name: AB; Date: 07/10/1988; Age: 45 y.o.; Gender: M.; Race: W; Weight: 70 Kg; Height: 1.70 m.; Biotype: athletic; Medication in use: nothing stated.

Clinical diagnosis: chronic chagasic cardiomyopathy, dromotropic form.

**ECG diagnosis:** CRBBB + SFB = bifascicular block. Sinus Rhythm; HR: 79 bpm; P WAVE: SÂP close to 0° and to the front; PR interval: 170 ms; SÂQRS: perpendicular to the frontal plane, duration: 220 ms, morphology: broad S from I and aVL, qR from V<sub>1</sub> to V<sub>3</sub> with peaked R waves and without the plateau proper of CRBBB. Broad descending limb of V<sub>2</sub> and V<sub>3</sub>. Intrinsicoid deflection in V<sub>2</sub> <50% of total duration of QRS. Rs waves from V<sub>4</sub> to V<sub>6</sub>, voltage of R grows from V<sub>1</sub> to V<sub>2</sub> and V<sub>3</sub> and decreases from V<sub>4</sub> to V<sub>6</sub>, absence of q in V<sub>5</sub> and V<sub>6</sub> and s wave a little broadened and with small depth in these leads, as it would be in CRBBB in isolation.



VCG in the three planes, where in the horizontal plane we observe typical CRBBB associated to SFB. Vectors of initial 10 ms pointing backward; loop almost completely located in the left anterior quadrant. The frontal plane shows ECD in the right superior quadrant.
## ECG/VCG correlation in the HP (SFB + CRBBB)



ECG/VCG correlation in the horizontal plane that shows association of CRBBB and SFB: vectors of initial 20 ms heading backward, QRS loop open and rounded of clockwise rotation and predominantly located in the left anterior quadrant. Leads V1, V2 and V3, qR pattern with peaked R waves. Absence of q wave in V5 and V6, voltage of R waves decreasing from V4 to V6 and S waves a little broadened.

**CRBBB** associated to inferior electrically inactive area and LAFB

Name: DS; Sex: Male; Age: 65 yo; Race: White; Weight: 80 Kg; Height: 1.72m; Date: 19/09/1994



**Clinical diagnosis:** Coronary artery insufficiency; myocardial infarction two years ago. **ECG diagnosis:** electrically inactive area in inferior wall: abnormal Q wave (II, III and aVF) associated to Complete RBBB. rsr' in V1 with broad final S wave in left leads.

ECG of patient with coronary artery disease that shows CRBBB and inferior electrically inactive area with extreme deviation of the axis in superior quadrants, indicating the possibility of associated LAFB.

## **ECG/VCG correlation in the Frontal Plane**



ECG/VCG correlation in the frontal plane. The QRS loop shows clockwise initial rotation and final counterclockwise rotation proper of LAFB associated to inferior electrically inactive area and ECD to the right, configuring the triple association of CRBBB + LAFB + inferior electrically inactive area.

## **ECG/VCG correlation in the Horizontal Plane**



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