# DRONEDARONE

# A New Anti-Arrhythmic Drug for the Treatment of Atrial Fibrillation/Atrial Flutter

Dronedarone is approved by the FDA and under EMEA review. All information is provided for scientific purpose exclusively. Multaq no se encuentra comercializado en España.

## Contents

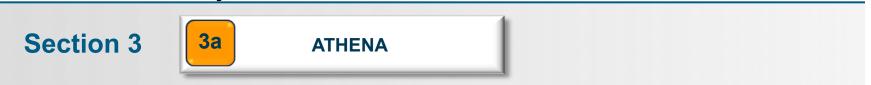
#### **Dronedarone background**



### **Clinical Trial Programme: The Road to ATHENA**

	<b>2</b> a	DAFNE	2b	EURIDIS/ADONIS
Section 2				
	<b>2</b> c	ERATO	2d	ANDROMEDA

#### The ATHENA Study



DRONEDARONE

# Section 1 Dronedarone background





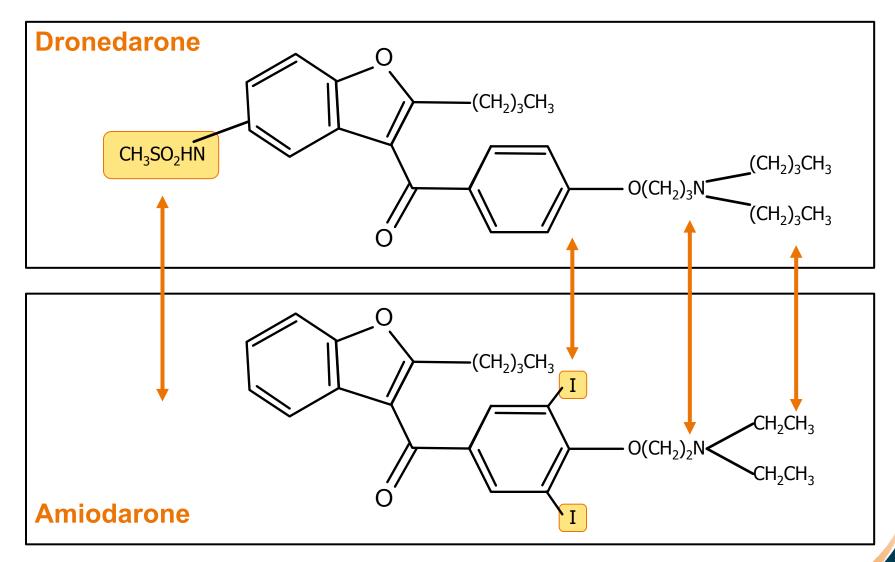
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DRONEDARONE





# Dronedarone has Key Structural Differences to Amiodarone



# **Pharmacological Profile of Dronedarone**

- Absorption
  - 70%-94% absorption in healthy subjects
  - First-pass effect results in absolute bioavailability of ~15%
  - Tmax = 3-5 hours
  - Food increases bioavailability by 2- to 4.5-fold
- Distribution
  - Highly bound (>99%) to human plasma protein (mostly albumin)
  - Mean volume of distribution of 1,440 to 3,440 L (after IV administration)
- Metabolism
  - Extensively metabolized, mainly by CYP3A4
  - Metabolite SR35021 may contribute to the pharmacologic activity of dronedarone (3-10x less potent)
- Excretion and Elimination
  - Major route of excretion is in feces (84%)
  - No unchanged dronedarone is excreted in urine
  - Terminal half-life of dronedarone is 20-40 hours after repeated administration of 400mg BID
  - Steady state reached within 4-8 days

## **Dronedarone is a Multichannel Blocker**

- Dronedarone Possesses Electrophysiologic Characteristics of all Four Vaughan Williams Classes
  - Outward currents
    - Ikr: rapidly activating delayed rectifier potassium current (ventricle)
    - Iks: slowly activating delayed rectifier potassium current (ventricle)
    - Ito: transient outward current
    - Ik(Ach): muscarinic receptor-operated K+ current (atrium)
  - Inward currents
    - Fast sodium currents
    - Calcium channel antagonist

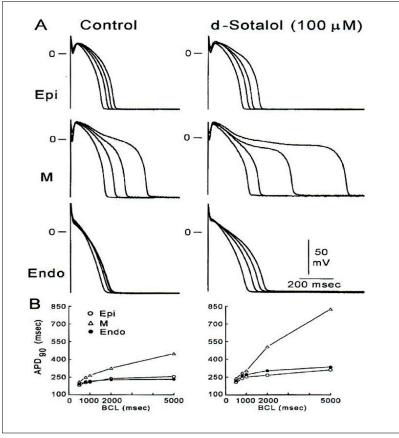
# Dronedarone possesses a very low proarrhythmic profile

- Dronedarone induces a homogenous effect on ventricular repolarisation
- Dronedarone effect on action potential duration shows no reverse-use dependency
- Dronedarone suppresses early after-depolarisation induced by pure class III agents

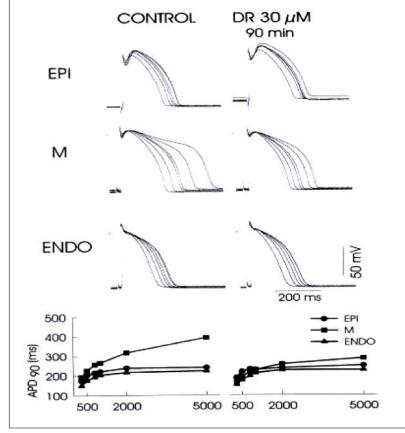
DRONEDARONE

Dronedarone Reduces Transmural Dispersion of Ventricular Repolarization

### Effects of d-sotalol and dronedarone on transmural repolarization of the dog ventricle

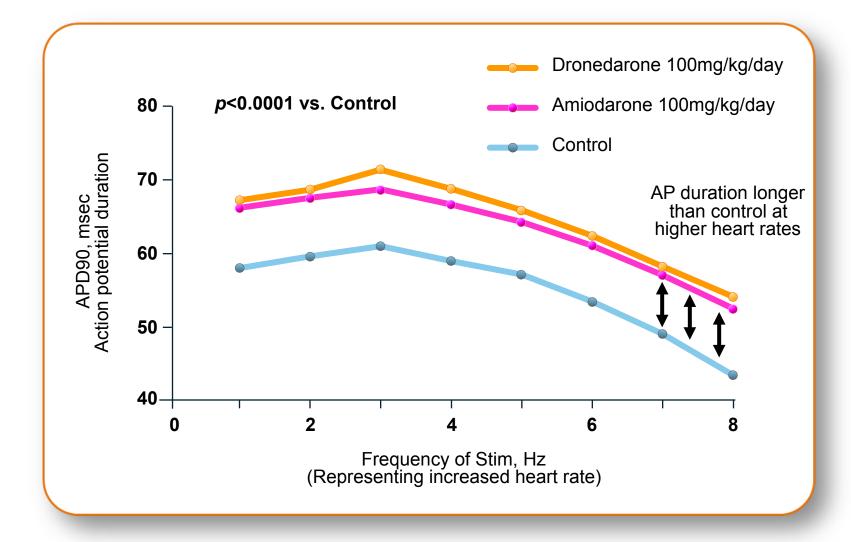


Sicouri S, et al. J Cardiovasc Pharmacol Ther. 1997;2:27-38.



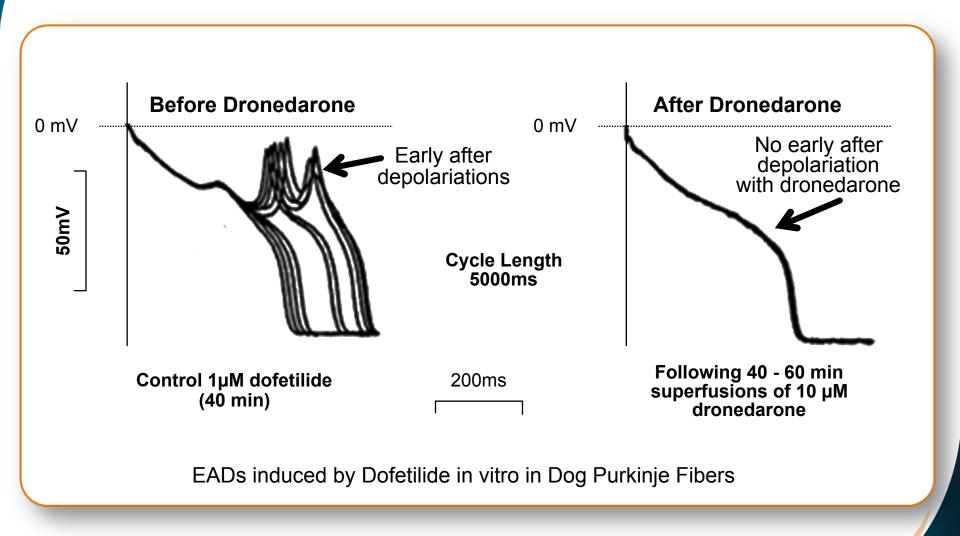
Sicouri S, Fund Clin Pharmacol. 1999;13:72.

#### Dronedarone has a non reverse-use dependent effect on action potential duration

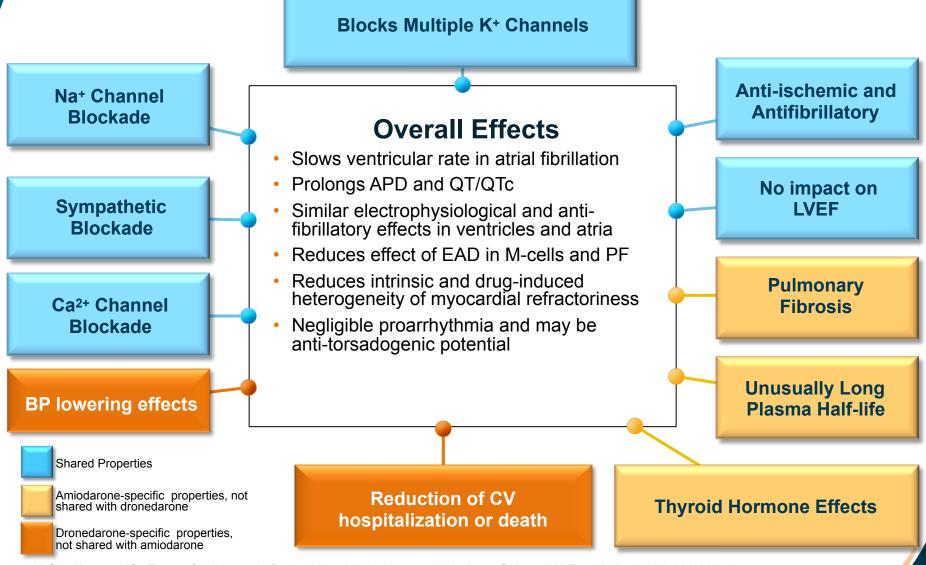


On rabbit atrial APD90 (Action Potential Duration at 90% repolarisation). Sun W, *et al. J Cardiovasc Pharmacol.* May 2002;39(5):677-684.

## **Dronedarone Protects from Early After Depolarisations**



### **Dronedarone Displays Important Differences to Amiodarone**



Doggrell SA, Hancox JC, *Expert Opin Investig Drugs* 2004;13:415-26. Kathofer *et al. Cardiovasc Drug Rev* 2005;23(3):217-30.

Hohnloser SH et al. N Engl J Med 2009;360:668-78.

http://www.fda.gov/

downloads/AdvisoryCommittees/CommitteesMeetingMaterials/Drugs/CardiovascularandRenalDrugsAdvisoryCommittee/UCM134981.pdf Accessed Ju 22nd

## **Dronedarone has Multiple Properties**

- Extensive antiarrhythmic efficacy at atrial and ventricular level<sup>1, 2</sup>
- Rate controlling effects<sup>1</sup>
- Vasodilatory effects<sup>2</sup>
- Anti-adrenergic effects<sup>3</sup>
- Blood pressure lowering properties<sup>4</sup>

1 Gautier P, et al. J Cardiovasc Pharmacol. 2003;41(2):191-202.

2 Hodeige D, et al. European Journal of Pharmacology 1995;279:25-32.

3 Guiraudou P, et al. European Journal of Pharmacology 2004;496:119-127.

4 Hohnloser SH et al. N Engl J Med 2009;360:668-78.

DRONEDARONE

# **Dronedarone background**





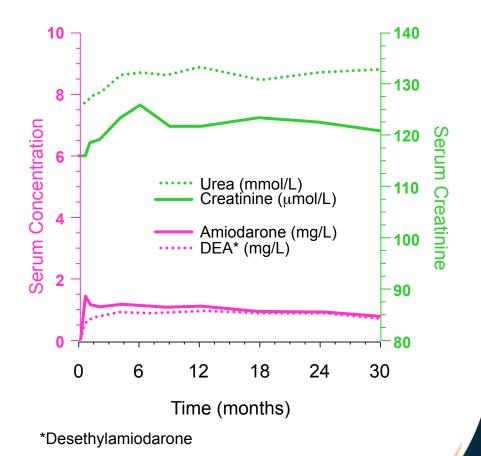
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Inhibition of Creatinine Secretion by Dronedarone is Not Indicative of Renal Toxicity

- Study PDY5487 Showed that Dronedarone inhibits the secretion of creatinine at the tubular level in the kidneys, but is not indicative of renal toxicity<sup>1</sup>
- This effect results in mild increase in serum creatinine levels within first 2 weeks of treatment<sup>1</sup>
  - Mean range of serum creatinine increase of 10% to 15%
  - Appears to be fully reversible after dronedarone withdrawal
- Does not interfere with renal function<sup>1</sup>
  - Dronedarone has been proven not to decrease inulin clearance, a reliable marker of renal function
- Dronedarone's effect on creatinine is similar to that seen with amiodarone<sup>2</sup>

# **Amiodarone Effects on Creatinine Levels**

- Renal function data in patients receiving amiodarone
  - 30 months duration
  - n=65
- Slow increase in serum creatinine
  - 11% above baseline at 6 months (p<0.001)</li>
- Increase in urea
  - 18% above baseline at 12 months (p<0.001)</li>
- Decline in uric acid
- No further changes beyond first year of therapy



Pollak P. Clin Pharma Ther. 2004;75(2):5 Pollak P. Br J Clin Pharmacol. 1993 Aug;36(2):125-7 Tschuppert et al. Br J Clin Pharmacol. 2007;64(4):785-91

## **Dronedarone Background Summary**

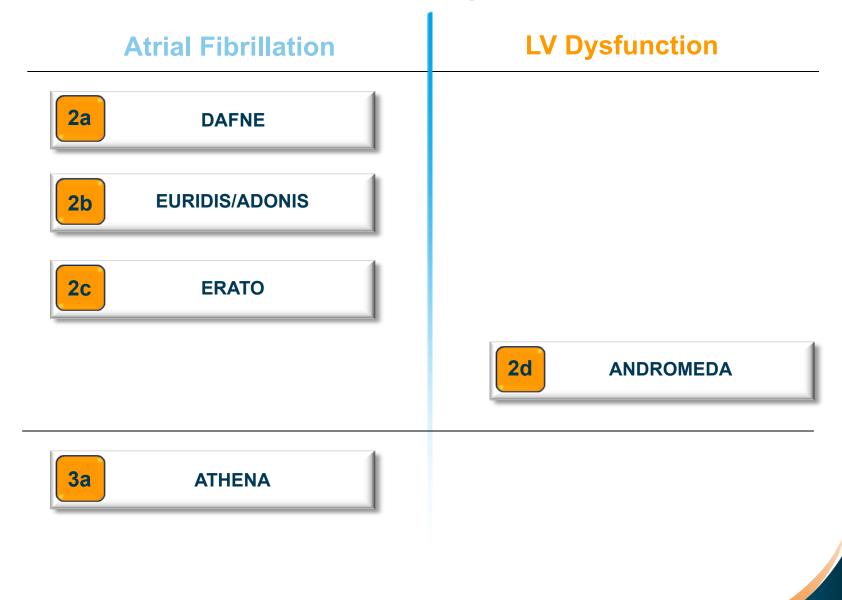
- Dronedarone is a multichannel blocker that possesses electrophysiological characteristics of all four Vaughan Williams classes
- Dronedarone and amiodarone have similar EP profile characterised by a low proarrhythmic effect
- However, dronedarone has key structural differences to amiodarone that may be responsible for its improved clinical profile
- Dronedarone exhibits multiple potentially beneficial properties beyond ion channel inhibition
- Dronedarone inhibits the secretion of creatinine at the tubular level in the kidneys, which is not indicative of renal toxicity

DRONEDARONE

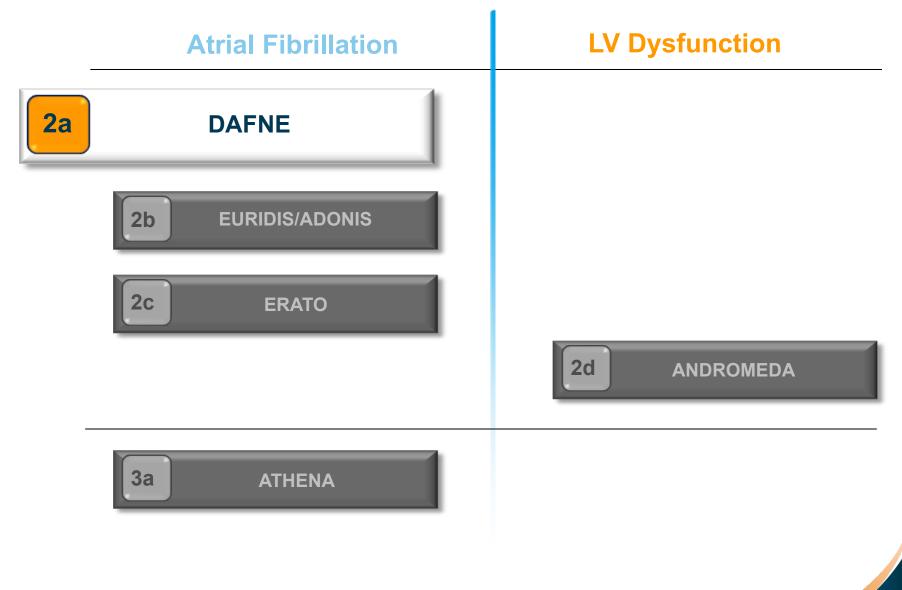
# **Dronedarone Clinical Trial Programme**

#### DRONEDARONE

### **Dronedarone Clinical Trial Programme**



# **Clinical Trial Programme**



# DAFNE

Dronedarone Atrial FibrillatioN Study After Electrical Cardioversion

# Objective

 DAFNE aimed to determine the most appropriate dose of dronedarone for preventing recurrence of AF after cardioversion in patients with persistent AF

# **Study Endpoints**

### Primary endpoint

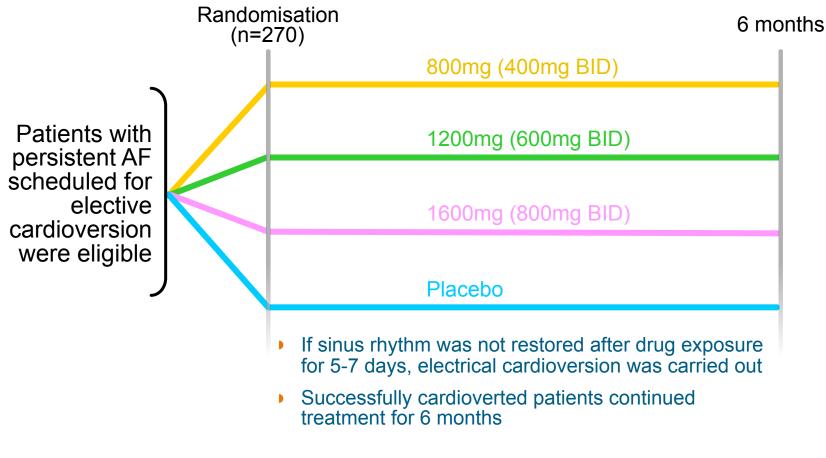
- Time to first AF recurrence (episode lasting for at least 10 min and documented by two distinct ECGs)
- Secondary study endpoints
  - Spontaneous conversion of AF following randomisation
  - Heart rate in case of AF recurrence
  - Incidence of side effects

## **Inclusion and Exclusion Criteria**

Inclusion criteria	Exclusion criteria
Men & women aged 21-85 years	>2 cardioversions in the last six months
Persistent AF (between 72h and	<ul> <li>Acute reversible cause</li> </ul>
12 months duration)	Atrial flutter as the presenting arrhythmia
<ul> <li>AF could be lone or associated with ischemic or hypertensive heart disease</li> </ul>	<ul> <li>Unstable angina pectoris or recent myocardial infarction</li> </ul>
<ul><li>or dilated cardiomyopathy</li><li>Coexisting valvular anomaly did not</li></ul>	<ul> <li>QT interval &gt;500 msec, or history of torsades de pointes</li> </ul>
preclude inclusion except for those	<ul> <li>Severe bradycardia</li> </ul>
patients with hemodynamically	<ul> <li>Advanced atrioventricular block</li> </ul>
significant dysfunction at echocardiography	Treatment with other antiarrhythmic drugs
	Congestive heart failure class III or IV
	Left ventricular ejection fraction <35%
	Wolff-Parkinson-White syndrome
	Implanted cardioverter defibrillator

Implanted cardioverter defibrillator

# **Study design**



### A prospective, randomised study conducted in 50 centres in 11 countries

#### DAFNE

### **Baseline Patient Characteristics**

	Placebo n=48	DR 800mg n=54	DR 1200mg n=54	DR 1600mg n=43
Age (years)	65	64	63	62
Male sex (%)	79	57	70	67
Hypertension (%)	56	51	50	44
CAD <sup>1</sup>	27	20	18	20
Valve disease (%)	50	35	31	37
Heart Failure (%)	22	14	24	11
AF <sup>2</sup> duration (days)	82	122	92	108
Recurrent AF <sup>2</sup> (%)	65	50	64	54
LA <sup>3</sup> size (mm)	46	44	45	45
LVEF <sup>4</sup> (%)	56	55	53	54

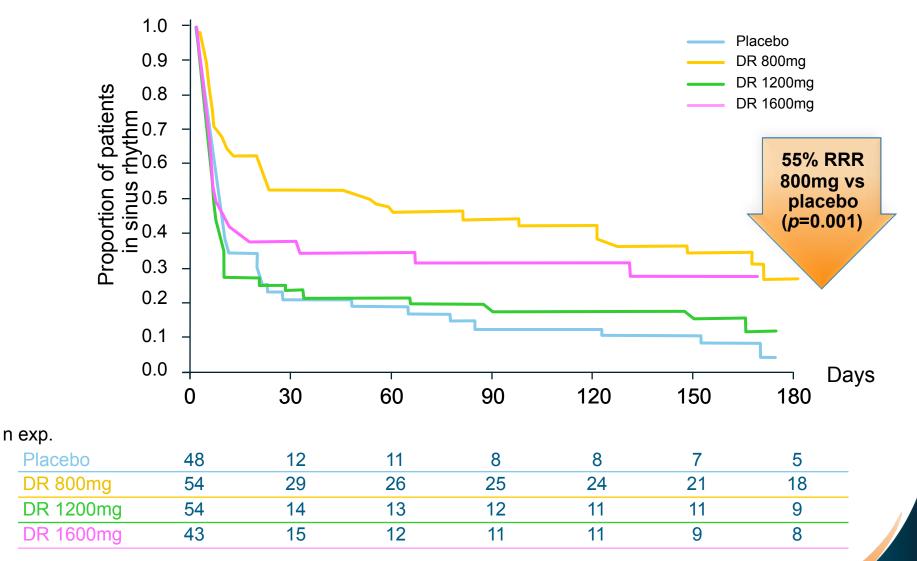
Touboul P, et al. Eur Heart J. 2003;24:1481-7.

1 CAD: Coronary Artery Disease 2 AF: Atrial Fibrillation

3 LA: Left Atrium

4 LVEF: Left Ventricular Ejection Fraction

#### Dronedarone 400mg bid Significantly Prolonged Time to First AF Recurrence



DAFNE

# Dronedarone 400mg bid was Well-Tolerated with No Incidence of Proarrhythmic Events and No Evidence of Organ Toxicity

Adverse Events leading to drug discontinuation	Placebo n=66	DR 800mg n=76	DR 1200mg n=66	DR 1600mg n=62	Dronedarone n=204
Total	0 (0.0)	3 (3.9)	5 (7.6)	14 (22.6)	22 (10.8)
Gastrointestinal <sup>1</sup>	0 (0.0)	1 (1.3)	1 (1.5)	7 (11.3)	9 (4.4)
General disorders <sup>2</sup>	0 (0.0)	0 (0.0)	1 (1.5)	4 (6.5)	5 (2.5)
Cardiac failure	0 (0.0)	0 (0.0)	1 (1.5)	1 (1.6)	2 (1.0)
Central Nervous System (dizziness)	0 (0.0)	1 (1.3)	0 (0.0)	1 (1.6)	2 (1.0)
Dermatology	0 (0.0)	1 (1.3)	0 (0.0)	1 (1.6)	2 (1.0)
Extrasystoles	0 (0.0)	0 (0.0)	1 (1.5)	0 (0.0)	1 (0.5)
QT increase	0 (0.0)	0 (0.0)	0 (0.0)	1 (1.6)	1 (0.5)
Tachycardia supraventricular	0 (0.0)	0 (0.0)	1 (1.5)	0 (0.0)	1 (0.5)
Thrombosis	0 (0.0)	1 (1.3)	0 (0.0)	0 (0.0)	1 (0.5)

1 Gastrointestinal disorders include diarrhea, vomiting, nausea and gastroenteritis.

2 General disorders include malaise, accidental injury, anaphylactic shock and weight decrease.

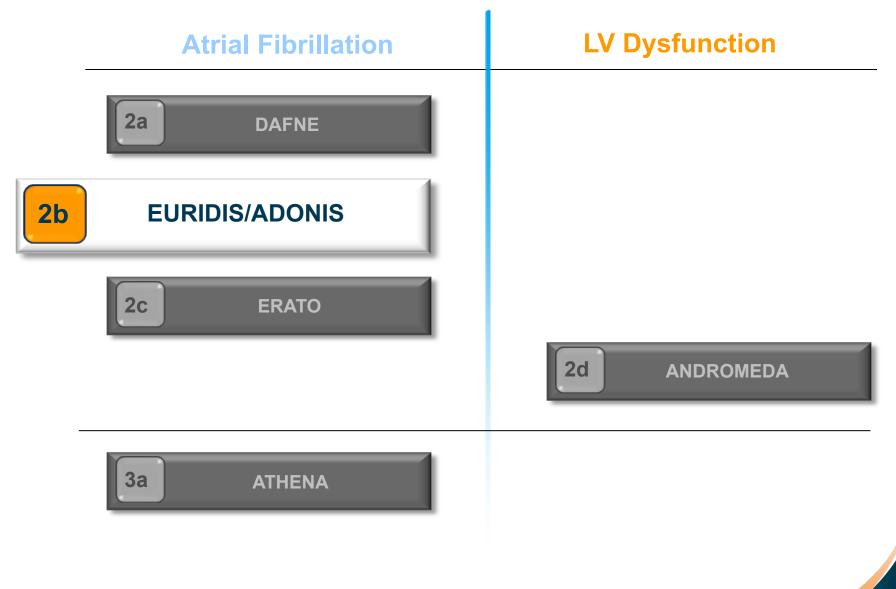
Touboul P, et al. Eur Heart J. 2003;24:1481-7.

DAFNE

## Conclusions

- DAFNE was the first prospective randomised trial to evaluate the efficacy and safety of dronedarone in patients undergoing cardioversion for persistent AF
- The results demonstrated that dronedarone at a dose of 400mg bid significantly increases the time to first AF recurrence when compared to placebo
- At this dose, the drug was well tolerated and proved to be safe during short-term exposure
  - No thyroid abnormalities
  - No proarrhythmia
- Based on these promising results, dronedarone 400mg bid was chosen to be further explored in the phase III EURIDIS/ ADONIS trials

# **Clinical Trial Programme**





**EUR**opean Trial In Atrial Fibrillation or Flutter Patients Receiving Dronedarone for the MaIntenance of Sinus Rhythm

# ADONIS

American-Australian-African Trial with DronedarONe In Atrial Fibrillation or Flutter Patients for the Maintenance of Sinus Rhythm



# **Objective**

 EURIDIS and ADONIS investigated whether dronedarone is superior to placebo on top of standard therapy\* for maintaining sinus rhythm after electrical, pharmacologic, or spontaneous conversion from atrial fibrillation or atrial flutter

\* Standard therapy may have included rate control agents (beta-blockers, and/or Ca-antagonists and/or digoxin) and/or anti-thrombotic therapy (oral anticoagulation and/or long-term antiplatelet therapy) and/or other cardiovascular therapy such as ACE inhibitors and statins



# **Study Endpoints**

### Primary endpoint

- Time to first AF/AFL recurrence
  - Episode lasting at least 10 minutes and confirmed by two consecutive recordings taken 10 minutes apart on 12-lead ECG or transtelephonic monitoring
- Secondary endpoints
  - Symptoms related to atrial fibrillation during recordings of 12-lead ECG or transtelephonic monitoring
  - Mean ventricular rate during the first recurrence of AF/AFL

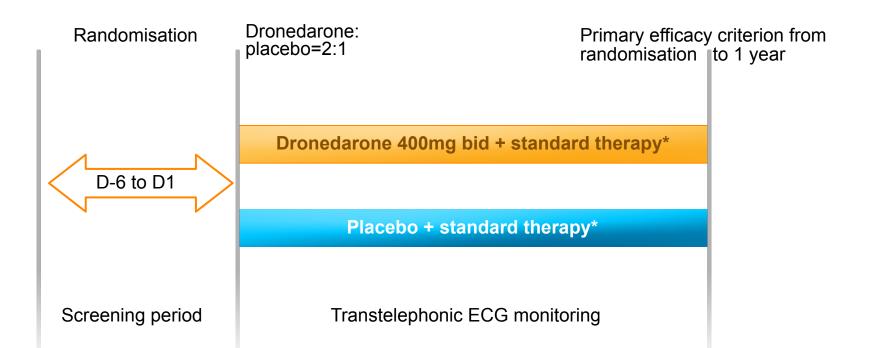


# **Inclusion and Exclusion Criteria**

<ul> <li>Men &amp; women</li> <li>Aged ≥21 years</li> <li>In sinus rhythm for at least 1 hour at time of randomisation</li> <li>Paroxysmal or persistent AF (At least one ECG–documented AF/ AFL episode in last 3 months)</li> <li>Patients with a PR interval of 0.28 second or more</li> <li>Second degree (or higher) atrioventricular block</li> <li>Patients who were taking class I or III</li> </ul>	Inclusion criteria	Exclusion criteria
Patients with NYHA class III or IV CHF	<ul> <li>Men &amp; women</li> <li>Aged ≥21 years</li> <li>In sinus rhythm for at least 1 hour at time of randomisation</li> <li>Paroxysmal or persistent AF (At least one ECG–documented AF/</li> </ul>	<ul> <li>(i.e., a duration of at least 12 months)</li> <li>Patients who had had torsades de pointes</li> <li>Patients with persistent bradycardia of less than 50 beats per minute</li> <li>Patients with a PR interval of 0.28 second or more</li> <li>Second degree (or higher) atrioventricular block</li> <li>Patients who were taking class I or III antiarrhythmic agents</li> </ul>



# **Study Design**



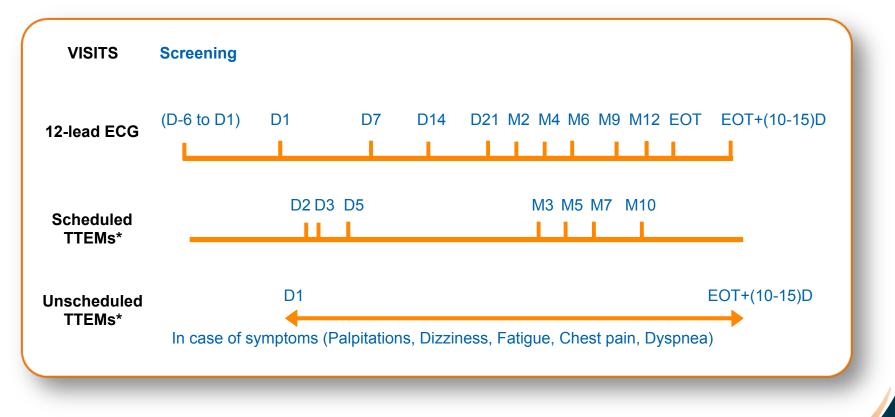
- The EURIDIS trial was carried out in 12 European countries, involving 80 clinical trial study sites
- ADONIS was carried out in 115 centres in 5 countries across 4 continents

\* Standard therapy may have included rate control agents (beta-blockers, and/or Ca-antagonists and/ or digoxin) and/or anti-thrombotic therapy (oral anticoagulation and/or long-term antiplatelet therapy) and/or other cardiovascular therapy such as ACE inhibitors and statins. Singh BN, *et al.* N Engl J Med. 2007;357:987-99.



## Monitoring of AF/AFL Recurrence was Highly Sensitive

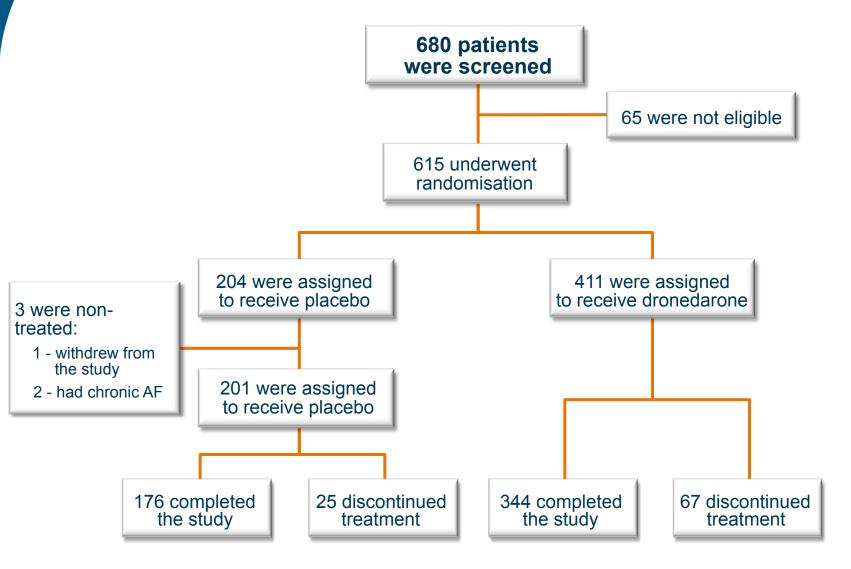
 TTEM\* recording was performed in addition to 12-lead ECG to detect recurrence of atrial fibrillation or atrial flutter at study endpoint



\* TTEM=Trans Telephonic Electrocardiogram Monitoring. Singh BN, *et al. N Engl J Med.* 2007;357:987-99.

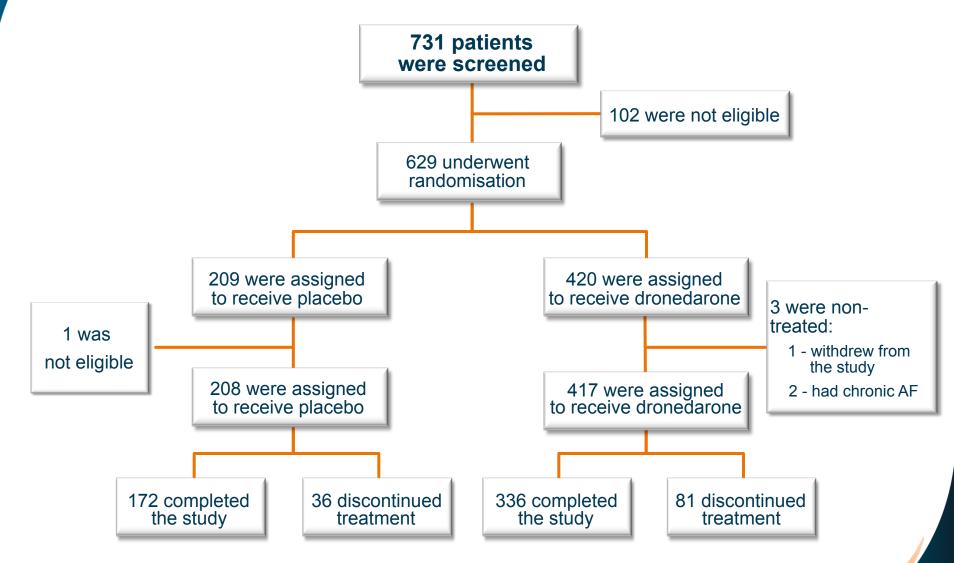


## **EURIDIS Study Flow Chart**





## **ADONIS Study Flow Chart**





#### **Baseline Patient Characteristics**

	EURI Europea			DNIS pean Trial		/ADONIS ed Trials
Characteristic	Placebo n=201	Dronedarone n=411	Placebo n=208	Dronedarone n=417	Placebo n=409	Dronedarone n=828
Sex - no. (%)						
Female	61 (30.3)	126 (30.7)	68 (32.7)	124 (29.7)	129 (31.5)	250 (30.2)
Male	140 (69.67)	285 (69.3)	140 (67.3)	293 (70.3)	280 (68.5)	578 (69.8)
Age (years)	61.3 ±10.7	62.3 ±10	63 ±11.4	64.6 ±11.3	62.2 ±11.1	63.5 ±10.7
Body Mass Inde	x - no. (%)					
<30	143 (73.3)	287 (70.9)	130 (63.7)	251 (61.2)	273 (68.4)	538 (66.0)
≥30	52 (26.7)	118 (29.1)	74 (36.3)	159 (38.8)	126 (31.6)	277 (34.0)
Weight (kg)	86.43 ±14.78	83.84 ±14.4	87.81 ±19.3	88.61 ±19.9	87.14 ±17.2	86.25 ±17.5



#### **Cardiovascular History of Patients**

	EURI Europea			DNIS pean Trial		/ADONIS ed Trials
Characteristic	Placebo n=201	Dronedarone n=411	Placebo n=208	Dronedarone n=417	Placebo n=409	Dronedarone n=828
Structural heart disease	65 (33.3)	149 (36.3)	94 (45.6)	199 (48.5)	159 (39.7)	348 (42.4)
Hypertension	108 (53.7)	255 (62.0)	97 (46.6)	242 (58.0)	205 (50.1)	497 (60.0)
Coronary artery disease	31 (15.4)	91 (22.1)	44 (21.2)	104 (24.9)	75 (18.3)	195 (23.6)
Clinically relevant valvular heart disease	19 (9.5)	50 (12.2)	42 (20.2)	86 (20.6)	61 (14.9)	136 (16.4)
Non-ischemic cardiomyopathy	11 (5.5)	16 (3.9)	19 (9.1)	34 (8.2)	30 (7.3)	50 (6.0)
Hypertrophic cardiomyopathy	8 (4.0)	10 (2.4)	4 (1.9)	13 (3.1)	12 (2.9)	23 (2.8)
Rheumatic heart disease	6 (3.0)	7 (1.7)	8 (3.8)	18 (4.3)	14 (4.3)	25 (3.0)
Congenital heart disease	2 (1.0)	9 (2.2)	1 (0.5)	4 (1.0)	3 (0.7)	13 (1.6)
Implanted Pacemaker	7 (3.5)	33 (8.0)	13 (6.2)	31 (7.4)	20 (4.9)	64 (7.7)
ICD	3 (1.5)	0	2 (1.0)	6 (1.4)	5 (1.2)	6 (0.7)

ICD=Implanted Cardioverter-Defibrillator.

Singh BN, et al. N Engl J Med. 2007;357:987-99.



# **CHF History**

	EURI Europea			DNIS pean Trial		/ADONIS ed Trials
Characteristic	Placebo n=201	Dronedarone n=411	Placebo n=208	Dronedarone n=417	Placebo n=409	Dronedarone n=828
Left ventricular	ejection fractio	n - %				
	59.83 ±9.4	59.57 ±10.2	57.21 ±12.2	57.91 ±11.2	58.5 ±11.0	58.75 ±10.8
Left atrial antero	posterior diam	neter - mm				
	42.7 ±6.7	42.4 ±6.6	42.0 ±6.9	42.9 ±7.4	42.4 ±6.8	42.6 ±7.0
Congestive Hear	rt Failure - no.	(%)				
Any disease	37 (18.4)	65 (15.8)	36 (17.3)	78 (18.7)	73 (17.8)	143 (17.3)
NYHA class l	16 (8.0)	19 (4.6)	10 (4.8)	28 (6.7)	26 (6.4)	47 (5.7)
NYHA class II	21 (10.4)	46 (11.2)	26 (12.5)	50 (12.0)	47 (11.5)	96 (11.6)

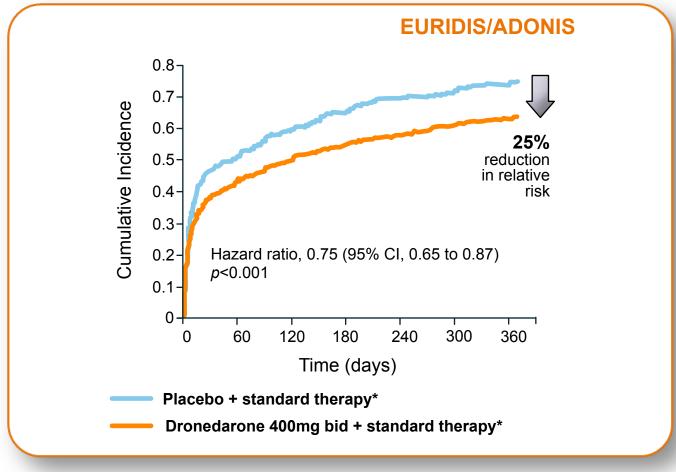


### **Concomitant Medications**

	EURI Europea			ONIS pean Trial		/ADONIS ed Trials
Characteristic	Placebo n=201	Dronedarone n=411	Placebo n=208	Dronedarone n=417	Placebo n=409	Dronedarone n=828
Concomitant carc	liovascular ther	apy no. (%)				
Digoxin	42 (20.9)	51 (12.4)	53 (25.5)	94 (22.5)	95 (23.2)	145 (17.5)
Calcium channel blocker (rate lowering)	23 (11.4)	36 (8.8)	55 (26.4)	103 (24.7)	78 (19.1)	139 (16.8)
Beta-blocker (except sotalol)	124 (61.7)	245 (59.6)	114 (54.8)	208 (49.9)	238 (58.2)	453 (54.7)
Oral anticoagulant	142 (70.6)	273 (66.4)	149 (71.6)	298 (71.5)	291 (71.1)	571 (69.0)
Long term antiplatelet therapy	64 (31.8)	135 (32.8)	88 (42.3)	191 (45.8)	152 (37.2)	326 (39.4)
Statin	52 (25.9)	95 (23.1)	79 (38.0)	168 (40.3)	131 (32.0)	263 (31.8)
ACE inhibitor	79 (39.3)	176 (42.8)	80 (38.5)	151 (36.2)	159 (38.9)	327 (39.5)

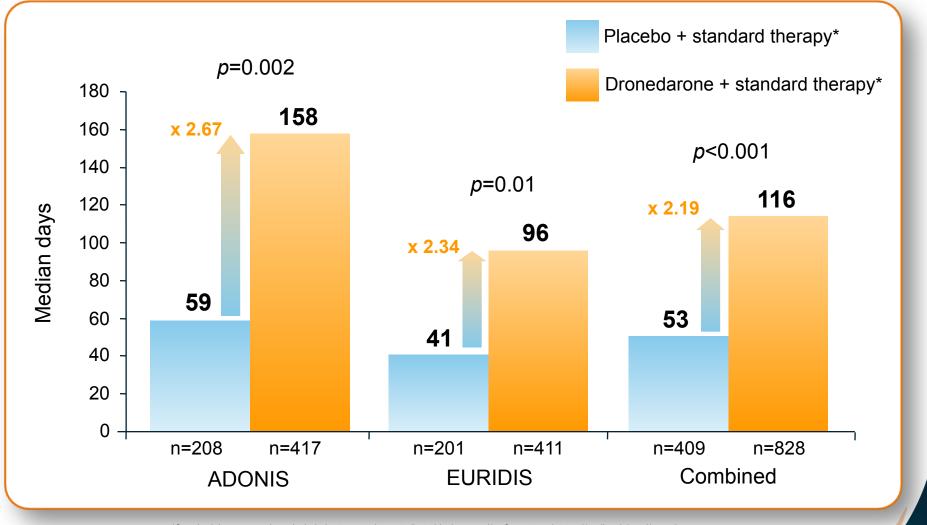
#### EURIDIS ADONIS

#### Dronedarone Showed a Significant Reduction in First AF Recurrence in the Combined Analysis



\*Standard therapy may have included rate control agents (beta-blockers, and/or Ca-antagonists and/or digoxin) and/or antithrombotic therapy (oral anticoagulation and/or long-term antiplatelet therapy) and/or other cardiovascular therapy such as ACE inhibitors and statins.

# Dronedarone More Than Doubled Time to First Recurrence of AF/AFL



\*Standard therapy may have included rate control agents (beta-blockers, and/or Ca-antagonists and/or digoxin) and/or antithrombotic therapy (oral anticoagulation and/or long-term antiplatelet therapy) and/or other cardiovascular therapy such as ACE inhibitors and statins.

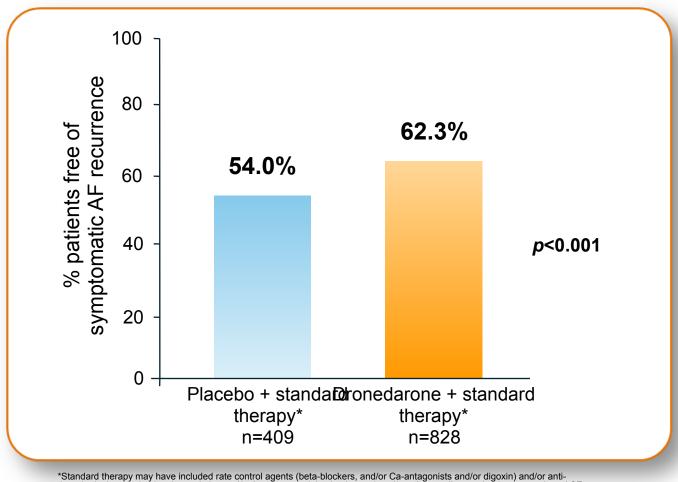


#### Dronedarone Reduced Recurrence of AF/AFL Across Clinically Relevant Patient Subgroups

Subgroup	No. of Patients	Hazard Ratio for Event (95% CI)	Hazard Ratio	<i>p</i> value for interaction
Structural heart disease				0.59
Yes	507	0.79 (0.63-0.99)		
No	714	0.74 (0.62-0.89)		
Hypertension				0.62
Yes	702	0.73 (0.60-0.89)		
No	535	0.79 (0.64-0.97)		
Left atrial diameter				0.10
≤40 mm	465	0.65 (0.51-0.82)		
>40 mm	735	0.83 (0.69-0.99)		
Heart failure criteria met				0.10
Yes	216	0.59 (0.42-0.83)		
No	946	0.81 (0.69-0.95)		
Conversion to sinus rhythm in s	≦5 days			0.87
Yes	364	0.76 (0.59-0.97)		
No	873	0.76 (0.64-0.90)		
Previous use of amiodarone				0.21
Yes	223	0.60 (0.43-0.84)		
No	1014	0.79 (0.67-0.92)		
Previous use of antiarrhythmic	drugs			0.11
Yes	903	0.70 (0.59-0.82)		
No	334	0.92 (0.68-1.25)	<b>—</b> •	
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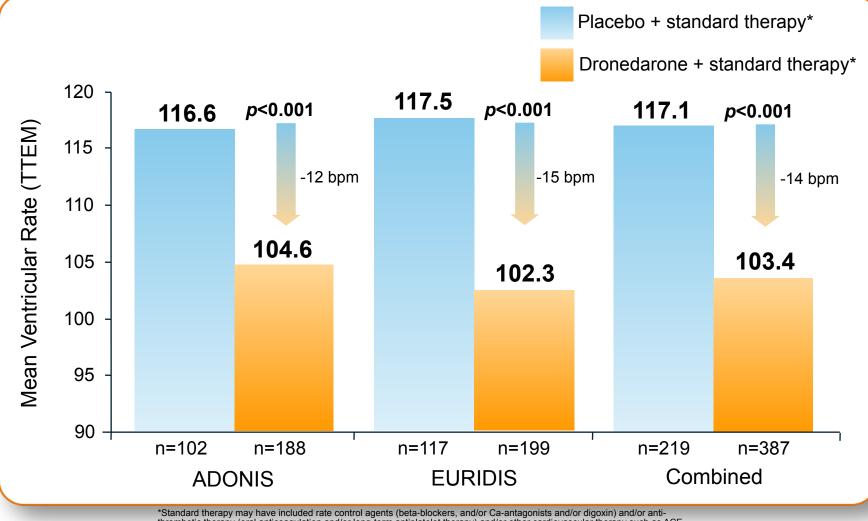
Singh BN, et al. N Engl J Med. 2007;357:987-99.

### More than 6 in 10 Patients on Dronedarone were Free of Symptomatic AF Recurrence at 1 Year



"Standard therapy may have included rate control agents (beta-blockers, and/or Ca-antagonists and/or digoxin) and/or antithrombotic therapy (oral anticoagulation and/or long-term antiplatelet therapy) and/or other cardiovascular therapy such as ACE inhibitors and statins.

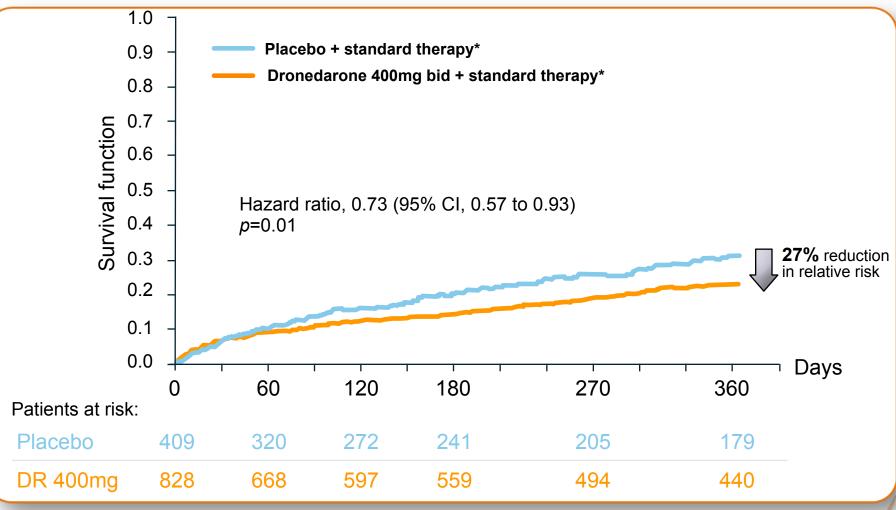
#### Dronedarone Showed a Significant and Consistent Decrease in Ventricular Rate at First AF/AFL Recurrence



thrombotic therapy (oral anticoagulation and/or long-term antiplatelet therapy) and/or other cardiovascular therapy such as ACE inhibitors and statins.

TTEM=Trans Telephonic Electrocardiogram Monitoring. Singh BN, *et al. N Engl J Med.* 2007;357:987-99.

#### Post-hoc Analysis showed that Dronedarone Significantly Reduced Relative Risk of First All-cause Hospitalisation or Death by 27%



\*Standard therapy may have included rate control agents (beta-blockers, and/or Ca-antagonists and/or digoxin) and/or antithrombotic therapy (oral anticoagulation and/or long-term antiplatelet therapy) and/or other cardiovascular therapy such as ACE inhibitors and statins.



# Adverse Events Rates with Dronedarone were Similar to Placebo

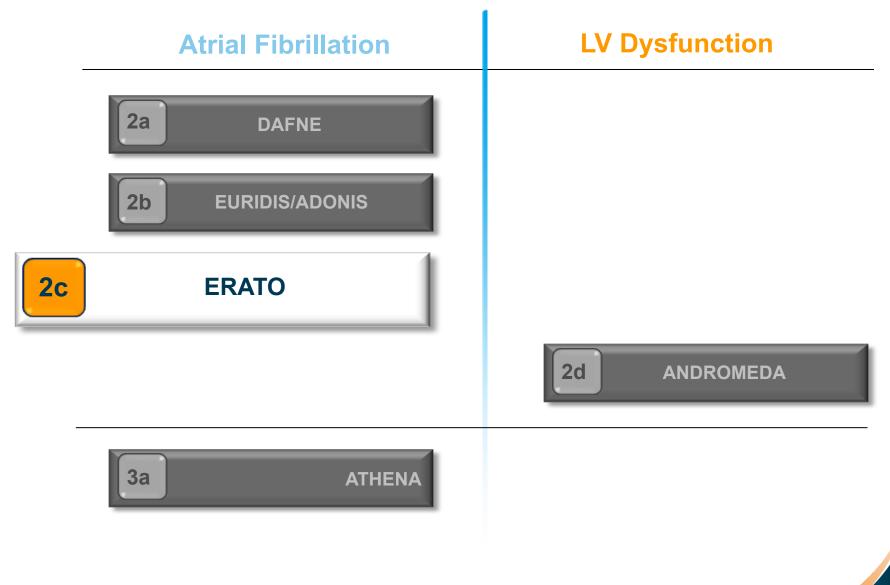
Event	Placebo n=409	Dronedarone n=828	<i>p</i> value
Death - no. (%)			
Any cause	3 (0.7)	8 (1.0)	1.00
Sudden death	1 (0.2)	4 (0.5)	1.00
Pulmonary event - no. (%)			
Cough	7 (1.7)	19 (2.3)	0.67
Dyspnea	15 (3.7)	27 (3.3)	0.74
Endocrine event - no./total no. (%)			
Hyperthyroidism	56/396 (14.1)	67/801 (8.4)	0.002
Hypothyroidism	14/396 (3.5)	44/801 (5.5)	0.15
Cardiac event - no. (%)			
Bradycardia or conduction block (any)	8 (2.0)	22 (2.7)	0.56
Bradycardia or conduction block (serious)	3 (0.7)	8 (1.0)	1.00
Heart failure or shock (any)	4 (1.0)	20 (2.4)	0.12
Heart failure or shock (serious)	3 (0.7)	13 (1.6)	0.29
Gastrointestinal			
Diarrhea	20 (4.9)	59 (7.1)	0.14
Nausea	14 (3.4)	36 (4.3)	0.54
Elevation of serum creatinine	1 (0.2)	20 (2.4)	0.004



#### Conclusions

- Both the EURIDIS and ADONIS trials consistently showed that dronedarone was significantly more effective than placebo on top of standard therapy at prolonging the time to first symptomatic and asymptomatic recurrence in patients with paroxysmal or persistent AF
- In addition to this rhythm control effect, dronedarone demonstrated a significant decrease in ventricular rate during first AF recurrence
- Dronedarone was well-tolerated with a similar safety profile to placebo:
  - No reported torsades de pointes
  - No evidence of organ toxicity (thyroid, pulmonary, hepatic, etc)
  - No excess of worsening CHF
- Furthermore, pooled post-hoc analysis showed a significant reduction in all-cause hospitalisation or death relative to placebo

### **Clinical Trial Programme**





Efficacy and Safety of DRonedArone for The Control of Ventricular Rate during Atrial Fibrillation study

# **Objectives**

#### Primary objective

 To assess the efficacy of dronedarone in the control of mean 24-hour ventricular rate in patients with permanent AF when added to standard therapy\*

#### Secondary objectives

- Assessment of the effects of dronedarone on heart rate during exercise
- The impact of treatment on exercise tolerance, and the tolerability of dronedarone

\*Standard therapy may have included rate control agents (beta-blockers, and/or Ca-antagonists and/or digoxin) and/or antithrombotic therapy (oral anticoagulation and/or long-term antiplatelet therapy) and/or other cardiovascular therapy such as ACE inhibitors and statins.

# **Study endpoints**

#### Primary endpoint

 Change in mean ventricular rate measured by 24-hour Holter on Day 14 compared to baseline

#### Secondary endpoints

- Change in ventricular rate during submaximal and maximal symptomlimited exercise test on D14 (or D15) compared to baseline D0 (or D1) without decrease in exercise performance
- Change in maximal exercise duration at D14 compared with D0
- Change in mean ventricular rate measured by 24-hour Holter at 4 months compared to baseline

#### ERATO

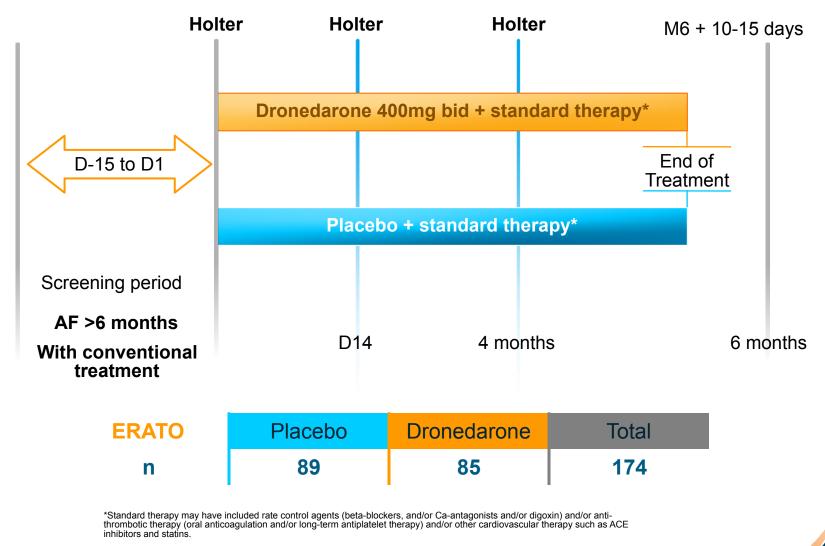
### **Inclusion and Exclusion criteria**

Inclusion criteria	Exclusion criteria
<ul> <li>Patients of either sex</li> <li>Aged ≥21 years</li> <li>With symptomatic* permanent AF (defined as AF lasting &gt;6 months) for which cardioversion is not considered</li> <li>With resting ventricular rate ≥80 beats per minute at screening measured on a 6-second rhythm strip</li> <li>Receiving standard therapy (betablockers, CCB, digitalis etc)</li> </ul>	<ul> <li>Patients of had a history of unstable angina pectoris</li> <li>A history of torsades de pointes</li> <li>Baseline (D0) plasma potassium &lt;3.5 mmol/L</li> <li>Third-degree atrioventricular block or significant sinus node disease</li> <li>New York Heart Association (NYHA) class III or IV congestive heart failure (CHF)</li> <li>Clinically relevant hematological, hepatic, gastrointestinal, renal, endocrinological, or psychiatric disease</li> <li>Patients taking other antiarrhythmic agents or any potent inhibitor of CYP3A4 were ineligible</li> </ul>

\* Symptomatic refers to any AF-related symptoms including palpitations Davy *et al. Am Heart J.* 2008;156:527.e1-527.e9.

# **Study Design**

Randomisation Dronedarone: placebo=1:1



#### ERATO

#### **Baseline Patient Characteristics**

Demographics	Placebo n=89	Dronedarone 400mg twice a day n=85
Male/Female (%)	62/27 (70/30)	58/27 (68/32)
White (%)	88 (99)	84 (99)
Mean age (range), (years)	66.4 (39-86)	65.2 (31-86)
Mean weight (range), (kg)	85.1 (54.0-133.2)	83.3 (48.0-122.0)

Davy et al. Am Heart J. 2008;156:527.e1-527.e9.

#### **Baseline Cardiovascular Conditions**

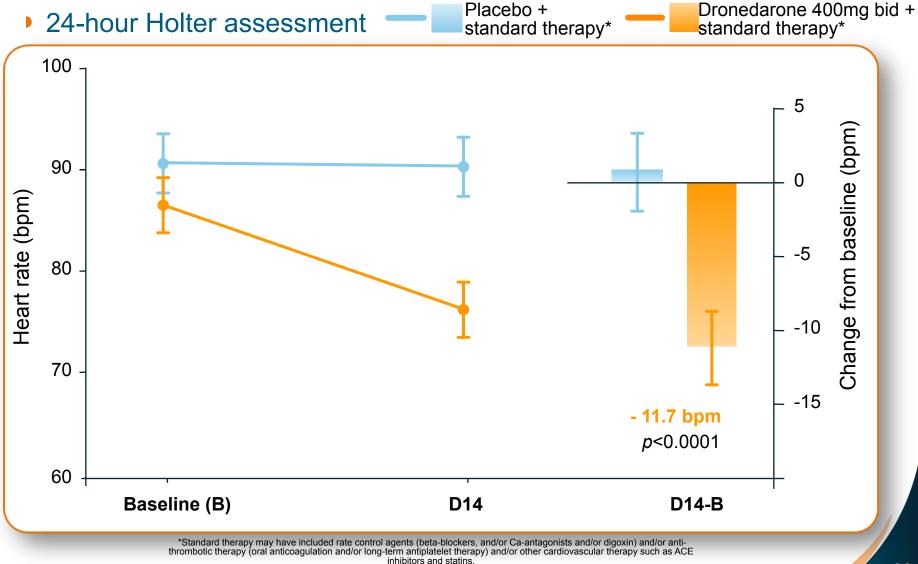
Cardiovascular history	Placebo n=89	Dronedarone 400mg twice a day n=85
Hypertension (%)	41 (46)	44 (52)
Structural heart disease (%)	34/85 (40)	31/82 (44)
Congestive heart failure (%)	32 (36)	37 (44)
NYHA class I (potential) (%)	8 (9)	12 (14)
NYHA class II (mild) (%)	24 (27)	25 (29)
Valvular heart disease including mitral valve prolapse (%)	16 (18)	14 (17)
Coronary heart disease (%)	14 (16)	16 (19)
Dilated cardiomyopathy (%)	10 (11)	8 (9)

## **Concomitant Medications**

Concomitant medication use at D0	Placebo n=89	Dronedarone 400mg twice a day n=85
Oral anticoagulants (%)	80 (90)	73 (86)
Beta-blockers (except sotalol) (%)	44 (50)	46 (54)
ACEI or AIIRA (%)	43 (48)	43 (51)
ACEI (%)	35 (39)	32 (38)
AIIRA (%)	8 (9)	11 (13)
Diuretics (%)	34 (38)	43 (51)
Digoxin (%)	41 (46)	34 (40)
Calcium antagonists with HR lowering effects (%)	15 (17)	25 (29)
Statins (%)	20 (23)	19 (22)
Chronic antiplatelet therapy (%)	10 (11)	17 (20)
NSAIDS (%)	5 (6)	5 (6)

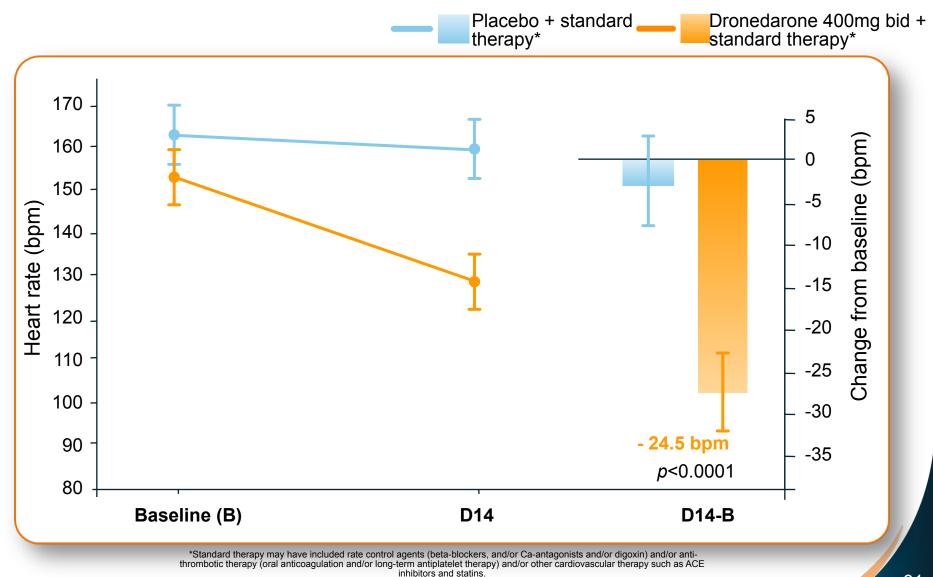
ACE-I=ACE inhibitor; AIIRA=Angiotensin II receptor antagonist; NSAID=non-steroid anti-inflammatory drug. Davy *et al. Am Heart J.* 2008;156:527.e1-527.e9.

#### Dronedarone Significantly Decreased Ventricular Rate by 11.7 bpm



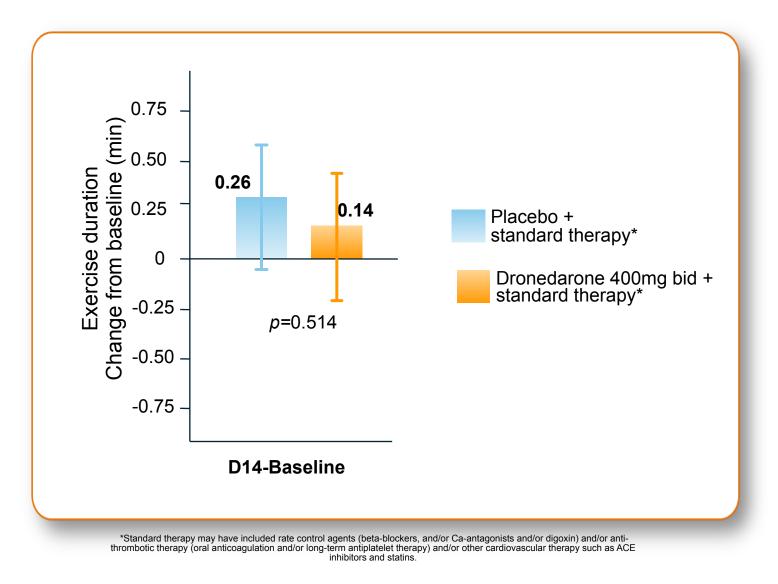
Davy et al. Am Heart J. 2008;156:527.e1-527.e9.

### Dronedarone Significantly Decreased Maximal Exercise Ventricular Rate by 24.5bpm



Davy et al. Am Heart J. 2008;156:527.e1-527.e9.

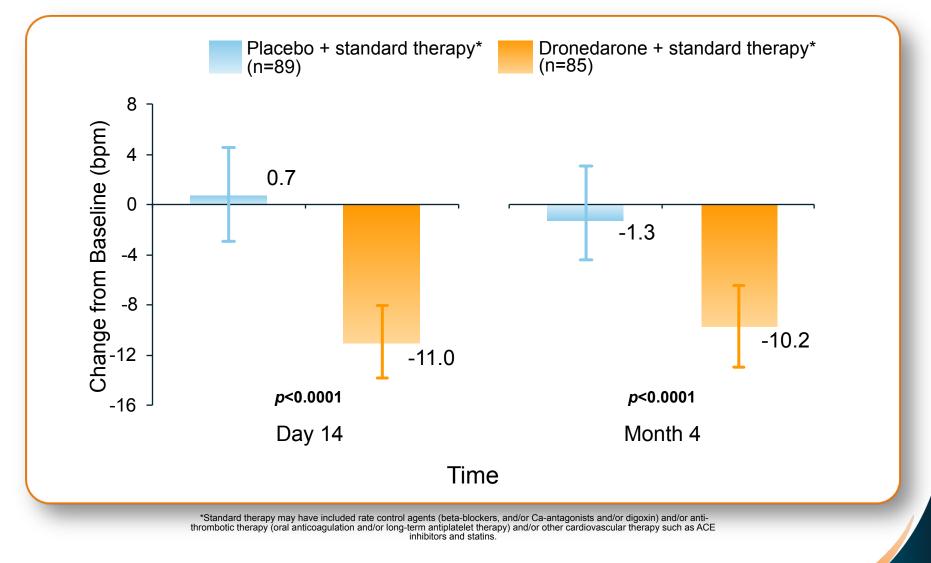
#### Dronedarone Controlled Rate Without Impairing Exercise Capacity



62

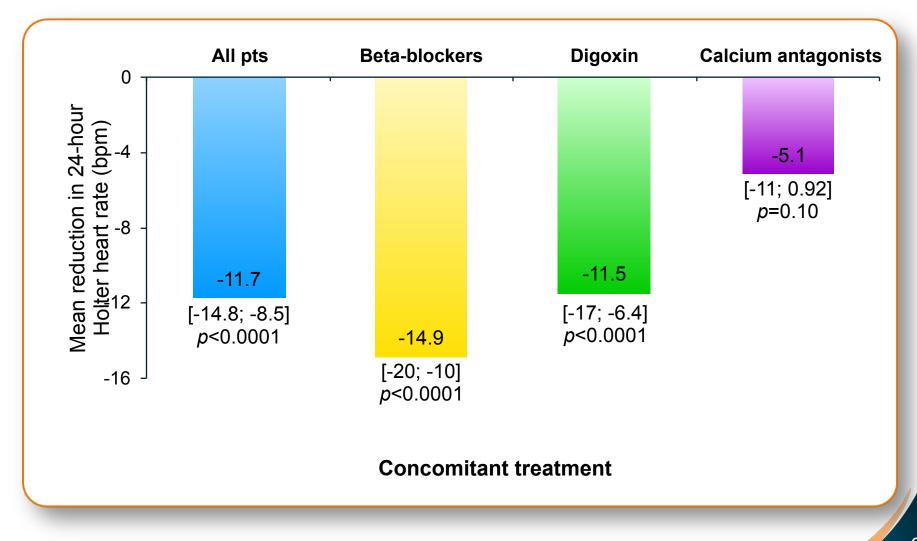
#### ERATO

#### The Decrease in HR with Dronedarone was Sustained during Long-term Treatment



Davy et al. Am Heart J. 2008;156:527.e1-527.e9.

# The Effects of Dronedarone were Additional to Other Rate-control Agents





# Dronedarone Demonstrated a Favorable Safety Profile

Adverse Events	Placebo n=89 (%)	Dronedarone 400mg twice a day n=85 (%)
Any TEAE	53 (60)	65 (77)
Serious TEAEs	12 (14)	14 (17)
Deaths	0 (0)	1 (1)
Permanent discontinuations for any TEAEs	9 (10)	13 (15)

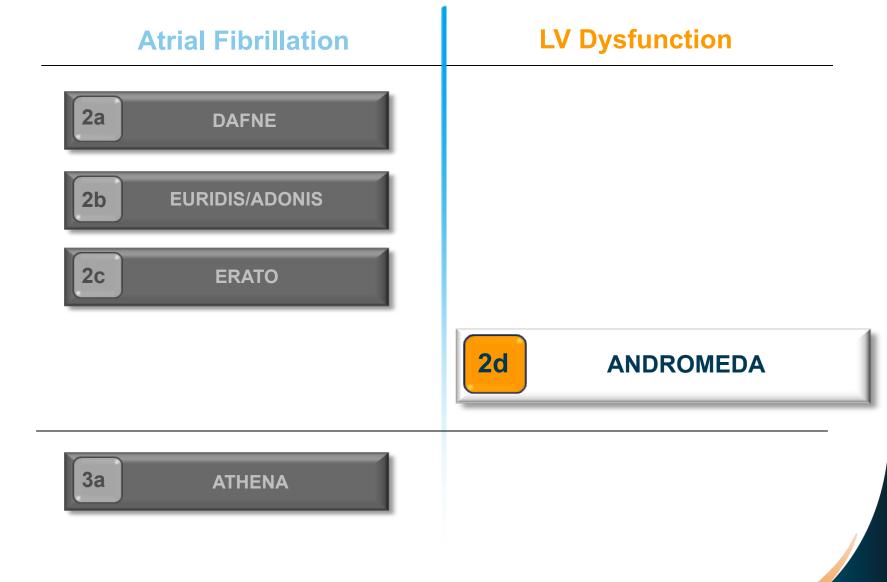
#### No torsades de pointes reported

TEAE=Treatment-Emergent Adverse Event. Davy *et al. Am Heart J.* 2008;156:527.e1-527.e9.

### Conclusions

- ERATO was a pivotal study to confirm the benefit of dronedarone at providing incremental rate-control in patients with permanent AF treated with standard therapy
- ERATO demonstrated the clinically significant effect of dronedarone to consistently decrease heart-rate. The benefit was:
  - Above and beyond the effect of other rate-control agents
  - Sustained for 24-hours
  - Both at rest or during exercise
  - Achieved without impairing exercise capacity
- Dronedarone was well tolerated with no evidence of organ toxicity or proarrhythmias
- ERATO supports dronedarone's efficacy on rate-control and its safety in permanent patients

## **Clinical Trial Programme**



# ANDROMEDA

ANtiarrhythmic trial with DROnaderone in Moderate to severe CHF Evaluating morbidity DecreAse

## **Objective**

- ANDROMEDA was conducted in high-risk congestive heart failure (CHF) patients with left ventricular dysfunction and a recent acute decompensation and aimed to evaluate the potential benefit of dronedarone on all cause death or hospitalisation for worsening heart failure
- Patients were not selected based on AF / AFL history
- The populations enrolled in the ANDROMEDA and ATHENA studies were significantly different

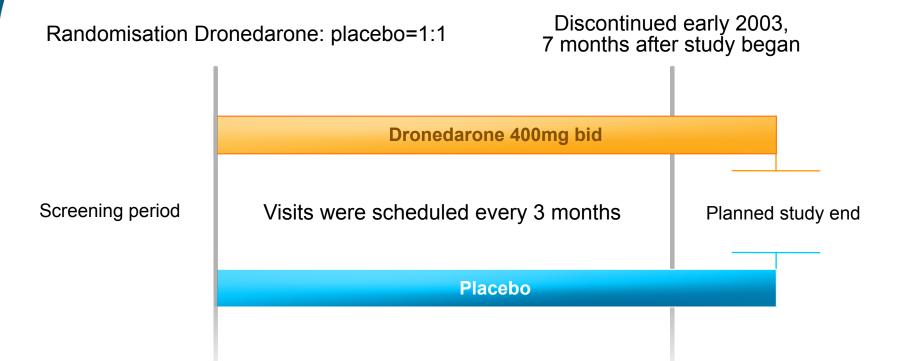
## **Study endpoints**

- Primary endpoint
  - Death from any cause or hospitalisation for worsening heart failure
- Secondary endpoints
  - Death from all causes
  - Hospitalisation for cardiovascular causes
  - Hospitalisation for worsening heart failure
  - Occurrence of atrial fibrillation or flutter
  - Death from arrhythmia
  - Sudden death

## **Inclusion and Exclusion Criteria**

Inclusion criteria	Exclusion criteria
<ul> <li>Consecutive hospitalised patients</li> <li>Age ≥18 years</li> <li>Presence of or suspected symptomatic CHF (current NYHA class II-IV) with</li> <li>At least one episode of decompensation corresponding to NYHA class III-IV within the last month</li> <li>Treated with a diuretic</li> <li>WMI ≤1.2 ~ LVEF ≤0.35</li> <li>Signed informed consent</li> </ul>	<ul> <li>Acute myocardial infarction &lt;7 days before screening</li> <li>Heart rate &lt;50 beats per minute</li> <li>PR interval &gt;0.28 second</li> <li>SA block or second or third-degree AV block not treated with a pacemaker</li> <li>History of torsades de pointes</li> <li>Corrected QT interval &gt;500 msec</li> <li>Serum potassium &lt;3.5 mmol per litre</li> <li>Use of class I or III antiarrhythmic drugs or drugs known to cause torsades de pointes</li> <li>Other serious disease including heart disease</li> <li>No restriction related to renal function</li> </ul>

# **Study Design**



- Conducted at 72 hospitals in Denmark, Sweden, Norway, Poland, the Netherlands and Hungary
- A total of 627 patients (dronedarone, n=310 and placebo, n=317) of the 1000 planned had been enrolled

#### **Baseline Patient Characteristics: Patients were not selected based on history of AF/AFL**

	Placebo n=317	Dronedarone 400mg bid n=310
Age (years) Median (range)	72 (27-96)	71 (33-90)
Weight (kg)	79	78
Gender [n (%)] Male	242 (76.3%)	230 (74.2%)
Wall motion index (WMI)		
Median (range)	0.9 (0.3-1.2)	0.9 (0.3-1.2)
NYHA class [n (%)]		
Class II	121 (38.2%)	131 (42.3%)
Class III	183 (57.7%)	173 (55.8%)
Class IV	13 (4.1%)	6 (1.9%)
Mean duration of heart failure (mo)	23	20
Estimated GFR (ml/min)		
Mean (range)	52.8 (6-99)	50 (16-104)
Atrial fibrillation or flutter mean (%)	85 (26.8)	72 (23.2)

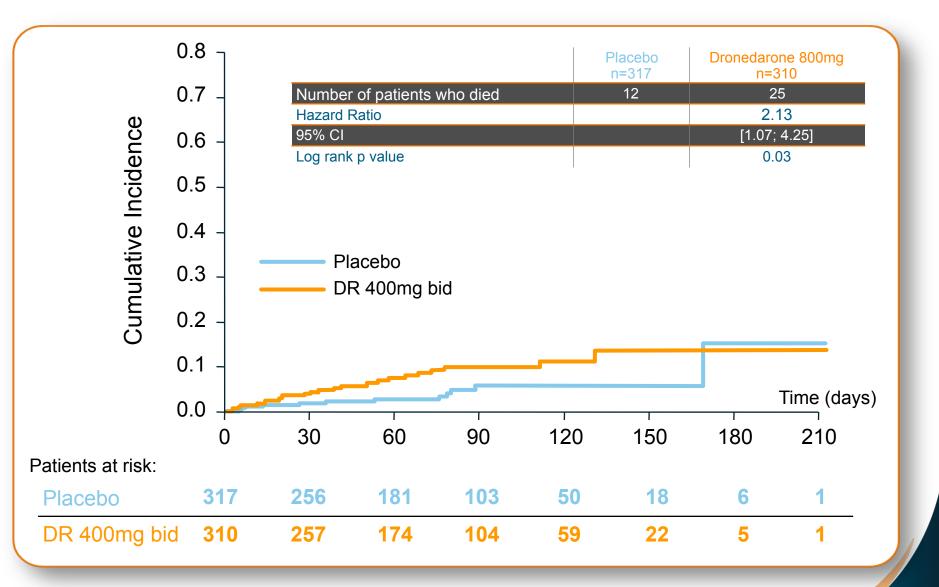
WMI=Wall-Motion Index. Køber L, *et al. N Engl J Med.* 2008;358:2678-87.

#### **Concomitant Medications**

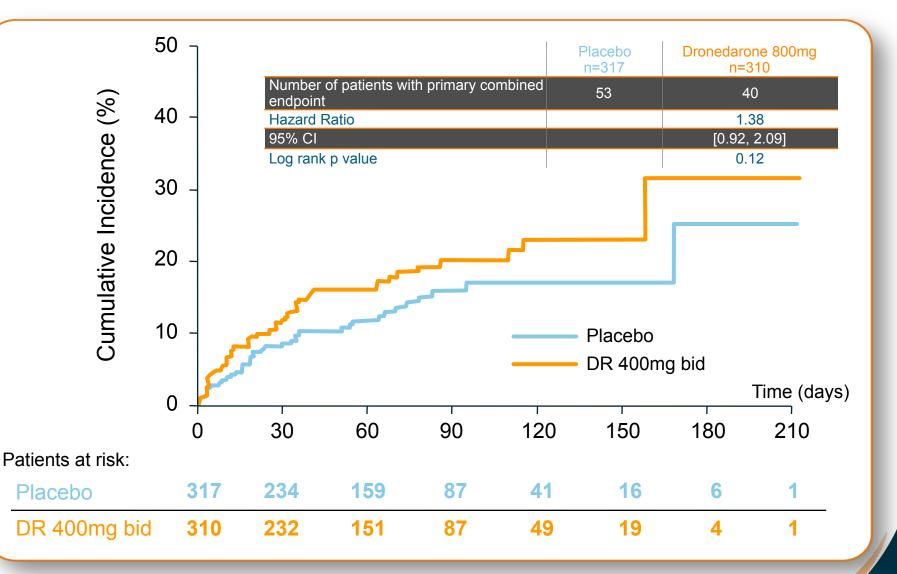
	Placebo n=317 (%)	Dronedarone 400mg bid n=310 (%)
ACE inhibitor or ARB	267 (84.2)	274 (88.4)
Betablocker	192 (60.6)	192 (61.9)
Spironolactone	124 (39.1)	131 (42.3)
Diuretic (other than spironolactone)	302 (95.3)	288 (92.9)
Digitalis	101 (31.9)	96 (31.0)
Anticoagulant	102 (32.2)	92 (29.7)

#### ANDROMEDA

#### **Cumulative Incidence of All-cause Mortality**



#### No Statistical Difference on The Primary Combined Endpoint of All-Cause Mortality or Hospitalisation for Worsening Heart Failure





#### **No Significant Differences in SAEs Between Groups Except Creatinine Increase with Dronedarone**

Patients with serious adverse events (SAEs), excluding events resulting in death 

Adverse Event	Placebo Group n=310	Dronedarone Group n=317
Any event	109 (34.4)	115 (37.1)
Any cardiac event	52 (16.4)	68 (21.9)
Cardiac failure	26 (8.2)	31 (10.0)
Angina pectoris	7 (2.2)	7 (2.3)
Myocardial infarction	4(1.3)	2 (0.6)
Ventricular fibrillation	3 (0.9)	1 (0.3)
Ventricular tachycardia	2 (0.6)	6 (1.9)
Noncardiac events		
Increase in serum creatinine	0 †	8 (2.6)
Any infection	9 (2.8)	9 (2.9)
Any gastrointestinal event	7 (2.2)	8 (2.6)
Any respiratory event	14 (4.4)	14 (4.5)
Surgical procedures		
Coronary-artery bypass	6 (1.9)	0
Coronary angioplasty	1 (0.3)	0
Imp 0.01 ICD placement	1 (0.3)	0

Køber L, et al. N Engl J Med. 2008;358:2678-87.

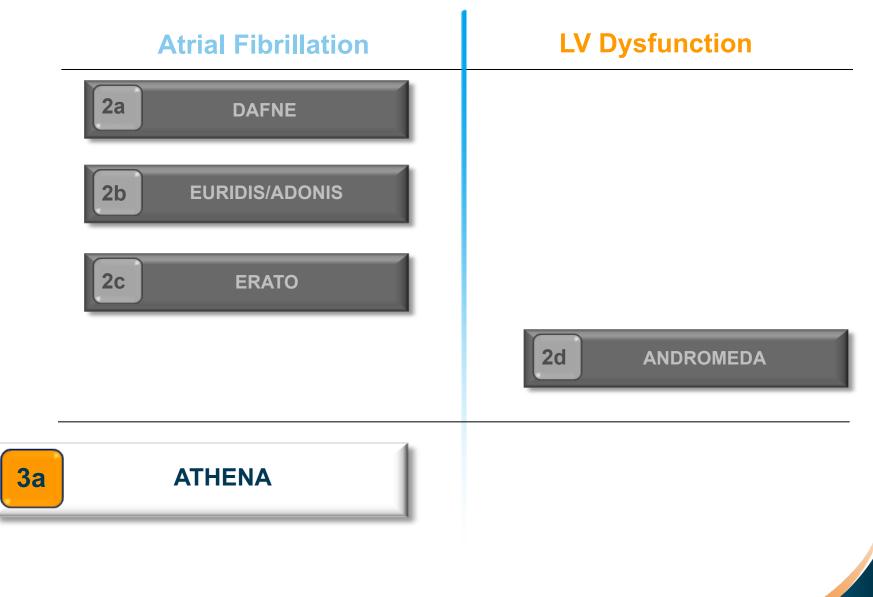
## **ANDROMEDA Conclusions**

- ANDROMEDA was conducted in a high risk CHF patients recently hospitalized for decompensation, most of whom did not have AF
- The populations enrolled in the ANDROMEDA and ATHENA studies were significantly different
- In these patients, dronedarone was not shown to be superior to placebo in decreasing mortality or CHF hospitalisations
- The excess of deaths were cardiac non-sudden deaths and were related to worsening heart failure
- No significant difference between placebo and dronedarone patients was seen for arrhythmic events and sudden deaths

## **ANDROMEDA** Conclusions

- No torsades de pointes reported, confirming the nonproarrhythmogenic profile of dronedarone, even in a highly susceptible population
- Since the study was stopped prematurely, no definitive conclusion can be drawn regarding safety of dronedarone in patients with unstable heart failure
  - However this negative outcome led to the exclusion of this hemodynamically unstable population in the following studies
- Following ANDROMEDA, ATHENA was conducted to establish the benefits of dronedarone in the targeted AF population and to confirm the good cardiac and extracardiac safety profile already observed in DAFNE, EURIDIS, ADONIS and ERATO, only excluding patients with unstable CHF

#### **Clinical Trial Programme**



## ATHENA

A placebo-controlled, double-blind, parallel arm Trial to assess the efficacy of dronedarone 400 mg bid for the prevention of cardiovascular Hospitalization or death from any cause in patiENts with Atrial fibrillation/atrial flutter (AF/AFL)

#### **ATHENA is a Unique Trial**

- The largest single antiarrhythmic drug trial ever conducted in AF
  - >4,600 patients with a history of atrial fibrillation or atrial flutter
  - More than 550 investigational sites in 37 countries
- Patients enrolled in ATHENA were representative of the general AF population
- Unique endpoints for an AF trial
  - Combined endpoint of cardiovascular hospitalisation or death
  - First AF trial to use "non-conventional" endpoints

Hohnloser SH, et al. J Cardiovasc Electrophysiol 2008;19:69-73.

#### Before ATHENA, AF Trials Adopted an "ECG focused" Approach

<b>Rhythm</b> <b>Control</b>	<ul> <li>Time to first recurrence of AF</li> <li>Percentage of patients remaining in sinus rhythm at a given point of time</li> <li>Identified by: <ul> <li>Routine ECGs/symptomatic ECGs</li> <li>Prolonged monitoring: event recorders, automated recorders</li> </ul> </li> </ul>
Rate Control	<ul> <li>Ventricular rate in AF</li> <li>ECG, Holter, graded exercise test (GXT)</li> </ul>

ATHENA

For the First Time in AF, ATHENA Adopted an "Outcomes Focused" Approach

- Morbid events:
  - Hospitalisation
  - Hospitalisation for cardiovascular events
- Death
  - All cause death
  - Cardiovascular death

 ATHENA examined unique outcomes endpoints for an AF clinical trial

## **Objective**

 Evaluate the efficacy and safety of dronedarone 400mg bid vs placebo on top of standard therapy\* in the prevention of CV hospitalisation or death from any cause over a minimum treatment and follow-up duration of 12 months in patients with paroxysmal or persistent AF/AFL

> \*Standard therapy may have included rate control agents (beta-blockers, and/or Ca-antagonists and/or digoxin) and/or antithrombotic therapy (oral anticoagulation and/or long-term antiplatelet therapy) and/or other cardiovascular therapy such as ACE inhibitors and statins.

## **Study Endpoints**

#### Primary endpoint

- Combined endpoint of cardiovascular hospitalisation and death from any cause
- Secondary endpoints
  - Death from any cause
  - Cardiovascular death
  - Hospitalisation for cardiovascular reasons

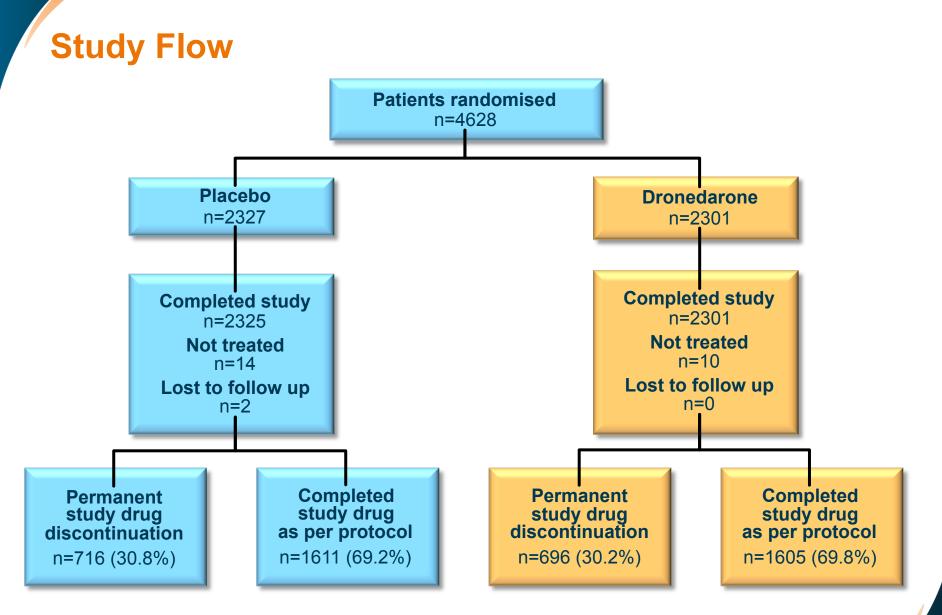
#### Safety endpoint

 Incidence of treatment emergent adverse events including all adverse events, serious adverse events, and adverse events leading to study drug discontinuation

#### **Inclusion and Exclusion Criteria**

Inclusion criteria	Exclusion criteria
<ul> <li>High-risk patients with a history of paroxysmal or persistent AF/AFL</li> <li>Aged ≥75 years with or without additional risk factors</li> <li>Aged ≥70 years and ≥1 risk factor (hypertension; diabetes; prior stroke/ TIA; LA ≥50 mm; LVEF &lt;0.40)</li> </ul>	<ul> <li>Permanent AF</li> <li>Unstable hemodynamic situation (i.e. recently decompensated CHF)</li> <li>CHF NYHA class IV</li> <li>Bradycardia &lt;50 bpm and/or PR &gt;0.28 sec</li> <li>Sick sinus syndrome</li> <li>Calculated GFR at baseline &lt;10 ml/min</li> <li>Potassium &lt;3.5 mmol/L</li> <li>Concomitant antiarrhythmic drug Rx</li> <li>Severe illness limiting life expectancy</li> </ul>
<ul> <li>Originally the protocol had allowed patients &lt;70 years of age with additional risk factors into the study</li> <li>The protocol was subsequently amended to include only patients ≥70 years of age</li> </ul>	<ul> <li>Pregnancy or breastfeeding</li> <li>Refusal or inability to give informed consent</li> </ul>

Hohnloser SH, et al. J Cardiovasc Electrophysiol 2008;19:69-73.



#### **Baseline Patient Characteristics**

	Placebo n=2327	Dronedarone n=2301	All patients n=4628
Age (mean ±SD, years)	71.7 ±9.0	71.6 ±8.9	72 ±9.0
<65yr	442 (19.0%)	431 (18.7%)	873 (18.9%)
65 to 75yr	907 (39.0%)	923 (40.1%)	1830 (39.5%)
≥75yr	978 (42.0%)	947 (41.2%)	1925 (41.6%)
Female gender	1038 (44.6%)	1131 (49.2%)	2169 (46.9%)
AF/AFL at baseline	586 (25.2%)	569 (24.7%)	1155 (25.0%)
Structural heart disease	1402 (60.9%)	1330 (58.3%)	2732 (59.6%)
Hypertension	1996 (85.8%)	1999 (86.9%)	3995 (86.3%)
Coronary heart disease	737 (31.7%)	668 (29.0%)	1405 (30.4%)
Valvular heart disease	380 (16.3%)	379 (16.5%)	759 (16.4%)
Non-ischemic cardiomyopathy	131 (5.6%)	123 (5.3%)	254 (5.5%)
History of CHF NYHA II/III	515 (22.1%)	464 (20.2%)	979 (21.2%)
LVEF <0.45	285/2281 (12.5%)	255/2263 (11.3%)	540/4544 (11.9%)
LVEF <0.35	87/2281 (3.8%)	92/2263 (4.1%)	179/4544 (3.9%)
Lone atrial fibrillation	139 (6.0%)	140 (6.1%)	279 (6.0%)
Pacemaker	243 (10.4%)	214 (9.3%)	457 (9.9%)

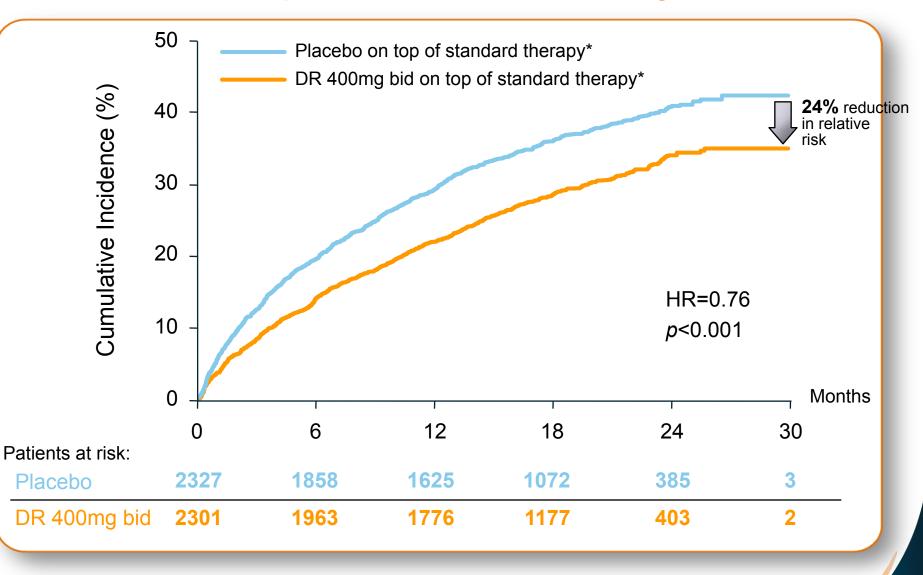
Hohnloser SH, et al. J Cardiovasc Electrophysiol 2008;19:69-73.

ATHENA

## **Concomitant Medications**

	Placebo n=2327	Dronedarone n=2301	All patients n=4628
etablocker	1641 (70.5%)	1628 (70.8%)	3269 (70.6%)
a-antagonists	307 (13.2%)	331 (14.4%)	638 (13.8%)
igoxin	308 (13.2%)	321 (14.0%)	629 (13.6%)
CE/ARB	1602 (68.8%)	1614 (70.1%)	3216 (69.5%)
tatins	914 (39.2%)	878 (38.2%)	1792 (38.7%)
it. K antagonists	1384 (59.5%)	1403 (61.0%)	2787 (60.2%)
spirin	1019 (43.8%)	1018 (44.2%)	2037 (44.0%)
	a-antagonists igoxin CE/ARB tatins it. K antagonists	n=2327         etablocker       1641 (70.5%)         a-antagonists       307 (13.2%)         igoxin       308 (13.2%)         CE/ARB       1602 (68.8%)         tatins       914 (39.2%)         it. K antagonists       1384 (59.5%)	n=2327       n=2301         etablocker       1641 (70.5%)       1628 (70.8%)         a-antagonists       307 (13.2%)       331 (14.4%)         igoxin       308 (13.2%)       321 (14.0%)         CE/ARB       1602 (68.8%)       1614 (70.1%)         tatins       914 (39.2%)       878 (38.2%)         it. K antagonists       1384 (59.5%)       1403 (61.0%)

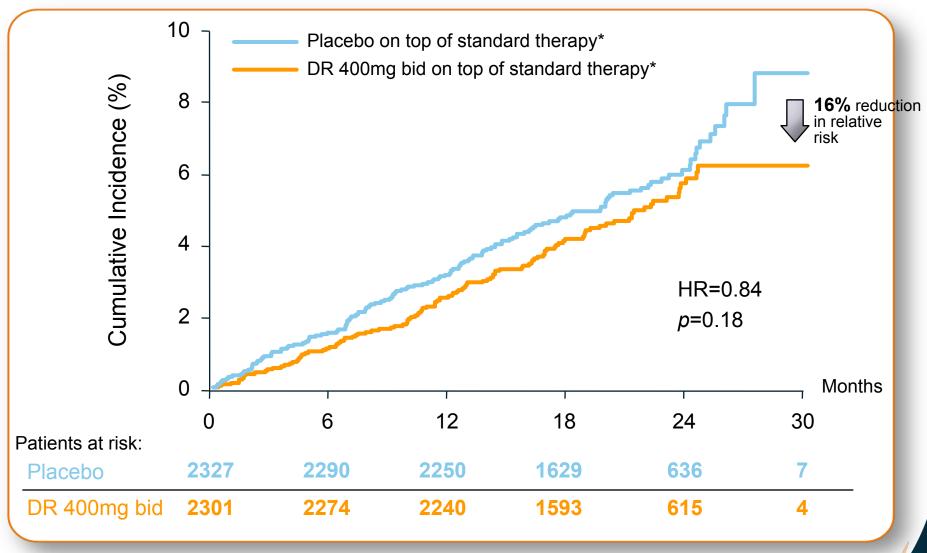
# Dronedarone Significantly Decreased Risk of CV Hospitalisation or Death by 24%



\*Standard therapy may have included rate control agents (beta-blockers, and/or Ca-antagonists and/or digoxin) and/or antithrombotic therapy (oral anticoagulation and/or long-term antiplatelet therapy) and/or other cardiovascular therapy such as ACE inhibitors and statins.

Hohnloser SH et al. N Engl J Med 2009;360:668-78.

#### **Dronedarone Reduced Risk of All-cause** Death by 16%



\*Standard therapy may have included rate control agents (beta-blockers, and/or Ca-antagonists and/or digoxin) and/or anti-thrombotic therapy (oral anticoagulation and/or long-term antiplatelet therapy) and/or other cardiovascular therapy such as ACE

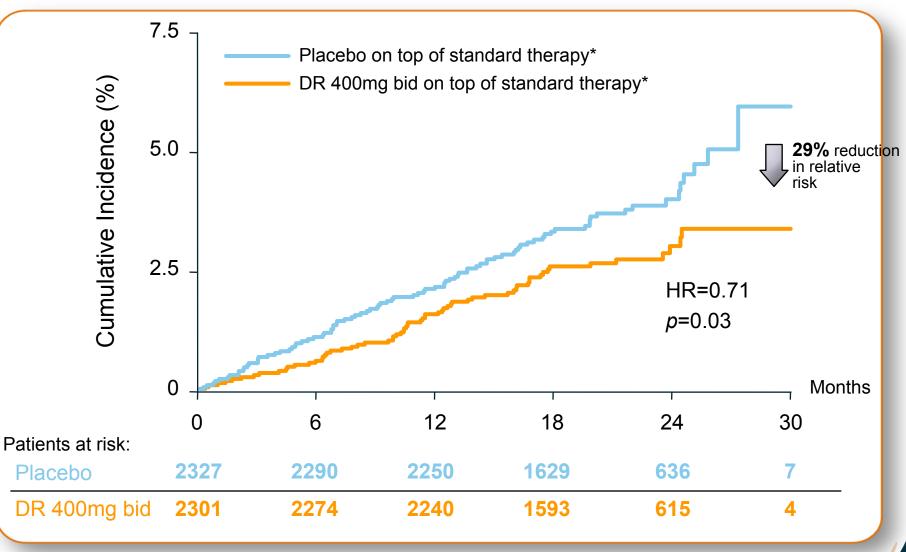
inhibitors and statins.

Mean follow-up 21 ±5 months.

Hohnloser SH et al. N Engl J Med 2009;360:668-78.

ATHENA

#### **Dronedarone Significantly Decreased Risk of Cardiovascular Death by 29%**



\*Standard therapy may have included rate control agents (beta-blockers, and/or Ca-antagonists and/or digoxin) and/or anti-thrombotic therapy (oral anticoagulation and/or long-term antiplatelet therapy) and/or other cardiovascular therapy such as ACE

inhibitors and statins.

Mean follow-up 21 ±5 months.

Hohnloser SH et al. N Engl J Med 2009;360:668-78.

**ATHEN2** 

ATHENA

Dronedarone Significantly Decreased Risk of Arrhythmic Death by 45% and CV death by 29%

	Placebo n=2327	Dronedarone n=2301	HR	95% CI	p value
All death	139	116	0.84	0.66; 1.08	0.18
Non-cardiovascular death	49	53	1.10	0.74; 1.62	0.65
Cardiovascular death	90	63	0.71	0.51; 0.98	0.03
Cardiac non-arrhythmic death	18	17	0.95	0.49; 1.85	0.89
Cardiac arrhythmic death	48	26	0.55	0.34; 0.88	0.01
Vascular non-cardiac	24	20	0.84	0.47; 1.52	0.57

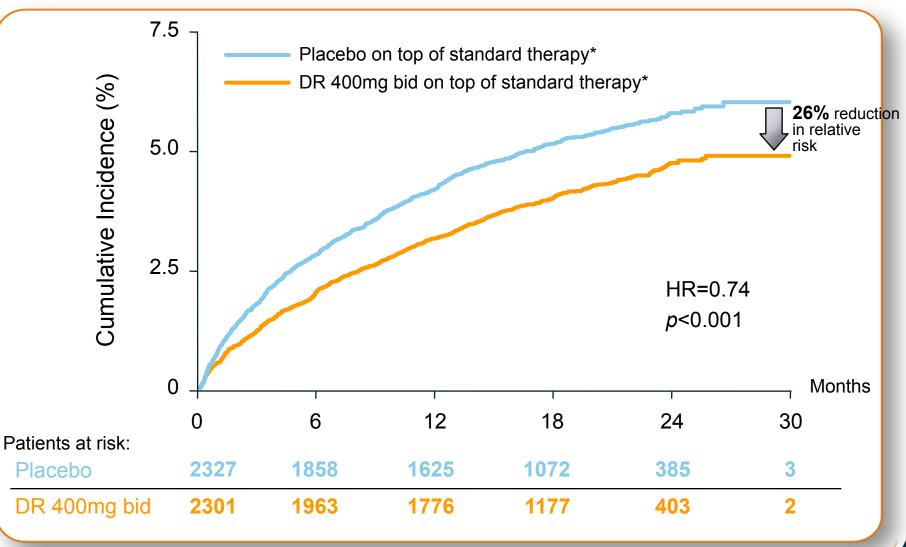
#### Dronedarone Reduced CV Hospitalisation or Allcause Death Across Important Subgroups

Characteristic	n	HR (95% CI)	<i>p</i> value for interaction
Age (years)			0.93
<75	2703	0.76 (0.67–0.87)	
≥75	1925	0.75 (0.65–0.87)	
Gender			0.65
Male	2459	0.74 (0.64–0.85)	
Female	2169	0.77 (0.67–0.89)	
Presence of AF/AFL			0.85
Yes	1155	0.74 (0.61–0.91) 🛛 👩	
No	3473	0.76 (0.68–0.85)	
Structural Heart Disease		•	0.85
Yes	2732	0.76 (0.67–0.85)	
No	1853	0.77 (0.65–0.92)	
Congestive Heart Failure			0.83
Yes	1365	0.75 (0.64–0.88)	
No	3263	0.76 (0.68–0.86)	
LVEF (%)			0.55
<35	179	0.68 (0.44–1.03)	
[35-45[	361	0.66 (0.47–0.92)	
≥45	4004	0.78 (0.70–0.86)	
ACE/ARB			0.59
Yes	3216	0.74 (0.66–0.83)	
No	1412	0.79 (0.66–0.95)	
Beta Blocking Agents			0.41
Yes	3269	0.78 (0.69–0.87)	
No	1359		.0 10.0
		Dronedarone Better	Placebo Better

Hohnloser SH et al. N Engl J Med 2009;360:668-78.

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#### **Dronedarone Significantly Decreased Cardiovascular Hospitalisation by 26%**



\*Standard therapy may have included rate control agents (beta-blockers, and/or Caantagonists and/or digoxin) and/or anti-thrombotic therapy (oral anticoagulation and/or longterm antiplatelet therapy) and/or other cardiovascular therapy such as ACE inhibitors and

Mean follow-up 21 ±5 months. term an Hohnloser SH *et al.* N Engl J Med 2009;360:668-78. statins. ATHEN2

#### Dronedarone Significantly Decreased Hospitalisations Related to AF by 37%

Reason for first CV hospitalisation	Placebo n=2327	Dronedarone n=2301	HR	95% CI	p value
Any reason	859	675	0.74	0.67; 0.82	<0.001
Atrial Fibrillation	510	335	0.63	0.55; 0.72	<0.001
CHF	132	112	0.86	0.67; 1.10	0.22
ACS	89	62	0.70	0.51; 0.97	0.03
Syncope	32	27	0.85	0.51; 1.42	0.54
Ventricular arrhythmia or cardiac arrest	12	13	1.09	0.50; 2.39	0.83

ATHENA

#### Adverse Event Rates were Not Significantly Different Between Dronedarone and Placebo Groups

Randomised and treated patients	Placebo n=2313	Dronedarone n=2291	p value
Patients with any TEAE	1603 (69.3%)	1649 (72.0%)	0.048
Cardiac events	221 (9.6%)	260 (11.3%)	0.048
Bradycardia	28 (1.2%)	81 (3.5%)	<0.001
QT-interval prolongation	14 (0.6%)	40 (1.7%)	<0.001
Gastrointestinal	508 (22.0%)	600 (26.2%)	<0.001
Respiratory	337 (14.6%)	332 (14.5%)	0.97
Skin	176 (7.6%)	237 (10.3%)	0.001
Creatinine increase	31 (1.3%)	108 (4.7%)	<0.001
Patients with any serious TEAE	489 (21.1%)	456 (19.9%)	0.31
Cardiac events	15 (0.6%)	15 (0.7%)	1.00
Respiratory	45 (1.9%)	41 (1.8%)	0.74
Gastrointestinal	68 (2.9%)	81 (3.5%)	0.28
Creatinine increase	1 (<0.1%)	5 (0.2%)	0.12
Skin	6 (0.3%)	7 (0.3%)	0.79
Patients permanently discontinued study drug for any TEAE	187 (8.1%)	290 (12.7%)	<0.001

TEAE=Treatment Emergent Adverse Events. Adapted from Hohnloser SH *et al.* N Engl J Med 2009;360:668-78. ATHENA

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#### Conclusions

- The landmark ATHENA trial is the largest morbidity-mortality study with an AAD ever conducted in AF patients
- Dronedarone is the only AAD ever to demonstrate a significant reduction in CV hospitalisation or death
- The reduction in CV hospitalisation or death was consistent across all subgroups in a population representative of the AF population
- Dronedarone also significantly reduced cardiovascular mortality, specifically arrhythmic death
- Dronedarone significantly reduced the incidence of CV hospitalisations
  - For AF-related as well as non-AF-related reasons
- The unique CV outcomes observed in ATHENA with dronedarone were achieved without serious safety concerns with a low risk for proarrhythmia and no organ toxicity

DRONEDARONE

#### **Dronedarone Conclusions**

#### **Overall Conclusions**

- Atrial Fibrillation is the most common cardiac arrhythmia and increases patients' risk of stroke, heart failure and death, including sudden cardiac death, thereby contributing to an increased risk of CV morbidity and mortality
- Dronedarone is the only anti-arrhythmic drug ever proven to have significantly reduced CV hospitalisation or mortality, in ATHENA, the largest AAD trial in atrial fibrillation
- Dronedarone exhibits both rhythm and rate control properties and has been proven to significantly prolong time to AF recurrence and decrease ventricular rate
- Dronedarone demonstrates a low risk of pro-arrhythmia, cardiac and extra-cardiac toxicity, with favourable tolerability
  - However, ANDROMEDA results preclude its use in patients with unstable heart failure, such as patients with Class IV heart failure or recent hospitalization for decompensation of heart failure
- Dronedarone is easy-to-use because of its fixed-dosing regimen, outpatient initiation and minimal monitoring requirements
- Dronedarone is the only anti-arrhythmic drug proven to reduce CV hospitalisation or mortality in AF patients, excluding those with unstable heart failure, whilst also prolonging time to AF recurrence and providing rate control - all achieved with a favourable safety profile

# DRONEDARONE

#### A New Anti-Arrhythmic Drug for the Treatment of Atrial Fibrillation/Atrial Flutter

Dronedarone is approved by the FDA and under EMEA review. All information is provided for scientific purpose exclusively.