

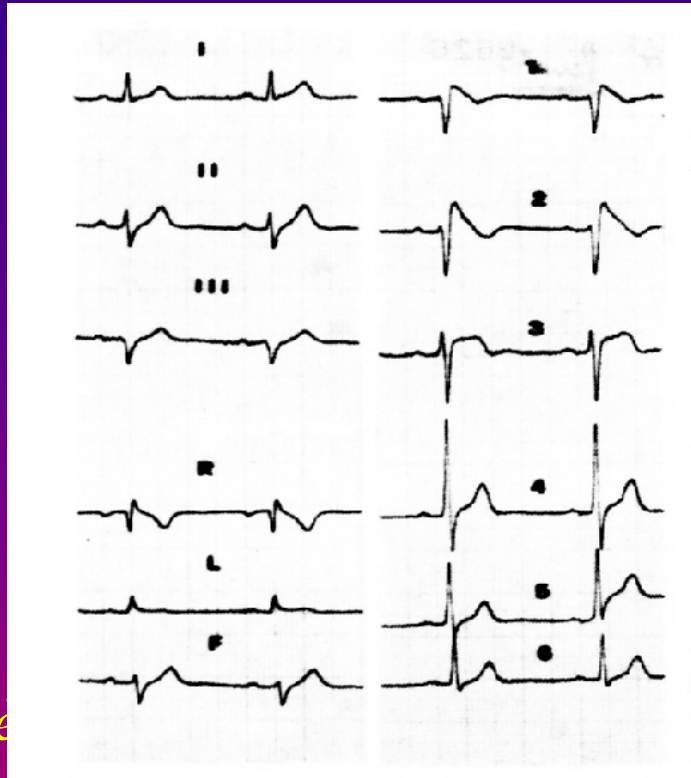
# *”Il pattern ECG di Nava-Martini-Brugada e la sindrome detta di Brugada”.*



**Bortolo Martini,**  
Ospedale di Santorso (VI)

*Roma 20-21 ottobre 2017*

# La sindrome della ripolarizzazione precoce nelle precordiali destre



• Questa è la sindrome della ripolarizzazione precoce nelle precordiali destre (Nava, 1988)

Gli studi su questa sindrome sono diventati una raccolta delle figurine e non una seria indagine scientifica che segua i dettami di Galileo. E' un album che più si arricchisce più la soluzione si allontana. Manca sempre l'ultima figurina, la più importante, ma esiste sul serio?

# INTER

FOOTBALL CLUB S.p.A. (1908)



1975 Milano 81

**TEC:** Via Dante, 7 - Milano  
**PRESEDENTE:** Jacques Francini  
**ALLENATORE:** Franco Mazzi  
**ALLENATORE:** Horacio Bovero (supplente)  
**NEOSCO SCHEDE:** Enzo Angelo D'Amico  
**BARBARA ROMA:** Giancarlo Della Casa  
 Campo: Stadio di San Siro (m. 110 x 68, capacità 75.000)  
**COLOR SOCIALI:** Maglia nerazzurra a strisce verticali, pantaloni neri, calzoncini neri, fondo a zebra.

ANNO	SERIE			Tot.
	C	B	A	
1948/49				
1949/50				
1950/51				
1951/52				
1952/53				
1953/54				
1954/55				
1955/56				
1956/57				
1957/58				
1958/59				
1959/60				
1960/61				
1961/62				
1962/63				
1963/64				
1964/65				
1965/66				
1966/67				
1967/68				
1968/69				
1969/70				

## PORTIERI



**Elio Gatti**

Nato a Pianello il 15-7-30. Portiere. Cresciuto nel Torino. In prestito al Vigevano 57-58, al Torino 58-59, al Torino 60-61. Esordio in serie A, Torino il 24-8-58. Terzetto d'oro 60-61. Donatore di sangue. Dotti, atletico, sportivo e sicuro nelle scelte. Ha, anche della più impressionante precisione, fra i migliori portieri italiani. 4 gol in 10. A. 30 in 8. Alto m. 1,84, kg. 80. Spazio.



**Franco Tommasini**

Nato a Sallustiana il 25-4-46. Portiere di riserva. Cresciuto nel Mantova, al Inter nel 58-59. Esordio in serie A, Mantova il 19-09-57. Mantova il 24-8-58. Terzetto d'oro 60-61. Donatore di sangue. Dotti, atletico, sportivo e sicuro nelle scelte. Ha, anche della più impressionante precisione, fra i migliori portieri italiani. 4 gol in 10. A. 30 in 8. Alto m. 1,84, kg. 80. Spazio.

## CENTROCAMISTI



**Roberto Bivona**

Nato a San Donà (PD) il 24-7-45. Mezzala di centrocampo. Cresciuto nel Padova. Esordio in serie A, Padova il 14-9-65. Inter-Lazio 2-0. Ha nel divano, come la sua arma migliore, torna nei contrasti di fondo di un buon tac. Inaspettato di avanzare una posizione in campo ma portato a non restare in lungo e in largo. Alto m. 1,77, kg. 70. 1 presenza in nat. A. Celibe.



**Paolo Pini**

Nato a Pavia (PV) il 1-11-44. Mezzala di centrocampo. Cresciuto nel Padova. Esordio in serie A, Padova il 14-9-65. Inter-Lazio 2-0. Ha nel divano, come la sua arma migliore, torna nei contrasti di fondo di un buon tac. Inaspettato di avanzare una posizione in campo ma portato a non restare in lungo e in largo. Alto m. 1,77, kg. 70. 1 presenza in nat. A. Celibe.

## DIFENSORI



**Roberto Rossetti**

Nato a Brescia (BS) il 25-4-39. Terzetto d'oro. Cresciuto nell'Inter. Esordio in serie A, Padova il 14-9-65. Inter-Lazio 2-0. Ha nel divano, come la sua arma migliore, torna nei contrasti di fondo di un buon tac. Inaspettato di avanzare una posizione in campo ma portato a non restare in lungo e in largo. Alto m. 1,77, kg. 70. Spazio.



**Luciano Rezzani**

Nato a Ravenna (RA) il 25-4-39. Terzetto d'oro. Cresciuto nell'Inter. Esordio in serie A, Padova il 14-9-65. Inter-Lazio 2-0. Ha nel divano, come la sua arma migliore, torna nei contrasti di fondo di un buon tac. Inaspettato di avanzare una posizione in campo ma portato a non restare in lungo e in largo. Alto m. 1,77, kg. 70. Spazio.



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## ATTACCANTE



**Roberto Rossetti**

Nato a Brescia (BS) il 25-4-39. Terzetto d'oro. Cresciuto nell'Inter. Esordio in serie A, Padova il 14-9-65. Inter-Lazio 2-0. Ha nel divano, come la sua arma migliore, torna nei contrasti di fondo di un buon tac. Inaspettato di avanzare una posizione in campo ma portato a non restare in lungo e in largo. Alto m. 1,77, kg. 70. Spazio.



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# Ci si è dimenticati

- Che quasi tutte le scoperte sono state fatte analizzando accuratamente un singolo caso!
- Qualcuno si ricorda come è stato scoperto il diabete?

- *«Durante il periodo Rinascimentale*
- *il veneziano Vittorio Trincavella*
- *scopre il diabete assaggiando le urine»*



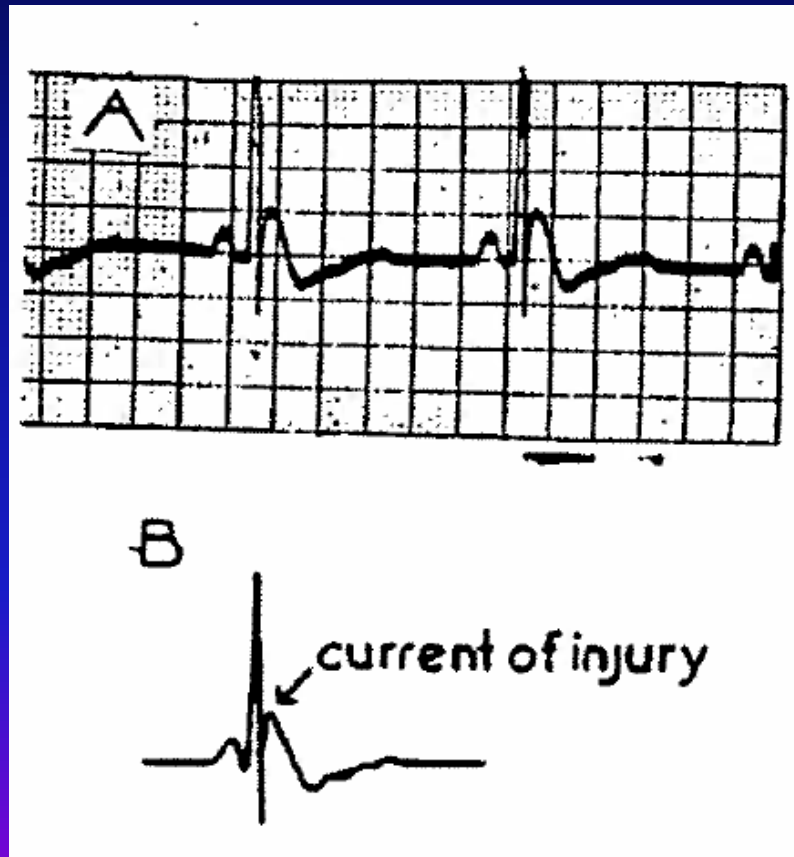
# Experimental Hypothermia: Respiratory and Blood pH Changes in Relation to Cardiac Function

JOHN J. OSBORN<sup>1</sup>

*From the Department of Pediatrics, New York University College of Medicine, New York City*



1953



In 1953, Dr. John Osborn described the J wave as an "injury current" resulting in ventricular fibrillation during experimental hypothermia.

# ELECTROCARDIOGRAPHIC PATTERN SIMULATING ACUTE MYOCARDIAL INJURY

By HAROLD L. OSHER, M.D.  
PORTLAND, MAINE

AND

LOUIS WOLFF, M.D.  
BOSTON, MASSACHUSETTS

(From the Electrocardiographic Laboratory, Beth Israel Hospital, the Department of Medicine, Harvard Medical School, Boston, Massachusetts, and the Heart Disease Epidemiology Study, National Heart Institute, National Institutes of Health, Public Health Service, Department of Health, Education, and Welfare, Framingham, Massachusetts.)

ABNORMAL displacement of the S-T segment may be associated with a variety of clinical states. In myocardial injury the typical configuration consists of elevation and upward bowing of the S-T segment with symmetrical inversion of the T waves in leads facing the affected area. We have recently observed a similar electrocardiographic pattern in patients without clinical evidence of any acute myocardial process. The purpose of this paper is to point out the distinguishing characteristics of this pattern and to elucidate the mechanism of its production.

Our attention was first drawn to this pattern by the electrocardiograms reproduced in Figure 1. The patient, a 39-year-old white male, entered the Beth Israel Hospital for study on January 19, 1950, because of an episode, 2 weeks previously, of interscapular pain following exertion, and vague substernal discomfort 2 days prior to admission. Physical examination was entirely within normal limits with blood pressure of 120/80 and a normal sized heart with sounds of good quality and no murmurs. Chest roentgenogram and laboratory examination of urine, and blood revealed no abnormalities. His hospital course was afebrile and symptom-free except for anxiety; there was no further chest pain and white

blood cell counts and erythrocyte sedimentation rates, remained normal. Initial electrocardiograms showed right bundle branch block (RBBB) with elevation of S-T segments and inversion of T waves in the right precordial leads, and were interpreted as consistent with anteroseptal injury. However, subsequent tracings showed persistence of the S-T-T pattern with only minor variations, rather than the serial changes typical of evolution of an acute process. The patient was discharged on February 6, 1950, and remained well for 8 months.

In November, 1950, during a period of emotional turmoil, he was again hospitalized because of mild substernal discomfort lasting one day. Clinical and laboratory examination failed to reveal any abnormality, and his hospital course was uneventful except for a few brief twinges of chest pain related to emotional upsets. The electrocardiograms were essentially unchanged and again failed to show progressive changes. The patient has remained well to date (April, 1953), and presents no objective evidence of heart disease although the unusual electrocardiographic pattern persists.

Figure 2 shows the electrocardiograms of a healthy 43-year-old white male (H.D.E.S. Case Number 4549)

(341)

Osher's ECG

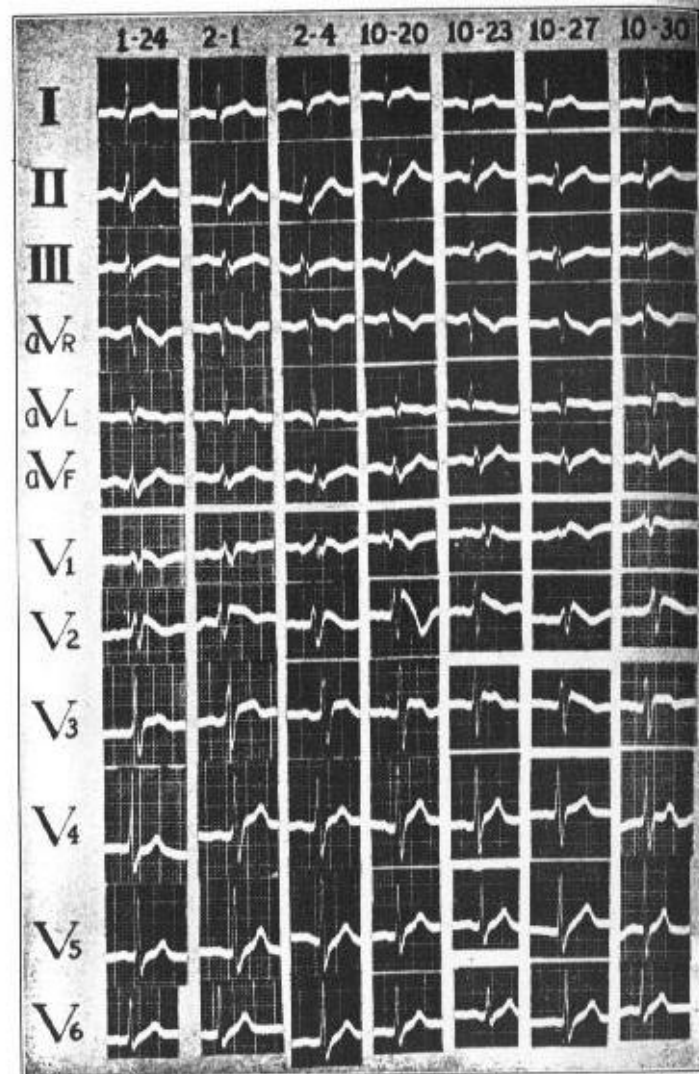


Fig. 1.—Electrocardiograms of a 39-year-old white male with mild atypical chest pain but no clinical evidence of heart disease. Note the wide QRS interval (0.12-0.13 sec.) with features of RBBB, and S-T segment elevation and T wave inversion in the right precordial leads, simulating the pattern of anteroseptal injury. The serial tracings show minor variations in the S-T-T configuration, but not the typical evolution seen with myocardial injury.

(542)

“questo è dovuto ad un ritardo di depolarizzazione focale di una porzione del ventricolo destro”

Osher HL, Wolff L. Electrocardiographic pattern simulating acute myocardial injury. Am J Med Sci 1953; 226: 541-5.



Harold osher



Louis Wolff, Sir John Parkinson  
and Paul Dudley

# Pistas de una enfermedad orgánica subyacente en el síndrome de Brugada

## Clues of an underlying organic substrate in the Brugada Syndrome

*Bortolo Martini, Nicolò Martini, Manlio Marquez, Caterina Dorantes, Li Zhang, Guy Fontaine and Andrea Nava 2017*

- On 20 October 1984 a 42 years old healthy and previous asymptomatic cook, quietly talking with the post officer outside his restaurant in Conegliano (the land of Prosecco) suddenly collapsed and a successful defibrillation was performed. The electrocardiogram (ECG) taken showed an ST elevation in the precordial leads (Figure 1) but a clever Cardiologist ruled out acute myocardial infarction. The patient is still alive and asymptomatic on beta blockers therapy.

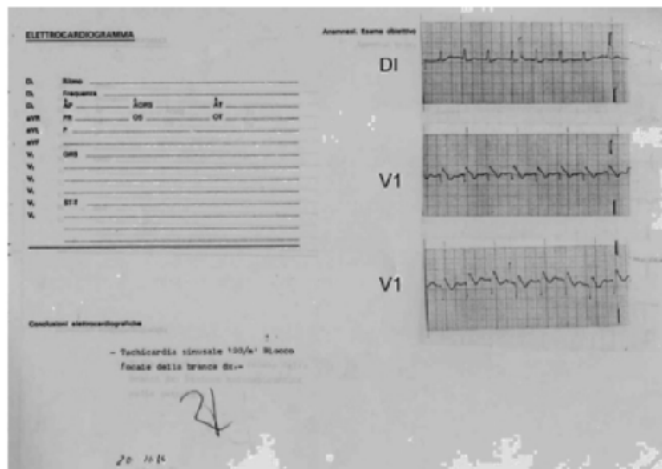


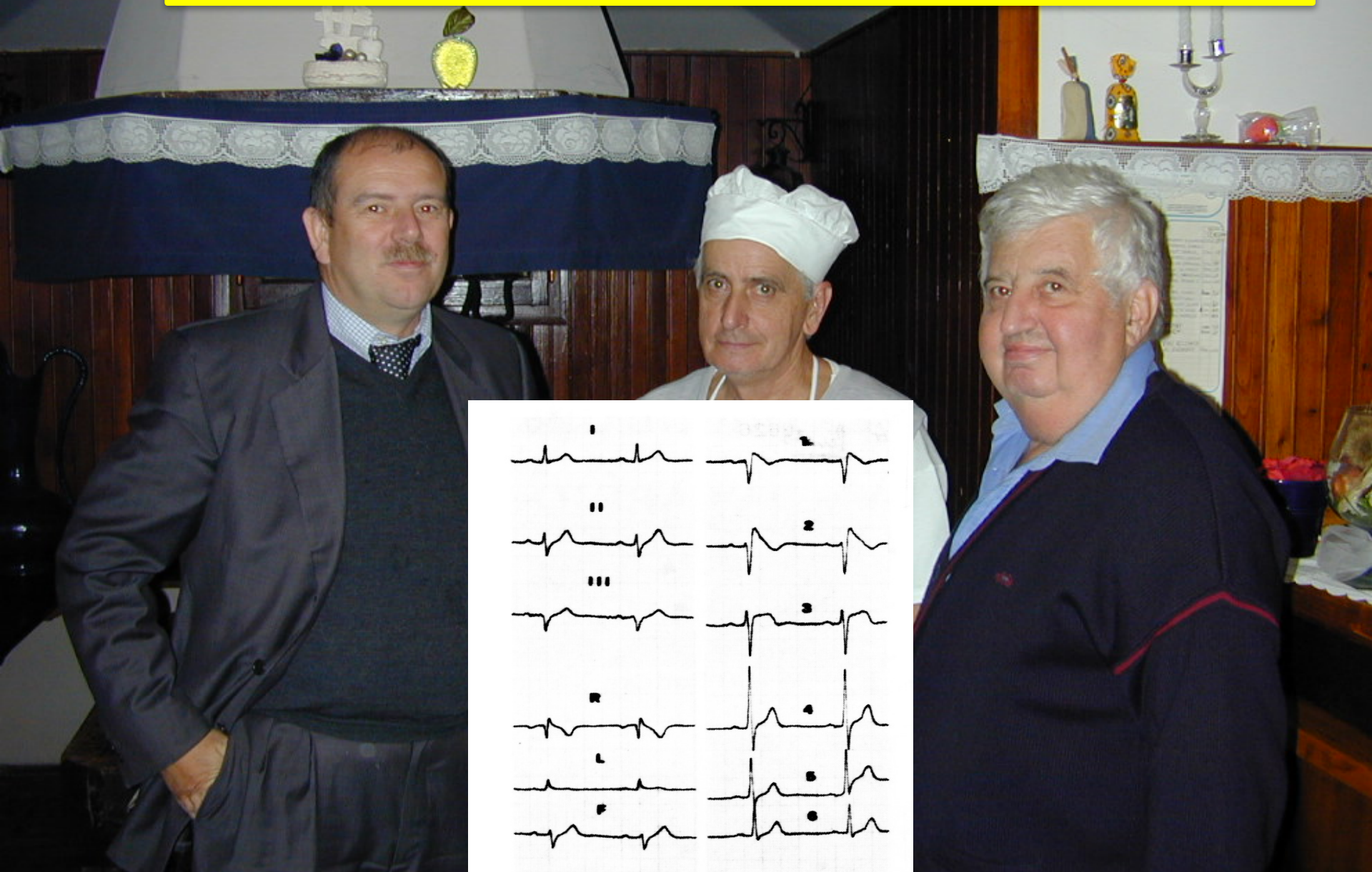
Figura 1 Derivaciones DI y V1 del primer paciente diagnosticado con el síndrome de muerte súbita, asociada a una morfología electrocardiográfica similar al bloqueo de rama derecha y elevación del segmento ST. Fue tomado poco después de un paro cardíaco reanimado mediante desfibrilación el 20 de noviembre de 1984. Es interesante que el cardiólogo lo interpretó como «taquicardia sinusal a 120 lpm y bloqueo focal de rama derecha».



# Giuseppe Piccoli, Conegliano



**Questo paziente, tuttora vivente ed asintomatico, ha avuto  
Un arresto cardiaco da fibrillazione ventricolare il  
20 ottobre 1984, a 42 anni**



**LA REPOLARISATION PRECOCE DANS LES PRECORDIALES  
DROITES : TROUBLE DE LA CONDUCTION INTRAVENTRICULAIRE  
DROITE ?  
CORRELATIONS DE L'ELECTROCARDIOGRAPHIE-VECTOCARDIO-  
GRAPHIE AVEC L'ELECTROPHYSIOLOGIE**

A NAVA, B CANCELI, M-L SCHIAVINATO, B MARTINI, G BUJA

Dep. de Cardio., Univ de Padoue (Italie)

Adresse : A Nava, Cattedra di Cardiologia, Policlinico università, via Giustiniani 2, 35100 Padova, Italia

MISES A JOUR CARDIOLOGIQUES-17<sup>e</sup> ANNEE 1988-XVII 5

p 157

Reprinted from AMERICAN HEART JOURNAL, St. Louis Vol. 118, No. 6, pp. 1203-1209, December, 1989, (Printed in the U.S.A.) (Copyright © 1989, by The C.V. Mosby Company)

**1988-89!**

## **Ventricular fibrillation without apparent heart disease: Description of six cases**

Since 1977, six patients (five males and one female), aged 14 to 35 years, resuscitated from ventricular fibrillation, were referred to our department for detailed evaluation, after exclusion of major cardiac pathologic conditions. Four patients had a family history of heart disease. Basic ECGs showed sinus rhythm in all of them. PR interval was prolonged in one. Two patients had complete and one had incomplete right bundle branch block. One patient had inverted t waves in V1-2 and late potentials. Three had an upsloping ST-T segment elevation in V1,2. The cardio thoracic index was less than 0.5 in five and 0.50 in one. In one of the five patients studied, the clinical episode of ventricular fibrillation was reproduced by stimulation of the right ventricular outflow tract during electrophysiologic study. Results of cross-sectional echocardiography and angiography showed predominantly structural and wall motion abnormalities of the right ventricle in five patients and slight wall motion abnormalities of the left ventricle in two. Two patients also had mitral and tricuspid valve prolapse. Coronary arteries were normal in all five patients examined. Results of endomyocardial biopsy showed no abnormalities in one patient, fibrosis in two, and fibroplomatosis in one. Two patients died during follow-up: autopsy was performed in one and results showed right ventricular cardiomyopathy. Thus in five of these selected patients with apparent idiopathic ventricular fibrillation, some abnormalities, predominantly of the right ventricle, were documented only after detailed investigation; however, clinical history and some nonspecific ECG abnormalities were factors in the diagnostic procedure. (AM HEART J 1989; 118:1203.)

Bortolo Martini, MD, Andrea Nava, MD, Gaetano Thiene, MD, Gian Franco Buja, MD, Bruno Cancelli, MD, Roldano Scognamiglio, MD, Luciano Daliento, MD, and Sergio Dalla Volta, MD. *Padua, Italy*

# Cosa è l'ECG di Nava?

PR>

HV allungato

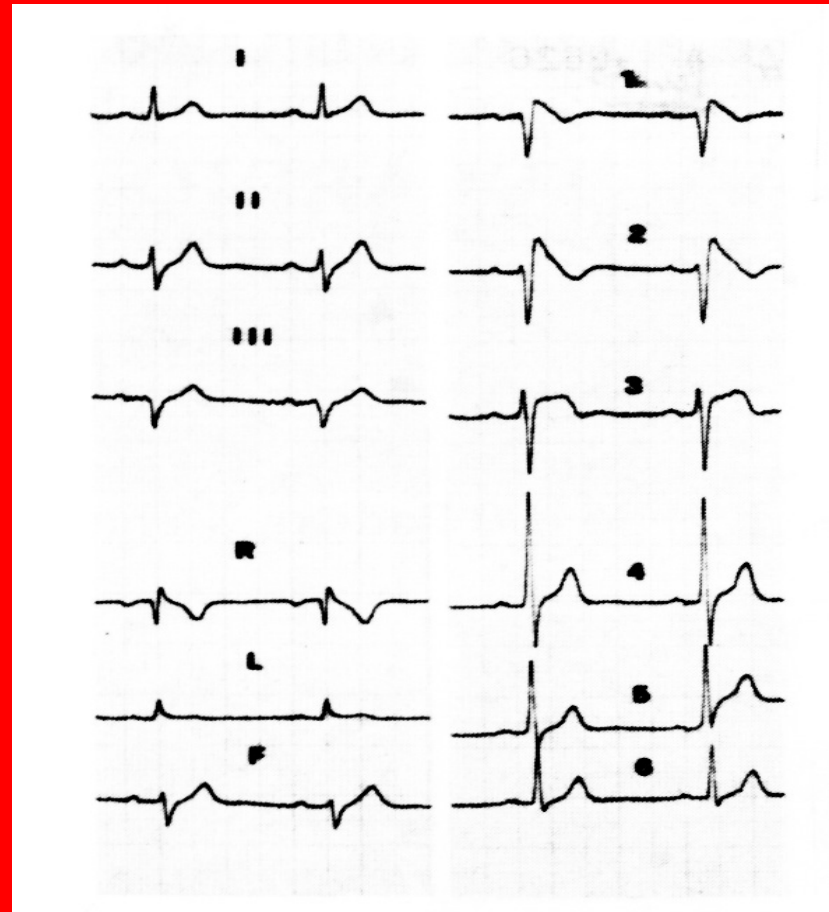
Deviazione assiale sn

T negative in V1-V2

Punto J arrotondato

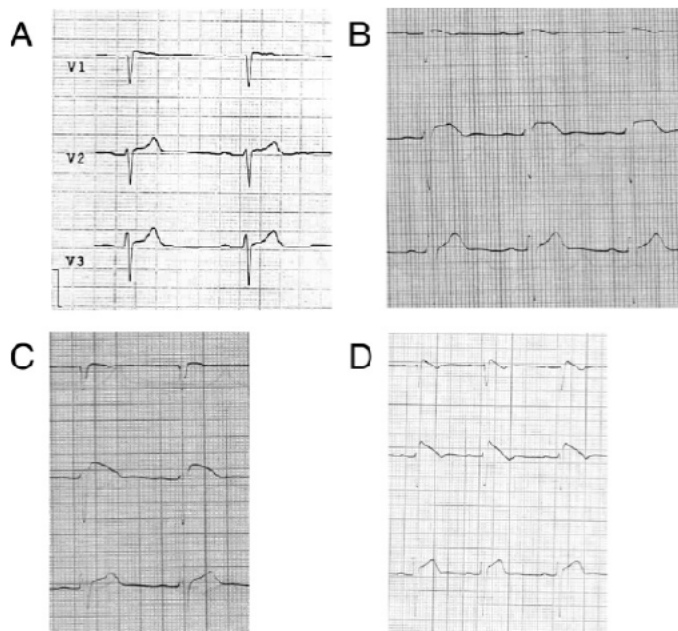
ST a tenda in V1-V2

Assente o minima s in V6

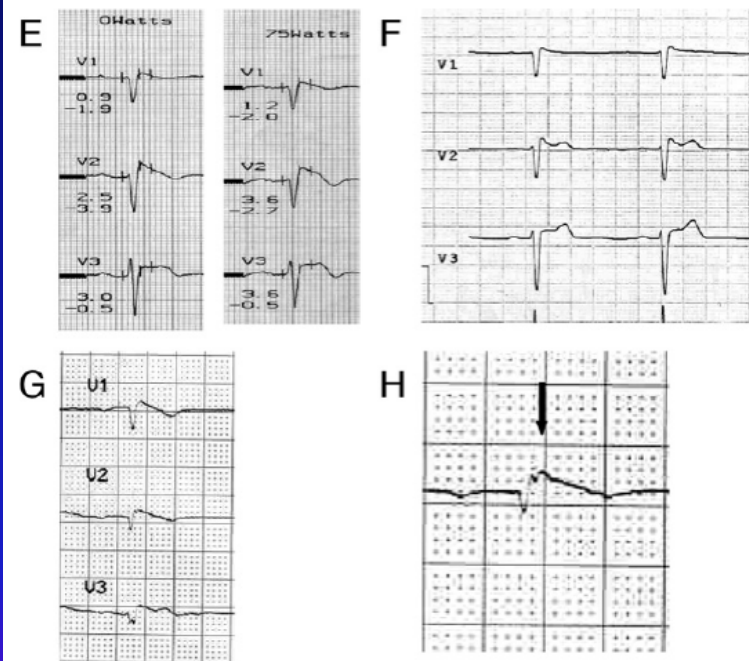


# LETTER TO THE EDITOR

## *To the Editor: A Long Lasting Electrocardiographic History*

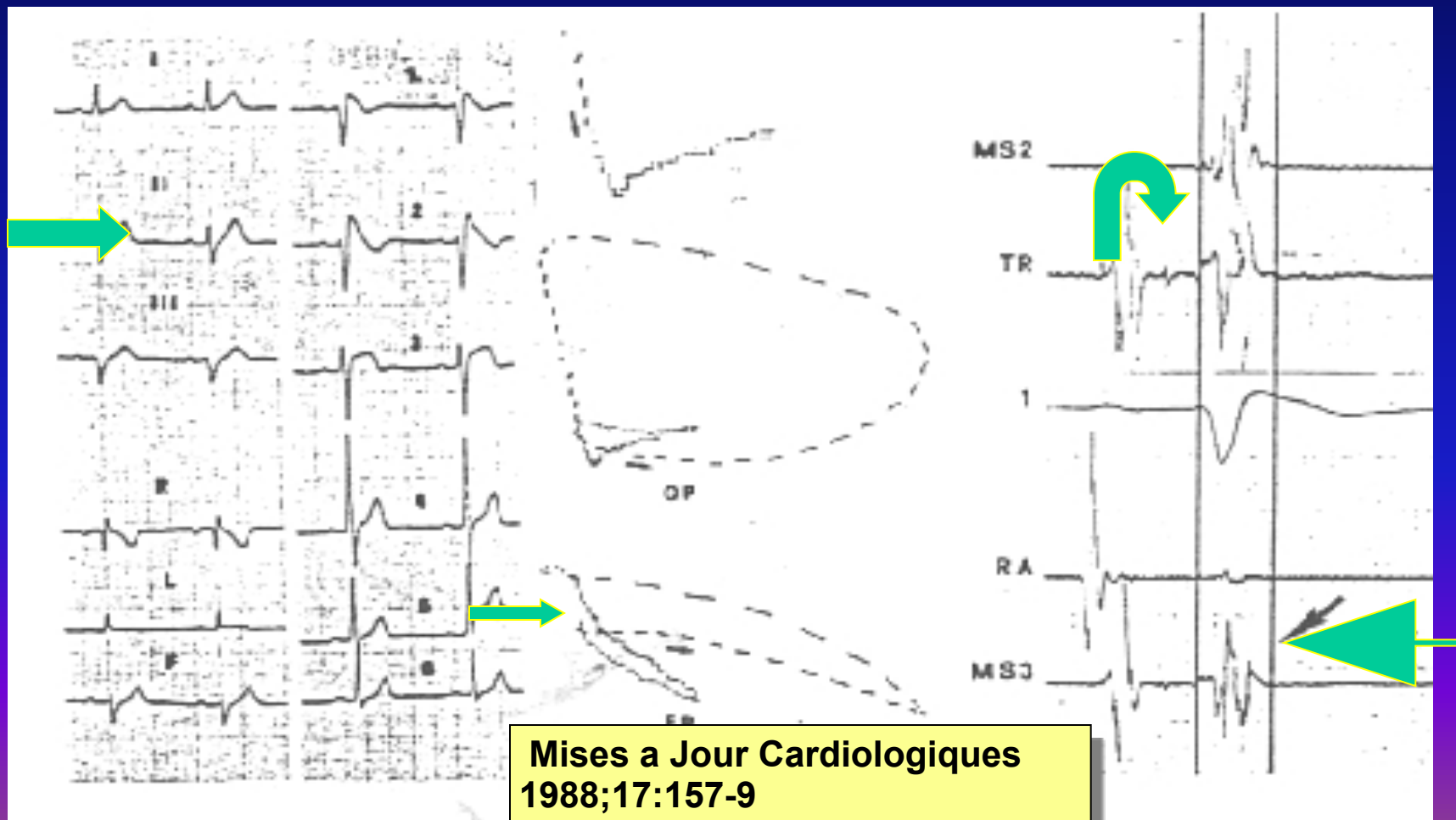


**Figure 1** The ECG tracings in Figures 1 and 2 were not taken consecutively but were recorded in different years. A: Normal ECG. B, C: Dome-shaped ST-segment elevation. These traces were recorded when the patient was taking amiodarone. D: Coved ST-segment elevation.



**Figure 2** E: Coved ST-segment elevation accentuated during stress test. F: Saddle-back ST-segment elevation. G: Epsilon wave in V2, which is best seen in the larger magnification at H (arrow).

# ECG, VCG, Endocardial recordings





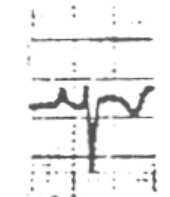
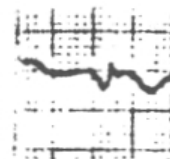
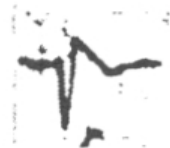
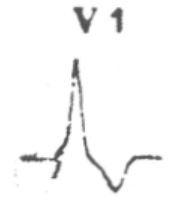
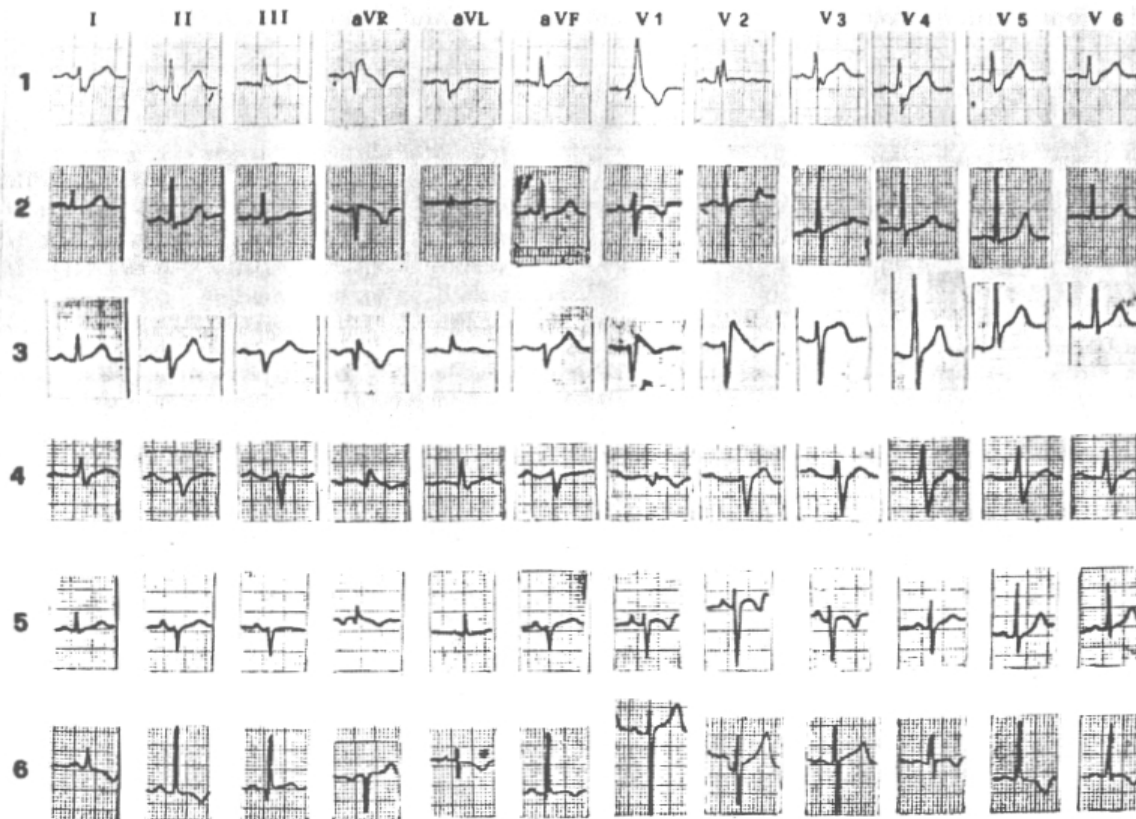
## Ventricular fibrillation without apparent heart disease: Description of six cases

Bortolo Martini, MD, Andrea Nava, MD, Gaetano Thiene, MD,  
Gian Franco Buja, MD, Bruno Canciani, MD, Roldano Scognamiglio, MD,  
Luciano Daliento, MD, and Sergio Dalla Volta, MD. *Padua, Italy*

*Martini et al.*

In this article all the ECG pattern of the syndrome were described

December 1989  
American Heart Journal



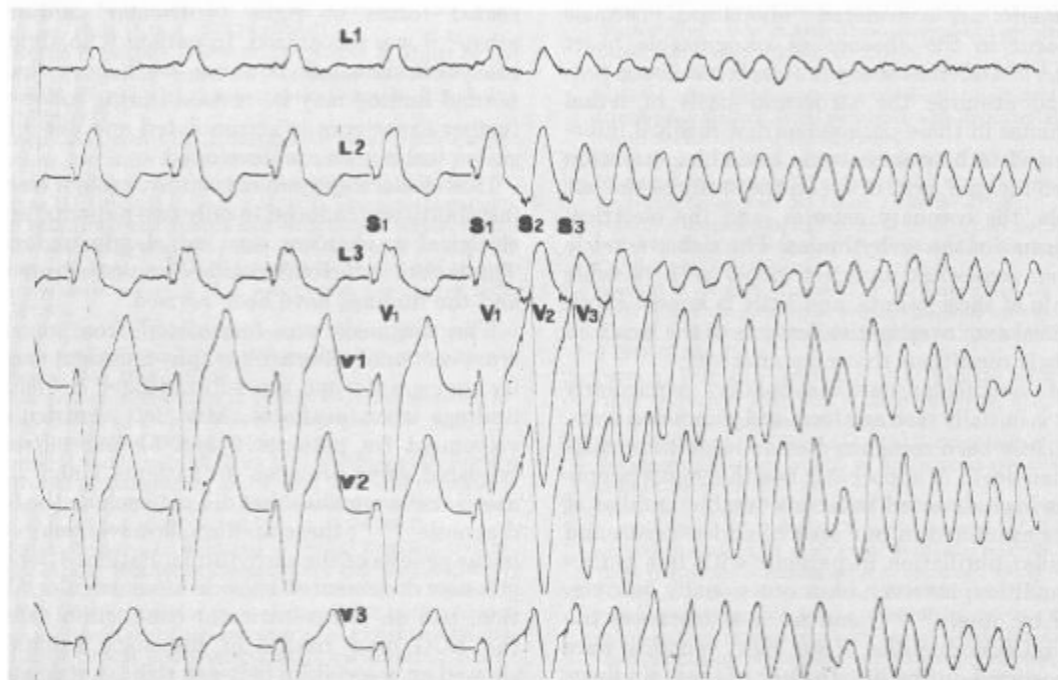


Fig. 2. Electrophysiologic study in patient 1: ventricular tachycardia was induced during pacing at level of pulmonary infundibulum, which degenerated in ventricular fibrillation.

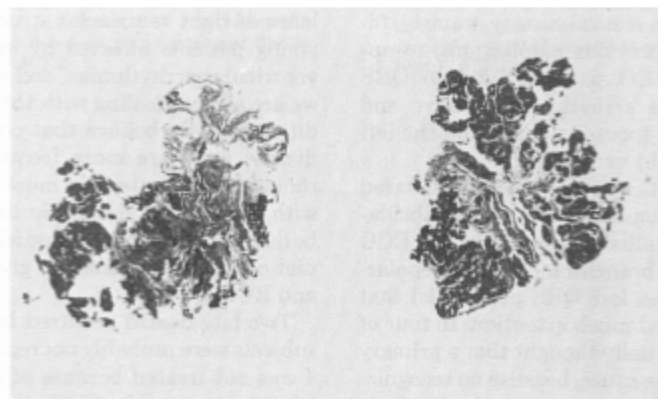
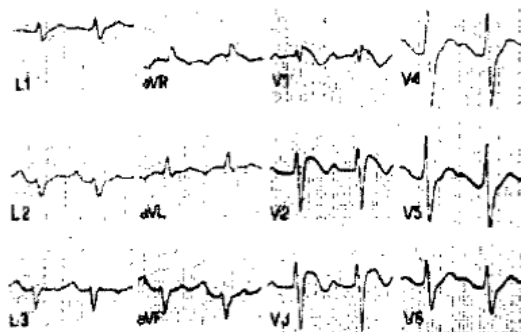


Fig. 3. Endomyocardial biopsy from patient 1: moderate fibrosis is visible in two fragments. (Azan Mallory stain; original magnification  $\times 10$ .)

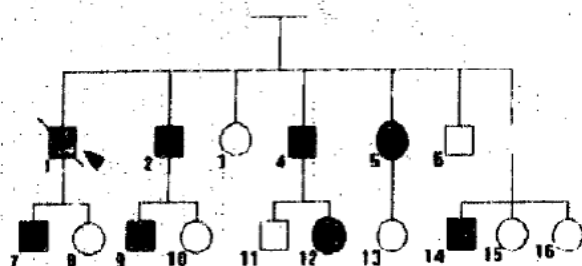
# Familial Cardiomyopathy Underlies Syndrome of RBBB, ST Segment Elevation and Sudden Death

Corrado D, Nava A, Buja G, Martini B, Thiene G.

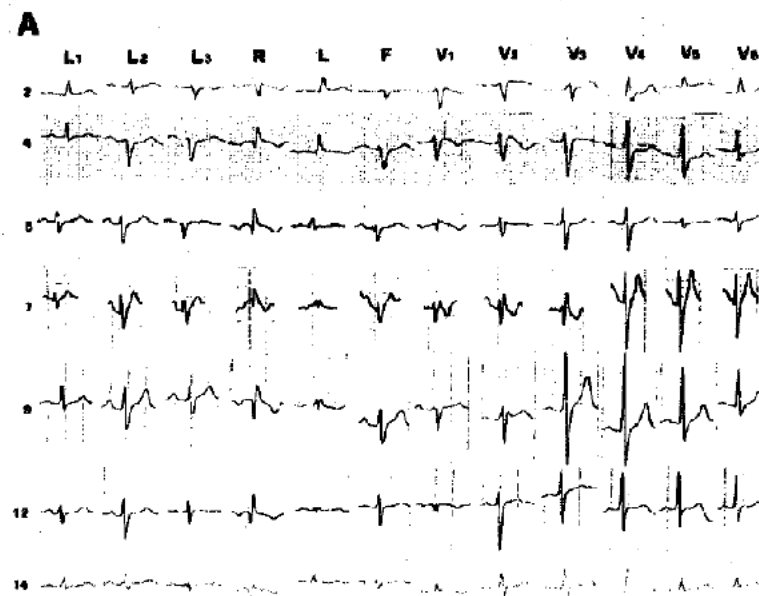
JACC 1996;27:443-8



**Figure 2.** The 12-lead basal electrocardiogram of the proband, recorded nearly 2 years after the episode of aborted sudden death.

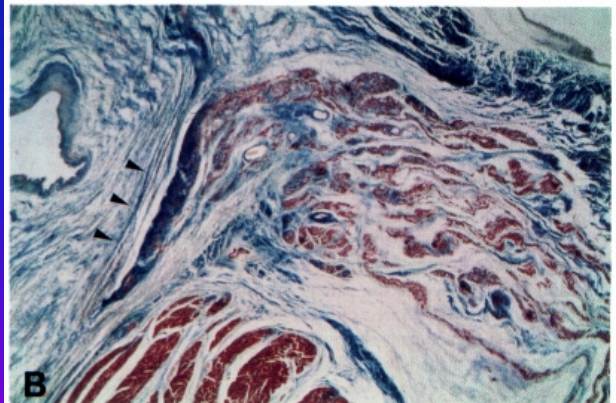
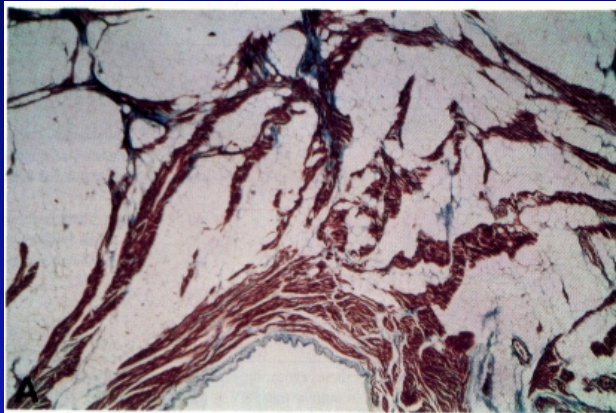


**Figure 1.** Family pedigree. Numbers indicate cases. Circles represent women and squares represent men. Arrowhead indicates the proband. Diagonal bars indicate deceased family members. Affected members are represented by solid circles and squares. Nonaffected and noninvestigated members are represented by open and gray symbols, respectively.

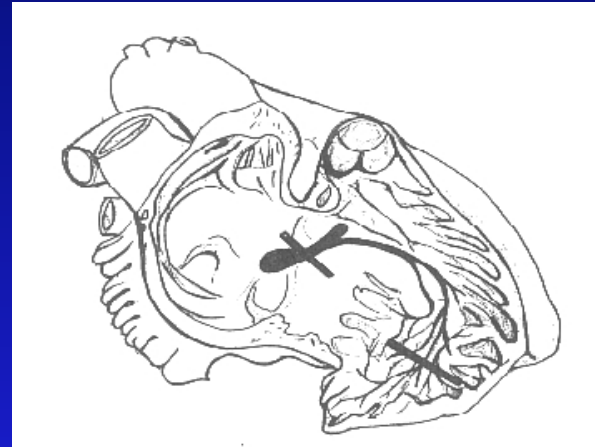


## Syndrome of right bundle branch block, ST Segment elevation and sudden death: evidence of an organic substrate

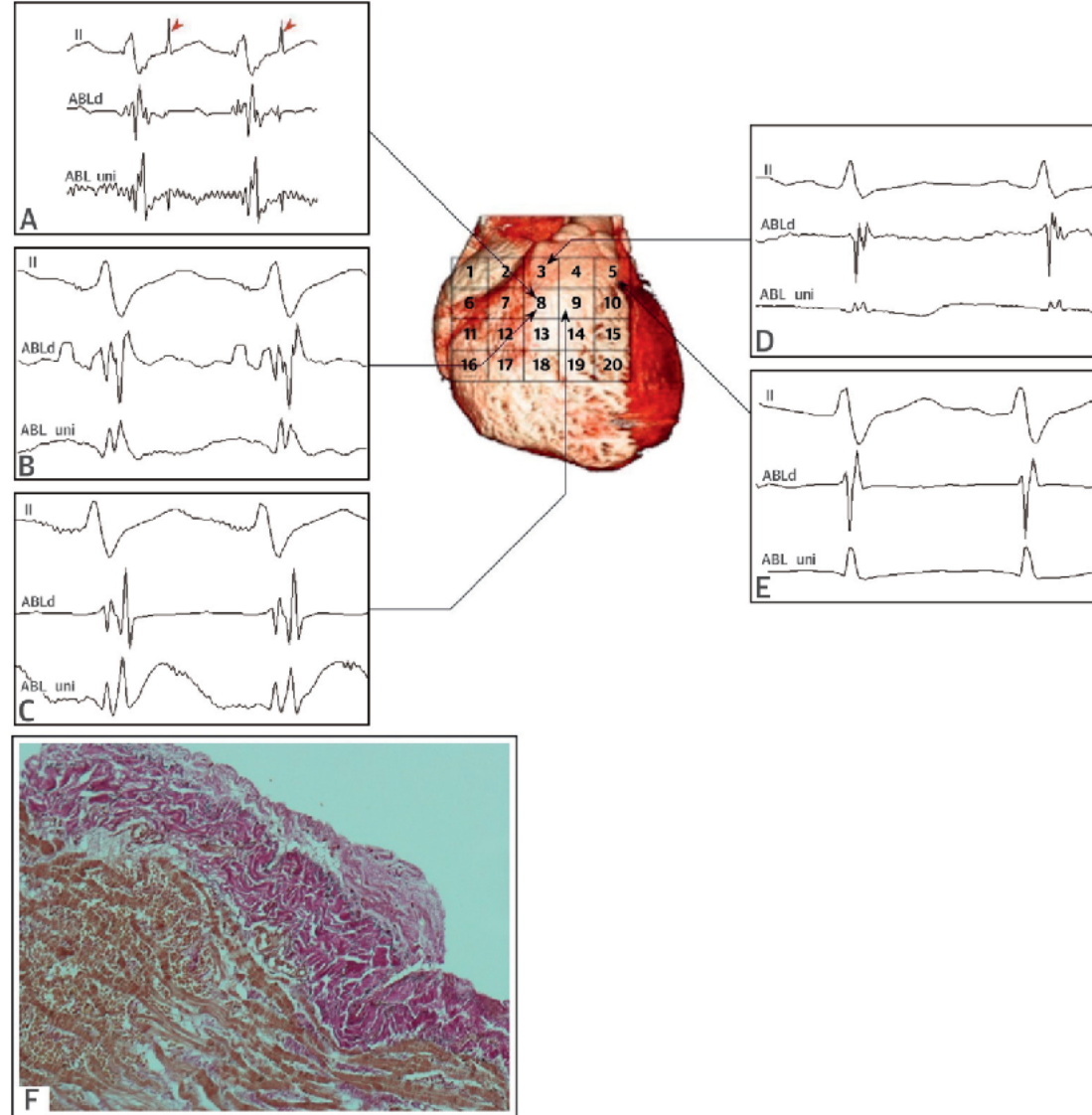
Bortolo Martini, Domenico Corrado, Andrea Nava and Gaetano Thiene. 1997



- **A: atrophy, fibrosis, adiposis of the RVFW**



- **B: severe fibrosis of the bifurcating His bundle with sclerotic interruption of right bundle branch**

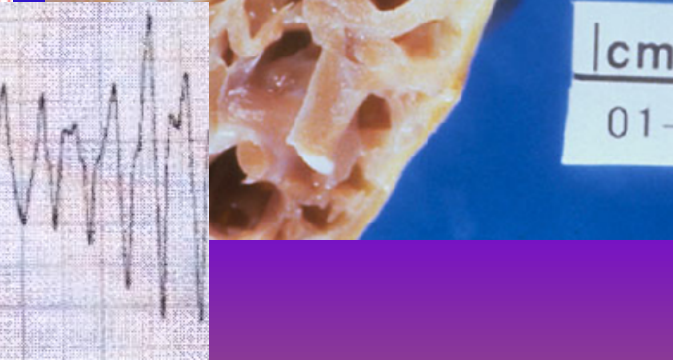
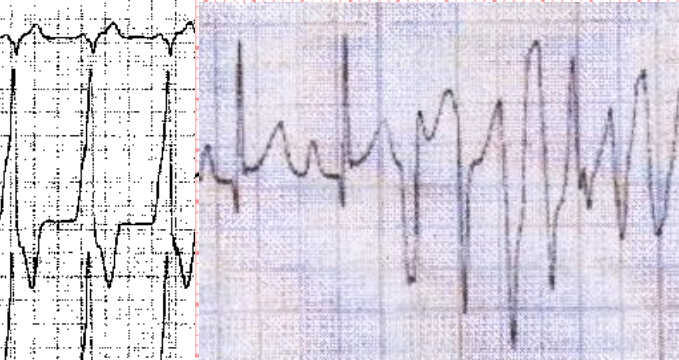
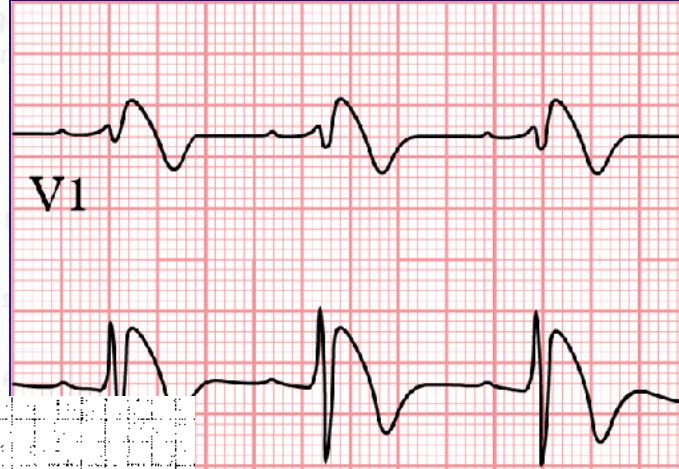
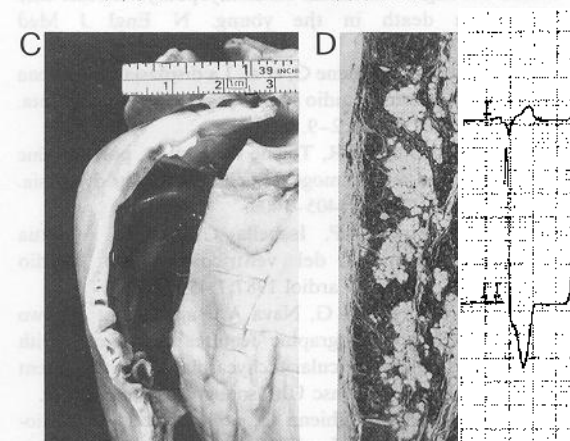
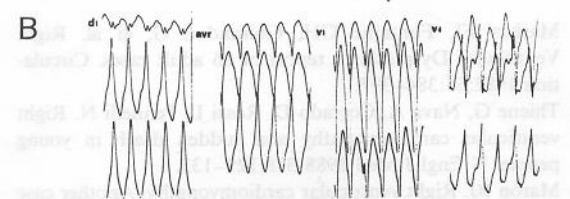
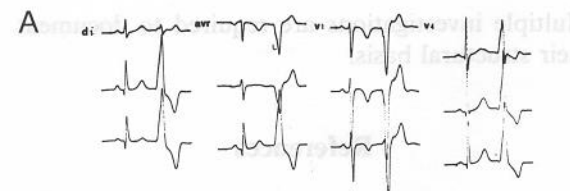
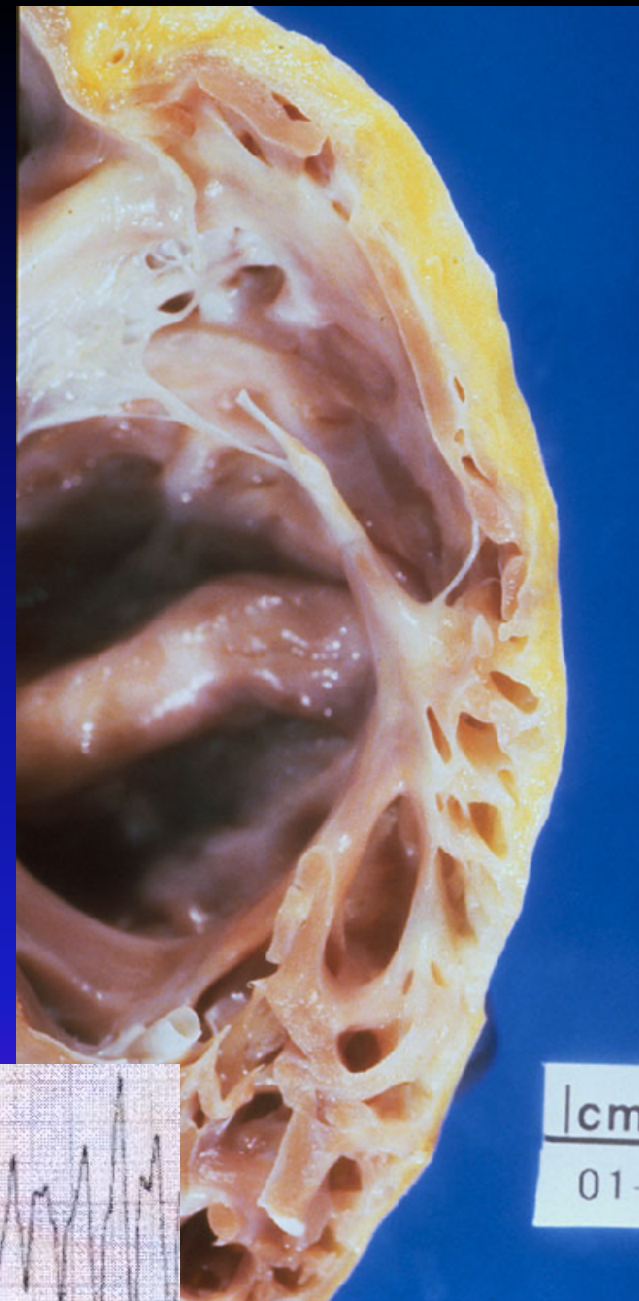
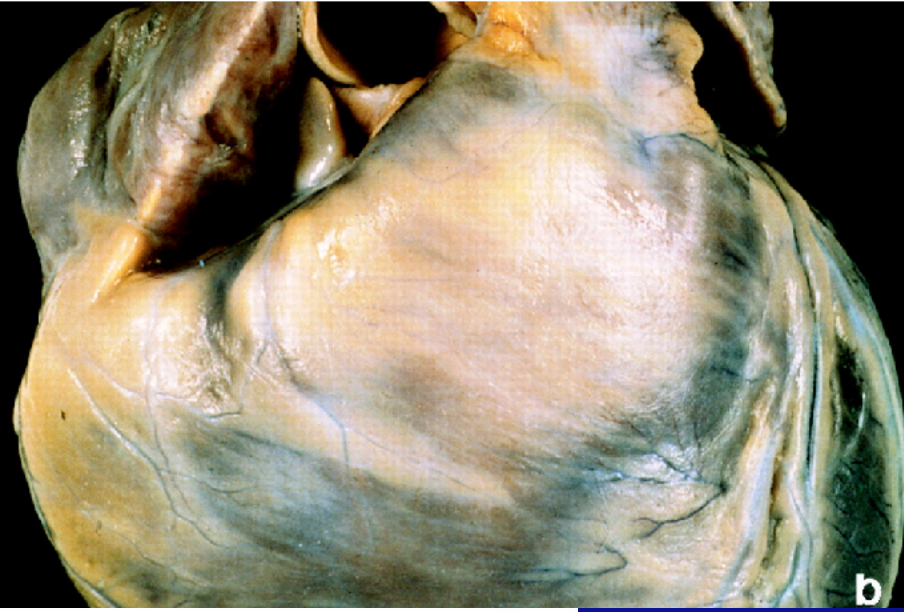


Computed tomography scan of the heart (center) of in vivo BrS patient V2 showing an anatomical grid over the anterior RVOT. ECG lead II and a distal bipolar (0.4 mV/cm voltage scale at 30- to 300-Hz filter settings) and unipolar (5 mV/cm voltage scale at 0.05- to 300-Hz filter settings) electrogram at labeled sites are given in surrounding panels, with pacing stimuli indicated by red arrowheads. Abnormal fractionated electrograms are on the (A to C) left and normal electrograms on the (D to E) right. (F) Epicardial biopsy and histology (PSR) at the site of the abnormal electrogram shows epicardial fibrosis with focal finger-like projections of collagen into myocardium. ABL d ¼ distal bipolar ablation catheter electrogram; ABL uni ¼ unipolar ablation catheter electrogram; BrS ¼ Brugada syndrome; RVOT ¼ right ventricular outflow tract; other abbreviations as in Figure 1.

Perché

- **Il tratto del flusso del ventricolo destro è la madre di tutte le aritmie idiopatiche?**

# La madre delle aritmie idiopatiche



# Right Bundle Branch Block, Persistent ST Segment Elevation and Sudden Cardiac Death: A Distinct Clinical and Electrocardiographic Syndrome

## A Multicenter Report

PEDRO BRUGADA, MD, JOSEP BRUGADA, MD\*†

*Aalst, Belgium and Barcelona, Spain*



**Objectives.** The objectives of this study were to present data on eight patients with recurrent episodes of aborted sudden death unexplainable by currently known diseases whose common clinical and electrocardiographic (ECG) features define them as having a distinct syndrome different from idiopathic ventricular fibrillation.

**Background.** Among patients with ventricular arrhythmias who have no structural heart disease, several subgroups have been defined. The present patients constitute an additional subgroup with these findings.

**Methods.** The study group consisted of eight patients, six male and two female, with recurrent episodes of aborted sudden death. Clinical and laboratory data and results of electrocardiography, electrophysiology, echocardiography, angiography, histologic study and exercise testing were available in most cases.

**Results.** The ECG during sinus rhythm showed right bundle branch block, normal QT interval and persistent ST segment elevation in precordial leads  $V_1$  to  $V_2$ - $V_3$  not explainable by electrolyte disturbances, ischemia or structural heart disease. No histologic abnormalities were found in the four patients in

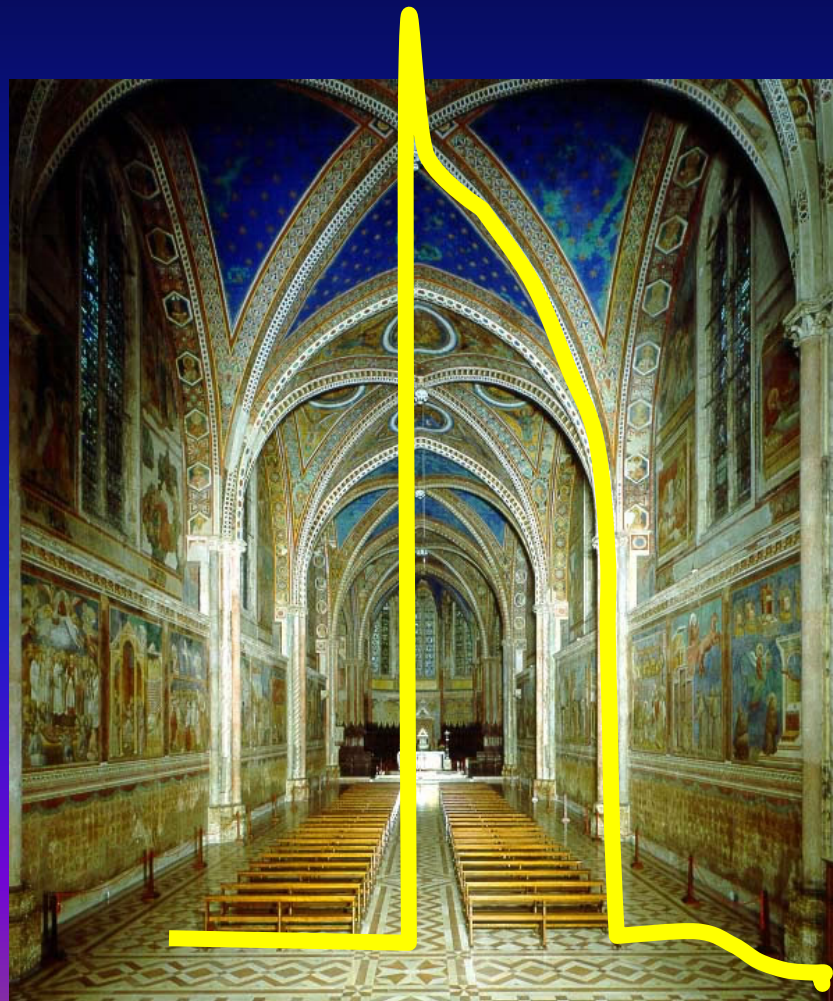
whom ventricular biopsies were performed. The arrhythmia leading to (aborted) sudden death was a rapid polymorphic ventricular tachycardia initiating after a short coupled ventricular extrasystole. A similar arrhythmia was initiated by two to three ventricular extrastimuli in four of the seven patients studied by programmed electrical stimulation. Four patients had a prolonged HV interval during sinus rhythm. One patient receiving amiodarone died suddenly during implantation of a demand ventricular pacemaker. The arrhythmia of two patients was controlled with a beta-adrenergic blocking agent. Four patients received an implantable defibrillator that was subsequently used by one of them, and all four are alive. The remaining patient received a demand ventricular pacemaker and his arrhythmia is controlled with amiodarone and diphenylhydantoin.

**Conclusions.** Common clinical and ECG features define a distinct syndrome in this group of patients. Its causes remain unknown.

*(J Am Coll Cardiol 1992;20:1391-6)*



# La sacra sindrome «dei Brugada»?



Stephen M. Stigler is  
Professor of Statistics at the  
University of Chicago.

# Stigler's law



- no scientific discovery is named after its original discoverer.

THE CLEVELAND CLINIC  
FOUNDATION  
LERNER RESEARCH INSTITUTE



April 30, 2000

Bortolo Martini, M.D.

Department of Cardiology  
Ospedale Civile di Thiene  
Thiene  
Italy

Dear Dr. Martini:

I read a commentary article from you in *Circulation*. This is how I know your address. I am the senior and corresponding author on the *Nature* paper (Genetic Basis and Molecular Mechanism for idiopathic ventricular fibrillation) (please see the enclosed reprint).

As you know, many people now call idiopathic ventricular fibrillation with right bundle branch block and ST-segment elevation as Brugada syndrome. In as I understand, you were the first to describe this syndrome. The disease should be at least Martini-Brugada syndrome or just Martini syndrome. But, sometimes politics does penetrates basic science.

I have moved my laboratory from Baylor to the Cleveland Clinic Foundation. My wife, Qiuyun Chen, Ph.D., who was the first author on the *Nature* paper, has also moved to Cleveland. My laboratory is continuing to look for new genes and mutations for IVF with STE. Dr. Glenn Kirsch, who is the co-first author on the *Nature* paper is also in Cleveland, and we are continuing our long-time collaboration. So, we have a very strong team at Cleveland for genetics of cardiovascular disease. By the way, the Cleveland Clinic Foundation has been ranked FIRST for Cardiology five years in a row in the USA.

I would like to invite you, Dr. Gaetano Thiene, and your other colleagues to join our team on this project. If you have families and patients with idiopathic VT or VF, please send blood samples to us for genetic research. Needless to say, I will include you and your colleagues as co-authors on publications from this collaboration.

If you have any questions, please feel free to contact me.

Yours sincerely,

Qing Wang, Ph.D.

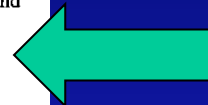
Assistant Staff of Molecular Genetics, Molecular Cardiology, and Cardiology

1-216-445-0570 (Office)

1-216-444-2682 (fax)

[wangq2@ccf.org](mailto:wangq2@ccf.org) (e-mail)

9500 Euclid Avenue, Cleveland, Ohio 44195



Sfortunatamente  
La politica ha invaso  
La Medicina

# Scoperte Italiane e nomi Stranieri in Aritmologia

Malattia	Scopritore	Nome corrente
Sincope da BAVC	Mercuriale, Morgagni	Stokes- Adam
Fascio Accessorio	Paladino	Kent bundle
BAV di grado 2	Luciani	Wenckebach Mobitz 2
LQTS	Romano	Ward- Romano
RBBB+ST+ Morte Improvvisa	Nava- Martini- Thiene	Brugada



## CARDIOVASCULAR CENTER AALST

*Prof. Dr. Pedro Brugada*

Aalst, March 18, 1999

Dear Doctor Martini,

Thank you very much for your recent letter and for sending me a reprint of your article which was published in the Am Heart J 1989;1118:1203-1209

In our publication from 1992, we did not refer to your report because we were not aware of it. Lateron, when we became aware of your publication we did not include it in our group because you state very clearly that your patients had right ventricular dysplasia.

With best personal regards,

Prof. Dr. Pedro Brugada

«nel 1992 non ci eravamo  
Accorti della vostra scoperta  
Del 1989»

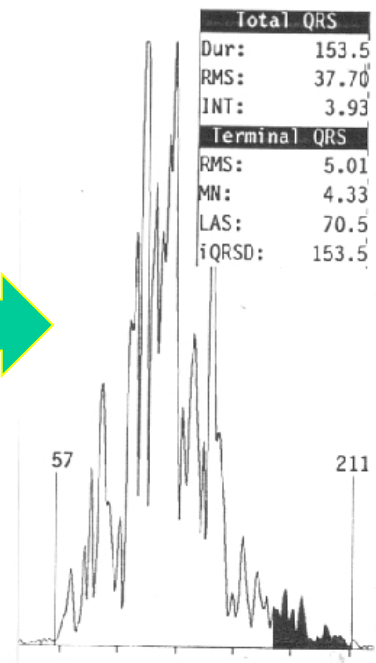
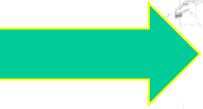
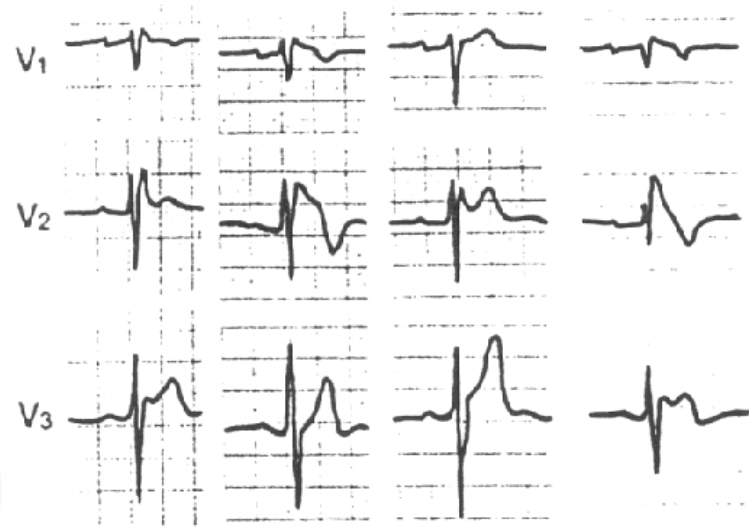
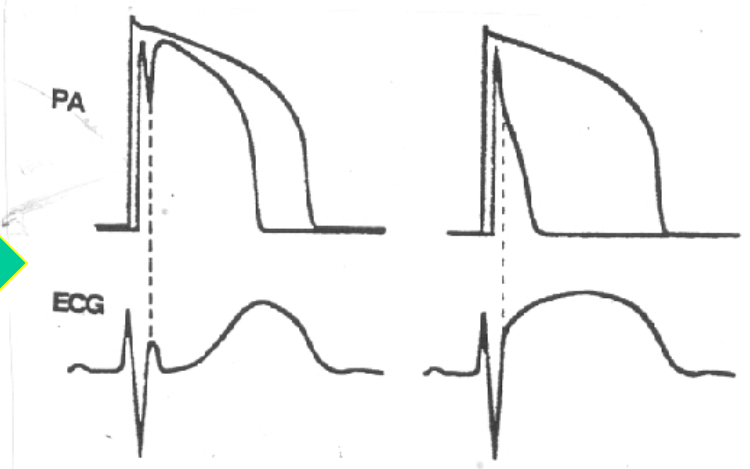
# Published Functional Theories

- 1992: “prolonged HV suggest His-Purkinje disease”. “Marked dispersion of refractory periods or extreme anisotropic conduction
- 1994: disorder related to “M cells”
- 1996: IT0 channels involvement
- 1998 mutations of SCN5A genes inducing eterogenicity in epicardial and endocardial AP in 50% of pts with the ECG
- ***The available data suggest that the B.S is a familial primary electrical disease caused by a defect in an ion channel gene, resulting in premature repolarization of some right ventricular epicardial sites.***
- 2002 “the morphological abnormalities are secondary to electrical conduction defect and abnormal repolarization”
- 2002 “loss of the action potential dome, because it creates a hibernation-like state, may over long periods of time lead to mild morphological changes, which include lipid accumulation and fibrosis

What is the pathophysiology of these ECGs?? Two theories

???

*functional* repolarization abnormality



*organic* depolarization abnormality



## Repolarization or Depolarization abnormality?

- «However we hope that Dr Martini no longer ignore the existence of a **functional disorder underlying the syndrome** of right bundle branch block, right precordial ST-segment elevation, and sudden death.
- **Arthur Wilde**, Circulation 1999
- Tukkie R, Sogaard P, Vleugels J, De Groot I, **Wilde AM**, Tan H.:
  - **Delay in Right Ventricular Activation** Contributes to Brugada Syndrome. Circulation 2004;109:1272-1277.)



REVIEW TOPIC OF THE WEEK

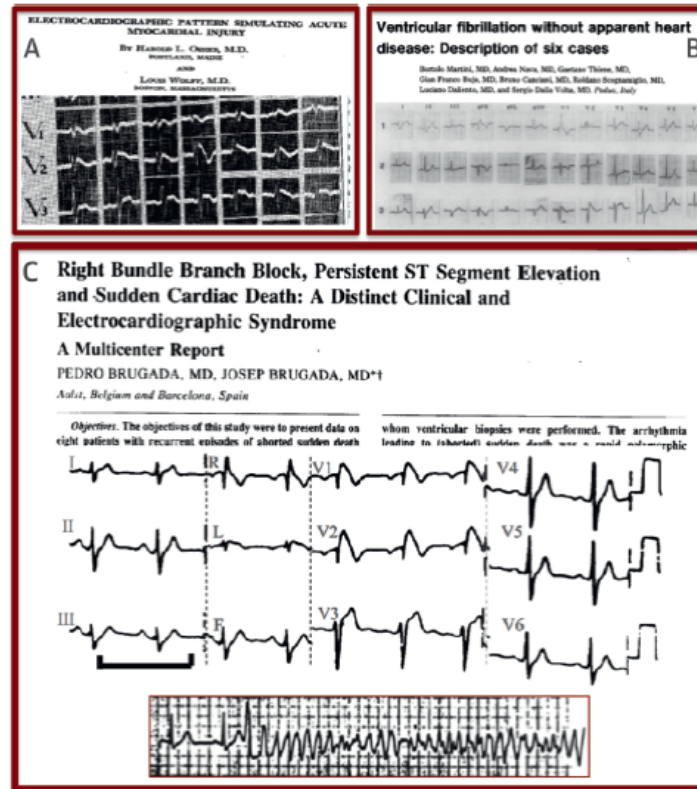
# A Tale of 2 Diseases

## The History of Long-QT Syndrome and Brugada Syndrome

Ofer Havakuk, MD, Sami Viskin, MD



### Initial Reports of Brugada Syndrome



(A) First presentation of electrocardiograms nowadays defined as type I Brugada syndrome in 3 ostensibly healthy men with a pattern "resembling myocardial infarction," followed for years by Osher and published in 1953 (49). (B) Presentation of 6 patients with idiopathic ventricular fibrillation, including 1 with "type-I Brugada-like pattern," by Martini et al. (50). (C) Description of 8 patients with "right bundle branch block, persistent ST-segment elevation and sudden death" by Pedro and Josep Brugada in 1992 (48), an entity soon to become recognized as Brugada syndrome.

# La sindrome «di Brugada» Sta crollando la «cupola»?



- **Altri aspetti ECG**

# Dynamic ST behaviour

30-50% of pts with ths syndrome. How many healthy subject with the ecg???



ST elevation  
*Coved*  
*Saddle-like*  
*Dome shaped*

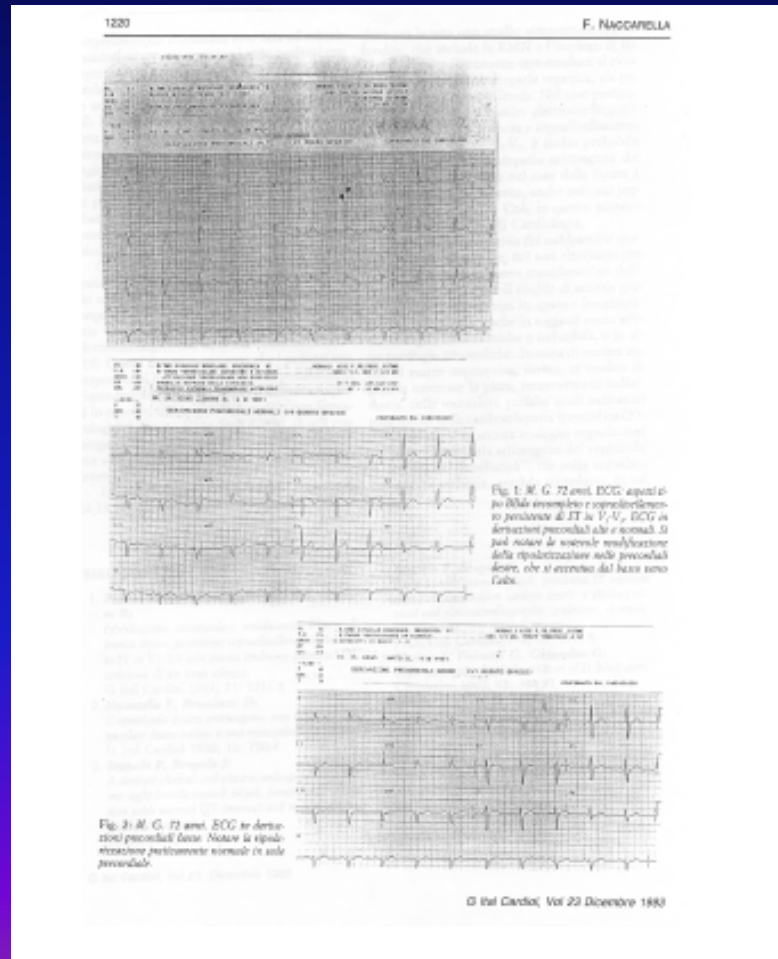
- **GII SPAZI INTERCOSTALI**

# ARITMIE VENTRICOLARI MALIGNI IN PAZIENTI CON BLOCCO DI BRANCA DESTRA E PERSISTENTE SOPRASLIVELLAMENTO DI ST IN V<sub>1</sub>-V<sub>3</sub>: PROBABILE CARDIOMIOPATIA ARITMOGENA DEL VENTRICOLO DESTRO

FRANCO NACCARELLA



Prima  
dimostrazione  
che  
Il tipico ecg può  
essere  
Registrato nelle  
precordiali  
Alte.

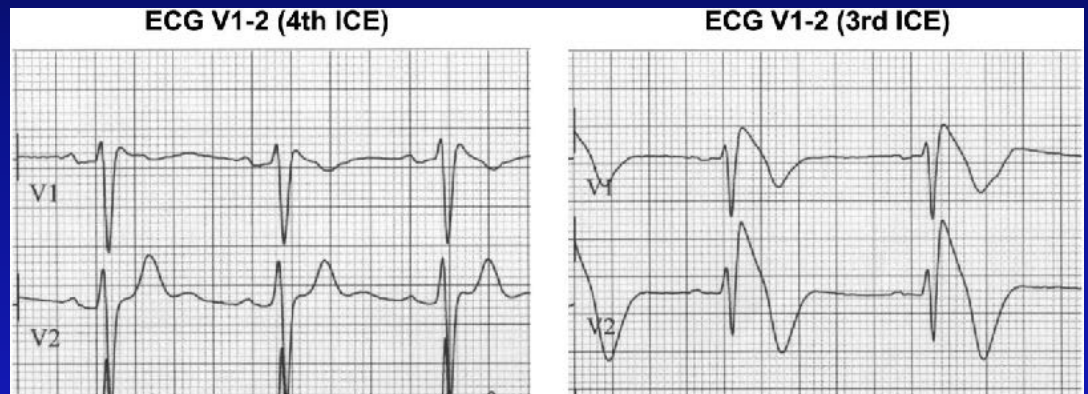


## Brugada Syndrome 2012

*Paola Berne, MD; Josep Brugada, MD, PhD*

Figure 3.

**(Left) Basal ECG shows a suggestive but not diagnostic ECG pattern. When V1 and V2 are placed in the 3rd intercostal space (ICE; Right), a type 1 BS pattern (diagnostic) is observed.**

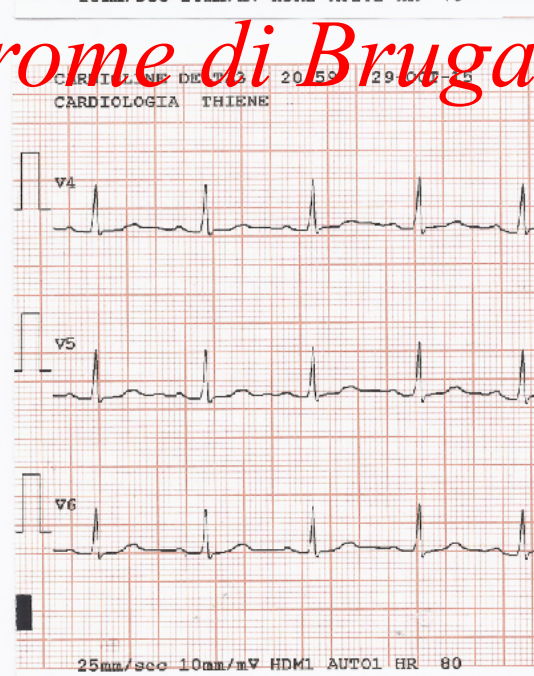
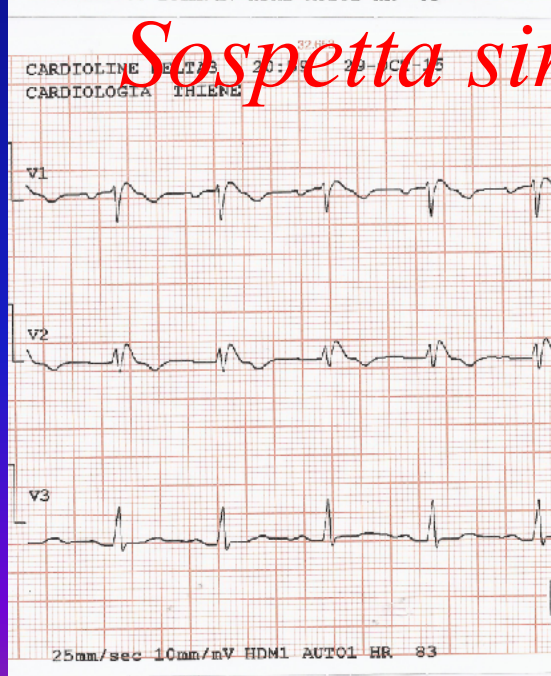
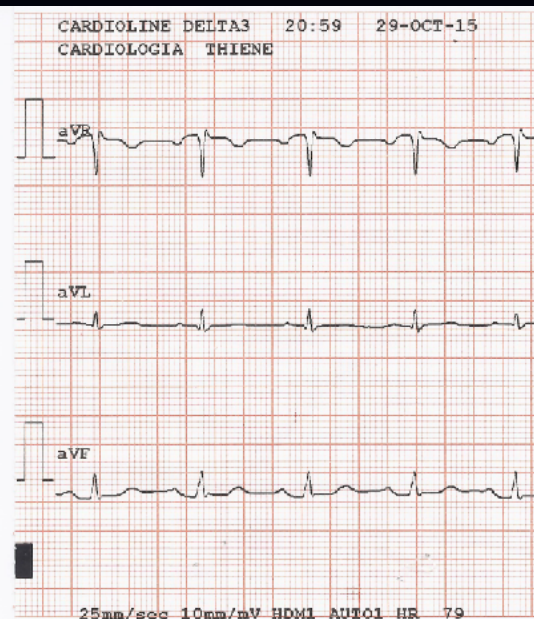
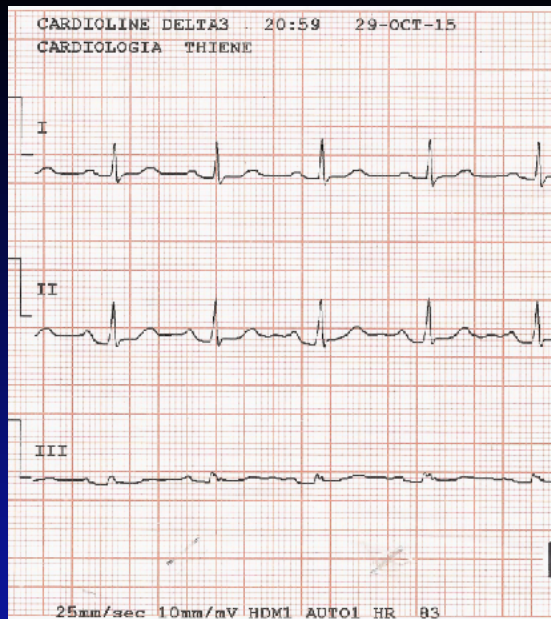


**Clinical presentation and outcome of Brugada syndrome  
diagnosed with the new 2013 criteria (Curcio, Priori JCE 2016)**

- Take home message!
- **Su 300 (loro) soggetti con minime anomalie di base 4 hanno tipo 1 nelle precodiali alte spontaneamente e 60 dopo ajmalina!!**
- **CONCLUSION:** This study demonstrates that the use of new diagnostic criteria for BrS allows increasing the diagnostic yield by 20% and that the arrhythmic risk is low when BrS can be established only in High-ICS.

# Gasiero D. 29 anni, femmina

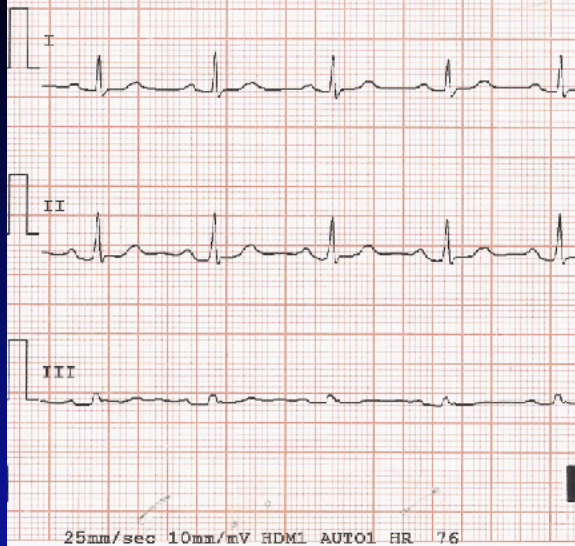
- Asintomatica. Reperto occasionale.
- Nessuna familiarità
- Holter negativo
- Eco normale
- Diagnosi: «sindrome di Brugada»!!
- Consiglio terapeutico: lista di farmaci da evitare in particolare con febbre



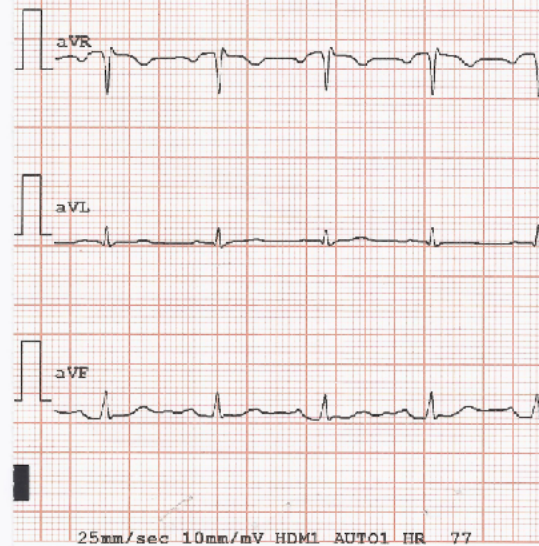
*Sospetta sindrome di Brugada!*

**Gasiero**  
**D. ♀**  
**29 anni**

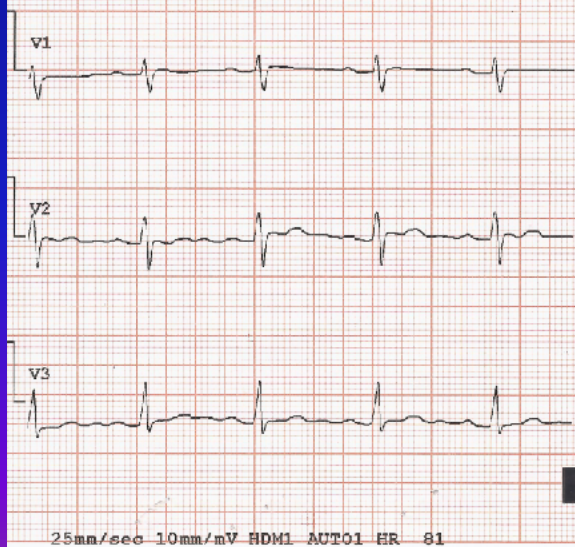
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CARDIOLOGIA THIENE



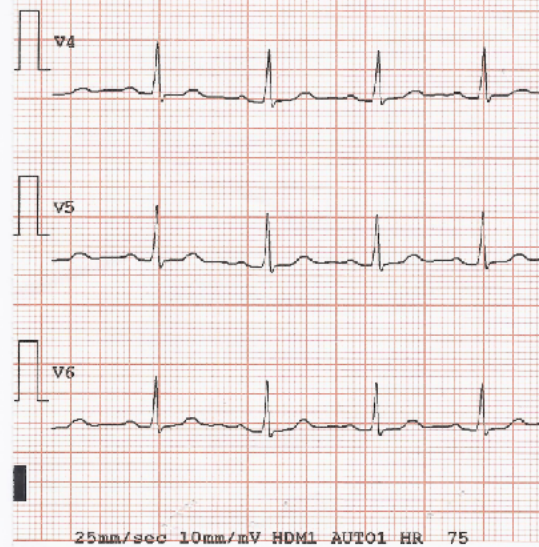
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CARDIOLINE DELTA3 20:58 29-OCT-15  
CARDIOLOGIA THIENE

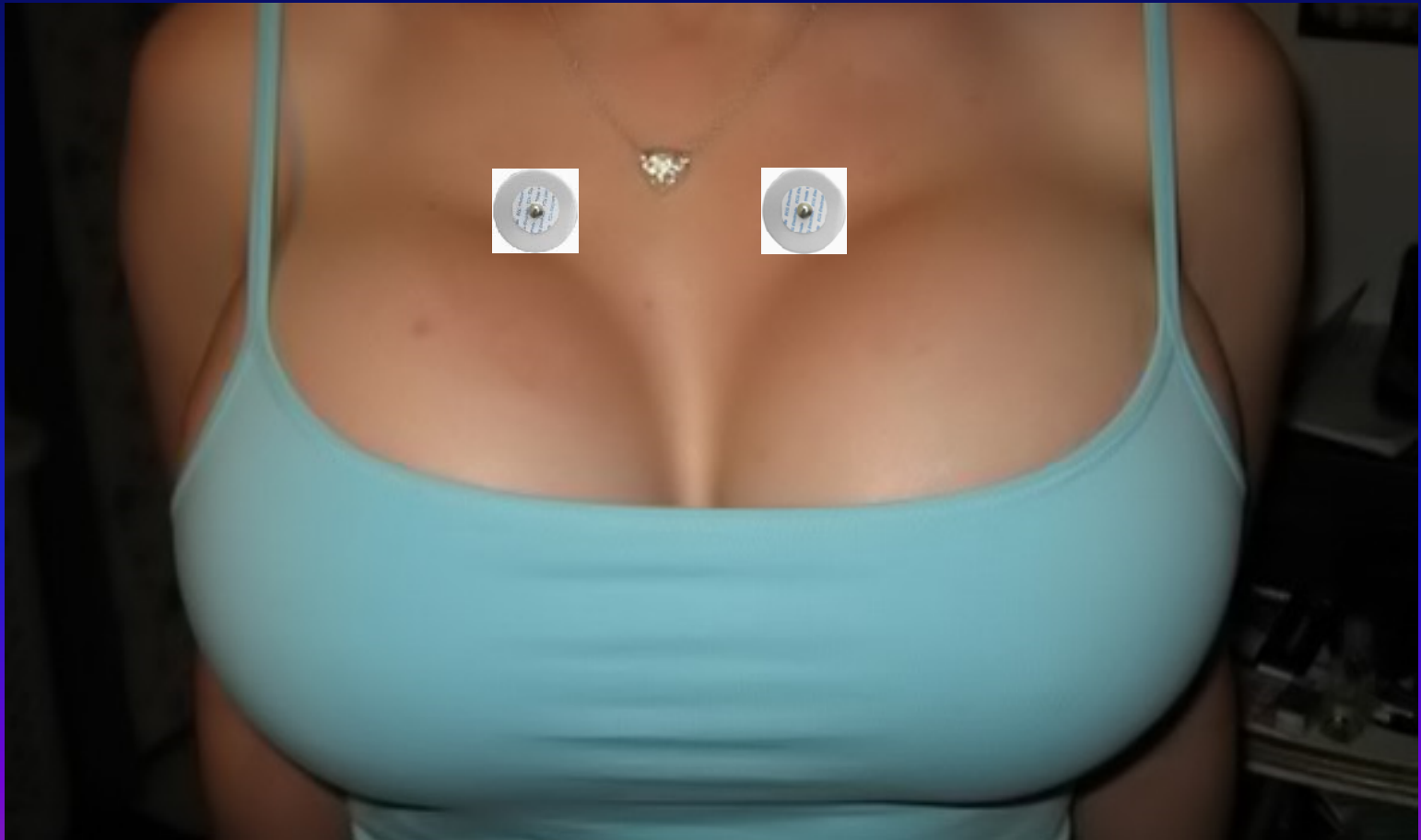


CARDIOLINE DELTA3 20:58 29-OCT-15  
CARDIOLOGIA THIENE



Gasiero D  
29 yof  
Nuova visita

Causa della sindrome dopo 2 mesi di panico: elettrodi pudicamente messi in secondo spazio!



# Drug challenge!

- **AJMALINE**

**1219 Ajmaline unmasks apparent right bundle branch block and ST segment elevation in V1–V3 in patients with 'idiopathic ventricular fibrillation'**

J. Brugada, P. Brugada<sup>1</sup>, R. Brugada<sup>2</sup>. *Arrhythmia Unit, Hospital Clinic, University of Barcelona, Spain; <sup>1</sup> Cardiovascular Center, OLV Hospital, Aalst, Belgium; <sup>2</sup> Baylor College of Medicine, Houston, TX, USA*

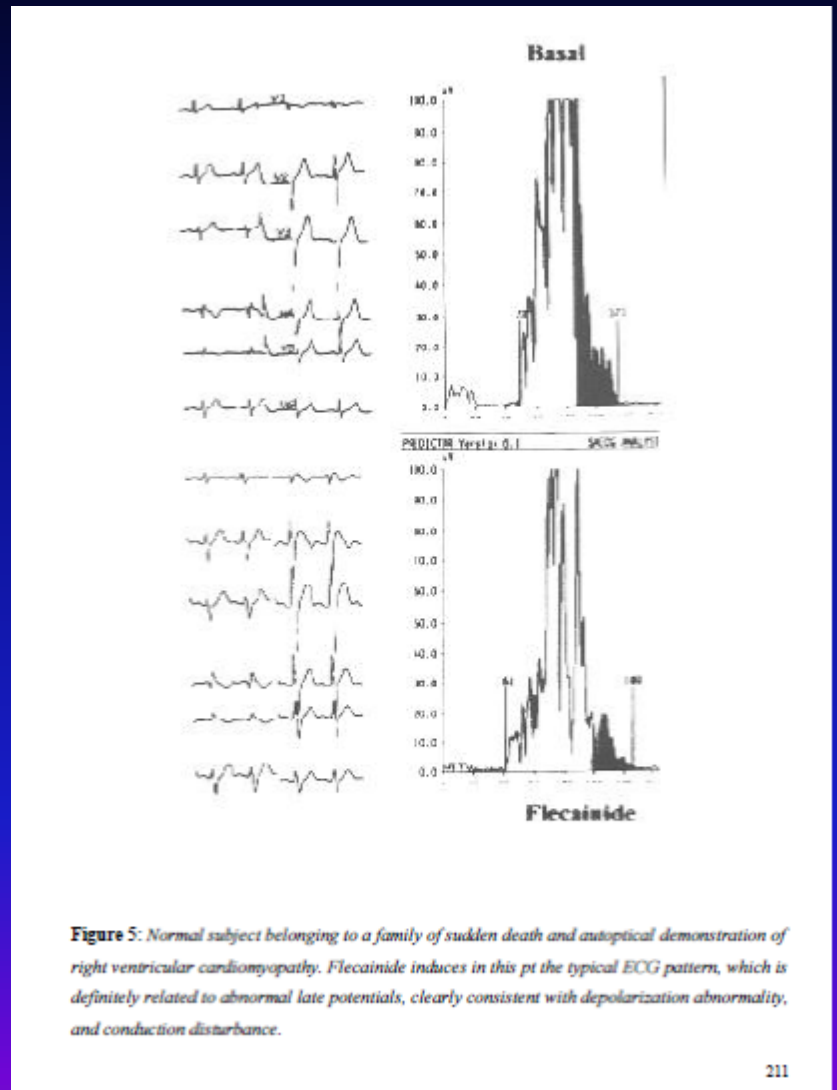
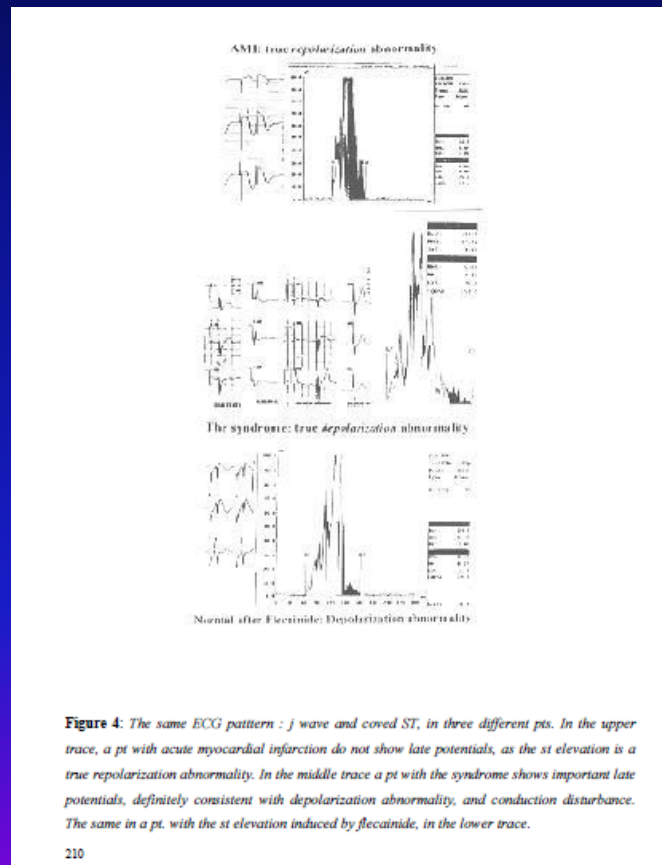
It has been described that an electrocardiographic (ECG) pattern of apparent Right Bundle Branch Block (RBBB) and ST segment elevation in leads V1 to V3 is associated with sudden cardiac death (SD) in patients (pts) without demonstrable structural heart disease. It has also been described that these ECG abnormalities can transiently normalize during follow-up. To study whether these ECG abnormalities can be unmasked by pharmacological interventions, we studied the effects of a single dose of i.v. ajmaline in the ECG of pts with the described syndrome and transient normalization of the ECG and we compared it with the effects on pts previously classified as "idiopathic ventricular fibrillation" and with normals.

**Methods:** A single i.v. dose of 1 mgr/kg of ajmaline was administered during 5 min to: Group A) 5 pts with the RBBB + ST elevation + SD during transient normalization of the ECG; Group B) 7 pts previously classified as "idiopathic ventricular fibrillation", and; Group C) 10 control pts with no history of syncope or SD and no structural heart disease.

**Results:** Ajmaline administration reproduced the ECG abnormalities previously observed but now transiently normalized in all pts in group A. Ajmaline administration produced a similar abnormal ECG pattern in 4 out of the 7 pts in group B with "idiopathic ventricular fibrillation". In none of the 10 control pts in group C this pattern was observed after ajmaline administration.

**Conclusions:** Ajmaline administration is a simple tool to unmask the RBBB + ST segment elevation in pts previously diagnosed as idiopathic ventricular fibrillation. Pending confirmation in a larger study group, these data suggest that some of the pts previously diagnosed as "idiopathic ventricular fibrillation" might suffer the RBBB + ST segment elevation + SD syndrome.

# Martini 2000



# Brugada Syndrome

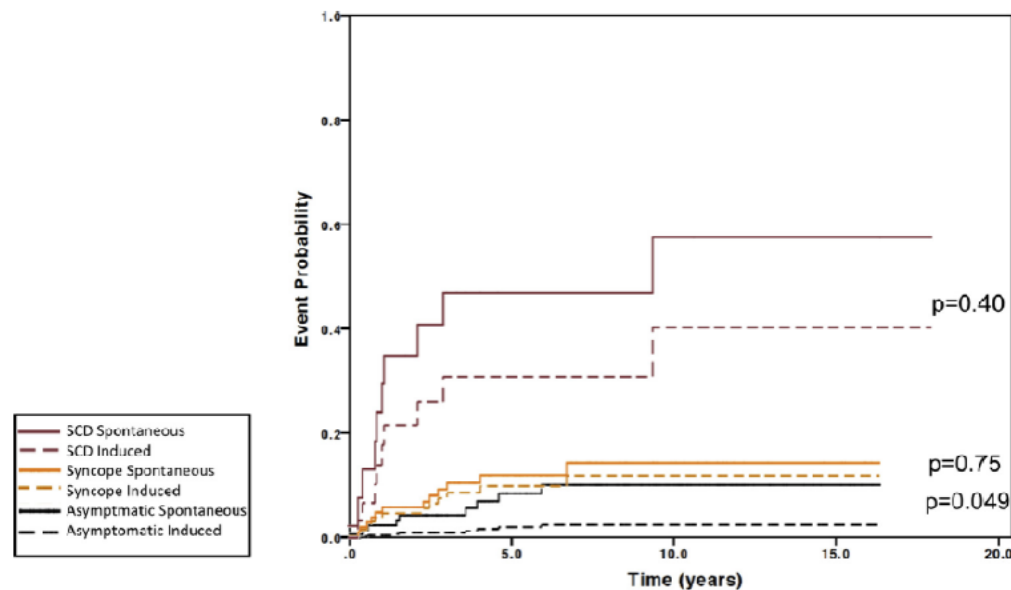
CHARLES ANTZELEVITCH, PH.D.

*PACE 2006*

- La specificità dei farmaci 1c nell'identificare la sindrome è incerta. La conversione indotta da farmaci da tipo 3 a tipo 1 è inconclusiva per la diagnosi di sindrome

# Long-term prognosis of drug-induced Brugada syndrome

Juan Sieira 2017



Asymptomatic	Spontaneous	44	28	13	3
	Drug induced	244	109	51	4
Syncope	Spontaneous	26	18	9	4
	Drug induced	86	32	12	2
SCD	Spontaneous	8	2	1	1
	Drug induced	13	2	2	1

Figure 2 Risk of events by electrocardiographic pattern and symptoms at presentation. SCD = sudden cardiac death.

# Test all'ajmalina?

- Un'altra bufala?

- Alla spasmodica ricerca del «tipico» ECG.
- L'ultima figurina!!!

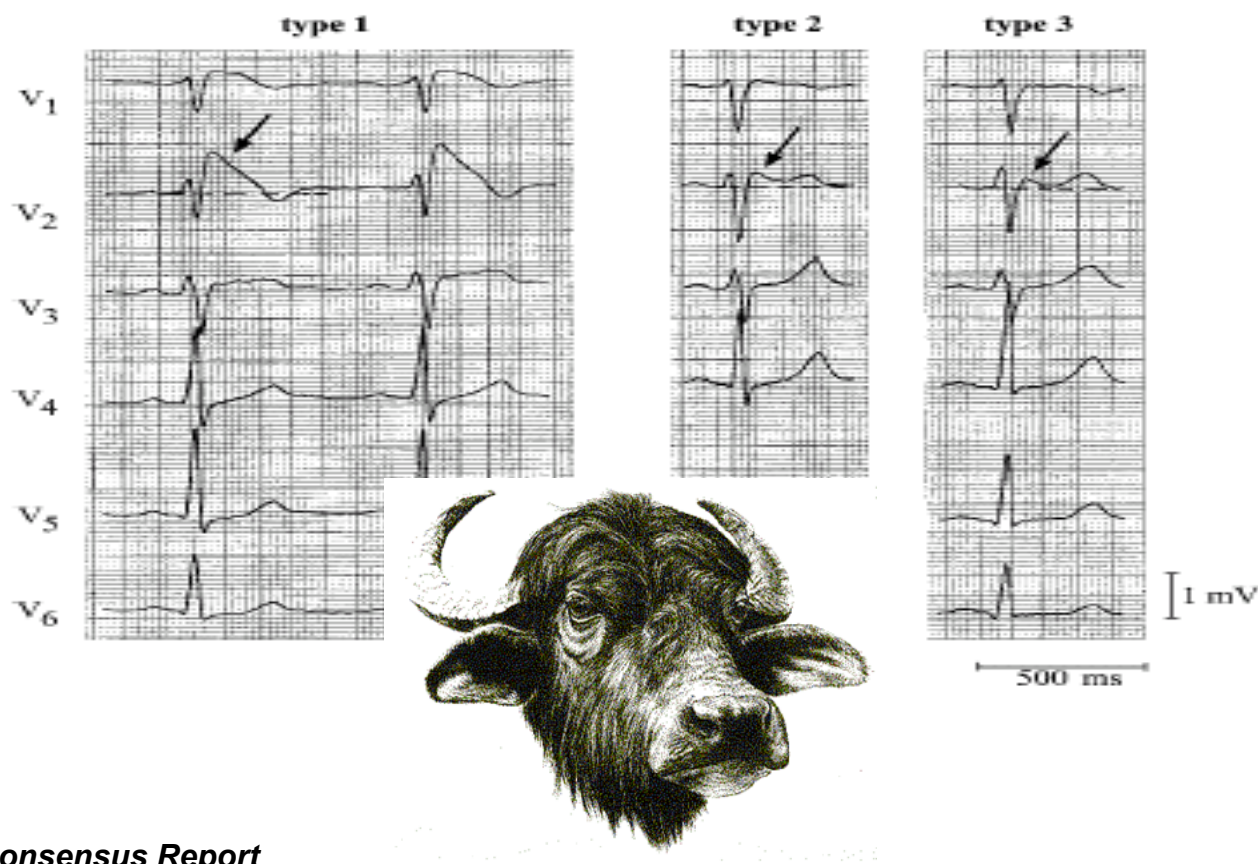




**Table 1** ST segment abnormalities in leads  $V_1$ – $V_3$

	Type 1	Type 2	Type 3
J-wave amplitude	$\geq 2$ mm	$\geq 2$ mm	$\geq 2$ mm
T-wave	Negative	Positive or biphasic	Positive
ST-T configuration	Coved type	Saddle back	Saddle back
ST segment (terminal portion)	Gradually descending	Elevated $\geq 1$ mm	Elevated $<1$ mm

1 mm = 0.1 mV, the terminal portion of the ST-segment refers to the latter half of the ST-segment.



**Figure 1** Precordial leads of a resuscitated patient with Brugada

syndrome. Note the dynamic ECG changes in the course of a couple of days. All three patterns are shown. Arrows denote the J-wave. The left panel shows a clear type 1 ECG.

Between 7 February 1999 and 13 February 1999 types 2 and 3

appear.

### Consensus Report

Proposed Diagnostic Criteria for the Brugada Syndrome  
Wilde et al Circulation 2002

**This was not a classification but a case report!!**

*Pedro Brugada, MD, PhD, FESC; Ramon Brugada, MD;  
Josep Brugada, MD, PhD  
Circulation 2005*

- Gli studi più recenti hanno evidenziato che solo l'ECG tipo 1 è diagnostico per la sindrome.
- Sfortunatamente (SIC!!!!), molte serie includono individui con un ECG tipo 2 e 3 che probabilmente non hanno la sindrome.

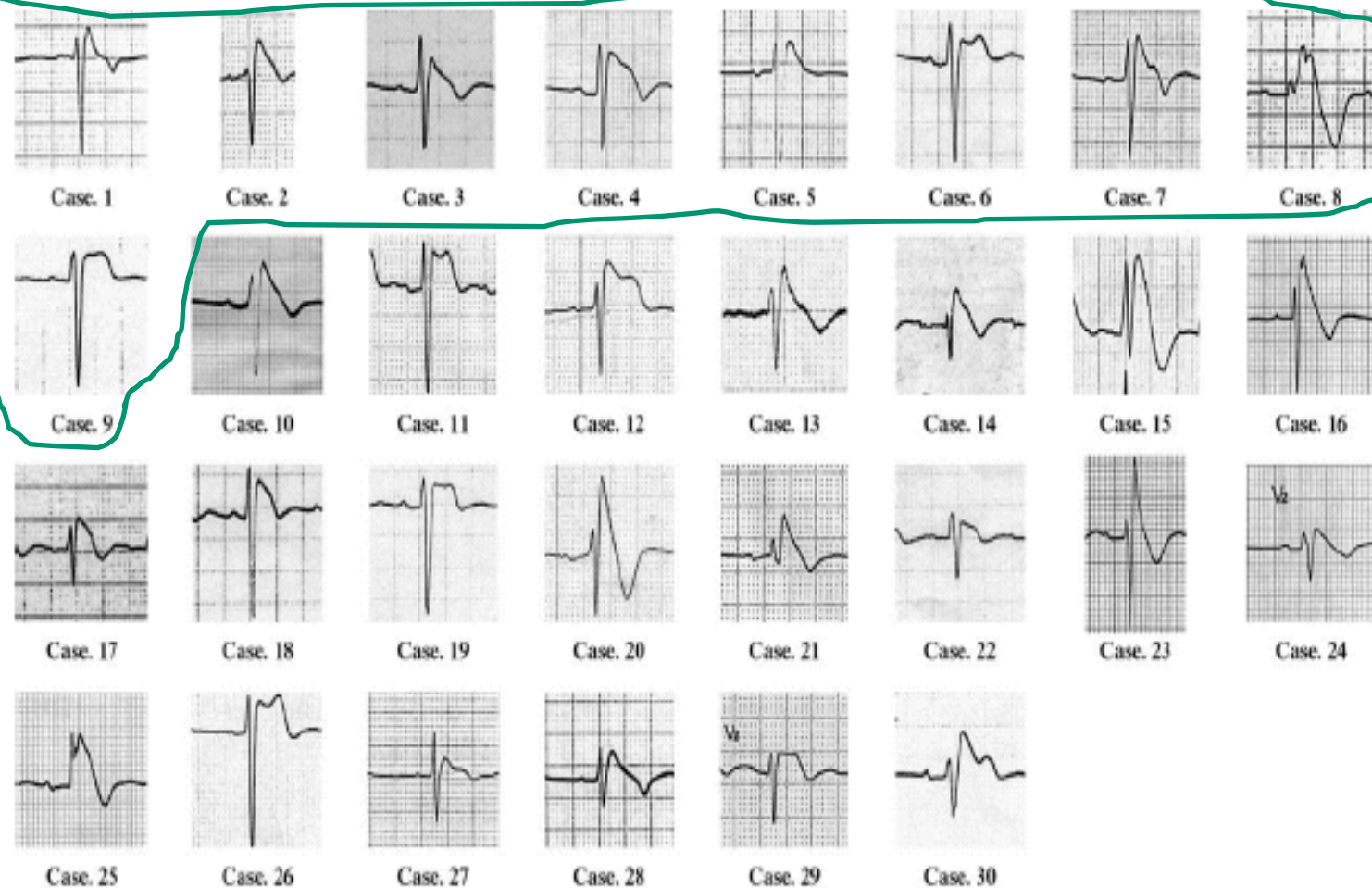
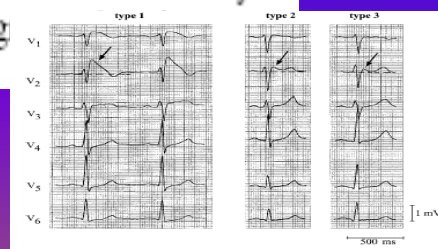


Fig 1. Lead V<sub>2</sub> ECGs in patients with the characteristic Brugada syndrome ECG at the time of presentation. Twenty-four patients had the 'coved type' ST-segment elevation and 6 patients had 'saddle-back type' ST-seg



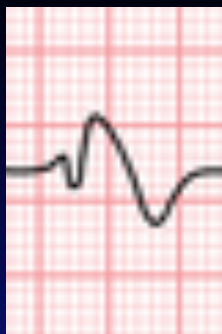
v1



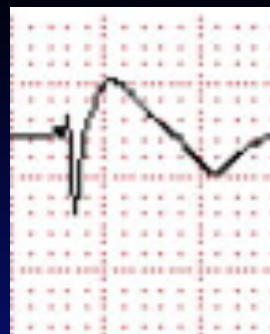
a



b



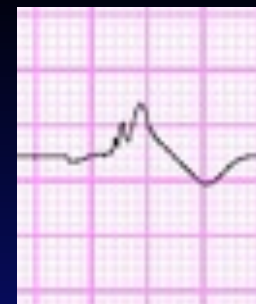
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d

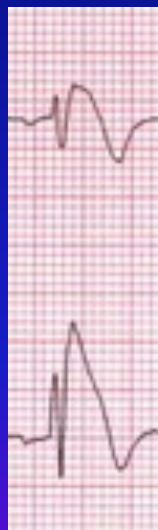


e

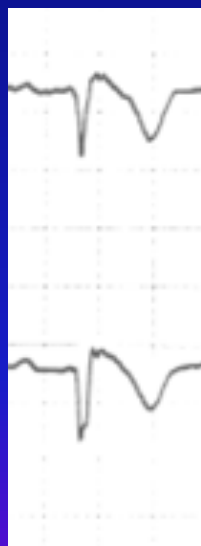


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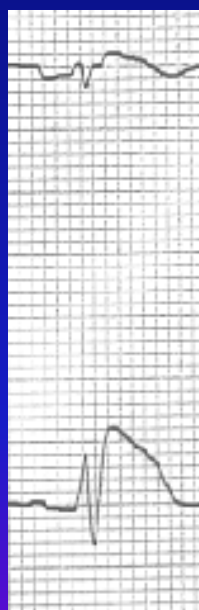
v1



g



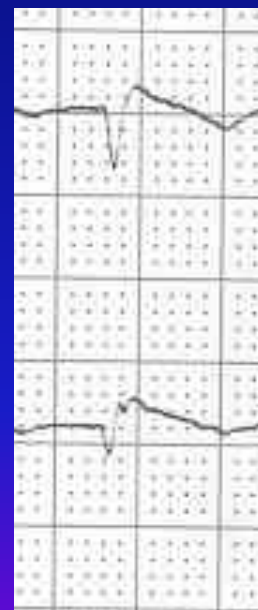
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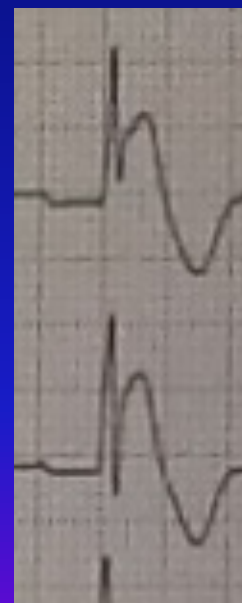
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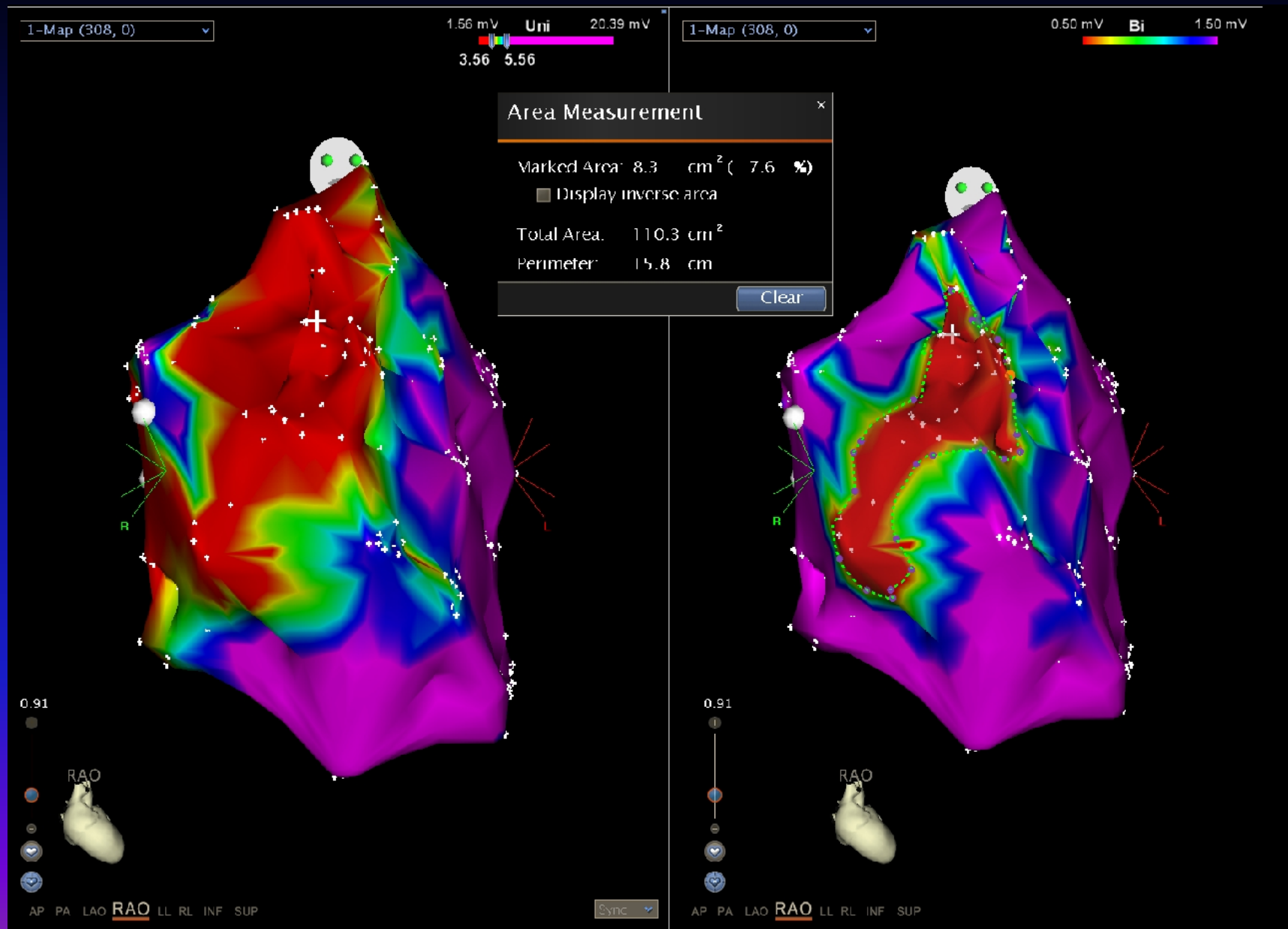


n

v2



# Delise 2007: The first report of an E.A.M.



Differential Diagnosis of rSr' Pattern in Leads V1-V2.  
Comprehensive Review and Proposed Algorithm  
Adrian Baranchuk 2015

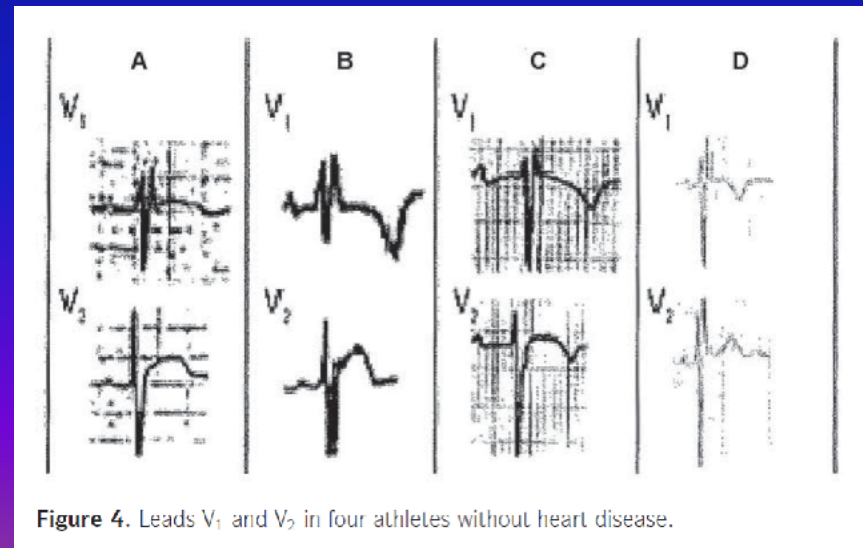
- Uno dei maggiori dilemmi è la diagnosi differenziale di una morfologia tipo rSr' in V1-V2.

# Differential Diagnosis of rSr' Pattern in Leads V1-V2.

## Comprehensive Review and Proposed Algorithm

Adrian Baranchuk 2015

- Data from the Copenhagen City Heart Study showed a prevalence of 4.7% in men and 2.3% in women without apparent cardiovascular disease. This “normal” rSr' pattern is more frequent in younger subjects, with male preponderance and by definition is not a precursor of complete (proximal) RBBB. The r' is of fast ascent/descent inscription and the mechanism is a peripheral conduction delay with late activation of the pulmonary conus and posterobasal portion of the left ventricle.



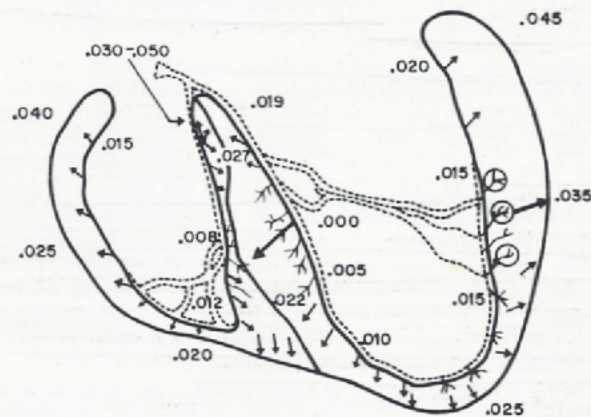
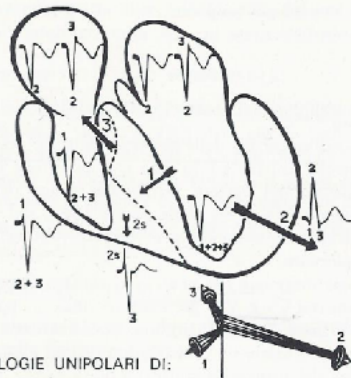


Fig. 20.



MORFOLOGIE UNIPOLARI DI:

- |   |                                     |   |                                       |
|---|-------------------------------------|---|---------------------------------------|
| 1 | parete ventricolare libera destra   | 4 | cavità ventricolare sinistra          |
| 2 | cavità ventricolare destra          | 5 | atrio destro                          |
| 3 | parete ventricolare libera sinistra | 6 | atrio sinistro                        |
|   |                                     | 7 | massa settale destra antero-inferiore |

Fig. 21.

Il vettore basale o vettore 3 della attivazione ventricolare normale è diretto verso destra, in alto e dorsalmente (figura 21). Esso fugge dall'epicardio ventricolare sinistro producendo un potenziale negativo (onda s). La grandezza del vettore 3 è all'incirca eguale, o lievemente maggiore, a quella del vettore settale.

BBD DI 1 GRADO

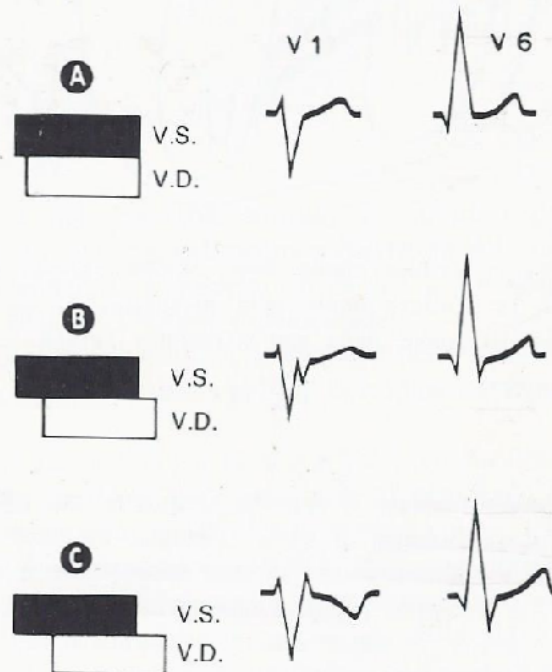
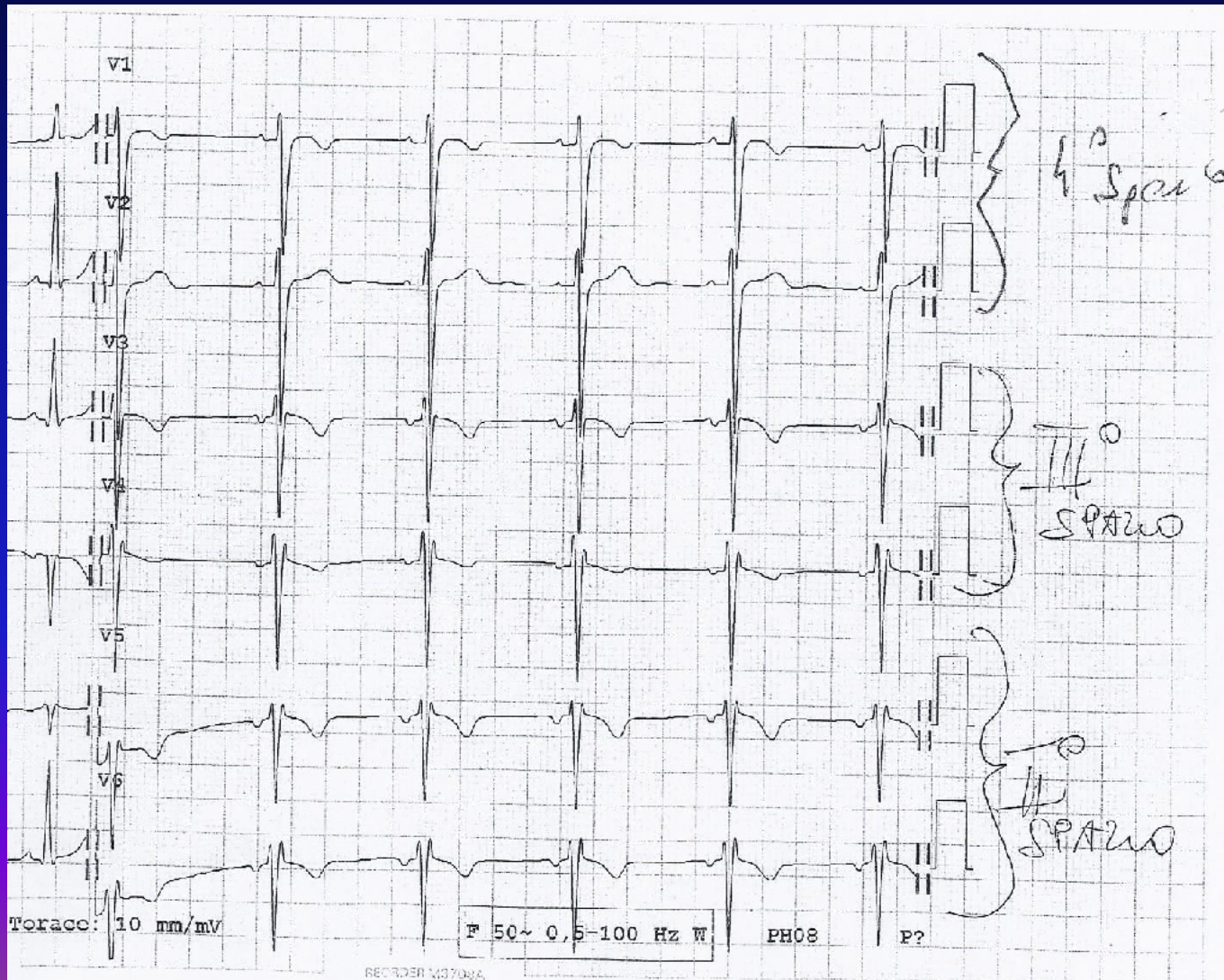


Fig. 55.

SODI PALLARES - MEDRANO  
BISTENI - PONCE DE LEON  
**ELETTROCARDIOGRAFIA  
DEDUTTIVA E  
POLIPARAMETRICA**

- Il Pensiero Scientifico, Editore

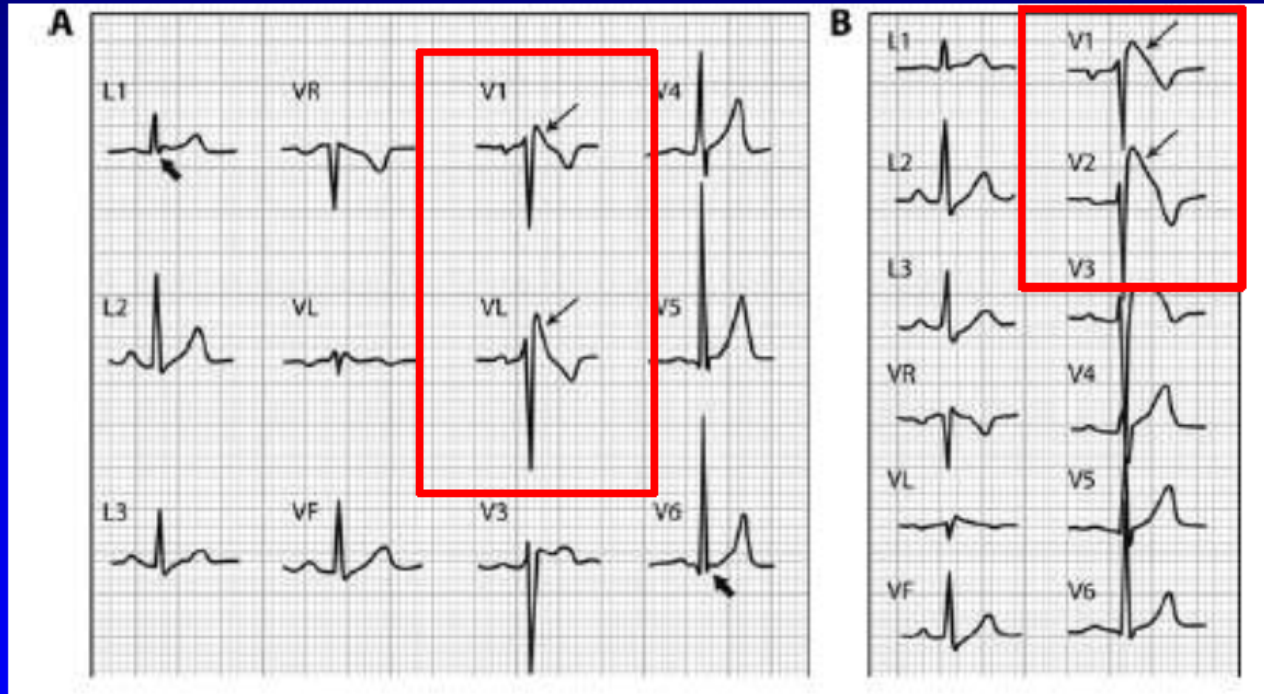
# rSr' in upper precordial leads



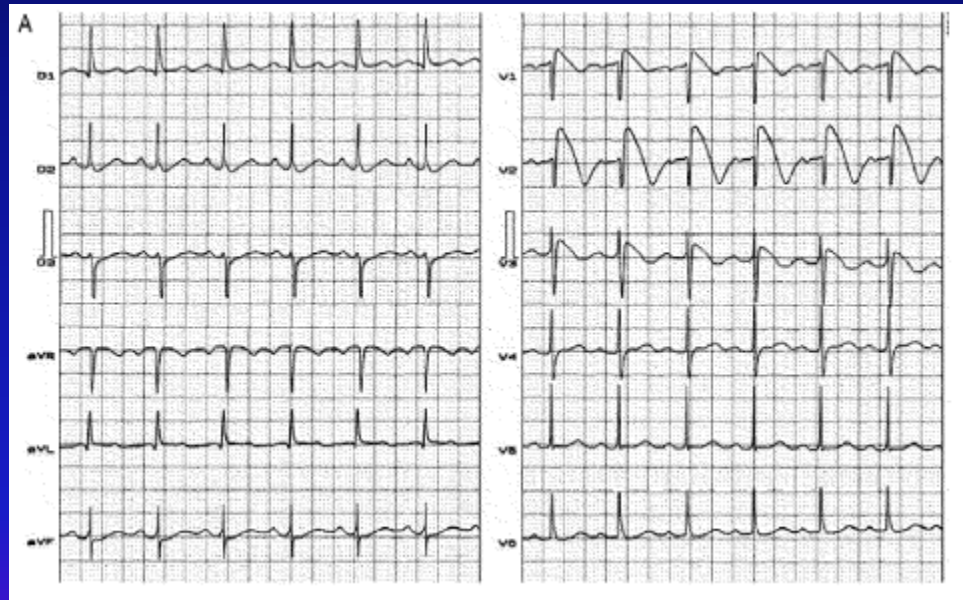
# Incomplete rbbb

Φυσιολογικό ΗΚΓ Αθλητή

Σ. Brugada

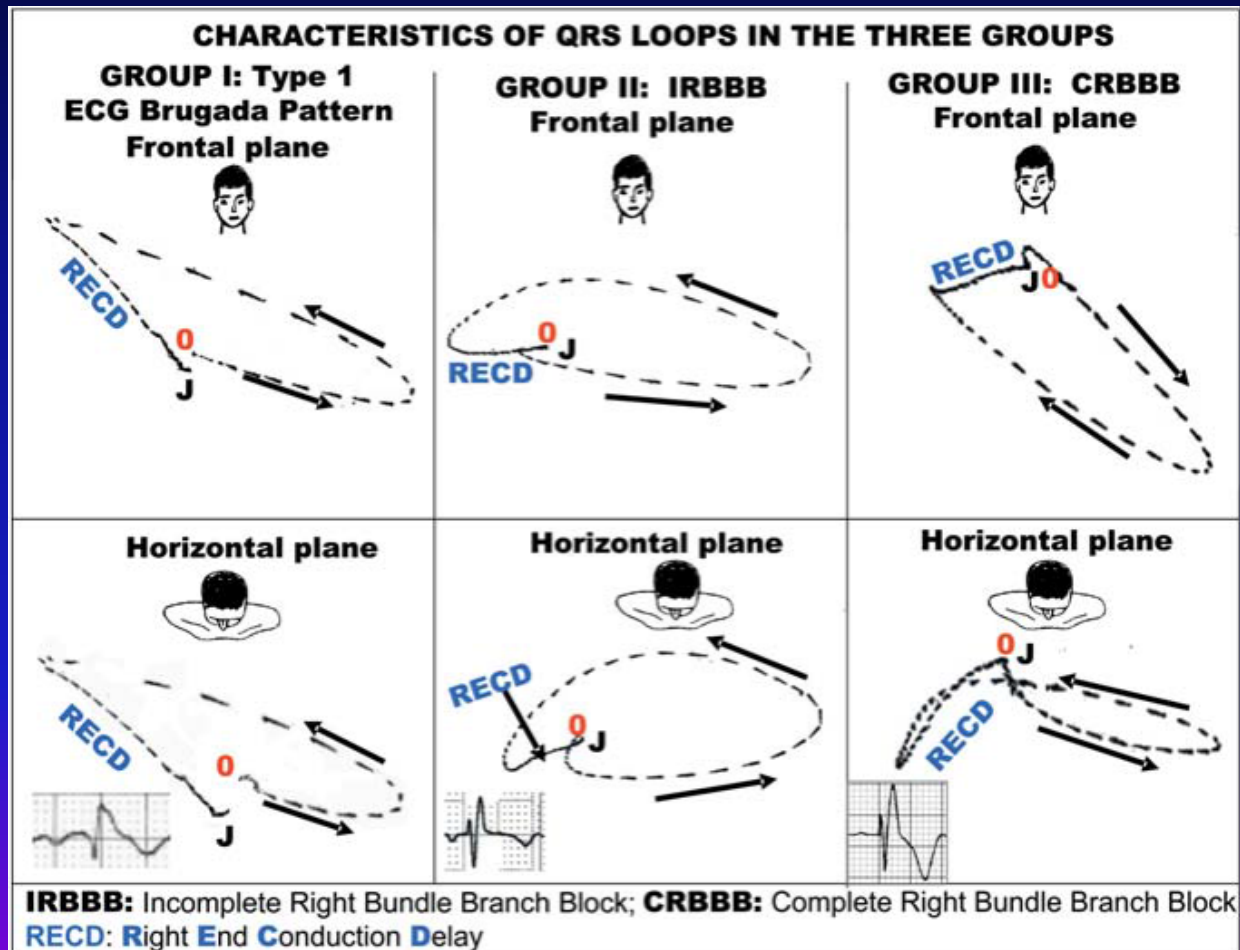


**Figure 1** (A) Electrocardiogram of a patient with Brugada syndrome depicting Brugada type 1 electrocardiogram pattern. Note the absence of concomitant broad S wave in the left leads (I, aVL, V<sub>5</sub>, and V<sub>6</sub>) making the diagnosis of associated right bundle branch block highly unlikely.



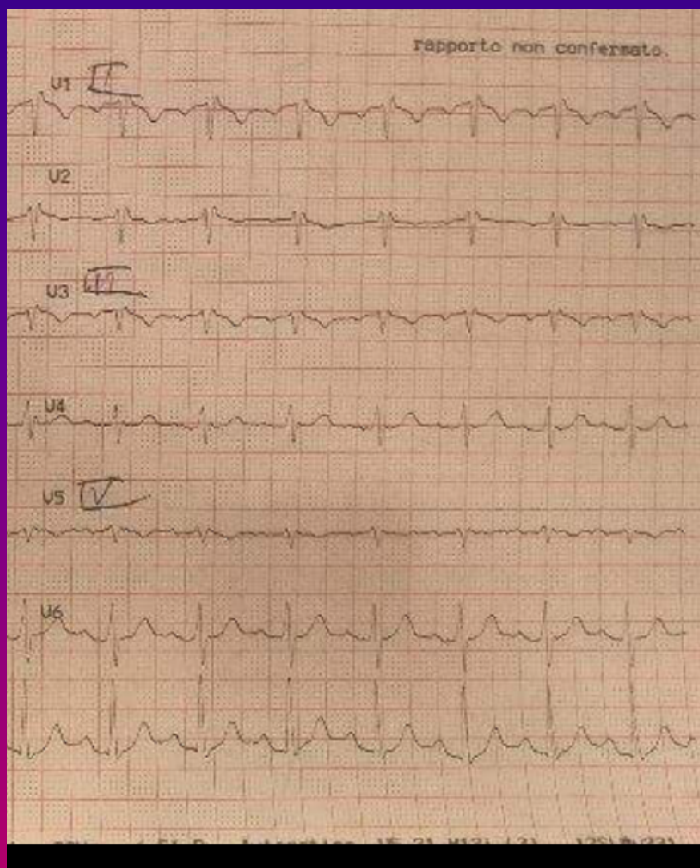
No s wave in V6

Figura 2 Ansa del QRS in tre gruppi. Il Gruppo BrS; ritardo terminale destro situato nel quadrante superiore del piano frontale e nel quadrante destro posterior del piano orizzontale. I gruppi IRBB e CRBB: ritardo di conduzione destro situato nel quadrante inferiore del piano frontale e nel quadrante anteriore del piano orizzontale.



Easy diagnosis ???

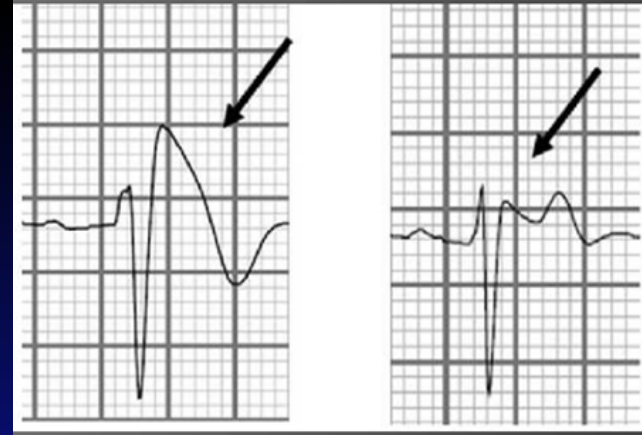
vorrei raccontare di un episodio : una giovane paziente viene da me in studio eseguo un ecg e trovo un semplice bbdx incompleto ,lei non contenta va dal mitico professor XX che le diagnostica una sindrome di brugada di tipo 2, esegue test farmacologici sconvolgendo gli standard della medicina in pratica utilizza solo l ajmalina ,vcon un dosaggio di ajmalina maggiore 1,5 mg per kg in soli 4 minuti ...e per concludere esegue il test tramite un catetere femorale posizionando il catetere infusore di farmaco appena al di sotto della vena cava inferiore. La paziente successivamente è stata seguita da noi con un test alla flecainide eseguito secondo il protocollo ed è risultata negativa ma oramai lei è andata in depressione ..



# Brugada syndrome is not an ECG

- Bortolo Martini, Heart & Rhythm 2017

# Serious data



- The prevalence in serious studies is:
- 0.05% to 0.2% for type 1 BrS and
- 1.0% to 6.0% for non-type 1 BrS
- N.B: in Italy 30.000-120.000 type 1
- And 600.000- 3.600.000 type 2

# Cosa è la sindrome della «ripolarizzazione precoce nelle precordiali destre»?



Questo è un ECG non una  
sindrome !!!!!!!!!!!!!!!!!!!!!!!



Questo è un evento clinico  
e non un ECG !!!!!!! (circa 150 casi)



**2015 ESC Guidelines for the management of patients with ventricular arrhythmias and the prevention of sudden cardiac death The Task Force for the Management of Patients with Ventricular Arrhythmias and the Prevention of Sudden Cardiac Death of the European Society of Cardiology (ESC) 2015**

- Authors/Task Force Members: Silvia G. Priori\* (Chairperson) (Italy), Carina Blomström-Lundqvist\* (Co-chairperson) (Sweden), Andrea Mazzanti† (Italy), Nico Bloma (The Netherlands), Martin Borggrefe (Germany), John Camm (UK), Perry Mark Elliott (UK), Donna Fitzsimons (UK), Robert Hatala (Slovakia), Gerhard Hindricks (Germany), Paulus Kirchhof (UK/Germany), Keld Kjeldsen (Denmark), Karl-Heinz Kuck (Germany), Antonio Hernandez-Madrid (Spain), Nikolaos Nikolaou (Greece), Øyvind M. Norekva (Norway), Christian Spaulding (France), and Dirk J. Van Veldhuisen (The Netherlands)



Recommendations	Class <sup>a</sup>	Level <sup>b</sup>	Ref. <sup>c</sup>
Brugada syndrome is diagnosed in patients with ST-segment elevation with type 1 morphology $\geq 2$ mm in one or more leads among the right precordial leads V1 and/or V2 positioned in the second, third, or fourth intercostal space, occurring either spontaneously or after provocative drug test with intravenous administration of sodium channel blockers (such as ajmaline, flecainide, procainamide or pilsicainide).	I	C	This panel of experts

Syndrom=ECG!!

**Authors «triage» according to their experience!!**

# MalaCardiologia: interesse o ignoranza?

- Ischemia
- Sindrome del QT lungo
- Sindrome di Brugada





World Journal of  
Cardiology

Submit a Manuscript: <http://www.f6publishing.com>

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DOI: 10.4330/wjc.v9.i9.737

ISSN 1949-8462 (online)

MINIREVIEWS

## Brugada type 1 electrocardiogram: Should we treat the electrocardiogram or the patient?

Pietro Delise, Giuseppe Allocca, Nadir Sitta



Europace (2017) 0, 1–9  
doi:10.1093/europace/eux226

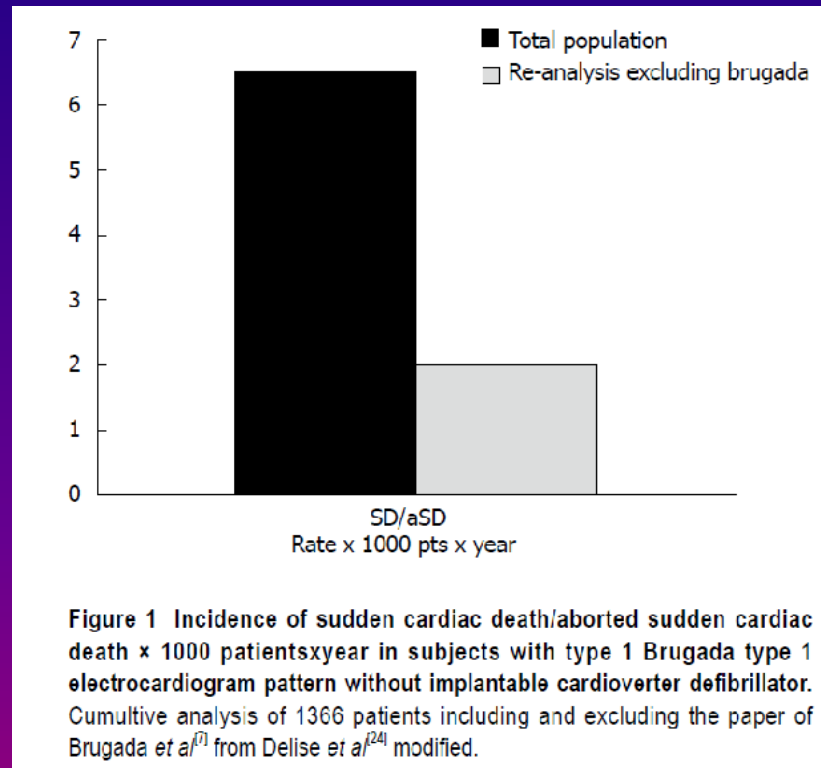
CLINICAL RESEARCH

## Clinical outcome of patients with the Brugada type 1 electrocardiogram without prophylactic implantable cardioverter defibrillator in primary prevention: a cumulative analysis of seven large prospective studies

Pietro Delise<sup>1-3\*</sup>, Vincent Probst<sup>2</sup>, Giuseppe Allocca<sup>3</sup>, Nadir Sitta<sup>3</sup>, Luigi Sciarra<sup>4</sup>, Josep Brugada<sup>5</sup>, Shiro Kamakura<sup>6</sup>, Masahiko Takagi<sup>7</sup>, Carla Giustetto<sup>8</sup>, and Leonardo Calo<sup>4</sup>

- 1) Brugada type 1 electrocardiogram: Should we treat the electrocardiogram or the patient?
- 2) Clinical outcome of patients with the Brugada type 1 electrocardiogram without prophylactic implantable cardioverter defibrillator in primary prevention: a cumulative analysis of seven large prospective studies

*P. Delise 2017*

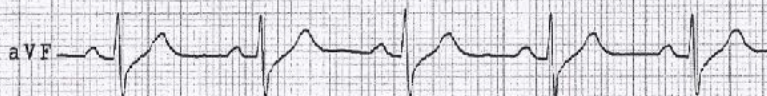
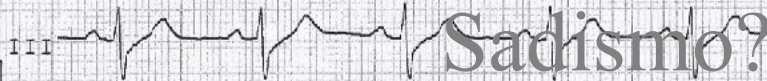
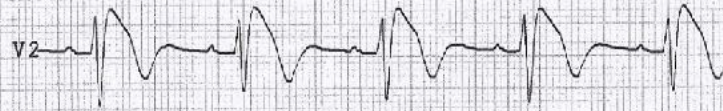
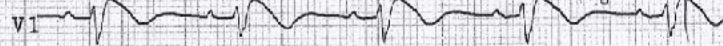


On excluding the Brugada series, the annual incidence of SD/aSD in the remaining 1198 patients fell to 0.22% in the total population and to 0.38 and 0.06% in spontaneous and drug-induced Br type 1, respectively

- Il mondo reale
- o «surreale»

Cognome ~~XXXXXX~~  
Nome ~~XXXXXX~~  
Id ~~XXXXXX~~  
Sesso ~~XXXXXX~~  
Data di nascita ~~XXXXXX~~ Eta' ~~XXXXXX~~

Rito Siale  
Sindacato di Brugate



Ignoranza?  
Sadismo?  
Interesse?



https://www.google.it/search?source=hp&q=brugada+syndrome&oq=brugada+syr

brugada syndrome - Cerca ...

Google Katasto pola Nuovo messaggio



brugada syndrome



Tutti

Immagini

Notizie

Video

Libri

Altro

Impostazioni

Strumenti

Circa 396.000 risultati (0,46 secondi)



### Sindrome di Brugada - Wikipedia

[https://it.wikipedia.org/wiki/Sindrome\\_di\\_Brugada](https://it.wikipedia.org/wiki/Sindrome_di_Brugada)

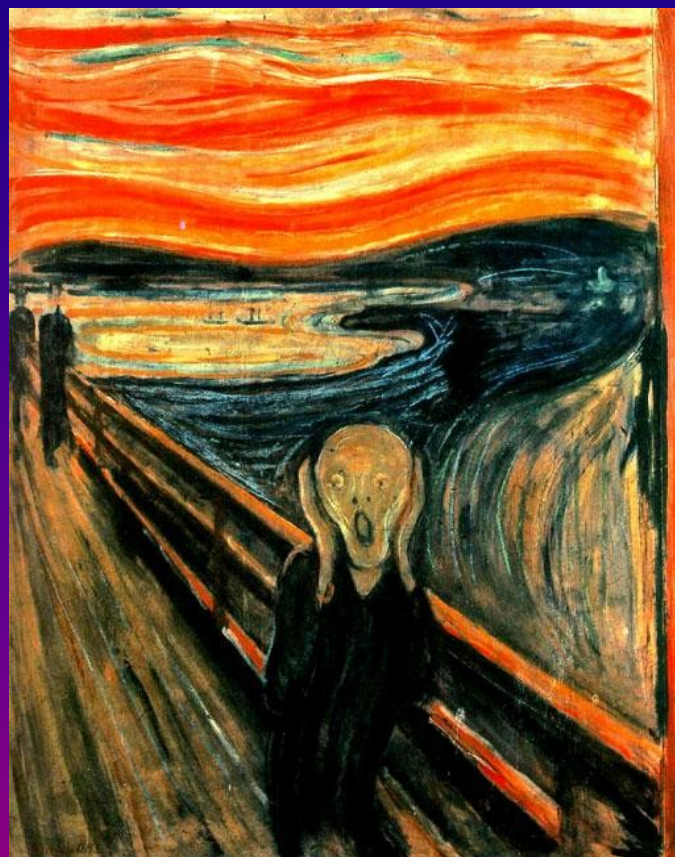
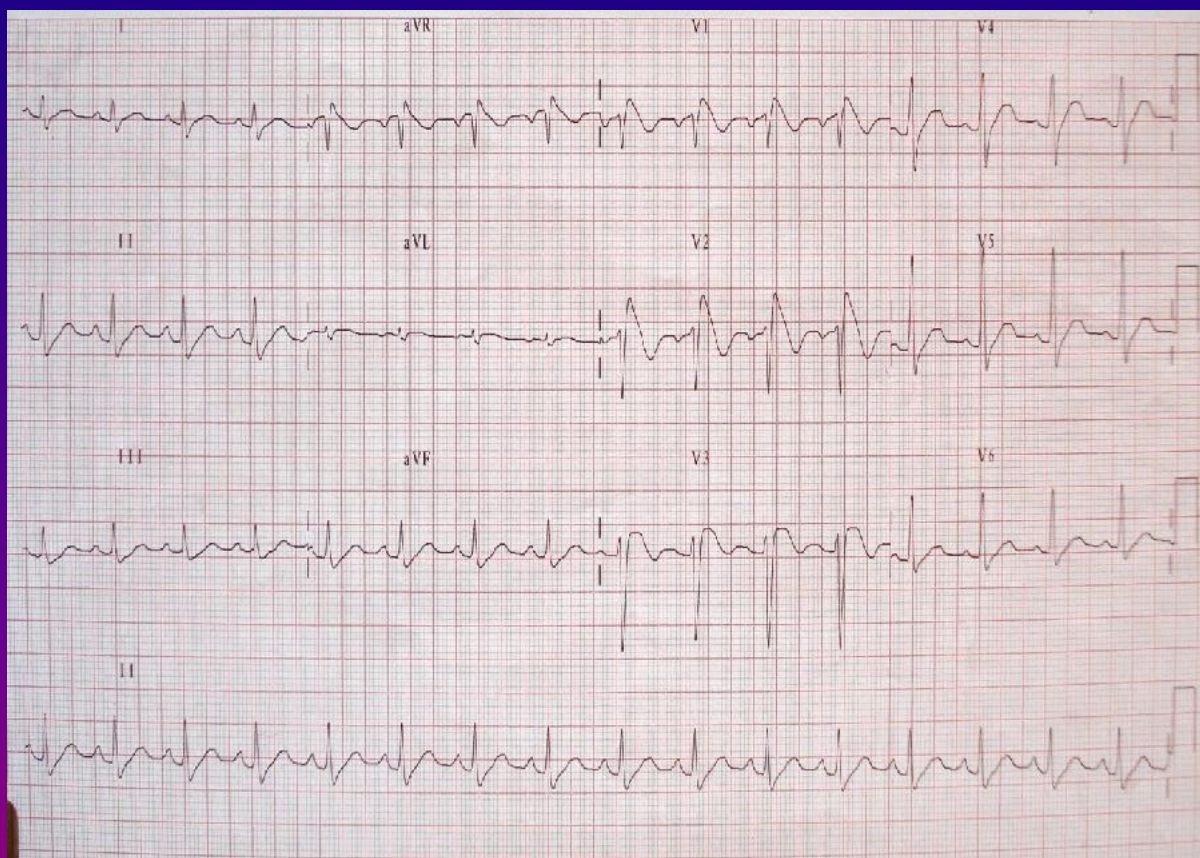
La sindrome di Brugada è una patologia cardiaca con disturbi dell'attività elettrica del cuore in .....  
1665-1671. ( EN ) Watanabe H, Minamino T, Genetics of Brugada syndrome, in J. Hum. Genet.,  
2015, DOI:10.1038/jhg.2015.97, PMID 26223181.

[Storia](#) · [Clinica](#) · [Trattamento](#) · [Note](#)

### Brugada syndrome - Wikipedia

[https://en.wikipedia.org/wiki/Brugada\\_syndrome](https://en.wikipedia.org/wiki/Brugada_syndrome) Traduci questa pagina

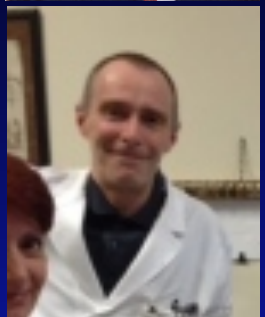
Brugada syndrome (BrS) is a genetic disease that is characterised by abnormal electrocardiogram (ECG) findings and an increased risk of sudden cardiac death ...



***The horror channel!!***



- Ciao a tutti e grazie x avermi accettato. Ecco la mia storia: nel 2011 faccio l'ecg e nessun sintomo, solo controllo, e il mio cardiologo scrive "non tipico x fenomeno di Brugada", cerco su Internet e scopro il terrore, voglio un altro consulto e mi reco da un altro medico che mi smonta holter, ecocardio, elettrocardiogramma, prova di sforzo... e mi rassicura dicendomi che devo stare tranquillo e che è una specifica del mio elettrocardiogramma, tranquillizzato vivo serenamente, mai singoli, mai aritmia. A dicembre del 2016 quindi 5 anni dopo, vado consigliato da amici, da un Aritmologo, che mi stronca..... mi dice patten Brugada tipo 2, e mi suggerisce il test alla flecanide per capire se realmente affetto da sindrome e se passa al tipo 1. A gennaio faccio il test positivo già con mezza dose. Diagnosi: soggetto asintomatico, a basso rischio. Gelo, paura, ansia, pensi a tutto, ma soprattutto ai figli e alla famiglia. Su internet la confusione aumenta, Chi parla di cure e chi nega, unica soluzione un ICD, sto impazzendo.... AIUTO....



La sindrome della «**Ripolarizzazione precoce nelle Precordiali destre**»

Date a Cesare quel che è di Cesare!