

# **Electro/Vectorcardiogram in Left Ventricular Hypertrophy/Enlargement (LVH) – Part 1**

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## **Advantages of the ECG for Left Ventricular Hypertrophy diagnosis**

- Low cost;
- Easy application in a great universe;
- High specificity (close to 99%);
- Simple diagnostic criteria;
- Possibility of identifying ischemia, necrosis, arrhythmias and associated dromotropic disorders;
- Independent from the experience of the observer and the quality of the equipment;
- Irreplaceable in apical hypertrophic cardiomyopathy when revealing the typical giant negative T waves from V2 to V5 accompanied by positive voltage criteria.
- Preparticipation screening is a life-saving and cost-effective strategy in young athletes in whom SCD is mostly caused by ECG-detectable heart muscle diseases (Anderson, Exeter et al. 2012, Corrado, Basso et al. 2012, Schwartz and Corrado 2012, Thorolfsson, Thordardottir et al. 2012). Addition of ECG to preparticipation screening saves 2.06 life-years per 1000 athletes at an incremental total cost of \$89 per athlete and yields a cost-effectiveness ratio of \$42 900 per life-year saved (95% CI, \$21 200 to \$71 300 per life-year saved) compared with Cardiovascular-focused history and physical examination alone (Wheeler, Heidenreich et al. 2010).

## **Drawbacks of ECG for LVE/LVH diagnosis**

- Electrocardiography is too insensitive to be used alone to screen for LVH. Sensitivity: 20% to 60%. Only 3% of the general population and 5% of hypertensive patients show LVE in ECG. ECG criteria should not be used to rule out LVH in patients with hypertension (Pewsnar, Juni et al. 2007).
- Low specificity to determine the enlargement modality;
- Inverse ratio between sensitivity and specificity of ECG criteria for LVE: the greater the sensitivity, the smaller the specificity and vice-versa;
- Sensitivity and specificity are affected in concomitance of: RVE/RVH, myocardial infarction, bundle branch block by use of drugs.

### **Left Ventricular Hypertrophy classification according to hemodynamic modality and substrate**

- Systolic, of pressure or concentric left ventricular hypertrophy: It results from the heart pumping against an elevated afterload, as
  - Systemic hypertension (SHT).
  - Aortic stenosis (AOS): valvular, subvalvular and supravulvular.
  - Coarctation of the aorta (CoA).
- Diastolic, volumetric or eccentric left ventricular hypertrophy/overload
  - Aortic Regurgitation / Insufficiency (AoI).
  - Mitral Valve Regurgitation (MVI).
  - Patent Ductus Arteriosus (PDA)
  - Ventricular Septal Defect (VSD), hemodynamic group II.
  - Anemia.
- Primary or hypertrophic cardiomyopathy by myocardial diseases that dilate the heart:
  - Ischemic heart disease.
  - Cardiomyopathies
  - Myocarditis.
  - Congestive heart failure.

### **Causes of LVH according to the age group**

- **Infants:**
  - Fibroelastosis;
  - Tricuspid atresia;
  - Single left ventricle;
  - Pulmonary Atresia without Ventricular Septal Defects;
  - Patent *Ductus Arteriosus* in premature babies;
  - Children of diabetic mothers;
  - Severe Aortic Stenosis (Ao.S.);
  - Pompe's disease.

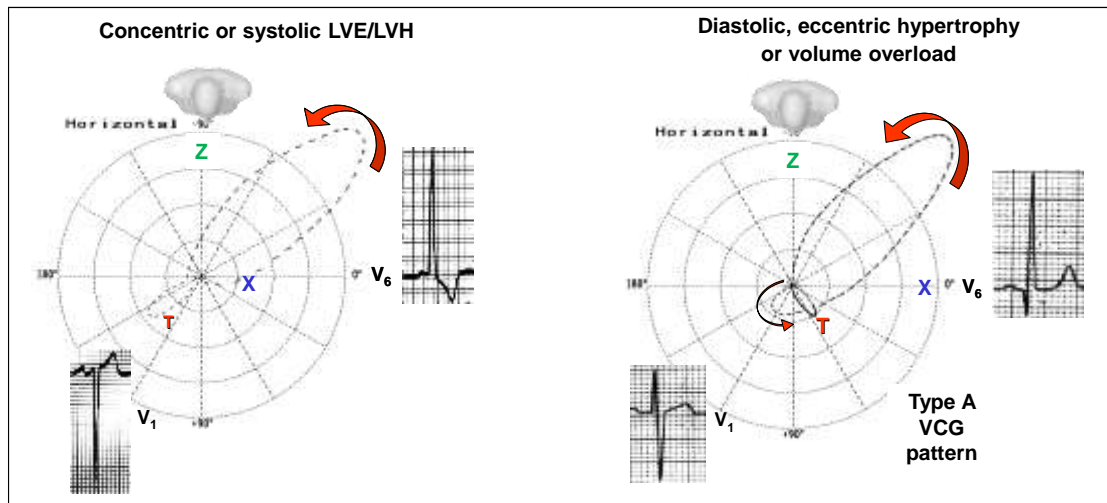
- **Children:**
  - Ventricular Septal Defect (VSD);
  - Patent Ductus Arteriosus (PDA);
  - Endocardial Cushion Defects (ECD);
  - Aortic Stenosis (Ao.S.);
  - Coarctation of the Aorta (Co.A);
  - Systemic Hypertension (SHT).
  
- **Young people:**
  - Athletes;
  - Mitro-aortic injuries.
  - Co.A;
  - Systemic hypertension (SHT).
  
- **Adults:**
  - SHT;
  - Ao.S.;
  - Mitro-aortic injuries;
  - Myocardial sclerosis.
  -
  
- **Elderly people:**
  - Systemic hypertension (SHT). Secondary;
  - Myocardial sclerosis;
  - SHT;
  - Bicuspid Ao.S.

## Old Systolic and Diastolic Overload concept of Left Ventricular Hypertrophy

Since Cabrera and Monroy (Cabrera and Monroy 1952) we use the term LVE/LVH when the left ventricle (LV) receives in diastole, a volume of blood greater than normal –diastolic, eccentric or volumetric overload of the LV– or when it has a greater difficulty during systole to empty its content –pressure, systolic or strain pattern overload of the LV– or both at the same time. This term is the one used in electro-vectorcardiography.

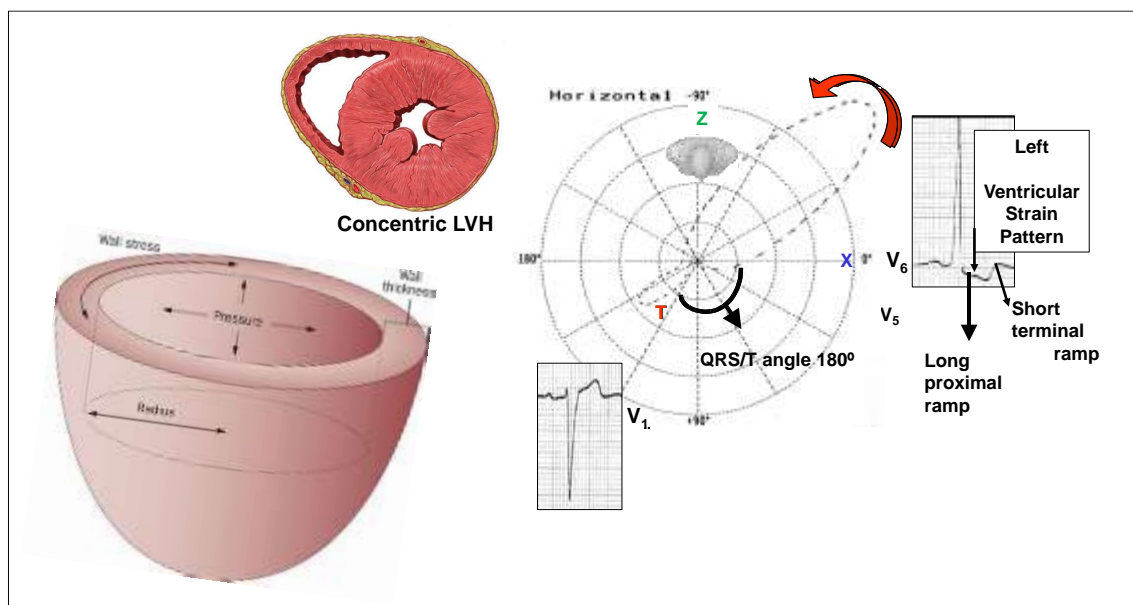
	LV Systolic Overload	LV Diastolic Overload
<b>Main causes</b>	Systemic Hypertension Aortic Stenosis Coarctation of Aorta	Aortic valve insufficiency Mitral valve insufficiency Ventricular septal defect Patent ductus arteriosus
<b>Initial r wave in V1 lead</b>	Absent or minimal	Greater R wave
<b>Q waves in left leads</b>	Absent	Present
<b>Intrinsicoid deflection, R peak time or ventricular activation time in V5-V6</b>	Shorter	Longer
<b>QRS -ST/T relationship</b>	Discordant significant ST-segment depression in the anterolateral leads and T-wave	Concordant

## Systolic and diastolic overload ECG/VCG patterns/modalities of Left Ventricular Hypertrophy



**Figure 1.** As electrocardiographic correlate for concentric LVH as compared with eccentric LVH, a shorter intrinsicoid deflection and a significant ST-segment and T-wave depression in the anterolateral leads was noted. In patients with advanced acquired heart disease, severe dilatation and left ventricular hypertrophy, the hemodynamic and ECG correlation is low. In congenital heart disease it is better.

## Systolic or concentric LVH – ECG/VCG correlation in the Horizontal Plane



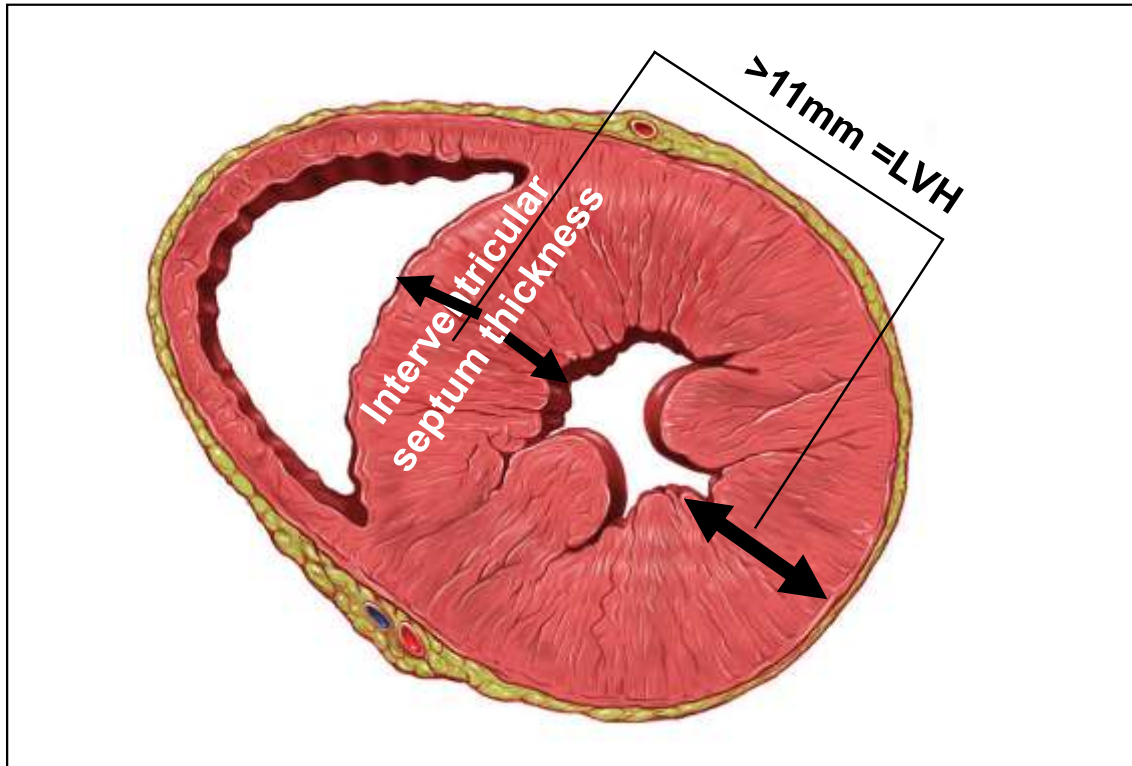
**Figure 2.** Repolarization abnormalities: Deviation of the ST segment and the T wave in the opposite direction to the main QRS vector causes widening QRS amplitude and wide QRS/T angle.

## Left Ventricular Enlargement/Hypertrophy

Any increase in LV mass above the values considered normal: 134 g/m<sup>2</sup> of body surface for men and 109 g/cm<sup>2</sup> for women with or without cavity dilatation.

In absolute terms the LV weight is from 120 to 240 g in men and 20% less in women: 100 to 200 g. This term is used in echocardiography. (Echocardiography-based left ventricular mass estimation).

The main method to diagnose LVH is echocardiography, which allows measuring the thickness of the muscle of the heart. Two dimensional echocardiography can produce images of the left ventricle. The thickness of the LV as visualized in echocardiography correlates with its actual mass. Normal thickness of the LV myocardium is from 6 to 11 mm (as measured at the very end of diastole). If the myocardium is more than 1.1 cm thick, the diagnosis of LVH can be made by echocardiography.



**Figure 3.** Left Ventricular Enlargement/Hypertrophy.

## **Echocardiography is the test of choice**

Echocardiography, if available, should be the test of choice to assess for LVH. It is much more sensitive than ECG and can also detect other abnormalities such as LV dysfunction and valvular disease. This test uses transthoracic or transesophageal ultrasonography to measure the LV end-diastolic diameter, posterior wall thickness, and interventricular septum thickness. From these measurements and the patient's height and weight, the LV mass index can be calculated. (Devereux, Kramer-Fox et al. 1986)

Several different cutoff values for the LV mass index have been proposed; the LIFE study used values of  $>104$  g/m<sup>2</sup> in women and  $>116$  g/m<sup>2</sup> in men to define LVH.

When using echocardiography to assess for LVH, it is imperative that the LV mass index be used and not just the LV wall thickness, as it often happens in clinical practice. This is necessary because diagnosis by wall thickness alone is not a good indicator of LVH, with a concordance between wall thickness and a LV mass index of only 60% (Leibowitz, Planer et al. 2007). In addition, wall thickness tends to underestimate LVH in women and overestimate it in men.

## **Is echocardiography cost-effective?**

Despite its clear advantages, an important consideration about echocardiography as a screening test for all hypertensive patients is its cost.

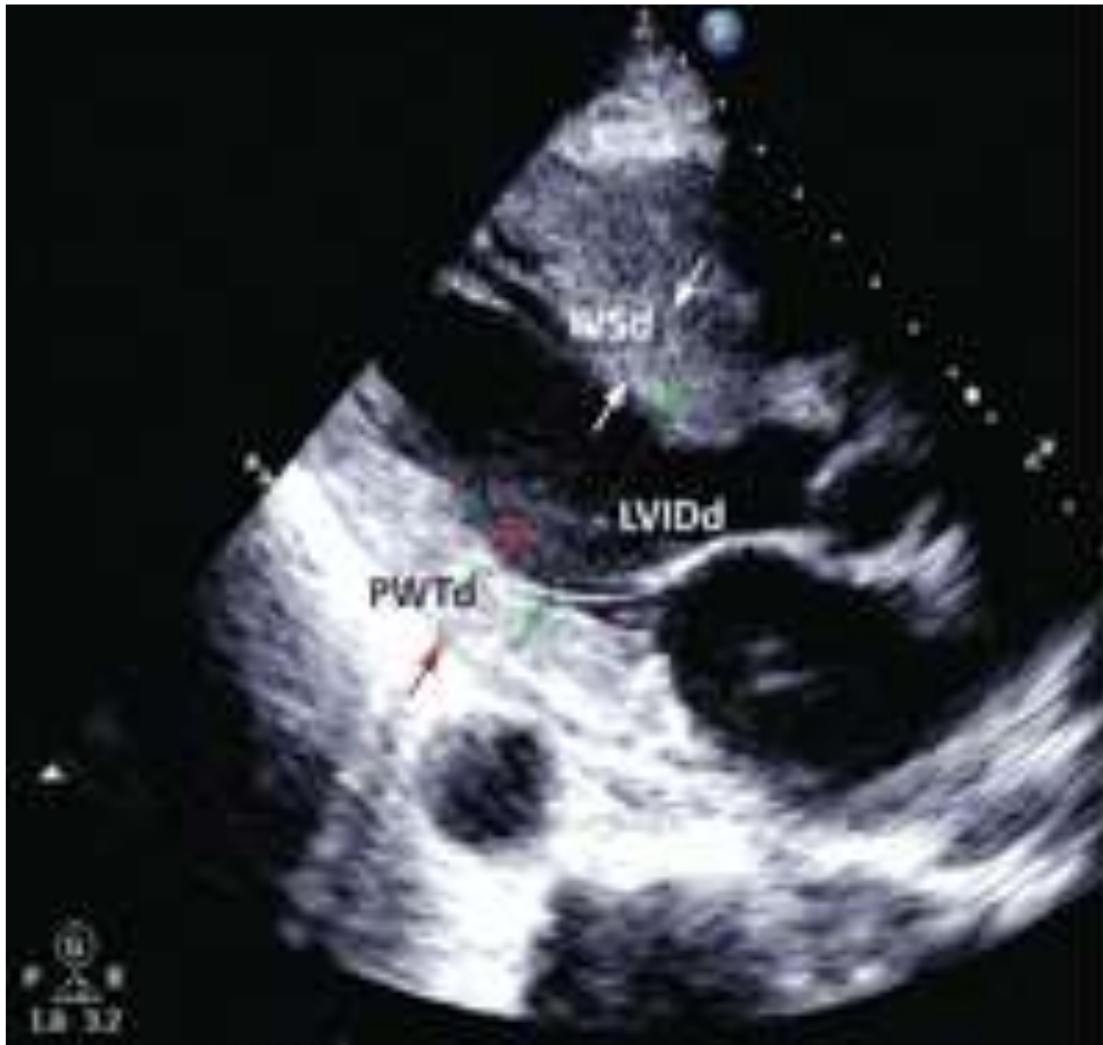
A suggested way to reduce cost is to measure the left ventricular mass index only. A limited echocardiographic examination is much less expensive than a complete two-dimensional echocardiogram (\$255 vs \$431 per the 2009 Medicare Ambulatory Payment Classification) and should be the examination performed if the patient has no other clinical indication for echocardiography.

Another way to control cost is to stratify patients by risk and to do echocardiography only in those who would benefit most from it. Based on the prevalence of LVH, one study concluded that echocardiography is most cost-effective in men 50 years or older (Cuspidi, Meani et al. 2006) (Cuspidi, Meani et al. 2006).



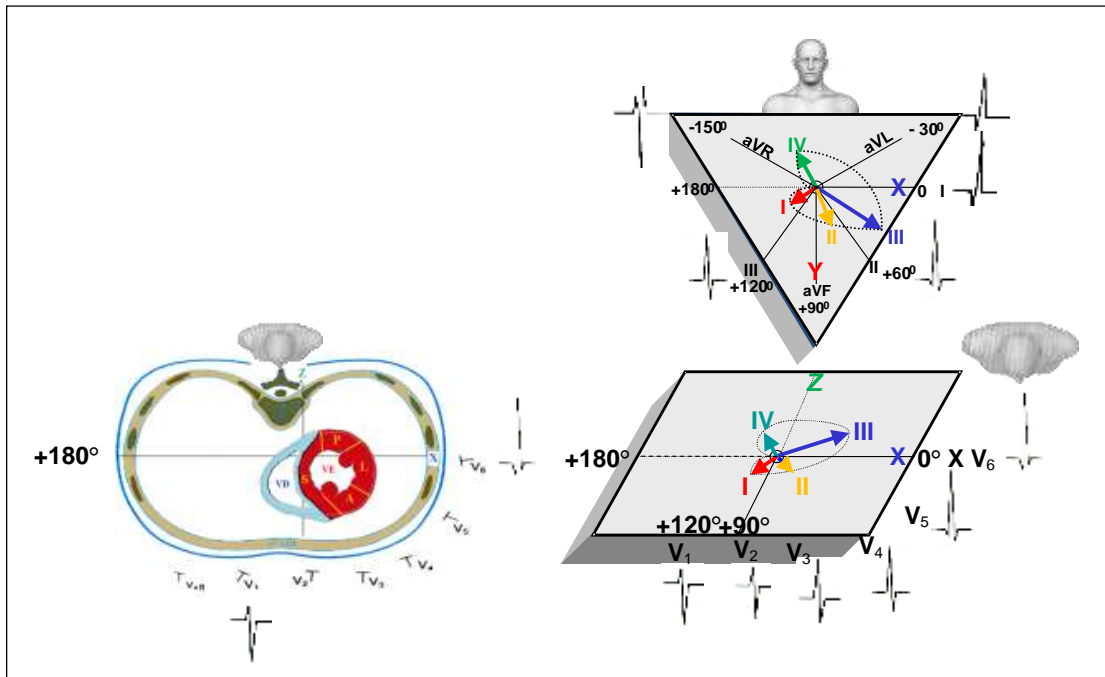
Further study is necessary to define more precisely the cost-effectiveness of echocardiographic screening for LVH in terms of potentially preventable cardiovascular morbidity and death. Echocardiogram performed in a 68-year-old man being evaluated for uncontrolled hypertension and symptoms of congestive heart failure. LVH was diagnosed by an elevated left ventricular mass index, which is calculated from the interventricular septal thickness (IVSd), posterior wall thickness (PWTd), and left ventricular end-diastolic internal diameter (LVIDd).

#### **Cardiac MRI: The costly gold standard**



**Figure 4.** Cardiac MRI is the gold standard test for LVH, as it is even more accurate and reproducible than echocardiography (Bottini, Carr et al. 1995). It can precisely estimate a patient's left ventricular mass and assess for other structural cardiac abnormalities. MRI's use, however, is severely restricted in clinical practice due to its high cost and limited availability. While it may never be used for general screening for LVH, it certainly has a role in clinical research and for assessing cardiac anatomy in special clinical situations.

## Representation of normal ventricular activation with four vectors in the FP and HP

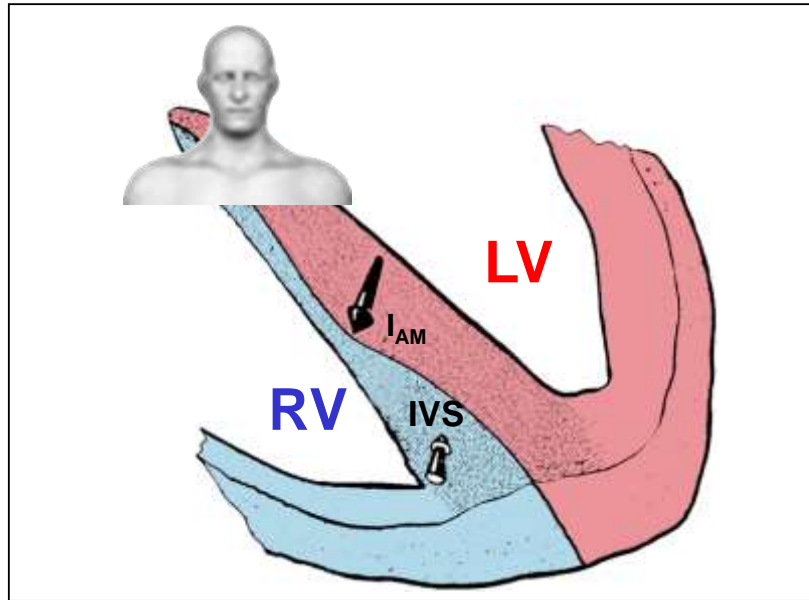


**Figure 5.** The four vectors of ventricular depolarization in the frontal and horizontal planes and ECG/VCG correlation.

### Vectors of ventricular activation in Left Ventricular Hypertrophy

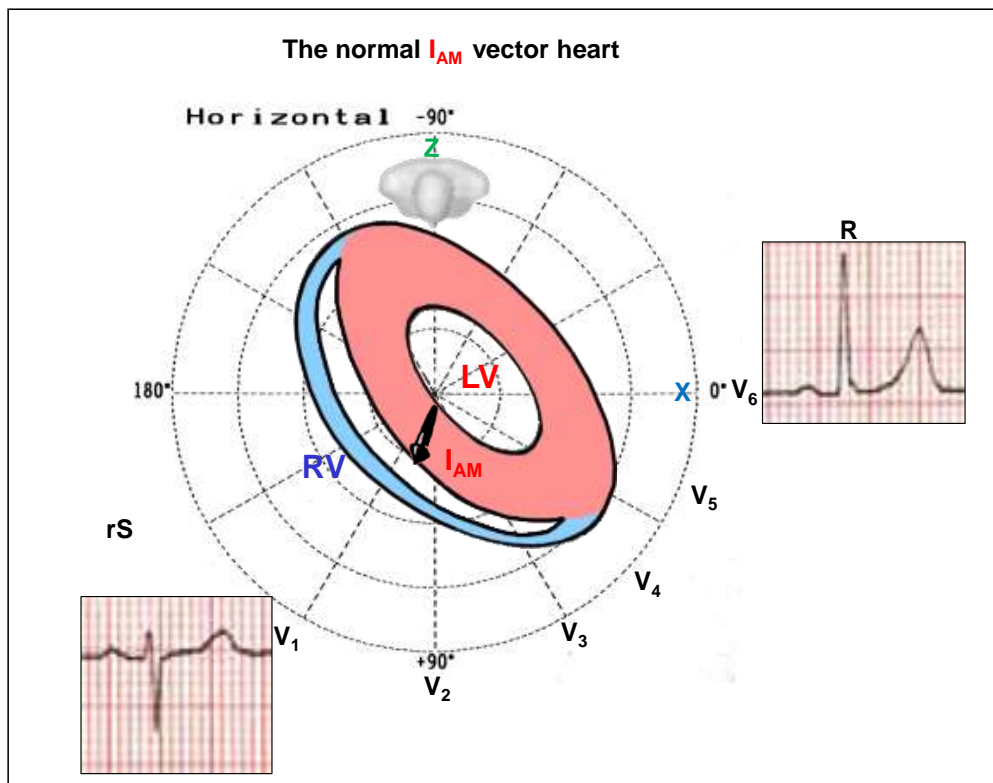
- **Vector I,  $I_{AM}$ , (anteromedial) septal or of the middle 1/3 of interventricular septum:**
  - **Normal:** of small magnitude (initial 10 to 20 ms). To the front and the right (85% of cases), above or below, according to the position of the heart (horizontal or vertical).
  - **Systolic LVH pattern:** Vector I,  $I_{AM}$ , decreases or even disappears.
  - **Diastolic LVH pattern:** Vector I,  $I_{AM}$ , increases. Consequently, it causes increase in the initial R wave voltage of  $V_1$  and  $V_2$  (however the R/S ratio always remains in  $V_1 < 1$ ) and concomitantly, deep Q waves ( $\geq 2$  mm) in  $V_5$  and  $V_6$ . These Q waves are clean and do not last longer than 35 ms.

**Modification in the direction of the  $I_{AM}$  vector or septal vector in LVH: in the middle third of interventricular septum (IVS). Frontal view.**



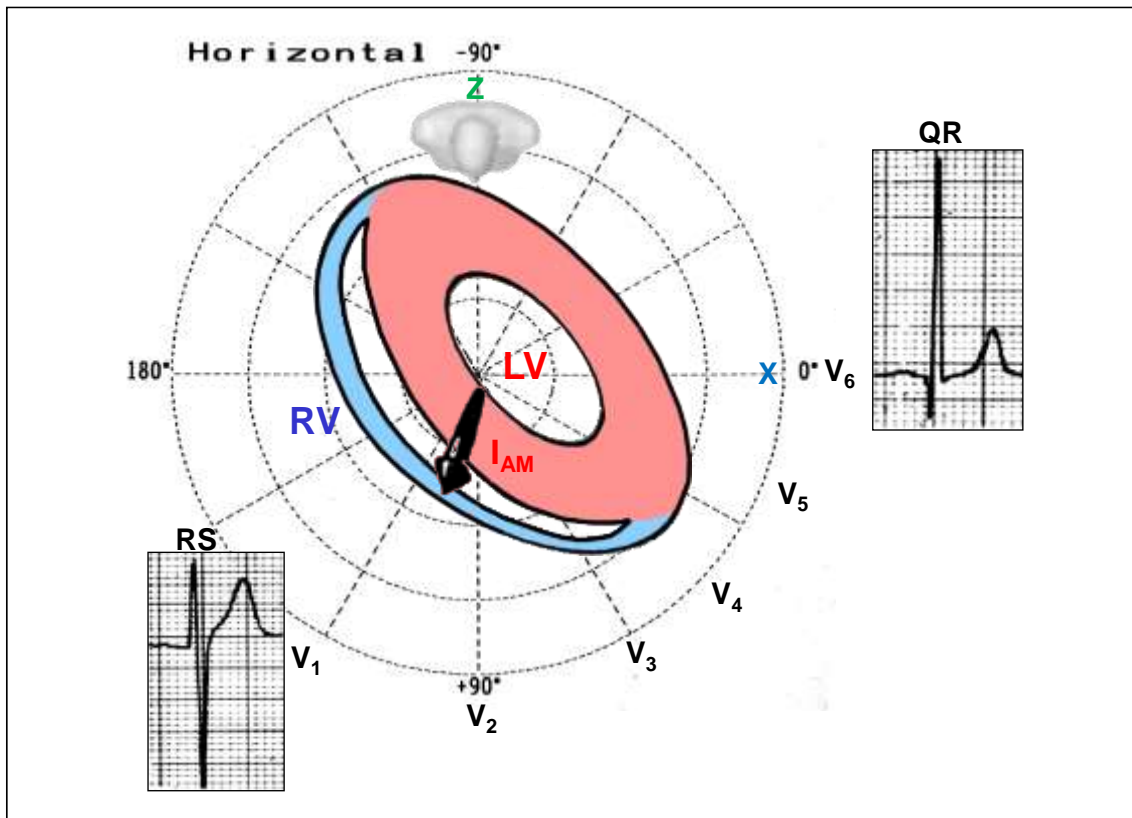
**Figure 6.** This is a vector of small magnitude, which represents the initial 10 to 20 ms of depolarization. It heads to the front and the right (85%) or the left (15%), above or below according to the position of the heart (horizontal or vertical).

#### Characteristics of normal $I_{AM}$ vector in the Horizontal Plane



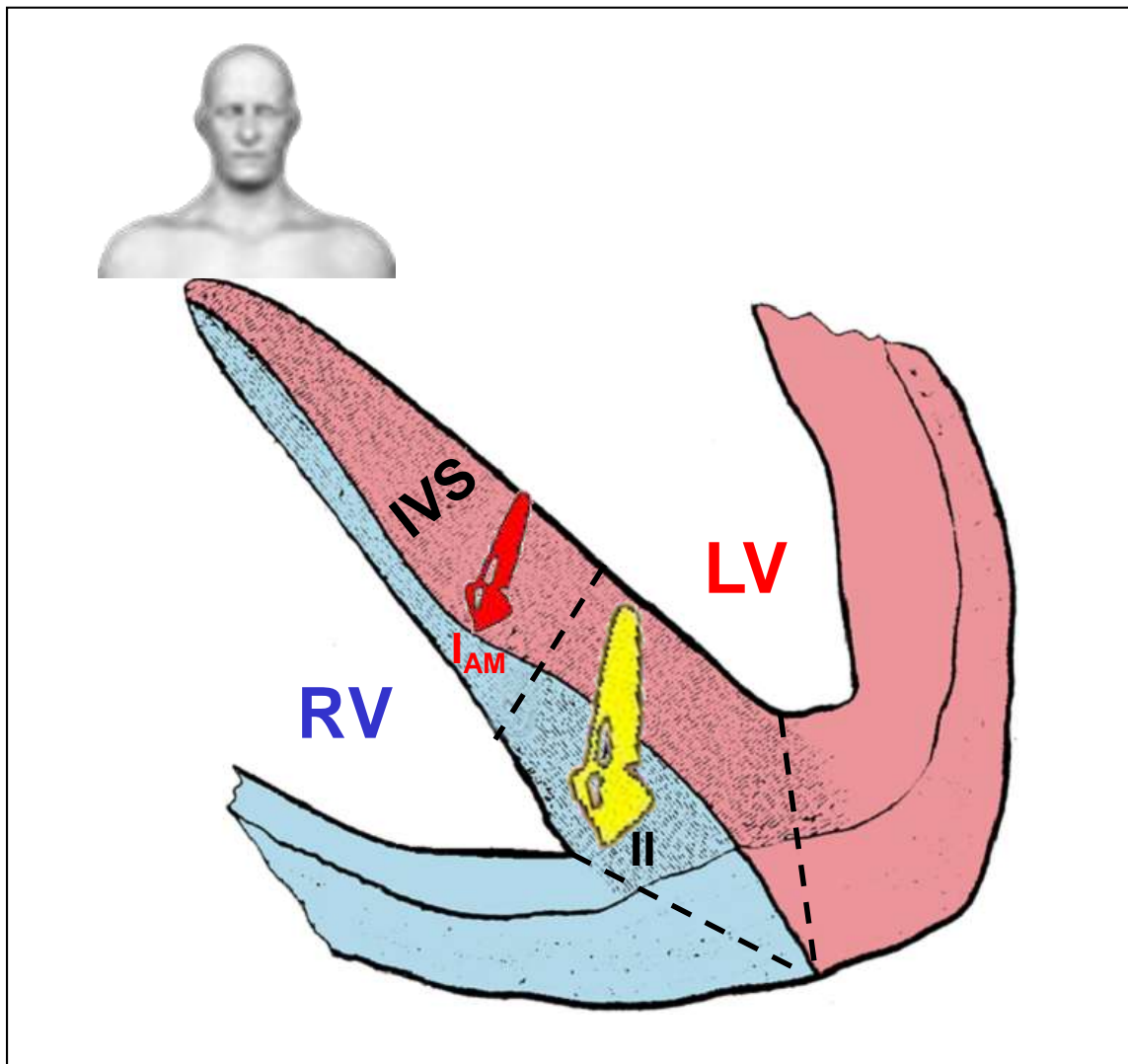
**Figure 7.** First normal  $I_{AM}$  vector in the Horizontal Plane is directed to the front and rightward in 85% of cases and to the front and leftward in 15%.

### Characteristics of $I_{AM}$ vector in diastolic, volumetric or eccentric LVH/ Overload



**Figure 8.** Characteristic of the first IAM vector in diastolic, volumetric or eccentric Left Ventricular Hypertrophy/Overload. Vector I, IAM, increases. Consequently, it causes increase in initial R wave voltage of V1 and V2 (however the R/S ratio always remains in  $V1 < 1$ ) and concomitantly, deep Q waves ( $\geq 2$  mm) in V5 and V6. These Q waves are clean and do not last longer than 35 ms.

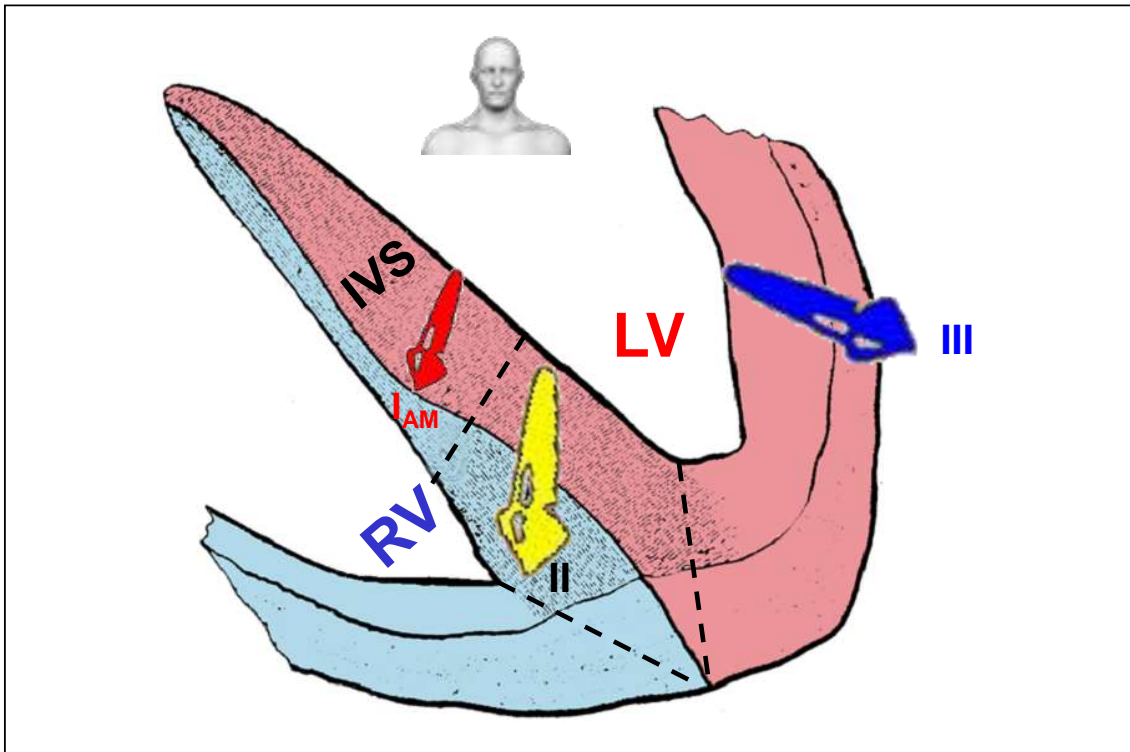
### Vector II or of low interventricular septum (IVS)



**Figure 9.** Vector II of low interventricular septum (when explained with four vectors) from 20 to 40 ms. It represents the activation of low paraseptal regions of the interventricular septum (IVS) until the apex (II). It stretches from 20 ms to 40 ms and it heads to the front. Hypertrophy of these areas manifests in the opposite leads: V2-V4 or V3 to V4 (transitional leads); thus, in the case of selective enlargement of these regions, we record in these leads, complexes of great voltage of the R/S type. This pattern is typically found in VSD as an element of biventricular enlargement and known as Katz-Wachtel sign/phenomenon.

## Ventricular activation vectors in LVH: Vector III or of the free wall

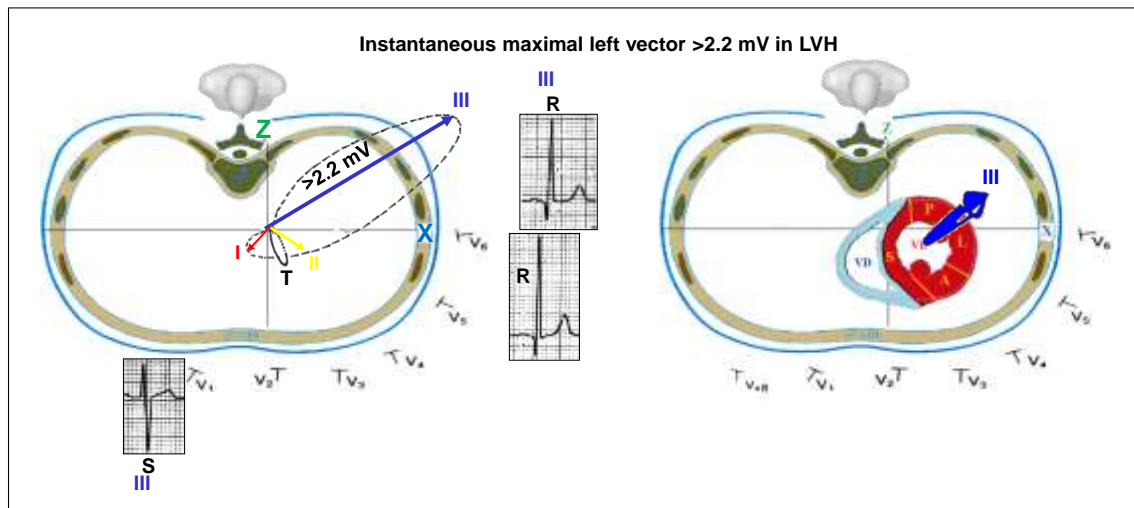
- **Vector III or of the free wall:**
  - Normal: activation of free walls of both ventricles (from 40 to 60 ms). It is directed toward the predominant ventricle (LV), i.e. backward, to the left and below. Instantaneous maximal QRS vector of loop is normally  $<2.2$  mV.
  - LVH: The R waves show increased voltage in the leads that face the Left Ventricle: I, aVL, V<sub>5</sub> and V<sub>6</sub> and concomitantly, deep S waves in the opposite leads from which vector III moves away: V<sub>1</sub> and V<sub>2</sub>. Instantaneous maximal vector  $> 2.2$  mV with pear-shaped narrowing of QRS loop in the HP.



**Figure 10.** It is the vector (III) that represents the activation of the endo and epicardium of the free walls of both ventricles, and its direction is heading to the predominant ventricle (LV), i.e. backward, to the left and below. It stretches between 40 ms and 60ms.

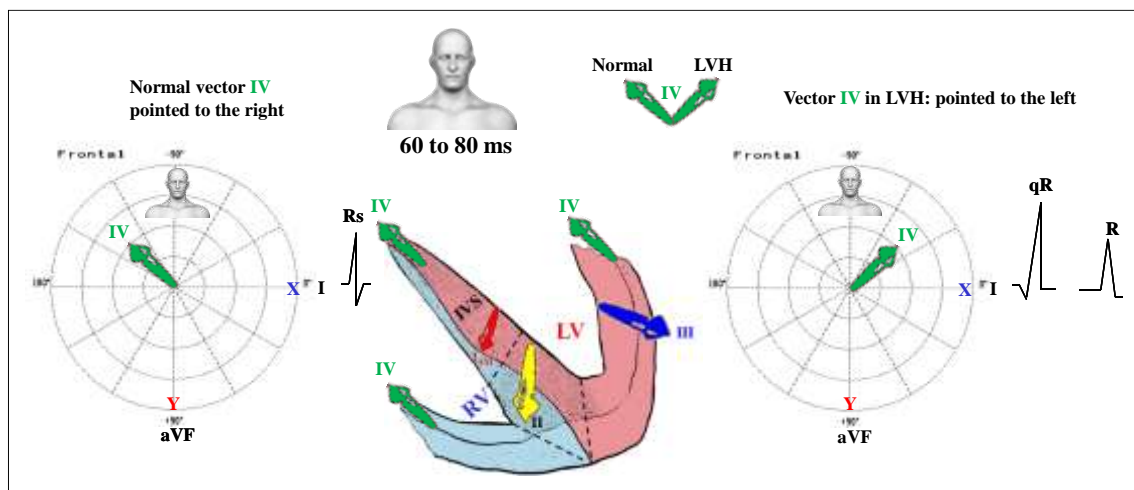


## Representation of vector III in the Horizontal Plane in Left Ventricular Hypertrophy



**Figure 11.** Representation of vector III of free wall in the horizontal plane in diastolic, volumetric or excentric LVH.

## Vector IV or basal in normal heart and in Left Ventricular Hypertrophy

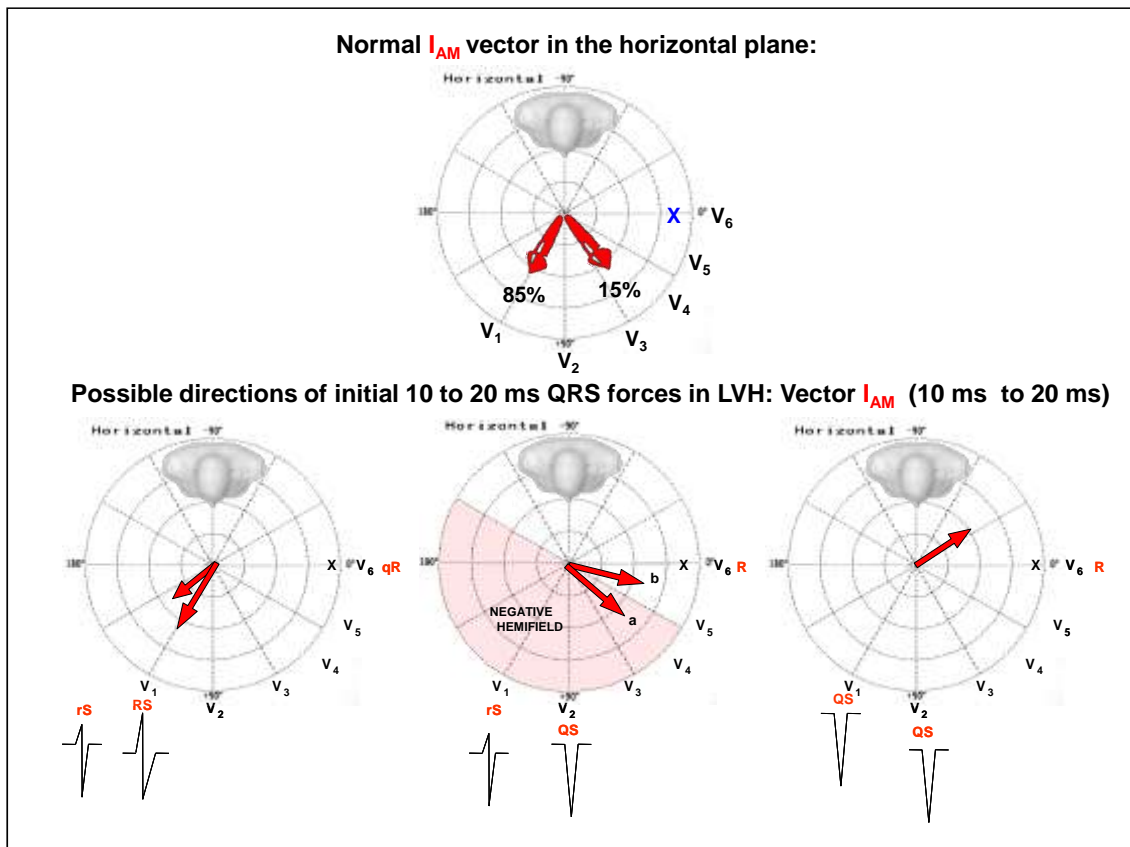


**Figure 12.**

- Normal: activation of basal portions of the septum and free wall of both ventricles (60 and 80 ms). Upward, backward and to the right.
- LVE: vector III more to the left. The left superior and posterior orientation of the middle vector of QRS in LVE is due in part to hypertrophy of the posterior basal portion of the LV that activates later and without opposite forces from the RV.

It represents the activation of the basal portions of the septum and free wall of both ventricles. It heads backward, upward and to the right. It is situated between 60 and 80 ms.

## Possible modifications in the direction of the initial septal vector (Vector $I_{AM}$ ) in Left Ventricular Hypertrophy in the HP



**Figure 13.** It heads to the front and to the right (85% cases), and it may even point to the left (15%). Rarely backward. Possible modifications in the direction of the septal  $I_{AM}$  vector in LVH in the horizontal plane. It may suffer modifications both in direction and magnitude.

## Modifications in the magnitude of the $I_{AM}$ septal vector in Left Ventricular Hypertrophy

It may increase (volume or diastolic enlargement) or decrease or even disappear (pressure or systolic enlargement). In the first case (diastolic LVE), it causes increase in initial R wave voltage in V<sub>1</sub> and V<sub>2</sub> (however the R/S ratio always remains in V<sub>1</sub><1) and causes deep Q waves ( $\geq 2$  mm) in V<sub>5</sub> and V<sub>6</sub>. These Q waves are “clean” and do not last longer than 35 ms.

The main entities where we may observe a significant increase in the magnitude of the septal vector are aortic regurgitation/insufficiency, ventricular septal defect and hypertrophic heart disease.



### **Differential diagnosis between q waves of diastolic LVH and infarction q waves**

- Q duration: LVH:  $\leq 35$  ms. Those of infarction:  $\geq 40$  ms (except aVR and V1 leads). In the vectorcardiogram where the duration of the Q wave can be measured more precisely, the Q wave is considered abnormal with  $\leq 30$ ms. In infants and children with anomalous origin of coronary artery, the pathological Q-wave duration  $\geq 30$ ms.
- Q wave aspect: LVH: “clean” and deep. Those of infarction with notches and usually accompanied of injury current (ST) and ischemia (T).
- Cause: LVH: Altered distribution of myocardial mass. Myocardial Infarction: transmission of the cavity potentials to the surface of the heart or new balance of electrical forces that become oriented away from the region affected. They are the result of absence of electrical activity.
- Serum enzymes and troponin: LVH: normal. Those of infarction in acute phase, with increased CKMB, TGO, DHL and Troponin;
- Age group: LVH: they may be observed in children and young people (those of infarction are found in adults and elderly people with the exception of anomalous origin of coronary artery from pulmonary artery where Q waves are observed in infant and children also).
- In HCM, the right or left ventricular free walls or both become thick because of chronic pressure overload. The interventricular septum can also become hypertrophied and can lead to LVOT obstruction. When the septum hypertrophies, normal septal forces that travel left to right through the septum are exaggerated on the ECG because of the enlarged septal mass. Septal hypertrophy can produce larger-than-normal Q waves in lateral leads I, aVL, V5, and V6 that can mimic lateral wall MI and can result in larger-than-normal R waves in V1 and V2 that mimic dorsal wall MI. If the LV free wall is hypertrophied, a QS complex can be recorded in V1, V2, and sometimes V3, which can mimic anteroseptal MI. If the ST segment is not elevated or shows an upward concave elevation and the T wave is upright in the presence of a QS complex in V1 or V2, this favors LVH. If the ST segment shows convex elevation with an inverted T wave, anteroseptal MI is more likely.

The precise criteria for pathologic Q waves have been debated. The latest definition is accepted by the ESC and ACC (Thygesen, Alpert et al. 2007, Thygesen, Alpert et al. 2007, Thygesen, Alpert et al. 2007).

### **Definition of a pathologic Q wave**

- Any Q wave in leads V2–V3  $\geq 0.02$  s or QS complex in leads V2 and V3
- Deep Q wave  $\geq 0.03$  s and  $>0.1$  mV or QS complex in leads I, II, aVL, aVF, or V4–V6 in any two leads of a contiguous lead grouping (I, aVL, V6; V4–V6; II, III, and aVF).
- R wave  $\geq 0.04$  s in V1–V2 and  $R/S \geq 1$  with a concordant positive T wave in the absence of a conduction defect.

### **Notes**

- The absence of pathologic Q waves does not exclude a myocardial infarction!
- Lead III often shows Q waves, which are not pathologic as long as Q waves are absent in leads II and aVF (the contiguous leads).
- For those interested: the Minnesota Code Classification System for Electrocardiographic Findings contains a very extensive definition of pathologic Q waves.
- The Novacode system further classifies ischemic abnormalities in patients with no known history of myocardial infarction. (Rautaharju, Park et al. 1998) (Rautaharju, Park et al. 1998)
- The presence of a Q wave does not indicate any specific electrophysiological mechanism. To the contrary, Q waves can be related to one or more of the following four factors (Goldberger 2006) (Goldberger 2006).
- Physiologic and positional effects.
- Myocardial injury or replacement.
- Ventricular enlargement.
- Altered ventricular conduction.
- Clinicians should be aware of three principles with respect to Q waves: 1) not all Q waves are pathologic; 2) not all pathologic Q waves are due to myocardial infarction caused by fixed coronary artery occlusion; and 3) there is no firm

consensus on the criteria for the diagnosis of pathologic Q waves (Bonow 2011) (Bonow, Maurer et al. 2011) (Bonow and Holly 2011).

- A broader discussion of the electrocardiogram in MI is found elsewhere.
- If there is a Q wave in I, II, aVL or aVF it should not be more than a quarter of the size of the R wave.
- Larger Q waves may be found in III and aVR.
- Abnormal Q waves suggest MI, old or recent.
- Pathological (abnormal) Q waves are defined as greater than 1/3 the height of the R wave, greater than 0.04 sec (40 msec) in duration, or present in the right precordial leads.

### **Electrocardiographic criteria for Left Ventricular Hypertrophy diagnosis**

- Criteria based on increase of amplitude voltage of the QRS complexes;
- Criteria based on the discrete increase in QRS complex duration at the expense of a delay in the time of appearance of R wave apex: ventricular activation time, “R peak time” or intrinsicoid deflection in the leads that are opposite to the left ventricle (I, Avl, V5-V6), initial time of intrinsic deflection or ventricular activation time (VAT);
- Criteria based on  $^{QRS}_{ST-T}$  angle broadening: ST segment depression and T wave inversion in the left precordial leads and in the limb leads in which major QRS deflections are upright;
- Tendency to SÂQRS deviation to the left, backward and upward;
- Association: Ex Point score systems
- Indirect criteria.

## **LVH criteria based on increase of amplitude or voltage of the QRS complexes**

- **LVH criteria on precordial leads**

- Sokolow and Lyon index: S of V<sub>1</sub> + R of V<sub>5</sub> ≥ 35 mm or 3.5 mV in adults older than 30, 40 mm or 4.0 mV between 20 and 30 years (Sokolow-Rapaport) and >60 mm between 16 and 20 years and >65 mm between 11 and 16 years. Modified Sokolow and Lyon index: S wave of V<sub>2</sub> + R of V<sub>5</sub> or V<sub>6</sub> ≥ 35 mm.
- R wave of greater voltage + S wave deeper than any precordial lead ≥ 45 mm or 4.5 mV.
- R wave of V<sub>5</sub> or V<sub>6</sub> ≥ 26 mm (2.6 mV).
- S wave of V<sub>1</sub> ≥ 23 mm.
- S wave of V<sub>2</sub> ≥ 29 mm or greater.
- If any S wave of V<sub>1</sub>, V<sub>2</sub> or V<sub>3</sub> ≥ 30 mm.
- If any R wave of V<sub>4</sub>, V<sub>5</sub> or ≥ 27 mm.
- R wave of V<sub>6</sub> > than R wave of V<sub>5</sub> when both have an increased voltage.

- **LVH criteria on limb leads**

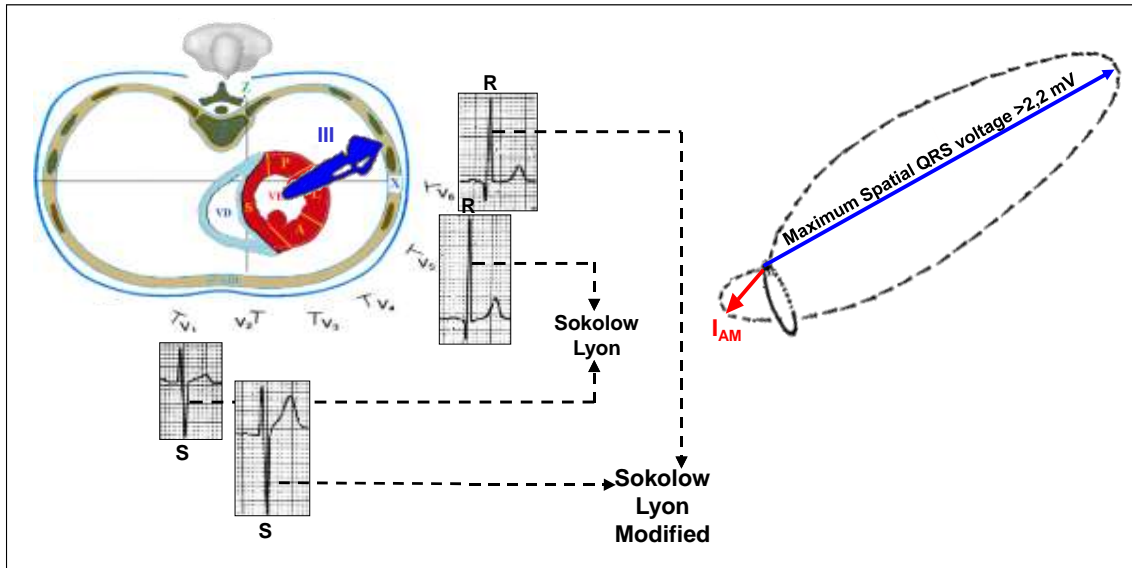
- S wave of aVR ≥ 15 mm;
- R wave of I ≥ 14;
- R wave of aVL ≥ 11 (1.1 mV);
- R wave of aVF ≥ 20 mm (2.0 mV);
- Any R wave or S wave in the frontal plane leads ≥ 20 mm;
- Lewis index (LI): (RI + SIII - RIII - SI) > 1.7 mV LI = (RI - I) - (RIII - SIII) > 17 mm;
- Gubner-Ungerleider index = (RI + SIII) > 2.5 mV R of I + S of III ≥ 25 mm (2.5 mV);
- White-Bock index W-B = (R1 + R3) - (R3 + S1) > 17 mm.

- **LVH criteria using both planes**

- Cornell index (CI) or Casale criteria or Cornet criteria: CI = RaVL + S V<sub>3</sub> > than 28 mm in men or > 20 mm in women indicates LVH.

### Sokolow index and Sokolow index modified for LVH (Sokolow and Lyon 1949)

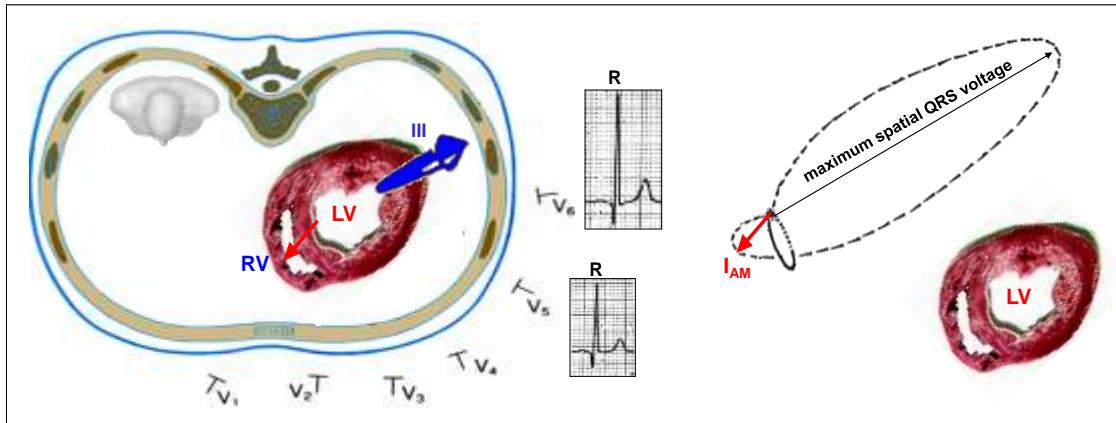
S wave of V1 + R of V5  $\geq 35$  mm or 3.5 mV in adults older than 30,  $> 40$  mm or 4.0 mV between 20 and 30 years (Sokolow-Rapaport),  $> 60$  mm between 16 and 20 years and  $> 65$  mm between 11 and 16 years. Sensitivity: 25%. Specificity: 95%.



**Figure 14.** Modified index: S wave of V2 + R of V5 or V6  $\geq 35$  mm. This index uses a close lead (V2) and a distant one (V6). This is the reason why it has the same value as the Sokolow-Lyon index, which uses a distant lead (V1) and a close one (V5).

**R wave voltage in V6 taller than R wave voltage in V5 when both are increased:  $RV_6 > RV_5$**

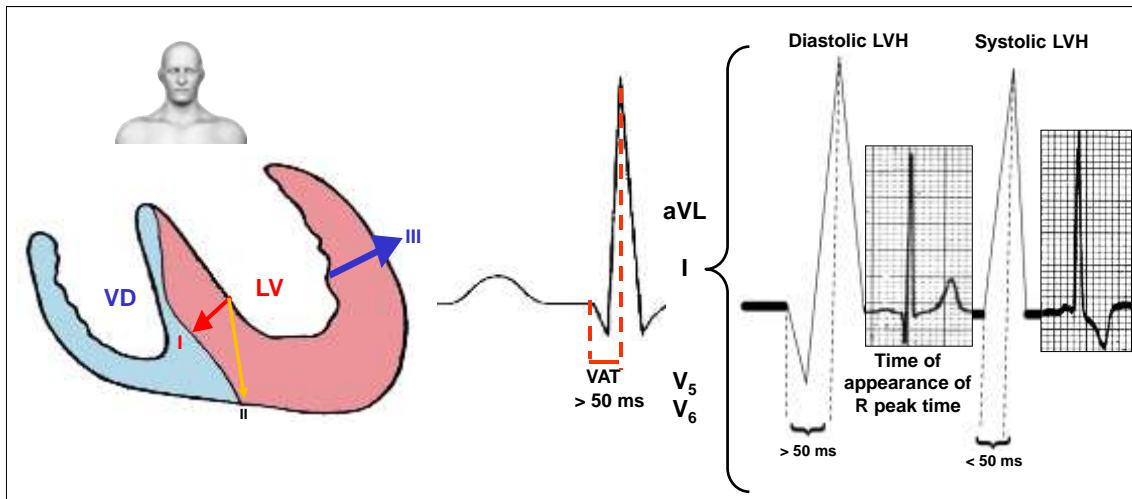
**The presence of this sign suggests LV dilatation, i.e. diastolic, eccentric or volumetric LVH. (Talbot 1979)**



**Figure 15.** Additionally, left ventricular volumes were estimated in 59 patients, who were investigated by single plane ventriculography and coronary arteriography. The relation of the left ventricular end-diastolic volumes to the QRS voltage of the 12-lead ECGs and Frank VCGs was examined. It was found that the maximum spatial QRS voltage and the R wave voltage of leads V5 and V6 in patients without LVH were inversely correlated with end-diastolic volume. This inverse relation of QRS voltage and left ventricular volume may explain the loss of QRS voltage with dilatation of the heart. In patients with left ventricular hypertrophy, QRS voltage is usually positively correlated with the degree of LVH. (Talbot, Kilpatrick et al. 1977).

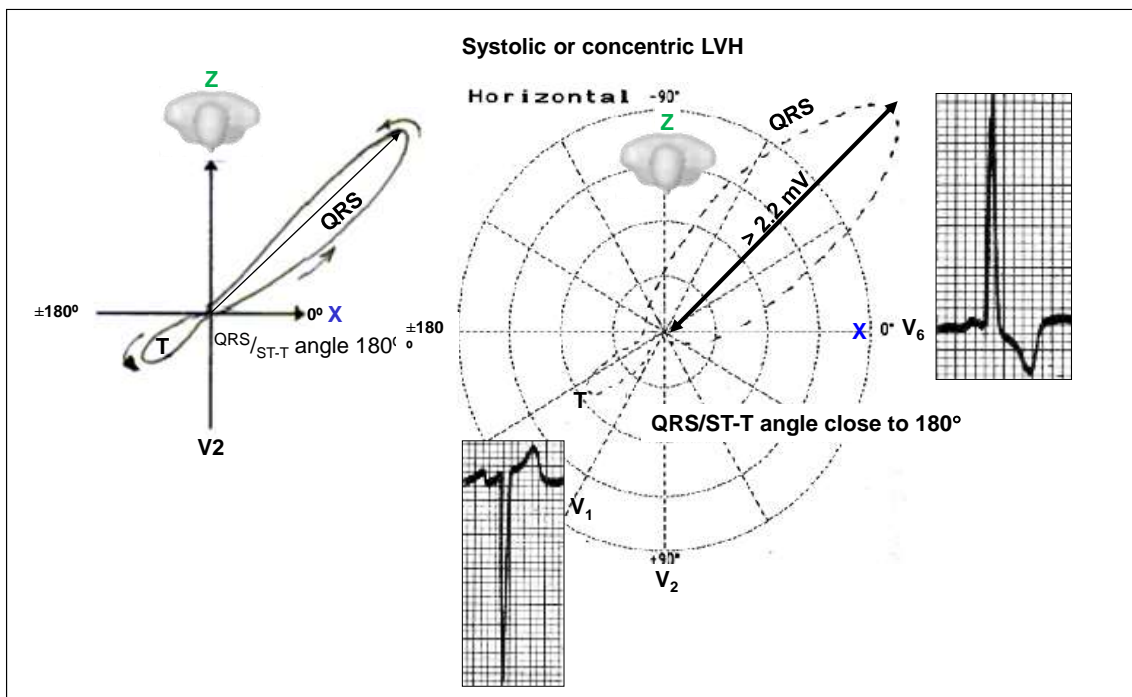
**Ventricular Activation Time (VAT), intrinsicoid deflection, or “R peak time” in left leads I, aVL, V5-V6**

Left Ventricular Activation Time (VAT): it is the time from QRS complex onset to peak of R wave on left leads (time of appearance of R peak). The normal value of VAT is  $<0.05$  sec or 50 ms in V5 or V6. This parameter is prolonged in diastolic, volumetric, or eccentric LVH. VAT is shorter in systolic or concentric LVH than in diastolic LVH (Buchner, Debl et al. 2009). The prolongation of VAT is associated with diastolic dysfunction in patients with newly diagnosed untreated hypertension (Boles, Almuntaser et al. 2010).



**Figure 16.** Ventricular Activation Time (VAT), intrinsicoid deflection, or “R peak time” in left leads I, aVL, V5-V6.

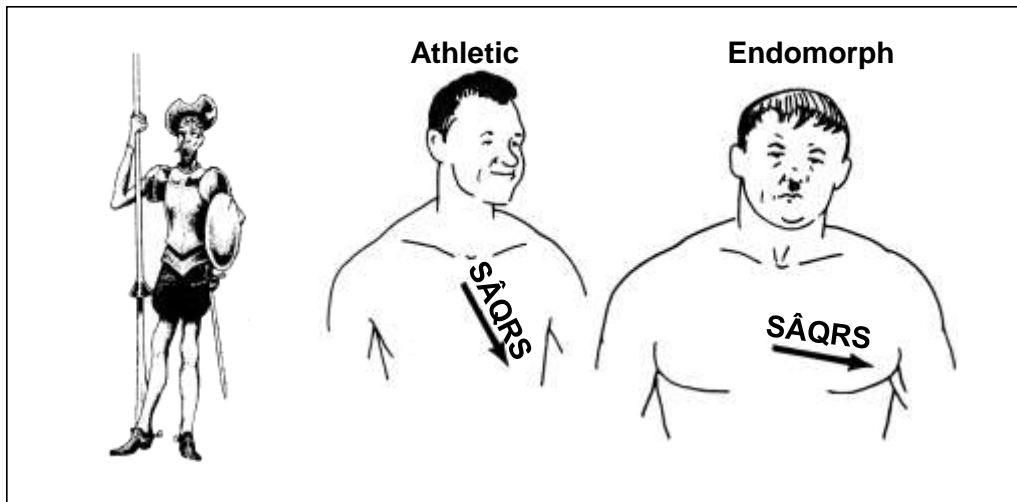
**Criteria based on QRS/T angle prolongation: Systolic, concentric Cabrera type or LVH Strain pattern**



**Figure 17.** QRS/ST-T angle  $>100^\circ$  and a T wave upright in V2 and more negative than -01 mV in V6. ST segment depression with upward convexity and T wave inversion in the left precordial leads.

### Tendency to $\hat{S}\hat{A}QRS$ deviation to the left, backward and upward

In adults  $\hat{S}\hat{A}QRS$  beyond  $-30^{\circ}$  is considered left axis deviation. Axes between  $0^{\circ}$  and  $-30^{\circ}$  may be observed in endomorphs and pregnant women.



**Figure 18.** Electrical axis according to biotype and the causes for axis deviation in LVH.

In LVH,  $\hat{S}\hat{A}QRS$  may be deviated to the left as a consequence of:

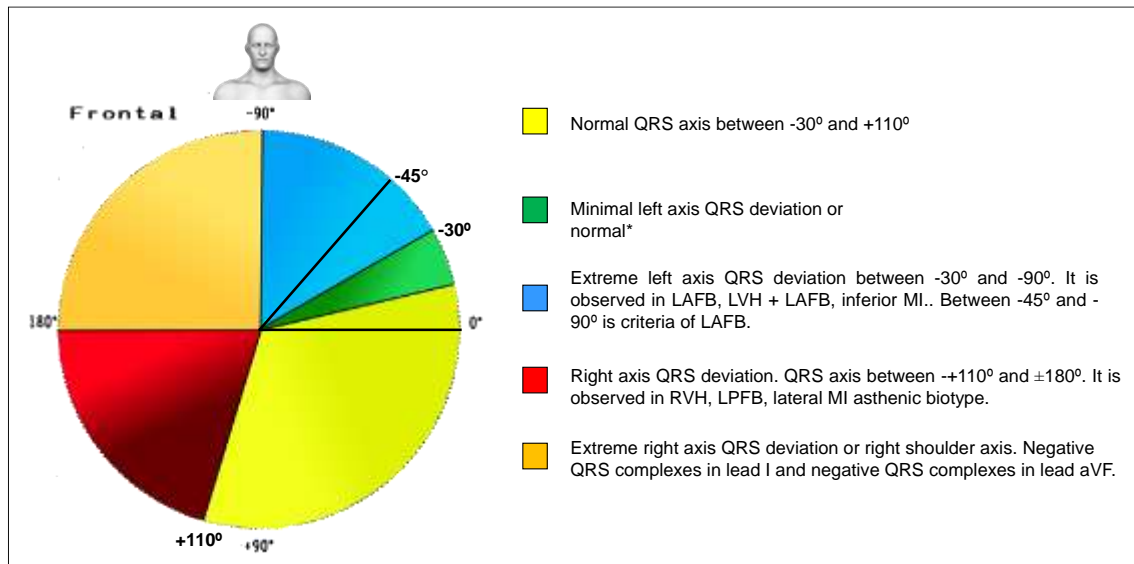
- Levorotation of the heart in its longitudinal axis
- Deviation to the left of basal vector **IV**

LVH in young people and children, usually presents non-deviated  $\hat{S}\hat{A}QRS$  on frontal plane.

LVH associated to Left Anterior Fascicular Block (LAFB), extremely deviates  $\hat{S}\hat{A}QRS$  to the left beyond  $-45^{\circ}$ .



## SÂQRS in LVH in the Frontal Plane



**Figure 19.** \*Note: Axes between  $0^{\circ}$  and  $-30^{\circ}$  may be observed in endomorphs and pregnant women. When the axis is between 0 and -30 degrees, it is sometimes referred to as a physiological (as opposed to pathological) left axis deviation. Axis of QRS in LVH in the frontal plane is considered with left axis deviation when  $\geq 30^{\circ}$ . Romhilt-Estes Score (Romhilt and Estes 1968) (Romhilt, Greenfield et al. 1968) (Romhilt, Greenfield et al. 1968).

### Main causes of extreme left axis deviation in the Frontal Plane

- Left anterior fascicular block of the his bundle: LAFB;
- End conduction delay by the superior division of the right branch: ECD (block of the superoanterior zone of the right ventricle)
- Advanced left bundle branch block: ALBBB or complete LBBB
- Wolff-Parkinson-White syndrome: WPW
- Inferior or diaphragmatic infarction
- Association of inferior infarction, LAFB or Complete LBBB
- Certain types of emphysema: pseudo deviation of AQRS to the left
- Hyperpotassemia;
- Acute pulmonary embolism (APE);
- Right ventricular ectopic rhythm;
- Congenital heart diseases: endocardial cushion defects, tricuspid atresia, 15% of VSD, single ventricle, anomalous onset of coronary artery of pulmonary artery, giant AV fistulae;
- Left ventricular hypertrophy.

**Point score system for LVE/LVH or Romhilt-Estes Score (Romhilt and Estes 1968, Romhilt, Greenfield et al. 1968)**

The authors attribute values from 1 to 3 points to the different existing criteria, 5 or more points: certain LVH; 4 points: probable LVH.

ECG finding	Scoring
<b>Voltage criteria</b>	<b>3 points</b>
<b>Voltage Criteria (any of):</b>	
<b>R or S wave in limb leads <math>\geq 20</math> mm</b>	
<b>S wave in V1 or V2 <math>\geq 30</math> mm</b>	
<b>R wave in V5 or V6 <math>\geq 30</math> mm</b>	
<b>ST-T vector opposite to QRS without digitalis</b>	<b>3 points</b>
<b>ST-T vector opposite to QRS without digitalis</b>	<b>1 point</b>
<b>Left atrial abnormality; terminal negativity of the P wave in V1 <math>&gt; 1</math> mm in depth with a duration of <math>\geq 0.042</math></b>	<b>3 points</b>
<b>Left axis deviation <math>\geq 30^\circ</math></b>	<b>2 points</b>
<b>QRS duration <math>&gt; 90</math> ms</b>	<b>1 point</b>
<b>Delayed ventricular activation time, R peak time or intrinsicoid deflection in V5 or V6 (<math>&gt; 0.05</math> sec) or <math>\geq 50</math> ms</b>	<b>1 point</b>

**Cornell limb lead criterion, Cornell index (CI) (Casale, Devereux et al. 1985) or Casale criterion for LVH**

**Cornell criteria:** Add the R wave in aVL and the S wave in V3. If the sum is  $> 28$  mm in males or  $> 20$  mm in females, then LVH is present.

CI = R aVL + SV3:  $> 28$  mm ( $> 2.8$  mV) in men or  $> 20$  mm ( $> 2.0$  mV) in women suggests LVH.

*Gender-specific Cornell voltage* (SV3 + RaVL  $> 2.8$  mV in men and  $> 2.0$  mV in women).

The criterion has high sensitivity and specificity for LVH, and is the best ECG criterion to evaluate LVH.

*Modified Cornell Criteria:* Examine the R wave in aVL. If the R wave is >12 mm in amplitude, then LVH is present.

**Cornell product (Molloy, Okin et al. 1992); (CorP. )\*Cornell voltage-duration product**

It is the product of QRS voltage and QRS duration (QRS voltage-duration product); Cornell voltage-duration product ( $RaVL + SV3$  with 6 mm added in women x QRS duration). Values  $\geq 2440$  mm/ms are diagnostic of LVH (Positive criteria of LVH  $CP \geq 2440$  mm x ms). The Cornell product is a useful ECG marker, reflecting not only left ventricular mass but also LV geometry and diastolic function in Japanese hypertensive patients.

Reduction in Cor P ECG LVH during antihypertensive therapy is associated with fewer hospitalizations for HF, independent of blood pressure lowering, treatment method, and other risk factors for HF (Okin, Devereux et al. 2007).

**Perugia Score System for LVH (Verdecchia, Schillaci et al. 1998) (Verdecchia, Schillaci et al. 1998)**

- The Perugia score<sup>1</sup> carried the highest population-attributable risk for cardiovascular morbidity and mortality compared with classic methods for detection of LVH. Traditional interpretation of standard electrocardiography maintains an important role for cardiovascular risk stratification in essential hypertension. ECG-LVH.
- Perugia Score requires positivity of one or more of the following criteria:
  - *$SV3 + RaVL > 2.4$  mV (men) or  $> 2.0$  mV (women);*
  - *Left ventricular strain pattern*
  - *Romhilt-Estes score of  $\geq 5$  points.*
- The Perugia score has low sensitivity. They showed that the prevalence of LVH in the hypertensive population is highest using the Perugia score, followed by the Sokolow-Lyon voltage criteria.
- When compared with traditional criteria for ECG diagnosis of LVH, the Perugia score showed the highest sensitivity (34%) at the expense of a slight decrease in specificity (93%), whereas, for example, the Cornell voltage yielded a sensitivity of 16% and a specificity of 97%.

**Cornell/strain index (Verdecchia, Angeli et al. 2003) (Verdecchia, Sleight et al. 2003) (Verdecchia, Angeli et al. 2003)**

The Cornell/strain [C/S] index, a simple electrocardiographic (ECG) index for left ventricular hypertrophy (LVH) defined by the presence of either a classic strain pattern or a Cornell voltage (sum of R in aVL + S in V(3) >2.0 mV in women or 2.4 mV in men, or both).

After adjustment for age, sex, smoking, and other confounders, the C/S index identified subjects with hypertension at increased risk of events (relative risk 1.76; 95% confidence interval 1.32-2.33). The C/S index achieved the highest population-attributable risk (16.1%) for cardiovascular events in hypertensive patients.

**Framingham criterion (Levy, Garrison et al. 1990, Manyari 1990) (Levy, Wilson et al. 1990) (Levy, Labib et al. 1990)**

Coexistence of a definite strain pattern and at least one of the following voltage criteria:

- Sum of the amplitudes of the R wave on lead I and the S wave on lead III  $\geq 2.5$  mV
- Sum of the amplitudes of the S wave on lead V1 or V2 and the R wave on lead V5 or V6  $\geq 3.5$  mV,
- The S wave on the right precordial lead  $\geq 2.5$  mV and the R wave on the left precordial lead  $\geq 2.5$  mV

**Combination criteria of LVH (Erice, Romero et al. 2009)**

The combination of Cornell ( $R_{aVL} + S_{V3} > 2.8$  mV in men and  $> 2.0$  mV in women) with Lewis ( $R_I + S_{III} - R_{II} - S_I > 1.7$  mV) and Gubner-Ungerleider ( $R_I + S_{III} > 2.5$  mV) indices displayed the highest net sensitivity (80.0% and 76.7%, respectively) while retaining excellent specificity (88.9% and 91.6%, respectively).

The combination of the Cornell and the Lewis or Gubner voltage criteria showed the greatest net sensitivity and specificity for the LVH diagnosis of HCM in a cardiovascular examination conducted in young people.

### **Peguero-Lo Presti criteria (Peguero, Lo Presti et al. 2017)**

The goal of this study was to test a new method to improve the diagnostic performance of the electrocardiogram. The study was divided into 2 groups, a test and a validation cohort. In the test cohort, 94 patients were analyzed, including 47 with the diagnosis of hypertensive crisis and 47 with normal blood pressure at admission. Echocardiography was used to estimate the left ventricular mass index. Area under the curve (AUC) analysis was used for comparison of single and combined leads. The McNemar test was used to assess agreement among the ECG criteria against the LV mass index.

The proposed ECG criteria involved measuring the amplitude of the deepest S wave ( $S_D$ ) in any single lead and adding it to the S wave amplitude of lead V<sub>4</sub> ( $SV_4$ ). Currently accepted LVH ECG criteria such as Cornell voltage and Sokolow-Lyon were used for comparison. The validation cohort consisted of 122 consecutive patients referred for an echocardiogram regardless of the admitting diagnosis. The  $S_D$  was the most accurate single lead measurement for the diagnosis of LVH (AUC: 0.80;  $p < 0.001$ ). A value of  $SD + SV_4 \geq 2.3$  mV in women and  $\geq 2.8$  mV in men is considered positive for SVI. When both cohorts were analyzed, the  $S_D + SV_4$  criteria outperformed Cornell voltage with a significantly higher sensitivity (62% [95% confidence interval [CI]: 50% to 72%] vs. 35% [95% CI: 24% to 46%]). The specificities of all the criteria were  $\geq 90\%$ , with no significant difference among them. The proposed criteria for the ECG diagnosis of LVH improved the sensitivity and overall accuracy of the test.

### **The Shao criteria for hypertensive Chinese population**

The ECG criteria currently available for the diagnosis of LVH have low in sensitivity. Thus, Shao et al (Shao 2018) compared the diagnostic performance of newly proposed ECG criteria to the existing criteria in a Chinese population. A total of 235 consecutive hypertensive patients, hospitalized between May 2017 and April 2018, were included. They were divided into two groups based on the gold standard echocardiogram: those with ( $n = 116$ ) and without LVH ( $n = 119$ ). The newly proposed ECG criteria were calculated by summing the amplitude of the deepest S wave ( $SD$ ) in any single lead and the S-wave amplitude of lead V<sub>4</sub> ( $SV_4$ ).

The area under the curve was calculated and compared against the sex-specific Cornell limb lead and Sokolow-Lyon criteria. ECG analysis of the cohort showed that the newly proposed criteria had the highest sensitivity in diagnosing LVH (male: 65.5%; female: 81%), followed by the Cornell limb lead criteria (male: 55.2%; female: 56.9%). The specificities of both sets of criteria were higher than 70%, with no significant differences between them. Receiver operator curve analysis showed an optimal cutoff of  $\geq 2.1$  mV for females (AUC: 0.832; 95% CI: 0.757-0.906) and  $\geq 2.6$  mV for males (AUC: 0.772; 95% CI: 0.687-0.856). The newly proposed SD + SV<sub>4</sub> criteria provide an improved sensitivity for the ECG diagnosis of LVH compared to existing criteria, but its routine use will require further validation in larger populations.

#### **Indirect criteria for Left Ventricular Hypertrophy/Overload**

- Left atrial enlargement (LAE) in absence of right ventricular hypertrophy/enlargement;
- Left anterior fascicular block (LAFB);
- Incomplete left bundle branch block (ILBBB);
- Advanced LBBB or Complete LBBB;
- Morphology of left ventricle in multiple leads;
- Deep and narrow (<40 ms) q waves in inferior leads, mainly leads III and aVF and less often in lead II;
- Absence of q waves in left leads;
- Notching and prolongation of QRS complexes or complexes in “M” in I and aVL or V<sub>3</sub> and V<sub>4</sub>;
- Poor R wave progression in precordial leads. Absence of growth of r wave in the right precordial leads from V<sub>1</sub> to V<sub>3</sub>, with sudden increase in V<sub>4</sub>;
- Pseudo septal or anteroseptal infarction pattern;
- R wave of increased voltage in V<sub>2</sub> by dislocation of transition zone to the right;
- Secondary alteration of T wave;

- Negative U wave in left precordial leads;
- Acute atrial fibrillation in myocardiosclerosis;

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**Common electrocardiographic criteria for the diagnosis of left ventricular hypertrophy (LVH) (Okin, Devereux et al. 2004) (Okin, Roman et al. 2004) (Okin, Devereux et al. 2004) (Okin, Devereux et al. 2004)**

**Cornell voltage criteria**  $SV_3 + RaVL \geq 2.0$  mV (28 mm) in men  $SV_3 + RaVL \geq 2.8$  mV (20 mm) in women (some variations use a lower cutoff value in men)

**Cornell product criteria**  $SV_3 + RaVL (+8 \text{ in women A}) \times \text{QRS duration} \geq 2.440$  mm  $\times$  ms

**Sokolow-Lyon voltage criteria**  $SV_1 + RV_5 \text{ or } RV_6 \geq 3.5$  mV (35 mm) B or  $RaVL \geq 1.1$  mV (11 mm)

**Romhilt-Estes point score system** (a score  $\geq 5$  is diagnostic of LVH, a score of 4 is “probable” LVH). Voltage criteria (3 points):

Any S or R in limb leads  $\geq 20$  mm  $SV_1$ ,  $SV_2$ ,  $RV_5$ , or  $RV_6 \geq 30$  mm ST-T wave changes of LVH (3 points, 1 point on digitalis)

Left atrial abnormality (3 points):

Terminal component of the P wave in  $V_1 \geq 1$  mm and  $\geq 40$  ms

Left axis deviation (2 points):

QRS axis of  $\geq -30^\circ$

Prolonged QRS duration (1 point):  $\geq 90$  ms

Prolongation of ventricular activation time or delayed intrinsicoid deflection time (1 point):  $\geq 50$  ms in  $V_5$  or  $V_6$

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A systematic review of 21 studies (Pewsnar, Juni et al. 2007), published in 2007, found that all the criteria were less sensitive than specific:

Of note, the ranges of the published values were extremely broad. For example, the ranges in sensitivity were:

Cornell voltage—median sensitivity 15%, median specificity 96%

Cornell product—median sensitivity 19.5%, median specificity 91%

Sokolow-Lyon voltage—median sensitivity 21%, median specificity 89%

Romhilt-Estes point score—median sensitivity 17%, median specificity 95%.

The ranges in sensitivity were:

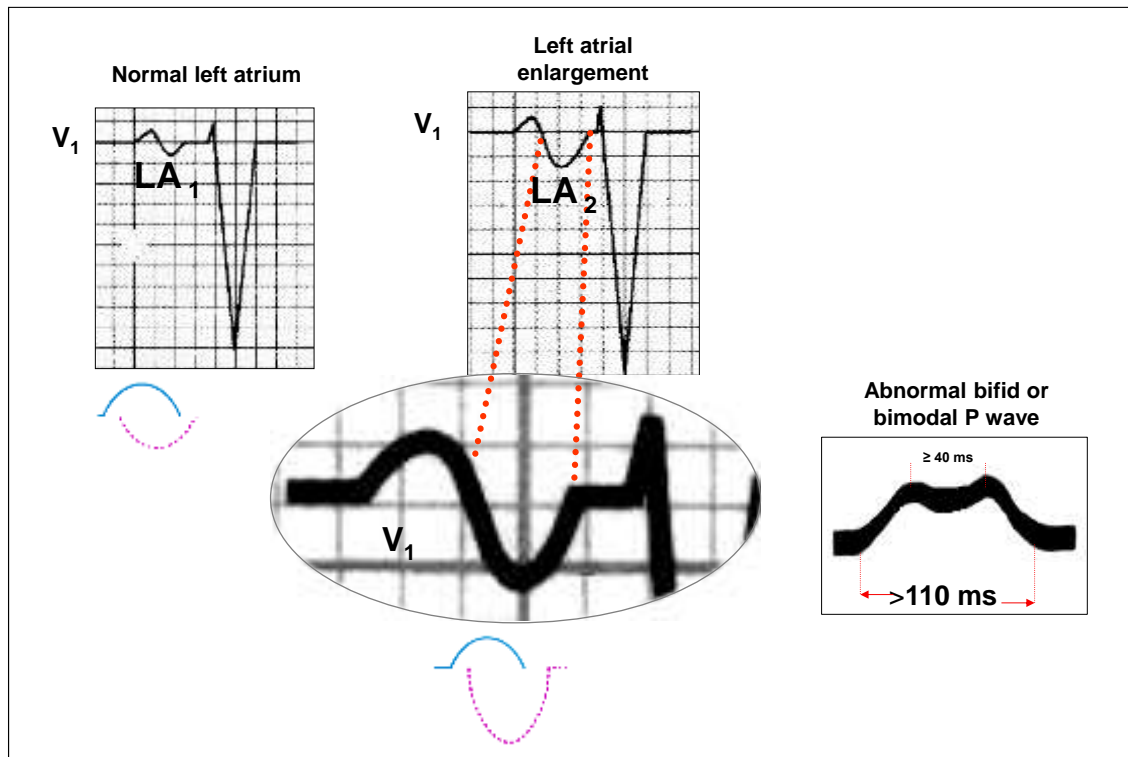
Cornell voltage—2% to 41%

*Cornell product—8% to 32%*

*Sokolow-Lyon voltage—4% to 51%*

*Romhilt-Estes point score—0% to 41%.*

### Indirect criteria of LVH



**Figure 20.** Increase in depth and duration of final negative component of the wave in V1 (left atrial enlargement Morris' index) (Morris, Estes et al. 1964); slow and deep of P in V1 or V1-V2. PTFV1. P terminal force in lead V1 equal or more negative than 0.04 mm/s. Greater than 0.03 mm/s: product of the duration of the final negative component (duration expressed in seconds; while depth is expressed in mm). Values above 0.03 mm per second constitute a highly sensitive criterion for the diagnosis of LAE.

### Electrocardiographic diagnosis of LVH in the presence of LBBB

The presence of LBBB on 12-lead ECG may obscure the diagnosis of LVH.

The criterion of  $SV2 + RV6$  greater than 4.5 mV demonstrated a sensitivity of 86% and a specificity of 100% for LVH diagnosis in the presence of LBBB.

QRS duration greater than 160 ms plus left atrial enlargement strongly supports the diagnosis of LVH in the presence of LBBB (Klein, Vera et al. 1984).

There are no differences in limb lead voltage, intrinsicoid deflection, or mean frontal plane QRS axis.



The following criteria can be helpful in left bundle branch block: QRS voltage increase, left atrial enlargement, QRS duration  $>155$  ms (Oreto, Saporito et al. 2007).

LVH can be diagnosed in the presence of LBBB with an accuracy at least similar to that observed in patients without this conduction defect. Computer-assisted interpretation of the ECG may be useful in the diagnosis of LVH as it enables the implementation of more accurate algorithms. Diagnostic algorithms, voltage-duration products, and certain compound criteria had the best sensitivities (Rodriguez-Padial and Bacharova 2012) (Rodriguez-Padial, Rodriguez-Picon et al. 2012)

LA abnormality is significantly diagnostic of LVH in the presence of LBBB. Age, body mass index, body surface area, frontal axis, and QRS duration are also significant predictors of LV mass.

### **Kafka parameters for the diagnosis of LVH in presence of LBBB**

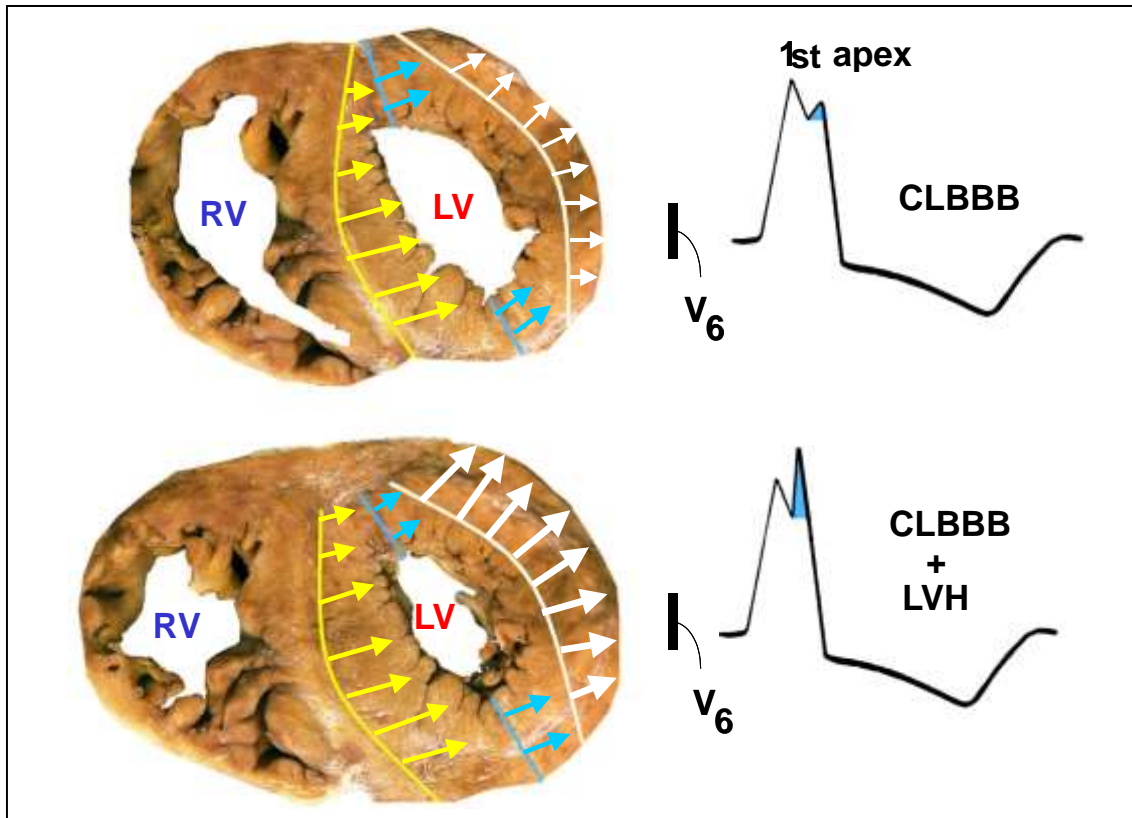
Kafka et al (Kafka, Burggraf et al. 1985) selected and used 5 ECG parameters in cumulative fashion for the diagnosis of LVH in the presence of LBBB:

- $RaVL \geq 11$  mm;
- QRS axis  $\leq 40^\circ$  or SII greater than RII;
- $SV1 + RV5 \text{ to } RV6 \geq 40$  mm;
- $SV2 \geq 30$  mm
- $SV3 \geq 25$  mm.

This cumulative approach was superior to using single conventional criterion such as  $SV1 + RV5$  or  $RV6$ . When LVH was defined as an M-mode index of at least  $115 \text{ g/m}^2$ , the sensitivity was 75% and specificity 90%. Using M-mode, a mass of at least  $215 \text{ g}$  was the standard, the sensitivity was 73% and the specificity 66%.

LVH can be diagnosed by ECG criteria in the presence of LBBB at least as reliably as in normal conduction.

## LVH criteria in the presence of Complete Left Bundle Branch Block



**Figure 21.** According to the apex of R wave in V6, of greater amplitude than the first apex. As the LV free wall has more mass to be depolarized, the last apex is of greater voltage than the first.

## ECG Diagnosis of LVH in the Presence of RBBB

With RBBB, ECG criteria for LVH using right precordial S waves and combination criteria of right precordial S waves and left precordial R waves have a marked reduction in sensitivity, whereas left precordial R wave criteria have modestly reduced sensitivity. Limb lead criteria for LVH have increased sensitivity in the presence of RBBB. Acceptable sensitivity for the diagnosis of LVH in patients with bundle branch block requires a combination of limb and precordial lead voltage criteria and/or other nonvoltage ECG criteria, since the prevalence of LVH in the presence of RBBB appears higher than the sensitivity of individual criteria.

- Presence of Morris criteria for left atrial enlargement in absence of mitral valve stenosis. Specificity: 90%, sensitivity: 32%;
- SÂQRS deviation to the left beyond  $-30^{\circ}$ : specificity: 68%, sensitivity: 61%;
- Voltage of R wave of I > than 10 mm. Specificity: 90%, sensitivity: 39%;
- Voltage of R wave of aVL > than 7 mm. Specificity: 74%, sensitivity: 50%;
- In I and aVL, qRs pattern, with q and R wave of greater voltage and s wave of reduced voltage;
- rSr' pattern in the leads of the inferior wall: II, III and aVF;
- Unipolar morphology of right precordial leads observed in intermediary precordial leads V3 and V4;
- Increase in S wave depth in V1: rSr'. The S corresponds to vector III of the hypertrophic LV free wall that gets away from V1;
- Voltage of R wave of V5  $\geq$  than 20 mm. Specificity: 90%, sensitivity: 20%;
- S wave of V1 + R of V5 or V6 > 35 mm. Specificity: 100%, sensitivity: 4%;
- Intrinsicoid deflection of V5 and V6  $\geq$  than 50 ms.

In right bundle branch block, LVH is suggested by a left atrial enlargement pattern, secondary repolarization changes, and a sum of S wave in lead III plus the maximal R+S in a precordial lead  $\geq$  35 mm (Oreto, Saporito et al. 2007).

Chan et al (Chan, Logue et al. 2006), examined the instantaneous effect of RBBB on QRS amplitudes and LVH voltages in 40 patients who had intermittent complete RBBB during a single 10 s standard 12-lead ECG recording. RBBB was associated with an increase in initial QRS forces (RV1, RV2, and QV6) but significant decreases in mean mid-QRS amplitudes that reflect LV depolarization (RaVL, SV1, SV3, RV5, and RV6).

All late QRS forces were increased with RBBB (R' V1, SV5, SI). As a result, combined voltages used for LVH criteria were significantly reduced by RBBB:

Sokolow-Lyon voltage decreased from 1520 to 1014 microvolts ( $p < 0.001$ ), and Cornell voltage decreased from 1438 to 746 microvolts ( $p < 0.001$ ).

The authors conclude that RBBB is associated with significant reduction in "left ventricular" QRS amplitudes of the standard ECG, consistent with cancellation, rather than unmasking, of left ventricular mid-QRS forces by altered septal and delayed RV depolarization. Because QRS voltages that are routinely combined for the detection of LVH are reduced in RBBB, standard LVH criteria will perform with lower sensitivity in patients with RBBB.

### **VCG criteria for left ventricular hypertrophy**

VCG has a superior sensitivity and specificity than ECG to detect LVH (Vine, Finchum et al. 1971).

From 100 autopsied cases with LVH studied by Abbott-Smith and Chou (Abbott-Smith and Chou 1970), VCG was capable of diagnosing 50% with just 11.7% of false positives.

It enables to clarify doubtful cases of association with septal or anteroseptal electrically inactive areas, which certain LVHs of the systolic type may cause in ECG (LVH with QS in  $V_1$ ,  $V_1$  and  $V_2$  or  $V_1$ ,  $V_2$  and  $V_3$ ). Thus, in absence of anterior electrically inactive area, the VCG shows the dashes from the initial 10 to 20 ms of the QRS loop without delay.

When there is a possible septal inactive area, the vector of the initial 20 ms is located in the left posterior quadrant.

Frequently, the vector of the initial 10 ms in LVH of high blood pressure is heading backward or to the front and the left, originating complexes of the QS type in  $V_1$  or  $V_1$ - $V_2$  simulating septal inactive area (Hugenholtz, Ryan et al. 1963).

The VCG seems to be superior to the ECG and the echocardiogram for the diagnosis of ventricular hypertrophies associated to electrically inactive areas, besides having a greater correlation with the echocardiogram than ECG when estimating the LV mass.

In our service, we follow the criteria by Varriale et al (Varriale, Alfenito et al. 1966) (Varriale, Alfenito et al. 1966), modified, which take into account the characteristics of the QRS loop in the horizontal plane (HP); thus, five types are described: IA, IB, II, III and IV.

Type IA: vector of the initial 20 ms heading to the front and the right (Type IA) or to the front and the left (Type IB), oval morphology, counterclockwise rotation, and most of the QRS loop located in the left posterior quadrant.

T loop matching QRS (IA) or not matching QRS (IB).

Type IB: very similar to the QRS loop of CLBBB: vector of the initial 20 ms heading to the front and the left, (rare to the right), rotation in eight with counterclockwise proximal portion and clockwise distal portion, and E point that does not coincide with the 0 point, and located to the front and the right from the latter.

T loop to the front and right, opposite to the QRS loop.

Note: it is differentiated from CLBBB by the absence of middle-final delay.

Type II: this is the variant frequently found in LVE with high blood pressure, characterized by initial vectors heading to the right and discretely to the front, clockwise rotation (inverted), simulating antero-lateral infarction, narrow morphology and QRS loop located mostly in the left posterior quadrant.

Type III: Initial vectors of QRS loop heading to the front and the left; QRS loop more anterior and predominantly located in the left anterior quadrant; increased voltage of maximal vector;

Final vectors located to the right and backward with the ST/T vector in the right posterior quadrant;

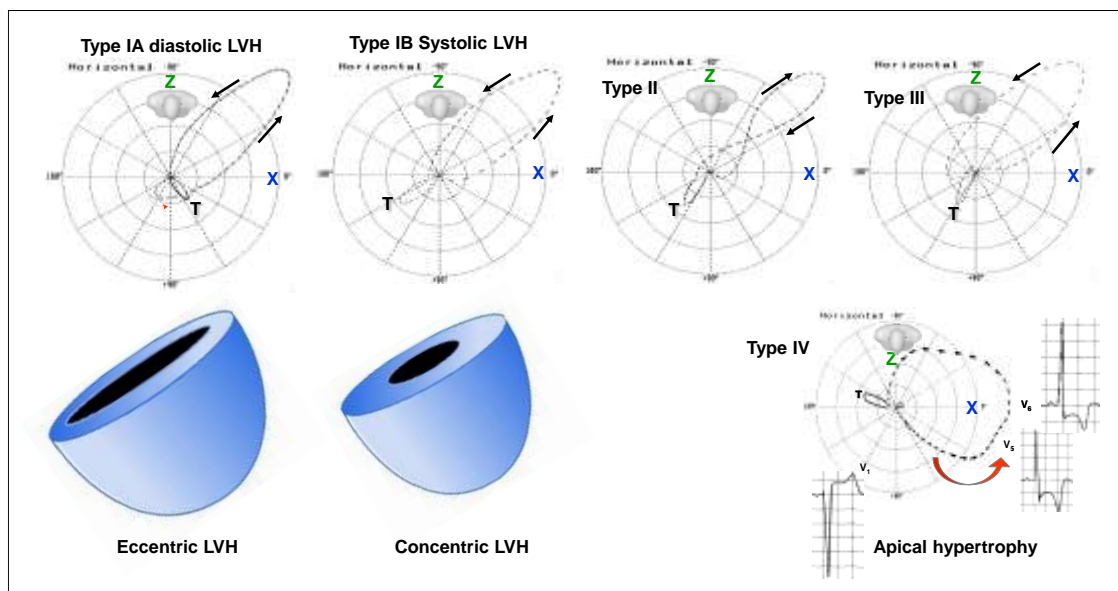
E point not matching 0 point and located backward and to the right of the latter.

Type IV: Characterized by:

- Initial vectors of QRS loop heading to the front and the left;
- QRS loop more anterior and predominantly located in the left anterior quadrant;

- Increased voltage of maximal vector;
- Final vectors located to the right and backward with the ST/T vector in the right posterior quadrant;
- E point not matching 0 point and located backward and to the right of the latter.

### The five vectorcardiographic types of LVH in the HP: IA, IB, II, III and IV

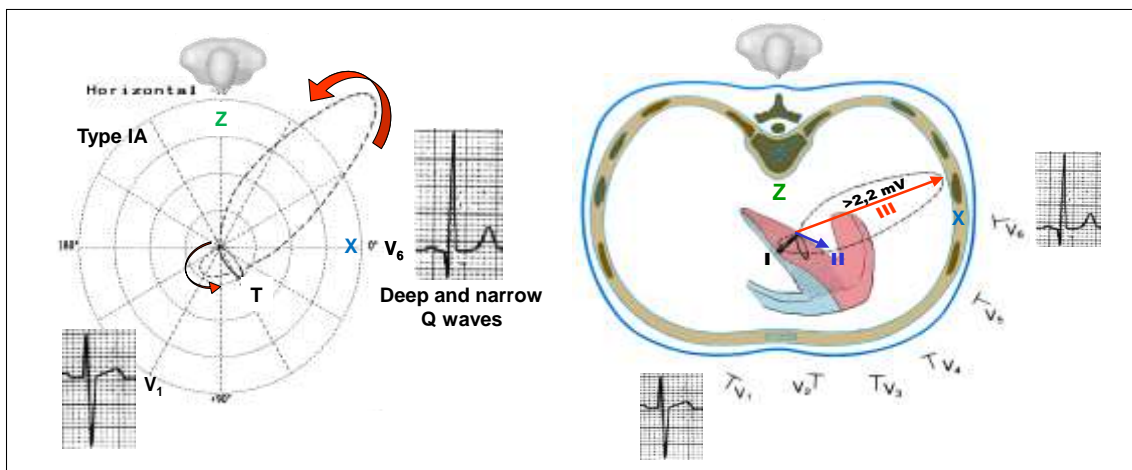


**Figure 22.** The five vectorcardiographic types of LVH in the HP: IA, IB, II, III and IV.

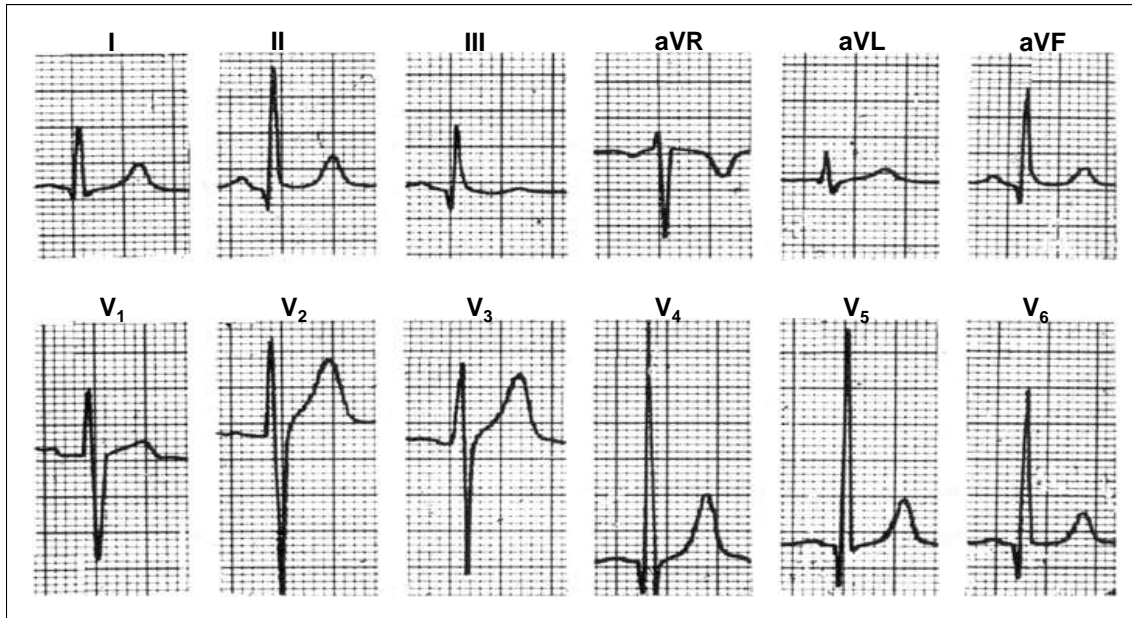
### Vectorcardiographic characteristics of type IA LVH in the HP

- 10 to 20 ms vector of QRS loop directed to the front and rightward with increased magnitude.
- QRS morphology ovoid or elongated.
- Counterclockwise rotation.
- QRS loop predominantly located in the the left posterior quadrant.
- Left ventricular maximal vector >2 mV.

- “Clean” deep and narrow Q waves in left leads I, aVL, V5-V6 and eventually in inferior leads; consequently the  $I_{AM}$  vector is increased.
- Frequent ST segment elevation concave to the top followed by positive T wave in left leads.
- T loop with polarity concordant with the precedent QRS complex.

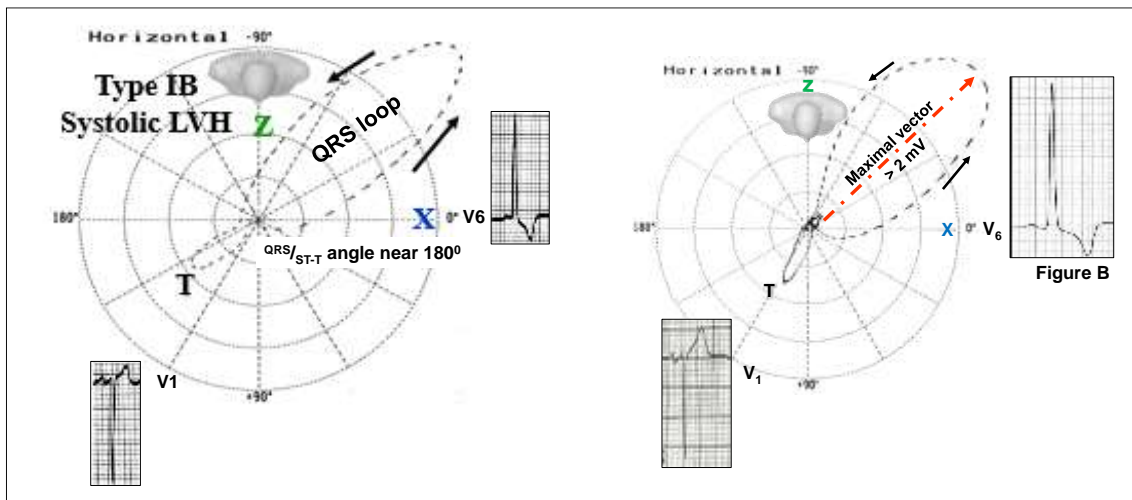


**Figure 23.** Vectorcardiographic characteristics of type IA LVH in the HP.



**Figure 24.** Clinical diagnosis: Marfan syndrome with severe aortic regurgitation. ECG diagnosis: Typical diastolic, volumetric or eccentric LVH pattern (it corresponds to type 1A VCG LVH): magnified septal vector manifested by prominent R wave in V1 and V2 and deep narrow Q waves from V4 to V6 and inferior leads. T waves polarity matching with QRS complex and ST segment concave to the top and elevated in V5 and V6.

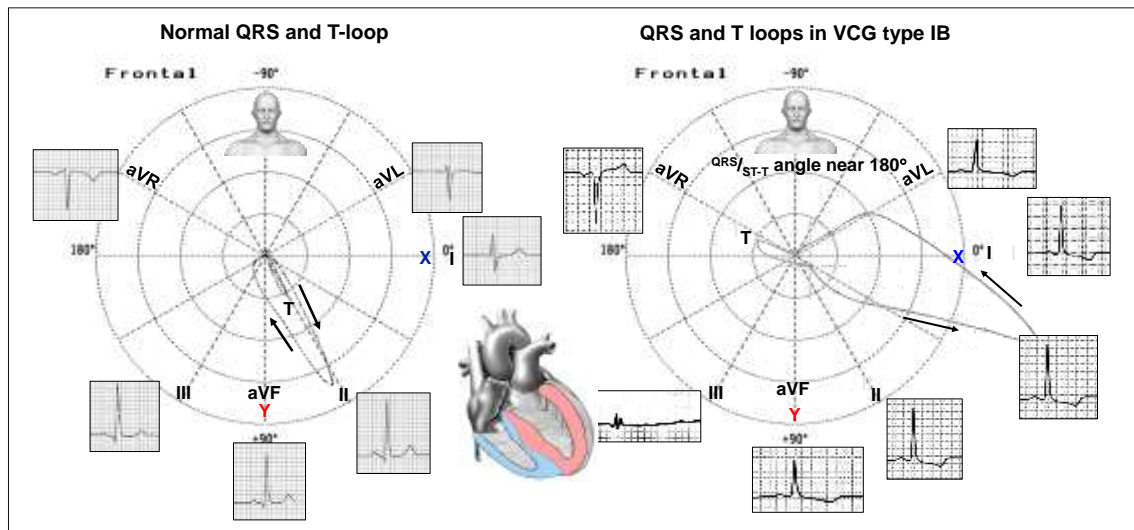
#### Systolic, concentric ECG/VCG LVH in the HP: VCG type IB



**Figure 25.** Type IB: vector of initial 20 ms of QRS loop heading to the front and the left, oval morphology, counterclockwise rotation, location predominant in left posterior quadrant and maximal vector of increased magnitude:  $>2$  mV. Characteristically the ST segment and T wave are opposite related to QRS polarity (strain pattern). The T wave remains asymmetric with slow initial ramp and rapid terminal ramp. T loop opposite to QRS loop (not matching) heading to the front and the right: QRS/ST-T angle near  $180^\circ$ .

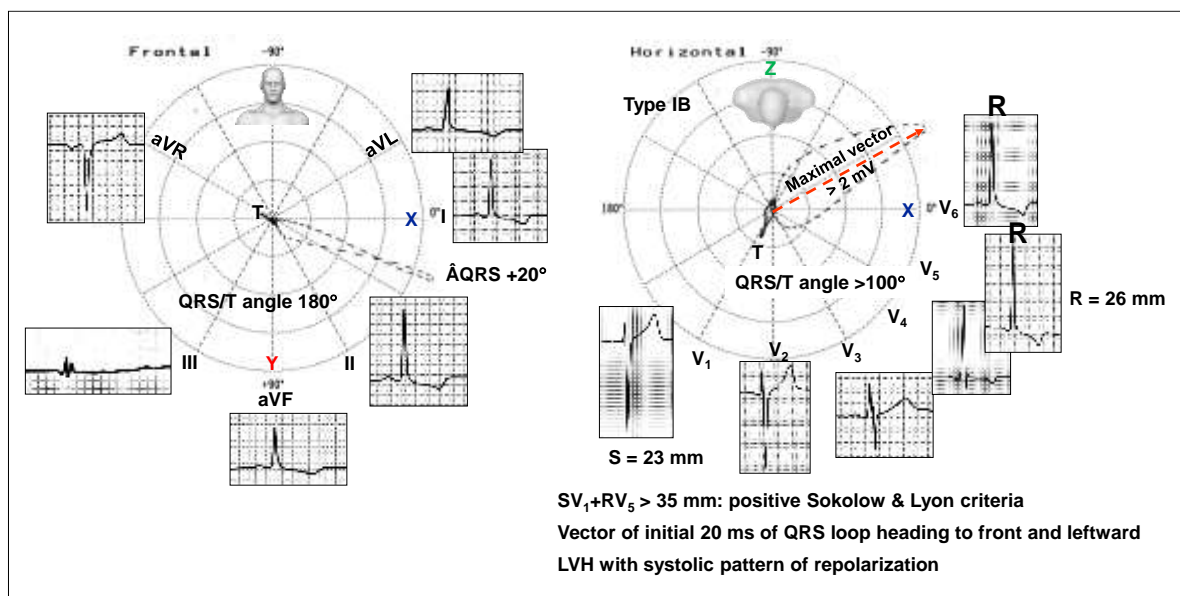


## Comparison of normal QRS and T loops / waves with ECG/VCG type IB LVH in the FP



**Figure 26.** Comparison of normal QRS and T loops / waves with ECG/VCG type IB LVH in the FP.

## ECG/VCG correlation in the frontal and horizontal planes



**Figure 27.** ECG/VCG correlation in the frontal and horizontal planes.

Name: EJS.  
Height: 1.70 m.

Age: 30 y.o.  
Weight: 72 Kg.

Sex: M.  
Biotype: athletic.

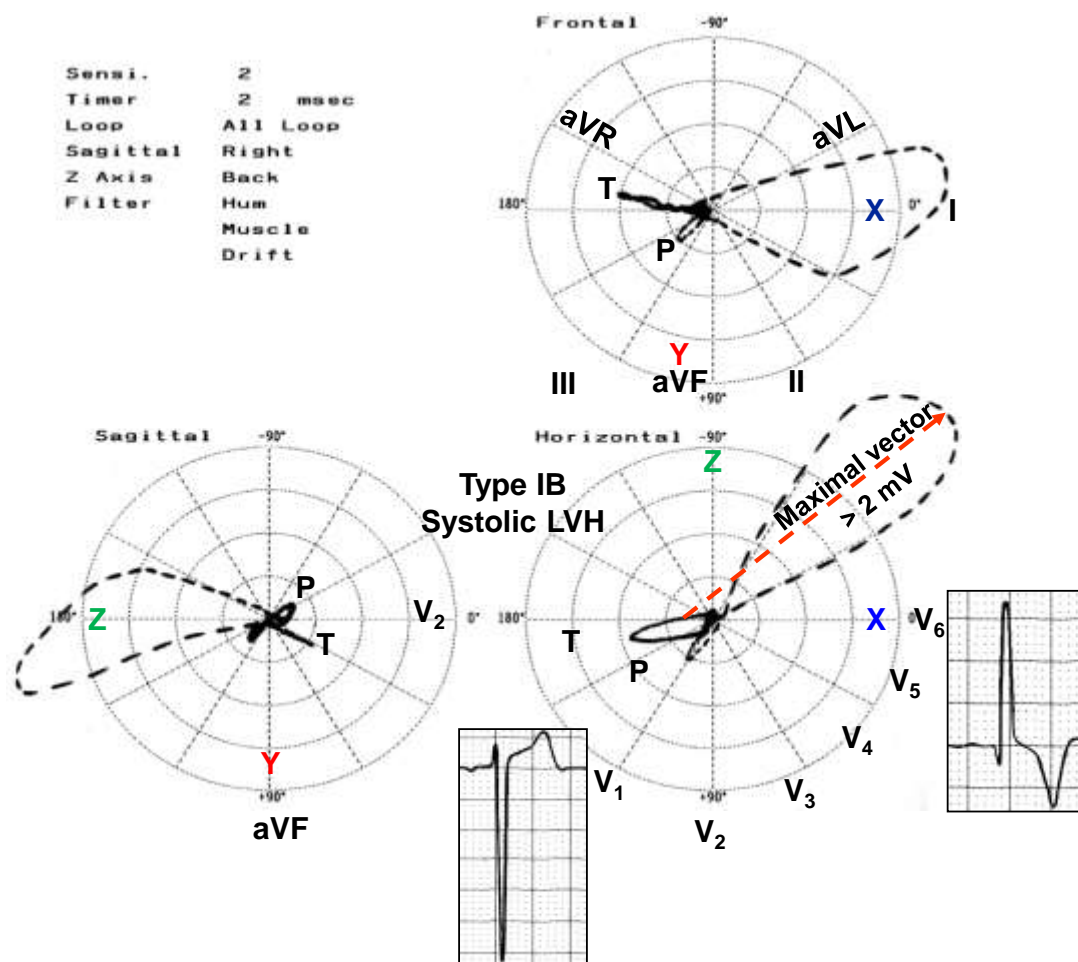
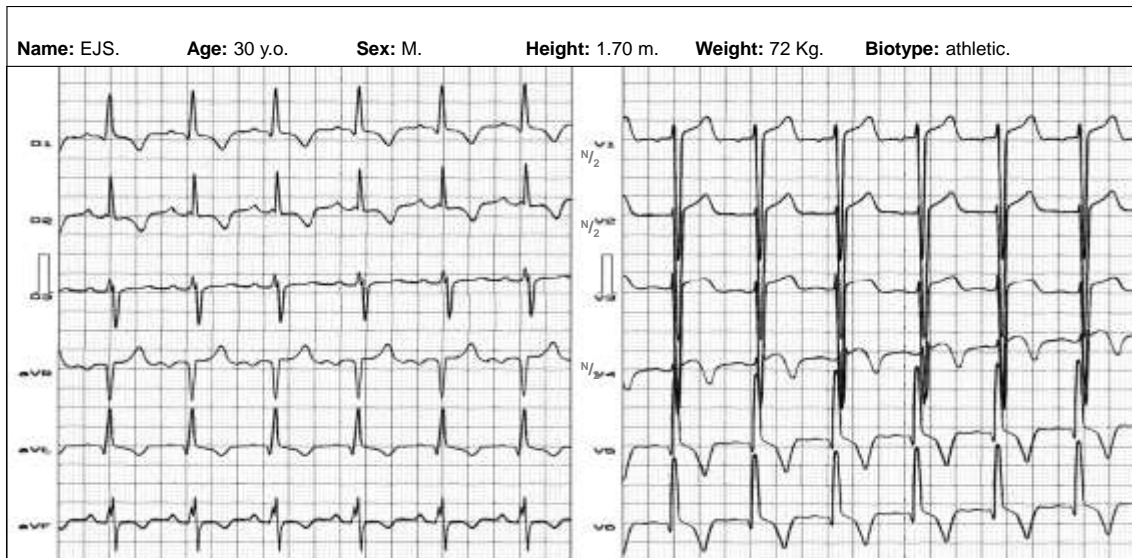
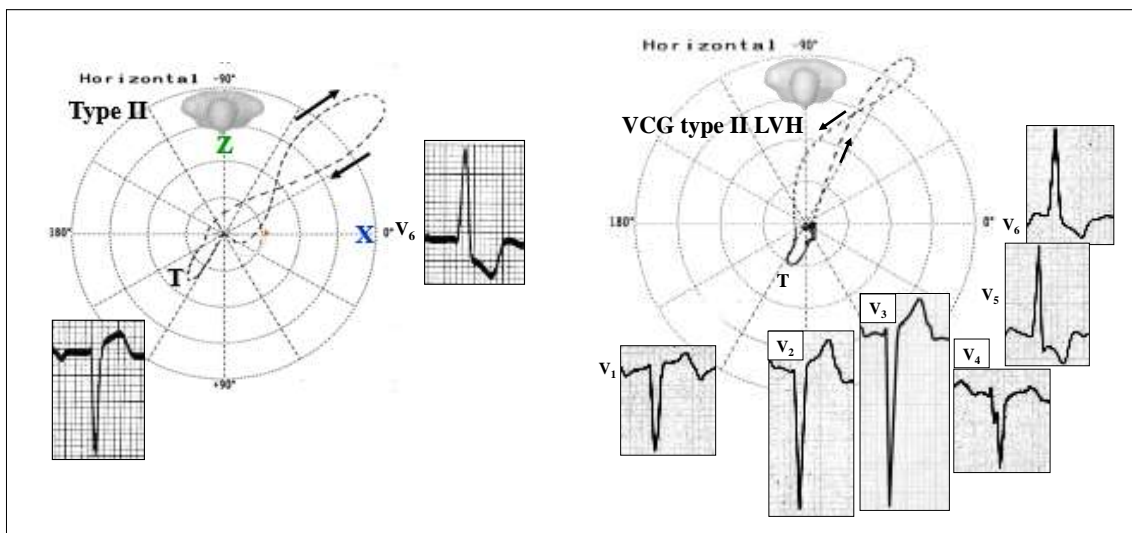


Figure 28. ECG/VCG correlation.



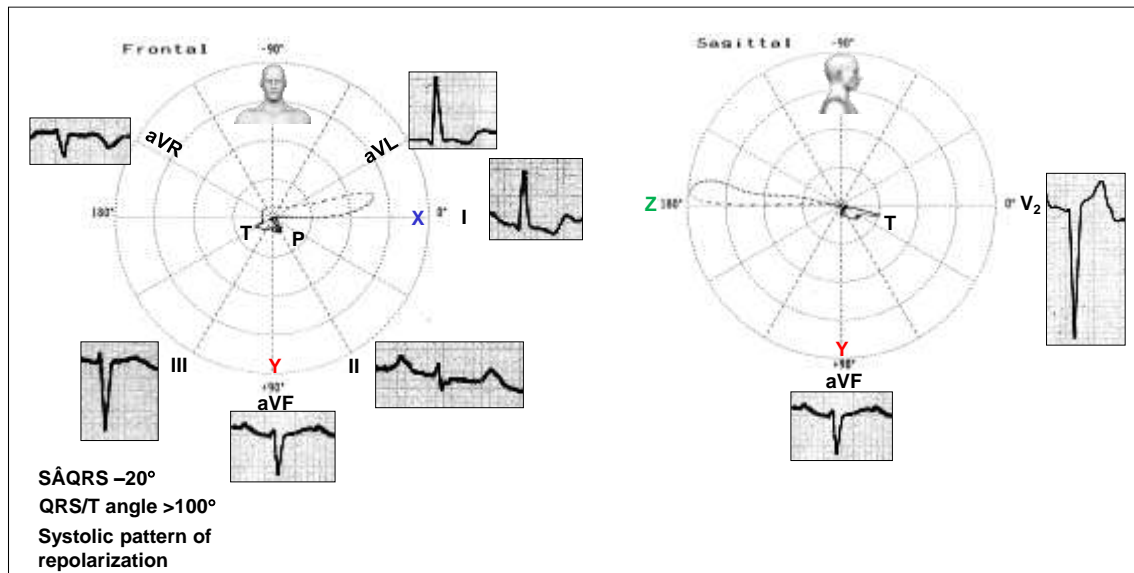
**Figure 29.** Clinical diagnosis: bivalvular aortic stenosis. ECG diagnosis: SR, HR: 98 bpm, SAQRS:  $0^{\circ}$ . LVH of the systolic, concentric type of Cabrera: “systolic overloading pattern”. Positive Sokolow-Lyon index: S of V1 + R of V5 > 35 mm, and T loop opposite to QRS loop (not matching) heading to the front and the right: QRS/ST-T angle near  $180^{\circ}$ .

#### Left Ventricular Hypertrophy vectorcardiographic type II. ECG/VCG correlation V1-V6

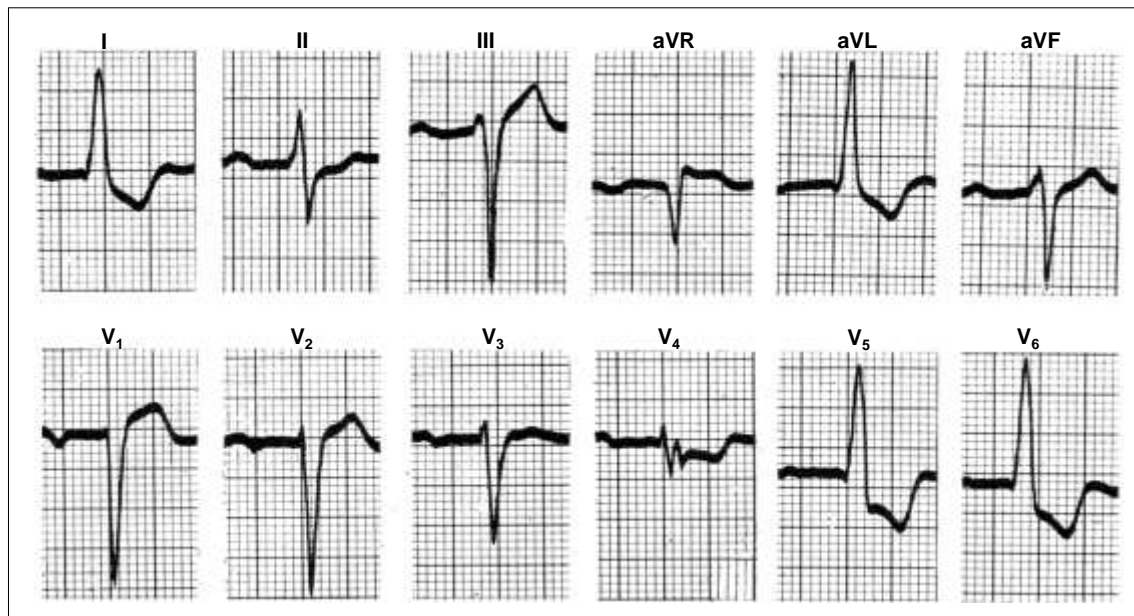


**Figure 30.** Type II LVH: Very similar to QRS loop of Complete Left Bundle Branch Block: Vector of initial 20 ms heading to the front and the left (rarely to the right), rotation in eight with counterclockwise proximal portion and clockwise distal portion, and E point not matching 0 point and located to the front and the right of this. T loop to the front and the right, opposite to QRS loop. The maximal left vector >2 mV. Note: it differentiates from Complete Left Bundle Branch Block by absence of middle-final delay.

## ECG/VCG correlation in the Frontal and Right Sagittal Planes



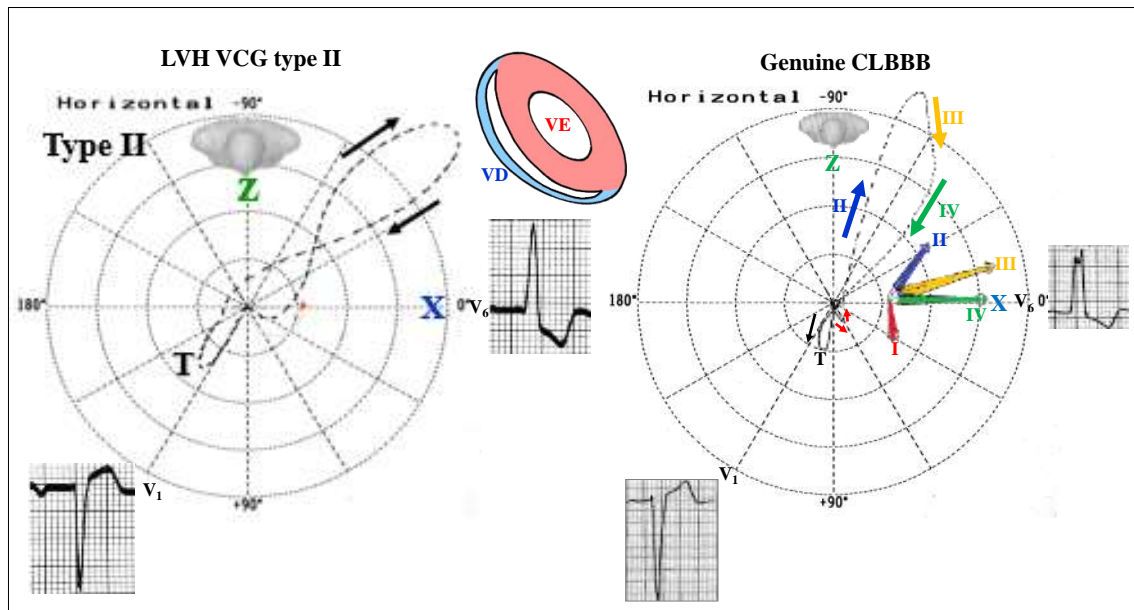
**Figure 31.** ECG/VCG correlation in the Frontal and Right Sagittal Planes.



**Figure 32.** LAE (Morris criteria) + 1st degree AVB; PR= 24° ms; AQRS  $-30^\circ$ , QRS duration: 110 ms, LVH systolic pattern: SÂT  $+120^\circ$  in the FP and to the front and the right in the HP. ILBBB? Initial embryonic q wave in left leads I, aVL, V5-V6.



## VCG differential diagnosis between LVH type II from genuine CLBBB



**Figure 33.** VCG differential diagnosis between LVH type II from genuine CLBBB.

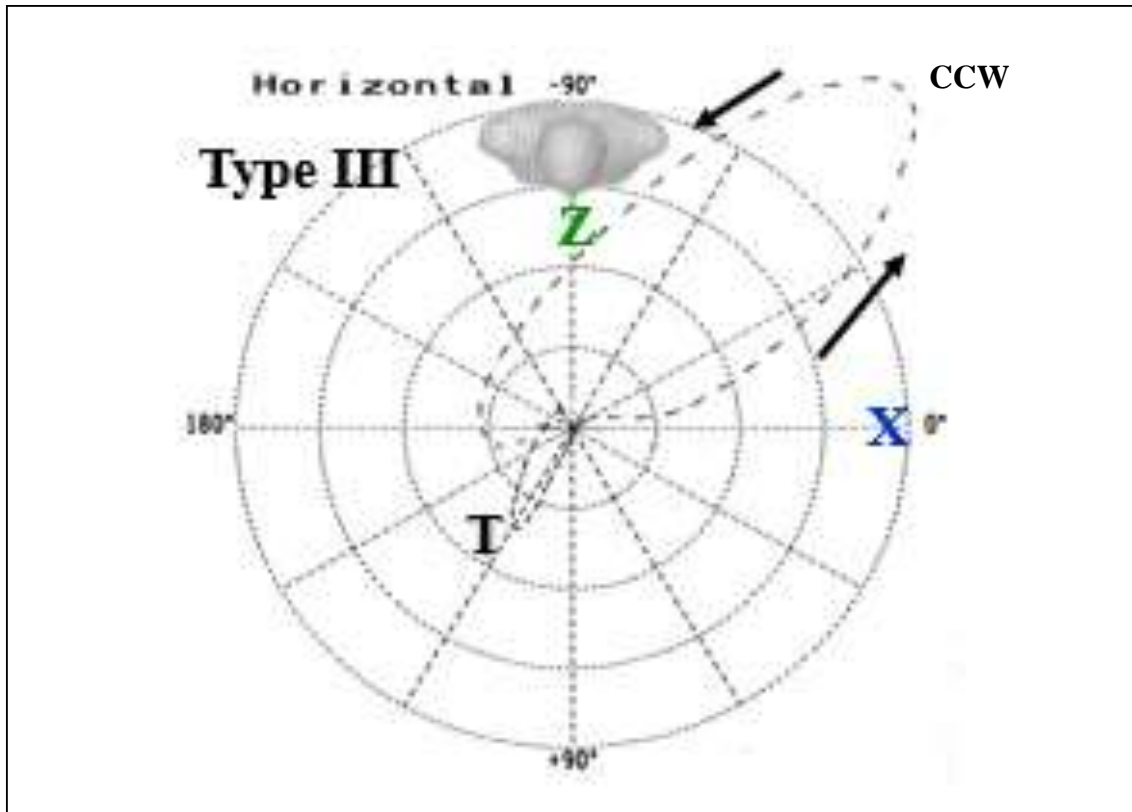
**LVH VCG type II:** Absence of middle final conduction delay of QRS loop (dashes closer to one another).

**Genuine CLBBB:** Characteristic middle final conduction delay of QRS loop (tears closer one to another) (vector IV).



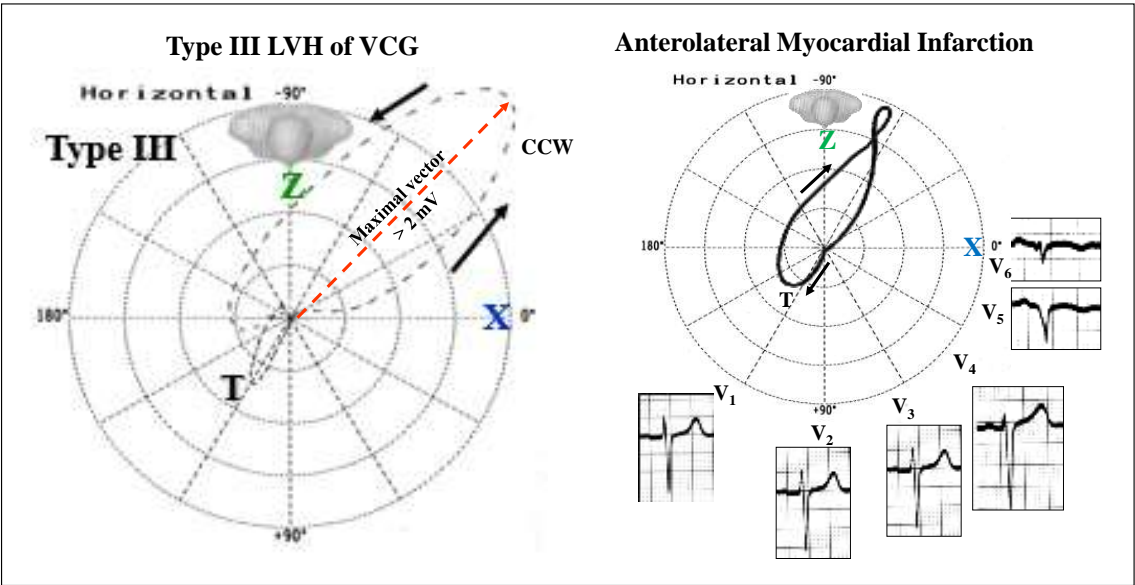
**Figure 34.** Clinical diagnosis: hypertensive heart disease. Essential systemic hypertension. ECG diagnosis: Typical systolic LVH pattern: secondary alteration of ventricular repolarization (I, aVL, V5 and V6) and in inferior wall. Wide QRS/T angle  $>100^\circ$ : depressed ST segment, upwardly convex followed by inverted T waves with asymmetrical branches: the first descending portion with slow inscription and fast ascending final portion in left leads (V5, V6, I, aVL), and in inferior leads II and aVF (vertical heart). Absence of Q wave in V5 and V6.

### Left Ventricular Hypertrophy vectorcardiographic type III



**Figure 35.** Type III: This is the variant frequently found in LVH and high blood pressure characterized by initial vectors heading to the right and discretely to the front, counterclockwise rotation (CCW) (inverted) simulating anterolateral myocardial infarction. Narrow aspect and QRS loop located mostly in the left posterior quadrant. T loop opposite: located in the anterior right quadrant.

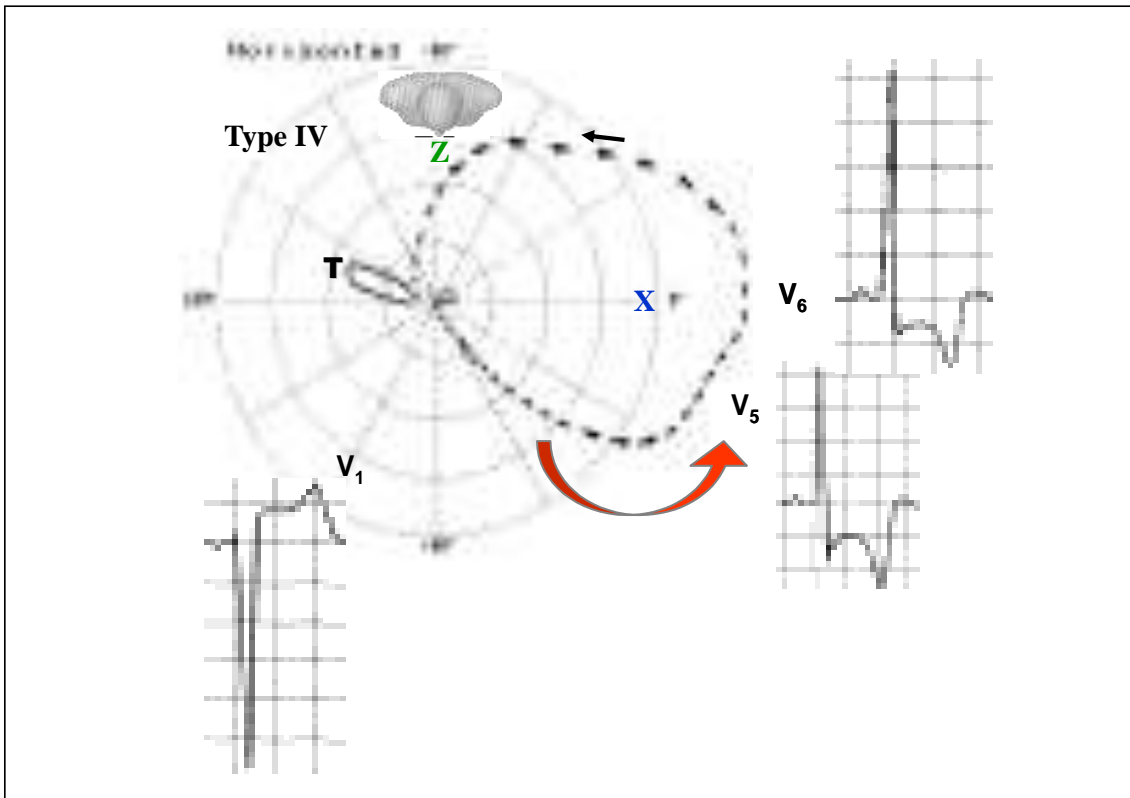
**VCG differential diagnosis between type III LVH from Anterolateral Myocardial Infarction**



**Figure 36.** VCG differential diagnosis between type III LVH from Anterolateral Myocardial Infarction.

QRS loop with CCW rotation	QRS loop with CW rotation
LV Maximal Vector >2 mV	LV Maximal Vector <2 mV
Rs pattern in the left leads	QS or Qr pattern in the left leads

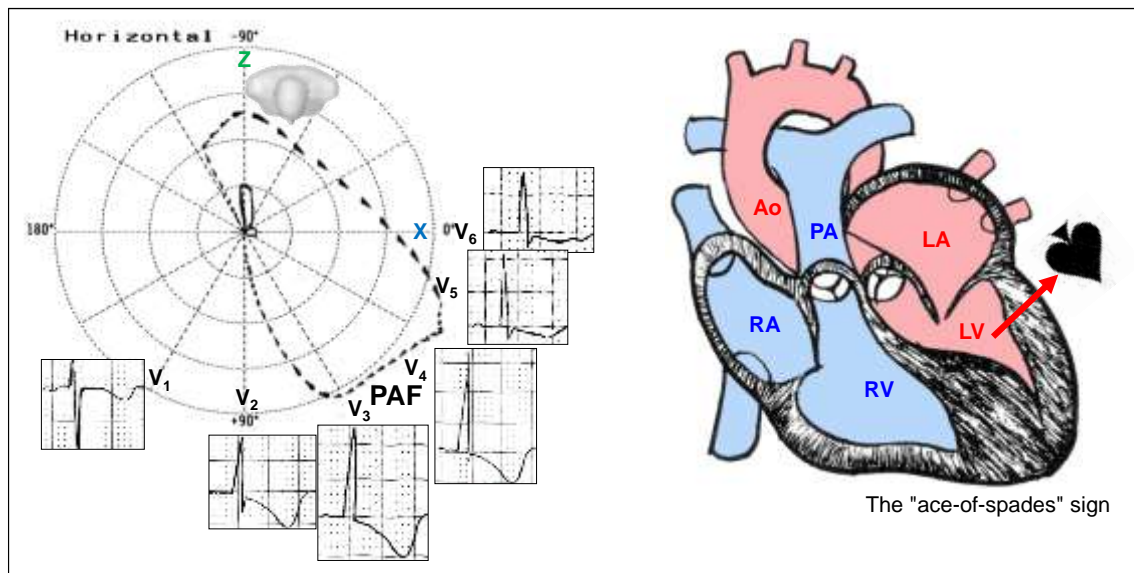
**Left Ventricular Hypertrophy vectorcardiographic type IV. ECG/VCG correlation V1-V6**



**Figure 37.** Initial vectors of QRS loop heading to the front and the left; QRS loop more anterior and predominantly located in the left anterior quadrant; Increased voltage of maximal vector; Final vectors located to the right and backward with the ST/T vector in the right posterior quadrant; E point not matching 0 point and located backward and to the right of the latter.

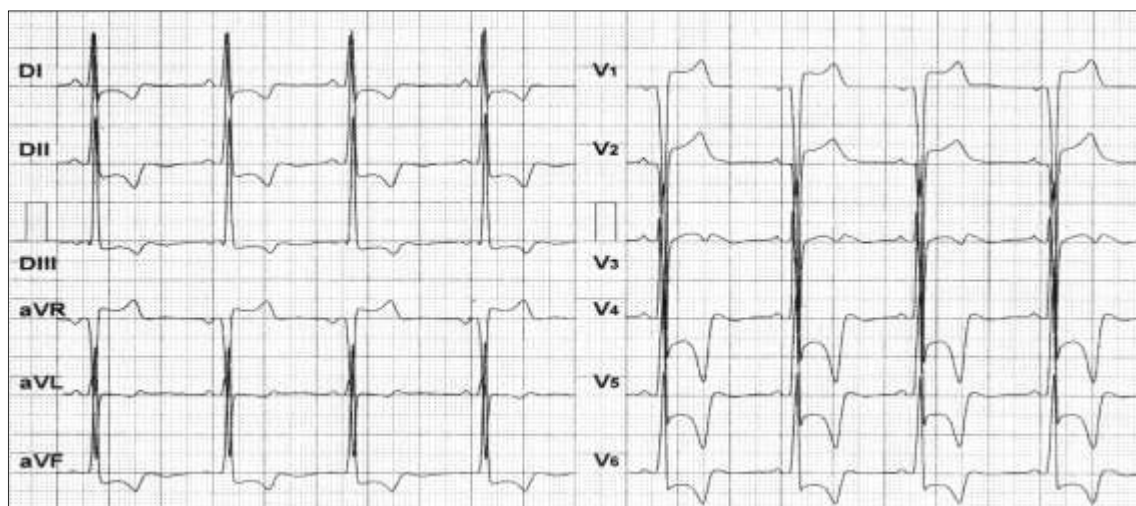


## Left Ventricular Hypertrophy, vectorcardiographic type IV



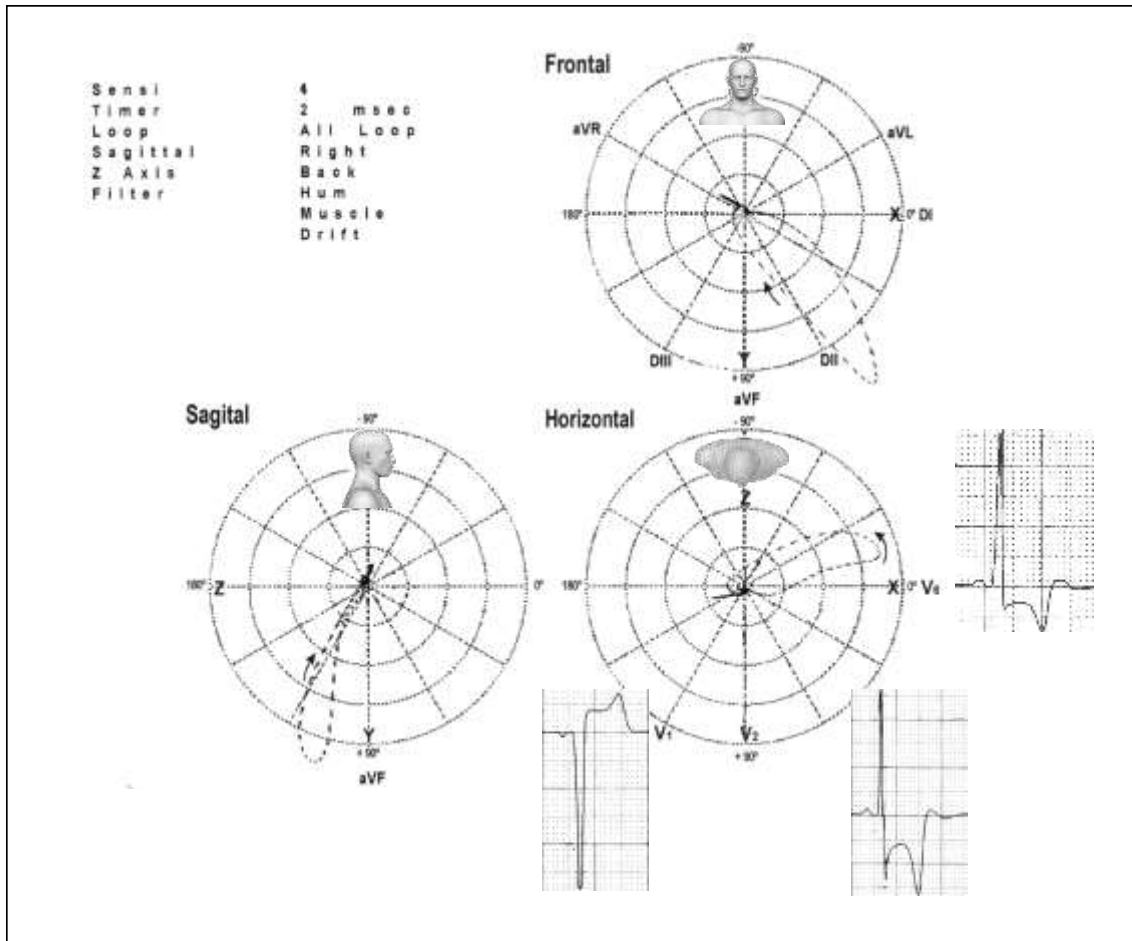
**Figure 38.** Clinical diagnosis: non-obstructive apical hypertrophic cardiomyopathy of the inferior and apical region of the septum. ECG/VCG diagnosis: LVH type IV: Prominent QRS loop Anterior Forces (PAF). The QRS-loop is located predominantly in the left anterior quadrant. The initial 10 to 20 ms forces without convexity to the right. The R waves are predominant across precordial leads. The T loop is located in the posterior quadrants on orthogonal Z line; consequently, T waves are negative, deep and giant in precordial leads.

## ECG LVH typical of Non-obstructive Apical Hypertrophic Cardiomyopathy

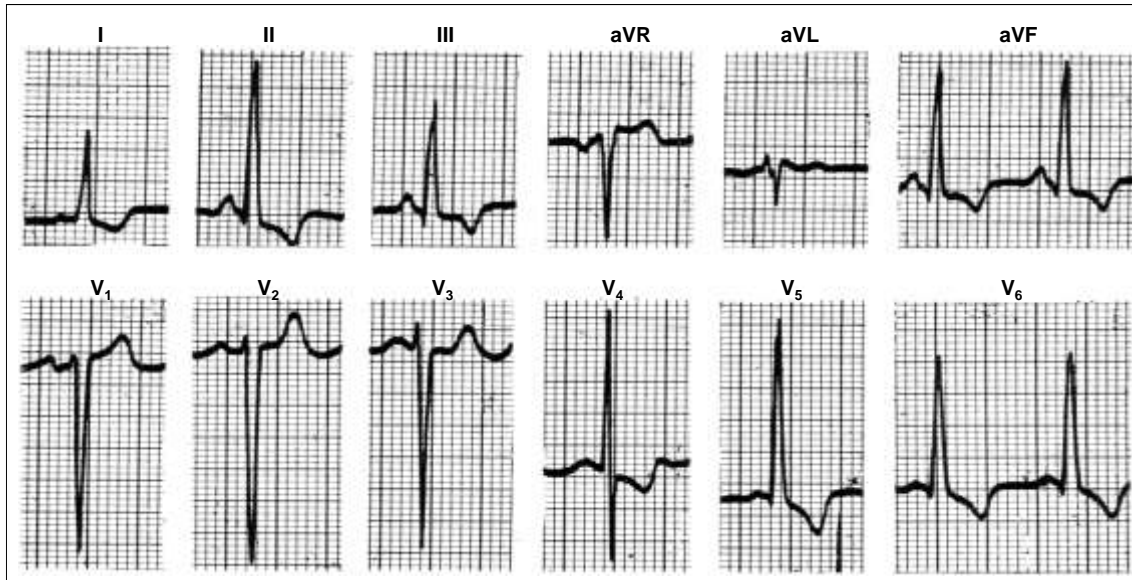


**Figure 39.** Clinical diagnosis: Non-obstructive Apical Hypertrophic Cardiomyopathy. Apical portion of the septum with 32 mm of diastolic thickness. ECG diagnosis: LAE. LVE: systolic pattern by important alteration secondary to ventricular repolarization in anterolateral and inferior wall. This pattern corresponds to type IV VCG pattern.

## VCG LVH typical of Non-obstructive Apical Hypertrophic Cardiomyopathy

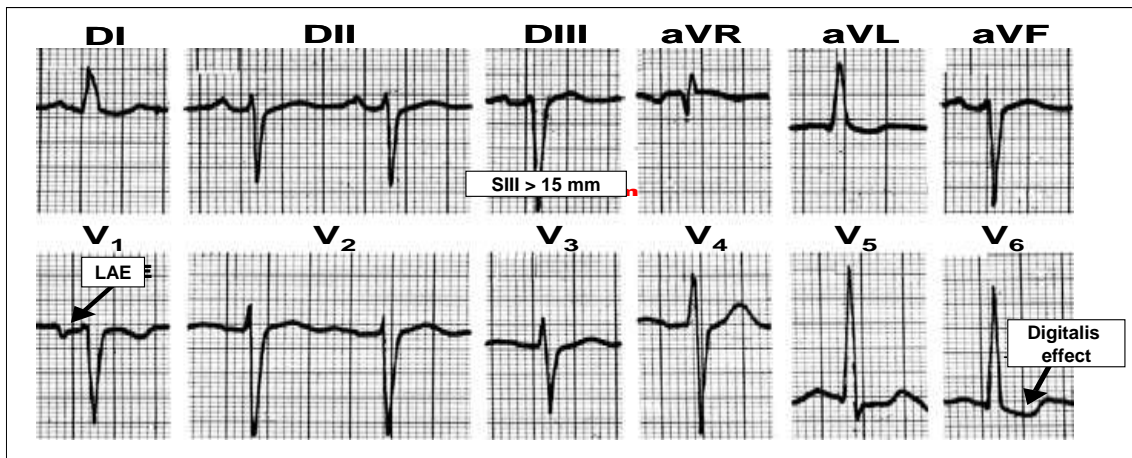


**Figure 40.** VCG: LVE type IV in a patient with non-obstructive apical hypertrophic cardiomyopathy. Note giant negative T waves and significant ST segments depression from V4 to V6 and ST segment elevation in V1.

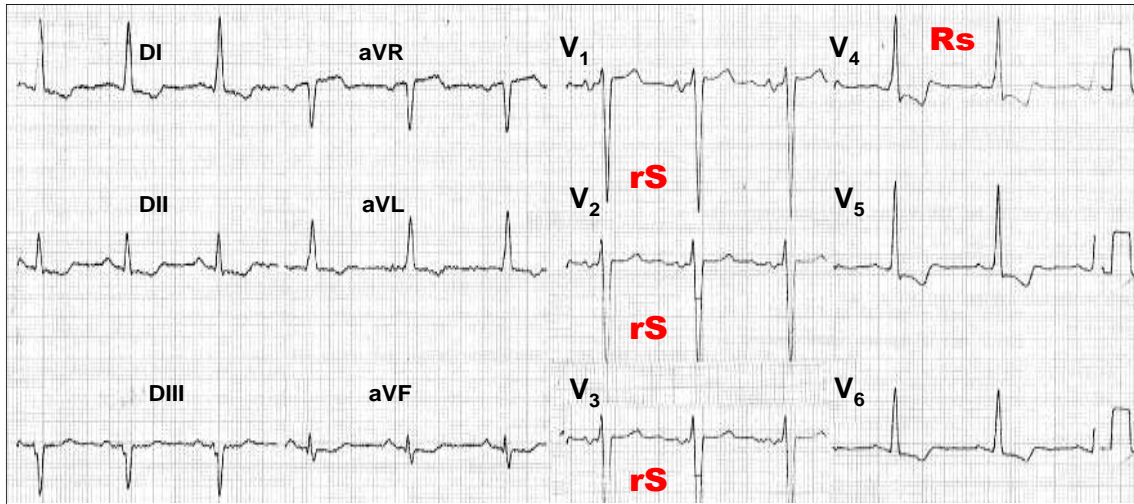


**Figure 41.** ECG diagnosis: LVH systolic pattern, voltage criteria present: R or S  $\geq 30$  mm in the HP or 20 mm in the FP. S $\hat{A}$ QRS not deviated and near  $+50^\circ$ : ST-T vector opposite to QRS complex; “strain pattern”.

#### Systolic LVH associated with Rosenbaum’s type IV LAFB



**Figure 42.** ECG diagnosis: There are criteria of left atrial enlargement (final negative P-wave component deep and slow), extreme QRS left axis deviation on FP (QRS axis  $-60^\circ$ ), SIII  $>$  SII (SIII  $>$  15 mm: Rosenbaum’s type IV LAFB): T wave possibly inverted in one or more of the left leads in I, V5 and V6. Short QT interval and “spoon” aspect of ST segment in V6 (digitalis effect).



**Figure 43.** Clinical diagnosis: obstructive hypertrophic cardiomyopathy. ECG diagnosis: Sinus rhythm, left atrial enlargement, QRS axis  $0^\circ$ , sudden shift from rS type to Rs type complexes with no recording of transitional R/S. The phenomenon occurs by posterior dislocation of QRS loop in the HP. Systolic or strain pattern of ventricular repolarization.

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